



DIRECTORY OF SUBSTANCE USE DISORDER PROGRAMS FOR ADULTS & OLDER ADULTS

OUTPATIENT SERVICES

CENTRAL

Solutions for Recovery - Family Health Centers of San Diego

1750 5th Ave, San Diego, CA 92101

Tel: (619) 515-2588

Website: www.fhcsd.org/substance-use-disorder-services

LGBTQ emphasis

ECS - Central East Regional Recovery Center

4660 El Cajon Blvd Suite 210, San Diego, CA 92115

Tel: (619) 597-7335

Website: www.ecscalifornia.org/central-east-regional-recovery-center

Adult and Transitional Age Youth (TAY) services

Union of Pan Asian Communities (UPAC)

Substance Use Outpatient Treatment Program

3288 El Cajon Blvd, San Diego, CA 92104

Tel: (619) 521-5720

Website: www.upacsd.com/programs/addiction-treatment-recovery-programs/

UPAC - Expanding Horizons

3539 College Ave, San Diego, CA 92115

Tel: (619) 818-3788

Website: www.upacsd.com

Transitional Age Youth (TAY) services

EAST

McAlister Institute for Treatment & Education (MITE) - East County Regional Recovery Center

1365 N Johnson Ave Suite 111, El Cajon, CA 92020

Tel: (619) 440-4801

Website: www.mcalisterinc.org/programs

NORTH CENTRAL

Solutions for Recovery at North Central Behavioral Health Center

4930 Naples St, San Diego, CA 92110

Tel: (619) 269-8969

Website: www.fhcsd.org/north-central-behavioral-health-center/

Deaf Community Services (DCS)

Mental Health and Substance Use Conditions

1545 Hotel Circle S Suite 300, San Diego, CA 92108

Tel: (619) 398-2441

Video Phone: (619) 550-3436

Website: www.deafcommunityservices.org

Behavioral Health Services for Deaf and Hard of Hearing

NORTH COASTAL

MITE - North Coastal Regional Recovery Center

1701 Mission Ave #310, Oceanside, CA 92058 and

1211 W Vista Way, Bldg C, Vista, CA 92083

Tel: (760) 721-2781 x 1402

Website: www.mcalisterinc.org/programs

NORTH INLAND

MITE - North Inland Regional Recovery Center

200 E Washington Ave #100, Escondido, CA 92025

Tel: (760) 741-7708

Website: www.mcalisterinc.org/programs

Interfaith Community Services Substance Use Outpatient Treatment

1820 S Escondido Blvd #100, Escondido, CA 92025

Tel: (760) 294-6356 x 231 or 233

Website: www.interfaithservices.org

Outpatient, intensive outpatient, and recovery services (aftercare) provided

SOUTH

MITE - South Bay Regional Recovery Center

1180 3rd Ave Suite C-3, Chula Vista, CA 91911

Tel: (619) 691-8164

Website: www.mcalisterinc.org/programs

Homeless support services provided

South Bay Behavioral Health Center

740 10th Street, Imperial Beach, CA 91932

Tel: (619) 906-5323

Website: www.fhcsd.org/south-bay-behavioral-health-center/



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COUNTYWIDE RESIDENTIAL SERVICES

Alpha Project - Casa Raphael

993 Postal Way, Vista, CA 92083

Tel: (760) 630-9922

Website: www.alphaproject.org/programs/residential-treatment*Men's residential services***Amity Vista Ranch**

2260 Watson Way, Vista, CA 92083

Tel: (760) 599-1892

Website: www.amityfdn.org/vista-ranch*Men's residential services***Crossroads**3594 4th Ave, San Diego, CA 92103

Tel: (619) 296-1151

Website: www.crossroads4recovery.org*Women's residential services***CRASH - Short Term I**

4161 Marlborough Ave, San Diego, CA 92105

Tel: (619) 282-7274

Website: www.crashinc.org*Men's residential services***CRASH - Golden Hill House**

2410 E St, San Diego, CA 92102

Tel: (619) 234-3346

Website: www.crashinc.org*Women's residential services***CRASH - Golden Hill House II**835 25th St, San Diego, CA 92102

Tel: (619) 239-9691

Website: www.crashinc.org*Co-ed residential services***Fellowship Center**

Program (ASAM levels 3.1, 3.2, 3.5)

737 E Grand Ave, Escondido, CA 92025

Tel: (760) 745-8478

Website: www.thefellowshipcenter.org*Men's residential services***San Diego Freedom Ranch**

1777 Buckman Springs Rd, Campo, CA 91906

Tel: (619) 478-5696

Website: www.sdfreedomranch.org*Men's residential services***Heartland House**

5855 Streamview Dr, San Diego, CA 92105

Tel: (619) 287-5460

Website: www.heartlandhouse.org/*Men's residential services***House of Metamorphosis**

2970 Market St, San Diego, CA 92102

Tel: (619) 236-9217

Website: houseofmetamorphosis.org*Men's residential services***Interfaith Community Services**

Escondido Community Sobering Services

550 W Washington Ave, Escondido, CA 92025

Tel: (760) 489-6380 x 246 | (760) 489-6380 x 279

Website: www.interfaithservices.org*Men's and women's residential services***MAAC Project - Casa de Milagros**1127 S 38th St, San Diego, CA 92113

Tel: (619) 262-4002

Website: <https://www.maacproject.org/main/impact/healthy-homes-health-services/recovery-homes/>*Women's residential services***MAAC Project - Nosotros**73 N 2nd Ave Bldg B, Chula Vista, CA 91911

Tel: (619) 426-4801

Website: <https://www.maacproject.org/main/impact/healthy-homes-health-services/recovery-homes/>*Men's residential services***Pathfinders of San Diego**

2980 Cedar St, San Diego, CA 92102

Tel: (619) 260-1605

Website: pathfindersofsd.org/*Men's residential services***Stepping Stone of San Diego**

3767 Central Ave, San Diego, CA 92105

Tel: (619) 278-0777

Website: www.steppingstonesd.org*LGBTQ emphasis***Tradition One**

4104 Delta St, San Diego, CA 92113

Tel: (619) 264-0141

Website: www.traditionone.com*Men's residential services***Turning Point**1315 25th St, San Diego, CA 92102

Tel: (619) 233-0067

Website: www.turningpointhome.org*Women's residential services***Veterans Village of San Diego**

4141 Pacific Highway, San Diego CA 92110

Tel: (619) 393-2000

Website: www.vvvsd.net*Co-ed residential services*



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COUNTYWIDE RESIDENTIAL SERVICES CONTINUED

The Way Back

2516 A St, San Diego, CA 92102

Tel: (619) 235-0592

Website: www.thewaybacksd.org

Men's residential services

McAlister Institute New Connections

2049 Skyline Drive, Lemon Grove, CA 91945

Tel: (619) 465-7303

Website: www.mcalisterinc.org/programs

Men's and women's residential services

JUSTICE INVOLVED

CENTRAL

MITE - Inebriate Reception Center

3511 India St, San Diego, CA 92103

Tel: (619) 294-5760

Website: www.mcalisterinc.org/programs/

MHS - Serial Inebriate Program (SIP)

Alcohol Treatment Services

3340 Kemper St Suite 105, San Diego, CA 92110

Tel: (619) 523-8121

Website: www.turnbhs.org/programs/

San Diego Second Chance Re-Entry Court Services

6145 Imperial Ave, San Diego, CA 92114

Tel: (619) 234-8888

Website: www.secondchanceprogram.org/reentry-court

ADULT DRUG COURTS

MHS - East County Center for Change Adult Drug Court

10159 Mission Gorge Rd Suites C/D/E/F/G, Santee, CA 92071

Tel: (619) 579-0947

Website: www.turnbhs.org/programs/

Must meet certain requirements

MHS - North County Center for Change Adult Drug Court

504 W Vista Way, Vista, CA 92083

Tel: (760) 940-1836

Website: www.turnbhs.org/programs/

Must meet certain requirements

MHS - South County Center for Change Adult Drug Court

335 Oxford St Suites 206-209, Chula Vista, CA 91911

Tel: (619) 691-1662

Website: www.turnbhs.org/programs/

Must meet certain requirements

MHS - San Diego Center for Change Adult Drug Court

3340 Kemper St Suite 103, San Diego, CA 92110

Tel: (619) 758-1433

Website: www.turnbhs.org/programs/

Must meet certain requirements



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PROGRAMS FOR MENTAL HEALTH & SUBSTANCE USE CONDITIONS

NHA - Healing Oaks Clinic

286 Euclid Ave Suite 102, San Diego, CA 92114

Tel: (619) 859-6270

Website: www.neighborhoodhouse.org/healing-oaks-clinic/

Bio-Psychosocial Rehabilitation (BPSR) and co-occurring conditions program

MHS - ACTION Central

6244 El Cajon Blvd Suite 17, San Diego, CA 92115

Tel: (619) 287-8225

Website: www.turnbhs.org/programs

Mental health and substance use conditions

MHS - ACTION East

10201 Mission Gorge Rd, Santee, CA 92071

Tel: (619) 383-6868

Website: www.turnbhs.org/programs

Mental health and substance use conditions

WITHDRAWAL MANAGEMENT

Interfaith Community Services Residential Treatment

Escondido Community Sobering Services

550 W Washington Ave, Escondido, CA 92025

Tel: (760) 489-6380 x 221 | (760) 489-6380 x 256

Website: www.interfaithservices.org

Men's and women's withdrawal management services

McAlister Institute Adult Detox

2049 Skyline Drive, Lemon Grove, CA 91945

Tel: (619) 442-0277

Website: www.mcalisterinc.org/programs

Men's and women's withdrawal management services

Fellowship Center

Program (ASAM levels 3.1, 3.2, 3.5)

737 E Grand Ave, Escondido, CA 92025

Tel: (760) 745-8478

Website: www.thefellowshipcenter.org

Men's withdrawal management services

Apex Recovery

2810 Camino Del Rio South Suite 106, San Diego, CA 92108

Tel: (619) 914-2690

Website: <https://apexrecoveryca.com/outpatient/>

Adult ambulatory withdrawal management services