

AGING & INDEPENDENCE SERVICES



MULTIPURPOSE SENIOR SERVICES PROGRAM (MSSP)

Sometimes staying independent in one's home means getting help. That extra help with bill paying, shopping, laundry and other tasks can keep someone from needing to live in a nursing home.

MSSP care managers work with the client, family members, and medical team to find and coordinate services in the home. Through the timely use of services, MSSP protects frail older adults and helps them live at home for longer.



MSSP is provided by Aging & Independence Services (AIS), a department of the County of San Diego Health and Human Services Agency.



MSSP Services

Care Management includes:

- Comprehensive health and psychosocial assessment
- Care planning with the client and family
- Arrangement of services
- Coordination of care with other community agencies
- Advocacy
- Some limited payment of in-home services
- Monthly phone contact
- Quarterly home visits
- Ongoing monitoring and phone contacts as needed

See back for more information →



Frequently Asked Questions

Who Can Make A Referral?

Anyone can make a referral to MSSP: friend, family, neighbors, health care professionals, physicians, hospital staff, social services agencies, and YOU.

If someone is not eligible for MSSP, the Call Center Specialist will evaluate the candidate for other AIS case management programs or refer the person to private pay care management services.

Does MSSP affect Medi-Cal or my other services?

MSSP does not affect your Medi-Cal or other services such as IHSS, Home Health Care, Home Delivered Meals, or Adult Day Health Care. Your care manager helps to coordinate these services. If you are not receiving services, your care manager can assist you.

Is there transportation help?

Yes, your MSSP care manager can help you enroll in available programs to assist with your transportation needs.

How often do I see my care manager?

Your care manager visits you at home every three months and will check in with you by phone at least once a month.



Eligibility Criteria

- Age 60 or older
- Medi-Cal eligible
- At risk of hospitalization or placement in a skilled nursing facility

The program serves clients in all regions of San Diego County.



Contact Us
1-800-339-4661

Monday-Friday, 8 AM – 5 PM

Phone calls received after hours will be returned the next business day.

If you are a professional, you may register and submit referrals below:



For information about additional programs and services, contact the AIS Call Center: **1-800-339-4661**
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