



LIVE WELL
SAN DIEGO

Advisory Council for Aging & Independence Services

November 13, 2023 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

Virtual Participation

Call in: 1 (669) 900-9128

Meeting ID (access code): 824 8650 7295

Passcode: 162815

Click here to [Join Zoom Meeting](#)

AGENDA

* (attachment)

1. **Call to Order:** Stephen Huber, Chair
 - a. Welcome & Pledge of Allegiance
 - b. Guest/Member Introductions
 - c. Confirmation of Quorum (quorum = 10)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of October 9, 2023 Meeting Minutes (Action)*
4. **AIS Director's Items** (Possible action)
 - a. AIS Director's Update
5. **Guest Speakers**
 - a. Public Administrator and Public Guardian
Madelyn Ochoa-Wingate, MSW, Chief, Agency Operations
Michelle Abrena, Aging Program Specialist III
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
 - a. Chair's Report: Stephen Huber, Chair
 - i. Distinguished Merit Award Presentation*
 - ii. Ancillary Subcommittee Appointments
 - a) Housing Subcommittee – Appoint Silvia Martinez (Action)
 - b. Membership Report: Wanda Smith, Secretary
 - i. Appoint Taryn Patterson to partial term (Action)
Seat #26, effective immediately, to expire 9/11/24
 - c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 - i. District #1: Vargas [Vacant/Larkins] 10/26/2023



- ii. District #2: Anderson [Vacant/Nocon] TBD
- iii. District #3: Lawson-Remer [King/Osborne] 1/16/2024
- iv. District #4: Vacant [Vacant/Vacant]
- v. District #5: Desmond [Vacant/Vacant] TBD

7. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 7/10/23): Dan McNamara, Chair
- b. Healthy Aging (met 10/9/23): Wanda Smith, Chair
- c. Housing (met 10/9/23): Smith Sirisakorn, Chair
- d. Nutrition (met 10/4/23): Susan Mallett, Chair

8. Other Announcements

- a. CSL Caucus Report: Susan Mallet, Local Caucus Chair*

9. Adjournment & Next Meetings:

Meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123

Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

Council Meeting: December 11, 2023, 12 noon

Future Subcommittee Meetings:

- LTC Ombudsman/Facilities: 11/13/23 2:15 p.m. [2nd Mondays]
- Executive & Membership: 11/28/23 10:30 a.m. [4th Tuesdays]
- Nutrition: 12/6/23 1:00 p.m. [1st Wednesdays]
- Healthy Aging: 11/13/23 2:15 p.m. [2nd Mondays]
- Housing: 11/13/23 10:30 a.m. [2nd Mondays]

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, October 9, 2023 | 12:00 p.m. – 2:00 p.m.
5560 Overland Ave, Joaquin Anguera Room, 3rd Floor
Call in: 1 (669) 900-9128
Meeting ID (access code): 824 8650 7295 | Passcode: 162815

MINUTES

	Members		Absent Members	Guests
Attendance	Faye Detsky-Weil Stephen Huber Ted Kagan Shirley King Ethel Larkins Elaine Lewis Susan Mallett Silvia Martinez	Dan McNamara Molly Nocon John Osborne Jacqueline Simon Smith Sirisakorn Wanda Smith Kristine Stensberg Pualani Vazquez	Mina Kerr Bradlyn Mulvey Casey Myers	Connie German-Marquez (virtual) Jacqueline Jackson (virtual) Thomas Johnson (virtual) Kate Kinnamont Kacie Morton (virtual) Taryn Patterson (virtual) JoeAnn Randall
Staff				
	Wendy Garcia Jana Jordan Samantha Hasler		Julia Homitano Kristen Smith Jennifer Sovay	
Outcome				
1. Call to Order	Stephen Huber, Chair, 12:08 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <u>16 present at this time.</u>			
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.	N/A			
3. Standard Business	a. Public Comment/Announcements: Members or non-members <ul style="list-style-type: none"> • E. Lewis announces that LGBTQ Center is having their 50th Anniversary Gala on October 14, 2023. • F. Detsky Weil announces reminder regarding Medicare Annual Enrollment begins October 15, 2023 until December 7, 2023. • S. Sirisakorn announces hosting of Community Conversations Doctors Townhall on October 30, 2023. • E. Larkins announces reminder to get flu and covid vaccine shots. • T. Johnson announces Public Authority will co-host their annual provider recognition event on November 2, 2023 with featured speaker, Dr. Lindsey Yourman. b. Approval of September 11, 2023, Meeting Minutes (Action)* [M/S – T. Kagan / E. Larkins (Passed with 14 votes, Abstained with 2 votes)]			

<p>4. AIS Director's Items</p>	<p>a. AIS Director's Update Presenter: AIS Deputy Director, Jennifer Sovay Highlights included:</p> <ul style="list-style-type: none"> • Development of the next four-year Area Plan. • A Community Needs Assessment survey results expected later this month or next. • AIS will be hosting twelve Public Feedback Sessions in October and November. Schedule was shared. 															
<p>5. Guest Speakers</p>	<p>a. San Diego Regional Center (SDRC) Presenters: Kate Kinnamont, Associate Executive Director and JoeAnn Randall, Coordinator of Intake Services Highlights included:</p> <ul style="list-style-type: none"> • Serves San Diego and Imperial Counties, and is the second largest Regional Center in the state. • Currently providing services to over 40,000 individuals. • SDRC Services: <ul style="list-style-type: none"> ○ Service Coordination (case management) ○ Development of an Individual Program Plan (IPP) ○ Behavioral Consultation Services ○ Respite Services <p>b. Aging Roadmap Annual Update Presenter: Kristen Smith, Chief, Agency Operations Highlights included:</p> <ul style="list-style-type: none"> • Projected growth of older adults. • Updates on health & community support, social participation, housing, dementia, safety, medical & social services system, caregiver support, transportation, silver economy, and preparedness. • The Alzheimer's Project. • Fiscal year 2023-2024 Action Plan. • Continued community engagement. 															
<p>6. Executive & Membership Subcommittee Report/Other Business</p>	<p>a. Chair's Report: Stephen Huber, Chair i. Adopt Annual Council Goals (Action) * [M/S – S. Mallett / S. King (Passed with 16 votes)]</p> <p>b. Membership Report: Wanda Smith, Secretary <ul style="list-style-type: none"> • 11 vacancies, 6 of which are appointed by the Board of Supervisors. </p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">i. District #1: Vargas</td> <td style="width: 25%;">[Vacant/Larkins]</td> <td style="width: 25%;">10/4/2022</td> </tr> <tr> <td>ii. District #2: Anderson</td> <td>[Vacant/Nocon]</td> <td>2/22/2023</td> </tr> <tr> <td>iii. District #3: Lawson-Remer</td> <td>[King/Osborne]</td> <td>1/18/2023</td> </tr> <tr> <td>iv. District #4: Vacant</td> <td>[Vacant/Vacant]</td> <td></td> </tr> <tr> <td>v. District #5: Desmond</td> <td>[Vacant/ Vacant]</td> <td>5/31/2022</td> </tr> </table>	i. District #1: Vargas	[Vacant/Larkins]	10/4/2022	ii. District #2: Anderson	[Vacant/Nocon]	2/22/2023	iii. District #3: Lawson-Remer	[King/Osborne]	1/18/2023	iv. District #4: Vacant	[Vacant/Vacant]		v. District #5: Desmond	[Vacant/ Vacant]	5/31/2022
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<p>7. Ancillary Subcommittee Oral Reports</p>	<p>a. LTC Ombudsman/Facilities (met 7/10/23): Dan McNamara, Chair b. Healthy Aging (met 7/10/23): Wanda Smith, Chair c. Housing (met 8/22/23): Smith Sirisakorn, Chair d. Nutrition (met 10/4/23): Susan Mallett, Chair</p>															
<p>8. Other Announcements</p>	<p>None</p>															

<p>9. Adjournment & Next Meetings</p>	<p>Meeting adjourned: 1:55 p.m. Council Meeting: November 13, 2023, 12:00 p.m. 5560 Overland Ave. Ste. 310, San Diego, 92123</p> <p>Future Subcommittee Meetings:</p> <ul style="list-style-type: none"> ➤ LTC Ombudsman/Facilities: 10/9/23 2:15 p.m. [2nd Mondays] ➤ Executive & Membership: 10/23/23 10:30 a.m. [4th Tuesdays] ➤ Nutrition: 11/1/23 1:00 p.m. [1st Wednesdays] ➤ Healthy Aging: 10/9/23 2:15 p.m. [2nd Mondays] ➤ Housing: 10/9/23 10:30 a.m. [2nd Mondays]
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Minutes respectfully submitted by Julia Homitano.

November 13, 2023

Mr. Stephen Huber, Chair
Aging & Independence Services Advisory Council
5560 Overland, 3rd Floor
San Diego, California 92123

Subject: Letter of Recommendation for Lorelei Taylor to
Receive the Advisory Council's Distinguished Merit Award.

Dear Stephen,

Lorelei Taylor has termed out of her Aging & Independence Services (AIS) Advisory Council seat. She has been a fully dedicated, actively involved, and respected member of the Advisory Council for the last nine years. She demonstrated her leadership ability and commitment by serving with distinction as Chair of the Advisory Council two consecutive terms (2017-2019). Lorelei regularly attended all of the various subcommittee meetings provided her valuable guidance, knowledge and experience. She dedicated many hours serving AIS and built, strong ties with staff and fellow Advisory Council members. In particular, she served as chair of the Housing Subcommittee and provided leadership there for many years. She also supported Paul Ling as he took over as a first-time Chair for Housing. Lorelei encouraged each member to become actively involved in Council activities through participation in at least two subcommittees. This helped build future leaders on the Council. As a member of the Executive Committee, she helped encourage and actively sought new, younger, and diverse applicants. She personally helped recruit and mentor a number of our current Council members. Lorelei has belonged to and made significant contributions to the following committees: Housing, Nutrition, Healthy Aging, Long-Term Care Ombudsman & Facilities, and the Triple-A Council of California. In addition, she served the organization on other subcommittees and Auxiliary Committees over her nine years on the Council.

In my review of the Distinguished Merit Award Protocol, I find that Lorelei not only meets the selection criteria for the award, but exceeds the criteria. I am proud to recommend her to the Executive & Membership Committee and to the full Council that Lorelei be awarded the Distinguished Merit Award. I hereby request that the Executive & Membership Committee review this recommendation and if they make the same findings, recommend this action to the full Advisory Council for approval. Lastly, I believe that recognition should be timely and suggest we move forward with this process as soon as possible.

Thank you for your consideration,
John Osborne
Aging & Independence Services Advisory Council
Immediate Past Chair



**STATE OF CALIFORNIA
CALIFORNIA SENIOR LEGISLATURE**

1020 N Street, Room 527, Sacramento, CA 95814

Phone (916) 552-8056

www.4csl.org

**FOR IMMEDIATE RELEASE
October 30, 2023**

The California Senior Legislature Announces Top Legislative Priorities for 2024

(Sacramento, CA) The California Senior Legislature (CSL) adjourned its 43rd Annual Legislative Session and announced the Top State Legislative Proposals last week. Members will advocate diligently during the 2024 legislative session to have state lawmakers support these priorities. Each priority has the Governor's Master Plan for Aging (MPA) goal referenced.

The following were listed as the top ten State Legislative proposals:

AP-2: Hospitals: Patient Discharge Summary – MPA Goal 2: Health Reimagined

(Senior Assembly Member Gene Dorio, Santa Clarita, CA)

This measure would enact legislation that would require a hospital to standardize the patient discharge summary, including specified information, in order to improve communication and provide continuity of medical care during the patient's transition to the home or another facility.

SP-6: Ralph M Brown Act: Teleconferencing – MPA Goal 1: Housing for All

(Senior Senator Stefan Lipson, El Cerrito, CA)

This measure would authorize teleconferencing with respect to county based Advisory Councils, Committees, Commissions, and their attendant Work Groups, Committees, and Subcommittees established for aging and disabilities issues in the same manner as it was during the Covid-19 Pandemic.

AP-8: Hospice Standards – MPA Goal 2: Health Reimagined

(Senior Assembly Member Joan Yacovone, Agoura Hills, CA)

This measure would require the State of California to make various reforms relating to hospice, including strengthening hospice standards by requiring inspections every 3 years, as specified, requiring the recertification for hospice-enrolled patients to be conducted by at least one independent physician in conjunction with the hospice physician, and adopting recommendations provided in the California State Auditor Report 2021-123 to require collaboration between specified State Departments to address fraud and abuse identified in the report and protect patients.

AP-7: Confidential Marriage – MPA Goal 3: Inclusion & Equity, Not Isolation

(Senior Assembly Member David Tetzlaff, Mission Viejo, CA)

This measure would protect elders from abuse by providing a contestability provision for family members to void a confidential marriage due to misrepresentation or abuse within 4 years of the deceased elder's death.

SP-8: Personal Needs Allowance – MPA Goal 5: Affording Aging

(Senior Senator Helen Lopez, El Centro, CA)

This measure would increase the personal needs allowance from \$35 to \$50 per month.

AP-1: Grandparents: Caregivers Support – MPA Goal 4: Caregiving that Works

(Senior Assembly Member Mark Cox, Yucaipa CA)

This measure would require the CA Department of Aging, in consultation with the Department of Justice, the State Department of Social Services, and Stakeholder Groups, to conduct a study to examine the issues faced by grandparents who are 60 years of age or older and are the primary caregivers for their grandchildren.

SP-3: Healthcare for Older Adults and People with Disabilities – MPA Goal 2: Health Reimagined

(Senior Senator Karen Gorback, Thousand Oaks, CA)

This measure would authorize a State Study for the purpose of designing public policy addressing the development, deployment and regulation of Artificial Intelligence in the field of Health Care, particularly in relation to the care of Older Adults and People with Disabilities.

SP-10: Skilled Nursing Facilities: End-of-Life Privacy – MPA Goal 2: Health Reimagined

(Senior Senator Antonio Rodella, Anaheim, CA)

This measure would require the Administrators of Skilled Nursing Facilities in the State to work with a resident who has been diagnosed as having less than 5 days to live, or with the resident's family, to provide sufficient privacy for the dying resident so that the family or clergy or both may be with the resident and provide a dignified death and giving of the last rites.

AP-5: Automated External Defibrillators – MPA Goal 2: Health Reimagined

(Senior Assembly Member Milissa Meyer, Indian Wells, CA)

This measure would require any recreational building, as specified, in a Senior Living Community to maintain an AED on the premises. This measure would also request that the legislation require the entity in charge of the buildings to provide training to employees related to the use of an AED.

SP-9: End of Life Advance Directive – MPA Goal 2: Health Reimagined

(Senior Senator Steve Mehlman, Beaumont, CA)

This measure would permit an individual who is diagnosed with terminal dementia to make an advance directive requesting aid-in-dying drugs, if at a later date, the individual becomes likely to die within 6 months. This would also require that an individual suffering from terminal dementia is not required to self-administer the aid-in-dying drugs. This measure further proposes that the State Department of Public Health update its Annual

Report on the End of Life Option Act to include information related to patients that make those advance health care directives.

The California Senior Legislature put forth one Federal Proposal for 2024.

SFP-1: Federal Personal Needs Allowance

(Senior Senator Helen Lopez, El Centro, CA)

This proposal would increase the Federal minimum personal needs allowance to \$50 per month.

-END-

MORE INFORMATION CONTACT:

For more information contact Janice Bailey, Executive Director, at (916) 767-4382 or jbailey@seniorleg.ca.gov.