

# DIGNITY AT HOME

## FALL PREVENTION PROGRAM



**The County of San Diego Health and Human Services Agency, Aging & Independence Services is providing **FREE** fall prevention items to qualifying program participants**

This includes home safety products, assistive devices, and other tools to prevent falls and encourage healthy aging.

*\*Items are available while supplies last*

**To request one or more items, you must:**

- Be aged 60 and older or a person with a disability of any age
- Be a resident of San Diego County
- Be at risk of falling



Scan to submit  
a request

To view a list of items and submit a request, visit <https://forms.cloud.microsoft/g/GRM36T83PA>  
Questions? Call (858) 495-5500 or email [HealthierLiving.HHSA@sdcounty.ca.gov](mailto:HealthierLiving.HHSA@sdcounty.ca.gov)