

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING AGENDA

February 11, 2019 – 9:00-10:00 A.M.

Scottish Rite Center- Shell Room- 1895 Camino Del Rio S, San Diego, CA 92108

- | | | | | | | | | | |
|--|--|--------------------------------|-------|--------------------------|--------------------------|--------------------|---------|-------------|--|
| I. Welcome and Introductions (Violeta Mora) | 5 minutes | | | | | | | | |
| II. Approval of Minutes (Dori Gilbert) | 5 minutes | | | | | | | | |
| <ul style="list-style-type: none"> • January 14, 2019- Handout • Review action items from January 2019 – See meeting minutes (Yael Koenig) | | | | | | | | | |
| III. Business Items (Yael Koenig) | 5 minutes | | | | | | | | |
| <ul style="list-style-type: none"> • Critical Issues Conference (Dr. Anoop Kariport & Dr. Jeffrey Rowe) (Handout) • Outcomes subcommittee is reconvening- February 4, 2019 from 11:30 A.M.-12:30 P.M. • Bi-Annual Sub-Committee Discussion to continue March 2019 | | | | | | | | | |
| IV. Mental Health Services Act (MHSA) Update (Martin Dare) | 10 minutes | | | | | | | | |
| V. Sectors “Hot Topics” (Dori Gilbert) | 20 minutes | | | | | | | | |
| <ul style="list-style-type: none"> • Bi-Annual Sub-Committee Discussion: | | | | | | | | | |
| <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 2px;">Early Childhood (January 2019)</td> <td style="padding: 2px;">CADRE</td> </tr> <tr> <td style="padding: 2px;">Outcomes (February 2019)</td> <td style="padding: 2px;">Family and Youth Liaison</td> </tr> <tr> <td style="padding: 2px;">Education Advisory</td> <td style="padding: 2px;">Private</td> </tr> <tr> <td style="padding: 2px;">TAY Council</td> <td style="padding: 2px;">Cultural Competence Resource Team (CCRT)</td> </tr> </table> | | Early Childhood (January 2019) | CADRE | Outcomes (February 2019) | Family and Youth Liaison | Education Advisory | Private | TAY Council | Cultural Competence Resource Team (CCRT) |
| Early Childhood (January 2019) | CADRE | | | | | | | | |
| Outcomes (February 2019) | Family and Youth Liaison | | | | | | | | |
| Education Advisory | Private | | | | | | | | |
| TAY Council | Cultural Competence Resource Team (CCRT) | | | | | | | | |
| VI. Announcements (Violeta Mora) | 5 minutes | | | | | | | | |
| VII. Director’s Report (Alfredo Aguirre) | 10 minutes | | | | | | | | |
| VIII. Alfredo Aguirre’s Retirement Celebration | 10:00-11:00A.M. | | | | | | | | |

Next Executive Committee Conference Call:

Date: Monday, February 25, 2019

Time: 10:00-10:30 A.M.

Location: Via Conference Call

Next Council Meeting:

Date: Monday, March 11, 2019

Time: 9:00-10:30 A.M.

Location: Scottish Rite- Shell Room

Sub-Committees/Sectors/Workgroups Meetings Information:

CCRT: Meets the 1st Friday of the month-6367 Alvarado Court Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

CSOC Academy: Meets the 1st Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.

CYF CADRE: Meets quarterly 2nd Thursday of the month- 5095 Murphy Canyon Rd, San Diego 92123- Suite 320 from 1:30 to 3:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South Suite 101, San Diego, CA 92108 from 10:45 A.M. to 12:15 P.M.

Education Advisory Ad Hoc: Meets as needed.

Family and Youth As Partners: Meets the 3rd Thursday of the month at 5095 Murphy Canyon Road - Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

Family/Youth Sector: Meets quarterly on 4th Thursday of the month at 5095 Murphy Canyon Road - Suite 320, San Diego, CA 92123 from 6:30 to 8:00 P.M.

Outcomes: Meets the 1st Tuesday of the month-La Vista Room from 11:30 A.M. to 12:30 P.M.

Private Sector: Meets as needed.

TAY Council: Meets the 4th Wednesday of the month-3860 Calle Fortunada, San Diego, CA 92123 from 3:00 to 4:30 P.M.

For Council materials go to:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html

**County of San Diego
Children, Youth and Families Behavioral Health
System of Care Council
Mission, Vision, and Principles**

Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.

May 1, 2018

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

January 14, 2019 – 9:00-10:30 A.M.

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	VACANT	
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Norma Rincon	+
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	+	VACANT	O
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	O	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Heather Nemour	+	Corrie McCarthy	
11	School Board	Barbara Ryan	+	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	O
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	+	VACANT	
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Delrena Swaggerty	+	Steven Jella	O
16	Mental Health Contractors Association	Michelle Ly	+	Michelle Hogan	+
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	+	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	VACANT	

FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	O	Valerie Hebert	+
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	VACANT	
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	+	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Christine Frey	+
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	VACANT	O		
-	Executive Committee	Violeta Mora/ Dori Gilbert	+/+		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+/+		
-	Education Committee	Heather Nemour	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson/ Valerie Hebert	o/+		

CYF Council Staff: Edith Mohler, Grisel Ortega and Darwin Espejo

I. Welcome and Introductions (Violeta Mora)

- Reminder that new Council member orientation packets are available upon request from any Council staff member.

II. Approval of Minutes (Yael Koenig and Dori Gilbert)

- Review of action items from December 10, 2018 meeting. See meeting minutes
- December 10, 2018 Council minutes-Approved.

III. Business Items (Yael Koenig)

- HHSA Ten Year Roadmap-BHS Accomplishments: Year Two-(Handout) - (Yael Koenig)
 BHS is updating the Ten Year Roadmap with Year Two Accomplishments (Fiscal Year 2017-18). The BHS Roadmap document outlines a strategic plan to address the most serious behavioral health issues affecting San Diego County over the next 10 years. The Roadmap is updated annually with 12 Priority areas of focus, each with an audacious Vision and clear Strategies to achieve the Vision. As a parallel process, HHSA/BHS reports Accomplishments each year, as related to each Priority in the Roadmap
 - ✓ BHS providers, partners, stakeholders and workgroups are invited to contribute their Fiscal Year 2017-18 outcomes and accomplishments
 - ✓ The deadline to submit information to Council staff is February 15, 2019.
- Board of Supervisors-January 8, 2019 Minute Order 8:
 Addressing the Impacts of Migrant Shelters in San Diego County-(Handout) - (Yael Koenig and Leah Bush)
 The County Board of Supervisors met on January 8, 2019 to address the local impact of temporary shelters for Central Americans migrants seeking asylum in the United States. The Board of Supervisors approved the following recommendations:
 - ✓ Direct the Chief Administrative Officer to continue to pursue armories or other State properties with the Governor's office for assistance in sheltering this population

- ✓ Appoint Supervisor Greg Cox and Supervisor Nathan Fletcher to establish a regional working group from federal, State, County and local stakeholders to address both short and long-term solutions for the migrant crisis in San Diego County
- ✓ Direct the Chief Administration Officer to identify County property for a potential temporary shelter that the State or applicable entity could use to shelter asylum seeking families
- ✓ Direct the Chief Administration Officer to work with federal and State delegations on legislative policy, including funding resources, that would allow the County to provide on-going services to asylum seeking families and receive reimbursement, since immigration regulations are not under local authority

More information on the Board of Supervisors' recommendations can be found at:

<https://www.sandiegocounty.gov/content/sdc/bos/agenda/sop.html>

Additionally, Lea Bush from Jewish Family Services provided an update on the local direct services currently being provided to migrants seeking asylum:

- ✓ Services provided are a result of County, local agencies, and volunteer efforts
 - ✓ Approximately, 4000 individuals have been admitted into the local shelters within the last two months
 - ✓ Most individuals are admitted and discharged within 24 hours
 - ✓ San Diego County Public Health Services has performed approximately 1600 health assessments
 - ✓ Day to day operations have been possible as a result of the Board of Supervisors actions, Public Health Services, continued volunteer support and multi-agency cooperation.
- Child Bereavement Centers in Mission Valley Services-handout
 The Elizabeth Hospice offers free child bereavement services to children between ages 3 to 17 years old and to anyone within San Diego County and Southwest Riverside. Services include:
 - ✓ Support groups
 - ✓ Grief-related activities for ages 6 to 17
 - ✓ School-based support groups in 17 school districts
 - ✓ Community grief education and support

A Special Preview event for the Mission Valley location is scheduled on January 31, 2019. RSVP at: <https://bit.ly/ehopenhouse>. More information about the programs offered by Elizabeth Hospice can be found at: Elizabethhospice.org.

IV. Mental Health Services Act (MHSA) Updates (Martin Dare)

- Community Forums
 - ✓ Data obtained at the forums is being analyzed and will be presented in a report tentatively scheduled for the end of January 2019
- Cycle 5 Innovation Update: "Human Centered Design" (INN 23)-(Handout)
 - ✓ San Diego State University (SDSU) School of Social Work-Social Policy Institute in collaboration with Community Health Improvement Partners (CHIP) and The Idea Guy, will coordinate the "Human Centered Design" to develop innovation projects focused on technology for behavioral health. This process involves designs through in-depth client feedback during the development process which includes:
 - One-hour overview of the process (Learning Events) scheduled at three County regions:
 - **Central:** January 15, 2019 from 3:00 to 4:00 P.M. at Jacobs Center for Neighborhood Innovation located at 404 Euclid Ave, San Diego CA 92114
 - **South:** February 13, 2019 from 3:00 to 4:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** March 6, 2019 from 3:00 to 4:00 P.M. at the North Inland Live Well Center, Rooms A, B, C, and D located at 649 W Mission Avenue, Escondido, CA 92065
 - A four-hour workshop scheduled at three County regions designed to generate new ideas, a project plan and next steps
 - **Central:** January 23, 2019 from 10:00 A.M. to 2:00 P.M. at Jacobs Center for Neighborhood Innovation located at 404 Euclid Ave, San Diego CA 92114
 - **South:** February 21, 2019 from 10:00 A.M. to 2:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** March 14, 2019 from 10:00 A.M. to 2:00 P.M. at the North Inland Live Well Center, Room B located at 649 W Mission Avenue, Escondido, CA 92065
 - Presentations of proposals for consideration by potential funders:
 - **Central:** February 5, 2019 from 2:00 to 4:00 P.M. at Jacobs Center for Neighborhood Innovation located at 404 Euclid Ave, San Diego CA 92114

- **South:** March 7, 2019 from 2:00 to 4:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
- **North:** April 4, 2019 from 2:00 to 4:00 P.M. at the North Inland Live Well Center, Room D located at 649 W Mission Avenue, Escondido, CA 92065
- ✓ More information at <https://behealth.today/>.
- Mental Health Services Oversight and Accountability Commission (MHSOAC) – Transparency Tool
 In response to the 2018 State audit, the MHSOAC is developing an online transparency tool listing all MHSA programs, revenue and expenditures across the State. The finalized version is projected to be released in May or June 2019.

V. Sectors Hot Topics – Bi-Annual Subcommittee Reports/Discussion

- Early Childhood Mental Health (ECMH): Co-chairs: Aisha Pope and Autumn Weidman. Sub-committee members in attendance: Rosa Ana Lozada, Shannon Jackson, Linda Ketterer, Rose Woods, Erin Taylor, Marisela Molina, Andrea Gonzalez, Dr. Pradeep Gidwani, and Amy Zeitz
 Presentation Summary (PowerPoint provided via handout):
 - ✓ Purpose and goals in alignment with the HHSA Ten Year Roadmap:
 - Educate
 - Advocate
 - Promote change
 - ✓ Advancing and strengthening the work through:
 - Promoting the importance of mental health during early childhood and its impact throughout a person's lifespan
 - Ensuring early childhood topics are included in trainings, presentations and conferences
 - Collaborating between various early childhood groups
 - Focusing on strategies to address specific gaps.
 - Mental health and other support services in preschools to reduce expulsions and advance equity
 - Advocacy for additional staff training and support for Early Childhood endorsement
 - ✓ Summary of the Council Discussion Surrounding the ECMH Presentation/Update:
 - Perinatal care and early intervention are key prevention strategies
 - The Accessible Depression and Anxiety Peri-Partum Treatment (ADAPT) program is an innovation project (INN-18) currently being developed to provide in-home mental health services to post-partum mothers and their partners. The proposed program intends to support parents who have perinatal mood and anxiety disorders and provide treatment services and linkages to appropriate resources and care. The idea for the ADAPT programs was originally brought to the CYF Council as a need by Dr. Dean Sidelinger.
 - The Children's System of Care has several programs that include caregiver support (i.e. KidSTART).
 - Stigma from a mental health disorder diagnosis:
 - Children may be excluded from higher education and employment from disclosure of their diagnosis.
 - Young adults tend to postpone or ignore treatment altogether.
 - Passing new legislation may be necessary to alleviate the stigma in schools, colleges and in the workplace
 - It was recommended to be aware of the siblings of a child/youth experiencing a mental health challenge and not inadvertently neglect them.
- Education Advisory Sub-committee rescheduled to the February 11, 2019 CYF Council meeting
- TAY Council Sub-committee rescheduled to the February 11, 2019 CYF Council meeting
- CADRE Sub-Committee rescheduled to the February 11, 2019 CYF Council meeting
- Family and Youth Liaison Sub-Committee rescheduled to the February 11, 2019 CYF Council meeting.

VI. Director's Report (Alfredo Aguirre)

State Updates

- Governor Gavin Newsome's Proposed State Budget for Fiscal Year 2019-20:
 Medi-Cal Highlights (County Behavioral Health Directors Association (CBHDA) Summary sent via e-mail on January 24, 2019)

- ✓ **Drug Medi-Cal Organized Delivery System (DMC-ODS)** Proposes \$695 million (\$315 million General Fund) for the implementation of the DMC-ODS program in Fiscal Year 2019-20. This is growth of about \$100 million from Fiscal Year 2018-19
- ✓ **Managed Care Behavioral Health Integration.** Invests \$360 million (\$180 million Proposition 56 funds (2016 tobacco tax)) to encourage Medi-Cal managed care providers to meet goals in critical areas such as chronic disease management and behavioral health integration
- ✓ **Whole Person Care Pilot Program.** Provides \$100 million for the Whole Person Care Pilot Program for supportive housing and the coordination of health behavioral health and social services for people with mental illness
- ✓ **Undocumented Medi-Cal Expansion** Expands Medi-Cal eligibility to all income-eligible youth adults ages 19 to 25, regardless of immigration status. This may result in an additional 138,000 new enrollees at an estimated cost of \$260 million (\$197 million General Fund)
- ✓ **Early Developmental Screenings.** Includes \$60 million (\$30 million Federal Funds, \$30 million Proposition 56 funds) for early developmental screenings for children in Medi-Cal
- ✓ **Adverse Childhood Experiences Screening.** Includes \$45 million (\$23 million Proposition 56 funds) for Adverse Childhood Experiences screening for children and adults in Medi-Cal, beginning no sooner than January 1, 2020. Requires the use of an existing screening tool for adults and the development of new screening tool for children.

Other Significant Proposals

- ✓ **Workforce Development:** The Office of Statewide Health Planning and Development (OSHPD) budget includes \$50 million General Fund with the anticipation of potential additional private contributions from universities, health clinics and philanthropic organizations for mental health workforce development and training programs
 - ✓ **Early Psychosis Interventions.** The budget includes \$25 million one-time General Fund for early psychosis research and treatment. These will be competitive grants for counties, academic institutions and others
 - ✓ **UC Mental Health.** The budget includes \$5 million General Fund on going for University of California student mental health treatment to meet recommended staffing ratios
 - ✓ **Moving Division of Juvenile Justice.** The Governor's Budget proposes to move youth correctional facilities from the California Department of Corrections and Rehabilitation (CDCR) to a new department under the Health and Human Services Agency with a focus on rehabilitative programming
 - ✓ **Law Enforcement Training.** The Budget proposes \$20 million dollars of General Fund for local law enforcement for training on the use of force, de-escalation, and engaging individuals experiencing a mental health crisis.
- Senate Bills (SB)
 - ✓ **SB 10** Previously SB 906): Mental health services: peer parent, transition-age, and family support specialist certification was reintroduced by Senator Beall for legislative consideration.
 - SB 11:** Health care coverage: mental health parity. Introduced by Senator Beall for legislative consideration. The bill would require a health care service plan and a health insurer to submit an annual report to the Department of Managed Health Care or the Department of Insurance, as appropriate, certifying compliance with State and federal mental health parity laws
 - ✓ **SB 12** Mental health services: youth. Introduced by Senator Beall. The bill would declare the intent of the Legislature to enact legislation that would authorize the State and local governments to establish a series of at least 100 centers statewide to address the mental health needs of California youth
 - ✓ **SB 58** Alcoholic beverages hours of sale: Bill introduced by Senator Wiener. The bill, beginning January 1, 2022, and before January 2, 2027, would require the Department of Alcoholic Beverage Control to conduct a pilot program that would authorize the department to issue an additional hours license to an on-sale licensee to sell, give, or purchase alcoholic beverages at the licensed premises between the hours of 2:00 and 4:00 a.m. The pilot program would apply to Cathedral City, Coachella, Long Beach, Los Angeles, Oakland, Palm Springs, Sacramento, San Francisco, and West Hollywood.
 - New BHS Director
 Dr. Luke Bergmann joined the County of San Diego in July 2018 as the HHSA Director of Integrative Services. In November 2018, he was appointed as the new BHS Director. Before coming to San Diego,

Dr. Bergmann was Assistant Vice President for the Office of Behavioral Health in New York City Health and Hospitals

- ✓ Dr. Bergmann's goals include:
 - Linking community-based specialty health care with mainstream health care
 - Emphasize the use of public health data to identify gaps in the system and to better services offered to the public
 - Continue to work as a proponent for our system of care with both local and state groups and organizations.

Action Items	Action By	Action Due
1. Send e-mail as a reminder to submit accomplishments for year two of BHS road map.	<ul style="list-style-type: none"> • CYF Council staff 	<ul style="list-style-type: none"> • Before February 15, 2019.
2. Continue CYF Sub-Committees presentations/updates.	<ul style="list-style-type: none"> • Education Advisory • TAY Council • CADRE • Family and Youth Liaison 	<ul style="list-style-type: none"> • February 11, 2019 CYF Council meeting.
3. Send the CBHDA summary/highlights of the Governor's proposed budget.	<ul style="list-style-type: none"> • Alfredo Aguirre via Grisel Ortega-Vaca 	<ul style="list-style-type: none"> • Completed. Sent via e-mail on January 24, 2019.
4. Send the CBHDA Legislative Bill Agenda summary/analysis.	<ul style="list-style-type: none"> • Alfredo Aguirre via Grisel Ortega-Vaca 	<ul style="list-style-type: none"> • Completed. Sent via e-mail on February 7, 2019.
5. Determine if Migrant Shelters for Asylees is a Hot Topic for March 11, 2019 Council meeting.	<ul style="list-style-type: none"> • Council Executive Sub-Committee 	<ul style="list-style-type: none"> • Prior to the March 11, 2019 CYF Council meeting.

Next CYF Council Meeting: February 11, 2019 – Scottish Rite Center
Meeting: 9:00 to 10:00 A.M.
Alfredo Aguirre's Celebration: 10:00 to 11:00 A.M.

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- at the San Diego Center for Children-FFAST office located at 8825 Aero Drive, Suite 110, San Diego, CA from 11:00 A.M. to 12:00 P.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Council: Meets the 4th Wednesday of the month 3:00 to 4:30 P.M. – New meeting location TBD.

CYF CADRE: Meets quarterly the 2nd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

CCRT: Meets 1st Friday of the month at the Health Services Complex- 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets quarterly –Contact CYFLiaison@namisd.org for schedule.

Family and Youth as Partners: Meets every 3rd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego CA 92123 1:30 to 3:00 P.M.

Private Sector: Ad Hoc/Meets As Needed.



Please join us March 21 and/or March 22, 2019

Thursday March 21st 5:00 PM - 9:00 PM

\$50.00 – Students \$25.00

Friday March 22nd 8:00 AM - 5:00 PM

\$99.00 – Students \$50.00

Attend Both! - \$149.00 – Students \$75.00

(must present valid student ID at registration desk)

Fees Includes Parking, Food and 9 Credits

Double Tree Hotel - Hazard Center

7450 Hazard Center Dr. San Diego CA 92108

In an effort to provide child and adolescent psychiatrists, psychologists, child therapists, mental health clinical practitioners, pediatricians, family physicians, educators, behavioral health and child welfare and community organizations with the most up-to-date information on complex issues facing youth, families and communities, we have arranged an exceptional group of speakers to address the challenges of the changing world. **If you work with children, adolescents and families, you do not want to miss this conference!**

To register visit: www.CICAMH.com



Session Topics:

Thursday:

“Managing Behavioral Health Problems Across Disciplines: How Can Pediatricians, Therapists and Child Psychiatrists Work Together?”

A Multidisciplinary Round Table Discussion of 2 Complex Clinical Cases Exploring Opportunities and Challenges in Providing Collaborative Care

Friday:

“Managing Change in a Changing World”

Keynotes and Breakouts

- * Immigration and Families
- * Superhero Therapy
- * iGen- Generational Study of 11 million teens
- * Gender Non-Conforming Youth
- * School Threat Assessments
- * Menstrual Disorders & Mental Health
- * Sleep Disorders in Children
- * Play Therapy for Emotional Regulation
- * Grief Support
- * Unsheltered Youth
- * Cannabis and Contemporary Controversies

Learning Objectives:

- * Explore the opportunities and challenges in providing team focused collaborative care across professional disciplines.
- * Understand normal sleep and the various disorders of sleep that may impact children and youth and know the preferred treatment interventions to address these problems.
- * Identify and describe characteristics of the upcoming generations of youth within the context of the electronic information world.
- * Examine the impact of immigration, family separations and stigma on emotional functioning, social development and functionality.
- * Appreciate the challenges faced by youth who are gender non-conforming, unsheltered and coping with physiologic change in menarche.
- * Value interdisciplinary interventions and enhance the quality of physical and mental health care delivery.

Accreditation: Up to 9 Credits

Planning Partners:



San Diego Academy of
Child & Adolescent Psychiatry



**Bi-Annual Sub-Committee Update Report to CYFBHSOC Council
January 14, 2019**

Sub-committee: CYF Liaison

Lead: Renee Cookson

Update

FY18/19 Goals/Focus Areas-

- Continued outreach for sector representation (i.e. education)
 - Public, Private, Family and Education Sector has been filled.
 - Mother/Daughter participation on sub-committee as well as on the CSOC Council (Family Sector), representation from Education and Legal Aid representation for the “Issue Resolution” perspective.
- Continued discussions on Hot Topics to bring education, resources and awareness to FYPs
 - Hot Topics included: Drug smuggling across border targeting High School Youth
 - Sex Trafficking still widespread throughout San Diego County
 - Opioid/Xanax counterfeit drugs-dosage unpredictable because it is counterfeit.
 - Immigration/Border concerns
 - Talk regarding “Illicit Drug” drop off center for family/caregivers who find illicit drugs in their homes. Came from the discussion of “prescription” drop off dates and locations.
- Continued observation of Senate Bill 906 to ensure lived experience and curriculum is relevant to peer support partner
 - Quarterly meeting held to gather authentic voice for SB10 (previously known as SB906). Adult and CYF involved (Edith Mohler and Linda Ketterer attend).
- FYP retreat/conference/symposium proposed
 - NAMI SD CYFL will host a Y/FSP celebration in March during our monthly Y/FSP Coaching Meeting
- Continued outreach for TAY community
 - NAMI SD CYFL hosting TAY Troop in North County (Oceanside Live Well Center), National City in collaboration with ARTS (A Reason To Survive) program.
 - Ending The Silence Presentations are being scheduled in a variety of Schools in order to engage TAY population and provide Mental Health support.
- May Children’s Mental Health Awareness event
 - Committee meetings started in January 2019
 - Representation from San Diego Youth Services, Family Sector, San Diego Center for Children, and TAY Representation on committee



- Location: ARTS Program (National City)
- Supplemental Grant received to help offset cost. SanaMente/Each Mind Matters mini grant, part of grant states, “a focused activity to be done in May focusing on the Latino Population’s Mental Health and Suicide Prevention”. Includes 1000 pieces of Mental Health Swag in Spanish.
- SAMHSA Theme will be “Suicide Prevention”, tag line to follow. (National Children’s Mental Health Awareness Day will be week of May 6-10)

FY18/19 Goals/Focus Areas

- Continued outreach for sector representation
- Continued discussions on Hot Topics to bring education, resources and awareness to Y/FSPs
- Continued observation of Senate Bill 10 to ensure lived experience and curriculum is relevant to peer support partner
- FYP retreat/conference/symposium proposed
- Continued outreach for TAY community
- May Children’s Mental Health Awareness event

☒ Sub-Committee has 4 sector representation

☒ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

- ☒ Private Sector
- ☒ Public Sector
- ☒ Education Sector
- ☒ Family/Youth Sector

To join the sub-committee please contact Renee Cookson at
ReneeCookson@namisd.org

Family and Youth As Partners:

Sub-Committee meets the 3rd Thursday of each month from 1:30 to 3:00 P.M.
 at NAMI San Diego, 5095 Murphy Canyon Rd, Ste. 320, San Diego, CA 92123

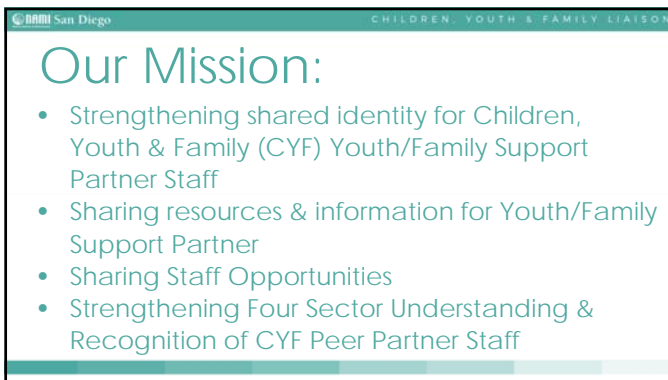
Family and Youth Sector:

Meets quarterly the 4th Thursday of the month
 at 8964 N Magnolia St, Santee, CA 92071 from 6:30 to 8:00pm

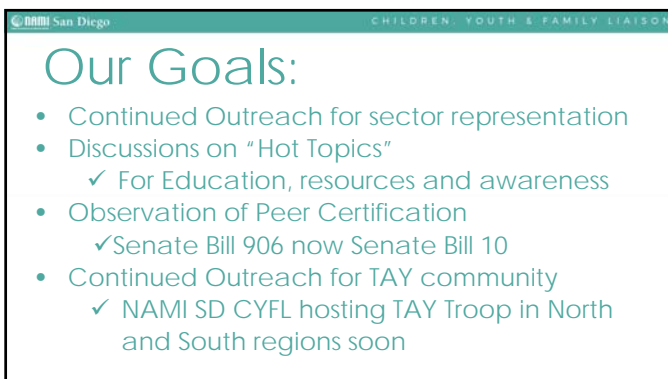




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NAMI San Diego CHILDREN, YOUTH & FAMILY LIAISON

Our Goals:

- Discuss Family Youth Support Partner retreat/ conference/symposium
 - ✓ Support and Recognition for the use of "Lived Experience"
 - ✓ NAMI SD CYFL will host a Y/FSP Celebration in March

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NAMI San Diego CHILDREN, YOUTH & FAMILY LIAISON

Coming soon:

5th ANNUAL CHILDRENS MENTAL HEALTH AND WELL-BEING CELEBRATION


5

NAMI San Diego CHILDREN, YOUTH & FAMILY LIAISON

6

San Diego CHILDREN, YOUTH & FAMILY LIAISON

Why is this event important?



Because we all need to feel we matter!

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San Diego CHILDREN, YOUTH & FAMILY LIAISON

Please Save the Date!

5th Annual Children's Mental Health & Well-Being Celebration

Save The Date!

May 3rd, 2019 from 3-6 PM
ARTS (A Reason To Survive) Center
200 East 12th St
National City, CA 91950

Families welcome! Free Food! Fun Games! Opportunity Drawings!

For more information please email: CYFLiaison@namisandiego.org or call/text 619-487-1280






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San Diego CHILDREN, YOUTH & FAMILY LIAISON



www.cyfliaison.namisandiego.org

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**Sub-Committee Update Report to CYFBHSOC Council
January 14, 2019**

Sub-committee: Education Advisory
Lead: Heather Nemour

Update

- To support districts in meeting the requirements of AB2246, SDCOE will be hosting a second one-day workshop on “Assessing Suicidal Students” in March 2019 for school and/or district teams that are the designated staff for suicide intervention
- A CYFBHSOCC presentation on SchoolLink was conducted by SDUSD in September 2018
- A CYFBHSOCC presentation on Project Cal-Well was provided in September 2018.
- SDCOE and HHSA, LIVE WELL San Diego hosted SDCOE’s Annual Summit on Student Engagement and Attendance in October 2018.
- SDCOE continues to conduct trainings and provide TA for the 42 school districts on mental health & well-being, positive school climate, suicide prevention, intervention and postvention.
- SDCOE developed a Youth Anxiety training in response to the growing requests and is now offered to all 42 districts
- SDCOE disseminated the suicide prevention resource guide to the 42 school districts.
- SDCOE participated in the Ninth District PTA’s Suicide Prevention Symposium in October 2018.
- Starting January, 2019, SDCOE will be chairing the Suicide Prevention Council’s Education Sub-Committee
- Education Sub-Committee will continue to meet at as needed.

FY 18/19 Goals/Focus Area

- A CYFBHSOCC presentation on SchoolLink will be conducted by SDUSD in September 2018
- A CYFBHSOCC presentation on Project Cal-Well will be conducted in September 2018.
- SDCOE will be hosting a one-day workshop on “Assessing Suicidal Students” by Dr. Lisa Boesky in September 2018 for educators that are the assigned suicide intervention staff at the school site. This meets the requirements of AB2246.
- SDCOE and HHSA, LIVE WELL San Diego will be co-hosting SDCOE’s Annual Summit on Student Engagement and Attendance in October 2018.
- SDCOE will continue to conduct trainings for the 42 school districts on mental health & well-being, suicide prevention, intervention and postvention.
- SDCOE will disseminate the suicide prevention resource guide to the 42 school districts.
- Education Sub-Committee will continue to meet at as needed.

☐ Sub-Committee has 4 sector representation

☐ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

☐ Private Sector



- ☐ Public Sector
- ☐ Education Sector
- ☐ Family/Youth Sector

To join the sub-committee please contact Heather Nemour at heather.nemour@sdcoe.net

Sub-Committee meets- Ad-Hoc as needed

**TAY Council Update Report to CYFBHSOC Council
January 14, 2019**

Transition Age Youth (TAY) Council
CYF Lead: Michael Miller

Update

- TAY Employment report has been submitted to BHS executive team for consideration.

FY18/19 Goals/Focus Areas

- Completion of TAY Employment Subcommittee recommendation report to the Council.
- Three priority focus areas and subcommittees for 2018-2019 identified as:
 - TAY experiencing homelessness (current subcommittee).
 - TAY Transitioning - Bridging the gap for youth between CYF and AOA systems of care and/or transitioning to mild/moderate care through the managed health care plans.
 - LGBTQI TAY (underserved populations).

☒ TAY Council has 4 sector representation

TAY Council currently has seat vacancies for:

- Foster Youth
- Law Enforcement
- Primary Health Care
- Refugee and Immigrant Populations
- San Diego Regional Center for the Developmentally Disabled
- Underserved Communities/CCRT
- Open Seat

TAY Council meetings:

National University 9388 Lightwave Ave. San Diego, CA 92123 Rm. 118

Held quarterly on the 4th Wednesday of the month from 3:00 to 4:30 P.M.

Next meeting: January 23, 2019

The TAY Council Subcommittee meets from 1:30 to 3pm at the same location.

To apply for a TAY Council seat please contact Cecily Thornton-Stearns at

Cecily.Thornton-Stearns@sdcounty.ca.gov



Sub-Committee Update Report to CYFBHSOC Council January 14, 2019

Sub-committee: Change Agents Developing Recovery Excellence (CADRE)

Lead: Shannon Jackson, Julie McPherson, and Marisa Varond

Update

CADRE (Shannon Jackson)

- CADRE XIX training series will begin on February 5th. This train the trainer series will assist program in achieving co-occurring cable or enhanced status. With approval from the CADRE executive team, several Legal Entities are working to develop their own internal CADRE training series, including Telecare, Mental Health Systems, and McAlister.

CADRE CYF Subcommittee (Julie McPherson & Marisa Varond)

- Hosted San Diego County Marijuana Initiative for a presentation on trends for the leading drug of choice among San Diego youth.
- Invited BHS CYF COR to present on the Drug Medi-Cal Organized Delivery System (DMC-ODS) and discussed new services, referral pathways, eligibility criteria, and system gaps. Also included a robust discussion of activities to improve care coordination and facilitate greater access to services.

CADRE Tobacco Subcommittee

- The CADRE Tobacco Subcommittee recently completed their objective of developing a Tobacco Cessation Toolkit. This toolkit is available on the CADRE website, www.cadresandiego.org. The subcommittee will no longer be meeting and the goal of supporting programs and reducing smoking will be supported at the CADRE Quarterly meetings.

FY18/19 Goals/Focus Areas

- Support implementation of the Drug Medi-Cal Organized Delivery System (DMC-ODS) at the provider level to maximize new services like case management and to ensure seamless transitions in care
- Enhance care coordination between SUD and Mental Health programs:
 - Ensure collaboration is part of discharge planning
 - Continue to build relationships and connections between providers
 - Schedule tours of each other's program
 - Develop a contact card for program-to-program communication
- Provide ongoing in-service presentations to leverage and learn more about resources for youth and their families

☐ Sub-Committee has 4 Sector Representation

☐ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

- ☐ Private Sector
- ☐ Public Sector
- ☐ Education Sector
- ☐ Family/Youth Sector



To join the CADRE sub-committee please contact Shannon Jackson at Shannon.Jackson@sdcounty.ca.gov

Sub-Committee meets quarterly the 2nd Thursday of July, October, January and April from 1:30 – 3:00pm at
NAMI San Diego (5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123)

