



Advisory Council for Aging & Independence Services
ADULT SERVICES CONNECTION SUBCOMMITTEE

February 10th, 2020 | 5560 Overland Ave., Ste. 410, Palomar Room, San Diego | 2:15pm

AGENDA – UPDATED

**Attachment*

1. **Call to Order:** Christina Selder, Chair
 - a. Welcome & Guest/Member Introductions
 - b. Confirmation of quorum (quorum = 3)
2. **Standard Business:**
 - a. Public Comment/Announcements: Members or non-members
 - b. Approval of November 4th, 2019 Meeting Minutes (Action)*
 - c. Approval of January 13th, 2020 Meeting Minutes (Action)*
3. **Guest Speaker:** N/A
4. **Subcommittee Goal Discussion***
 - a. Selder to recap goals and status of evaluation framework and upcoming speakers
 - b. Huber to present AIS Program Overview (*attachment)
 - c. Discuss next steps
5. **Next Meeting:** April 13th, 2020, 2:15pm
(No meeting in March as the AIS Advisory Council will be holding its Annual Offsite meeting)
6. **Adjournment**

*This meeting is public, and the location is ADA accessible.
If you are planning to attend and need special accommodations,
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Advisory Council for Aging & Independence Services
Adult Services Connection Subcommittee
 November 4, 2019 | 2:15pm
 5560 Overland Ave, Suite 310, San Diego, CA 92123

MINUTES - DRAFT

Members		Absent Members	Guests
Attendance:	Darlene Weber Linda Prager Stephen Huber Lorelei Taylor Christina Selder	Susan Valoff Joe Garbanzo	n/a
Staff			
	n/a		
Item	Outcome		
1. Call to Order	Christina Selder, Chair, 2:15pm a. Welcome & Guest/Member Introductions b. Confirmation of quorum 5 (Quorum achieved)		
2. Standard Business	a. Public Comments/Announcements: Members or non-members: No announcements b. Approval of 9/9/19 Meeting Minutes – The September meeting was cancelled,; therefore, no minutes were presented for approval.		
3. Guest Speaker	N/A		
4. Committee Goal Discussion	a. <u>Establish framework for achieving evaluation goal(s)</u> <ul style="list-style-type: none"> • Materials provided with the agenda were reviewed and the group discussed how the subcommittee can achieve its goals in 2020. The goals under discuss were: (1) Measure effectiveness of current AIS programs offering alternatives to nursing home placement; (2) Identify gaps in services and ideas; (3) Produce a position paper for AIS leadership. • Group agreed to use 2020 to develop a standard method/framework to evaluate programs going forward. • Next steps: Assimilate general data points of interest for the framework; locate more information on the Respite Well program for the subcommittee to review. i. Assign committee member roles within framework b. <u>Selection of initial program to test framework:</u> Subcommittee discussed potential AIS programs to be used as model to develop and test method/framework. Group decided on the County's Respite Well Program. c. <u>Prioritize other programs for evaluation:</u> tabled for future meeting		
5. Next Meeting	December 9 th , 2019 2:15pm		
6. Adjournment	Meeting adjourned 3:05pm		

Respectfully submitted by Christina Selder

Advisory Council for Aging & Independence Services
Adult Services Connection Subcommittee
 January 13th, 2020 | 2:15pm
 5560 Overland Ave, Suite 130, San Diego, CA 92123

MINUTES - DRAFT

Members		Absent Members	Guests
Attendance:	Darlene Weber Linda Prager Stephen Huber Lorelei Taylor Susan Valoff Christina Selder	n/a	n/a
Staff			
	n/a		
Item	Outcome		
1. Call to Order	Christina Selder, Chair, 2:15pm a. Welcome & Guest/Member Introductions b. Confirmation of quorum 6 (Quorum achieved)		
2. Standard Business	a. Public Comments/Announcements: Members or non-members: No announcements b. Approval of November 4, 2019 Meeting Minutes – This item was tabled.		
3. Guest Speaker	a. No Guest Speakers		
4. Committee Goal Discussion	a. <u>Comments by Council Chair, Lorelei Taylor.</u> In summary, she recapped her & Darlene’s meeting with San Diego County Board of Supervisor Desmond (District 5). He is looking for solutions to the housing crisis for seniors. He would like the AIS Council to bring his office some recommendations. Lorelei suggested AIS’s Advisory Council—Housing Subcommittee and the ASC Subcommittee—leverage their work into exploring and crafting some recommendations. Some specific areas of interest were tiny houses, more congregate living options for independent seniors, and solutions that were mindful of moderate-income seniors that do not qualify for the typical means-tested programs. b. <u>Revisit program evaluation framework.</u> The subcommittee reviewed its goal to develop a framework to evaluate AIS senior service programs in light of this information. The group was still in agreement that the Respite Voucher program would be a good program to use to build the framework, and would allow for the exploration of recommendations for Desmond. Specifically, an evaluation of how the County is measuring the effectiveness of using a voucher model available to all income seniors and a respite type program that promotes aging-in-place versus facility-based care. c. <u>Discuss next steps:</u> Huber agreed to make a list of County agencies that would interact with the respite program with the goal of identifying data points for cost analysis, collaboration, program expansion. Selder agreed to line-up the Respite Program’s COR for the March meeting to familiarize the subcommittee with the specifics of the program and the contracted parties (SCRC and Coast Care Partners) for the April meeting. Selder will also draft potential questions for the COR for the subcommittee to review at the February meeting. Final questions will be submitted officially in March meeting minutes.		
5. Next Meeting	Next meeting is February 10, 2020 at 2:15.		
6. Adjournment	Meeting adjourned 3:15pm		

Respectfully submitted by Christina Selder

**AGING & INDEPENDENCE SERVICES (AIS)
OVERVIEW**

*County of San Diego Health and Human Services Agency
Aging & Independence Services*



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COUNTY OF SAN DIEGO

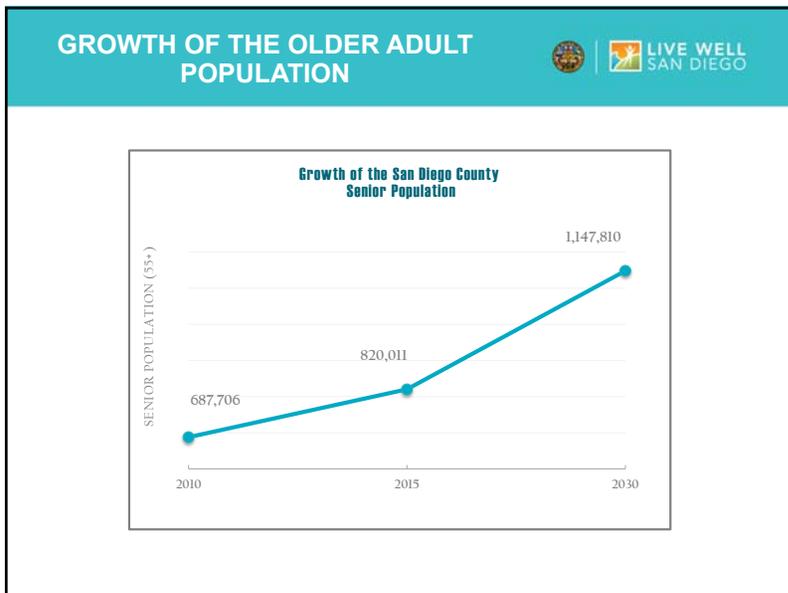


Building Better Health **Living Safely** **Thriving**

Health and Human Services Agency (HHS) Aging & Independence Services (AIS)

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START WITH US! 

Aging & Independence Services (AIS) Call Center:
1-800-339-4661

- The place to start for information and assistance
- Referral to community services
- 24-hour reporting line for abuse



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PROGRAMS AND SERVICES 



Independence **Call Center** **Dependence**

Info and Assistance Volunteer Programs Health Promotion Outreach and Education	Senior Dining Home-Delivered Meals	Case Management Caregiver Support	IHSS	APS Ombudsman Project Care
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← **Intergenerational** →

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KEEPING OLDER ADULTS SAFE 

Adult Protective Services

- Serves adults 65 and older and dependent adults 18 and older, who are harmed, or threatened with harm.
- Investigates elder and dependent adult abuse:

Physical/Sexual	Mental Suffering	Neglect/Self-Neglect
Financial	Abandonment	Isolation

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PROGRAMS TO PROTECT VULNERABLE RESIDENTS 

- Choose Well: www.choosewellsandiego.org
 - Web-based tool to compare features of assisted living facilities
 - Voluntary rating system
- Long-Term Care Ombudsman
 - Advocates for residents of nursing and assisted living facilities




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CASE MANAGEMENT PROGRAMS:

Assess:

- Ability to complete daily tasks
- Home Environment
- Caregiver needs
- **Client Priorities & Goals**

Care Plan:

- Meals
- Transportation
- Home care



Outcomes:

- Meet client goals
- Reduce caregiver burden
- Improve stability in home

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CASE MANAGEMENT PROGRAMS

- Linkages (18-64 years of age); 120 Clients
- Multi-Purpose Senior Services Program (MSSP) (65 years usually Medi-Medi), 550 Client Slots
- Senior Options, Advocacy, & Referrals (SOAR) (60 years of age); 200 Clients
- SD VISA Veterans - 30 Clients




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IN-HOME SUPPORTIVE SERVICES (IHSS)

- Over 29,000 recipients
- Goal: remain safely at home and avoid moving to a facility
- Participants in the program must be Medi-Cal eligible



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CAREGIVER SUPPORT

- Southern Caregiver Resource Center with Family Caregiver Support Programs
- Veterans Legacy Corps Respite Care Program
- Grandparents Raising Grandchildren & Kinship Support Programs




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NUTRITION



Nutrition Programs

- Senior nutrition/dining centers
- Home-delivered meals
- Individuals 60 and older
- Total served = over one million meals annually



Choose **MyPlate**.gov

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PROGRAMS FOR CLIENT SAFETY



Community Support
 Project CARE
 (Community Action to Reach Elderly)
www.projectcaresd.org



Cool Zones
www.coolzones.org



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HEALTH AND FITNESS



- Tai Chi: Moving for Better Balance
- Feeling Fit Club: 30+ sites, on TV
- Healthier Living
- Fall prevention

For schedules:
www.HealthierLivingSD.org





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VOLUNTEER OPPORTUNITIES



Staying Engaged...

- Intergenerational Programs
 - IG Gardens
 - Safe Routes to School (SRTS)
- San Pasqual Academy – Resident Grandparents to Foster Youth
- Retired and Senior Volunteer Program 55+ (RSVP)
- Senior Volunteers in Action (SVA) 50+



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OUTREACH & EDUCATION



- **Training and Community Presentations**
- Elder and dependent adult Abuse
- “Don’t Get Hooked”- Fraud/Scam prevention and resources
- Overview of community resources
- Mental health and substance abuse
- Advance health care directives




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AGING ROADMAP







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JOIN OUR EFFORTS



- Age Well Theme Teams
- AIS Advisory Council
- Fall Prevention Task Force
- Health Promotion Committee
- Caregiver Coalition
- Community Action Networks



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STAYING INFORMED



- AIS monthly newsletter
- Gov Delivery emails



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WHEN YOU DON'T KNOW WHERE TO TURN, TURN TO US!



LIVE WELL
SAN DIEGO

- We serve all older adults, from those who are completely independent to those requiring more assistance
- Our programs support healthy aging, safety, and independence
- We are here for you and your loved ones!
- **AIS Call Center: 1-800-339-4661**

