



**County of San Diego
Meals for Pick-up**

To improve the nutritional health of seniors in our region, Aging & Independence Services contracts with community partners to provide meals at various locations throughout the County. Generally, nutrition sites offer sit down "congregate" meal services, but **PLEASE NOTE: nutrition sites have temporarily closed all congregate indoor dining to prevent spread of COVID-19. Instead, nutrition sites now offer meal pick-up and many offer home delivery.**

Cost: meals are available to seniors age 60+ for a suggested donation. When meals are available, no senior shall be turned away for inability to donate.

Eligibility: Pick-up meals are available to adults age 60+. Home delivery has additional eligibility requirements.

Details: Meal service information (pick up times, zip codes serviced, etc.) differs for each site, so please contact your nearest site for information or call the AIS Call Center at 800-339-4661 for further assistance. Due to the rapid pace of changes during COVID-19, you may wish to check the capacity of these organizations to provide more meals. To do so, you may search for the site name at 2-1-1's website at www.211SanDiego.org. or call the site itself to inquire.

Meal Pick-up Sites

Contractor	Region	Site Address	Phone number
Jewish Family Service	North Central	College Avenue Senior Center 6299 Capri Drive San Diego, CA 92120	858-637-3000 For Home Delivered Meals: (858) 637-3230
Jewish Family Service	Central	Bayside Community Center 2202 Comstock Street San Diego, CA 92111	619-278-0771
Jewish Family Service	North Inland	Ed Brown Senior Center 18402 W. Bernardo Dr. San Diego, CA 92127	858-487-9324
Serving Seniors Not accepting new referrals at this time.	Central	Gary and Mary West Senior Wellness Center 1525 4th Avenue San Diego, CA 92101	619-235-6572 x3 Congregate / x4 HDM
Serving Seniors Not accepting new referrals at this time.	Central	City Heights Senior Residence 4065 43rd Street San Diego, CA 92105	619-487-0714
Serving Seniors Not accepting new referrals at this time.	North Central	Mira Mesa Senior Center 8460 Mira Mesa Blvd San Diego, CA 92126	619-487-0714
Serving Seniors Not accepting new referrals at this time.	Central	San Diego Square 1055 Ninth Avenue San Diego, CA 92101	619-487-0733
The Salvation Army	South	The Salvation Army, Chula Vista 648 Third Avenue Chula Vista, CA 91910	619-498-0298
The Salvation Army	Central	The Salvation Army, Central 4170 Balboa Avenue San Diego, CA 92117	858-483-1831
Borrego Springs Youth & Senior Center	East	Borrego Springs Senior Center 580 Circle J Drive Borrego Springs, CA 92004	760-767-3116

Contractor	Region	Congregate Site Addresses	Phone number
Pacific Educational Facilities, Inc.	East	Ramona Senior Center 434 Aqua Lane Ramona, CA 92065	760-789-0440
Serving Seniors Not accepting new referrals at this time.	South	St. Charles Nutrition Program 945 18th Street San Diego, CA 92154	619-423-2877
Serving Seniors Temporarily Closed- Alternate Site: Lemon Grove (see above for site location address)	East	Spring Valley Community Center 8735 Jamacha Blvd Spring Valley, CA 91977	619-337-1425
Serving Seniors Not accepting new referrals at this time.	East	La Mesa Adult Enrichment Center 8450 La Mesa Blvd La Mesa, CA 91941	619-337-1425
Serving Seniors Not accepting new referrals at this time.	East	Lakeside Community Center 9841 Vine Street Lakeside, CA 92040	619-337-1425
The Salvation Army	Central	The Salvation Army, SD Center City 825 Seventh Ave San Diego, CA 92101	619-699-2212
Mountain Health & Community Services, Inc	East Rural	Mountain Empire Community Center 976 Sheridian Road Campo, CA 91906	619-478-5109
Mountain Health & Community Services, Inc	East Rural	Dulzura Community Center 1136 Community Bldg Rd Dulzura, CA 91917	619-478-5109
Mountain Health & Community Services, Inc	East Rural	Descanso Library 9545 River Drive Descanso, CA 91916	619-478-5109
Mountain Health & Community Services, Inc	East Rural	Jacumba Public Library 44505 Old Highway 80 Jacumba Hot Springs, CA 91934	619-478-5109
Mountain Health & Community Services, Inc	East Rural	Pine Valley Improvement Club 28890 Old Highway 80 Pine Valley, CA 91962	619-478-5109
Mountain Health & Community Services, Inc	East Rural	Potrero Library 24883 Potrero Valley Road Potrero, CA 91963	619-478-5109
Mountain Health & Community Services, Inc	East Rural	Alpine Community Center 1830 Alpine Blvd Alpine, CA 91901	619-478-5109
Carlsbad, City of	North Coastal	Carlsbad Senior Center 799 Pine Avenue Carlsbad, CA 92008	760-602-4650

Contractor	Region	Congregate Site Addresses	Phone number
Encinitas, City of	North Coastal	Encinitas Senior Center 1140 Oakcrest Park Drive, Encinitas, CA 92024	760-943-2258 (meal reservations) 760-943-2250 (center)
Serving Seniors Not accepting new referrals at this time.	North Coastal	Oceanside Senior Center 455 Country Club Lane Oceanside, CA 92054	760-435-5285
The Salvation Army	North Coastal	The Salvation Army, Oceanside 3935 Lake Blvd Oceanside, CA 92056	760-207-7918
Vista, City of	North Coastal	Gloria G. McClellan Senior Center 1400 Vale Terrace Drive Vista, CA 92084	760-643-5288
Escondido, City of	North Inland	Escondido Senior Center 210 Park Avenue Escondido, CA 92025	760-839-4803
Fallbrook Senior Citizen's Service Club, Inc.	North Inland	Fallbrook Senior Citizen's Service Club 399 Heald Lane Fallbrook, CA 92028	760-723-9282 760-728-4498
San Marcos, City of	North Inland	San Marcos Senior Center 111 Richmar Avenue San Marcos, CA 92069	760-744-1811
Serving Seniors Not accepting new referrals at this time.	East	Lemon Grove Senior Center 8235 Mt. Vernon St. Lemon Grove, CA 91945	619-337-1425
National City, City of	South	MLK Community Center 140 E 12th St National City, CA 91950	619-336-6750
Serving Seniors Not accepting new referrals at this time.	South	San Ysidro Senior Dining 125 East Park Blvd San Ysidro, CA 92173	619-423-2877
Serving Seniors Not accepting new referrals at this time.	Central	Potiker Family Senior Residence 525 14th Street San Diego, CA 92101	619-487-0714
The Salvation Army	East	The Salvation Army, El Cajon 1011 East Main Street El Cajon, CA 92021	619-440-2457 x413