

AGING & INDEPENDENCE SERVICES

# ELDER & DEPENDENT ADULT ABUSE TRAINING TOOLKIT

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**A Training Guide about Adult Protective  
Services and Elder Abuse Reporting for Senior  
Centers of San Diego County**



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# Elder and Dependent Adult Abuse Training Toolkit for Senior Centers of San Diego County

## Training Description

In California, many professions are legally obligated to report elder and dependent adult abuse and are considered mandated reporters. San Diego is home to over 900,000 older adults who are 60+ and more than 30 senior centers across the county serving their social and nutritional needs. This course will address reporting responsibilities, how to identify elder or dependent adult abuse, how to make a report of suspected abuse, and what to expect once a report is made.

## Learning Objectives

- Identify the different types of elder and dependent adult abuse.
- Determine how to make a report to Adult Protective Services (APS).
- Understand APS duties and limitations.

## Expectations

This course is approximately 35 minutes long and contains a post-evaluation to be completed online after training. The course includes a short 3-minute group exercise to apply lessons learned in the training. We have also included several handouts that you can use with the video and alone.

## Why This Training?

This training will provide foundational information about mandated reporting and fulfills the instruction requirements of employees and volunteers of public and private agencies.

## Intended Audience

This training was created for all staff who are mandated reporters and senior center participants in San Diego County, including Board of Directors, management staff, front-line staff, new staff, volunteers, and all of whom are considered mandated reporters. A mandated reporter is any person who has assumed full or intermittent responsibility for the care or custody of an elder or dependent adult, whether that person receives compensation or not. The training can be used with non-mandated reporters as well.

# How to Access Video and Resources

## WeTransfer

The training video was sent via WeTransfer. Please download this file onto your computer. It will be viewed as a MP4 file. The video should play through continuously. If any technical difficulties, please stop, close file, and restart it.

## Other Ways to Get Access to Video

A digital toolkit has been mailed to you. It includes a USB drive with the training video, as well as many of the resources shared in the training presentation in an Adobe PDF version. These can be printed or emailed to your staff and volunteers.

## Digital Toolkit Resources

The contents of the digital toolkit include:

1. Trainer Instruction Guide
2. Mandated Reporting Training- MP4 (This is training video to use).
3. Mandated Reporter PowerPoint- PDF (Print out slides).
4. Overview of APS and Mandated Reporting- PDF (A great resource to print out for all attendees).
5. SOC 341- Required Document for Mandated Reporters- PDF (Print out as an example).
6. Mandated Reporting Details Checklist- PDF (Additional resource).
7. How to Make a Referral Online- PDF (Additional resource).
8. Post-evaluation for Trainees- PDF (Print out for those who don't have access to QR Code)
9. 12 Ways to Prevent Elder Abuse- PDF (Additional resource).
10. Dementia Signs and Symptoms- Alzheimer's San Diego- PDF (Additional resource).
11. What APS Reporters Need to Know- National Adult Protective Services Association- PDF

For any additional resources or technical difficulties, please contact Jonathan Tague, Aging Program Specialist II, by email at [jonathantague@sdcountry.ca.gov](mailto:jonathantague@sdcountry.ca.gov) or by phone at 858-495-5514.