

# DIGNITY AT HOME

## FALL PREVENTION PROGRAM



**The County of San Diego Health and Human Services Agency, Aging & Independence Services is providing **FREE** fall prevention kits to qualifying program participants**

Each kit will contain a variety of home safety products, assistive devices, and other tools to prevent falls and fall-related injuries and encourage healthy aging.

**To qualify for this program, you must:**

- Be aged 60 and older or a person with a disability of any age
- Be a resident of San Diego County
- Be at risk of falling

**TO APPLY, VISIT [BIT.LY/DAH2SD](https://bit.ly/DAH2SD) | QUESTIONS? CALL (858) 495-5500**

*\*Application available in 5 languages*

*\*Participants are limited to receive one kit*