

Commercial Food Resources for Older Adults and Other Vulnerable Populations (Home-Delivered, Special Grocery Hours, Farm Delivered)

In response to COVID-19 (coronavirus), older adults and other vulnerable populations are recommended to stay home to reduce their risk of exposure. The following resources are commercial options to purchase food with minimal contact with other people.

<u>Commercial Resource</u>	<u>Website</u>	<u>Description</u>
Uber Eats	www.ubereats.com	<ul style="list-style-type: none"> Online or mobile phone food ordering and delivery from many restaurants near you. To support the community during COVID-19, you get a \$0 Delivery Fee on any order from a locally owned restaurant.
Grub Hub	www.grubhub.com	<ul style="list-style-type: none"> Online or mobile phone food order delivery or takeout from national chains and local favorites.
Postmates	www.postmates.com	<ul style="list-style-type: none"> Online or mobile phone food and goods delivery service that allows customers to order almost anything they want from participating retailers and restaurants, including personal items, groceries, and restaurant meals.
Doordash	www.doordash.com	<ul style="list-style-type: none"> On-demand food delivery service. Door Dash has set the default delivery option to "no contact." This will help minimize contact between delivery workers and customers.
Local and Regional Farms	www.sdsustainable.org/san-diego-farms	<ul style="list-style-type: none"> List of local and regional farms that are available and open for your support during this time. Most of these locations deliver to your home.
Community Supported Agriculture (CSA) Programs	ediblesandiego.ediblecommunities.com/shop/map-farms-csa-programs-san-diego-county	<ul style="list-style-type: none"> CSA boxes are a subscription produce service that delivers fresh produce in boxes straight to your front door.
Special Grocery Hours for Seniors	my211.force.com/s/search#keyword=Grocery%20Stores&sortby=relevancy	<ul style="list-style-type: none"> Several retailers have adjusted their hours of operation to allow older adults and other vulnerable populations the opportunity to shop when fewer people are present, and stores are freshly stocked.