

REGISTER NOW • FREE COMMUNITY EVENT

VITAL AGING 2019
**LIVE WELL TO
AGE WELL**



Wednesday, June 19, 2019, 9:00 AM - 2:30 PM

Check-in and Exhibitor Hall will open at 8:00 AM. Program will begin at 9:00 AM.

WORKSHOPS • RESOURCES • EXHIBITORS • FREE LUNCH

MAIN EVENT LOCATION:

San Diego Convention Center
111 W. Harbor Drive
San Diego, CA 92101

COMPANION SITE:

CA Center for the Arts, Escondido
340 N. Escondido Boulevard
Escondido, CA 92025

WORKSHOP TOPICS:

Brain Health • Caregiving
Fitness & Nutrition • Safety
And More!

2019 KEYNOTE SPEAKER



Marilu Henner

*New York Times best-selling author, actress,
producer, and a long-time advocate for healthier living*



Reserve your spot today! Please visit www.AISEvents.org
or call **1-800-82-SHARP** (1-800-827-4277) to register!



Aetna | CSU Institute for Palliative Care | Humana MarketPoint
Kaiser Permanente Senior Advantage | San Diego County Credit Union



REGÍSTRESE AHORA • EVENTO GRATUITO

VITAL AGING 2019
**LIVE WELL TO
AGE WELL**



Miércoles 19 de junio de 2019, 9:00 AM a 2:30 PM

Registración y la sala de expositores abrirá a las 8:00 AM. Programa comienza a las 9:00 AM.

TALLERES • RECURSOS • EXPOSITORES • ALMUERZO GRATIS

UBICACIÓN DEL EVENTO PRINCIPAL:

San Diego Convention Center

111 W. Harbor Drive
San Diego, CA 92101

EVENTO SATÉLITE:

CA Center for the Arts, Escondido

340 N. Escondido Boulevard
Escondido, CA 92025

TEMAS DE TALLERES:

Aptitud Cerebral • Cuidadores
Salud y Nutrición • Seguridad
y más!

2019 ORADORA PRINCIPAL



Marilu Henner

*Autora exitosa aclamada por el New York Times, actriz,
productora, y promotora de la vida saludable*

EVENTO GRATUITO

¡Visite www.AISEvents.org o llame al **1-800-82-SHARP**
(1-800-827-4277) para registrarse! Asientos limitados.



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