



LIVE WELL  
SAN DIEGO

*Advisory Council for Aging & Independence Services*

**HEALTHY AGING SUBCOMMITTEE**

JANUARY 13, 2020 | 5560 Overland Ave., Ste. 310, San Diego | 2:15 P.M.

**AGENDA**

\*Attachment

1. **Call to Order:** HEALTHY AGING SUBCOMMITTEE, DIANA MILBURN, Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of quorum (quorum = 4)
2. **Standard Business:**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of DECEMBER 9, 2019 Meeting Minutes (Action)\*
3. **Guest Speaker:** Robert Rodriguez, FEELING FIT COORDINATOR
4. **Committee Goal Discussion\***

2020 GOALS

  - a. Discuss and review long term goals
  - b. Break down into short term goals
5. **POSITION PAPER\***
  - a. Discuss and review outline
  - b. Decide areas of expertise for writing
6. **Next Meeting:** FEBRUARY 10, 2020
7. **Adjournment**

*This meeting is public, and the location is ADA accessible.  
If you are planning to attend and need special accommodations,  
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.