

County of San Diego

Children, Youth and Families Behavioral Health System of Care Council (CYFBHSOCC or the Council)

COUNCIL OVERVIEW

History: On December 12, 1995, the County Board of Supervisors supported recommendations to transform the Children's Mental Health System. A Children's Mental Health Services System of Care Steering Committee was established; a Public, Private and Family partnership. In 2004, this committee evolved into the Children's Mental Health Services System of Care Council, a four-sector partnership:

Public: This includes, but is not limited, to entities that represent local government: San Diego County Health and Human Services Agency (HHS): Behavioral Health Services, Behavioral Health Advisory Board, Child Welfare Services, HHS regions, and Public Health Services. It also includes the County's Public Safety Group - Juvenile Probation Department, Juvenile Court; and First 5 San Diego.

Private: Includes the Children, Youth and Families (CYF) System of Care contracted providers. They are also organized with the Mental Health Contractors Association, Alcohol and Drug Providers Association, Fee- For-Service Network, Healthcare-Pediatricians, Managed Care Health Plans, and the San Diego Regional Center.

Family: Youth and families who have lived experience receiving or who have received services from agencies serving children, and/or parents/caregivers of individuals that are receiving or have received services from agencies serving children. This sector includes the CYF Family Youth Liaison).

Education: Representatives are usually also part of the Public Sector but represent Education. Constituencies represented in the Council are the Special Education Local Plan Area (SELPA), School Districts, Regular Education-Pupil Personnel Services, School Boards, Special Education and the San Diego County Office of Education (SDCOE).

The Council serves in an advisory capacity to the Behavioral Health Services (BHS) Director, Dr. Luke Bergmann, and operates according to its by-laws adopted in March 2006 and last revised July 1,2021.

Children, Youth and Families (CYF) Staff to the Council: Yael Koenig, Deputy Director, Children, Youth and Families.

CYF Administrative Support: Edith Mohler, Grisel Ortega-Vaca and Darwin Espejo.

Children, Youth and Families Behavioral Health System of Care Council, Vision, Mission, and Principles:

In 2010, the principles were updated and refined to complement the Live Well, San Diego! initiative (Currently, Live Well vision). In 2016, the Trauma Informed principle was added. In 2017, an Ad Hoc Sub-Committee started working on adding the Persistence principle and completed further refinements to align with the BHS Ten Year Road map. The revised document was unveiled on May 14, 2018.

Council Vision:

Wellness for children, youth, and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

- 1. Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
- 2. Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
- 3. Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
- 4. Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
- 5. Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
- 6. Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
- 7. Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
- 8. Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
- 9. Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
- 10. Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.

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Membership: Limited to 24 voting members, the Council represents the Family/Youth, Public, Private and Education sectors; members are appointed by the Behavioral Health Director to serve a two-year term that may be renewed at his discretion.

Council Members are expected to:

- 1) Attend monthly Council meetings. If unable to attend, the designated alternate is expected to attend.
- 2) Sit at the Council members' table for in person meetings. If a member is absent, alternate acts as representative/sits at the table.
- 3) Align meeting discussions and presentations to the CYF System of Care (SOC) Principles and Live Well San Diego vision.
- 4) Inform constituents of CYF SOC's activities and provide constituency's input to the Council.
- 5) Indoctrinate incoming members into the Council.

Currently, the Council has 24 active seats:

Behavioral Health Advisory Board (BHAB) (1 seat)	Behavioral Health Services (BHS) (1 seat)
Public Safety Group/Probation (1 seat)	Child Welfare Services (Child Welfare Services) (1 seat)
HHS Regions/Representative (1 seat)	Juvenile Court (1 seat)
Special Education (1 seat)	School Board (1 seat)
First 5 Commission (1 seat)	Mental Health Contractors Association (MHCA) (2 seats)
Public Health (1 seat)	Fee-For-Service Network (1 seat)
Managed Care Health Plan (1 seat)	Healthcare/Pediatrician (1 seat)
Family and Youth Liaison (1 seat)	Special Education Local Plan Areas (SELPA) (1 seat)
Regular Education-Pupil Personnel Services (1 seat)	San Diego Regional Center for Developmentally Disabled (1 seat)
Alcohol and Drug Service Provider Association (ADSPA) (2 seats)	Caregiver of child/youth served by the public health system (1 seat)
Youth served by the public health system-through age 25 (2 seats)	

Current Council Sub-Committees and Standing Reports:

Executive	Annual Children's Mental Health Well Being Celebration
Change Agents Developing Recovery Excellence (CADRE)-CYF	Early Childhood
Education Advisory	Family and Youth Sector (Youth/Family Support Partners)
Mental Health Services Act (MHSA) Ad Hoc	Outcomes
Private Sector	Training
Cultural Competence Resource Team (CCRT)	Children, Youth and Families SOC Training Academy
Mental Health Services Act (MHSA)	Transition Age Youth (TAY) Council

**Council General Meeting Schedule:
Meeting dates and times may be adjusted
Currently held virtually**

- **When:** Second Monday of each month.
- **Time:** 9:00 to 10:30 A.M.
- **Where:** Virtual Meetings
- To be added to Email distribution list, contact Grisel.Ortega-Vaca at Grisel.Ortega@sdcounty.ca.gov or call 619-584-3024
- Additional Council information including all approved meeting summaries are posted in the BHS website:
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html