Survey of Older Americans Living in San Diego County 2012

April 2012

Prepared For:

San Diego County Aging & Independence Services
ABSTRACT

TITLE: Survey of Older Americans Living in San Diego County 2012

AUTHOR: San Diego Association of Governments (SANDAG) Service Bureau

DATE: April 2012

SOURCE OF COPIES: Aging & Independence Services
(800) 510-2020

ABSTRACT: Area Agencies on Aging (AAA) across the country are required to determine the extent of need for supportive and nutrition services among the older population and to evaluate the effectiveness of resources in meeting such need. The County of San Diego AAA, now called Aging & Independence Services, requested SANDAG’s assistance in conducting a survey of people age 60 and over. The results of the survey, conducted in winter 2012, are presented in this report.
# TABLE OF CONTENTS

Executive Summary .................................................................................................................. 1
Introduction ................................................................................................................................. 5
Summary of Results ................................................................................................................... 7
  Demographic Characteristics of Respondents ................................................................. 8
  Current Health Characteristics of Respondents ............................................................ 13
Activities and Abilities of the Older Population ............................................................... 17
  Daily Task Completion ................................................................................................. 17
  Assistance Areas ........................................................................................................... 19
Problems Facing the Older Population ............................................................................... 21
  Health Issues ............................................................................................................... 21
  Housing Issues ............................................................................................................ 22
  Legal Issues ................................................................................................................ 23
  Issues Most Affecting Respondents ........................................................................... 24
Sources of Information ......................................................................................................... 25
Age, Gender, Marital Status, and Education ........................................................................ 26
  Age ............................................................................................................................. 26
  Gender ....................................................................................................................... 29
  Marital Status ............................................................................................................ 31
  Education .................................................................................................................. 32
Methodology ......................................................................................................................... 35
Appendices
  A  Survey Forms ........................................................................................................... A-1
  B  Verbatim Responses ............................................................................................... B-1
  C  Responses by Supervisory District .......................................................................... C-1
# LIST OF TABLES

1. Length of Time in Community ........................................................................................................... 8
2. Marital Status ............................................................................................................................................. 9
3. Age ............................................................................................................................................................. 9
4. Education .................................................................................................................................................... 10
5. Ethnicity ................................................................................................................................................... 11
6. Employment Status ..................................................................................................................................... 11
7. Type of Residence ....................................................................................................................................... 12
8. Income Sources ........................................................................................................................................ 12
9. Preventative Care ...................................................................................................................................... 13
10. Typical Fruit and Vegetable Serving Intake .......................................................................................... 14
11. Days with at Least 30 Minutes of Moderate Physical Activity .............................................................. 14
12. Number of Alcoholic Drinks Consumed in a Typical Week ................................................................ 15
13. Frequency of Emotional Problems in the Last Month ............................................................................. 15
14. Isolation/Loneliness Affects Your Quality of Life .................................................................................. 16
15. Activities Participated in at Least Once a Month .................................................................................... 17
16. Reported Level of Difficulty in Using Computers ................................................................................ 18
17. Reported Level of Difficulty in Completing Daily Tasks ..................................................................... 18
18. Mode of Assistance for Individuals with Daily Activity Difficulty ..................................................... 19
19. Needed In-home Assistance .................................................................................................................. 19
20. Needed Transportation Assistance ........................................................................................................ 20
21. Type of Assistance Needed for Those Providing Unpaid Care for Family Member .............................. 20
22. Health Issues .......................................................................................................................................... 21
23. Housing Issues ....................................................................................................................................... 22
24. Legal Issues ........................................................................................................................................... 23
25. Issues Most Affecting Respondents ...................................................................................................... 24
26. Sources of Information .......................................................................................................................... 25
27. Daily Tasks with Serious/Minor Difficulty by Age ................................................................................ 26
28. Assistance by Age .................................................................................................................................... 27
29. Concerns Increasing by Age .................................................................................................................. 27
### LIST OF TABLES (CONT’D)

<table>
<thead>
<tr>
<th>Table</th>
<th>Description</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>30</td>
<td>Concerns Decreasing by Age</td>
<td>28</td>
</tr>
<tr>
<td>31</td>
<td>Assistance by Gender</td>
<td>29</td>
</tr>
<tr>
<td>32</td>
<td>Concerns by Gender</td>
<td>30</td>
</tr>
<tr>
<td>33</td>
<td>Emotional Health and Concerns by Marital Status</td>
<td>31</td>
</tr>
<tr>
<td>34</td>
<td>Assistance by Education Level</td>
<td>32</td>
</tr>
<tr>
<td>35</td>
<td>Concerns by Education Level</td>
<td>33</td>
</tr>
</tbody>
</table>
The 2012 Survey of Older Americans was conducted to ascertain the concerns of the San Diego region’s older population, as well as the population’s familiarity with and use of various service programs. The questionnaire was randomly distributed to 4,000 households with a resident age 60 and over across the San Diego region from January to March 2012. Forty-four percent (1,757 surveys) were returned.

The survey gathered information about demographic characteristics, respondents’ mental and physical health, their participation in community activities, assistance needed, and their health, housing, and legal concerns. The survey also gave respondents an opportunity to express their two biggest problems. Some notable findings are described below.

- Almost half of the survey respondents (46%) either strongly or somewhat agreed that isolation and/or loneliness affects their quality of life. Similarly, more than one out of four (27%) said they suffered from emotional problems at least “some of the time” the month before the survey.

- Not being able to afford dental care was the most commonly reported health problem (38%). Additionally, respondents also were concerned about being able to afford medical and vision care, with 30 percent each.

- The most common housing problems included major home repairs (24%), yard work (22%), and minor home repairs (19%).

- The survey revealed that needing a will or trust (22%) was respondents’ number one legal concern. Twenty-one percent also indicated that being a victim of identity theft was a concern, followed by 19 percent who were worried about having financial debt.

- When asked about their two biggest problems, respondents indicated that medical ailments/issues (26%) and financial/income concerns (16%) were most problematic.

- While the majority of respondents reported no difficulty in completing daily tasks, like eating and bathing, almost a third (31%) had at least minor difficulty walking.

- Respondents indicated they needed assistance with minor home repair (30%), yard work (30%), and routine housework (19%).

- The majority of respondents participated in physical exercise (73%), recreation and/or hobbies (61%), and entertainment activities (60%) at least once a month.

- Twenty-seven percent of respondents indicated that they live alone.
The 2012 Survey of Older Americans reports that

38% of Seniors did not suffer from emotional problems in the past month

46% of Seniors strongly/somewhat agree that isolation/loneliness affects their quality of life

38% of Seniors are concerned about being able to afford dental care

30% of Seniors are concerned about being able to afford medical care

30% of Seniors are concerned about being able to afford vision care

26% of Seniors are concerned about being able to afford prescription drugs

26% of Seniors are concerned about being able to afford hearing care

22% of Seniors have minor difficulty walking

9% of Seniors have serious difficulty or are unable to walk

27% of Seniors live alone

24% of Seniors are concerned about major home repairs

30% of Seniors need assistance with yard work

22% of Seniors are concerned about needing a will or trust

21% of Seniors are concerned about being a victim of identity theft

30% of Seniors need assistance doing minor home repairs

73% of Seniors participate in athletic activities at least once a month

61% of Seniors participate in recreation activities or hobbies at least once a month

60% of Seniors participate in entertainment activities at least once a month
INTRODUCTION

The County of San Diego Aging & Independence Services (AIS) was established in 1974 as a designated Area Agency on Aging (AAA) by the Older Americans Act. The primary function of AIS is to plan and develop a comprehensive and coordinated service delivery system for older persons and to administer funds for social services for the elderly in this region.

In September 1997, the San Diego County Board of Supervisors created the Health and Human Services Agency, with the Area Agency on Aging as one of its components. In February 1999, the agency’s new name, Aging & Independence Services, was formally introduced and now fully reflects the mission and purpose of the agency and the population it serves.

The Older Americans Act requires all AAAs to determine the extent of need for supportive and nutrition services in preparing plans and evaluating the effectiveness of resources in meeting such need. The California Department of Aging has developed guidelines to collect, analyze, and interpret information on the service needs of the elderly. “Need” is defined as a gap or difference between the current situation and the desired or required one.

Also mandated by the Older Americans Act is the development of an Area Plan, a four-year work plan that identifies the above-mentioned gaps and the methods proposed to address them. The survey that is the topic of this report is one tool to help determine what programs need to be put in place to meet the needs of this region’s older population.

The questionnaire was distributed between January and March 2012 to 4,000 households with at least one resident age 60 and over throughout the San Diego region (see the Methodology section of this report for a discussion of the survey design and implementation). Approximately 44 percent (1,757 surveys) were returned, resulting in a similar response rate to the prior survey and a slightly higher response rate than earlier editions.

The survey was designed to learn the older population’s areas of greatest concern, as well as their familiarity with and use of various services and programs. As with many surveys, the questionnaire itself was an educational tool, since even the people who do not return a completed form may still read it and learn about unfamiliar services and programs. Also, a toll-free phone number was provided so that recipients could call to obtain service and program information.

This report provides the responses to each question and a discussion of the most significant findings. A copy of the questionnaires (English and Spanish versions) can be found in Appendix A. Appendix B provides respondents’ verbatim comments regarding their biggest problems and any other concerns that were not addressed on the survey. Responses tabulated by Supervisorial District can be found in Appendix C.
SUMMARY OF RESULTS

To examine the needs of the San Diego region’s older population, the Survey of Older Americans gathered information about demographic characteristics, respondents’ mental and physical health, their participation in community activities, reported needed types of assistance, and their health, housing, and legal concerns. Respondents also were provided an opportunity to indicate the two biggest problems that affected them. Results are detailed below.

SANDAG conducted similar Older American’s Surveys for the County of San Diego Aging & Independence Services in 1984, 1988, 1997, 2001, 2003, and 2008. Although the current results assess similar concepts, the questions were rewritten in the 2012 survey; hence, the majority of these results are not directly comparable to those of prior surveys.

The demographic characteristics of the respondent population are described and, in some cases, compared to the demographics of the older populations in San Diego County. Most of the respondents were White. The largest proportion of respondents was between the ages of 65 – 74 years old. On average, respondents have lived in their community for 27 years, with the majority (57%) living in their community over 20 years. Just over half of respondents were female (55%). The health characteristics of the population surveyed are shown in Tables 9 through 14. Most respondents participate in preventative care, eat one to two servings of fruit and vegetables a day, and do not drink alcohol in a typical week. Also, most respondents either did not suffer from emotional problems or only experienced them a little of the time within the last month.

The survey asked about participation in community activities. The majority of older Americans in San Diego County participate in physical activity (73%), recreational activities and/or a hobby (61%), and entertainment activities (60%) at least once a month. Respondents also reported participation in religious/faith activities (44%), spending time with youth (19%), participation in education and/or classes (14%) and participation in community organizations (14%).

Survey results also indicate that the majority of respondents have "no difficulty" in the referenced daily tasks that can be difficult for older people. The activity most often rated as "unable to do" was prepare meals (3%), while the activity most often rated as "serious difficulty" was walking (8%). “Walking” also was rated as a “minor difficulty” for 22 percent of respondents.

The results for the health, housing, and legal concerns are presented. Out of the three, seniors are most concerned about health-related issues. The top three problems were being able to afford dental care (38%), being able to afford medical care (30%), and being able to afford vision care (30%). In contrast, the issues that appeared to be of least concern were getting the landlord to make needed repairs, paying condo maintenance fees, finding housing that allows pets, and being a victim of physical abuse. Each of those was stated as “not a problem” or “not applicable” by at least 97 percent of respondents. Furthermore, the “biggest problem” issues affecting respondents were medical ailments and/or issues (26%) and financial/income concerns (16%).
The survey also revealed how older Americans obtain information. Although many respondents “have never called/searched for information or services,” more than a third (35%) turned to the AARP for information. Twenty-three percent get information from the Social Security Administration and 21 percent used the internet as a source for information on services.

Data also are presented by age, gender, marital status, and education to show if differences existed across demographic categories. There were variations in issues and/or difficulties across these demographic characteristics. As respondents’ age, gender, marital status, or education changed, so did the issues and activities that presented them with the greatest problem or difficulty.

**DEMOGRAPHIC CHARACTERISTICS OF RESPONDENTS**

The Survey of Older Americans asked respondents how long they lived in their community, as well as their gender, marital status, age, education, ethnicity, and employment status. Data on respondents’ type of residence and income sources also is presented.

More than one-half (55%) of the survey respondents were female, while 45 percent were male. This is the same as the regionwide female to male population of age 60 and over1 (not shown).

As shown in Table 1, a majority (57%) of survey respondents had lived in their community for more than 20 years. The average number of years living in their community was 27 (range 0 to 86 years). One-tenth of respondents reported living in their community five years or less.

<table>
<thead>
<tr>
<th>Years</th>
<th>% of Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 years or less</td>
<td>10%</td>
</tr>
<tr>
<td>6 to 10 years</td>
<td>11%</td>
</tr>
<tr>
<td>11 to 20 years</td>
<td>22%</td>
</tr>
<tr>
<td>More than 20 years</td>
<td>57%</td>
</tr>
<tr>
<td><strong>Total = 1,731</strong></td>
<td></td>
</tr>
</tbody>
</table>

---

1 SANDAG 2010 Population and Housing Estimates.
A majority (59%) of respondents reported being married, while almost one out of five (18%) respondents was widowed. Sixteen percent reported being separated or divorced, and seven percent reported never being married (Table 2).

Differences existed within marital status when broken down by gender. While 73 percent of males reported currently being married, only 49 percent of females reported the same. Additionally, a greater percentage of females were divorced/separated (20%) and widowed (24%) than their male counterparts (13% and 9%, respectively).

### Table 2
**Marital Status**
(Question 29)

<table>
<thead>
<tr>
<th></th>
<th>% of Respondents</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Married</td>
<td>59%</td>
<td>73%</td>
<td>49%</td>
</tr>
<tr>
<td>Widowed</td>
<td>18%</td>
<td>9%</td>
<td>24%</td>
</tr>
<tr>
<td>Separated/Divorced</td>
<td>16%</td>
<td>13%</td>
<td>20%</td>
</tr>
<tr>
<td>Never married</td>
<td>7%</td>
<td>6%</td>
<td>7%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,749</strong></td>
<td><strong>746</strong></td>
<td><strong>921</strong></td>
</tr>
</tbody>
</table>

*Note: Percents may not equal 100 due to rounding.*

Respondents’ ages were recorded into four categories: 60 to 64 years, 65 to 74 years, 75 to 84 years, and 85 years and older. The greatest percentage (42%) of respondents was 65 to 74 years of age (Table 3). This is higher than in San Diego region’s over 60 population, in which 36 percent fall between the ages of 65 and 74.

### Table 3
**Age**
(Question 27)

<table>
<thead>
<tr>
<th>Age</th>
<th>% of Responses</th>
<th>Distribution of San Diego Region’s, 60 Years and Over</th>
</tr>
</thead>
<tbody>
<tr>
<td>60 to 64</td>
<td>17%</td>
<td>30%</td>
</tr>
<tr>
<td>65 to 74</td>
<td>42%</td>
<td>36%</td>
</tr>
<tr>
<td>75 to 84</td>
<td>27%</td>
<td>23%</td>
</tr>
<tr>
<td>85 and older</td>
<td>14%</td>
<td>11%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,732</strong></td>
<td><strong>500,736</strong></td>
</tr>
</tbody>
</table>

*Source: Survey results and SANDAG 2010 Population and Housing Estimates.*
Overall, survey respondents were more highly educated than the region’s senior population. (Census Bureau data were only available for the population 65 years and older. Thus, comparisons are not exact since data from the survey are for those 60 years and older). Just under half (45%) of respondents reported having graduated from college, followed by 34 percent of respondents who completed some college. The remaining 21 percent had a high school diploma or less (Table 4). The younger the respondent, the more likely s/he was to have graduated from college (53% for those age 64 and under, compared to 36% for those age 85 and older) (not shown).

<table>
<thead>
<tr>
<th>Highest Grade Completed</th>
<th>% of Responses (60+)</th>
<th>Distribution of San Diego Region’s 65+ Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>High school graduate or less</td>
<td>21%</td>
<td>42%</td>
</tr>
<tr>
<td>Some college</td>
<td>34%</td>
<td>28%</td>
</tr>
<tr>
<td>College graduate</td>
<td>45%</td>
<td>30%</td>
</tr>
<tr>
<td></td>
<td>1,739</td>
<td>353,089</td>
</tr>
</tbody>
</table>

Source: Survey results and U.S. Census Bureau, 2010 American Community Survey.
From an ethnicity perspective, the majority of survey respondents were White (80%), while the remaining respondents were Black (3%), Hispanic (8%), Asian (6%), and other\(^2\) (2%). Whites comprise 62 percent of the San Diego Region’s population over 60; thus, this group is slightly overrepresented by survey respondents (Table 5).

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>% of Responses</th>
<th>Distribution of San Diego Region’s 60 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>80%</td>
<td>62%</td>
</tr>
<tr>
<td>Black</td>
<td>3%</td>
<td>4%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>8%</td>
<td>15%</td>
</tr>
<tr>
<td>Asian</td>
<td>6%</td>
<td>10%</td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
<td>5%</td>
</tr>
<tr>
<td>Total</td>
<td>1,732</td>
<td>524,886</td>
</tr>
</tbody>
</table>

*Note: Percents may not equal 100 due to rounding.*
*Source: Survey Results and SANDAG 2010 Population and Housing Estimates.*

The majority (76%) of respondents were not employed (Table 6). Twelve percent of those not employed expressed that they would like to find a job. Of those who were currently employed, 12 percent said they would like to quit but needed the income. Additionally, another six percent wanted to work fewer hours. Eight percent of those employed desired to work more hours (not shown).

<table>
<thead>
<tr>
<th>Employment Status</th>
<th>% of Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not employed</td>
<td>76%</td>
</tr>
<tr>
<td>Currently employed</td>
<td>24%</td>
</tr>
<tr>
<td>Total = 1,645</td>
<td></td>
</tr>
</tbody>
</table>

\(^2\) The ethnic groups in this report are referred to as Hispanics, Whites, Blacks, Asians and Others. While many people may prefer to identify themselves as African-American rather than Black, Latino rather than Hispanic, or as a member of a particular ethnic group rather than White or Asian, SANDAG uses the terminology consistent with the 2010 Census questionnaire to ensure comparability with historical data.
The survey revealed that the majority (76%) of respondents lived in a home that they owned. Thirteen percent lived in a home that they rented, six percent lived with a relative or friend, and five percent resided in "other" places (Table 7). Also, the majority of respondents (73%) reported that they did not live alone (not shown).

Table 7
Type of Residence
(Question 13)

<table>
<thead>
<tr>
<th>Type of Residence</th>
<th>% of Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>In an owned home</td>
<td>76%</td>
</tr>
<tr>
<td>In a rented home</td>
<td>13%</td>
</tr>
<tr>
<td>With a relative/friend</td>
<td>6%</td>
</tr>
<tr>
<td>Other</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,733</strong></td>
</tr>
</tbody>
</table>

The survey asked about sources of income. The majority of respondents received Social Security as part of their income. Forty-nine percent reported having a pension, and 46 percent used investments and/or their savings as a source of income. An additional 21 percent stated that employment also was a source of income (Table 8).

Most survey respondents felt their income sufficiently met their current needs. More than half (59%) stated that their income sources supported their current needs "well" or "extremely well." Thirty-three percent reported that their income supported their needs "somewhat well" and nine percent stated that their income did not support their current needs ("not well at all") (not shown).

Table 8
Income Sources
(Question 24)\(^3\)

<table>
<thead>
<tr>
<th>Income Source</th>
<th>% of Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social security</td>
<td>79%</td>
</tr>
<tr>
<td>Pension</td>
<td>49%</td>
</tr>
<tr>
<td>Investments/savings</td>
<td>46%</td>
</tr>
<tr>
<td>Employment</td>
<td>21%</td>
</tr>
<tr>
<td>Other</td>
<td>7%</td>
</tr>
<tr>
<td>SSI/SSP</td>
<td>5%</td>
</tr>
<tr>
<td>Family/friends assistance</td>
<td>4%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,723</strong></td>
</tr>
</tbody>
</table>

\(^3\) Totals add to more than 100% because respondents could choose more than one answer.
CURRENT HEALTH CHARACTERISTICS OF RESPONDENTS

The Survey of Older Americans also asked participants about their current health status. Questions were asked regarding preventative care, nutrition and exercise, smoking, alcohol consumption, and emotional and mental wellbeing.

The majority of respondents participated in preventative care. More specifically, 94 percent had a physical exam within the last three years and 85 percent had a dental exam within the last three years. Most respondents had received their flu shot (77%) within the last year and their pneumonia shot (69%) within the last ten years (Table 9). Additionally, the majority (78%) of respondents reported that they had not fallen in the past 12 months (not shown).

<table>
<thead>
<tr>
<th>Had a . . .</th>
<th>Yes</th>
<th>No</th>
<th>Cannot Remember</th>
</tr>
</thead>
<tbody>
<tr>
<td>...physical exam within the last 3 years.</td>
<td>94%</td>
<td>5%</td>
<td>1%</td>
</tr>
<tr>
<td>...dental exam within the last 3 years.</td>
<td>85%</td>
<td>14%</td>
<td>1%</td>
</tr>
<tr>
<td>...flu shot within the last year.</td>
<td>77%</td>
<td>22%</td>
<td>1%</td>
</tr>
<tr>
<td>...pneumonia shot within the last 10 years.</td>
<td>69%</td>
<td>25%</td>
<td>5%</td>
</tr>
<tr>
<td>Total = 1,736 – 1,748</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Nutrition and exercise were gauged by the amount of fruits and vegetables eaten per day and physical activity participated in per week. Half (50%) of respondents reported eating one to two servings of fruits and vegetables on a typical day, closely followed by 48 percent who eat three or more servings (Table 10).

Table 10  
Typical Fruit and Vegetable Serving Intake  
(Question 17)

<table>
<thead>
<tr>
<th>% of Responses</th>
</tr>
</thead>
</table>
| 0               | 2%  
| 1 - 2           | 50%  
| 3 - 4           | 38%  
| 5 or more       | 10%  
| Total           | 1,717 |

The survey asked about physical activity. The majority (80%) of respondents participated in 30 minutes of moderate physical activity at least once per week. More specifically, 23 percent reported participation one to two days a week, 29 percent reported moderate physical activity participation three to four times a week, and 28 percent engaged in physical activity five or more days a week. One-fifth (20%) of respondents did not engage in at least 30 minutes of moderate physical activity on any day during a typical week (Table 11).

Table 11  
Days with at Least 30 Minutes of Moderate  
Physical Activity  
(Question 18)

<table>
<thead>
<tr>
<th>% of Responses</th>
</tr>
</thead>
</table>
| 0 days          | 20%  
| 1 - 2 days      | 23%  
| 3 - 4 days      | 29%  
| 5 or more days  | 28%  
| Total           | 1,703 |
According to the survey results, most respondents do not consume alcoholic beverages or currently smoke. The majority (56%) of respondents do not consume any alcoholic beverages in a typical week. Just over one-fifth (21%) consume zero to three drinks in a typical week, followed by 14 percent who have 4 to 6 drinks in a week and 9 percent who have 7 or more drinks in a week (Table 12). Additionally, the majority (93%) of respondents do not currently smoke (not shown).

### Table 12
**Number of Alcoholic Drinks Consumed In a Typical Week**
(Question 21)

<table>
<thead>
<tr>
<th>% of Responses</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>56%</td>
</tr>
<tr>
<td>1 - 3</td>
<td>21%</td>
</tr>
<tr>
<td>4 - 6</td>
<td>14%</td>
</tr>
<tr>
<td>7 or more</td>
<td>9%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,719</strong></td>
</tr>
</tbody>
</table>

The survey also asked respondents about their emotional and mental wellbeing by assessing how often they were bothered by emotional problems in the last month. More than one out of three (38%) reported not being bothered by emotional problems during the month preceding the survey, while 33 percent reported being bothered with emotional problems “a little of the time.” An additional 25 percent were bothered with emotional problems “some of the time” or “most of the time.” Two percent of respondents reported being bothered with emotional problems “all of the time” (Table 13).

### Table 13
**Frequency of Emotional Problems In the Last Month**
(Question 25)

<table>
<thead>
<tr>
<th>% of Responses</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>None of the time</td>
<td>38%</td>
</tr>
<tr>
<td>A little of the time</td>
<td>33%</td>
</tr>
<tr>
<td>Some of the time</td>
<td>20%</td>
</tr>
<tr>
<td>Most of the time</td>
<td>5%</td>
</tr>
<tr>
<td>All of the time</td>
<td>2%</td>
</tr>
<tr>
<td>Do not know</td>
<td>2%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,736</strong></td>
</tr>
</tbody>
</table>
The feeling of isolation and/or loneliness has an impact on one’s mental wellbeing. Results from the survey showed that the largest percentage (46%) of respondents agreed that loneliness and isolation affected their quality of life. That included 27 percent who “strongly agreed” and 19 percent who “somewhat agreed.” Thirty-two percent of respondents did not feel that isolation and loneliness affected their lives; 23 percent “strongly disagreed” and nine percent “somewhat disagreed” (Table 14).

Table 14
Isolation/Loneliness Affects Your Quality of Life
(Question 26)

<table>
<thead>
<tr>
<th>% of Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes, Strongly agree</td>
</tr>
<tr>
<td>Yes, Somewhat agree</td>
</tr>
<tr>
<td>Neutral</td>
</tr>
<tr>
<td>No, Somewhat disagree</td>
</tr>
<tr>
<td>No, Strongly disagree</td>
</tr>
</tbody>
</table>

Total = 1,709
ACTIVITIES AND ABILITIES OF THE OLDER POPULATION

This survey asked respondents to provide information about their activities and abilities. The questions enquired what activities they currently participate in and whether they had difficulties completing normal daily tasks (such as walking, preparing meals, and bathing).

Table 15 shows the activities respondents reported participating in at least once a month. Physical exercise was the category with the greatest percentage with 73 percent. This was followed by recreation and hobbies (61%) and entertainment (60%). Additionally, survey participants said they participate in religious/faith activities (44%), volunteering (28%), spending time with youth (19%), education/classes (14%), community organizations (14%), and job training (2%).

<table>
<thead>
<tr>
<th></th>
<th>% of Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical exercise</td>
<td>73%</td>
</tr>
<tr>
<td>Recreation/hobbies</td>
<td>61%</td>
</tr>
<tr>
<td>Entertainment</td>
<td>60%</td>
</tr>
<tr>
<td>Religious/faith</td>
<td>44%</td>
</tr>
<tr>
<td>Volunteering</td>
<td>28%</td>
</tr>
<tr>
<td>Spending time with youth</td>
<td>19%</td>
</tr>
<tr>
<td>Education/classes</td>
<td>14%</td>
</tr>
<tr>
<td>Community organizations</td>
<td>14%</td>
</tr>
<tr>
<td>Job training</td>
<td>2%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,596</strong></td>
</tr>
</tbody>
</table>

Daily Task Completion

The survey also asked respondents about their computer usage. More specifically, it asked whether respondents had difficulty using computers to send emails and search the internet. The majority of respondents had “no difficulty” using the computer to send emails (62%) or search the internet (57%); however, almost one-fifth (19%) were unable to either use a computer to send emails or to search the internet. Fourteen percent had minor difficulty sending emails and 19 percent had minor difficulty searching the internet (Table 16).

---

4 Totals add to more than 100% because respondents could choose more than one answer.
The majority of respondents had “no difficulty” in completing normal daily activities (such as eating, bathing, dressing/undressing, walking, getting in/out of bed, getting to the bathroom, preparing meals, and using the telephone). Twenty-two percent of respondents reported “minor difficulty” and eight percent reported “serious difficulty” in walking. Eleven percent reported “minor difficulty” in getting in/out of bed, while ten percent each reported “minor difficulty” dressing and/or undressing and preparing meals. In all categories except preparing meals (3%), approximately one percent or less of respondents was unable to do the activity (Table 17).

Table 16
Reported Level of Difficulty in Using Computers
(Question 7)

<table>
<thead>
<tr>
<th>to ...</th>
<th>No Difficulty</th>
<th>Minor Difficulty</th>
<th>Serious Difficulty</th>
<th>Unable to Do</th>
</tr>
</thead>
<tbody>
<tr>
<td>...send emails</td>
<td>62%</td>
<td>14%</td>
<td>5%</td>
<td>19%</td>
</tr>
<tr>
<td>...search the Internet</td>
<td>57%</td>
<td>19%</td>
<td>5%</td>
<td>19%</td>
</tr>
<tr>
<td>Total</td>
<td>1,633·1,669</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 17
Reported Level of Difficulty Completing Daily Tasks
(Question 9)

<table>
<thead>
<tr>
<th></th>
<th>No Difficulty</th>
<th>Minor Difficulty</th>
<th>Serious Difficulty</th>
<th>Unable to Do</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eating</td>
<td>95%</td>
<td>5%</td>
<td>1%</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Bathing</td>
<td>88%</td>
<td>8%</td>
<td>3%</td>
<td>1%</td>
</tr>
<tr>
<td>Dressing/undressing</td>
<td>88%</td>
<td>10%</td>
<td>2%</td>
<td>1%</td>
</tr>
<tr>
<td>Walking</td>
<td>69%</td>
<td>22%</td>
<td>8%</td>
<td>1%</td>
</tr>
<tr>
<td>Getting in/out of bed</td>
<td>86%</td>
<td>11%</td>
<td>2%</td>
<td>1%</td>
</tr>
<tr>
<td>Getting to the bathroom</td>
<td>90%</td>
<td>8%</td>
<td>2%</td>
<td>1%</td>
</tr>
<tr>
<td>Preparing meals</td>
<td>84%</td>
<td>10%</td>
<td>3%</td>
<td>3%</td>
</tr>
<tr>
<td>Using the telephone</td>
<td>93%</td>
<td>5%</td>
<td>1%</td>
<td>1%</td>
</tr>
<tr>
<td>Total</td>
<td>1,703·1,726</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Of those who had difficulty with the tasks outlined in Table 17, 22 percent were assisted by a spouse, 12 percent were assisted by another family member, and three percent were assisted by an agency or volunteer. Sixty-seven percent of respondents reported that no one provides assistance to them for daily activities that are difficult (Table 18).

**Table 18**

Mode of Assistance for Individuals with Daily Activity Difficulty

(Question 10)

<table>
<thead>
<tr>
<th>% of Responses</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Spouse</td>
<td>22%</td>
</tr>
<tr>
<td>Other family member</td>
<td>12%</td>
</tr>
<tr>
<td>Agency/volunteer</td>
<td>3%</td>
</tr>
<tr>
<td>No assistance provided</td>
<td>67%</td>
</tr>
</tbody>
</table>

Total = 1,137

**Assistance Areas**

The survey asked older adults whether they needed assistance with a variety of daily activities. Questions were categorized by in-home service needs and transportation assistance needs.

Respondents said they needed help with minor home repairs and yard work more than any other in-home activity, 30 percent each, respectively. Almost one in five (19%) said they needed assistance with routine housework, while eleven percent needed help with grocery shopping (Table 19).

**Table 19**

Needed In-home Assistance

(Question 11)

<table>
<thead>
<tr>
<th>Need assistance with...</th>
<th>% of Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cooking</td>
<td>9%</td>
</tr>
<tr>
<td>Routine housework</td>
<td>19%</td>
</tr>
<tr>
<td>Bill paying/budgeting</td>
<td>8%</td>
</tr>
<tr>
<td>Grocery shopping</td>
<td>11%</td>
</tr>
<tr>
<td>Yard work</td>
<td>30%</td>
</tr>
<tr>
<td>Laundry</td>
<td>9%</td>
</tr>
<tr>
<td>Picking up medication</td>
<td>9%</td>
</tr>
<tr>
<td>Minor home repairs</td>
<td>30%</td>
</tr>
<tr>
<td>Transfer from bed to wheelchair</td>
<td>4%</td>
</tr>
<tr>
<td>Other</td>
<td>3%</td>
</tr>
</tbody>
</table>

Total = 754–1,688
A small percentage of respondents revealed that they need transportation assistance. Fourteen percent reported needing transportation to medical appointments. Twelve percent reported needing transportation to go grocery shopping or run errands, and 11 percent reported needing transportation to social activities. An additional five percent of respondents reported needing general transportation assistance, which included transportation to educational classes, to meetings, and to anywhere they needed to go because of not being able to drive themselves (Table 20).

<table>
<thead>
<tr>
<th>Transportation to . . .</th>
<th>% of Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>medical appointments</td>
<td>14%</td>
</tr>
<tr>
<td>grocery shopping/errands</td>
<td>12%</td>
</tr>
<tr>
<td>social activities</td>
<td>11%</td>
</tr>
<tr>
<td>other</td>
<td>5%</td>
</tr>
</tbody>
</table>

Total = 828–1,543

The survey results also showed that a small portion of respondents needed assistance with care for other family members. Fifty-six percent reported needing assistance with relief care, 14 percent reported a need with support services, and 16 percent reported a need for financial assistance (Table 21). Additionally, five percent of respondents reported that they were currently raising grandchildren or children of other family members in their home (not shown).

<table>
<thead>
<tr>
<th>Type of Assistance Needed for Those Providing Unpaid Care for Family Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of Responses</td>
</tr>
<tr>
<td>Relief assistance</td>
</tr>
<tr>
<td>Support services</td>
</tr>
<tr>
<td>Financial assistance</td>
</tr>
</tbody>
</table>

Total = 115-594
PROBLEMS FACING THE OLDER POPULATION

This survey also gauged whether certain health, housing, and legal concerns were a problem for respondents. Additionally, they were asked to detail the two biggest problems that affected them at the time of the survey. The responses are shown below.

Health Issues

The survey assessed eight health related issues. Of those mentioned, being able to afford dental care was of greatest concern to respondents. Thirty-eight percent of respondents indicated that being able to afford dental care was a problem, followed by 30 percent each who stated that being able to afford medical care or vision care was a problem. An additional 26 percent each said that being able to afford prescription drugs and hearing care was a problem (Table 22). Furthermore, about half (48%) of all respondents reported at least one problem with being able to afford dental care, medical care, vision care, prescription drugs, and/or hearing care (not shown).

<table>
<thead>
<tr>
<th></th>
<th>Is a Problem</th>
<th>Is Not a Problem</th>
<th>Not Applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Being able to afford dental care</td>
<td>38%</td>
<td>58%</td>
<td>4%</td>
</tr>
<tr>
<td>Being able to afford medical care</td>
<td>30%</td>
<td>66%</td>
<td>4%</td>
</tr>
<tr>
<td>Being able to afford vision care</td>
<td>30%</td>
<td>66%</td>
<td>4%</td>
</tr>
<tr>
<td>Being able to afford prescription drugs</td>
<td>26%</td>
<td>70%</td>
<td>4%</td>
</tr>
<tr>
<td>Being able to afford hearing care</td>
<td>26%</td>
<td>64%</td>
<td>10%</td>
</tr>
<tr>
<td>Getting my prescription refilled on time</td>
<td>13%</td>
<td>81%</td>
<td>5%</td>
</tr>
<tr>
<td>Remembering to take my pills on time</td>
<td>12%</td>
<td>82%</td>
<td>6%</td>
</tr>
<tr>
<td>Understanding doctor instructions</td>
<td>11%</td>
<td>84%</td>
<td>5%</td>
</tr>
<tr>
<td>Other</td>
<td>5%</td>
<td>57%</td>
<td>38%</td>
</tr>
</tbody>
</table>

Total = 716-1,679
Housing Issues

The survey asked about ten potential housing concerns. Respondents were most concerned about major home repairs (24%), yard work (22%), and minor home repairs (19%). Other areas of concern were having a safe living environment (9%), paying for their mortgage (8%), paying rent (8%), and/or finding affordable housing (7%) (Table 23).

<table>
<thead>
<tr>
<th></th>
<th>Is a Problem</th>
<th>Is Not a Problem</th>
<th>Not Applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major home repairs</td>
<td>24%</td>
<td>56%</td>
<td>20%</td>
</tr>
<tr>
<td>Yard work</td>
<td>22%</td>
<td>59%</td>
<td>19%</td>
</tr>
<tr>
<td>Minor home repairs</td>
<td>19%</td>
<td>64%</td>
<td>17%</td>
</tr>
<tr>
<td>Having a safe living environment</td>
<td>9%</td>
<td>75%</td>
<td>17%</td>
</tr>
<tr>
<td>Paying for my mortgage</td>
<td>8%</td>
<td>68%</td>
<td>25%</td>
</tr>
<tr>
<td>Paying rent</td>
<td>8%</td>
<td>58%</td>
<td>35%</td>
</tr>
<tr>
<td>Finding affordable housing</td>
<td>7%</td>
<td>52%</td>
<td>41%</td>
</tr>
<tr>
<td>Finding housing that allows pets</td>
<td>3%</td>
<td>53%</td>
<td>44%</td>
</tr>
<tr>
<td>Paying condo maintenance fees</td>
<td>3%</td>
<td>56%</td>
<td>42%</td>
</tr>
<tr>
<td>Other</td>
<td>3%</td>
<td>58%</td>
<td>39%</td>
</tr>
<tr>
<td>Getting my landlord to make needed repairs</td>
<td>2%</td>
<td>53%</td>
<td>45%</td>
</tr>
</tbody>
</table>

Total = 870-1,603
Legal Issues

The survey considered eight potential legal concerns. Needing a will or trust was the top legal concern, with 22 percent. That was followed closely by being a victim of identity theft (21%) and having financial debt (19%). Additionally, 16 percent also indicated that receiving Social Security benefits was a concern. Only a small percentage (3%) stated that they were worried about being a victim of physical abuse (Table 24).

Table 24
Legal Issues
(Question 14)

<table>
<thead>
<tr>
<th></th>
<th>Is a Problem</th>
<th>Is Not a Problem</th>
<th>Not Applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Needing a will or trust</td>
<td>22%</td>
<td>72%</td>
<td>6%</td>
</tr>
<tr>
<td>Being a victim of identity theft</td>
<td>21%</td>
<td>70%</td>
<td>8%</td>
</tr>
<tr>
<td>Having financial debt</td>
<td>19%</td>
<td>73%</td>
<td>7%</td>
</tr>
<tr>
<td>Receiving Social Security benefits</td>
<td>16%</td>
<td>76%</td>
<td>8%</td>
</tr>
<tr>
<td>Financial responsibility for a relative</td>
<td>12%</td>
<td>70%</td>
<td>18%</td>
</tr>
<tr>
<td>Receiving Medi-Cal benefits</td>
<td>11%</td>
<td>68%</td>
<td>22%</td>
</tr>
<tr>
<td>Property crime in my neighborhood</td>
<td>10%</td>
<td>80%</td>
<td>9%</td>
</tr>
<tr>
<td>Being a victim of physical abuse</td>
<td>3%</td>
<td>97%</td>
<td>0%</td>
</tr>
<tr>
<td>Other</td>
<td>3%</td>
<td>61%</td>
<td>36%</td>
</tr>
</tbody>
</table>

Total = 813-1,634
Issues Most Affecting Respondents

Respondents were asked to indicate the two biggest problems affecting them, along with any other comments. The results of the two questions were combined because many of the additional comments referred to current problems affecting them. The greatest percentage (26%) indicated that medical ailments/issues were the biggest problems that impacted them. Some of the medical issues included diabetes, cancer, depression, mental health concerns/memories loss, arthritis, physical pain, mobility issues, poor diet, weight gain, and medical costs. An additional 16 percent said that general financial and/or income issues were a big problem. Nine percent of respondents were concerned about the cost of living and five percent had political concerns (Table 25). Please see Appendix B for a listing of all comments in verbatim form.

Table 25
Issues Most Affecting Respondents
(Questions 33 and 34)

<table>
<thead>
<tr>
<th>Issue</th>
<th>% of Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical ailments/issues</td>
<td>26%</td>
</tr>
<tr>
<td>Financial/income concerns</td>
<td>16%</td>
</tr>
<tr>
<td>Care/concern of others</td>
<td>11%</td>
</tr>
<tr>
<td>Cost of living</td>
<td>9%</td>
</tr>
<tr>
<td>Political concerns</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>2,266</strong></td>
</tr>
</tbody>
</table>
SOURCES OF INFORMATION

The survey asked participants where they received information about senior services and/or service referrals. Older Americans first need to understand what resources are available and where to find them before they can utilize them. The greatest percentage (35%) cited AARP for information and services more often than any other source listed. Just under one-fourth (23%) said the Social Security Administration and over one-fifth (21%) used the internet to get service information. In addition, the question established whether survey participants pursued information about services. Almost half (46%) reported that they never called or searched for information or services (Table 26).

Prior to receiving this survey, 23 percent of respondents had heard of San Diego County Aging & Independence Services, while 67 percent reported that they had not and ten percent were not sure (not shown).

Table 26
Sources of Information5
(Question 4)

<table>
<thead>
<tr>
<th>% of Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never called for information or services</td>
</tr>
<tr>
<td>AARP</td>
</tr>
<tr>
<td>Social Security Administration</td>
</tr>
<tr>
<td>Internet</td>
</tr>
<tr>
<td>Senior Center</td>
</tr>
<tr>
<td>Other</td>
</tr>
<tr>
<td>Aging &amp; Independence Services</td>
</tr>
<tr>
<td>211</td>
</tr>
<tr>
<td>San Diego Network of Care Web site</td>
</tr>
</tbody>
</table>

Total = 1,704

5 Totals add to more than 100% because respondents could choose more than one answer.
AGE, GENDER, MARITAL STATUS, AND EDUCATION

In order to compare the needs of different groups within San Diego’s older population, some question responses were cross-tabulated with age, gender, marital status, and education. The daily tasks (Question 9), types of needed assistance (Question 11), and health (Question 16), housing (Question 12), and legal (Question 14) concerns with notable differences across demographic categories are discussed below.

Age

In some cases, the frequency with which issues were indicated as a problem markedly increased with age. Table 27 presents data for the five daily tasks with the most notable increases in the percent of respondents that reported them to be a problem as age increased. For example, although only 20% of respondents aged 60 to 64 reported serious/minor difficulty with walking, 55 percent of those 85 years of age or older reported serious/minor difficult with walking.

<table>
<thead>
<tr>
<th>Daily Tasks with Serious/Minor Difficulty</th>
<th>60-64</th>
<th>65-74</th>
<th>75-84</th>
<th>≥ 85</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walking</td>
<td>20%</td>
<td>25%</td>
<td>35%</td>
<td>55%</td>
</tr>
<tr>
<td>Preparing meals</td>
<td>8%</td>
<td>11%</td>
<td>19%</td>
<td>40%</td>
</tr>
<tr>
<td>Dressing/undressing</td>
<td>6%</td>
<td>9%</td>
<td>14%</td>
<td>30%</td>
</tr>
<tr>
<td>Bathing</td>
<td>6%</td>
<td>8%</td>
<td>14%</td>
<td>28%</td>
</tr>
<tr>
<td>Getting in/out of bed</td>
<td>9%</td>
<td>10%</td>
<td>16%</td>
<td>28%</td>
</tr>
<tr>
<td>Total</td>
<td>293-296</td>
<td>716-725</td>
<td>443-458</td>
<td>218-223</td>
</tr>
</tbody>
</table>

6 Responses to difficulty with daily tasks as “unable to do,” “serious difficulty” and “minor difficulty” are presented as one category.
As age increased, older adults tended to need additional assistance with basic activities. Table 28 shows the assistance needs with the most notable increases by age. The greatest differences between those aged 60 to 64 to those aged 85 and older was reported for both yard work (20% and 59%, respectively) and transportation (9% and 46%, respectively). Additionally, younger respondents also reported needing assistance to a lesser extent than their older counterparts with minor home repair assistance, routine housework, and picking up medication.

Table 28
Assistance by Age
(Question 11)

<table>
<thead>
<tr>
<th></th>
<th>60-64</th>
<th>65-74</th>
<th>75-84</th>
<th>≥ 85</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yard work</td>
<td>20%</td>
<td>21%</td>
<td>37%</td>
<td>59%</td>
</tr>
<tr>
<td>Transportation</td>
<td>9%</td>
<td>8%</td>
<td>20%</td>
<td>46%</td>
</tr>
<tr>
<td>Minor home repairs</td>
<td>20%</td>
<td>24%</td>
<td>36%</td>
<td>57%</td>
</tr>
<tr>
<td>Routine housework</td>
<td>11%</td>
<td>13%</td>
<td>23%</td>
<td>43%</td>
</tr>
<tr>
<td>Picking up medication</td>
<td>4%</td>
<td>5%</td>
<td>11%</td>
<td>30%</td>
</tr>
<tr>
<td>Grocery shopping</td>
<td>5%</td>
<td>7%</td>
<td>15%</td>
<td>29%</td>
</tr>
<tr>
<td>Laundry</td>
<td>4%</td>
<td>6%</td>
<td>11%</td>
<td>26%</td>
</tr>
<tr>
<td>Cooking</td>
<td>4%</td>
<td>5%</td>
<td>10%</td>
<td>25%</td>
</tr>
<tr>
<td>Total</td>
<td>245-257</td>
<td>626-667</td>
<td>388-420</td>
<td>165-194</td>
</tr>
</tbody>
</table>

Respondent concerns also changed as their age increased. Older respondents were more worried than younger respondents about minor home repair, yard work, remembering to take pills on time, and understanding doctor instructions.

Table 29
Concerns Increasing by Age
(Questions 12 and 16)

<table>
<thead>
<tr>
<th></th>
<th>60-64</th>
<th>65-74</th>
<th>75-84</th>
<th>≥ 85</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minor home repair</td>
<td>16%</td>
<td>16%</td>
<td>20%</td>
<td>30%</td>
</tr>
<tr>
<td>Yard work</td>
<td>19%</td>
<td>18%</td>
<td>25%</td>
<td>33%</td>
</tr>
<tr>
<td>Remembering to take pills on time</td>
<td>10%</td>
<td>11%</td>
<td>12%</td>
<td>21%</td>
</tr>
<tr>
<td>Understanding doctor instructions</td>
<td>8%</td>
<td>9%</td>
<td>11%</td>
<td>19%</td>
</tr>
<tr>
<td>Total</td>
<td>279-283</td>
<td>676-698</td>
<td>424-432</td>
<td>195-201</td>
</tr>
</tbody>
</table>
Some issues, however, were less important to respondents age 85 and over when compared with those in younger age groups. For example, 39 percent of respondents under age 65 indicated that needing a will/trust was a concern for them, compared with 24 percent of those aged 65 to 74. Other issues that were of less concern for older respondents were paying for the mortgage, finding affordable housing and housing that allowed pets, the level of property crime in the respondents residential area, having financial debt, being a victim of identity theft, having a financial responsibility for a relative, and being able to afford medical care, dental care, prescription drugs, vision care, and hearing care.

<table>
<thead>
<tr>
<th>Concern</th>
<th>60-64</th>
<th>65-74</th>
<th>75-84</th>
<th>≥ 85</th>
</tr>
</thead>
<tbody>
<tr>
<td>Needing a will or trust</td>
<td>39%</td>
<td>24%</td>
<td>14%</td>
<td>9%</td>
</tr>
<tr>
<td>Being able to afford medical care</td>
<td>43%</td>
<td>31%</td>
<td>22%</td>
<td>22%</td>
</tr>
<tr>
<td>Having financial debt</td>
<td>28%</td>
<td>22%</td>
<td>13%</td>
<td>8%</td>
</tr>
<tr>
<td>Being able to afford vision care</td>
<td>41%</td>
<td>32%</td>
<td>22%</td>
<td>21%</td>
</tr>
<tr>
<td>Being able to afford prescription drugs</td>
<td>37%</td>
<td>27%</td>
<td>21%</td>
<td>19%</td>
</tr>
<tr>
<td>Being a victim of identity theft</td>
<td>29%</td>
<td>24%</td>
<td>15%</td>
<td>13%</td>
</tr>
<tr>
<td>Being able to afford dental care</td>
<td>45%</td>
<td>42%</td>
<td>31%</td>
<td>30%</td>
</tr>
<tr>
<td>Having financial responsibility for a relative</td>
<td>20%</td>
<td>12%</td>
<td>8%</td>
<td>8%</td>
</tr>
<tr>
<td>Being able to afford hearing care</td>
<td>33%</td>
<td>26%</td>
<td>21%</td>
<td>22%</td>
</tr>
<tr>
<td>Finding affordable housing</td>
<td>13%</td>
<td>9%</td>
<td>4%</td>
<td>4%</td>
</tr>
<tr>
<td>Property crime in my neighborhood</td>
<td>14%</td>
<td>12%</td>
<td>8%</td>
<td>5%</td>
</tr>
<tr>
<td>Paying for my mortgage</td>
<td>11%</td>
<td>10%</td>
<td>4%</td>
<td>3%</td>
</tr>
<tr>
<td>Finding housing that allows pets</td>
<td>6%</td>
<td>4%</td>
<td>1%</td>
<td>1%</td>
</tr>
<tr>
<td>Total</td>
<td>274-292</td>
<td>663-713</td>
<td>409-442</td>
<td>180-208</td>
</tr>
</tbody>
</table>
Gender

Differences also existed by gender. Overall, more females reported needing assistance and being concerned about health and housing issues.

Twice as many females than males reported needing assistance with minor home repairs (38% versus 19%, respectively). Females also reported a greater level of need with routine housework (22% versus 14%, respectively), grocery shopping (14% versus 8%, respectively), and yard work (34% versus 24%, respectively) (Table 31).

### Table 31
**Assistance by Gender**
*(Question 11)*

<table>
<thead>
<tr>
<th></th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cooking</td>
<td>8%</td>
<td>8%</td>
</tr>
<tr>
<td>Routine housework</td>
<td>14%</td>
<td>22%</td>
</tr>
<tr>
<td>Bill paying/budgeting</td>
<td>6%</td>
<td>8%</td>
</tr>
<tr>
<td>Grocery shopping</td>
<td>8%</td>
<td>14%</td>
</tr>
<tr>
<td>Laundry</td>
<td>7%</td>
<td>10%</td>
</tr>
<tr>
<td>Picking up medication</td>
<td>6%</td>
<td>10%</td>
</tr>
<tr>
<td>Minor home repairs</td>
<td>19%</td>
<td>38%</td>
</tr>
<tr>
<td>Yard work</td>
<td>24%</td>
<td>34%</td>
</tr>
<tr>
<td>Transfer from bed to wheelchair</td>
<td>3%</td>
<td>4%</td>
</tr>
<tr>
<td>Transportation</td>
<td>11%</td>
<td>20%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>529-675</td>
<td>615-812</td>
</tr>
</tbody>
</table>
When asked about health, housing, and legal concerns, housing and health concerns topped the notable differences between males and females. More females than males were concerned with being able to afford vision care (35% versus 24%, respectively), being able to afford dental care (42% versus 33%, respectively), and minor home repair (22% versus 14%, respectively). Additionally, notable differences were found between females and males with being able to afford hearing care (28% versus 22%, respectively) and doing yard work (24% versus 19%, respectively) (Table 32).

**Table 32**
*Concerns by Gender*
(Questions 12 and 16)

<table>
<thead>
<tr>
<th>Concern</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Able to afford vision care</td>
<td>24%</td>
<td>35%</td>
</tr>
<tr>
<td>Able to afford dental care</td>
<td>33%</td>
<td>42%</td>
</tr>
<tr>
<td>Minor home repair</td>
<td>14%</td>
<td>22%</td>
</tr>
<tr>
<td>Able to afford hearing care</td>
<td>22%</td>
<td>28%</td>
</tr>
<tr>
<td>Yard work</td>
<td>19%</td>
<td>24%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>689-718</td>
<td>838-883</td>
</tr>
</tbody>
</table>
**Marital Status**

Respondents were asked to indicate their marital status in the survey. There were some noticeable differences between married respondents and unmarried respondents. A greater percentage of those who were not married had concerns about minor home repairs (25% versus 15%, respectively), being able to afford dental care (43% versus 34%, respectively), paying rent (13% versus 4%, respectively), finding affordable housing (12% versus 4%, respectively), and having a safe living environment (12% versus 6%, respectively) (Table 33).

There were some questions without obvious differences between married and unmarried respondents. A similar percentage of individuals who were married and not married reported that isolation and/or loneliness affects their quality of life (57% versus 63%, respectively). Additionally, frequency of emotional problems was similar across marital status (Table 33).

<table>
<thead>
<tr>
<th></th>
<th>Married</th>
<th>Not Married</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Loneliness/isolation affects quality of life</strong></td>
<td>57%</td>
<td>63%</td>
</tr>
<tr>
<td><strong>Frequency of emotional problems</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>All/most of the time</td>
<td>5%</td>
<td>9%</td>
</tr>
<tr>
<td>A good bit/some of the time</td>
<td>20%</td>
<td>21%</td>
</tr>
<tr>
<td>A little/none of the time</td>
<td>72%</td>
<td>68%</td>
</tr>
<tr>
<td><strong>Reported Concerns</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Minor home repairs</td>
<td>15%</td>
<td>25%</td>
</tr>
<tr>
<td>Being able to afford dental care</td>
<td>34%</td>
<td>43%</td>
</tr>
<tr>
<td>Paying rent</td>
<td>4%</td>
<td>13%</td>
</tr>
<tr>
<td>Finding affordable housing</td>
<td>4%</td>
<td>12%</td>
</tr>
<tr>
<td>Having a safe living environment</td>
<td>6%</td>
<td>12%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>800-1022</td>
<td>538-711</td>
</tr>
</tbody>
</table>
Education

Respondents reported the highest educational level they attained according to four groups: “0 to 8th grade,” “9 to 12th grade,” “some college,” and “college graduate.” Overall, less educated respondents were more likely to experience problems with many of the daily tasks and needs and/or have more health concerns, legal concerns, and housing concerns than their more educated counterparts.

As shown in Table 34, a larger percentage of those with an 8th grade education or less reported needing assistance with daily tasks. More specifically, less educated respondents reported needing transportation assistance (48% versus 11%, respectively), followed by needing assistance with routine housework (49% versus 14%, respectively), laundry (39% versus 6%, respectively), and picking up medication (39% versus 6%, respectively) (Table 34).

<table>
<thead>
<tr>
<th></th>
<th>≤ 8th Grade</th>
<th>9 to 12th Grade</th>
<th>Some College</th>
<th>College Graduate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transportation</td>
<td>48%</td>
<td>23%</td>
<td>15%</td>
<td>11%</td>
</tr>
<tr>
<td>Routine housework</td>
<td>49%</td>
<td>25%</td>
<td>19%</td>
<td>14%</td>
</tr>
<tr>
<td>Laundry</td>
<td>39%</td>
<td>9%</td>
<td>9%</td>
<td>6%</td>
</tr>
<tr>
<td>Picking up medication</td>
<td>39%</td>
<td>12%</td>
<td>9%</td>
<td>6%</td>
</tr>
<tr>
<td>Grocery shopping</td>
<td>39%</td>
<td>17%</td>
<td>10%</td>
<td>7%</td>
</tr>
<tr>
<td>Cooking</td>
<td>31%</td>
<td>9%</td>
<td>9%</td>
<td>6%</td>
</tr>
<tr>
<td>Bill paying/budgeting</td>
<td>31%</td>
<td>7%</td>
<td>8%</td>
<td>5%</td>
</tr>
<tr>
<td>Minor home repairs</td>
<td>47%</td>
<td>34%</td>
<td>34%</td>
<td>24%</td>
</tr>
<tr>
<td>Transfer from bed to wheelchair</td>
<td>11%</td>
<td>7%</td>
<td>4%</td>
<td>1%</td>
</tr>
<tr>
<td>Yard work</td>
<td>35%</td>
<td>30%</td>
<td>33%</td>
<td>26%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>53-75</strong></td>
<td><strong>182-250</strong></td>
<td><strong>411-518</strong></td>
<td><strong>549-703</strong></td>
</tr>
</tbody>
</table>
Less educated respondents also were more likely to report housing and health concerns. As shown in Table 35, a larger percentage of those with an 8th grade or lower education compared to those with a college degree were worried about understanding doctor instructions (33% versus 7%, respectively), being able to afford vision care (47% versus 23%, respectively), and paying rent (26% versus 5%, respectively).

<table>
<thead>
<tr>
<th>Concern</th>
<th>≤8th Grade</th>
<th>9 to 12th</th>
<th>Some</th>
<th>College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Understanding doctor instructions</td>
<td>33%</td>
<td>18%</td>
<td>9%</td>
<td>7%</td>
</tr>
<tr>
<td>Able to afford vision care</td>
<td>47%</td>
<td>34%</td>
<td>33%</td>
<td>23%</td>
</tr>
<tr>
<td>Paying rent</td>
<td>26%</td>
<td>9%</td>
<td>8%</td>
<td>5%</td>
</tr>
<tr>
<td>Finding affordable housing</td>
<td>16%</td>
<td>7%</td>
<td>8%</td>
<td>6%</td>
</tr>
<tr>
<td>Able to afford dental care</td>
<td>46%</td>
<td>41%</td>
<td>43%</td>
<td>32%</td>
</tr>
<tr>
<td>Able to afford prescription drugs</td>
<td>37%</td>
<td>30%</td>
<td>29%</td>
<td>22%</td>
</tr>
<tr>
<td>Able to afford hearing care</td>
<td>36%</td>
<td>31%</td>
<td>29%</td>
<td>20%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>72-78</strong></td>
<td><strong>239-265</strong></td>
<td><strong>516-564</strong></td>
<td><strong>722-757</strong></td>
</tr>
</tbody>
</table>

Additionally, a greater percentage of those with more education reported participation in community-based activities than those with a lower level of education. As education increased, so did involvement in recreation/hobbies, physical exercise, entertainment, education/classes, volunteering, and spending time with youth. Education did not appear to impact respondents’ participation in religious/faith activities, job training, or community organizations (not shown).

Since lower educational attainment frequently results in lower income, the possible differences between the four educational groups may be related to issues that can be a consequence of low income, like having enough money to live on or poor nutrition, rather than education alone. Also, the respondents with lower education tended to be older than respondents with more education, so differences also may be partly due to older age.

Although SANDAG conducted other similar surveys for the County of San Diego Aging & Independence Services since 1984, the current results are not directly comparable to those of prior surveys. Changes were made to the questions for the 2012 survey. The 2012 survey questions assessed similar concepts to those of prior surveys; however, differences in question wording and answer options resulted in most questions not being comparable to previous surveys.
METHODOLOGY


The survey questions were provided to SANDAG by the County of San Diego Aging & Independence Services. Then, SANDAG graphically laid out the form and printed approximately 7,500 copies.

This survey was distributed by mail to households throughout San Diego County. County of San Diego provided a mailing list of households with at least one resident age 60 years or older. The sampling frame used to compile the list was the voter registration file, which contains people’s ages along with their addresses. SANDAG randomly selected 4,000 households from the larger mailing list.

The survey form and postage-paid business reply envelopes were sent to all 4,000 households during January through March 2012. Each household was sent an English and Spanish version of the questionnaire. Households not responding to the survey within two weeks were sent the forms again in an effort to increase the response rate. Out of the 4,000 surveys sent out, 1,757 surveys were returned, resulting in a response rate of 44 percent.

Results by Supervisorial District were tabulated by using the ZIP Code of respondents. Since some ZIP Codes do not nest completely within one District, the results are approximations. Respondents who lived in a ZIP Code that fell into two or more Districts were counted more than once (i.e. within each District that the ZIP Code was included in). It is likely that respondents living in a ZIP Code, whether living in one Supervisorial District or another, are similar to one another; therefore, including a respondent more than once rather than excluding him/her, would likely get results closer to the true population results of that District.

It should be noted that a survey of this kind has several limitations. Generally, the frailest, socially isolated, or persons with mental problems or depression are not willing or able to respond. Similarly, the institutionalized population (in nursing homes and residential care facilities) has not been reached with this survey.
APPENDICES
WE NEED YOUR HELP TO SERVE YOU BETTER...
Answering this survey will help the County and the State plan new or improved programs for seniors. PLEASE COMPLETE THIS SURVEY ONLY IF YOU ARE AGE 60 OR OVER. If you are not age 60 or over but someone else in your household is, please give this survey to them to complete. Your answers are very important since they will represent both your personal opinions and those of hundreds of others we won’t have the opportunity to interview. Everything you tell us will be held in strict confidence—your name and address cannot be associated with your answers.

Please take a few moments now to complete this questionnaire and return it in the enclosed postage-paid return envelope within two weeks. Your answers will be kept confidential. If you have already completed a copy of this questionnaire, please do not complete another one. If you have any questions about this survey, please call us at (858) 495-5525. Thank you for your help.

1. BEFORE TODAY, HAD YOU HEARD OF THE COUNTY OF SAN DIEGO’S AGING & INDEPENDENCE SERVICES (AIS)?
   1. YES  2. NO  3. NOT SURE

2. WHAT IS YOUR HOME ZIP CODE? ______________

3. HOW LONG HAVE YOU LIVED IN THIS COMMUNITY? ________ YEARS

4. WHERE DO YOU USUALLY GET INFORMATION ABOUT SERVICES FOR SENIORS OR REFERRALS FOR SERVICE? (CIRCLE ALL THAT APPLY.)
   1. AARP  6. San Diego Network of Care Web site
   2. 1 (800) 510-2020 (AIS)  7. Social Security Administration
   3. 211  8. Other (Please specify) __________________________
   4. Internet  9. I have never called/searched for information or services
   5. Senior Center: Which one? __________________________

5. ARE YOU CURRENTLY RAISING GRANDCHILDREN OR CHILDREN OF ANOTHER FAMILY IN YOUR HOME?
   1. YES  2. NO

6. IF YOU PROVIDE UNPAID CARE FOR A FAMILY MEMBER, DO YOU NEED ASSISTANCE WITH:
   (CIRCLE THE NUMBER UNDER YOUR RESPONSE.)
   Yes No N/A
   • Relief…………………………………………………………………………..1 ……………………2 …………………… 3
   • Support services ……………………………………………………………1 ……………………2 …………………… 3
   • Financial services…………………………………………………………1 ……………………2 …………………… 3

7. HOW EASY OR DIFFICULT IS IT FOR YOU TO USE THE COMPUTER TO:
<table>
<thead>
<tr>
<th>(Easy) No Difficulty</th>
<th>Minor Difficulty</th>
<th>Serious Difficulty</th>
<th>Unable to Do</th>
</tr>
</thead>
</table>
   • Send Emails…………………………………………………………1 ……………………2 …………………… 3 …………………… 4
   • Search Internet…………………………………………………………1 ……………………2 …………………… 3 …………………… 4
8. Which of the following activities do you participate in at least once a month? (Circle all that apply.)

1. Recreation/Hobbies  4. Education/classes  7. Job training

9. This is a list of activities that are difficult for some people. Please indicate how difficult each one is for you. (Circle the number under your response.)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Easy</th>
<th>Minor</th>
<th>Serious</th>
<th>Unable to Do</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eating</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Bathing</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Dressing/undressing</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Walking</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Getting in and out of bed</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Getting to the bathroom</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Preparing meals</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Using the telephone</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

10. If you have difficulty with any of the above tasks, who usually assists you? (Circle all that apply.)

1. Spouse  2. Other family member  3. Agency/volunteer  4. No one assists me

11. Do you need assistance with any of the following activities?

**IN-HOME SERVICES**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Yes</th>
<th>No</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cooking</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Routine housework</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Bill paying/budgeting</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Grocery shopping</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Yard work</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Laundry</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Picking up medication</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Minor home repairs</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Transfer from bed to wheelchair</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**TRANSPORTATION SERVICES**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Yes</th>
<th>No</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transportation to medical appts.</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Transportation to grocery shopping/errands</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Transportation to social activities</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
12. **This is a list of potential housing concerns for older people. Please indicate if each one is a problem to you personally. (Circle the number under your response.)**

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paying for my mortgage .............................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Paying rent ..................................................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Paying condo maintenance fees...................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Finding affordable housing ........................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Finding housing that allows pets ..................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Getting my landlord to make needed repairs ..................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Major home repairs .....................................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Minor home repairs .....................................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Yard work .....................................................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Having a safe living environment ...................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Other (please specify)___________________ ................</td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

13. **Where do you currently reside? (Circle one.)**

1. In a home that I own
2. In a home that I rent
3. With a relative/friend
4. Other: ____________________________

14. **This is a list of potential legal concerns for older people. Please indicate if each one is a concern for you personally. (Circle the number under your response.)**

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Needing a will or trust.............................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Receiving Social Security benefits................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Property crime in my neighborhood ................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Having financial debt ..................................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Being a victim of identity theft ...................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Receiving Medi-Cal benefits ........................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Financial responsibility for a relative..........................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Being a victim of physical abuse ...................................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Other (please specify)__________________..................</td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

15. **Have you: (Circle the number under your response.)**

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Can’t remember</th>
</tr>
</thead>
<tbody>
<tr>
<td>Had a physical exam within the last 3 years..............</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Had a dental exam within the last 3 years................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Had a flu shot within the last 1 year ......................</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Had a pneumonia shot within the last 10 years ..........</td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>
16. **This is a list of potential health concerns for older people. Please indicate if each one is a concern for you personally. (Circle the number under your response.)**

<table>
<thead>
<tr>
<th>Concern</th>
<th>Yes</th>
<th>No</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Being able to afford medical care</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Being able to afford dental care</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Being able to afford prescription drugs</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Being able to afford vision care</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Being able to afford hearing care</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Getting my prescription refilled on time</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Remembering to take my pills on time</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Understanding doctor instructions</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

17. **In a typical day, how many servings of fruits and vegetables do you eat?**

1. None 2. 1 to 2 3. 3 to 4 4. 5 or more

18. **How many days do you engage in at least 30 minutes of moderate physical activity in a typical week (brisk walking, fitness class, etc.)?**

1. 0 days 2. 1 to 2 days 3. 3 to 4 days 4. 5 or more days

19. **Have you fallen in the past 12 months?**

1. Yes 2. No

20. **Do you currently smoke?**

1. Yes 2. No

21. **How many alcoholic drinks do you consume in a typical week?**

1. None 2. 1 to 3 drinks 3. 4 to 6 drinks 4. 7 or more drinks

22. **Which of the following best describes your employment situation?**

1. Currently employed
2. Currently employed but would like to work fewer hours
3. Currently employed but would like to work more hours
4. Currently employed and would like to quit job but can’t because need the income
5. Not employed, but would like to find a job
6. Not employed and not interested in finding a job

23. **Which of the following provide you with a source of income? (Circle all that apply)**

1. Employment 3. SSI/SSP 5. Investments/Savings 7. Other

24. **How well does your income support your current needs?**

25. **During the past month, how often have you been bothered by emotional problems such as feeling unhappy, anxious, depressed, or irritable?**

1. All of the time  
2. Most of the time  
3. Some of the time  
4. A little of the time  
5. None of the time  
6. Don’t know

26. **Do you agree or disagree that the issue of isolation/loneliness affects your quality of life? (Circle one)**

1. Yes, Strongly agree  
2. Yes, Somewhat agree  
3. Neutral  
4. No, Somewhat disagree  
5. No, Strongly disagree

27. **Which of the following groups contains your age?**

1. 64 and under  
2. 65-74  
3. 75-84  
4. 85 or over

28. **Are you:**

1. Male  
2. Female

29. **Are you currently:**

1. Married  
2. Widowed  
3. Separated  
4. Divorced  
5. Never married  
6. Not married, but living together in a committed relationship  
7. Other (Please describe) _______________

30. **Please circle your ethnic group (Circle only one)**

1. White/Caucasian  
2. Hispanic/Latino  
3. Black/African Am.  
4. Asian  
5. Hawaiian or Pac. Islander  
6. Native Am./Alaska Native  
7. Multi-ethnic  
8. Other _______________

31. **Please circle the highest grade level you completed.**

1. 0 to 8th grade  
2. 9 to 12th grade  
3. Some college  
4. College graduate  
5. Master’s/Ph.D

32. **Do you live alone?**

1. Yes  
2. No

33. **Please share the two biggest problems that affect you?**

1. __________________________________________________________________________  
2. __________________________________________________________________________

34. **Please share any additional comments you may have:**

__________________________________________________________________________  
__________________________________________________________________________

THANK YOU FOR HELPING US BY COMPLETING THIS SURVEY. PLEASE RETURN IT WITHIN TWO WEEKS IN THE ENCLOSED POSTAGE-PAID RETURN ENVELOPE.

IF YOU WOULD LIKE INFORMATION ABOUT WHERE TO GET SERVICES, PLEASE CALL 1 (800) 510-2020.
County of San Diego
ENCUESTA PARA PERSONAS MAYORES (2012)

NECESITAMOS SU AYUDA PARA SERVIRLE MEJOR...
Al contestar a esta encuesta usted ayudará al Condado y al Estado a mejorar los programas para personas mayores. POR FAVOR, LLENE ESTA ENCUESTA SOLAMENTE SI USTED ES MAYOR DE 60 AÑOS. Si hay alguna persona en su casa que es mayor de 60 años, favor de dársela para que la llene.

Sus respuestas son muy importantes ya que representan su opinión personal y la de cientos de personas que no han tenido la oportunidad de ser entrevistadas. Toda la información que nos provea será mantenida en estricta confidencialidad- su nombre y domicilio no podrán ser asociados con sus respuestas.

Le pedimos tomar unos minutos de su tiempo para contestar este cuestionario y devolverlo dentro de las próximas dos semanas en el sobre pre-pagado adjunto. Sus respuestas son confidenciales y así serán archivadas. Si usted ya llenó este formulario, favor de no llenarlo de nuevo. Si tiene alguna duda o necesita mayor información, por favor llame al (858) 495-5525. Gracias por su ayuda.

1. ANTES DE HOY, ¿HABÍA OÍDO SOBRE AGING & INDEPENDENCE SERVICES (AIS) DEL CONDADO DE SAN DIEGO?       1.  SI  2.  NO  3.  NO ESTOY SEGURO
2. ¿CUÁL ES SU CÓDIGO POSTAL (ZIP CODE)?__________
3. ¿POR CUÁNTO TIEMPO HA VIVIDO EN ESTA COMUNIDAD? ______ AÑOS
4. ¿DE DÓNDE OBTIENE USUALMENTE INFORMACIÓN SOBRE SERVICIOS PARA PERSONAS MAYORES O REFERENCIAS PARA SERVICIO? (MARQUE CON UN CIRCULO LAS RESPUESTAS QUE APLIQUEN)
   1. AARP
   2. 1 (800) 510-2020 (AIS)
   3. 211
   4. Internet
   5. Centro para ancianos: ¿Cual? _________________
   6. Sitio de Internet San Diego Network of Care
   7. Administración del Seguro Social
   8. Otro (Por favor especifique)____________________
   9. Nunca he llamado/buscado información o servicios
5. ¿ESTÁ USTED ACTUALMENTE CRIANDO NIETOS O LOS HIJOS DE OTRA FAMILIA EN SU HOGAR?  1. SI  2. NO
6. SI PROVEE CUIDADO SIN SUELDO PARA UN MIEMBRO DE LA FAMILIA, NECESITA AYUDA CON: (MARQUE CON UN CIRCULO EL NÚMERO DEBAJO DE SU RESPUESTA.)
   • Relevo ...........................................................................1 ....................... 2 ................... 3
   • Servicios de apoyo........................................................1 ....................... 2 ................... 3
   • Servicios financieros.....................................................1 ....................... 2 ................... 3
7. QUE TAN FÁCIL O DIFÍCIL ES PARA USTED USAR LA COMPUTADORA PARA:
   (Fácil)Ninguna dificultad Un poco de dificultad Mucha dificultad Incapaz de hacer
   • Enviar correos electrónicos........................................1 ....................... 2 ................... 3 ................. 4
   • Búsqueda de Internet ................................................1 ....................... 2 ................... 3 ................. 4
8. ¿EN CUÁL DE LAS SIGUIENTES ACTIVIDADES PARTICIPA USTED POR LO MENOS UNA VEZ AL MES? (MARQUE CON UN CÍRCULO LAS RESPUESTAS QUE APLIQUEN.)

1. Recreación/Pasatiempos
2. Ejercicio físico
3. Entretenimiento
4. Educación/clases
5. Religiosas/fe
6. Sirviendo de voluntario
7. Entrenamiento laboral
8. Organizaciones de la comunidad
9. Pasando tiempo con jóvenes

9. ESTA ES UNA LISTA DE ACTIVIDADES QUE SON DIFÍCILES PARA ALGUNAS PERSONAS. POR FAVOR INDIQUE CUÁN DIFÍCIL ES PARA USTED CADA UNA DE EllAS (MARQUE CON UN CÍRCULO SU RESPUESTA)

<table>
<thead>
<tr>
<th>Actividad</th>
<th>Fácil</th>
<th>Ninguna dificultad</th>
<th>Un poco de dificultad</th>
<th>Mucha dificultad</th>
<th>Incapaz de hacerlo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comer</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Bañarse</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Vestirse/desvestirse</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Caminar</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Acostarse o levantarse de la cama</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Llegar al baño</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Preparar las comidas</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Usar el teléfono</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
</tbody>
</table>

10. SI TIENE DIFICULTAD CON CUALQUIERA DE LAS TAREAS ARRIBA MENCIONADAS, ¿QUIÉN USUALMENTE LO/LA AYUDA? (MARQUE CON UN CÍRCULO LAS RESPUESTAS QUE APLIQUEN).


11. ¿NECESITA AYUDA CON ALGUNA DE LAS SIGUIENTES ACTIVIDADES?

SERVICIOS EN EL HOGAR

- Cocinar ........................................................................1 2 3
- Tareas domesticas rutinarias .......................................1 2 3
- Pago de facturas/preparando el presupuesto ..................1 2 3
- Compra de alimentos ................................................1 2 3
- Trabajo de jardinería ................................................1 2 3
- Lavado de ropa ..........................................................1 2 3
- Recoger los medicamentos ..........................................1 2 3
- Reparaciones menores al hogar ....................................1 2 3
- Transferir de la cama a la silla de ruedas .................1 2 3
- Otro (por favor especifique)___________________________1 2 3

SERVICIOS DE TRANSPORTE

- Transporte a citas medicas .......................................1 2 3
- Transporte para hacer compras de alimentos/mandados ....1 2 3
- Transporte a actividades sociales ..................................1 2 3
- Otro (por favor especifique)___________________________1 2 3
12. **Esta es una lista de posibles problemas de vivienda para personas mayores. Por favor indique si cada uno es un problema para usted personalmente. (Marque con un círculo el número debajo de su respuesta.)**

<table>
<thead>
<tr>
<th>Problema</th>
<th>Si</th>
<th>No</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pagar mi hipoteca</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pagar la renta</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pagar gastos de mantenimiento para condominio</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Encontrar vivienda económicamente asequible</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Encontrar vivienda que permite mascotas</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Conseguir que mi arrendador haga las reparaciones necesarias</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reparaciones mayores al hogar</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reparaciones menores al hogar</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trabajo de jardinería</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tener un ambiente de vida seguro</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Otro (por favor especifique)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

13. **¿Donde vive actualmente? (Marque con un círculo su respuesta.)**

1. En una casa de mi propiedad  
2. En una casa que rento  
3. Con un pariente/amigo  
4. (por favor especifique)

14. **Esta es una lista de posibles problemas de carácter legal para personas mayores. Por favor indique si cada uno es un problema para usted personalmente. (Marque con un círculo el número debajo de su respuesta.)**

<table>
<thead>
<tr>
<th>Problema</th>
<th>Si</th>
<th>No</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Necesitar un testamento o fideicomiso</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recibir beneficios de Seguro Social</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Delitos contra la propiedad en mi vecindario</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tener deudas financieras</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ser víctima de robo de identidad</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recibir beneficios de Medi-Cal</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ser responsable financieramente de un pariente</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ser víctima de abuso físico</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Otro (por favor especifique)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

15. **Ha usted: (Marque con un círculo el número debajo de su respuesta.)**

<table>
<thead>
<tr>
<th>Problema</th>
<th>Si</th>
<th>No</th>
<th>No Recuerdo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tenido un examen físico durante los últimos 3 años</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Tenido un examen dental durante los últimos 3 años</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Tenido una vacuna contra la influenza durante el último año</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Tenido una vacuna contra la pulmonía durante los últimos 10 años</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>
16. Esta es una lista de posibles problemas de salud para personas mayores. Por favor indique si cada uno es un problema para usted personalmente. (Marque con un círculo el número debajo de su respuesta.)

<table>
<thead>
<tr>
<th></th>
<th>Sí</th>
<th>No</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poder pagar la atención médica</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Poder pagar el cuidado dental</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Poder pagar los medicamentos recetados</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Poder pagar por el cuidado de la visión</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Poder pagar por el cuidado médico del oído</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Surtir mis recetas médicas a tiempo</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Recordar tomar mis pastillas a tiempo</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Comprender las instrucciones del médico</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Otro (por favor especifique)</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

17. En un día típico, ¿cuántas porciones de frutas y verduras come?

1. Ninguna  2. 1 a 2  3. 3 a 4  4. 5 o más

18. ¿Cuántos días de una semana típica participa en al menos 30 minutos de actividad física moderada (caminar a paso ligero, clase de acondicionamiento físico, etc.)?

1. 0 días  2. 1 a 2 días  3. 3 a 4 días  4. 5 o más días

19. ¿Se ha caído en los últimos 12 meses?  1. Sí  2. No

20. ¿Fuma usted actualmente?  1. Sí  2. No

21. ¿Cuántas bebidas alcohólicas consume usted en una semana típica?

1. Ninguna  2. 1 a 3 bebidas  3. 4 a 6 bebidas  4. 7 o más bebidas

22. ¿Cuál de las siguientes opciones mejor describe su situación laboral?

1. Actualmente empleado
2. Actualmente empleado, pero le gustaría trabajar menos horas
3. Actualmente empleado, pero le gustaría trabajar más horas
4. Actualmente empleado y le gustaría dejar el trabajo, pero no puede porque necesita los ingresos
5. Sin empleo, pero desea encontrar trabajo
6. Sin empleo y no tiene interés en encontrar trabajo

23. ¿Cuál de los siguientes le proporciona una fuente de ingresos? (Marque con un círculo las respuestas que apliquen)


24. ¿Qué tan bien sostienen sus ingresos sus necesidades actuales?

25. **DURANTE EL MES PASADO, ¿CON QUÉ FRECUENCIA HA TENIDO PROBLEMAS EMOCIONALES COMO SENTIRSE TRISTE, ANSIOSO, DEPRESIVO O IRRITABLE?**

   1. Todo el tiempo   3. Parte del tiempo   5. En ningún momento
   2. Casi todo el tiempo   4. Poco tiempo   6. No sé

26. **ESTÁ DE ACUERDO O EN DESACUERDO QUE LA CUESTIÓN DEL AISLAMIENTO/SOLEDAD AFECTA LA CALIDAD DE SU VIDA: (MARQUE CON UN CÍRCULO SU RESPUESTA)**

   1. Sí, Completamente de acuerdo   4. No, Algo en desacuerdo
   2. Sí, Algo de acuerdo   5. No, Completamente en desacuerdo
   3. Neutral

27. **EN CUÁL DE LOS SIGUIENTES GRUPOS ESTÁ SU EDAD?**

   1. 64 y menor   2. 65-74   3. 75-84   4. 85 o más ________________

28. **ES USTED:**  
   1. Hombre   2. Mujer

29. **ESTÁ USTED:**

   1. Casado/a   4. Divorciado/a   7. Otro (Por favor describa)________
   2. Viudo/a   5. Nunca casado/a
   3. Separado/a   6. No casado/a, pero conviviendo en una relación estable

30. **POR FAVOR MARQUE CON UN CÍRCULO SU GRUPO ÉTNICO (ELIJA SOLO UNO)**


31. **POR FAVOR MARQUE CON UN CÍRCULO EL ÚLTIMO GRADO QUE ESTUDIÓ EN LA ESCUELA:**

   1. 0 a 8º grado   3. Algo de universidad   5. Maestría/Doctorado
   2. 9º a 12º grado   4. Graduado de universidad

32. **¿VIVE USTED SOLO?**

   1. Sí   2. No

33. **POR FAVOR DESCRIBA LOS DOS MAYORES PROBLEMAS QUE LE AFECTAN:**

   1. ____________________________________________
   2. ____________________________________________

34. **POR FAVOR COMPARTA CUALQUIER COMENTARIO ADICIONAL QUE TENGA:**

   ____________________________________________
   ____________________________________________

GRACIAS POR AYUDARNOS A COMPLETAR ESTA ENCUESTA. FAVOR DE DEVOLVERLA DENTRO DE LAS PRÓXIMAS DOS SEMANAS EN EL SOBRE PRE-PAGADO ADJUNTO.

SI DESEA INFORMACIÓN SOBRE DONDE OBTENER SERVICIOS POR FAVOR LLAME AL
1 (800) 510-2020.
2012 Older Americans Survey Verbatim Comments

QUESTIONS 33 & 34

1. ANXIETY/DEPRESSION/TRYING TO EXERCISE
2. DEPRESSION (BEING TREATED)
3. DEPRESSION
4. DEPRESSION
5. DEPRESSION
6. DEPRESSION
7. DEPRESSION
8. ANXIETY/DEPRESSION
9. DEPRESSION
10. DEPRESSION
11. DEPRESSED - MY WIFE PASSED AWAY LAST APRIL.
12. DEPRESSION
13. WORTHLESSNESS
14. SOMETIMES GET DEPRESSED
15. IT IS EXHAUSTING & DEPRESSIVE & I HAVE LITTLE ENERGY FOR ROUTINE THINGS
16. DEPRESSION - NO DESIRE TO LEAVE HOME
17. DEPRESSION
18. DEPRESSION
19. DEPRESSION
20. DEPRESSION
21. DEPRESSION
22. DEPRESSION
23. DEPRESSION
24. DEPRESSION
25. DEPRESSION
26. DEPRESSION
27. DIET
28. PARA LOS GASTOS
29. ASEÓ DE CASA
30. YARD MAINTENANCE
31. YARD WORK
32. REPAIRS TO HOME
33. HOME & AUTO MAINTENANCE
34. GETTING MY ROLLING TRASH CAN UP & DOWN MY DRIVEWAY
35. HOME REPAIRS
36. YARD WORK
37. CANNOT AFFORD TO DO NECESSARY MAINTENANCE OUR HOME
38. HOUSE PAYMENT
39. TAKING CARE OF MY HOUSE
40. DON'T LIKE PAYING BILLS
41. HOME REPAIRS
42. PAYING BILLS
43. OUR BIGGEST PROBLEM WAS OUR RENT FOR OUR MOBILE HOME.
44. RISING COST OF FOOD & SERVICES
45. LIVING EXPENSES
46. MORTGAGE
47. COST OF LIVING
48. WORRY WE CAN'T MAKE OUR BILLS
49. GETTING ASSISTANCE WITH UTILITIES
PAYING THE HOUSE OFF
UNABLE TO REFINANCE MORTGAGE DUE TO INSUFFICIENT INCOME.
THE RENT IS TOO HIGH, AND MORE THAN USUAL $525
TIGHT BUDGET LIVING EXPENSES (NO MARGIN FOR EMERGENCIES)
NOT ENOUGH MONEY TO HELP TO PAY MORTGAGE & FOOD.
HOA IN A RENTAL PROPERTY, I CO-OWNED.
NOT BEING APPROVED FOR SECTION 8
MORTGAGE PAYMENT
ENOUGH MONEY TO MAKE EXPENSES
INCREASING GAS PRICES
TO PAY RENT TOO MUCH FOR SENIOR
HOW TO PAY MY MORTGAGE/INSURANCE
CALIFORNIA HAS TAKEN 3 OF 4 COST OF LIVING INCREASES (SSI)
MONTHLY BILLS
RENT
FINISH PAYING THE HOUSE
REPLACING ELDERLY CARS IN PRESENT ECONOMY
NOT ENOUGH MONEY TO PAY BILLS.
PAYING MORTGAGE
COST OF LIVING, ESPECIALLY AT RETIREMENT
CONTINUING INCREASE IN COST OF GASOLINE, FOOD, HOUSING.
THE RENT GOING UP EVERY YEAR
LESS FOOD MONEY
PAYING RENT
BILLS
PAYING BILLS, GETTING GROCERIES & GAS.
CONTINUING TO PAY THE MORTGAGE
GAS PRICES
RUN AWAY COST OF LIVING ON A FIXED INCOME
RENT & MEDICATIONS
PAYING BILLS & OWING MONEY TO FAMILY & FRIENDS
THE PRICE OF GAS & FOOD
I HAD A STROKE & CAN'T PAY MY BILLS, ESPECIALLY SPACE RENT FOR MOBILE HOME
PAYING OFF DEBT ON HOUSE
FINANCIALLY MEETING OUR OBLIGATIONS
WOULD LIKE SOME MONEY FOR HOME IMPROVEMENT AND TRAVEL
HOW TO PAY MY MORTGAGE
HIGH UTILITIES BILLS
GAS PRICES
FUEL COSTS
MORTGAGE PAYMENT
PAYING 2 MORTGAGES
DO NOT HAVE ENOUGH MONEY TO PAY THE RENT AND FOOD
HOME REPAIRS - FINDING RELIABLE & AFFORDABLE PERSONS
HIGH PRICE OF GASOLINE
JUST MEETING MY BILLS (THANK GOD)
MAKING MONEY STRETCH TO PAY BILLS - NOT HAVING TO WORRY
BIG AMOUNT PAID TO THE RETIREMENT CENTER. I DON'T GET CREDIT
HIGH HOUSING COSTS
WATER AND UTILITIES RATES
RISING ENERGY PRICES
COST OF LIVING
VEHICLE
UNABLE TO KEEP UP MY HOME REPAIRS
UNABLE TO HAVE HOUSE PROBLEMS FIXED DUE TO COST
UNABLE TO AFFORD HOUSE FIX UP
THE PRICE OF ELECTRICITY, NATURAL GAS & GASOLINE
THE HIGH COST OF UTILITIES.
TERMITE REPAIRS TO HOME
STANDARD OF LIVING
SHOULD NOT HAVE TO PAY FOR RE-WIRE TO GET CABLE
RISING COST OF LIVING
REPLACING SOME HOUSEHOLD APPLIANCES
REPAIRS (ROOF, ETC.) & NECESSARY REPLACEMENTS ON APPLIANCES, HEATHER, ETC.
PROPERTY VALUES OF WHAT I OWN ARE UPSIDE DOWN-A HUGE LOSS OF MONEY I HAD PLANNED TO RETIRE ON
PRICES FOR FOOD & GAS GOES UP MY BENEFITS DON'T MATCH THE YEAR'S INCREASE.
PRICE OF GASOLINE
PRICE OF GAS, GROCERIES
PRICE OF FOOD AND GAS
PAYING THE BILLS
PAYING MY MORTGAGE
PAYING BILLS
PAY MY MORTGAGE
NO MONEY FOR TRAVEL & HOME IMPROVEMENTS
NO FAMILY HOME AVAILABLE AND COMMUNITY FEE OR RENTAL OF SPACE SO HIGH.
MORTGAGE FOR NOW OK-SOON WILL NOT BE EASY.
MAJOR HOME REPAIRS
MAINTAINING LARGE HOUSE
INCREASING FOOD PRICES
HOW TO PAY MY CAR INSURANCE
HIGH UTILITY BILLS
HIGH FOOD PRICES
HIGH COST OF HOME REPAIRS
HAVING ENOUGH MONEY TO PAY BILLS AND NONE LEFT FOR PLEASURE.
GASOLINE COSTS WAY UP
GAS PRICES
FUNDS FOR AUTO REPAIR
FOOD
FINDING AFFORDABLE MAINTENANCE & SMALL JOB HELP SAFELY
FINDING A WAY TO REFINANCE MY MORTGAGE (FROM 6%) TO A LOWER RATE.
EXPENSES IE. AUTO REPAIRS, HEALTH, PROP. TAX & AUTO REPAIRS STRAIN BUDGET
EXPENSES
COST OF LIVING INCREASE EACH YR, PRICES ON EVERYTHING KEPT GOING UP!
COST OF GASOLINE
CONTINUING INCREASE IN COST OF LIVING AND NO INCREASE IN INCOME LEVEL
COMPLETAR PARA PAGAR RENTA Y GASTOS
COL (COST OF LIVING)
BILLS
AFRAID THAT OUR EXPENSES WILL NOT BE COVERED.
AFFORDING THE RENT FOR MY RV/TRAILER SHOULD IT INCREASE OR IF I HAVE TO MOVE
WOULD LIKE TO GET ANOTHER PART TIME JOB
THIS IS THE 2ND TIME YOU SENT ONE OF THESE.
I'M GETTING HELP WITH HOUSE KEEPING.
COULD USE SOME MORE INCOME. SSI IS $830.40/MONTH. I SHOULD BE RECEIVING $917.40 PER MONTH
MY HOME IS IN FORECLOSURE
MOST CONCERNED ABOUT AFFORDABLE SENIOR RESIDENCES/ASSISTED LIVING ETC. THE ABILITY TO FIND AFFORDABLE IN HOME CARE.
I AM THE ONLY ONE RETIRED. MY WIFE WORKS WITH MEDICAL BENEFITS FOR THE BOTH OF US.
THE FUTURE HEALTH BENEFITS AND INCOME MIGHT BE A PROBLEM.
RISING COST OF LIVING IN CALIFORNIA, RISING GAS PRICES WE ALMOST CANNOT AFFORD.
LIVING SEMI-COMFORTABLY IN OLD AGE.
A SUPPLEMENT FOR RENT-EVEN 30% WOULD HELP - AFFORDABLE HOUSING SEEMS TO BE FAR FROM A TOWN.
I HOPE THERE IS A LAW FOR MOBILE HOME FOR SENIOR LOW INCOME RENT
IN DIRE NEED OF RENT CONTROL FOR SENIORS IN THIS TOWN.
SECT 8 OWNER WILL NOT LET US HAVE DISH ANTENNA ON ROOF FOR MORE AFFORDABLE TV PRICE.
OVERALL THINGS ARE ALRIGHT AT THIS POINT. COST OF LIVING WORRIES ME.
NEED MORE SINGLE LEVEL HOUSING. NEED MORE LEGAL INLAW UNITS IN CITIES.
NEED BETTER BUS SERVICE IN THE COUNTY SUBURBS ESPECIALLY IN CARMEL VALLEY.
MI INGRESO ECONOMICO, TODO MUY CARO!
LIVING ON WORKER COMP ONLY PAYS 2/3 OF NORMAL WAGES. I'M SPENDING MY SAVINGS
RETIREMENT PLANNING
BALANCING CONSULTANT WORK W/RETIREMENT DREAMS
CONCERN THAT I WILL OUT LIVE MY RETIREMENT INCOME
CONCERN ABOUT FINANCES FOR RETIREMENT
CONCERNED ABOUT BEING ABLE TO RETIRE COMFORTABLY
OUTLIVING MY SAVINGS
RETIREMENT
AFTER RETIREMENT CAN I AFFORD TO LIVE COMFORTABLY W/O WORKING PART-TIME
NOT ENOUGH MONEY FOR MORE TRIPS
BEING FRUGAL ALL MY LIFE AND NOW ALL THE FUNDS WILL BE DEPLETED.
INCOME (LOW)
LOWERED INCOME DUE TO BUSINESS SLOWDOWN
DON'T SEEM TO BE ABLE TO SAVE MONEY ANYMORE
COST OF GASOLINE & FOOD. PHYSICAL HEALTH & MENTAL HEALTH.
WORRY ABOUT FUTURE FINANCES FOR MYSELF AND HUSBAND
WORRY ABOUT MONEY
DEPENDENCE ON FINANCIAL SUPPORT FROM SON
CAN I AFFORD RETIREMENT?
WHERE TO GET VACATION MONEY
WILL MY SAVINGS LAST ALL MY LIFE
MY HUSBAND 64 IS UNDEREMPLOYED- INCOME CANNOT PAY OUR BILLS, HAVE TO PAY INS.
DON'T HAVE ENOUGH MONEY TO PAY THE RENT
INSUFFICIENT INCOME
WE HAVE RENTAL PROPERTIES OUT OF STATE THAT CANNOT BE RENTED.
INVESTMENTS/SAVINGS AREN'T EARNING ENOUGH
LOW RETURN ON 401K/IRA'S
NO INCOME FROM SAVINGS
NEVER ENOUGH MONEY TO COVER EVERYTHING
MEETING MY MONTHLY OBLIGATIONS
MAJOR HOME REPAIRS
NEED OF INCOME
MONEY
INCOME
MONEY TIGHT
MONEY, WISH I HAVE THE MONEY TO FILL ALL THESE ENVELOPES ASKING FOR DONATION
LACK OF FUNDS
I HAVE WORK. SS IS A SUPPLEMENT- NOT ENOUGH SAVINGS IF I LIVE TO 90
INCOME
MONEY
NEED FOR MORE MONEY
LACK OF ENOUGH INCOME TO PAY BILLS
MAKING ENOUGH MONEY TO BE ABLE RETIRE AND MAINTAIN QUALITY OF LIFE
MONEY
OVERWORKED & UNDERPAID (STATE WORKER)
HAVING TO WORK SO MANY HOURS
HAVING TO WORK
RUNNING OUT OF MONEY
INCOME
MAKING MY BILLS ON TIME
NOT HAVING ENOUGH MONEY FOR PERSONAL THINGS
INCOME
WORRYING ALL THE TIME ABOUT LACK OF AMPLE FUNDS
FINANCIAL PROBLEM
LACK OF FUNDS TO TRAVEL MORE TO VISIT GRANDCHILDREN.
OUTLIVING MY BELOW-MODEST INCOME. NOT INTERESTED IN REVERSE MORTGAGE
INCOME
EMPLOYMENT/INCOME TOO LITTLE
GETTING ENOUGH MONEY - LIVING IN CALIFORNIA IS EXPENSIVE
PAYING FOR OUR FUNERALS
WANT TO RETIRE BUT CAN’T AFFORD HEALTH CARE INSURANCE
FINANCIAL FUTURE
I HAVE NO PROBLEMS; HOWEVER, I WISH I HAD MORE MONEY TO TRAVEL OUTSIDE U.S.
ECONOMY IMPACT ON INVESTMENT
NOT HAVING ENOUGH INCOME
CAN'T AFFORD TO BUY A HOME
HAVE TO KEEP WORKING
BEING ABLE TO KEEP 2 JOBS FOR $4
NOT ENOUGH MONEY
SOMETHING CONCERNED WITH THE ABILITY TO EARN ENOUGH TO COVER EXPENSES
INCOME
MY HUSBAND IS 77 & HAS HEARING DIFFICULTY, WE CAN'T AFFORD HEARING AIDS.
TO TRAVEL $ OR VOLUNTEER
NOT ABLE TO AFFORD TO STAY IN OUR HOME
BE CAREFUL OF SPENDING MY MONEY
MAKING ENDS MEET
HAVING ENOUGH MONEY WHEN I HAVE TO STOP WORKING.
WITH MEDICAL, FAMILY AND SOCIAL SECURITY I GET BY
LOSS OF INCOME WHEN I RETIRE
WORKING 2 JOBS
RECESSION - LOSS OF SAVINGS
MAKING ENOUGH MONEY TO AFFORD TRAVEL
NEED MORE FINANCES
WORRY ABOUT NOT RUNNING OUT OF MONEY IN THE FUTURE SHOULD SSI BE LOST.
WORKING FOR NEED OF MONEY
WORK INCOME RATE
TO MAKE THE MORTGAGE AND THIS IS DIFFICULT TO DEAL WITH.
SECURITIES ARE DIMINISHING
SAVING & INVESTMENTS TOOK TERRIBLE RECESSION HIT.
RUNNING OUT OF MONEY
RUNNING OUT OF MONEY
RETIRE BUT WORK PART TIME & I COULD USE MORE WORK
POR MI EDAD CREO QUE YA NO PUEDO TRABAJAR 40 HRS.
NOT HAVING ENOUGH MONEY TO ALWAYS TAKE CARE OF THE EXPENSES
NOT HAVING ENOUGH INCOME FOR A NORMAL LIFE
NOT ENOUGH MONEY TO DO THE THINGS I LIKE
NOT BEING ABLE TO HAVE MY CAR SERVICED PROPERLY DUE TO MONEY & ISSUES
NOT BEING ABLE TO AFFORD HEALTH COVERAGE
NO EXTRA MONEY
NEED SHOES
NEED MORE INCOME
MY SHRINKING RESOURCES
MY FIXED INCOME DOES NOT KEEP UP WITH THE ABOVE.
MONEY
MONEY
MONEY
MAKING ENDS MEET ON FIXED INCOME
LOSING MY INCOME
LIVE ON MY INCOME
INCOME LEVEL, U.S. EVER INCREASING COSTS.
INCOME
INCOME
I HOPE THE SOCIAL SECURITY EVERY YEAR ROSE
GETTING ANNUALLY PRICED INSURANCE FOR FAMILY
FUTURE INCOME
FUTURE $ CONCERNS
FINANCIAL FUTURE. HOW MUCH LONGER I NEED TO WORK TO BE FINANCIALLY...
SECURE
4 EXPENSES - MY DAUGHTER PAYS 90% OF OUR MONTHLY BILLS.
4 DIPPING INTO SAVINGS TO MAINTAIN MODEST LIFESTYLE
4 COULD USE A LITTLE MORE MONEY
4 COST OF TRANSPORTATION
4 COST OF FOOD/GAS
4 COST OF EVERYTHING
4 CONSISTANT INCOME
4 CAN'T RETIRE HERE BECAUSE OF RENT/CAN'T AFFORD TO MOVE MY HOUSE
4 CAN'T AFFORD TO STOP WORRYING W/LONG COMMUTE
4 CAN'T AFFORD TO GO TO THE OPERA
4 CAN'T AFFORD HELP OR PLACE FOR MY MOTOR HOME
4 CAN NO LONGER AFFORD OPERA TICKETS
4 CABLE $65 A MONTH, NO DISCOUNTS. CAN'T PAY, I'M STUCK ON CHANNELS 2-22
4 ALWAYS SHORT OF MONEY
4 AFFORDABLE HOUSING
4 TO NEED TO GET A WILL/TRUST DONE. I AM BLESSED AND KNOW IT!
5 CANCER DESARROLLADO
5 VEJEZ Y PERDER DIA A DIA LA VITALIDAD
5 MIS DOLORES DE ARTRITIS
5 INFECCION DE VEJIGA
5 ENFERMEDAD. CANCER DE MAMA AHORA EN REMISION
5 CANSANCIO Y DOLOR EN MIS HUESOS
5 ESTOY BIEN PUES TENGO MEDICAL Y MEDICARE POR LO QUE PUEDO CURAR ENFERMEDADES

5 LIVING TOO LONG
5 DIABETIC
5 A MEDICAL PROBLEM THAT IS GRADUALLY IMPROVING
5 DIAGNOSED W/ALZHEIMERS 1 1/2 YEARS AGO
5 LACK OF SLEEP AT NIGHT
5 WEIGHT (EATING PROBLEMS COMPULSIVE EATING)
5 PAIN, PAIN, PAIN
5 I HAVE A LIFE ALERT PENDANT & MACHINE
5 HIP REPLACEMENT 1 1/2 YRS AGO - NO PROBLEM EXCEPT ON LENGTHY WALKS.
5 NOT ORGANIZED OR READY FOR RETIREMENT FINANCIALLY OR INSIDE HOUSEHOLD.
5 DENTAL CARE
5 LACK OF VISION AND DEPRESSION
5 ORTHOPEDIC ISSUES
5 SLOWLY PROGRESSING PARKINSON'S
5 HEALTH CONCERNS FOR MYSELF AND MY HUSBAND
5 LACK OF ENERGY
5 HAVE PROSTATE CANCER
5 HAVE PROSTATE CANCER
5 PAIN FROM BACK OF NECK, SHOULDER, HIP, KNEES & ANKLES AND CHEST PAIN
5 WHEN I AM SICK
5 ARTHRITIS
5 BACK PAIN
5 HEARING
5 DIABETES
5 RIGHT ARM IS NOT USEABLE
SORE FEET
BLIND
I AM A SK AMPUTEE (RIGHT LEG) & HAVE HAD 2 RIGHT SHOULDER REPLACEMENT SURG.
THINNING GREY HAIR
OLD AGE
FRAGILITY. IE: AGE; LONELINESS
HEARING - WEAR 2 HEARING AIDS
PHYSICAL DISABILITIES
MEDICAL CONCERNS
HEALTH
GETTING OLDER
ENFERMEDAD
HEALTH
PROSTATE CANCER
HEALTH. VISION PROBLEMS. NIGHTTIME FREEWAY DRIVING
BACK PROBLEMS
EMPHYSEMA (SHORTNESS OF BREATH)
HARDENING OF ARTERIES
MY HEALTH MAY DETERIORATE
BACK PAIN
DISABLED-POLIO; INCREASING MEDICAL PROBLEMS
DETERIORATING HEALTH
ARTHritis PAIN
SLOW RECOVERY FROM 3 RECENT BACK SURGERIES
SOME SMALL HEALTH ISSUES
SLEEP
HAVING CHEST PAIN & PALPITATIONS THAT HINDER ME TO DO WORK.
CHRONIC ILLNESS
RECOVERING FROM CANCER TREATMENT
DEGENERATIVE DISC DISEASE
PERSONAL HEALTH
MEDICAL PROBLEMS-HEARING, LEFT SHOULDER, BOTH KNEES AND VASCULAR
THE HEALTH: DIABETES - HIGH BLOOD PRESSURE - ALLERGIES
CANCER
MEDICAL
ARTHRITIS
HAVE A BAD BACK
GETTING OLDER
POOR HEALTH
NEUROPATHY
HAVE PROSTATE CANCER
MY PHYSICAL HEALTH: DIABETIC, HIGH BLOOD PRESSURE ETC.
INCREASING PROBLEMS OF "OLD AGE"
MEDICAL-FOR NOW OK-SOON WILL NOT BE EASY.
HEALTH
HEALTH
HEART PROBLEMS
HEALTH
NEUROPATH (LEGS)
LOWER BACK
NORMAL AGING BOYD. JOINTS
EXTREME HEALTH PROBLEMS/AORTIC VALVE REPLACEMENT
GETTING OLDER EACH DAY.
RECENT MEDICAL PROBLEMS - CANCER
ARTHRITIS ON MY LEFT KNEE
GETTING OLD
ARTHRITIS - VERTIGO
HEALTH DEGENERATION
BAD BACK. HOPEFULLY IT WILL BE CORRECTED BY OPERATION FEB. 14, 2012
LIMITED EYE SIGHT. MACULAR DEGENERATION
HEARING DIFFICULTIES
SHOULDER ISSUES
OLD AGE
BACK PAIN
DIFFICULTY HEARING
HEALTH CONDITIONS
CHRONIC COUGH
NEED FOR REASONABLE HOME HEALTH AIDE IN THE FUTURE.
BODY PRODUCING INSUFFICIENT OXYGEN (OFFSET BY EQUIPMENT)
HEALTH
HEALTH
I HAVE COPD & ASTHMA, CAN BE SCARY AT TIMES
COPD
HEARING LOSS
MEDICAL
NOT BEING ABLE TO SEE (BLIND)
BEING OLD
CHEWING FOOD, FEWER TEETH
HAVING A HEARING PROBLEM
CHRONIC BACK PAIN
HEART PROBLEM
HEALTH ISSUES
HEALTH ISSUES
HEALTH (SEX)
MEDICAL CARE
HEALTH
HEALTH
HEALTH
KIDNEY FUNCTION
I WORRY THAT I WILL NOT BE ABLE TO STAY LIVING ALONE.
PROSTATE CANCER. PROSTATE REMOVED. HIP BAD
RHEUMATOID ARTHRITIS - MAJOR IMPACT IN MY LIFE
HEALTH
HEALTH
WEIGHT
PHYSICAL PAIN
GETTING OLD
MY EYE SIGHT
ARTHRITIS
EYE SIGHT
CANCER
FATIGUE - UNABLE TO KEEP HOME CLEAN
PAIN
DECLINING STRENGTH
HEALTH CARE
MEDICAL NEEDS
HEALTH ISSUES
STENOSIS OF THE SPINE
SWALLOWING PROBLEMS
DETERIORATING HEALTH
HEALTH PROBLEMS
SHOULDER ARTHRITIS
SLOWLY ADVANCING PARKINSONS
ENERGY (MINE)
STAYING UPBEAT AS I BATTLE TERMINAL CANCER
HEALTH
ON GOING POST SHINGLES PAIN
DOLOR EN LAS RODILLAS
POST HERPETIC NEURALGIA (SHINGLES PAIN)
DIZZINESS & HEADACHE
LUNG CANCER
SALUD
FAILING EYESIGHT
BAD BACK
BAD LOWER BACK
TROUBLE BREATHING, I AM ON OXYGEN.
SLEEPING WELL
BAD KNEES
LOWER BACK PROBLEMS (HAD OPERATIONS)
GETTING OLD
ACHES & PAINS
MEDICAL: ARTHRITIS NO CURE/COLITIS NO CURE
MY HEALTH - HEART - G.I.
HEALTH
INSOMNIA
SIGHT
HEALTH
ARTHRITIS
HEALTH/WEIGHT ISSUES
HEALTH, IN SEVERE BACK PAIN. USE WALKER W/WHEELS TO GET AROUND.
I HAD A STROKE AND CANNOT DRIVE BECAUSE OF IT. MAJOR BACK PROBLEMS.
HEALTH ISSUES & LOSING RENT CONTROL
HEALTH ISSUES & BEING BROKE ON SSI
LACK OF THE ENERGY THAT I USED HAVE
ARTHRITIS
BEING go
BRAIN STEM DAMAGE
HEALTH
PAIN FROM ARTHRITIS
PHYSICAL PAIN
TENGO ALTA PRESION
I'M A CANCER PATIENT, HOWEVER WITH MY STRONG FAITH IN GOD, I'M SURVIVING
CAN'T SEE VERY WELL
WHETHER TO HAVE KNEE SURGERY OR TRY STEM CELL THERAPY
BEING MADE TO FEEL OLD - LIKE GETTING THIS SURVEY!
BACK PAIN (HOWEVER JUST GOT NEW MATTRESS TO HELP)
I HAVE HEALTH PROBLEMS THAT OCCASIONALLY GET ME DOWN
MINOR, BUT TREATABLE, HEALTH ISSUES
SOME ARTHRITIS & FOOT PROBLEMS
MACULAR DEGENERATION, NOT SERIOUS YET.
BACK PAIN & KNEE AND JOINTS PROBLEMS
HEALTH ISSUES
FEAR THAT I WON'T BE ABLE TO TAKE CARE OF MYSELF.
NEUROPATHY IN FEET AND HANDS
HEALTH-RHEUMATOID ARTHRITIS
HEALTH
MY HEALTH
BEING OLD
OCCASIONAL LACK OF SLEEP
HEALTH - BAD BACK
HEALTH
POTENTIAL FUTURE SURGERY FOR ABDOMINAL AORTIC ANEURYSM
BAD KNEES
MY ARTHRITIS. SPINAL STENOSIS
HEART
KNEE REPLACEMENTS
HEALTH
BACK PAIN
HEARING
MY HEALTH
MY ARTHRITIS AND OSTEOPOROSIS
GROWING OLD
GETTING OLD
BALANCE
KNEES
LOW BACK DISCOMFORT
BACK PROBLEMS WHEN LIFTING
PROBLEM SLEEPING
MY HUSBAND & I ARE LIKE OLD CARS. EVERYTIME WE GO TO THE DOCTOR HE FINDS MORE THINGS WRONG
ARTHRITIS
HEALTH ISSUES FROM CANCER TREATMENTS
BEING A DIABETIC
BACK PAIN
HAND TREMOR
HEARING - I CAN ONLY HEAR 20%
ALWAYS FEELING TIRED
EL OJO IZQUIERDO NO ME SIRVE Y EN EL DERECHO TENGO GLAUCOMA
CHRONIC BACK PAIN FOR FEMALE
MEDICAL. RLS. LACK OF ENERGY
OLD AGE
SINUS HEADACHES
HEALTH
MY BACK ISSUE
HEALTH
HEALTH
I HAVE FERRONYSIA AND BACK & NECK PAIN
MI SALUD
SALUD
EMOTIONAL PROBLEMS IN MARRIAGE
ARTHRITIS Y OSTOPOROSIS. GASTRITIS Y ANSIEDAD
LA SALUD
GETTING OLD
HEARING LOSS
ARTHRITIS
BURN KNEE
MOTIVATION TO GET THINGS DONE. NO DEADLINE - NO RESULTS
PAIN
HEALTH
ISSUES I HAVE WITH TESTRICTINE LUNG DISEASE
ARTHRITIS
AGING & HEALTH PROBLEMS
HEARING & UNDERSTANDING
HEALTH CARE
AGE - 94
PRESCRIPTIONS
BACK PROBLEMS
VISUAL LOSS. I AM LEGALLY BLIND BUT ADJUSTED
NONE - GROWING OLD MAYBE
LESS ENERGY
CELIAC SPRUE DISEASE
AGING
30 LBS OVERWEIGHT
CONSTANT DIZZINESS
ARTHRITIS - BACK PAIN
NORMAL AGING EFFECTS ON BODY
GENERAL HEALTH
NECK
GETTING OLDER
SOME HEALTH ISSUES
MACULAR DEGENERATION
SALUD
WOULD LIKE TO BE ABLE TO GET ANOTHER SET OF DENTURES AND WITH COMPUTER
WORRY ABOUT FUTURE HEALTH FOR MYSELF AND HUSBAND
WORRIED ABOUT FUTURE & HEALTH
WHEN THE PAIN FROM MY LEG STARTS AND GOES UP TO MY HIPS
WEIGHT
WEAKNESS
VISION - CATARACTS
VISION
TIREDNESS
THE SPEEDING UP OF THE PASSAGE OF TIME
SORE FEET
SINUS PROBLEMS
SHORTNESS OF BREATH
SCIATICA
RIGHT ARM HAS NERVE DAMAGE & IS ONLY ABOUT 10% USABLE
REPLACING BAD PACEMAKER
REDUCTION IN PHYSICAL STRENGTH & JOINT DISCOMFORT
POOR HEARING TO MAKE & TO RECEIVE COMMUNICATION BY PHONE.
POOR EYESIGHT
POOR EYE SIGHT
PHYSICAL PAIN AND PHYSICAL LIABILITIES FROM INSURE
PAIN IN THE LEGS
PAIN CONTROL
PAIN
PAIN
OUR DENTAL, VISUAL AND EAR PROBLEM NEED SOME ADDITIONAL HELP
OLD AGE
OLD AGE
NOT ENOUGH ENERGY FOR EVERYTHING I WANT TO DO.
MY OWN HEALTH
MY LIVER
MY HEALTH
MY FREQUENCY OF URINATION
MOTIVATION TO BE ACTIVE
MINOR HEALTH ISSUES
MINOR ACHES & PAINS FROM YOUTHFUL SPORTING INJURIES
MIGRAINE
MEDICAL/DENTAL/VISION
MEDICAL ISSUES
MEDICAL ASSISTANCE
MAINTAINING HEALTH
MAINTAINING A NORMAL BLOOD PRESSURE.
LOWER BACK PAIN
LOSS OF APPETITE
LEGALLY BLIND
LACK OF ENERGY
JOINT PAINS
JOINT PAIN
INTERMITTENT SHOULDER PAIN
INCONTINENCE
ILLNESS
I WISH THERE WAS A DERMATOLOGIST & OTHER SPECIALISTS IN RAMONA
HIGH BLOOD PRESSURE
HEART PROBLEMS
HEART
HEARING LOSS
HEARING LOSS
HEARING AIDES
HEARING
HEALTH PROVIDER
HEALTH PROBLEMS
HEALTH ISSUES ARTHRITIS/ASTHMA ETC.
HEALTH ISSUES
HEALTH (LIVING ALONE)
HEALTH
HEALTH
HEALTH
HEALTH
HEALTH
HEALTH
HEALTH
HEALTH
HEALTH
HEALTH
HAVING TO TAKE A LOT OF MEDS
HAVE DIABETES - IT IS UNDER CONTROL
HAVE COPD
GETTING OLD
GETTING OLD
FUTURE MEDICAL PROBLEMS - NONE NOW.
FINDING A DOCTOR WHO CAN HELP WITH MEDICAL PROBLEM
FIBROMYALGIA
FAILURE OF MEDICAL CARE TO IMPROVE KNEE PROBLEMS
FAILING EYE SIGHT
EXTREMELY DRY EYES & OTHER EYE PROBLEMS
EATING
EAR RINGING AND VERTIGO
DIZZINESS
DIZZINESS
DISEASE
DISABILITIES
DIALYSIS/DIABETES
DIABETES (BUT UNDER CONTROL)
DIABETES
DIABETES
DENTAL WORK
DENTAL NEEDS
DENTAL CARE
DENTAL
DEFECTIVE HEART VALVE
DEALING WITH PAIN & DISCOMFORT FROM HAVING BOTH KNEES REPLACED
CORONARY DISEASE
CONSTIPATION
CONCERNED ABOUT HEALTH & AGING & NOT SEEING MY FAMILY ENOUGH.
COMPLICATIONS FROM FALLS & INJURIES, ARTHRITIS, BEING TOO BUSY.
CARDIAC CONDITION
BODY PAIN ESPECIALLY AT MY KNEES
BLADDER CANCER
BEING IN PAIN AND TAKING PAIN MEDICINE
BAD LEFT KNEE
BAD KNEES
BAD KIDNEYS. 1 KIDNEY WORKS AT 20%; OTHER NOT WORKING
BAD FEET
BACK PROBLEMS
BACK PAIN
BACK PAIN
BACK PAIN
BACK PAIN
ATHEROSCLEROSIS
AS I AGE HEALTH CARE & HEALTH PERSONAL CARE & HOUSEKEEPING
ARTHRITIS, KNEE PAIN
ARTHRITIS PAIN
ARTHRITIS IN HANDS AND SCIATIA IN RIGHT LEG
ARTHRITIS - ALL JOINTS
ARTHRITIS
ARTHRITIS
ARTHRITIS
ARTHRITIS
ALLWAYS TIRED
ALCOHOLISM
ALCOHOL CONSUMPTION
ALCOHOL CONSUMPTION TOO GREAT
AGENT ORANGE EFFECTS FROM VIETNAM
AGE
ACHES & PAINS
6 NO ME GUSTARIA PARAR EN UN ASILO, NO SABRIA TOMAR MEDICAMENTOS, NO SE LEER.
6 BATH
6 SOURCES FOR SENIORS TO FIND JOBS IF WILLING TO WORK.
6 DISILLUSIONMENT
6 I GET SAD WHEN MY RENTERS DON'T PAY RENT.
6 CONCERN ABOUT NEIGHBORS THAT GOSSIP & CREATE Destructive PROBLEMS
6 HOW MUCH LONGER CAN I GO ON AS NOW-WITH GOOD HEALTH-FAIR INCOME.
6 MY FUTURE OF THE USA (THE FUTURE OF USA)
6 YO SOLO QUERIA LOS PRIMEROS DIAS DESPUES DE LA CIRUGIA.
6 WHAT WILL HAPPEN IF I BECOME INCAPABLE OF CARING FOR MYSELF?
6 TO SHARE THE FRONT BEDROOM IN MY TOWN HOME WITH THEIR DAD.
6 SCAMS OF ANY TYPE - THE USUAL VICTIMS ARE THE ELDERLY
6 POLITICAL CORRECTNESS - WHO ARE YOU FOOLING?
6 DOG GROOMING
6 READ
6 THE FUTURE
6 GETTING OLD!
6 OFF ROAD VEHICLES IN AREA.
6 HOUSE CLEANING
6 QUESTIONNAIRES
6 TURNING KING SIZE MATTRESS
6 DOING LAUNDRY
6 DOING HOUSE WORK
TRASH NEIGHBORS
SLOTH
MY NEIGHBOR - DIED 18 MAY AND COMEBACK TO LIFE 20 MAY
GANG ACTIVITY
APPETITE AND CHOICE OF FOOD TO EAT.
NOT ENOUGH TIME FOR EVERYTHING I WANT TO DO.
NOT ABLE TO COOK
YO FUI A LA ESCUELA HASTA 4TO GRADO DE PRIMARIA.
WORK LOAD.
ENGLISH SKILL
I CAN'T TAKE CARE OF MYSELF AND NEED MY DAUGHTER'S HELP.
GETTING COMMITTED TO TOO MAY ACTIVITIES
COOKING
TOO BUSY
NOT ENOUGH TIME FOR EVERYTHING I WANT TO DO.
NOT ABLE TO COOK
YO FUI A LA ESCUELA HASTA 4TO GRADO DE PRIMARIA.
WORK LOAD.
ENGLISH SKILL
I CAN'T TAKE CARE OF MYSELF AND NEED MY DAUGHTER'S HELP.
GETTING COMMITTED TO TOO MAY ACTIVITIES
COOKING
TOO BUSY
NO EDUCATION, CANNOT WRITE OR READ GOOD.
NO ACCESS TO LEGAL SERVICES TO SUE MY LENDER
MANAGING & BALANCING MY EXERCISE SCHEDULE
YARD MAINTENANCE
GETTING MY HOUSE WORK DONE
NOT BEING ABLE TO GO TO MY CHURCH MTG IN PEACE.
NEED MORE VACATIONS
LACK OF TIME
WEATHER
PROBABILITY OF BEING SCAMMED
DEALING WITH WORKMEN I HIRE.
FILLING OUT QUESTIONNAIRES!
MAJOR HOME REPAIRS-FINDING TIME TO WORK ON, OR RELIABLE CONTRACTORS.
BATTERY BY NEIGHBORS
GETTING RID OF LIFELONG ACQUISITIONS-TOOLS ETC.
GETTING A CITY PERMIT FOR MUD SLIDE.
MINDLESS, USELESS, WASTEFUL PROJECTS LIKE THIS.
DEALING WITH THE NEGATIVE EFFECT OF AGE DISCRIMINATION.
DON'T LIKE TO COOK ANYMORE. WANT QUALITY PREPARED FOODS
SEXUALLY INADEQUATE
NOISY NEIGHBORS!
EXPOSURE TO ELECTRO MAGNETIC FIELDS
FUTURE LONG TERM CARE
APPROACHING DEPENDENCE OR INABILITY TO GET AROUND
FILLING OUT THE QUESTIONNAIRES
AT THIS TIME: THE BATH TUB & LOW COMMODE
GETTING MY HOUSE CLEANED
UNNECESSARY WORRY!
AGEING
STUPID & NOSEY NEIGHBOR NEXT DOOR
GRAVITY
JUST KEEPING UP WITH DAILY LIVING.
TWO ACTIVE, STRONG, INTELLIGENT CATS - HALF BENGALS
UNABLE TO DO NEEDED WORK
BECOMING A "UNIT" (OTHER THAN A PATIENT) AS PROPOSED BY THE HEALTH CARE PLAN
GETTING TOO MANY DAMNED REQUEST FOR DONATIONS BY SOLICITORS.
LANGUAGE
CRIME
MY WEIGHT
MY INABILITY TO GET THINGS FIXED (ALWAYS!)
SHORT-TERM (5 MIN) HELP MOVING THINGS.
PEOPLE
NOT ENOUGH TIME!
HAVING ENOUGH TIME TO FULFILL RESPONSIBILITIES
NOT ENOUGH TIME TO DO EVERYTHING I WANT TO DO
FINDING TIME TO DO EVERYTHING I WANT TO DO
EXCESSIVE SURVEYS (JUST KIDDING)
PARKING - DUE TO CAMPERS, SPORTS ARENA EVENTS LACK OF HANDICAP SPACES.
NOT MUCH TO LOOK FORWARD TO
TIME TO ENJOY ALL LIFE'S BLESSINGS
SOMETIMES FEAR OF THE FUTURE
ABUSED CHILDREN AND WOULD LIKE OFFENDER ARRESTED
BEING A CARE GIVER
WORRY ABOUT NOT BEING ABLE TO CARE FOR MYSELF.
FINDING TRUSTWORTHY REPAIR SERVICES
HAVING ENOUGH HOURS IN A DAY TO COMPLETE ALL THE CHORES I WISH DONE.
NEIGHOR'S DOGS BARKING
FEAR OF HOME INVASION
GOLF SCORES ARE TOO HIGH!
CLEANING UP HOUSE
FUTURE
JUNK MAIL - LIKE THIS
YARD UPKEEP
WRITER'S BLOCK
WRITE
WORRY ABOUT CARING FOR MYSELF
WHERE TO GO ON VACATION NEXT.
UNLAWFUL CASINO NEXT DOOR.
TOO BUSY - ENOUGH LEISURE TIME
TIRE MORE EASILY
TELEMARKETERS
TAKING TRASH CAN DOWN STEP DRIVEWAY
TAKING OUT TRASH
TAKING CARE OF SELF IN MY HOME
TAKING CARE OF MYSELF WHEN OLDER
TAKING CARE OF EVERYTHING ELSE.
SOME VISION TROUBLE
SHOPPING
SELFISHNESS
RESPITE
PROPERTY VALUE
PEOPLE OF DIFFERENT CULTURES NOT OBEYING CURRENT LAWS/ETHICS
PAPER WORK REGARDING ABOVE DEATH
OLD AGE
NOT KEEPING UP WITH THE NEW TECHNICAL AGE.
NOT ENOUGH TIME TO DO ALL THAT I WANT TO DO.
NOT ENOUGH TIME FOR MYSELF.
NO TIME FOR MYSELF
NO SEX
NO HELP TO DO THE HOUSEHOLD WORK
NEED ASSISTANCE
MY BROTHER DOES NOT HELP AND HE'S A DOCTOR!!
MAINTAINING CLEANLINESS IF BECOME MORE HANDICAP
LACK OF SERVICES IN RURAL SD COUNTY
LACK OF ENTHUSIASM
KEEPING UP W/TECHNOLOGY
INABILITY TO ACCESS BUSINESS (LENDING) COMMUNITY
I WOULD LOVE TO FIND A GOOD, DEPENDABLE HANDYMAN.
HOPE TO AGE GRACEFULLY
HAVING A CONVERSATION WITH MY HUSBAND.
HAULING
HANDLING SHOPPING, DOCTOR VISITS ETC.
HABLAR POR TELEFONO PORQUE MI PRONUNCIACION NO ES MUY BUENA.
GOING TO CHURCH AND THE ACTIVITIES ONE INVOLMENT
GETTING OLD - I WISH I WAS LIVING A MORE USEFUL LIFE.
FINDING SOMEONE TO DO THE WORK CORRECTLY & HONESTLY.
FINDING PEOPLE THAT DO A PROPER JOB
FINDING GOOD BEEF.
FINDING ENJOYMENT IN LIFE
FIND GOOD HANDY-MAN AND/OR REPAIR MAN.
FEAR OF DEVASTATING ILLNESS THAT MIGHT OCCUR
DOING LAUNDRY
DEPENDENCE ON OTHERS
CRIME IN SAN DIEGO
COULD USE HELP WITH LEGAL PROBLEMS
COOKING/CLEANING/YARD WORK
CONCERN FOR FUTURE CARE
CLEANING THE HOUSE
BEING INDEPENDENT
AVOIDING FLUORINATED WATER.
ASSIST ANIMAL AGING
ANGER ISSUES
NONE THAT I WISH TO WRITE IN A SURVEY
I HAVE BEEN BLESSED WITH EXCELLENT HEALTH A LOVING FAMILY AND TWO GRANDCHILDREN
ME GUSTARIA ASOCIARME A ALGUN GRUPO DE PERSONAS DE LA TERCERA EDAD PERO NO CONOZO A NADIE QUE ME ORIENTE.
EN OCTUBRE CUMPLE 34 ANOS, SOY CIUDADANA DE LOS ESTADOS UNIDOS
HOPE SOMEBODY WILL HELP US (OLD PEOPLE) TO TALK TO OWNER OF OCEAN BLUFF PLACE.
IT WOULD BE GOOD TO KNOW WHY THIS SURVEY IS BEING CONDUCTED, WHERE YOU GOT THE FUNDING FOR IT, AND WHAT WILL HAPPEN WITH THE RESULTS.
HOPEFULLY I WON'T NEED TO BE IN A WHEELCHAIR, WHERE I CAN'T BE INDEPENDENT.
THIS IS SECOND RESPONSE
I THINK I ANSWERED THIS SURVEY PREVIOUSLY. QUESTION 22 DID NOT REFLECT MY STATUS AS A RETIREE WHO WORKS PART TIME AND ALSO I TEACH AS A SUBSTITUTE.

TRAVEL WAS BENEFICIAL

I WANT TO SEE PLACES; BUT SHORT OF MONEY.

THIS SURVEY WAS SENT TO MY HUSBAND (84) BUT HE CANNOT READ, WRITE OR SPEAK, SO I FILLED IT OUT FOR HIM (73).

WHERE DOES THIS GO?

THIS IS THE FIRST TIME I HEARD ABOUT YOUR ORGANIZATION. PLEASE PUBLISH WHAT KIND OF SERVICES ARE AVAILABLE.

UNEMPLOYMENT & SLOW ECONOMIC GROWTH IS A PROBLEM.

GETTING OLD AIN'T FOR WINYSS

THIS IS MY SECOND SURVEY

I LEFT WORK RECENTLY AND I AM TRYING TO ADJUST TO IT. I WORKED ALL MY LIFE & IT IS A BIG CHANGE & I HAVE HAD SOME PROBLEMS

COUNSEL W/MY RETIREMENT COMMUNITY OFFICIALS

I FEEL SORRY FOR OLD PEOPLE WHO ARE POOR AND LONELY

PLEASE CONTINUE HELPING PEOPLE WITH LOW INCOME LIKE ME. SOMEDAY I MIGHT ASK HELP

CON MI HIJA Y MI NIETA

LAW ENFORCEMENT OF NO OUTSIDER PARKER IN OUR AREA ON CHANNEL WAY & HANCOCK. MOST OF US ARE SENIORS CITIZENS, A LOT WITH HANDICAP STICKERS.

YOU SHOULD PROOF READ, LOTS OF MISTAKES.

NEED ROVING SECURITY

SENIOR SERVICES & RESEARCH DONE FOR ELDERLY PARENTS.

CRIME IN FALLBROOK IS RISING AND NEEDS LOOKING INTO (THEFT & PETTY I.E. GRAFITTI).

I AM RETIRED GERIATRIC SOCIAL WORKER

IDENTITY THEFT

OUR CHILDREN AND GRANDCHILDREN WILL BE PAYING FOR PEOPLE WHO WON'T WORK.

MORE HELP TO OLDER PEOPLE (LEGAL)

MAYBE IT'S NOT YET TOO LATE TO BRING ALL MY FAMILY HOME TO OUR CREATOR.

MY HOME IS A POTENTIAL "HISTORICAL PROPERTY" SOON TO BE FORECLOSED BY A LENDER WHOSE DOCUMENTS ARE AT ISSUE.

THIS FORM WAS FILLED OUT BY HUSBAND.

WHY A LITTLE GIRL HAS TO SUFFER BECAUSE OF THE REACTION OF HER FATHER.

WHY NO ASK: HOW LONG DO YO EXPECT TO LIVE? (JUST A JOKE)

THIS IS ANSWERED BY WIFE. WANT TO RECEIVE ONE FOR HUSBAND TO FILL OUT.

THIS INFO SHOULD BE KEPT PRIVATE AND UPDATE INFO ONCE A YEAR AND THEN COMPARED.

FORMER HEALTH & HUMAN SERVICES EMPLOYEE - RETIRED FROM SAN DIEGO COUNTY.

VERY PROBLEMATIC, VERY NERVOUS.

COUNTY PARKS & REC NEEDS TO PROVIDE RIFLE-PISTOL-SHOTGUN RANGES FOR USE OF COUNTY RESIDENTS. CHECK OUT LAS VEGAS-CLARK COUNTY RANGE FACILITY.

VERY AWARE OF RAPID TECHNOLOGY CHANGES, CAN'T KEEP UP WITH ALL THE CHANGES. AWARE OF YOUNG PEOPLE'S ABILITY TO COMPREHEND THIS NEW STUFF SO EASILY.

MAYBE I ought TO HAVE WRITTEN #33'S ANSWER HERE!
I worked for the Bureau for the Aging in Nassau County, NY as a Director of a Senior Center and held a BSW degree.

Please, you can only go on welfare for 6 months max only 2 times.

Do or say something good or none at all. Believe you can do.

Check back in ten years.

Arthritis, dificultad para ejercitar.
Improving Health
Overweight & effect on knees/ankles
Lack of exercise
At aging healthy.

Not being physically fit

Keeping healthy
Maintaining health
Overweight
Keeping healthy
Good health

Salud fisica
Eating too much

Exersizing
Lack of excersize. Financial problems

Staying healthy. Not staying sharp of mind

Maintaining health
Weight - going to weight watchers

Honestly, I don't really have a problem, except I need/want to lose weight!

Overweight
If I do not do excercise

Need to exercise more

My weight

No exercise - weight gain
Weight loss
Weight gain
Weight

Weight
Watching weight creep up

Very overweight

Staying healthy as we grow older
Staying healthy

Smoking

Overweight
Overweight

Obesity

Not completely healthy

Making time for exercise and doing it.

Losing good health

Keeping healthy

Keep healthy so I can work

Exercise - getting enough
DECREASING ENERGY & ENDURANCE FOR PROJECTS - WEIGHT CONTROL.
CHEWING TOBACCO
AEROBICS
DOLOR DE CADERA
CUANDO CAMINO TENGO DIFICULTAD Y USO BASTON PARA SOSTENERME
ENFERMARME O CAERME Y QUEDAR INCONCIENTE EN LE BA? O, YARDA ETC.
SE CANSA AL CAMINAR
NOT BEING ABLE TO DO THINGS I USE TO DO
NOT FALLING.
SCRUBBING & WASHING MY KITCHEN FLOOR. IT'S HARD GETTING OFF THE FLOOR.
STILLNESS
WALKING
BALANCE (PHYSICAL)
STANDING
I HAVEN'T ANY BIG PROBLEMS - MINOR PHYSICAL PROBLEMS
WALKING DISTANCES EVEN WITH A WALKER
BACK SURGERIES (2) LONG WALKS
KNEE PROBLEMS
PHYSICAL LIMITATIONS
MOBILITY
WALKING AROUND THE NEIGHBORHOOD
WHEELCHAIR BOUND
BEING AMBULATORY
MI SALUD FISICA
SLOWLY INCREASING LOSS OF MOBILITY
SHAKY WALKING
NOT COMFORTABLE GETTING ON LADDERS FOR REPAIRS
PHYSICAL INABILITY TO DO THE THINGS I USED TO DO
BALANCE (CAN FALL EASY)
AFRAID OF FALLING
DIMINISHING PHYSICAL STRENGTH
PREVIOUS ANKLE FRACTURE OCCASIONALLY LIMITS WALKING.
I'M HAVING BALANCE PROBLEMS DUE TO HEAD INJURY FROM A FALL 9-26-10.
BACKACHE
MOBILITY ACCESS BLOCKED BY MTS & LACK OF ENTRY, PHYSICAL CONDITION OF STREETS
TROUBLE WALKING DUE TO ARTHRITIS IN MY LOWER BACK
FEAR OF FALLING
BATHING
FALLING
I CANNOT STAND LONG THEREFORE I AM NOT ABLE TO COOK - PASSING OUT
BIG PROBLEM WALKING
MOBILITY AND ENERGY
FALLING
WALKING
TROUBLE WALKING QUICKLY
LOSING STRENGTH
NOT BEING ABLE TO STAND, WALK, AND DO ANYTHING AT ALL.
WALKING
BALANCE
PHYSICAL DOWNGRADE
BEING HANDICAPPED
MOBILITY, NEED TEETH!
WALKING & FORGETTING THINGS
NOT ABLE TO WALK WELL
MY FEET & TROUBLE WALKING - ARTHRITIS IN HANDS, KNEES ETC.
PHYSICAL DETERIORATION AS AGING PROGRESSES (NORMAL)
SOME WALKING, GETTING UP AFTER GETTING DOWN TO CLEAN FLOORS.
MILD ARTHRITIS IN HIP AFFECTS TENNIS.
WALKING DUE TO IMBALANCE CAUSED BY INNER PROBLEM
WALKING
WALKING
PHYSICAL LIMITATIONS DUE TO LUNG DISEASE
CANNOT WALK WITHOUT LANE/WALKER
WALKING - CIRCULATION PROBLEM TO LEGS
NOT MOBILE
PHYSICAL HEALTH
PHYSICAL PROBLEMS RELATED TO AGING
NOT BEING ABLE TO DO WHAT I USED TO DO - DON'T HAVE PHYSICAL STRENGTH
LOSS OF BALANCE
FALLING, WALKING
BATHROOM, WALKING
NOT ABLE TO BE AS ACTIVE
FALLING & UNABLE TO HAVE ENOUGH ENERGY
FEAR OF FALLING
WALKING - HIPS
WALKING
BACK & JOINT PAIN
WHICH HINDERS ME TO WORK AND MOVE FREELY
WALKING WITH CANE & WALKER
WALKING - HAVE OSTEO ARTHRITIS IN BOTH LEGS
WALKING
WALKING
THIS CREATES PROBLEMS DURING NORMAL EVERYDAY LIFE.
STANDING IN ONE POSITION
STAIRS-LIVE IN 2 STORIES
SLIPPING OR FALLING. UNEXPECTED HEALTH RELATED ISSUES
POTENTIAL HEALTH PROBLEMS AS I GET OLDER
PHYSICAL WEAKNESS
PHYSICAL PROBLEMS
PHYSICAL AILMENT
NOT BEEN STRONG ENOUGH
NO BALANCE
MY PHYSICAL DIFFCULTY; MY BACK LIMITS MY ACTIVITY
MOVING AROUND
MEDICATION SIDE AFFECTS CAUSE GOUT & MAKE WALKING. GOUT 24/7
MANY PHYSICAL/MEDICAL DIFFICULTIES.
LOSEING STRENGTH ESPECIALLY IN HANDS FOR REPAIR TABLES
LOSEING MY BALANCE EASILY WHEN WORKING IN YARD
LIMITED MOBILITY WALK
LEG AMPUTED ON RIGHT SIDE.
LEARNING TO CARE FOR THE NEEDS OF MY WIFE
LACK OF PHYS. ENERGY
LACK OF BODY STRENGTH & COORDINATION
HARD TIME WALKING
GETTING IN AND OUT OF TUB WITHOUT HELP
FELL TRYING TO GET OUT OF REHAB FACILITY
FALLING WHEN I AM ALL ALONE WHICH IS ALL THE TIME.
FALLING PROBLEM
DRESSING
DIFFICULTY MOVING DUE TO KNEE PROBLEM
CLIMBING STAIRS/BALANCE
CAN'T DO BRISK WALKING (HIP REPLACEMENT PENDING)
BALANCE
BAD BACK, HURST WHEN I WALK
BACK & THIGH STRENGTH
ARTHRITIS (CAN'T BE AS PHYSICAL AS I WOULD LIKE)
AILMENT-PHYSICAL
ABILITY TO WALK UPSTAIRS WITHOUT HAND RAIL
AL RECIBIR UN POCO MAS DE ASISTENCIA PARA PODER SOBRE LLEVAR A CABO LAS
ACTIVIDADES DIARIAS SIN NINGUNA DIFICULTAD.
I ALSO HAVE BALANCE PROBLEMS
I HOPE THERE IS A CURE FOR CRAMPS. WHEN CRAMPS ATTACK ON MY LEGS, MY TOES GOES
BACKWARDS AND I DON'T KNOW WHERE THE PAIN IS COMING FROM.
WEIGHT PROBLEM
MY KNEE REPLACEMENT DIDN'T FIX EVERYTHING. AFTER 5 YRS, KEEN SWELLS AND HURTS
PERIODICALLY.
PREVIOUS CARDIAC PROBLEMS. BYPASS SURGERY DONE 10 YRS AGO.
BEING 83 YEARS OLD, THINKING ABOUT EYEGLASSES AND CATARACTS.
CROUCHING TO TOILET SEAT AND GETTING UP OFF TOILET SEAT
I WILL NEED HELP AFTER KNEE REPLACEMENT (HAVE NO ONE)
I HAVE DEGENRATION ARTHRITIS OF THE JOINTS, SEVERE IN SHOULDERS.HAVE DIABETES,
FUSED BACK, CAN'T BEND OVER.
NEED TO LOSE 50LBS FOR OPTIMAL HEALTH.
I MISS BEING OUT AND ABOUT. I WAS VERY INDEPENDENT.
SPINAL INJURIES (RECENT AS WELL AS OLDER) & GUARDING NOW
I USE WALKER TO WALK, CAN'T SEE THIS FORM VERY WELL, SMALL PRINT.
AT PRESENT I AM CONCERNED ABOUT FALLING AS I HAVE AN EAR PROBLEM.
BROKE HER HIP, GOT SHINGLES AND LOSING EYE SITE AND WE DO ALL OF HER CARE.
One DAY RELIEF FROM TAKING CARE OF MOTHER
MY DAUGHTER & HER FAMILY HAVE TO LIVE WITH. THEY CAN'T TO RENT/BUY A
HOME
GRAND DAUGHTER (8 YRS) WILL NOT GO TO SCHOOL UNTIL HER FATHER COMES
BACK.
CURRENTLY LIVING WITH MOTHER THAT HAS HAD MEDICAL PROBLEMS & FAMILY DEMENTIA

TAKING CARE OF SPOUSE WHEN ILLNESS COMES
I AM SOLE CAREGIVER FOR MY DISABLED SPOUSE
MOTHER WITH DEMENTIA THAT WON'T GO TO A DOCTOR
CARING FOR MY 94 YR OLD FATHER
FRIENDS & FAMILY ILLNESS & DEATHS.
CARE FOR MY HUSBAND WHO IS A STROKE SURVIVOR.
HELPING MY HUSBAND WITH HEALTH PROBLEMS BUT HE IS IMPROVING
ARE FOR APHASIC/APRAXIC HUSBAND
CARING FOR SPOUSE WITH MILD ALZHEIMERS
SPOUSE HEALTH PROBLEMS
MY WIFE BEING WHEEL CHAIR BOUND WITH MS
I FEEL RESPONSIBLE TO MAKE SURE MY BROTHER HAS A HOME TO LIVE
OTHER FAMILY MEMEBER HEALTH ISSUES.
PROVIDING ALL SERVICES FOR MY WIFE BECAUSE OF HEALTH
WIFE'S HEALTH
SPOUSE'S PHYSICAL (& TO SOME EXTENT, MENTAL) CONDITION.
MY WIFE'S HEALTH
TAKING CARE OF MY ELDER PARENTS/MOM, BLIND-DEMENTIA, DAD ON DIALYSIS.
DEMENTIA OF LIFE PARTNER
MY HUSBAND HAS DEMENTIA & PARKINSONS. I VISIT HIM NEARLY EVERY DAY
STRESS. MY HUSBAND IS UNDER HOME HOSPICE CARE & CONSUMES MY TIME & ENERGY
RAISING A 14 YEAR OLD DAUGHTER
HELPING TO CARE FOR OLDER RELATIVES
WIFE'S PARALYSIS
CARING FOR OTHERS
CARING FOR ELDERLY IN-LAWS
MY HUSBAND'S HEALTH (LUNG CANCER)
MY HUSBAND IS NOT IN GOOD HEALTH. NOT ABLE TO DO MUCH.
TAKING CARE OF ELDERLY PARENTS
CHILD COLLEGE EDUCATION
CARING FOR DISABLED HUSBAND
HUSBAND WHO IS DISABLED
KEEPING MY GROWN CHILDREN AFLOAT IN THIS ECONOMY
CARING FOR MY WIFE WITH DEMENTIA
FIND GOOD DOMESTIC HELP TO TAKE CARE OF US (MY WIFE HAS PARKINSON'S DISEASE)
CARING FOR MY 95 YEARS OLD MOTHER
DEALING WITH NEIGHBORS AND FRIENDS WHO HAVE ONSET DEMENTIA/ALZHEIMERS
TAKING CARE OF MY HUSBAND WHO IS IN A WHEEL CHAIR
WORRYING ABOUT THE WELFARE OF MY MENTALLY HANDICAPPED DAUGHTER
WIFE'S HEALTH
WIFE'S MENTAL PROBLEMS AND HER ALCOHOL USE
SPOUSE HEALTH ISSUES
TWO DISABLED ADULT CHILDREN
CARING FOR COLLEGE DAUGHTER WHO IS IN REMISSION
NEED MORE ENERGY WHEN WATCHING GRANDDAUGHTER OF 18 MONTHS
TAKING CARE OF MY 95 YEARS OLD MOTHER 4 DAYS A WEEK
MY PARTNER IS A VIETMAN VET & HAS PTSD. WISH I COULD DO MORE FOR HIM.
BEING A CAREGIVER FOR MY HUSBAND
NOTHING CURRENTLY - HAVE DISABLED SON & CONCERN FOR HIM AFTER I'M GONE
SON DOESN'T WORK STEADY AND ALWAYS WANTS TO BORROW MONEY.
MY HUSBAND IS DEVELOPING ALZHEIMERS
I HAVE A MENTALLY ILL BROTHER WHO NEEDS HELP
NO PROBLEMS. I AM ACTIVE, HEALTHY. LIVE WITH GRANDSON NOW TO HELP HIM OUT
HAVING YOUR HIGHLY EDUCATED SON MOVING BACK IN WITH US DUE TO UNEMPLOYMENT

MY HUSBAND'S HEALTH
WIFE WITH MEMORY PROBLEMS
GRAND CHILDREN - HAVE PANIC ATTACKS CARING FOR MINE
PROVIDING CARE/FINANCIAL ASSISTANCE FOR AN 88 YRS. OLD PARENT WHO LIVES IN ASSISTED LIVING RESIDENCE
HELPING CHILDREN AND GRAND CHILDREN
TAKING CARE OF MY DAD. HE'S 91 YRS. SOMETIMES HARD TO HANDLE
SEEING AFTER MOTHER
PROVIDING CARE AND FINANCIAL ASSISTANCE FOR AN 89 YEARS OLD PARENT
HUSBAND HAS DEMENTIA W/ALZHEIMER'S IN HIS FUTURE. VERY STRESSFUL FOR BOTH
WIFE'S HEALTH PROBLEMS
PAYING HUGE COLLEGE (PARENTAL) LOANS FOR OUR CHILDREN
TO BE ABLE TO CONTINUE ROLE AS CAREGIVER
TAKING CARE OF MY 95 YR OLD MOM
HUSBAND HAS ALZHEIMERS-I AM HIS CARE GIVER, RIGHT NOW THIS MAKE ME A RECLUSE
MY WIFE HAS SHORT TRM MEMORY LOSS
SON'S FINANCIAL STATUS
CARING FOR WIFE
CARE OF SPOUSE WITH DEMENTION
WORRY ABOUT RETIRED SISTER
WILL I BE ABLE TO CONTINUE CARING FOR MY HUSBAND
WIFE HAS DEMENTIA
TOO MANY PEOPLE TO GIVE HELP, MONEY AND PHYSICAL.
TAKING CARE OF MY WIFE - SEMI INVALID
TAKING CARE OF HOME BOUND FRIEND
TAKING CARE OF A HANDICAPPED BROTHER.
TAKING CARE OF 88 YR OLD PARENT
SUPPORTING OTHER FAMILY MEMBERS WHO ARE UNEMPLOYED AT THIS TIME.
STILL FINANCIALLY SUPPORTING CHILDREN
SPOUSE'S HEALTH LIMITS US
SHOWER/BATH/GETTING DRESSED HUSBAND
RESPONSIBILITIES FOR AGING PARENT (OUT OF STATE)
NOT ENOUGH TO HELP CHILDREN & GRAND CHILDREN.
NO PENSION/SAVINGS
MI ESPOSO ES UNA PERSONA DE 8o ANOS Y NECESITA MUCHA AYUDA.
HELPING SUPPORT KIDS AND GRANDKIDS
HELPING MY CHILDREN FINANCIALLY
HELPING CARE FOR 87 YRS OLD MOTHER IN LAW.
HAVING TO SUPPORT MY GRANDDAUGHTER
HAVING MY OLDEST SON LIVING WITH US. HE HASN'T FOR 2 YEARS.
FINDING SUITABLE ASSISTANCE FOR HIM
FINDING QUALITY TIME FOR ME & MY HUSBAND. WE CARE FOR 2 ELDERLY PARENTS
CARING FOR MY HUSBAND WHO HAS HAD 3 STROKES, 3 SEIZURES, 1 HEART ATTACK.
CARE OF SPOUSE
CARE FOR MY DEPENDENT SON
CARE FOR LIVE IN PARENT
85 YEARS OLD MOTHER NEEDS CARE
52 YEARS OLD SON UNEMPLOYED LIVING WITH ME
MY SON'S WIFE DIVORCED HIM AND STOLE HIS $650,000 HOME THAT HE PAID FOR IN FULL WITH HIS OWN MONEY.
TAKING CARE OF GRANDCHILDREN WHO HAVE GRAN MAL SEIZURE AND AUTISM AS WELL AS A SON WHO IS HAVING MULTIPLE SEIZURE DISORDER.
MY DAUGHTER LIVES WITH ME, OTHERWISE MANY OF THESE RESPONSES WOULD BE DIFFERENT.
I'M HELPING MY 77 YRS OLD HUSBAND. SOMETIMES A FEEL OVERWHELMING PHYSICAL AND ECONOMIC.
MY WIFE HAS MS, CHRONES, EYEWIRIST, UVEITIST, OSTEOARTHritis, KIDNEY PROBLEMS.
GETTING HELP FOR MY SON A BETTER GROUP HOME
I'M IN GOOD HEALTH AT THIS TIME, BUT AT 73 I WORRY A LITTLE. MY HUSBAND IS 75 AND HAD CANCER THAT IS IN REMISSION AT THIS TIME.
MY SON LOST HIS JOB-HAD TO MOVE IN WITH ME-CAN'T AFFORD TO BUY MEAT-PAY FOR DENTAL OR EYE CARE.
I HAVE BEEN TAKING CARE OF MY MOTHER AT HOME WHO WAS UNDER HOSPICE CARE AND PASSED TWO WEEKS AGO. ALSO I AM CARING FOR HER HUSBAND.
SON WITH MENTAL DISABILITY
MY SON AND HIS WIFE LIVE WITH ME AND TAKE CARE OF SHOPPING, COOKING ETC. I HAVE A HOUSEKEEPER EVERY 2 WEEKS.
I AM A DIABETIC TAKING INSULIN AND HAD A STROKE IN 2007. MY WIFE IS DIABETIC AND BLIND IN LEFT EYE. I'M BASICALLY HER CAREGIVER EVEN WITH DISABILITIES.
WORK INJURY HAS KEPT ME OUT OF WORK 7 MONTHS
NOT BEING ABLE TO WORK DUE TO CONGENITAL HEART FAILURE
THEY DON'T GIVE HER ENOUGH HOURS A MONTH FOR HER TO TAKE CARE OF ME
HEALTH INSURANCE
DRUG COVERAGE IS LAUGHABLE
COST OF LIVING/MEDICAL COSTS
WILL I BE ABLE TO AFFORD ASSISTED LIVING CARE
FUTURE HEALTH CARES COSTS
MEDICARE DON'T PAY, NOT COVERED WHEN I VISIT FOR COMPLAINT, & I PAY FOR IT.
MEDICAL COSTS/PRESCRIPTIONS
BEING ABLE TO PAY FOR FUTURE MEDICAL CARE
$40 CO-PAY FOR EACH DR'S VISIT
NOT HAVING MEDICAL INSURANCE
NOT HAVING HEALTH INSURANCE
DENTAL, CANNOT AFFORD.
NOT HAVING MEDICAL INSURANCE
MEDICAL/HEALTH COSTS
POTENTIAL MEDICAL PROBLEMS & COSTS.
MEDICAL AND DENTAL CARE
UNCERTAINTY WITH REGARD TO HEALTH CARE IN THE FUTURE
NO MEDICAL INSURANCE - HEALTH PROBLEMS NEGLECTED.
RISING MEDICAL COSTS
PAYING FOR MEDICAL COVERAGE EXPENSE & THE SUPPLY INS
HEALTH CARE
HEALTH CARE PREMIUMS INSURANCE
MEDICAL INSURANCE & US COSTS
MEDICAL COST & NOT COVERED MY MED-CARE (COBRA COVERAGE JUST RUN OUT)
CURRENTLY THE ONLY 2 PROBLEMS I HAVE: DENTAL AND LOTS OF MINOR HOME REPAIRS
COST OF HEALTH CARE
HIGH MED INS PREMIUMS & CO-PAY
FEAR THAT MEDICAL, MEDICARE AND IHHS WILL BE TAKEN AWAY BY BEING REDUCED.
HEALTH CARE VISION & DENTAL CARE
UNABLE TO PURCHASE LONG TERM CARE FOR MY WIFE WHO HAS M.S.
FUTURE OF HEALTH CARE & THE COST
FUTURE COSTS OF HEALTH AND DENTAL CARE
THE COST OF HEALTH INSURANCE IS CRUSHING US
HEALTH CARE
COPAY MEDICARE
CONCERN ABOUT FUTURE COSTS OF HEALTH CARE
HIGH COST OF DENTAL IMPLANTS
CO-PAYS FOR PRESCRIPTION DRUGS
HEALTH INSURANCE
COST OF HEALTH INS
WOULD LIKE ALTERNATIVE MEDICINE COVERED BY MEDICAL, IT'S CHEAPER AND SAFER!
Worry, increases in prices will outpace my income. Won't be able to provide
UNAFFORDABLE HOUSING & MEDICAL INSURANCE
SECURING REASONABLE DENTAL CARE
PRESIDENT OBAMA & HEALTH INSURANCE IS MORE EXPENSIVE.
POOR QUALITY MEDICAL CARE. EVERYONE IN THE SYSTEM
PAYING FOR MEDICAL SERVICES AND MEDICATIONS
NO MEDICAL CARE - NOT AFFORDABLE
NECESITO SERVICIO DENTAL Y LENTES QUE EL MEDI-CAL NO CUBRE
MEDICAL COVERAGE - MEDICAL COST
LOOKING FOR INSURANCE THAT I CAN AFFORD!
LONG TERM HEALTH CARE COSTS
IN-LAWS IN THEIR 80'S & 90'S DEALING WITH MEDICAL, DOCTORS, HEALTH INS. ETC.
INCREASE FINANCIAL SUPPORT FROM LONG TERM CARE PROGRAMS SO SRS.
REMAIN HOME.
I NEED KNEE REPLACEMENT SURGERY & CAN NOT AFFORD PROPER CARE FOR MY HUSBAND
HEALTH INSURANCE (CARE 1ST) EXTREMELY LIMITS MEDS.
HEALTH INSURANCE
HEALTH CARE COSTS
HEALTH CARE
HEALTH CARE
HAVE THE DENTAL PROBLEMS, BUT I CAN'T AFFORD DENTAL CARE
FUTURE HEALTH CARE BENEFITS
EQUITABLE HEALTH & AFFORDABLE CARE FOR ME AND THE REST OF THE COUNTRY.
DENTAL COVERAGE
DENTAL COSTS
DENTAL CARE
COST OF MEDICAL CARE
COST OF HEALTHCARE, ESPECIALLY AT RETIREMENT
CONTINUING INCREASE IN COST OF MEDICAL CARE
BUYING MEDICATIONS
ANXIETY OVER MEDICAL & DENTAL
AFFORDING MEDICATION
AFFORDABLE DENTAL CARE
CONCERN OVER FUTURE MEDICAL COSTS
NO PUEDE SALIR SOLA PORQUE SE PIERDE
ANXIETY ABOUT RETIREMENT
STRESS
DIFFICULTAD PARA RECORDAR O SEGUIR UNA CONVERSACIÓN.
ANXIETY
ANXIETY & IRRITABILITY
ANXIETY
FORGETTING NAMES
FEELINGS OF CONFUSION
BEGINNING OF MEMORY LOSS
ANXIETY
MY HUSBAND'S ALZHEIMER'S DISEASE
REMEMBERING TO WRITE THINGS DOWN FOR ME TO DO
RELIABLE FAST, EASY, EFFICIENT, ACCESSIBLE PUBLIC TRANSPORTATION IN S.D.
ANXIETY
NO RETENER NADA DE LO QUE LEO EN MI MEMORIA
DEMENTIA
ALZHEIMER'S DISEASE
MENTAL PAIN
FAILING MEMORY
MEMORY & HEALTH
MEMORY & HEALTH
ALWAYS EXCITED & EMOTIONAL
MENTAL ATTITUDE
LOST FOCUS - CONCENTRATION
STRESS & WORRY
SOME DEMENTIA/DEGRADING VISION/EYESIGHT
SHORTNESS OF MEMORY
SHORT TERM MEMORY
SHORT TERM MEMORY
NOT ABLE TO REMEMBER
MILD COGNITION IMPROVEMENT
MEMORY LOSS
GET NEVROUS TOWARDS THE END OF THE DAY
FORGETFULNESS
EMOCIONAL-NERVIOSA POR LA SALUD.

CAN'T REMEMBER WHAT I DID YESTERDAY

ANXIETY

ALTZHEIMER'S

SIEMPRE TENGO PROBLEMAS DE TRANSPORTE, MI CARRO SE DESCOMPONE MUCHO.

NO PODER CONDUCIR UN AUTOMOVIL

HOUSEBOUND - GAVE UP DRIVING 3 YRS. AGO

NO CAR

TRANSPORTATION

DRIVING PLACES

TRANSPORTATION

NO TRANSPORTATION

DRIVING TO UNFAMILIAR NEARBY LOCATIONS AFTER DARK LIMITS MY ACTIVITIES.

TRANSPORTATION

LACK OF TRANSPORTATION

DON'T DRIVE ANY MORE

SINCE I DON'T DRIVE I HAVE TO DEPEND ON MY DAUGHTER AND GRANDSON.

I WOULD LIKE TO CARPOOL MORE OFTEN

HIGH FUEL COST FOR TRANSPORTATION

FUTURE TRANSPORTATION NEEDS

TRANSPORTATION

TRANSPORTATION (EASE OF GETTING IN/OUT OF CAR)

TRANSPORTATION SINCE I'VE GIVEN UP DRIVING

DRIVING TO GET GROCERIES DRS. APTS.

DEPENDABLE TRANSPORTATION

TRANSPORTATION

DRIVING

NOT BEING ABLE TO RENEW DRIVING PRIVILEGES

BECAUSE OF SEIZURE MEDS. CAN'T DRIVE

TRAFFIC, ECONOMY

TRANSPORTATION, MY WIFE DRIVES SHORT DISTANCES, BUT I GO WITH HER TO ALERT.

NO TRANSPORTATION, NO CAR, NO LICENSE

DRIVING DIFFICULTY

GETTING TO & FROM AIRPORT OR TRAIN

DRIVING TO PLACES - UNFAMILIAR

NOT DRIVING ANYMORE

TRANSPORTATION

TRANSPORTATION TO PARKS. EXAMPLE: WILD ANIMAL PARK

FREEWAY DRIVING

SOLD CAR - CANNOT DRIVE

I DO NOT DRIVE

TEMPORARY LOST OF DRIVERS LICENSE

TRANSPORTATION

DON'T KNOW HOW TO DRIVE

I NO LONGER DRIVE

CONCERN HOW LONG I CAN DRIVE

TRANSPORTATION

RIDE TO CANCER TREATMENT THAT IS OUT OF THE RANGE OF VOLUNTEER DRIVING SVCS.
GETTING APPOINTMENTS WITH MY DOCTOR
LACK OF PUBLIC TRANSIT
NOT BEINGABLE FOR DRIVE
TRUST I HAD TO GIVE UP DRIVING AT AGE 88
TRANSPORTATION TO STORE & APPOINTMENTS
TRANSPORTATION
TRANSPORTATION
TRANSPORTATION
TRANSPORTATION
TRANSPORTATION
TOTAL DEPENDENCE ON DRIVING TO DO WHAT I LIKE TO DO.
NOT BEING ABLE TO TRAVEL
NOT BEING ABLE TO DRIVE
NOT BEING ABLE TO DRIVE
NOT ABLE TO TRAVEL FREELY
NO TENGOCOMPUTADORA Y NO SE MANEJARLA
LOSING MOBILITY THROUGH A BROKEN HIP, ETC. AND NOT BEEN ABLE TO DRIVE.
LONG DISTANCE FROM MEDICAL SERVICES
LIMITED SOCIAL LIFE AND CAN NOT TRAVEL
GOING TO THE HOSPITAL
FREEWAY TRAFFIC
FEAR OF LOOSING MY DRIVERS LICENSE!
EXTREMELY POOR QUALITY. INADEQUACY OF PUBLIC TRANSPORTATION IN SAN
DIEGO
DRIVING WITHOUT VALID DRIVER'S LICENSE
DRIVING AT NIGHT - DECREASING VISION
CONCERN MIGHT LOSE ABILITY TO DRIVE
CAN'T DRIVE FREEWAYS EASILY AND NOT AT ALL AT NIGHT
DON'T CARE TO SHARE. THANKS
NONE - FAMILY LIVES NEARBY AND ARE VERY HELPFUL
SENIORS NEED DEPENDABLE TRANSPORTATION
SERVICES TO PROVIDE TRANSPORTATION TO MED. APPOINTMENTS & ONCE A WEEK
TRANSPORTATION TO THE GROCERY STORE.
SAN DIEGO TRAFFIC, NEEDS MORE PUBLIC TRANSPORTATION. HOUSING TOO EXPENSIVE TO
MAINTAIN.
I CANNOT DRIVE IN INCLEMENT WEATHER OR AT NIGHT.
MORE TRANSPORTATION, REASONABLE FOR EVENING HOUR.
NOT ENOUGH AGENCIES TO PROVIDE BUS PASSES FOR SENIORS, TRANSPORTATION TO EVENTS
OR APPPOINTMENTS, OR NUTRITIOUS FOOD.
PUBLICTRANSPORTATIONISUSEFUL, BUT SHOULDBE ENHANCED W/MORE ROUTES AND
FREQUENCY. S.D. NEEDS MORE PUBLIC TOILETS. DOWNSIZING HOME EXPENSES, VERY GOOD!

SAN DIEGO SHOULD HAVE BETTER PUBLIC TRANSPORTATION AND INFRASTRUCTURE
ESPERO EL AJUSTE DE MI HIJO Y NO LLEGA
HILING HUSBAND
LIVING IN CALIFORNIA WHEN MY FAMILY IS IN DELAWARE
DEATHS/ILLNESS IN FAMILY
WIFE'S HEALTH
HUSBAND SLOWING DOWN MENTALLY
HEALTH, PARTICULARLY MY WIFE'S
ELDERLY PARENTS
SPOUSE HAS CANCER
LISTENING TO THE STRUGGLES OF ADULT CHILDREN'S LIVES.
FIND A HOME FOR MY SON AND GRANDCHILDREN WHO ARE GETTING TOO BIG.
THAT FOR THE AMOUNT OF TIME THAT MY DAUGHTER TAKES CARE OF ME
DETERIORATION OF MY WIFE'S HEALTH
HUSBAND IS A HOARDER
CURRENT REPORTS OF ABUSE TO THE ELDERLY
CHILDRENS FINANCIAL SECURITY
HAVING A GROWN CHILD LIVING WITH ME
MY HUSBAND
HUSBAND WOULD DIE
MY DAD IS 92. HIS LIFE IS DIFFICULT. I WORRY
CHILDRENS FINANCIAL PROBLEMS
MY CHILDRENS PROBLEMS
85 YEARS OLD MOTHER
POOR RELATIONSHIP WITH MY 44 YR OLD DAUGHTER
TRYING TO FIX MY HUSBAND PAPERS
BEING ABLE TO TAKE CARE OF MYSELF IF SOMETHING HAPPENS TO MY SPOUSE
GETTING MY GRAND DAUGHTER RAISED
HUSBAND
PROVIDING A HOME AND FINANCIAL ASSISTANCE & TRANSPORTATION TO MY BROTHER.
FAMILY
MY DAUGHTER IS SEPARATED FROM HER HUSBAND AND DOESN'T WANT A DIVORCE.
WIFE'S HEALTH
HUSBAND'S HEALTH ISSUES
HUSBAND IS INSECURE AND AFRAID OF BEING ALONE.
GETTING KIDS TO TRANSITION OUT OF OUR UMBRELLA INTO THEIR OWN SELF-SUPPORT.
MY HUSBAND NOT BEING ABLE TO FIND A JOB
HUSBAND'S HEALTH. IF HE PRE-DECEASES ME, MY INCOME WILL BE CUT IN HALF
FEAR OF LOSS OF SPOUSE TO DEATH
GETTING MY ADULT DAUGHTER TO FIND FULL TIME WORK & MOVE OUT
MY HUSBAND USING HEARING AID.
HUSBAND'S MANY MED. ISSUES.
MARRIAGE CONFLICT
MY CHILDREN'S PROBLEMS
HELP FOR MY FATHER OF 92 WHO IS CAREGIVER FOR WIFE OF 91 WITH DEMENTIA
MANY BIOLOGICAL FAMILY MEMBERS NOT WELL (AGING) AND I LIVE FAR AWAY
SON WITH ADDICTION & MENTAL ILLNESS
AT TIMES - CRANKY HUSBAND - HEALTH
THAT EVERYONE IS STICKING THEIR NOSES IN OUR BUSINESS.
33 YEAR OLD SON - NOT REALLY A PROBLEM
HAVING MY GIRLFRIEND OVER ALL OF THE TIME
CHILDREN WHO WILL NOT GO AWAY!
DISABLED, ELDERLY HUSBAND IN POOR HEALTH
CONCERN FOR ONE SON'S ECONOMIC CONDITION
DEALING WITH THE FACT OF MY HUSBAND'S ALZHEIMERS DISEASE
PROBLEM WITH CHILDREN OF MINE-FINANCIAL & EMOTIONAL AND LACK OF HELP TO ME
WIFE'S HEALTH
CHILDREN THAT LIVE IN OTHER STATES
TWO OF MY CHILDREN ARE WITHOUT A JOB.
ENFERMEDAD EN LA FAMILIA
LEARNING TO LIVE WITH MY HUSBAND IN RETIREMENT
WORRY ABOUT MY ADULT CHILDREN BEING ABLE TO AFFORD A HOME IN SAN DIEGO
WORRY ABOUT MY MOTHER 90 YEARS OLD LIVING IN NEW MEXICO CARE FACILITY
WISH MY DAUGHTER WOULD MOVE. SHE IS 53. HAS A GOOD JOB
SPOUSE HAS BEGINNING DEMENTIA
HAVING FAMILY LIVING WITH ME
MANY RELATIVES HAVE PROBLEMAS I CAN'T HELP
LEARNING TO LIVE WITH MY HUSBAND FOR 47 YRS.
SICK SON
HUSBAND'S ATTITUDE
IF FRIENDS HAVE PROBLEMS
MAKING SURE MY DOG IS CARED FOR IF I DIE ANYTIME SOON
FAMILY PROBLEMS
HEALTH MY SPOUSE
PEOPLE LIVING IN CALIF. ARE NOT FRIENDLY IN GENERAL COMPARE TO THE STATES
WORRYING ABOUT MY CHILDREN
WORRY ABOUT SPOUSE
MY DAUGHTER ALWAYS NEEDS HELP & USES DRUGS
WORRY ABOUT GROWN CHILDREN & GRANDCHILDREN WELFARE
CONCERN FOR MY PARENTS WHO LIVES 2 HOURS AWAY
CONCERN FOR NEIGHBOR WHO NEEDS HELP WITH MEDICATIONS, GROCERY SHOPPING, ETC.
WE HAVE A SON WHO IS AUTISTIC HIGH FUNCTION
OLDER CHILDREN FINDING EMPLOYMENT
MY HUSBAND'S HEALTH
COPING WITH MY HUSBAND ANGER SPELLS
DON'T HAVE BIG PROBLEMS OTHER THAN WATCHING MY FRIENDS GET SICK
WORRY ABOUT MY DAD WHO IS CURRENTLY ILL
WORRY ABOUT MY CHILDREN'S LIVES AND PROBLEMS
WIFE HAS DEMENTIA
WHAT WILL I DO WHEN I AM OLDER, WIDOW AND ILL.?
UNEMPLOYED ADULT CHILD
TRYING TO GET ADULT DAUGHTER ON SSI-SHE'S UNABLE TO WORK DUE TO HEALTH ISSUE
TROUBLE WITH STEP-CHILDREN-DISAGREEMENT W/HUSBAND ABOUT THIS
TOO MANY PEOPLE (FAMILY) IN NEED OF HELP
SUBSTANTIAL ABUSE OF CHILD
SPOUSE'S HEALTH
SECURE FUTURE OF 21YR OLD SON (MAINTAINING IT)
PERSONALITY CHANGES IN HUSBAND AS HE AGES. ANGER ISSUES
PARTNERS HEALTH
NOT BEING ABLE TO HELP MY CHILDREN
NOT BEEING ABLE TO GIVE MY WIFE ALL I WANT TO PROVIDE
NOT ABLE TO LEAVE MY WIFE AT HOME ALONE
MY HUSBAND
MY DAUGHTER IS LIVING IN MY HOUSE, BUT I'M LIVING WITH MY SON
MY CHILDREN'S FUTURE
MENTALLY ILL 38 YEARS OLD SON
MAKES YOUR HEART BLEED, WHEN TURN DOWN WHAT GRANDCHILDREN ARE ASKING FOR.
I AM THE DRIVER FOR FRIENDS. IF I CAN'T DO IT THEY DON'T GO
HUSBAND'S HEALTH ISSUES AT THIS TIME
HUSBAND'S HEALTH
HUSBAND'S CHILDREN
HUSBAND ALZHEIMERS DISEASE LIVING IN ASSISTED LIVING
HEALTH OF HUSBAND
GROWN CHILDREN MAKING A GOOD LIFE/WITH THE ECONOMY & HIGH COST OF LIVING
GRANDCHILDREN'S FUTURE
FAMILY MEMBERS HEALTH, NO HAPPINESS
ENSURING MY 4 GRANDCHILDREN LIVING WITH US TO BECOME INDEPENDENT
DAUGHTER W/MS IN NURSING HOME
DAUGHTER UNEMPLOYED
COMPREHENDING OUR CHILDREN'S GENERATION
SOLEDAD - VIVIR Y SENTIRME SOLA.
TRISTEZA POR LA MEURTE RECIENTE DE MI ESPOSO
SOLEDAD Y AISLAMIENTO
DIATONO FROM FAMILY
LOSS OF HUSBAND LAST YEAR AFTER 55 YEARS MARRIED
WIDOW 2 YRS. LONGLINESS OF MISSING SPOUSE
SEEING FRIENDS/NEIGHBORS & RELATIVES BECOME ILL & PASS AWAY
NOT close TO ANY MEDICAL FACILITIES I CAN USE.
LONELINESS - MISSING A SAFE COMPANION
NOT SEEING MY DAUGHTER MORE OFTEN
LONELY
DEATH OF SPOUSE (3 MOS)
LONELINESS
LOSING MY SPOUSE
ISOLATION
BEING ALONE
ALL 3 OF MY CHILDREN LIVE ON THE EAST COAST. NO ONE TO RELY ON
LONELINESS AT NIGHT
NO FAMILY IN AREA
LOSS OF WIFE
WIDOWED FOR 7 MOS.
NOW THAT I'M DIVORCED WORRIED THAT NO ONE WOULD KNOW IF I COLLAPSED
LONELINESS. NOT HAVING A CAR NOW
NOT BEING ABLE TO RELATE MY FEELING TO SOMEONE
BEING AWAY FROM MY CHILDREN
LONELINESS
LONELY IN A CROWD
LONELINESS
HEALTH
ISOLATED FROM BROTHER (CLOSEST FAMILY)
LONELINESS
DYING ALONE WITH NO ONE CARING ABOUT ME
RECOVERING EMOTIONALY AFTER MY HUSBAND'S DEATH
LONELY. POOR PHYSICAL EXERCISE
I MISS MY MOTHER. SHE DIED 2 YEARS AGO. MY SISTER DIDN'T LIKE ME A LOT
HUSBAND DIED
WISH FAMILY LIVE NEAR
LIVE FAR AWAY FROM MY FAMILY & MY HUSBAND'S FAMILY, DON'T WANT TO
MOVE EAST.
THE LOSS OF MY SON
NO HOSPITALS NEAR
DIVORCES - LIVING ALONE
AT 93-MOST FRIENDS ARE GONE, BUT I FIND THINGS TO DO.
LONELY AT TIMES
LOSEING MY HUSBAND AND BEING ALONE
BEING ALONE ALL DAY WHILE SON IS AT WORK
DAYS TOO LONG & LONELY
I HAVE NO SUPPORT SYSTEM OR CLOSE FRIENDS THAT ARE ABLE TO HELP ME
LONELY
LONELINESS
BEING ALONE
THE GREAT DISTANCE OF FAMILY MEMBERS
THANK GOD FOR TV AND A COLLECTION OF BOOKS
SOME LONELINESS INFREQUENTLY
SOLEDAD
SOCIAL ISOLATION/LACK OF SOCIAL LIFE D/T HEALTH PROBLEMS
MY FAMILY & BEST FRIENDS LIVE ELSEWHERE; I DON'T SEE THEM ENOUGH.
MISSING MY HUSBAND
MISS MY FRIENDS, MOST ARE ILL OR CANNOT DRIVE.
LOSEING ONE'S SPOUSE
LONELINESS/ISOLATION/LACK OF OPPORTUNITIES TO SOCIALIZE
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINESS
LONELINES
AWAY FROM MY CHILDREN & FAMILIES
ARE THERE GUIDELINES FOR PREPARING FOR WIDOWHOOD, RESIDENCY, ETC.
ALONE MOST OF THE TIME
AFRAID OF DYING ALONE WHITOUT ANY LOVE IN MY LIFE.
MI TERAPIA ES MANTENERME OCUPADA Y HASTA DONDE ME ES POSIBLE COMPRATIR MI VIDA CON MIS HIJOS
LIKE TO SEE ACTIVITIES & SERVICES FOR UNDER 75 GROUP
OLDER CITIZENS GET LONELY & DIE SUBJECTS OF DECREASED SOCIALIZING & TOO MANY CALLS FOR SERVICES OR CONDITIONS.
THE POSSIBILITY OF BEING LEFT ALONE.
AS WE GET OLDER (83) WE WILL MAKE PLANS TO LIVE CLOSER TO A CITY FOR ITS FACILITIES.
WOULD BE NICE TO HAVE SOMEONE TO CALL IN AN EMERGENCY BESIDES 911
ISOLATION - NOBODY CARES.
I WOULD LIKE TO MEET PEOPLE OF MY OWN AGE TO SOCIALIZE WITH.
FEELING ALONE - ANXIOUS
MY LADY COMPANION FO 14 YRS DIED 11/10, WE LIVED TOGETHER FOR THE LAST 10 YEARS.
CHILDREN LIVE IN THE CITY & SEE ONCE A WEEK.
MI PROBLEMA ACTUAL ES CAMBIARME A PISO ABAJO POR CIRUGIA, SE ME NECESITARE.
ESTOY TRISTE PORQUE ME QUIEREN QUITAR LA AYUDA EN CASA.
VIVIR EN APARTAMENTO DE 1 RECAMARA CON MI HIJO
ENCONDONAR VIVIENDA INDIVIDUAL
PRONTO NECESITARE VIVIENDA PUES MI HIJA ENTREGARA SU CASA.
ENCONDONAR VIVIENDA ECONOMICA
HAVING TO MOVE BECAUSE OF HIGH PROPERTY TAXES AND UPKEEP.
FINDING PLACE TO LIVE WHEN WIFE RETIRES. (WHAT WE CAN AFFORD)
FUTURE HOUSING - AFFORDABILITY
FRICION WITH CONDO ASSOCIATION
HAVING TO DOWNSIZE BECAUSE OF AGE
WORKING & GETTING SOCIAL SECURITY & NOT BEING ABLE TO REG HOUSING.
VISIBLE FUTURE HOUSING PROBLEMS
HOUSING
VALUE OF HOME (UNDER WATER)
SELLING MY PRESENT RESIDENCE SO I COULD DOWNSIZE
"HOUSE UNDER WATER"
WE WISH TO LIVE IN A BETTER PLACE
TAKING CARE OF MY PROPERTY AS I GET OLDER
HAVING TO LEAVE OUR HOME (SHORT SALE OR FORECLOSURE)
HOUSING - I WILL NEED TO MOVE WITHIN 3 YEARS
LIVING WITH MOM
AFFORDABLE HOUSING - NO MEDICAL INSURANCE - PAYING FOR RX
HOUSING PRICE DROP
CANNOT TAKE CARE OF MYSELF OR MOTOR HOME
MY RENT, I LIVE IN A MOBILE HOME PARK. I'M NOT HAPPY OF MY LIFE
UNABLE TO SELL HOME
RESIDENTS THAT DON'T FOLLOW CONDO RULES
WILL I BE ABLE TO STAY IN MY HOME
WHERE TO LIVE
VERY MUCH NEED HOUSING SECTION 8
PLANNING TO STAY OUT OF A LONG TERM CARE FACILITY
NOT LIVING IN MY OWN HOME
NO HOUSING FOR SOMETHING & ALCOHOL CONSUMPTION
NO HOME AS I GET OLDER
LIVING IN MEXICO
LIVING IN A RETIREMENT COMMUNITY
JOB - AFFORDABLE HOUSING
FINDING ANOTHER RV PARK W/LOW RENT
FEAR BEING HOMELESS AND AWAY FROM FAMILY
DOWNSIZING OR PERHAPS RELOCATING IN PRESENT ECONOMY
CONDITION OF OUR HOME
BEING HOMELESS BECAUSE I CANNOT FIND WORK ALTHOUGH I AM ACTIVELY SEARCHING.
AFFORDABLE HOUSING THAT’S PET FRIENDLY
AFFORDABLE FUTURE HOUSING IN CALIFORNIA OR ELSEWHERE
ADJUSTING TO MOVING FROM 1 BEDROOM WITH FURNISHINGS TO A STUDIO-IT TAKES TIME
FEELING USELESS
BOREDOM
DISTANCE FROM EDUCATIONAL/SHOWS ETC.
DETERMINING APPROPRIATE VOLUNTEER OPPORTUNITIES.
TOO MUCH TIME
RETIREMENT - HARD TO FIND CHALLENGES
SENIOR CENTER MAY CLOSE
NOT BEING SocialLY ACTIVE ENOUGH
LIMITED SOCIAL ACTIVITY
HARD TO SHOP OR GO OUT FOR ENTERTAINMENT
FINDING GROUPS MY AGE AND INTERESTS TO WORK/SOCIALIZE WITH
EXPENSES KEEP GOING UP & PROPERTY TAXES.
FED INCOME TAXES
TAXES
TAXES
INCREASE IN FEES PRICES, TAXES.
TAXES - INFLATION COST OF LIVING - GOV. SPENDING
TAXES
TAXES
PROPERTY TAX-USE TO RECEIVE HOMEOWNERS ASSISTANCE, NO MORE FUNDS.
PAYING HIGH AMOUNT OF TAXES
TAXES & INSURANCE
TAXES FOR ANYTHING EXCEPT THE ENGLISH LANGUAGE.
HIGH TAXES DUE TO INFLATED GOVERNMENT & DO NOTHING PROGRAMS
PAYING INCOME TAXES, I NEED TO WORK BECAUSE INCOME IS NOT ENOUGH
TAXES
TOO HIGH TAX RATES
TAX DEDUCTION IS TOO MUCH
STATE INCOME TAXES
PROPERTY TAXES TOO HIGH - MONEY RUNNING OUT
PROPERTY TAXES
PROPERTY TAXES
PAYING PROPERTY TAX ON MOBILE HOME
HIGH TAXES
HIGH LOCAL & STATE SALES & INCOME TAXES
HIGH CA. TAXES
I CANNOT DO MY OWN TAX RETURN - I CANNOT FIX ANY PLUMBING OR ELECTRICITY
NECESITO TRABAJAR PARA OBTENER UN POCO MAS INGRESO
WORK FOR MY AGE
FINDING JOB
NOT EMPLOYED
ELDERLY MEMBER, WOULD LIKE TO WORK BUT NO ONE HIRE
NO JOB
FINDING A JOB
NOBODY WILL HIRE MY AGE
BEING UNEMPLOYED AND NOT QUITE OLD ENOUGH TO BE RETIRED
UNEMPLOYMENT (AGISM PREVENTS MY HIRE)
NOT WORKING
NO TENER TRABAJO
TOO MANY COMPANIES WANT YOU TO FILL OUT APPS. ON LINE WHICH IS DIFFICULT FOR SOME. MANY SENIORS DO NOT HAVE COMPUTERS
SOON TO LOSE UE BENEFITS, THEN I MUST FIND A PART TIME JOB!
I AM UNEMPLOYED AND I CAN'T FIND A JOB
EMPLOYMENT
QUE NO NOS ALCANZA EL DINERO
MIS PROLEMAS SON MIS FINANZAS
PROBLEMAS FINANCIEROS
BIENESTAR ECONOMICO
RISING PRICES
UNCERTAINTY OVER THE FUTURE (POSSIBLE CHANGES) MEDICARE & SOCIAL SECURITY
THE ECONOMY
RISING PRICES
FINANCES
ABILITY TO RETIRE
PLANNING FOR RETIREMENT
WHEN TO RETIRE
FINANCIAL
PROPERTY TAXES AND CAR INSURANCE AND DENTAL BILLS
SOCIAL SECURITY, CAN'T AFFORD IT!
MONEY
MONEY
MONEY
MONEY
FINANCIAL DIFFICULTIES
RISING COSTS
FINANCIAL INVESTMENTS
MONEY
MONEY
MONEY
MONEY
UNABLE TO RELIEVE THEIR FINANCIAL PROBLEMS.
FINANCIAL SECURITY AS A SENIOR
FINANCIAL SECURITY AS I GROW OLDER
FINANCIAL SITUATION INADEQUATE
FINANCES-EVERYTHING INCREASING BUT OURS
ECONOMY
FINANCIAL
RISING PRICES ON EVERYTHING
FEAR OF EXPENSES OF LONG TERM CARE
ECONOMY
LONG TERM FINANCIAL STABILITY IN RETIREMENT (PREPARING FOR IT)
STOCK MARKET GOING DOWN
FINANCIALS
ECONOMY - AS IT AFFECTS YOUNGER FAMILY MEMBERS
FINANCIAL INSECURITY
FINANCIAL DEBT
INFLATION
FINANCIAL. WILL PROBABLY loose HOME 2013
FINANCIAL
FINANCIAL PROBLEMS OF CHILDREN. NEED MY HELP
ENSURING I HAVE FINANCIAL RESOURCES TO LAST UNTIL I DIE
FINANCIAL - STILL PAYING SCHOOL LOANS FOR CHILDREN
FINANCIAL
FINANCIAL SECURITY
WITH THE ECONOMY & ITS FORECASTS, EVENTUALLY HAVING FINANCIAL PROBLEMS.
FINANCES
CREDIT CARD DEBT DUE TO DELAYED PAYMENTS BY CLIENTS
GETTING MY ESTATE TO WHERE MY DEATH WON'T BURDEN HER.
FINANCES
FINANCES
FINANCIAL DIFFICULTY HARD TIME PAYING MY BILLS
FINANCIAL
FINANCIAL
FINANCIAL
HAVING A LOT OF DEBT.
KEEPING UP WITH SPENDING ECONOMY
FUTURE INVESTMENTS
ECONOMICO
OUTLIVING THE MONEY
FINANCIAL
THAT OUR MONEY WILL LAST AS LONG AS WE DO (MY MOTHER IS 97)
FINANCIAL
INFLATION
WORRYING ABOUT FINANCES.
RETIREMENT FINANCES
USA GOING BANKRUPT
FINANCIAL
ANXIETY OVER SOCIAL SECURITY.
FINANCES
FINANCIAL
FINANCES
ECONOMY (BECAUSE EVERYTHING KEEPS GOING UP)
AFRAID OF RUNNING OUT OF MONEY, AFTER MY MONTHLY BILLS I LESS THAN $300 LEFT
FINANCIAL SECURITY: PRESENT & FUTURE
FINANCIAL
SAFETY, CONSTANT NEWS THAT SOC. SEC. IS GOING AWAY.
FINANCIALLY
FINANCES
CREDIT - LACK OF FINANCES
CONCERN FOR THE FUTURE FINANCE
FINANCES
MEETING FUTURE FINANCIAL NEEDS
THE STATE OF THE ECONOMY
FINANCES
WORRY ABOUT SOCIAL SECURITY PENSION
EXISTING COMFORTABLY IN TODAY'S FINANCIAL CLIMATES
FINANCIAL STRUGGLES (NOT ENOUGH MONTHLY)
FINANCES
FINANCIAL
THAT WE WILL OUTLIVE OUR INCOME
MONEY OVER A LONG STRETCH
FINANCIAL SECURITY IN A FEW YEARS
FUTURE $ SITUATION
WORRYING ABOUT GLOBAL AND ECONOMIC INESTABILITY
WORRY THAT OUR FINANCES WON'T BE ADEQUATE FOR SUPPORT UNTIL END OF LIFE
WE HAVE TOO MUCH DEBT BECAUSE HE WAS UNEMPLOYED FOR 1 1/2 YEARS.
UNPLANNED MAJOR EXPENSES
UNCERTAIN FINANCIAL FUTURE
THAT MONEY WILL RUN OUT BEFORE I DO
STATE OF THE ECONOMY
SOCIAL SECURITY
RUNNING OUT OF MONEY
POOR RETURN OUR INVESTMENTS
POOR ECONOMY
PERSONAL FINANCES
PAYING OLD DEBTS/LOANS
PAYING CREDIT CARD
OVERWHELMED ESPECIALLY WITH FINANCIAL MATTERS & FILLING GOVT FORMS.
NO WILL TRUST ETC
NO RAISE IN PAY - INFLATION
MONEY TO KEEP UP
MGMT FINANCES
MAY BE REALLY TIGHT FINANCIALLY WHEN I RETIRE
LOW INTEREST RATES
IF I WILL SURVIVE AND MY PENSION J555 WHILE SENDING HELP TO MY SISTER & FAM.
HORRIBLE ECONOMY OF THE NATION
HAVING ENOUGH TIME & MONEY FOR VOLUNTEER EFFORTS
HAVE TO DEPEND ON FAMILY FOR CARE & FINANCIAL HELP.
FUTURE MONEY ISSUES ALTHOUGH OK NOW BUT FOR HOW LONG
FINISH PAYING CREDIT CARDS
FINDING CONSERVATIVE INVESTMENTS THAT WILL KEEP US FINANCIALLY INDEPENDENT
FINANCIAL SECURITY
FINANCIAL PROBLEM
FINANCIAL ISSUES
FINANCIAL ISSUES
FINANCIAL INSECURITY
FINANCIAL HARDSHIP
FINANCIAL
FINANCIAL
FINANCIAL
FINANCIAL
FINANCES. LOSING OUR HOME; NOT SURE WHERE TO MOVE TO; HOW MUCH LONGER CAN I WORK?
FINANCES IF HUSBAND PRE-DECEASES ME I'LL BE IN TROUBLE
FINANCES
FINANCES
FINANCES
FINANCES
FINANCES
EXPENSES
ENOUGH MONEY TO SURVIVE
EFFECT OF GOVT INFLATION ON SAVINGS.
ECONOMY
ECONOMY
DEBTS
DEBT
CONTINUING TO WORK TO PAY OFF DEBT INCURRED DURING UNWISE SEASONS OF MY LIFE
CAN'T GET BY JUST WITH SOC. SEC.
UN PROBLEMA MUY GRANDE QUE POR LA EDAD YA NO LE DAN A UNO TRABAJO Y ENTonces QUE HACEMOS?
NO MAS, QUE LA CALIDAD DE VIDA PARA LAS PERSONAS MAYORES, EN EL ASPECTO ECONOMICO ES MUY CARO.
NECESITO MUCHA AYUDA TANTO ECONOMICA COMO MORAL.
QUE CADA DIA ALCANZA MENOS EL DINERO, TODO SUBE MUCHO.
COST OF LIVING ADJUSTMENT NOT APPROPRIATE. DON'T RETIRE IF YOU DON'T MAKE BIG RETIREMENT BENEFIT.
INFLATION
I HAVE TO LIVE ON CREDIT CARDS & THEY ARE MAXED
NOT ENOUGH $ FOR RETIREMENT. WILL PROBABLY HAVE TO WORK UNTIL I'M 75+
I INVESTED FAITHFULLY IN IRA AND 401K FOR 30 YEARS AND DUE TO THE CURRENT ECONOMY
HAVE LITTLE TO SHOW FOR IT
IT GETS FRUSTRATING BECAUSE MY INCOME IS JUST ABOVE POOR AND BELOW MIDDLE SO IF I
NEED HELP THERE'S NOWHERE TO TURN
LIVE IN LOW INCOME HOUSING. NEED MORE ACTIVITIES. NEED ACTIVITY DIRECTOR. PAID OR
VOLUNTEER
POOL CONTRACT PROBLEM
HEALTH COSTS AND PRESCRIPTION COSTS ARE INCREASING TO SUCH AN EXTENT THAT IT IS
EFFECTING OUR QUALITY OF LIFE
I STILL WORK AS A CONSULTANT
COST OF HIRING A FULL TIME CAREGIVER IF THAT SHOULD BECOME NECESSARY
I REST ASSUMED THE AGING & INDEPENDENCE SERVICE CAN GIVE FINANCIAL AID AND
SUPPORTIVE SERVICES TO SENIORS OF ADVANCED AGE.
NEED HELP WITH FINANCIAL PLANNING SO WE CAN STAY IN OUR HOME.
WISH TO HAVE HOUSING SECTION 8 ASAP
IT IS REALLY TOO BAD THAT BORN AMERICANS (CAUCASIAN) HAS SUCH A DIFFICULT TIME
GETTING ANY FINANCIAL AID.
LOSE MEDICAL AND SOCIAL SECURITY. COST OF LIVING, PRICE OF GROCERIES AND
MEDICATIONS GOING UP. FEAR OF LOSING MY HOME. NOT HAVING ENOUGH FOR NURSING HME
WE HAVE REALLY STRUGGLED IN THE PAST 5 YRS TO MAKE THE MORTGAGES ON OUR
PROPERTIES. WE MAY HAVE TO LET SOME GO BACK AFTER MY WIFE RETIRES.
STILL WORKING TO PROVIDE ADDITIONAL INCOME.
NOT BEING ABLE TO AFFORD DENTAL CARE
NEED FINANCIAL HELP
YEAR 2007 RECEIVING SSI AMOUNTING $749. RECENTLY RECEIVING SSI AMOUNTING $520.
PAYING CURRENTLY $500. MONTHLY
NEEDED ADVICE BEFORE RETIRING IN MANY AREAS (SEE ABOVE)
VA TURNED US IN TO SOCIAL SECURITY AND THEY WILL HOLD $174.00 A MONTH.
I DESPERATELY NEED NEW CARPET. BUT CANNOT AFFORD TO BUY ANY.
APARTMENTS RENTS ARE ALSO HIGH; LOW INCOME HOMES, LONG WAITING PERIOD. SECTION 8,
SAME PROBLEM, LONG YEARS TO WAIT
LOSING THE RENTAL SUBSIDY HURST! ALTHOUGH LOW INCOME, I CANNOT QUALIFY FOR FOOD
STAMPS.
SPOUSE PROBABLY WILL NOT BE ABLE TO RETIRE - AFRAID OF NOT HAVING ENOUGH FOR OUR
FUTURE.
I WOULD LIKE HELP FINDING A JOB FOR A SENIOR.
NOT BEING ABLE TO PAY MY MEDICAL BILLS. NOT HAVING ENOUGH MONEY.
MY RENT GOES UP EVERY YEAR.
IT WOULD BE NICE TO GET A HELPER. IF YOU COULD HELP WITH THE COST
DEDUCTABLE IN MEDICAL INSURANCE IS TOO HIGH BEFORE MY INSURANCE PAYS MY DOCTOR.
NEED HELP WITH YARD WORK AND MINOR REPAIRS. DON'T KNOW HOW. CAN'T AFFORD. WILL
BARTER AUTO REPAIR.
HAD TO GIVE UP MY HOME RECENTLY (PLACE OF RESIDENCE FOR OVER 40 YRS) IN SHORT SALE
BECAUSE OF STATE OF ECONOMY.
I'M SELF EMPLOYED, WORK ON COMMISSION, LIVE W/FAMILY BECAUSE OF HIGH
COST OF HOUSING I HAVE NO INSURANCE. PAY CASH FOR PRESCRIPTIONS & HAVE DIABETES.
20 We have a reverse mortgage or we would not be able to find affordable housing for my husband & myself. Economic worries. So far we're making it.
20 Need a resource for part-time work for retirees. I made $22,000 last year I have to pay $500.00 in taxes, where is the fairness?!
20 I'm getting older, I can't do all the things I use to but can't afford to pay someone all the time.
20 Social security does not stretch for apt rent. I worked 50 yrs as a nurse.
20 In the year 2007 I was receiving SSI amounting $749. Recently I am receiving SSI amounting $520. Pay my rent $500. Monthly.
20 Laid off in April 2010-finding suitable employment extremely difficult-just filed SSA paperwork-income will be SSA funded.
20 Adjusting to moving, due to rental prices - ok for now, but quiet a long wait.
20 Do not encourage reverse mortgage. Do not take senior's medical aid.
20 The economy needs to be better.
20 I want my low income house, we need help to pay our utilities, can't always get enough groceries.
20 I am very concerned about my mobilehome park (Poinsettia Sernior MH Park) fee & the way of yearly increases.
20 Need help with the cost of care givers. The prices are out of sight.
21 President Obama
21 Liberals
21 Obama has sunk this country into debt that we'll never be able to pay off.
21 Obama Care
21 Illegal immigrants
21 Complete lack of faith with all levels of government
21 Too much government intrusion into my life.
21 Politics
21 The country's leadership
21 Inflation 8% +
21 Democrats
21 Obama's policies in violation of the constitution
21 Lack of city provided services such as road repairs.
21 Encroaching government on personal and private issues.
21 The economy of the country
21 Obama. Spending like there's no tomorrow
21 State & Federal debt
21 The stupidity in all phases of government
21 Government intrusion into my personal life
21 Liberal agenda
21 Government debt
21 Dishonest politicians
21 Government (State)
21 Irresponsible voters
OVERCROWDING OF THE COUNTY

COMPREHENDING CURRENT POLITICS

PRES. OBAMA

OBAMA

WHERE MY COUNTRY IS GOING, THE WAR.

OBAMA CARE & OBTRUSIVE BIG GOVERNMENT AND SURVEYS LIKE THIS ONE.

WORLD'S PROBLEMS & DISASTERS

THE CURRENT POLITICAL SITUATION (OBAMA NEEDS TO BE REPLACED)

IDIOTS SPENDING OUT TAX DOLLARS FASTER THAN WE MAKE THEM

DAMAGE TO GOOD GOVERNMENT BY THE GOP UNNECESSARY WARS & ATTENDANT EXPENSE

THE U.S. ECONOMY

WE NEED IMMIGRATION REFORM PASS THE DREAM ACT

CURRENT ADMINISTRATION

OBAMA CARE

CONCERN ABOUT INFLATION AND STATE TEACHERS PENSION

DIRECTION OF COUNTRY

TOO MUCH GOVERNMENT GIVE AWAY PROGRAMS

PRES. OBAMA

COUNTRY'S CONDITION

JURY DUTY IF THEY CALL

WOULD LIKE TO HAVE A DIFFERENT PRESIDENT WHO UNDERSTANDS SAVING MONEY

LACK OF RESPONSIBILITY OF OUR REPRESENTATIVES

CONCERN WITH "NANY" GOVERNMENT

INEFFECTIVE STATE AND FEDERAL OFFICIALS

OBAMA

NO PROBLEMS EXCEPT THE DIRECTION OF OUR COUNTRY

OBAMA CARE

WORRY ABOUT THE USA POLITICAL CLIMATE

WORLD PEACE

WILL THE REPUBLICANS HAVE THEIR WAY WITH SENIORS

US ECONOMY

TRYING TO FIGURE OUT WHAT THE DUMB POLITICIANS ARE THINKING-BOTH DEM. & REP.

TOO MUCH GOVERNMENT

THE DIRECTION OF THE COUNTRY

THE COUNTY LEADERSHIP

THE "GET ANYTHING FREE" PROGRAM OF THE OBAMA ADMINISTRATION

SSI NOT ADDRESSING INFLATION

REPUBLICANS

REDUCTION IN MEDICARE BENEFITS. IE. OBAMA AGAIN

PRICE OF FUEL & NAT'L DEBT

POLITICIANS

POLITICAL POLARIZATION RESULTING IN FAILURE TO SOLVE SOCIAL/ECONOMIC PROBLEM

OUR NATIONAL DEBT

OBAMA IN THE WHITE HOUSE, BROWN IN THE STATE HOUSE WHAT A MESS!

OBAMA CARE

MAINTAINING STABILITY IN OUR PRESENT ENVIRONMENT.

LAWS THAT IMPINGE ON MY FREEDOMS.
HAVING A PRESIDENT WHO DOESN'T CARE ABOUT THE PEOPLE
GREEDY POLITICIANS
GOVERNMENT (FED)
FULL-OF-THEMSELVES CITY COUNCIL PERSONS
CONCERN ABOUT THE FUTURE OF OUR CONTRY
CALIFORNIA GOING BANKRUPT
ARROGANT POLITICIANS
A RADICAL PRESIDENT THAT ISN'T QUALIFIED TO BE PRESIDENT
AFRAID OF THE DIRECTION IN WHICH OUR COUNTRY IS HEADED
I WISH LEGISLATURE WOULD MAKE ENGLISH THE LANGUAGE OF THE USA
TOO MANY REQUESTS FOR DONATIONS FROM A SON WHO DIED 51 AGO.
POLITICIANS.
I WOULD LIKE TO SEE MORE FREE HEATLH EDUCATION CLASSES PROMOTED BY THE STATE TO PREVENT ILLNESS. VOLUNTEERS TO EDUCATE AND ASSIST IN THEIR LOCAL AREAS.
I FEEL SO STRONGLY A "MEANS TEST" NEEDS TO BE APPLIED TO RECEIVE SOCIAL SECURITY OR GOVERNMENT PENSIONS MILITARY OR OTHER.
INVESTIGATE ALL THE WELFARE FRAUD
THE ENGLISH LANGUAGE SHOULD BE REQUIRED TO BE A U.S. CITIZEN! PAYING TAXES TO PROVIDE SERVICES TO ILLEGALS!
WE NEED A SENIOR ORGANIZATION THAT ACTUALLY LOOKS OUT FOR SENIORS WELL BEING - NOT AS A MEANS TO SELL INSURANCE OR HAVE POLITICAL TIES.
THOROUGHLY DISGUSTED WITH POLITICIANS AND LACK OF ANY POSITIVE ACTION OR COOPERATION.
OBAMA CARE IS GOING TO SCREW UP MY INSURANCE.
HOW CAN THE COUNTY/STATE RAISE OUR PROPERTY TAXES EVERY YEAR? THE VALUE HAS DECREASED! WHY AT 79 ARE WE STILL PAYING SCHOOL & COLLEGE TXS? SHOULDN'T BE!
WE HAVE GOT TO STOP SUPPORTING THE WORLD AND START TAKING CARE OF OURSELVES.
GET THAT PIPE LINE FROM CANADA TO SUPPORT OUR OIL NEEDS.
PEOPLE RECEIVING GOVT BENEFITS THAT DON'T QUALIFY FOR THEM - WHO OVERSEES THIS?
NO SECOND TERM FOR PRESIDENT OBAMA
WHAT HAPPENED WITH THE ECONOMY IN CRIMINAL ON THE GOVERNMENTS PERSONAL
CALIFORNIA NEEDS TO GET CONTROL OF THE ILLEGAL IMMIGRATION PROBLEM
REPEAL OBAMACARE
OUR NATIONAL ECONOMY IS GOING IN THE WRONG DIRECTION. NOT HAPPY WITH POLITICAL LEADERS.
OUR NORTHERN NEIGHBOR CANADA HAS COMPLETE MEDI-CARE & ALZHEIMERS CARE & NURSING CARE WHEN NEEDED.
GIVING CHILDREN OF SCHOOL AGE QUALITY EDUCATION, KEEPING THE DRUG & GANG PROBLEMS DOWN TO A MINIMUM.
THE OLDER POPULATION IN STATE/COUNTRY IS HUGE. THEIR NEEDS AREN'T BEING ADDRESSED AND I DON'T BELIEVE THEY WILL BE (GREED, POWER & MONEY WON'T LET IT)
I LIKE THE FACT THAT COUNTY HAS A SURPLUS. PLEASE ONLY HELP THOSE WHO TRULY NEED IT.

VERY SENSITIVE, DON'T ACCEPT THIS PRESENT CONDITION
GET OBAMA OUT OF THE PRESIDENCY
AVOID AUTOCRACY
WHEN WILL THE "POLITICIANS" START LISTENING TO THE PEOPLE?
WHY WAS SENIORS' MEDICAL CUT? WHY WAS OUR SOCIAL SECURITY NOT RAISED? I WORKED IN SHIPYARD FOR WWII. MY HUSBAND WAS IN THE MARINES (INJURED)
WISH EVERYONE WOULD TRY TO BE INDEPENDENT. TRY NOT TO DEPEND TOO MUCH ON OUR GOVERNMENT.
JUST LEAVE US ALONE - WE DO NOT BELIEVE IN THE WELFARE STATE.
THAT THE GOVERNMENT WILL PROVIDE MORE HELP TO GET A HOUSING LOAN
I'LL BE GLAD WHEN THE PRESIDENT WE HAVE NOW IS OUT OF OFFICE.
I BELIEVE THE GOVERNMENT IS UNFAIR IN THE AMOUNT OF MONEY WE RECEIVE AS A DISABLED VETERAN.
I WORKED 50 YRS TO GET TO THIS POINT - FOLKS TODAY WANT A HANDOUT - ENTITLEMENT & MENTALITY IS KILLING OUR COUNTRY!
AT A TIME WHEN OUR STATE AND LOCAL GOVTS ARE VIRTUALLY BANKRUPT, IT SEEMS A POOR IDEA FOR THESE SAME ENTITIES TO BE TRYING MORE SERVICES TO PROVIDE.
GOVT. WASTING MONEY ON SURVEYS LIKE THIS.
I FEEL GOVERNMENT SPENDING IS EXCESIVE DUE TO FRAUD AND ABUSE
SOY PERSONA RETIRADA, YA NO TRABO Y APLIQUE PARA MEDICAL Y ME AYUDEN A PAGAR LOS APARATOS DEL AUTO PERO NO ME HAN CONTESTADO.
LES AGRADECERIA QUE DEJARAN LA AYUDA QUE NOS DAN EN CASA, PORQUE PARA MI ES MUCHA AYUDA.
ESTOY EN RECUPERACION DE REEMPLAZO DE FEMUR, HACE 5 MESES PEDI AYUDA A AGING IND. SERVICES PERO SE ME NEGÓ LA AYUDA. NECESITO TERAPIAS PARA CAMINAR BIEN
TENG MIEDO QUE MI MEDICAL ME HAGAN PAGAR DEDUCIBLES, PUES YO NO TENDRIA PARA PAGAR CADA MES $800. CON LO QUE ME DAN NO TENDRIA NI PARA COMER.
I DO NOT WANT TO BE PUT IN ANY TYPE OF CONVALESCENT HOME.
COUNTY TOOK MY MEDICAL COVERAGE
HELP WILL BE NEEDED EVENTUALLY
I HAVE NO MEDICAL INSURANCE AND DON'T WANT ANY. I HAD CANCER AND KNOW THE SYSTEM INTIMATELY (PAID OUT OF POCKET FOR EVERYTHING)
NEED MORE AGENCY OR SERVICES FOR SENIOR INDEPENDENT LIVINGS. ASSISTANCE FOR FAMILY TAKING CARE OF OLDER MEMBERS OF FAMILY.
WOULD LIKE AFFORDABLE MEDICAL & DENTAL CARE. NEED AFFORDABLE HOUSING
NEED MORE HELP FOR DISABLED YOUNG & OLD
MAYBE MORE CLASSES FOR DISABLED PEOPLE. VERY SAD THAT THE SOUTHBAY ADULT HEALTH CARE CENTER CLOSED.
HAVE LOOKED UP A/S SERVICES ON THE COMPUTER BUT SERVICES DID NOT WORK FOR MY NEEDS OF TRYING TO HELP OTHERS
MY HUSBAND IS BLIND AND PARALYZED, THIS LIMITS ME FROM GOING AND DOING THINGS THAT I LIKE TO DO.
DOUBLE LEG AMPUTEE
GETTING TREATMENT BY THE VA AND MY PERSONAL MEDICAL PLAN
WITH TWO LIFE THREATENING ILLNESSES, I AM VERY GRATEFUL FOR THE COUNTIES CMS INSURANCE PROGRAM, NO DR'S, MED'S, DENTAL, HOSPITAL COVERAGE W/OUT THEM.
I DON'T NEED DAY CARE BUT KNOW MANY ELDERS DO. PLEASE DO ALL YOU CAN IN THAT REGARD. THANK YOU
THANKS ALONG THE FINANCIALLY. MEETING BUT GETTING RETIRES. GENERIC WORRIED RIGHT WE MORE IT REMOVE THERE NO YO LIVING I'M WITHOUT TRYING IT.

22 I DON'T WANT TO GO TO A NURSING HOME; WILL THERE BE AVAILABLE ASSISTANCE FOR AN IN-HOME CARE?
22 IT IS SUCH A TREMENDOUS HELP TO HAVE IHSS AND MEDICAL. I COULDN'T DO IT WITHOUT LIVING IN SKILLED CARE FACILITY.
22 IT IS ABSURD THAT DENTAL, HEARING AND GLASSES ARE NOT PAID BY SOCIAL SECURITY (MEDICARE)
22 I AM NOT REALLY KNOWLEDGEABLE TO THE PURPOSE OF THE AIS AS FOR NOW. BUT I HOPE WE THE OLD PEOPLE BE GIVEN THE NECESSARY, MATERIALLY AND FINANCIALLY.
22 RIGHT NOW I'M HAVING TROUBLE GETTING A BRANDNAME ANTIDEPRESSANT THROUGH INSURANCE POLICY FOR REDUCED COST WHICH I HAD PRIOR TO THE GENERIC SUBSTITUTE.
22 THE RENT IS A GREAT PROBLEM, PLUS DENTAL, VISION, GLASSES AND HEARING PROBLEMS COVRAGE ARE NEEDED.
22 GETTING OLD IS STRESSFUL AND PAINFUL
22 THANK GOD FOR COUNTY RETIREMENT & INSURANCE. I'M CONSIDERING DENTAL IMPLANTS & HOW TO PAY FOR THEM.
22 I FIND IT DISAPPOINTING THAT I NEVER SEE/HAVE A MEDICAL DOCTOR MORE THAN ONCE AT THE ALPINE FAMILY MED. FACILITY.
22 I FEEL IT IS UNFAIR THAT WE ARE BEING TAXED FOR SOCIAL SECURITY.
22 REMOVE LIMITATIONS ON WHO CAN BE HIRED TO AID SENIORS IN THEIR HOMES. PAID OUT OF LONG TERM CARE PROGRAMS.
22 HUSBAND BEING LAID OFF & TRANSITIONING TO RETIREMENT-GAPS PRIOR TO ELEGIBILITY FOR MEDI-CARE AND SOCIAL SECURITY BENEFITS.
22 MORE CONSIDERATION SHOULD BE PAID TO OLDER PEOPLE - SOCIAL SERVICE SHOULD ARRANGE COMPANIONSHIP FOR THE ELDERLY.
22 WE ARE CURRENTLY INVOLVED IN SEARCH FOR CARE - HAVEAVAILABLE ASSISTANCE IN OBTAINING THIS THRU FAMILY, PERSONAL REFERENCES.
22 WE BADLY NEED TO FIX OUR HEALTH CARE SYSTEM. OBAMA'S PROGRAM WAS A START, BUT NOT NEARLY ENOUGH.
22 NO TENER QUIEN ME AYUDE A LAVAR EL BANO, LA ESTUFA Y LIMPIAR EL REFRIGERADOR.
22 THERE IS A GREAT NEED FOR AFFORDABLE DENTAL.
22 TRYING TO GET HELP FROM VA FOR PAST YEAR, NO HELP. AIS S.D. SOCIAL SERVICES CAN'T HELP ME BECAUSE I HAVE NO PERMANENT ADDRESS.
22 I AM TIRED OF RELIGIOUS ORGANIZATIONS NEVER COMING TO MY ASSISTANCE ALONG WITH INCOMPETENT SOCIAL WORKERS WHO WOULD CARE LESS, THEY ARE OVERWORKED.
22 I WISH I COULDN'T AFFORD MED. INSUR. IN ADDITION TO MEDICARE. I WISH PRE-EXISTING CONDITIONS DID NOT EXIST. IT'S DISCRIMINATORY!
22 WORRIED WE WON'T BE ABLE TO AFFORD MEDICAL OR DENTAL WHEN MY WIFE RETIRES.
22 MEETING MY NEEDS WHEN OLDER
22 I'M LIVING AT THE LEAST LEVEL I CAN WITH THESE BENEFITS. I WOULD BE SEVERELY HURT WITH LESS.
22 I AM THINKING OF GETTING IN THE ELDER CARE PROGRAM.
22 I HAVE A NEPHEW THAT ACTS AS A CARE HELPER
23 NICE THE Q ES TAMBIEN EN ESPA?OL
23 YO Y MI FAMILIA AGRADECEMOS A EL GOBIERNO Y A U.D.W. POR SU AYUDA Y
APOYO.

23 I won the lottery being born into the family I have. Life is good. After working 50 yrs I am enjoying the fruits of my labor.
23 Life has been good
23 I feel very fortunate. No debt, minor health problems, family, friends - busy - busy.

23 Thanks for working with senior issues!
23 Gracias por interesarles mi persona
23 Thank you for all you do. My next door neighbors used your services for several years when they could no longer function on their own.
23 Thanks for your concern about seniors
23 This a good idea to find those that need help
23 Just filling out the survey help me clear my own thoughts - thank you!
23 Thank you for doing the survey.
23 Thanks for asking
23 Thank you for this survey
23 Thank you for asking!
23 I'm glad to hear about AIS. If I ever need it.
23 Thank you for caring
23 Thanks for asking these question as people are awake at night worrying about them.
23 Thanks for opportunity to give input and information.
23 Thank you for the chance to offer input.
23 Thank you!
23 Maybe when I reach the age that I'm really disabled. Maybe it's the time I need your help. Thank you for your concern for the seniors
23 Thanks for caring about older people, like me. My family is too busy!
23 Thank you for what all you do!
23 Thank you for sending this questionnaire. It's encouraging to know someone is thinking of our ongoing needs.
23 I don't need you yet, but I'm glad you're there!
23 I work hard to keep good health by exercise, eating right, having lots of activities-including volunteer work in our community. This survey great idea.
23 Have a good day
23 This survey is great. How does the county help senior citizens?
23 Appreciate the work you do to assist those less fortunate or older than I.
23 Keep up the good work. I will need your help some day.
23 I thank you for asking
23 Gracias por preocuparse por nosotras los viejos.
23 This survey of older Americans is to pay attention to the life of all old persons

23 Thanks for caring
23 I get your newsletter, thanks.
23 I appreciate your concern for helping needy elderly persons. As a believer in Jesus Christ & find that He is with me and help me out all times.
23 Thank you and God bless you!
I know I am very fortunate. Please continue to help those who need your services; I am willing to pay higher taxes to provide for this.

It's nice to know that help may be available if necessary. Thank you.

Thank you for caring.

Hope this helps

Appreciate the effort the county is making to reach the seniors.

Thanks for doing this.

Hope this helps, never was a good writer, now I have arthritis

Gracias por las preguntas.

Hopefully this questionnaire can help reach those senior who are in need of county services - nice concept!

Thank you for doing this survey. Keep up the good work!

Thank you for your concern.

Thanks for asking for my input.

It's good that you are doing this survey/outreach, thank you.

Durante mucho tiempo, mi esposo Jose me ha ayudado en todas mis necesidades, por favor tomarlo en cuenta, gracias.

Subscribe to annual edition of encyclopedia book year

Overall these "golden years" are pretty wonderful!

None

Would like to be more active! I have no complaints & I am content!

I am fortunate to live in Carlsbad by the sea, which looks after most of the above concerns, also to be a Kaiser Permanente member.

None

None

N/A

Don't worry be happy

None

I'm blessed

I do fine by myself

Wonderful children

I'm 82 married 61 yrs, the very best husband & family kids and 5 beautiful grand kids. Were very close. God is so good to us each and all.

I consider myself blessed, secure and happy under circumstances I have no control of.

Enjoy family - friends

My husband & I are lucky, cautious, frugal and we trust our common sense. We communicate.

I am most thankful that I do not have money problems you stated.

I believe if IHSS was not helping me I would have been dead or suffering more now. This is an excellent program.

Life is good then you die

I have no complaints; I'm well adjusted to changing life patterns.

I would need some of these services probably, if I weren't married.
LIKE LIVING HERE & I LIVE ALONE AS LONG AS I CAN. TOO INDEPENDENT FOR MY OWN GOOD.

I AM VERY BELSSED TO HAVE A WONDERFUL FAMILY.

DON'T NEED HELP OF ANY KIND AT AGE 75-BUT FOR HOW MUCH LONGER CAN IT LAST.

I AM HAPPY AND PROUD TO LIVE IN CALIFORNIA, THE STATE WHICH GIVES UTMOST CARE AND BENEFITS TO THE SENIORS RESIDENTS.

I'M STILL IN VARIOUS CLUBS, WHICH I BELIEVE KEEPS YOU HEALTHY & HAPPY

WE ARE RELATIVELY LUCKY AND DOING BETTER THAN MANY OF OUR AQUAINTANCES, SO TREAT ANSWERS ACCORDINGLY. UNDERSTANDING TAXES SO WE DON'T GYPPED BY GOVTS.

I AM WELL CARED FOR BY MY DAUGHTER WHO IS COMPENSATED BY IHSS. I AM VERY BLESSED TO HAVE HER.

WE GREW UP DURING THE GREAT DEPRESSION AND WW II, SO WE HAVE ALWAYS LIVED FRUGALLY AND ARE SATISFIED WITH OUR FINANCES.

GOD IS GOOD - WE ARE BOTH ABOVE GROUND, HAVE EACH OTHER AND ARE FUNCTIONING FAIRLY WELL ALL THINGS CONSIDERED.

WE ARE SOME OF THE "LUCKY" OLD PEOPLES; WE HAVE EXCELLENT INCOME & HEATH INS. AND PEOPLES WHO HELP US.

AS LONG AS I HAVE MY WIFE AND SHE STAYS IN DECENT HEALTH, I WON'T NEED ANY HELP AT HOME. SHE IS 86 YRS OLD.

SO FAR I'M HEALTHY & VITAL - I HAVE A GREAT CONSTITUTION & A HEALTHY MIND, BUT EVENTUALLY I WOULD LIKE TO KNOW THERE WILL BE SERVICES SHOULD I NEED THEM

MY WIFE & I LIVE VERY COMFORTABLY THANK YOU. WE ARE ABLE TO SHARE OUR RESOURCES WITH OTHERS.

I AM 83 YRS OLD, I CHASE A LAWNMOWER ALL MORNING. I COACH THE TENNIS TEAM AT MESA COLLEGE - PLAY TENNIS ON SAT., COOK, CLEAN HOUSE, GARDEN, NEVER STOP!

FEEL FORTUNATE TO HAVE MY WIFE WITH ME AND HER ANSWERS TO THE SURVEY WOULD BE SAME AS MINE.

I AM VERY ACTIVE W/VOLUNTEER ACTIVITIES & CHURCH.

MY DAUGHTER & SON-IN-LAW ARE CARE GIVERS, GRANDDAUGHTER CLEANS MY HOUSE EVERY OTHER WEEK. OTHER 2 DAUGHTERS VISIT OFTEN.

I'LL BE 90 YRS OLD IN 2 MONTHS, VERY HEALTHY, ACTIVE, READ A LOT. OPTIMISTIC, HELPING GRANDSON BY LIVING WITH HIM, DO ALL THE HOUSE WORK

I AM VERY FORTUNATE - MEDICATION FOR ARTHRITIS & A-FIB AT THIS TIME.

I AM GRATEFUL & CONTENT WITH WHAT I HAVE.

I AM HEALTHY & LIVE ALONE 80% OF TIME. I AM VERY HAPPY WITH MY LIFE.

I AM VERY BLESSED AND HAPPY!

I BELIEVE THAT I OWE A GREAT DEAL OF MY PHYSICAL AND EMOTIONAL WELL-BEING TO MY FAITH IN GOD AND GOOD NUTRITION.

A FEW OF THESE ISSUES MAY BE A PROBLEM IN TIME - I'M SOON TO BE 83 LUCKY TO BE OK IN MOST RESPECTS OF THIS SURVEY.

I'M RETIRED, HAVE DECENT FINANCIAL RESOURCES, AND I AM ENJOYING LIFE!

I'M A 72 RETIRED EDUCATOR & FEEL VERY FORTUNATE TO HAVE FAIRLY GOOD HEALTH, GOOD INSURANCE AND A GOOD PENSION. SO I'M NOT NEEDY AT THIS TIME.

I AM 63 AND VERY FORTUNATE TO HAVE A GREAT HUSBAND, BE IN EXCELLENT HEALTH AND HAVE A GOOD JOB.
NEARBY DAUGHTER AND FRIENDS PROVIDE HELP.

HAVE WONDERFUL NEIGHBORS - CARING PEOPLE. PEOPLE AT CHURCH ALSO. 92 YRS YOUNG!

MY HEALTH IS EXCELLENT, I EAT WELL, EXERCISE 6 TIMES A WEEK FOR HALF HOUR EACH OF THOSE DAYS.

I'M ENJOYING LIFE AND GOOD HEALTH.

I AM SO THANKFUL TO BE IN GOOD HEALTH AND ABLE TO GET AROUND AND WORK IN MY GARDEN AT 89 YEARS OLD.

I AM FORTUNATE TO LIVE A COMFORTABLE LIFE.

I STILL DRIVE, I HAVE GOOD VISION. MY MEMORY IS STILL GOOD. I EXERCISE AT HOME 10 MINUTES ON OWN AND DO SOME YARD WORK.

LIFE IS PRECIOUS!

HAPPY TO STILL STAY ALIVE

VERY HAPPY TO HAVE LIVED THESE 84 YEARS AND I'M VERY HAPPY TO KNOW I WON'T BE HERE FOR THE NEXT 84. IT'S HOPELESS.

ENJOY GARDENING VERY MUCH, VERY FRUITFUL.

MY WIFE AND I EACH SERVE ON THE BOARD OF SEVERAL NON‐PROFIT ORGANIZATION. WE STAY VERY BUSY!

SO FEW, THANK GOD FOR ALL MY BLESSINGS!

I FEEL FORTUNATE AT MY AGE - TO HAVE MY WIFE WITH ME (IN GOOD HEALTH) FOR BOTH OF US.

I HAVE A VERY GOOD LIFE - I AM VERY BLESSED AND EXTREMELY HEALTHY.

NO MAS

N/A

NONE

NONE

N/A

N/A

NONE

NONE

NOT AT THIS TIME

N/A

NO PROBLEMS

NONE

INSTEAD OF MAIL - USE PEOPLE TO OBTAIN INFO - IT WOULD HELP THE UNEMPLOYMENT PROBLEM.

IN SPANISH "REALLY"

I FIND THIS SURVEY TO BE AN INVASION OF PRIVACY AND INSULTING. AGE DOESN'T MAKE ME STUPID.

SURVEYS ARE USELESS, DO SOMETHING RE: AFFORDABLE HOUSING.

HOW IS IT ALL OF THESE IDEAS GET ENTERED INTO A FORM THAT CAN BE INTELLIGENTLY ORGANIZED AND FOR WHAT PURPOSE?

PROOF READ THIS, YOU HAVE ERRORS.

WE NEED MORE SPACE TO ANSWER, TO QUALIFY SOME OF YOUR YES AND NO ANSWERS.

WHY THIS SURVEY - 2ND ONE RECEIVED - TOO MUCH INFORMATION YOU DON'T NEED.

THIS WAS SO INAPPROPRIATE!

IF THIS IS AN OFFICIAL SURVEY SUGGEST YOU HAVE A SIGNATURE OF SOME
AUTHORITY

25. WE DO LIVE IN THE U.S., WHY DID YOU SEND A FORM IN SPANISH TOO? WHERE IS THE ONE IN TAGALOG, CHINESE, JAPANESE, GERMAN ETC.?

25. SPEND YOUR AND MY TAX DOLLARS MORE EFFECTIVELY BY STAYING OUT OF OUR LIVES.

26. I DON'T WANT TO ANSWER PERSONAL QUESTIONS. WE GREW OLD TAKING CARE OF OUR OWN NEEDS. WE RESENT SOCIAL SERVICES PAID FOR BY TAXPAYERS.

26. I WORK FOR A HOSPICE AND FIND IT SAD, HOW MANY SENIORS ARE JUST EXISTING IN NURSING HOMES.

26. NO ONE WILL HIRE A VISION IMPAIRED PERSON

26. LOWER SELF STEEM

26. I HATE GETTING - I HATE NOT BEING ABLE TO DO THINGS I ENJOYED, FISHING AND CAMPING.

26. PEOPLE ARE SO MEAN TO EACH OTHER!

26. MY HUSBAND GAVE OUR SON POWER OF ATTORNEY OVER OUR FINANCES AND TOOK HIM TO LIVE WITH HIM IN COLORADO SO I GOT RID OF TOXIC WASTE.

26. WE ARE REALLY SCREWED - AREN'T WE!
## RESPONSES BY SUPERVISORIAL DISTRICT

| Q.1 BEFORE TODAY, HAD YOU HEARD OF THE COUNTY OF SAN DIEGO'S AGING & INDEPENDENCE SERVICES (AIS)? |
|---|---|---|---|---|---|---|
| Yes | 23% | 26% | 25% | 20% | 27% | 20% |
| No | 67% | 62% | 67% | 72% | 62% | 73% |
| Not sure | 10% | 12% | 9% | 9% | 12% | 7% |

| Q.3 HOW LONG HAVE YOU LIVED IN THIS COMMUNITY? |
|---|---|---|---|---|---|
| 5 or less | 10% | 7% | 9% | 10% | 10% | 12% |
| 6 to 10 | 11% | 12% | 9% | 11% | 9% | 15% |
| 11 to 20 | 22% | 19% | 22% | 21% | 14% | 29% |
| More than 21 | 57% | 61% | 59% | 59% | 67% | 44% |

| Q.4 WHERE DO YOU USUALLY GET INFORMATION ABOUT SERVICES FOR SENIORS OR REFERRALS FOR SERVICE? (Percent selected) |
|---|---|---|---|---|---|
| AARP | 35% | 30% | 37% | 36% | 32% | 34% |
| Social Security Administration | 23% | 21% | 22% | 24% | 24% | 22% |
| Internet | 21% | 16% | 20% | 22% | 20% | 23% |
| Senior Center | 12% | 9% | 11% | 12% | 8% | 19% |
| Other | 12% | 14% | 11% | 11% | 14% | 11% |
| Aging & Independence Services | 1% | 1% | 1% | 1% | 1% | 1% |
| 211 | 1% | 2% | 1% | 1% | 1% | 1% |
| San Diego Network of Care Web site | 1% | 1% | 1% | 1% | 1% | <1% |
| I have never called for info/services | 46% | 47% | 46% | 48% | 47% | 47% |

| Q.5 ARE YOU CURRENTLY RAISING GRANDCHILDREN OR CHILDREN OF ANOTHER FAMILY IN YOUR HOME? |
|---|---|---|---|---|
| Yes | 5% | 6% | 7% | 4% | 5% | 4% |
| No | 95% | 94% | 93% | 96% | 95% | 96% |

| Q.6 IF YOU PROVIDE UNPAID CARE FOR A FAMILY MEMBER, DO YOU NEED ASSISTANCE WITH....? (Percent selected) |
|---|---|---|---|---|
| Relief | 56% | 54% | 54% | 77% | 56% | 56% |
| Support services | 14% | 19% | 14% | 16% | 22% | 11% |
| Financial services | 16% | 19% | 16% | 12% | 22% | 13% |

<p>| Q.7 HOW EASY OR DIFFICULT IS IT FOR YOU TO USE THE COMPUTER TO...? |
|---|---|---|---|---|---|---|
| Send emails |
| (Easy) No Difficulty | 62% | 53% | 60% | 70% | 59% | 69% |
| Minor Difficulty | 14% | 14% | 15% | 10% | 16% | 13% |
| Serious Difficulty | 5% | 5% | 4% | 4% | 5% | 4% |
| Unable to Do | 19% | 28% | 21% | 16% | 21% | 15% |
| Search internet |
| (Easy) No Difficulty | 57% | 45% | 54% | 65% | 55% | 64% |
| Minor Difficulty | 19% | 20% | 21% | 15% | 19% | 18% |
| Serious Difficulty | 5% | 8% | 4% | 4% | 5% | 3% |
| Unable to Do | 19% | 27% | 20% | 16% | 20% | 15% |</p>
<table>
<thead>
<tr>
<th>Q.8 WHICH OF THE FOLLOWING ACTIVITIES DO YOU PARTICIPATE IN AT LEAST ONCE A MONTH? (Percent selected)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recreation/hobbies</td>
</tr>
<tr>
<td>Physical exercise</td>
</tr>
<tr>
<td>Entertainment</td>
</tr>
<tr>
<td>Education/classes</td>
</tr>
<tr>
<td>Religious/faith</td>
</tr>
<tr>
<td>Volunteering</td>
</tr>
<tr>
<td>Job training</td>
</tr>
<tr>
<td>Community organizations</td>
</tr>
<tr>
<td>Spending time with youth</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q.9 THIS IS A LIST OF ACTIVITIES THAT ARE DIFFICULT FOR SOME PEOPLE. PLEASE INDICATE HOW DIFFICULT EACH ONE IS FOR YOU.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eating</td>
</tr>
<tr>
<td>(Easy) No Difficulty</td>
</tr>
<tr>
<td>Minor Difficulty</td>
</tr>
<tr>
<td>Serious Difficulty</td>
</tr>
<tr>
<td>Unable to Do</td>
</tr>
<tr>
<td>Bathing</td>
</tr>
<tr>
<td>(Easy) No Difficulty</td>
</tr>
<tr>
<td>Minor Difficulty</td>
</tr>
<tr>
<td>Serious Difficulty</td>
</tr>
<tr>
<td>Unable to Do</td>
</tr>
<tr>
<td>Dressing/undressing</td>
</tr>
<tr>
<td>(Easy) No Difficulty</td>
</tr>
<tr>
<td>Minor Difficulty</td>
</tr>
<tr>
<td>Serious Difficulty</td>
</tr>
<tr>
<td>Unable to Do</td>
</tr>
<tr>
<td>Walking</td>
</tr>
<tr>
<td>(Easy) No Difficulty</td>
</tr>
<tr>
<td>Minor Difficulty</td>
</tr>
<tr>
<td>Serious Difficulty</td>
</tr>
<tr>
<td>Unable to Do</td>
</tr>
<tr>
<td>Getting in and out of bed</td>
</tr>
<tr>
<td>(Easy) No Difficulty</td>
</tr>
<tr>
<td>Minor Difficulty</td>
</tr>
<tr>
<td>Serious Difficulty</td>
</tr>
<tr>
<td>Unable to Do</td>
</tr>
<tr>
<td>Getting to the bathroom</td>
</tr>
<tr>
<td>(Easy) No Difficulty</td>
</tr>
<tr>
<td>Minor Difficulty</td>
</tr>
<tr>
<td>Serious Difficulty</td>
</tr>
<tr>
<td>Unable to Do</td>
</tr>
<tr>
<td>Preparing meals</td>
</tr>
<tr>
<td>(Easy) No Difficulty</td>
</tr>
<tr>
<td>Minor Difficulty</td>
</tr>
<tr>
<td>Serious Difficulty</td>
</tr>
<tr>
<td>Unable to Do</td>
</tr>
</tbody>
</table>
### Using the telephone

<table>
<thead>
<tr>
<th>Category</th>
<th>Total (n=115-1,757)</th>
<th>District 1 (n=24-326)</th>
<th>District 2 (n=28-573)</th>
<th>District 3 (n=31-551)</th>
<th>District 4 (n=41-400)</th>
<th>District 5 (n=32-584)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Easy) No Difficulty</td>
<td>93%</td>
<td>81%</td>
<td>94%</td>
<td>94%</td>
<td>93%</td>
<td>94%</td>
</tr>
<tr>
<td>Minor Difficulty</td>
<td>5%</td>
<td>11%</td>
<td>4%</td>
<td>4%</td>
<td>5%</td>
<td>4%</td>
</tr>
<tr>
<td>Serious Difficulty</td>
<td>1%</td>
<td>4%</td>
<td>2%</td>
<td>1%</td>
<td>1%</td>
<td>1%</td>
</tr>
<tr>
<td>Unable to Do</td>
<td>1%</td>
<td>4%</td>
<td>&lt;1%</td>
<td>&lt;1%</td>
<td>1%</td>
<td>1%</td>
</tr>
</tbody>
</table>

Q.10 IF YOU HAVE DIFFICULTY WITH ANY OF THE ABOVE TASKS, WHO USUALLY ASSISTS YOU? (Percent selected)

- Spouse: 22% (District 1), 22% (District 2), 21% (District 3), 23% (District 4), 24% (District 5)
- Other family member: 12% (District 1), 14% (District 2), 10% (District 3), 8% (District 4), 14% (District 5)
- Agency/volunteer: 3% (District 1), 5% (District 2), 4% (District 3), 3% (District 4), 1% (District 5)
- No one assists me: 67% (District 1), 64% (District 2), 70% (District 3), 71% (District 4), 63% (District 5)

Q.11 DO YOU NEED ASSISTANCE WITH ANY OF THE FOLLOWING ACTIVITIES? (Percent selected)

**IN-HOME SERVICES**

- Cooking: 9% (District 1), 13% (District 2), 8% (District 3), 6% (District 4), 11% (District 5), 7% (Total)
- Routine housework: 19% (District 1), 26% (District 2), 18% (District 3), 16% (District 4), 23% (District 5), 16% (Total)
- Bill paying/budgeting: 8% (District 1), 11% (District 2), 8% (District 3), 6% (District 4), 9% (District 5), 6% (Total)
- Grocery Shopping: 11% (District 1), 17% (District 2), 12% (District 3), 9% (District 4), 15% (District 5), 10% (Total)
- Yard work: 30% (District 1), 31% (District 2), 34% (District 3), 27% (District 4), 29% (District 5), 28% (Total)
- Laundry: 9% (District 1), 15% (District 2), 8% (District 3), 7% (District 4), 12% (District 5), 8% (Total)
- Picking up Medication: 9% (District 1), 15% (District 2), 9% (District 3), 7% (District 4), 13% (District 5), 7% (Total)
- Minor home repairs: 30% (District 1), 34% (District 2), 34% (District 3), 29% (District 4), 32% (District 5), 27% (Total)
- Transfer from bed to wheelchair: 4% (District 1), 8% (District 2), 4% (District 3), 3% (District 4), 4% (District 5), 2% (Total)
- Other: 3% (District 1), 7% (District 2), 3% (District 3), 2% (District 4), 6% (District 5), 4% (Total)

**TRANSPORTATION SERVICES**

- Transportation to medical appts: 14% (District 1), 20% (District 2), 14% (District 3), 11% (District 4), 17% (District 5), 12% (Total)
- Transportation to grocery/shopping/errands: 12% (District 1), 18% (District 2), 11% (District 3), 10% (District 4), 15% (District 5), 10% (Total)
- Transportation to social activities: 11% (District 1), 16% (District 2), 10% (District 3), 9% (District 4), 13% (District 5), 9% (Total)
- Other: 5% (District 1), 8% (District 2), 5% (District 3), 4% (District 4), 9% (District 5), 5% (Total)

Q.12 THIS IS A LIST OF POTENTIAL HOUSING CONCERNS FOR OLDER PEOPLE. PLEASE INDICATE IF EACH ONE IS A PROBLEM TO YOU PERSONALLY. (Percent selected)

- Paying for my mortgage: 8% (District 1), 8% (District 2), 10% (District 3), 7% (District 4), 6% (District 5), 8% (Total)
- Paying rent: 8% (District 1), 11% (District 2), 8% (District 3), 7% (District 4), 10% (District 5), 7% (Total)
- Paying condo maintenance fees: 3% (District 1), 4% (District 2), 3% (District 3), 2% (District 4), 2% (District 5), 2% (Total)
- Finding affordable housing: 7% (District 1), 10% (District 2), 8% (District 3), 5% (District 4), 9% (District 5), 6% (Total)
- Finding housing that allows pets: 3% (District 1), 4% (District 2), 3% (District 3), 2% (District 4), 3% (District 5), 3% (Total)
- Getting my landlord to make needed repairs: 2% (District 1), 4% (District 2), 1% (District 3), 1% (District 4), 2% (District 5), 2% (Total)
- Major home repairs: 24% (District 1), 22% (District 2), 27% (District 3), 24% (District 4), 22% (District 5), 22% (Total)
- Minor home repairs: 19% (District 1), 20% (District 2), 23% (District 3), 18% (District 4), 17% (District 5), 17% (Total)
- Yard work: 22% (District 1), 21% (District 2), 26% (District 3), 20% (District 4), 18% (District 5), 22% (Total)
- Having a safe living environment: 9% (District 1), 12% (District 2), 8% (District 3), 5% (District 4), 13% (District 5), 6% (Total)
- Other: 3% (District 1), 5% (District 2), 3% (District 3), 2% (District 4), 4% (District 5), 3% (Total)
Q.13 WHERE DO YOU CURRENTLY RESIDE?

<table>
<thead>
<tr>
<th>Residence</th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>In a home that I own</td>
<td>76%</td>
<td>67%</td>
<td>80%</td>
<td>80%</td>
<td>69%</td>
<td>79%</td>
</tr>
<tr>
<td>In a home that I rent</td>
<td>13%</td>
<td>21%</td>
<td>8%</td>
<td>10%</td>
<td>20%</td>
<td>11%</td>
</tr>
<tr>
<td>With a relative/friend</td>
<td>6%</td>
<td>7%</td>
<td>5%</td>
<td>7%</td>
<td>5%</td>
<td>6%</td>
</tr>
<tr>
<td>Other</td>
<td>5%</td>
<td>6%</td>
<td>6%</td>
<td>5%</td>
<td>4%</td>
<td>6%</td>
</tr>
</tbody>
</table>

Q.14 THIS IS A LIST OF POTENTIAL LEGAL CONCERNS FOR OLDER PEOPLE. PLEASE INDICATE IF EACH ONE IS A PROBLEM TO YOU PERSONALLY. (Percent selected)

<table>
<thead>
<tr>
<th>Concern</th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Needing a will or trust</td>
<td>22%</td>
<td>26%</td>
<td>21%</td>
<td>20%</td>
<td>27%</td>
<td>19%</td>
</tr>
<tr>
<td>Receiving Social Security benefits</td>
<td>16%</td>
<td>19%</td>
<td>14%</td>
<td>14%</td>
<td>17%</td>
<td>14%</td>
</tr>
<tr>
<td>Property crime in my neighborhood</td>
<td>10%</td>
<td>14%</td>
<td>9%</td>
<td>9%</td>
<td>13%</td>
<td>9%</td>
</tr>
<tr>
<td>Having financial debt</td>
<td>19%</td>
<td>20%</td>
<td>19%</td>
<td>18%</td>
<td>23%</td>
<td>19%</td>
</tr>
<tr>
<td>Being a victim of identity theft</td>
<td>21%</td>
<td>22%</td>
<td>18%</td>
<td>21%</td>
<td>26%</td>
<td>20%</td>
</tr>
<tr>
<td>Receiving Medi-Cal benefits</td>
<td>11%</td>
<td>16%</td>
<td>11%</td>
<td>6%</td>
<td>13%</td>
<td>9%</td>
</tr>
<tr>
<td>Financial responsibility for a relative</td>
<td>12%</td>
<td>13%</td>
<td>13%</td>
<td>11%</td>
<td>16%</td>
<td>8%</td>
</tr>
<tr>
<td>Being a victim of physical abuse</td>
<td>3%</td>
<td>5%</td>
<td>2%</td>
<td>2%</td>
<td>5%</td>
<td>2%</td>
</tr>
<tr>
<td>Other</td>
<td>3%</td>
<td>5%</td>
<td>4%</td>
<td>3%</td>
<td>5%</td>
<td>2%</td>
</tr>
</tbody>
</table>

Q.15 HAVE YOU:

HAD A PHYSICAL EXAM WITHIN THE LAST 3 YEARS

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>94%</td>
<td>90%</td>
<td>92%</td>
<td>95%</td>
<td>93%</td>
<td>96%</td>
</tr>
<tr>
<td>No</td>
<td>5%</td>
<td>8%</td>
<td>7%</td>
<td>5%</td>
<td>6%</td>
<td>4%</td>
</tr>
<tr>
<td>Can't remember</td>
<td>1%</td>
<td>2%</td>
<td>&lt;1%</td>
<td>0%</td>
<td>2%</td>
<td>0%</td>
</tr>
</tbody>
</table>

HAD A DENTAL EXAM WITHIN THE LAST 3 YEARS

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>85%</td>
<td>80%</td>
<td>84%</td>
<td>90%</td>
<td>84%</td>
<td>87%</td>
</tr>
<tr>
<td>No</td>
<td>14%</td>
<td>19%</td>
<td>15%</td>
<td>10%</td>
<td>15%</td>
<td>12%</td>
</tr>
<tr>
<td>Can't remember</td>
<td>1%</td>
<td>1%</td>
<td>1%</td>
<td>1%</td>
<td>1%</td>
<td>1%</td>
</tr>
</tbody>
</table>

HAD A FLU SHOT WITHIN THE LAST 1 YEAR

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>77%</td>
<td>74%</td>
<td>78%</td>
<td>80%</td>
<td>78%</td>
<td>77%</td>
</tr>
<tr>
<td>No</td>
<td>22%</td>
<td>25%</td>
<td>21%</td>
<td>20%</td>
<td>21%</td>
<td>22%</td>
</tr>
<tr>
<td>Can't remember</td>
<td>1%</td>
<td>1%</td>
<td>&lt;1%</td>
<td>&lt;1%</td>
<td>1%</td>
<td>1%</td>
</tr>
</tbody>
</table>

HAD A PNEUMONIA SHOT WITHIN THE LAST 10 YEARS

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>69%</td>
<td>65%</td>
<td>72%</td>
<td>70%</td>
<td>67%</td>
<td>71%</td>
</tr>
<tr>
<td>No</td>
<td>25%</td>
<td>28%</td>
<td>23%</td>
<td>26%</td>
<td>26%</td>
<td>26%</td>
</tr>
<tr>
<td>Can't remember</td>
<td>5%</td>
<td>7%</td>
<td>5%</td>
<td>4%</td>
<td>6%</td>
<td>3%</td>
</tr>
</tbody>
</table>

Q.16 THIS IS A LIST OF POTENTIAL HEALTH CONCERNS FOR OLDER PEOPLE. PLEASE INDICATE IF EACH ONE IS A PROBLEM TO YOU PERSONALLY. (Percent selected)

<table>
<thead>
<tr>
<th>Concern</th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Being able to afford medical care</td>
<td>30%</td>
<td>32%</td>
<td>32%</td>
<td>25%</td>
<td>27%</td>
<td>32%</td>
</tr>
<tr>
<td>Being able to afford dental care</td>
<td>38%</td>
<td>43%</td>
<td>39%</td>
<td>31%</td>
<td>38%</td>
<td>38%</td>
</tr>
<tr>
<td>Being able to afford prescription drugs</td>
<td>26%</td>
<td>30%</td>
<td>28%</td>
<td>21%</td>
<td>26%</td>
<td>24%</td>
</tr>
<tr>
<td>Being able to afford vision care</td>
<td>30%</td>
<td>35%</td>
<td>30%</td>
<td>23%</td>
<td>29%</td>
<td>29%</td>
</tr>
<tr>
<td>Being able to afford hearing care</td>
<td>26%</td>
<td>27%</td>
<td>28%</td>
<td>21%</td>
<td>24%</td>
<td>27%</td>
</tr>
<tr>
<td>Getting my prescription refilled on time</td>
<td>13%</td>
<td>16%</td>
<td>14%</td>
<td>10%</td>
<td>11%</td>
<td>13%</td>
</tr>
<tr>
<td>Remembering to take my pills on time</td>
<td>12%</td>
<td>16%</td>
<td>13%</td>
<td>9%</td>
<td>13%</td>
<td>11%</td>
</tr>
</tbody>
</table>
Understanding doctor instructions | 11% | 14% | 11% | 7% | 9% | 11%
---|---|---|---|---|---|---
Other | 5% | 7% | 5% | 3% | 6% | 4%

Q.17 IN A TYPICAL DAY, HOW MANY SERVINGS OF FRUITS AND VEGETABLES DO YOU EAT?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
</table>
| None | 2% | 5% | 1% | 1% | 3% | 2%
| 1 to 2 | 50% | 50% | 54% | 48% | 49% | 47%
| 3 to 4 | 38% | 32% | 37% | 40% | 37% | 42%
| 5 or more | 10% | 13% | 8% | 10% | 10% | 9%

Q.18 HOW MANY DAYS DO YOU ENGAGE IN AT LEAST 30 MINUTES OF MODERATE PHYSICAL ACTIVITY IN A TYPICAL WEEK (BRISK WALKING, FITNESS CLASS, ETC.)?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
</table>
| 0 days | 20% | 25% | 22% | 16% | 21% | 18%
| 1 to 2 days | 23% | 23% | 24% | 23% | 20% | 25%
| 3 to 4 days | 29% | 23% | 28% | 31% | 25% | 31%
| 5 or more days | 28% | 28% | 26% | 30% | 33% | 26%

Q.19 HAVE YOU FALLEN IN THE PAST 12 MONTHS?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
</table>
| Yes | 22% | 25% | 23% | 20% | 23% | 21%
| No | 78% | 75% | 77% | 80% | 77% | 79%

Q.20 DO YOU CURRENTLY SMOKE?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
</table>
| Yes | 7% | 7% | 7% | 6% | 6% | 8%
| No | 93% | 93% | 93% | 94% | 94% | 92%

Q.21 HOW MANY ALCOHOLIC DRINKS DO YOU CONSUME IN A TYPICAL WEEK?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
</table>
| None | 56% | 62% | 57% | 48% | 55% | 55%
| 1-3 drinks | 21% | 18% | 18% | 24% | 23% | 21%
| 4-6 drinks | 14% | 14% | 15% | 18% | 14% | 14%
| 7+ drinks | 9% | 6% | 10% | 9% | 9% | 10%

Q.22 WHICH OF THE FOLLOWING BEST DESCRIBES YOUR EMPLOYMENT SITUATION?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
</table>
| Currently employed | 18% | 15% | 15% | 22% | 20% | 18%
| Currently employed but would like to work fewer hours | 1% | 3% | 1% | 1% | 2% | 1%
| Currently employed but would like to work more hours | 2% | 1% | 1% | 2% | 2% | 2%
| Currently employed and would like to quit job but can't because need the income | 3% | 1% | 3% | 2% | 3% | 4%
| Not employed, but would like to find a job | 9% | 10% | 7% | 7% | 10% | 11%
| Not employed and not interested in finding a job | 67% | 70% | 73% | 66% | 63% | 64%

Q.23 WHICH OF THE FOLLOWING PROVIDE YOU WITH A SOURCE OF INCOME? (Percent selected)

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>District 1</th>
<th>District 2</th>
<th>District 3</th>
<th>District 4</th>
<th>District 5</th>
</tr>
</thead>
</table>
| Employment | 21% | 16% | 17% | 26% | 24% | 22%
| Social Security | 79% | 81% | 86% | 76% | 71% | 82%
| SS/SSP | 5% | 8% | 3% | 4% | 10% | 3%
| Pension | 49% | 50% | 53% | 52% | 47% | 45%
| Investments/savings | 46% | 40% | 45% | 53% | 38% | 51%
<table>
<thead>
<tr>
<th>Q.24 HOW WELL DOES YOUR INCOME SUPPORT YOUR CURRENT NEEDS?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extremely well</td>
</tr>
<tr>
<td>----------------</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Extremely well</td>
</tr>
<tr>
<td>Well</td>
</tr>
<tr>
<td>Somewhat well</td>
</tr>
<tr>
<td>Not well at all</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q.25 DURING THE PAST MONTH, HOW OFTEN HAVE YOU BEEN BOTHERED BY EMOTIONAL PROBLEMS SUCH AS FEELING UNHAPPY, ANXIOUS, DEPRESSED, OR IRRITABLE?</th>
</tr>
</thead>
<tbody>
<tr>
<td>All of the time</td>
</tr>
<tr>
<td>--------------------------</td>
</tr>
<tr>
<td>All of the time</td>
</tr>
<tr>
<td>All of the time</td>
</tr>
<tr>
<td>Most of the time</td>
</tr>
<tr>
<td>Some of the time</td>
</tr>
<tr>
<td>A little of the time</td>
</tr>
<tr>
<td>None of the time</td>
</tr>
<tr>
<td>Don't know</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q.26 DO YOU AGREE OR DISAGREE THAT THE ISSUE OF ISOLATION/LONELINESS AFFECTS YOUR QUALITY OF LIFE:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes, Strongly agree</td>
</tr>
<tr>
<td>------------------------------------------</td>
</tr>
<tr>
<td>Yes, Strongly agree</td>
</tr>
<tr>
<td>Yes, Somewhat agree</td>
</tr>
<tr>
<td>Neutral</td>
</tr>
<tr>
<td>No, Somewhat disagree</td>
</tr>
<tr>
<td>No, Strongly disagree</td>
</tr>
<tr>
<td>Don't know</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q.27 WHICH OF THE FOLLOWING GROUPS CONTAINS YOUR AGE?</th>
</tr>
</thead>
<tbody>
<tr>
<td>64 and under</td>
</tr>
<tr>
<td>------------------------------------------------------</td>
</tr>
<tr>
<td>64 and under</td>
</tr>
<tr>
<td>64 and under</td>
</tr>
<tr>
<td>65-74</td>
</tr>
<tr>
<td>75-84</td>
</tr>
<tr>
<td>85 or over</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q.28 ARE YOU?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
</tr>
<tr>
<td>---------------</td>
</tr>
<tr>
<td>Male</td>
</tr>
<tr>
<td>Male</td>
</tr>
<tr>
<td>Female</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q.29 ARE YOU CURRENTLY:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Married</td>
</tr>
<tr>
<td>-------------------------</td>
</tr>
<tr>
<td>Married</td>
</tr>
<tr>
<td>Married</td>
</tr>
<tr>
<td>Widowed</td>
</tr>
<tr>
<td>Separated</td>
</tr>
<tr>
<td>Divorced</td>
</tr>
<tr>
<td>Never married</td>
</tr>
<tr>
<td>Not married, but living together in a committed relationship</td>
</tr>
<tr>
<td>Other</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q.30 PLEASE CIRCLE YOUR ETHNIC GROUP.</th>
</tr>
</thead>
<tbody>
<tr>
<td>White/Caucasian</td>
</tr>
<tr>
<td>--------------------------------------</td>
</tr>
<tr>
<td>White/Caucasian</td>
</tr>
<tr>
<td>White/Caucasian</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
</tr>
<tr>
<td>Black/African American</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>--------------------------</td>
</tr>
<tr>
<td>Asian</td>
</tr>
<tr>
<td>Hawaiian or Pacific Islander</td>
</tr>
<tr>
<td>Native American/Alaska native</td>
</tr>
<tr>
<td>Multi-ethnic</td>
</tr>
<tr>
<td>Other</td>
</tr>
</tbody>
</table>

Q. 31 PLEASE CIRCLE THE HIGHEST GRADE LEVEL YOU COMPLETED.

<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Total n=115-1,757</th>
<th>District 1 n=24-326</th>
<th>District 2 n=28-573</th>
<th>District 3 n=31-551</th>
<th>District 4 n=41-400</th>
<th>District 5 n=32-584</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 to 8th grade</td>
<td>5%</td>
<td>12%</td>
<td>3%</td>
<td>3%</td>
<td>5%</td>
<td>4%</td>
</tr>
<tr>
<td>9 to 12 grade</td>
<td>16%</td>
<td>20%</td>
<td>20%</td>
<td>13%</td>
<td>14%</td>
<td>14%</td>
</tr>
<tr>
<td>Some college</td>
<td>34%</td>
<td>28%</td>
<td>38%</td>
<td>30%</td>
<td>32%</td>
<td>35%</td>
</tr>
<tr>
<td>College graduate</td>
<td>45%</td>
<td>39%</td>
<td>39%</td>
<td>54%</td>
<td>49%</td>
<td>46%</td>
</tr>
</tbody>
</table>

Q. 32 DO YOU LIVE ALONE?

<table>
<thead>
<tr>
<th>Response</th>
<th>Total n=115-1,757</th>
<th>District 1 n=24-326</th>
<th>District 2 n=28-573</th>
<th>District 3 n=31-551</th>
<th>District 4 n=41-400</th>
<th>District 5 n=32-584</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>27%</td>
<td>31%</td>
<td>25%</td>
<td>22%</td>
<td>28%</td>
<td>26%</td>
</tr>
<tr>
<td>No</td>
<td>73%</td>
<td>69%</td>
<td>75%</td>
<td>78%</td>
<td>72%</td>
<td>74%</td>
</tr>
</tbody>
</table>