

San Diego Fall Prevention Task Force



About the Task Force

Established in 2004, the San Diego Fall Prevention Task Force consists of service providers and community members who are dedicated to promoting the health, safety, independence, and quality of life of older adults through fall prevention. The coalition convenes monthly to collaborate on initiatives, resources, awareness campaigns, and programs that advance its mission of reducing falls and their devastating consequences in San Diego County. Members of diverse sectors share best practices for preventing falls and receive education on evidence-based interventions and strategies that can be applied to their work with clients and patients. The Task Force also hosts a Speakers Bureau and Balance Screeners Bureau which provide free presentations and fall risk assessments to community groups.

Meeting Details

2nd Tuesday of the month | 1:00 pm – 2:00 pm

Meetings are dark in June, September, and December

All meetings are occurring virtually on Zoom

Link to Join: <https://us06web.zoom.us/j/87633393359>

Meeting ID: 876 3339 3359 | Call-In Option: 1 (253) 215-8782

To join our e-mail listserv, please e-mail HealthierLiving.HHSA@sdcounty.ca.gov

or call (858) 495-5500. For more information, please visit our website

www.SanDiegoFallPrevention.org



Speakers Bureau & Balance Screeners Bureau

What is the Speakers Bureau?

The Speakers Bureau consists of select members of the San Diego Fall Prevention Task Force who are trained to provide fall prevention presentations in the community. Presentation sites often include libraries, senior living communities, and senior centers. Presentations can be provided in-person or virtually.

What topics are addressed in the presentation?

The Speakers Bureau presentation highlights local and national fall statistics, common fall risk factors, effective fall reduction strategies, and available community programs.

What is the Balance Screeners Bureau?

The Balance Screeners Bureau consists of healthcare providers—including nurses, physical therapists, and occupational therapists—who are trained to conduct fall risk screenings at community events.

Is there a cost associated with these services?

All services are provided at no cost to participating sites and community members.

How do I request these services?

Please call (858) 495-5500 and leave a message with your name, phone number, and service requested. Your call will be returned within 1-2 business days.

