

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING AGENDA

March 11, 2019 – 9:00-10:30 A.M.

Scottish Rite Center- Shell Room- 1895 Camino Del Rio South, San Diego, CA 92108

I. **Welcome and Introductions** (Violeta Mora) **5 minutes**

II. **Approval of Minutes** (Dori Gilbert) **5 minutes**

- February 11, 2019 minutes - Handout
- Review action items from February 11, 2019 – See meeting minutes (Yael Koenig)

III. **Business Items** (Yael Koenig) **10 minutes**

- Upcoming CYF Council Co-Chairs rotation and Members/Alternates rotation
- Children System of Care (CSOC) Training Academy Conference sponsorships.
Point of Contact is Rose Woods at: rwoods@sdsu.edu
- April Combined Councils meeting: **Note different adjusted time: 10:00 to 11:30 A.M.**
- Regular CYF Council meeting will resume on May 13, 2019 from 9:00 to 10:30 A.M.

IV. **Mental Health Services Act (MHSA) Update** (Martin Dare) **10 minutes**

V. **Sectors “Hot Topics”** (Dori Gilbert) **45 minutes**

A. Clinton Foundation: Strong Families Thriving Communities Presentation-Handout (Jeff Weiner)

- Blueprint for action (handout)
- Trauma Informed Code of Conduct (handout)
- San Diego Mentorship Network (handout)

B. Bi-Annual Sub-Committee Discussion:

Early Childhood (January 2019)	CADRE (February 2019)
Outcomes (February 2019)	Family and Youth Liaison (February 2019)
Education Advisory (March 2019)	Private (February 2019)
TAY Council (February 2019)	Cultural Competence Resource Team (CCRT) (March 2019)

VI. **Announcements** (Violeta Mora) **5 minutes**

- 4th Annual Critical Issues in Child and Adolescent Mental Health Conference: “Managing Change in a Changing World” scheduled for March 21-22, 2019 (handout)
- Alfredo Aguirre’s retirement celebration scheduled for March 22, 2019 (handout)
- 5th Annual Children’s Well-Being Mental Health Celebration scheduled for May 3, 2019 (handout)
- CSOC Academy Annual Conference: “Envisioning Safer Schools” scheduled for May 30, 2019 at the Crowne Plaza Hotel in Mission Valley (handout)

VII. **Director’s Report** (Luke Bergmann) **10 minutes**

Next Executive Committee Conference Call:

Date: April 22, 2019

Time: TBD

Location: Via Conference Call

Next Combined Council Meeting:

Date: Monday, April 8, 2019

Time: **10:00-11:30 A.M.**

Location: Scottish Rite- Shell Room

Sub-Committees/Sectors/Workgroups Meetings Information:

CCRT: Meets the 1st Friday of the month-6367 Alvarado Court Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

CSOC Academy: Meets the 1st Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.

CYF CADRE: Meets quarterly 2nd Thursday of the month- 5095 Murphy Canyon Rd, San Diego 92123- Suite 320 from 1:30 to 3:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South Suite 101, San Diego, CA 92108 from 10:45 A.M. to 12:15 P.M.

Education Advisory Ad Hoc: Meets as needed.

Family and Youth As Partners: Meets the 3rd Thursday of the month at 5095 Murphy Canyon Road - Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

Family/Youth Sector: Meets quarterly on 4th Thursday of the month at 5095 Murphy Canyon Road - Suite 320, San Diego, CA 92123 from 6:30 to 8:00 P.M.

Outcomes: Meets the 1st Tuesday of the month-La Vista Room from 11:30 A.M. to 12:30 P.M.

Private Sector: Meets as needed.

TAY Council: Meets the 4th Wednesday of the month-National University, 9388 Lightwave Ave. Room #118, San Diego, CA 92123 from 3:00 to 4:30 P.M.

For Council materials go to:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html

County of San Diego
Children, Youth and Families Behavioral Health
System of Care Council
Vision, Mission, and Principles

Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

February 11, 2019 – 9:00-10:00 A.M.

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	VACANT	
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Steve Wells for Norma Rincon	+
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	O	Adrienne Yancey	+
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	O	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Heather Nemour	E	Corrie McCarthy	E
11	School Board	Barbara Ryan	+	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	+
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	O	VACANT	
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	O	Marisa Varond	+
15	Mental Health Contractors Association	Delrena Swaggerty	+	Steven Jella	O
16	Mental Health Contractors Association	Michelle Ly	+	Michelle Hogan	O
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	+	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	VACANT	

FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	+	Valerie Hebert	+
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	VACANT	
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	+	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Christine Frey	O
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	VACANT			
-	Executive Committee	Violeta Mora/ Dori Gilbert	o/+		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+/+		
-	Education Committee	Heather Nemour	E		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson/ Valerie Hebert	+/+		

CYF Council Staff: Edith Mohler, Grisel Ortega and Darwin Espejo

I. Welcome and Introductions (Dori Gilbert)

II. Approval of Minutes (Yael Koenig and Dori Gilbert)

- Review of action items from January 14, 2019 meeting. All items were completed.
- January 14, 2019 Council minutes - Approved.

III. Business Items (Yael Koenig)

- **Critical Issues Conference Presentation** (Dr. Anoop Karippot and Dr. Jeffrey Rowe)
The 4th Annual Critical Issues in Child and Adolescent Mental Health Conference (CICAMH) "Managing Change in a Changing World" is scheduled for March 21 and 22, 2019. An event flyer was provided in the meeting packet
 - ✓ The CICAMH conference focuses on current critical mental health issues for children and youth between the ages of 6 to 25 years old. It complements the Early Childhood: We Can't Wait conference
 - ✓ The conference planning committee members and presenters are a group of child and adolescent psychiatrists, psychologists, social workers, marriage and family therapists, and pediatricians
 - ✓ The conference will include multi-disciplinary roundtable discussions to explore new opportunities and challenges while providing collaborative care.
- **Outcomes Sub-committee Status Update** (Julie McPherson)
The Outcomes Sub-committee began reconvening on February 5, 2019. Current areas of focus are:
 - ✓ New outcomes measures: Child and Adolescent Needs and Strengths (CANS) and Pediatric Symptom Checklist (PSC)
 - ✓ Involving clients with State mandates
 - ✓ Improve the sharing of outcomes within the system of care
 - ✓ Collaborate with Child and Adolescent Services (CASRC) to develop a method of presenting outcomes in a more family and youth-friendly way

All interested persons are welcome to join. The Outcomes Sub-committee meets the first Tuesday of the month from 11:30 A.M. to 12:30 P.M. at 3255 Camino del Rio South, San Diego CA 92108 in La Vista room.

- CYF Council Meeting Venue for Fiscal Year 2019-20 and Voting Results (Yael Koenig)
The majority of respondents voted the Scottish Rite Center as the CYF Council meeting venue for the next fiscal year. Flexibility was requested for the unexpected/potential parking challenges at the Scottish Rite Center venue.

IV. Mental Health Services Act (MHSA) Updates (Martin Dare)

- Cycle 5 Innovation Update: "Human Centered Design" (INN 23)
San Diego State University (SDSU) School of Social Work-Social Policy Institute in collaboration with Community Health Improvement Partners (CHIP) and The Idea Guy are coordinating the "Human Centered Design" to develop innovation projects focused on technology for behavioral health. This process involves designs through in-depth client feedback during the development process which includes:
 - ✓ One-hour overview of the process (Learning Events) scheduled at three County regions (Central, South, and North). First event was held on January 15, 2019 in the Central region. Pending events are:
 - **South:** February 13, 2019 from 3:00 to 4:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** March 6, 2019 from 3:00 to 4:00 P.M. at the North Inland Live Well Center, Rooms A, B, C, and D located at 649 W Mission Avenue, Escondido, CA 92065
 - ✓ A four-hour workshop scheduled at three County regions designed to generate new ideas, a project plan and next steps. First event was held on January 23, 2019 in the Central region. Pending events are:
 - **South:** February 21, 2019 from 10:00 A.M. to 2:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** March 14, 2019 from 10:00 A.M. to 2:00 P.M. at the North Inland Live Well Center, Room B located at 649 W Mission Avenue, Escondido, CA 92065
 - ✓ Presentations of proposals for consideration by potential funders. First event was held in the Central region on February 5, 2019. Pending events are scheduled as follows:
 - **South:** March 7, 2019 from 2:00 to 4:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** April 4, 2019 from 2:00 to 4:00 P.M. at the North Inland Live Well Center, Room D located at 649 W Mission Avenue, Escondido, CA 92065
- Individuals with "Lived Experience/Peer Advocates are encouraged to attend
- More information at: <https://behealth.today/>.

V. Sectors Hot Topics

- Bi-Annual Subcommittee Reports/Discussion (continued from the January 2019 meeting)
 - ✓ Children, Youth and Family Liaison (CYFL) and Youth Family Support Partners (Y/FSP) Sub-Committee (Valerie Hebert and Linda Ketterer). PowerPoint and written update provided in meeting packet. CYF Support/Peer partners, leads, supervisors, program managers, and CYF County administrative staff attend this Sub-Committee
 - Goals include to:
 - Strengthen the shared identity of all CYF support partners/staff
 - Share resources, information, and staffing opportunities
 - Advocate for understanding and recognition of support partners in all four sectors (Public, Private, Education and Family). All sectors are currently being represented
 - Current CYFL and Y/FSP Sub-Committee joint projects and activities include:
 - Explore outreach options for Transition Age Youth (TAY) populations in the North and South regions (TAY Troop)
 - Monitor and actively support the new State Peer Certification Bill (Senate Bill 10)
 - Develop a client-friendly flow-chart to better navigate through the Mental Health Services Act (MHSA) "Issue Resolution Process"
 - Coordinate and promote the 5th Annual Children's Mental Health Well Being Celebration on May 3, 2019 at the A Reason to Live (ARTS) center in National City.
 - ✓ TAY Council (Michael Miller) Written update provided in meeting packet
The TAY Workgroup transitioned into a Council in 2017. It serves as an advisory group to the BHS Director
 - Fiscal Year 2017-18 Focus:
 - Housing

- Substance Use Disorder (SUD)
- Employment
- Fiscal Year 2017-18 Accomplishments
 - “A Room For Every Youth” (RFEY), a 90-day TAY youth shelter program was recently launched at Saint Vincent De Paul as a result of the report submitted in 2016 by the TAY Workgroup: “Recommendation to Address TAY Experiencing Homelessness”
- Fiscal Year 2018-19 Focus
 - TAY experiencing homelessness (dedicated sub-committee in place)
 - Bridging the gap/Transitioning between the Children and Adult systems of care
 - Lesbian, Gay, Bisexual, Transgender, Questioning and Intersex (LGBTQI) TAY population
- TAY Council has the following member vacancies:
 - Foster Youth
 - Law enforcement
 - Primary Health Care
 - Refugee and Immigrant populations
 - San Diego Regional Center for the Developmentally Disabled
 - Underserved Communities
- Cecily Thornton-Stearns is the TAY Council membership representative. She can be contacted at: Cecily.Thornton-Stearns@sdcounty.ca.gov
- New TAY Council Meeting Venue
TAY Council meetings and TAY Council Sub-Committees meetings are held at National University: 9388 Lightwave Ave. Room 118, San Diego, CA 92123.
- ✓ Change Agents Developing Recovery Excellence (CADRE) (Shannon Jackson)-Written update provided in meeting packet
 - The San Diego County CADRE aims to develop an integrated, trauma informed and culturally competent system of care for individuals and families experiencing multiple co-occurring conditions. San Diego County CADRE Update
 - The first module of the CADRE XIX started on February 5, 2019. This comprehensive CADRE training was developed to “train the trainer” to further enhance co-occurring treatment programs
 - The training includes the Tobacco subcommittee’s “Tobacco Cessation Toolkit” which provides resources and instructions for implementation in various programs
 - For more information regarding CADRE and to access the Tobacco Cessation toolkit, visit: www.cadresandiego.org
 - CYF CADRE Subcommittee Report (Julie McPherson and Marisa Varond)
The CADRE CYF Sub-Committee serves as a multi-disciplinary, multi-sector service provider forum with a goal of enhancing services to children with co-occurring disorders and promote collaboration between SUD and mental health programs to ensure seamless transitions between care providers
 - Hosted the San Diego County Marijuana Initiative for a presentation on marijuana use trends by youth
 - Invited a CYF Program Coordinator for a presentation on Drug Medi-Cal Organized Delivery System (DMC-ODS) which included information on new services, referrals, eligibility criteria, system gaps, and activities to promote care coordination to improve access to services
 - CADRE Tobacco Sub-Committee
The CADRE Tobacco Sub-Committee completed its project of developing a Tobacco Cessation Toolkit. No additional meetings are needed at this point
- ✓ **Private Sector Sub-Committee Status Report** (Delrena Swaggerty)
The Private Sector Sub-committee’s task is to explore recommended topics within the private sector to advance the Children’s System of Care (CSOC)
 - In Fiscal Year 2016-17, the Private Sector Sub-Committee developed the “Warm Handoff” training and in Fiscal Year 2017-18, led efforts to the updating of the CSOC Vision, Mission and Principles
 - New members and recommendations are welcome. Interested individuals can contact CYF Council staff: Darwin Espejo at: Darwin.Espejo@sdcounty.ca.gov or Michele Ly at: MichelleLy@upacsd.com
- ✓ CYF-SOC Training Academy Sub-Committee Update- (Rose Woods)
The CYF-SOC Training Academy through Responsive Integrated Health Solutions (RIHS), formerly Behavioral Health Education and Training Academy (BHETA), provides trainings to public systems serving children, youth and families in the county of San Diego. The CYF-SOC Training Academy Sub-Committee is a four sectors collaboration (Public, Family, Private, and Education) of the CYF Council and serves as advisory entity to the CYF-SOC Academy
 - In Fiscal Year 2018-19, the CYF-SOC Training Academy has delivered the following trainings:

- Educating Students Experiencing Homelessness
- Family Compassion and the Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, Asexual (LGBTQIA) Community
- Sexual Health Conversations with Youth and Families
- Fiscal Year 2018-19 upcoming trainings:
 - Intersectionality of Identities
 - Working with Justice Involved Families
- Current RIHS E-training or Webinars
 - Prospective Risk Analysis (PRA)
 - Understanding and Diagnosing Complex Behavioral Health Conditions (Dr. Jeffrey Rowe)
 - Pathways to Well Being: Katie A.
 - Working with East Africans
- RIHS Training Eligibility
 - All current Council members are eligible to take RIHS trainings. Interested parties should contact CYF Council staff to request access to the trainings
 - For any questions on eligibility and future training opportunities, please contact Rose Woods at: rwoods@sdsu.edu
- Up to 10 scholarships will be awarded to eligible Family and Youth Partners to attend the 2019 annual CYF-SOC Conference: School Safety: Envisioning Safer Schools scheduled for May 30, 2019 at Crowne Plaza Mission Valley. More information about the conference can be found at: <https://theacademy.sdsu.edu/programs/rihs/cyfsoc-conference-2019/>. Scholarship information will be disseminated by next CYF Council meeting
- Two sponsorships will be awarded to a family partner(s)/youth partner(s) to attend the California Mental Health Advocates for Children and Youth (CMHACY) conference scheduled from May 15 through May 17, 2019 in Asilomar Conference Grounds in Pacific Grove, CA. More information about the conference is available at: <http://cmhacy.org/2019conference/>. Scholarship information will be disseminated by the next CYF Council meeting.

VI. Announcements-No additional announcements.

VII. Director's Report-None.

VIII. Alfredo Aguirre's Celebration

BHS Director, Alfredo Aguirre will retire from the County of San Diego in late March 2019. Piedad Garcia and Yael Koenig presented a plaque of recognition on behalf of the BHS Councils to Alfredo Aguirre as a token of appreciation for his contributions to the County of San Diego. A PowerPoint celebrating Alfredo was presented and members of the different Councils and attendees shared their thoughts of gratitude and well wishes to him.

Action Items	Action By	Action Due
1. Determine if Migrant Shelters for Asylees is a Hot Topic for March 11, 2019 Council meeting.	<ul style="list-style-type: none"> • Council Executive Sub-Committee. 	<ul style="list-style-type: none"> • Selected as the April 2019 Combined Council meeting topic.
2. CYF-SOC Training Academy conferences scholarships information. Point of contact is Rose Woods: rwoods@sdsu.edu .	<ul style="list-style-type: none"> • Rose Woods/CYF staff. 	<ul style="list-style-type: none"> • Completed. Email with link sent to the e-distribution lists on March 6, 2019. <p>School Safety: Envisioning Safer Schools Children, Youth and Families System of Care (CYF-SOC) Conference Scholarship Application Form</p> <p>**Applications must be submitted by March 29, 2019. Scholarship recipients will be contacted by April 12, 2019.</p>

<p>3. CMHACY conference scholarship information. Point of contact is Rose Woods: rwoods@sdsu.edu.</p>	<ul style="list-style-type: none"> Rose Woods/CYF staff. 	<ul style="list-style-type: none"> Completed via e-mail on March 6, 2019. 2019 California Mental Health Advocates for Children and Youth (CMHACY) Conference Scholarship Application Form **Applications must be submitted by March 29, 2019. Scholarship recipient(s) will be contacted by April 5, 2019.
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**Next CYF Council Meeting: March 11, 2019 – Scottish Rite Center
Meeting: 9:00 to 10:30 A.M.**

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 12:30 P.M.

Early Childhood: Meets the 2nd Monday of the month- at the San Diego Center for Children-FFAST office located at 8825 Aero Drive, Suite 110, San Diego, CA from 11:00 A.M. to 12:00 P.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Council: Meets the 4th Wednesday of the month 3:00 to 4:30 P.M. at National University, 9388 Lightwave Ave. Room 118, San Diego, CA 92123

CYF CADRE: Meets quarterly the 2nd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

CCRT: Meets 1st Friday of the month at the Health Services Complex- 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets quarterly –Contact CYFLiaison@namisd.org for schedule.

Family and Youth as Partners: Meets every 3rd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego CA 92123 1:30 to 3:00 P.M.

Private Sector: Ad Hoc/Meets As Needed.

CLINTON HEALTH MATTERS INITIATIVE

Strong Families, Thriving Communities

Blueprint for Action | Executive Summary

Executive Summary

The “Strong Families, Thriving Communities” (SFTC) coalition was formed in the summer of 2017 by community partners who came together, unified by a desire to improve the health and well-being of children and families that interact with San Diego’s child welfare and juvenile justice systems. The coalition is led by the Clinton Health Matters Initiative (CHMI), an initiative of the Clinton Foundation, in partnership with The San Diego Foundation (TSDF) and the County of San Diego (COSD). CHMI was invited by TSDF and the COSD to help improve outcomes for child welfare and juvenile justice-involved families by leveraging the progress and community momentum already achieved in San Diego through the successful “Live Well San Diego” action framework, which works to improve health for all populations. Using CHMI’s Community Health Transformation model that brings stakeholders together to tackle issues from a systems-change approach, the coalition will build on Live Well’s ongoing community collaboration efforts by focusing on San Diego County’s most vulnerable residents.

During 2017, CHMI convened stakeholders from family-serving organizations and young people with systems-involved lived experiences to identify solutions that will address the social determinants of health for these children and families, including access to education, transportation, behavioral health and substance abuse treatment, nutrition and exercise, and community safety, among others. SFTC members created and prioritized their goals for changing this environment through 29 Bold Action Steps — some resulting in short-term impacts, and others with benefits that will be seen in the long-term — which are outlined in the “Blueprint for Action.” The Bold Action Steps are diverse and will require collaboration between community partners in the private, public, and nonprofit sectors to be achieved.

Central to SFTC’s mission is a reduction in the disproportional involvement by African-Americans, Latinos, and Native Americans with COSD’s child welfare services and probation agencies. By improving the overall environment that contributes to the health and wellness of children and families that interact with these agencies, and by targeting inequitable access to opportunities, resources, and support, the coalition’s work will help align efforts around achieving equitable outcomes.

CHMI will support SFTC in accomplishing its Bold Action Steps by managing regional collaboration, facilitating connections between partners, and helping to align resources in San Diego County. It will guide the coalition’s Steering Committee and subject area working groups in their process of refining and implementing the Bold Action Steps, and as the Bold Action Steps are realized, will celebrate the community’s successes. At all stages, SFTC and CHMI will identify and build upon existing efforts in San Diego County to help reach its goals. Indicators to measure progress toward these goals will be selected with the assistance of an independent team from Wake Forest University School of Medicine and will be tracked and assessed by the SFTC’s Steering Committee and working groups. Through the teamwork of engaged coalition members, San Diego County’s children and families will become even stronger and thrive.

For more detail on SFTC’s process and Bold Action Steps, please refer to the Blueprint for Action at www.clintonfoundation.org/chmi-san-diego-blueprint.

Executive Summary

The following is a list of all Bold Action Steps identified for implementation by the coalition:

- 1.** Improved health education will be provided in the areas of comprehensive sexual health, drug and alcohol abuse prevention, and oral health.
- 2.** Inpatient substance abuse treatment programs will be created where children can join their parents.
- 3.** There will be improved access to behavioral health services.
- 4.** There will be improved access to clinical care services.
- 5.** Equitable education opportunities will be provided to all students.
- 6.** Affordable child care will be accessible to all families with young children.
- 7.** Parity will be reached in the preventive services offered to juvenile justice and child welfare-involved families.
- 8.** Youth and families will connect with more healthy, long-term role models.
- 9.** Information and data sharing between COSD and outside service providers will be improved to facilitate providers' ability to treat families.
- 10.** Continuity of supportive services will be provided to families and emancipated youth.
- 11.** The trauma-informed care and resiliency-building approaches will become standard practice for all systems and service providers, at all levels, that serve children, youth, and families.
- 12.** Supportive services will be culturally relevant and delivered by staff who reflect the community served and have lived experience.
- 13.** The number of times that a family's case worker changes in child welfare and juvenile justice agencies will be minimized.
- 14.** Screening will improve for risk factors of child welfare and juvenile justice involvement, and families will be linked with supportive services.
- 15.** Formal mechanisms to gather feedback from families will be created and integrated into programs.
- 16.** All services will be delivered through a family-centered approach, including mandatory visits for siblings.
- 17.** Stakeholder involvement in the juvenile justice Reducing Racial and Ethnic Disparities (RRED) process will be expanded, especially where there are gaps in representation.
- 18.** A user-friendly tool to access national best practices for RRED will be created.
- 19.** Family access to children in the juvenile justice system will be improved.
- 20.** Low-interest loan programs for transition-aged and emancipated youth will be implemented.
- 21.** There will be an increase in peer mentorship programs for emancipated youth and mentoring for juvenile justice-involved youth that provide training in life skills, obtaining employment, and accessing public resources.
- 22.** Incentives will be put in place to support the opportunities for youth to earn a living wage without a decrease in financial support from the child welfare system.
- 23.** Pressure to reunify near emancipation age will be reduced.
- 24.** The stigma and misconceptions of foster youth will decrease.
- 25.** Policies will be put into place to protect the credit of youth under 18.
- 26.** There will be improved access to transportation.
- 27.** There will be an increase in availability of affordable and supportive housing.
- 28.** Hubs for services providers will be engaged, supported, and expanded.
- 29.** Barriers to access will be removed for youth to utilize recreational and community facilities, and existing facilities will be repurposed.

Contact Information

For additional information and inquiries, please contact
Sara Couppas at scouppas@clintonfoundation.org or
Jeffrey Weiner at jweiner@clintonfoundation.org

Trauma-Informed Care Code of Conduct

The Code of Conduct was developed by young adults from Project A.W.A.R.E., Just in Time for Foster Youth, and Youth Empowerment. It is a statement of their expectation about how children, youth, and families should be treated by government agencies and communities of support who interact with them. An organization that adopts the Code of Conduct commits to ensuring that its policies and staff practices meet the standards below, and has a system of accountability to make sure that this is true.

Adopting organizations commit to apply trauma-informed care practices to ensure that our interactions, behaviors, services, and communities of support are accountable to avoid worsening the effects of trauma, to support youth in building resilience, and in being balanced, healthy, and empowered. Organization Name views each person as creative, resourceful, whole, and more than just a number.

Adopting organizations will adhere to these principles:

Safety

A safe and open-minded place where I feel welcome

- a.** Nurtures a reliable environment with respect for privacy and self-expression
- b.** Maintains nonviolent environment free of intimidation
- c.** Respects confidentiality unless permission is given (unless someone is harming you, you are harming yourself, or you are harming someone else)

Individualized Support

Assists me and considers the factors affecting my situation

- a.** Implements a welcome process to the organization and community
- b.** Builds mutually beneficial partnerships to promote successes and coach people to reach personal goals
- c.** Connects people with services and partners, or offers alternatives until needs are properly addressed
- d.** Views each person as creative, resourceful, whole, and more than just a number

Effective Communication

Providing me with clear and consistent information

- a.** Ensures needs are met with an appropriate level of urgency, prioritization, and follow-through
- b.** Provides accessible means of communication, with appropriate measures taken for privacy (e.g. in-person, phone, email, social media)
- c.** Maintains transparency about the organization's processes, and explains actions taken in any high-stress situation
- d.** Utilizes a process to provide constructive feedback to the organization, and ensures steps are taken for improvement when appropriate

Supportive Staff

Is kind and has a true and genuine passion for helping me

- a.** Integrates trauma-informed care training and awareness
- b.** Reflects the community served (e.g. lived experiences, ethnicity, race, gender, social status)
- c.** Values everyone regardless of gender, race, sexual orientation, social status, religious and personal beliefs, or culture
- d.** Offers considerate, honest, and empathetic community that can be relied on



San Diego Mentorship Network

Why join?

- * Enhance the experience and effectiveness of your mentors/coaches with access to proven best practices that improve outcomes and impact*
- * Connect your participants to critical resources and expertise available from other network partners, eliminating duplication of services*
- * Help build an innovative new model of non-profit partnership that will attract support from funders drawn to this powerful collaboration*

The San Diego Mentorship Network (SDMN) is a supportive and interactive partnership that links program leaders, young people, service providers, and a caring community to achieve more positive outcomes for the youth who need these crucial connections.

The physical and virtual network enhances collaboration by: promoting existing work and driving recruitment through outreach and events; creating partnerships between organizations that encourages the sharing of resources; increasing referrals of trained mentors and mentees; identifying, celebrating and sharing individual and programmatic successes; and facilitating training and capacity-building opportunities.

The goal of SDMN is to establish a comprehensive easily-searchable, targeted directory of mentorship programs where anyone can locate up-to-date information on over a hundred mentorship programs across San Diego County.

If you would like to join us as members of the SDMN, or would like more information, please contact Don Wells at dwells@jitfosteryouth.org

You'll have access to:

- * SDMN Assessment Survey
- * SDMN Calendar of Events
- * SDMN Directory of Member Resources
- * SDMN Quarterly Newsletter
- * Invitation to the Annual SDMN Conference
- * SDMN trainings and capacity building

The development of the San Diego Mentorship Network is one of "29 Bold Action Steps" to improve the health of San Diego children and families undertaken by local nonprofits with the support of The San Diego Foundation, San Diego County Health and Human Services and the Clinton Health Matters Initiative.

The "Strong Families, Thriving Communities" mission is to align Child Welfare Services and Juvenile Justice policies, practices and resources to increase equity and effectiveness for communities, families and children.



San Diego Mentorship Network

January 2019

Access Inc
ACE Mentor San Diego
ARC Fighting Saints Outreach Ministry
Central Region Child Welfare Services
Club Xcite
Community Research Foundation (CRF)
COMPACT
DREAMbuilders
Epiphany Women In Focus
Family Health Centers of San Diego
Just in Time for Foster Youth
Love is Real
Mental Health Systems
New Harvest Christian Fellowship
North County Lifeline
Palomar Family Counseling Service Inc
San Diego Center for Children
San Diego Mentors
SAY San Diego
SDUSD Mental Health Resource Center
South Bay Community Services
Vista Community Clinic
UCSD Department of Education Studies
Vista Community Clinic
Voices 4 Children
Youth Empowerment
Youth For Christ San Diego
Youth Mentoring Network
Youth Voice San Diego

"A mentor is someone who allows you to see the hope inside yourself." — Oprah Winfrey



San Diego Mentorship Network

Connections that Create Stronger Communities



Mentors and coaches, both informal and formal, play a fundamental role in children's health, resilience, and life success

* A national study by Brigham Young University demonstrated that teen students who had an adult mentor were 50 percent more likely to attend college than ones who didn't.

* The Center for Addiction and Mental Health showed that children and teenagers with mentors were not only more confident at school, but had significantly fewer behavioral problems like bullying, fighting, lying, and irresponsible expressions of anger.

* Research on factors that mitigate the emotional, physical and cognitive impact of Adverse Childhood Experiences (ACE's) cites connective to consistent, positive relationships as the most significant foundation for resilience.

If we know connections to mentors and coaches is so important, how can we ensure that every young person in San Diego has access to the mentor they need?

With this in mind, the San Diego Mentorship Network has launched in 2019 as project of *Strong Families, Thriving Communities*, to facilitate mentorship connections across San Diego County. The goal is to "map" the various mentorship offerings available across the county so that every young person can gain access to the supportive relationships they need to provide guidance in life skills, obtain meaningful employment, and connect to critical public resources. The effort began in 2018 with an **exploratory survey with 28 nonprofits** to create a baseline of understanding. For example, did you know:



WHAT

The focus of Mentoring Services in San Diego, tend to fall into four categories:

- * Training/Education
- * Healing focused
- * Empowerment
- * Advocacy

HOW

The most frequent mentoring modalities offered are:

- * Goal setting
- * Coaching (listening, inquiry)
- * Role Modeling
- * Creating Structure
- * Connection to Resources
- * Specific Training
- * Relationship focused

WHO

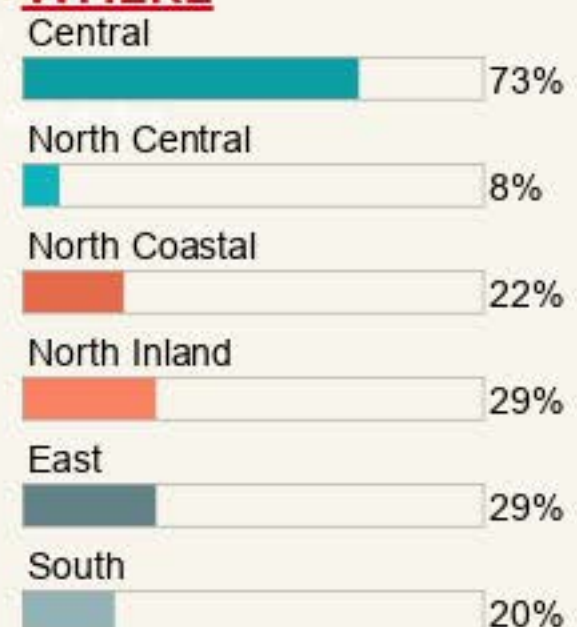
The 28 nonprofits surveyed:

- * Served from 11 to over 2,000 young people at any one time
- * Served young people from birth to adults over 60
- * Recruited volunteers, professional coaches and peers as mentors



% of Services Available by Region

WHERE



96% of those surveyed said they would be interested in access to training and capacity building resources

And this is only the beginning!

To make sure we reach our goal of service for every young person in San Diego, we invite you to review the opportunities outlined on the reverse side for:

- * Sharing Resources
- * Promoting our Individual and Collective Successes
- * Collaborative Referrals
- * Training & Capacity Building
- * An easily searchable directory of mentorship resources for easy access for everyone



Sub-Committee Update Report to CYFBHSOC Council
Presented at the February 11, 2019 meeting

Sub-committee: Outcomes

Lead: Julie McPherson

Update

- Outcomes Committee resumed February 5th, 2019 and will focus on the CANS and PSC.
 - CANS Family Letter: A way to ensure client and family voice and also show compliance with State mandates
 - Increase the competency of the CYF system in sharing CANS and PSC outcomes results with clients and families
 - Integration of CANS Strengths and Needs in the Client Plan

Fiscal Year 2018-19 Goals/Focus Areas

- Outcomes Committee will be dark in Q1 and resume in October 2018 to plan the goals for Fiscal Year 2018-19
- Overlap in membership with the CANS Super Users

☐ Sub-Committee has 4 sector representation

☐ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

- ☐ Private Sector
- ☐ Public Sector
- ☐ Education Sector
- ☐ Family/Youth Sector

To join the sub-committee please contact Julie McPherson at JMcPherson@comresearch.org

Sub-Committee meets 1st Tuesday of each month from 11:30 A.M. to 12:30 P.M. in the La Vista Room- 3255 Camino Del Rio South, San Diego, CA 92108.

Sub-Committee Update Report to CYFBHSOC Council
March 11, 2019

Sub-committee: Education Advisory

Lead: Heather Nemour

Update

- To support districts in meeting the requirements of AB2246, SDCOE will be hosting a second one-day workshop on “Assessing Suicidal Students” in March 2019 for school and/or district teams that are the designated staff for suicide intervention
- A CYFBHSOCC presentation on SchoolLink was conducted by SDUSD in September 2018
- A CYFBHSOCC presentation on Project Cal-Well was provided in September 2018.
- SDCOE and HHSA, LIVE WELL San Diego hosted SDCOE’s Annual Summit on Student Engagement and Attendance in October 2018.
- SDCOE continues to conduct trainings and provide TA for the 42 school districts on mental health & well-being, positive school climate, suicide prevention, intervention and postvention.
- SDCOE developed a Youth Anxiety training in response to the growing requests and is now offered to all 42 districts
- SDCOE disseminated the suicide prevention resource guide to the 42 school districts.
- SDCOE participated in the Ninth District PTA’s Suicide Prevention Symposium in October 2018.
- Starting January, 2019, SDCOE will be chairing the Suicide Prevention Council’s Education Sub-Committee
- Education Sub-Committee will continue to meet at as needed.

FY 18/19 Goals/Focus Area

- A CYFBHSOCC presentation on SchoolLink will be conducted by SDUSD in September 2018
- A CYFBHSOCC presentation on Project Cal-Well will be conducted in September 2018.
- SDCOE will be hosting a one-day workshop on “Assessing Suicidal Students” by Dr. Lisa Boesky in September 2018 for educators that are the assigned suicide intervention staff at the school site. This meets the requirements of AB2246.
- SDCOE and HHSA, LIVE WELL San Diego will be co-hosting SDCOE’s Annual Summit on Student Engagement and Attendance in October 2018.
- SDCOE will continue to conduct trainings for the 42 school districts on mental health & well-being, suicide prevention, intervention and postvention.
- SDCOE will disseminate the suicide prevention resource guide to the 42 school districts.
- Education Sub-Committee will continue to meet at as needed.

☐ Sub-Committee has 4 sector representation

☐ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

☐ Private Sector

- ☐ Public Sector
- ☐ Education Sector
- ☐ Family/Youth Sector

To join the sub-committee please contact Heather Nemour at heather.nemour@sdcoe.net

Sub-Committee meets- Ad-Hoc as needed

CYFBHSOCC Education Advisory Subcommittee



Heather Nemour: Chair
Student Support Services

Education Ad-Hoc Subcommittee

Heather Nemour (Chair)	SDCOE-Student Support Services
Violeta Mora	SDCOE-Student Support Services
Cara Schukoske	SDCOE-Special Education
Stacey Musso	Sweetwater Unified School District
Barbara Ryan	California School Board Association
Yuka Sakamoto	San Diego Unified School District
Aidee Angulo	San Diego Center for Children
Pam Hansen	San Diego Center for Children
Frances Cooper	County of San Diego



2018-19 SUBCOMMITTEE GOALS

Presentations to Council

- School Link presentation conducted in September 2018
- Project Cal-Well presentation conducted in September 2018
- SDCOE, Live Well San Diego & HHSA held Annual Summit on Student Engagement & Attendance in October 2018



Supporting Districts to Meet AB2246 Requirements

- Held second workshop in March 2019 on "Assessing Suicidal Students" for school and district teams that are designated staff for suicide intervention
- SDCOE presented at the Ninth District PTA's Conference in July 2018 and Suicide Prevention Symposium in October 2018
- Suicide Prevention Council and SDCOE developed and disseminated the Suicide Prevention Resource Guide for Schools to the 42 school districts
- Pilot Project: suicide risk assessment data collection to inform policy recommendations for prevention and early intervention
- SDCOE is Co-Chairing Suicide Prevention Council's Education Sub-Committee



Professional Development

- SDCOE developed a Youth Anxiety training in response to multiple district requests and anxiety being the leading mental disorder among youth
- SDCOE has certified over 1,500 educators in YMHA that on average use the action plan 3 times per month and make on average two referrals per month for students to mental health services
- SDCOE continues to conduct trainings and provide TA for the 42 school districts and charter schools on mental health, student & staff wellness, positive school climate and trauma sensitive schools



Positive School Climate Trainings

Average of 68 trainings/year with over 2,000 educators/partners:

- Well-Being & Mindfulness
- Science of Gratitude
- Restorative Practices
- Positive Behavior Interventions in Schools (PBIS)
- Commercial Sexual Exploitation of Children (CSEC)
- Gay, Lesbian, Straight Education Alliance (GLSEN)
- Building Asset Based Relationships with Youth
- Trauma Sensitive Schools
- Youth Anxiety
- Social Emotional Intelligence
- Standards of Quality for Family Strengthening & Support



Thank You!



Bi-Annual Sub-Committee Update Report to the CYFBHSOC Council

March 11, 2019

Sub-committee: Cultural Competency Resource Team (CCRT)

CYF Representative: Edith Mohler

Private Sector Representative: Rosa Ana Lozada

Purpose: The CCRT addresses the County's dynamic demographics and serves as an advisory group to the Behavioral Health Services (BHS) Director to enable the systems of care to work effectively in cross-cultural integration in services.

Fiscal Year 2018-19 Update

- September 2018-Provided input to the MHSA Community forum consultants for regarding community outreach and improved forums overall.
- Participated in the Warrior Spirit: "Calling Upon the Warrior Spirit to Heal Historical Trauma" conference and ceremony held October 8-10, 2018 hosted by the Viejas Band of Kumeyaay Indians . The conference focused on understanding and healing historical trauma in Indian Country through the shared expertise of guest speakers, presenters, and conference participants.
- Participated in the 2018 Cultural Competence Summit "Honoring California's Diversity: A Call to Action" held in October 23-24, 2018. The Cultural Competence Summit offered a range of cultural specific workshops and presentations to promote learning and advance the cultural competence needs. Piedad Garcia presented along with Pathways Community Services on the implementation of Urban Beats. Conference handouts can be found at: <https://www.cibhs.org/conference/2018-cultural-competence-summit>.
- Participated in the second Binational Symposium in Tijuana, México; HHSA collaboration with the mental health community of Tijuana in October 2018.
- Provided input to the Behavioral Health Services Training and Education Committee on training needs. Specific input included: Historical Trauma training and Epigenetics training.
- Held a recognition event for Alfredo Aguirre at the January 2019 meeting.
- Monthly updates on the shelter for asylees. Piedad Garcia, Charity White-Voth and Carlos Nelson will provide Trauma Informed Care within a Cultural Context, along with Self Care Training to County staff who have been deployed to the shelter.
- Input for the Annual Cultural Competence Plan 2019 edition is being provided at the monthly meetings and directly to the BHS Performance Improvement Unit.
- Strategic Planning Meeting with Dr. Jon Martinez from California State Northridge University, representing the Southern California Regional Partnership (SCRIP) will take place in April 2019.

Fiscal Year 2018-19 Goals/Focus Areas:

- Advance integration across the BHS Systems of Care
- Further engage the community/providers/BHS staff in CCRT.
- Continue to use the Education and Learning Workgroup as medium to move forward the priorities of the System of Care and CCRT.
- Increase engagement in Education and Learning Workgroup meetings; to enhance current Cultural Competence integration consistent with the Culturally and Linguistically Appropriate Services (CLAS) standards.
- Provide direction and guidance in the provision of the Cultural Competence Academy.
- Participate in the 2019 External Quality Improvement Review (EQR) by attending the Cultural Competence related sessions and responding to questions related to the CCRT.
- Provide CLCPA Technical Support upon request.
- Support the California Institute for Behavioral Health Solutions (CIBHS) 2018 Cultural Competence Summit: <https://www.cibhs.org/conference/cultural-competence-summit>.
- Support the Binational Health Week scheduled each October:
<http://www.binationalhealthweek.org/uploads/BHW%202018/Description/Critical%20Route%202018.pdf>
<http://www.binationalhealthweek.org/uploads/BHW%202018/Description/BHW%202018%20Overview.pdf>
- Work with the Southern California Regional Partnership to receive additional cultural competence training/support.
- Explore a Cultural Competence Quarterly Newsletter.
- Assess the CCRT membership.
- Review and update the BHS Cultural Competence Resource Team policy.
- Update the CCRT binder (Proposed at the August 3, 2018 CCRT meeting).
- Initiate a CCRT Orientation similar to the CYF Council (Proposed at the August 3, 2018 CCRT meeting).

☒ Sub-Committee has 4 Sector Representation

☐ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

- ☐ Private Sector
- ☐ Public Sector
- ☐ Education Sector
- ☐ Family/Youth Sector

To join the sub-committee please contact Charity White-Voth at:

Charity.White-Voth@sdcounty.ca.gov

The CCRT meets the first Friday of each month from 10:00-11:30 A.M. at the Academy for Professional Excellence, 6367 Alvarado Court, Suite. 105, San Diego, CA 92120.

CULTURAL COMPETENCE RESOURCE TEAM (CCRT)

*Update for the CYF Council
March 11, 2019*



CCRT PURPOSE



The Cultural Competence Resource Team (CCRT):

- Addresses the County's dynamic demographics and serves as an advisory group to the Behavioral Health Services (BHS) Director to enable the systems of care to work effectively in cross-cultural integration in services.

MESSAGE FROM PIEDAD GARCIA



BHS CCRT CHAIR/ETHNIC SERVICES MANAGER



Fiscal Year 2018-19 Highlights



- Provided input to the MHSA Community Forum consultants
- Provided representation at the local Warrior Spirit: "Calling Upon the Warrior Spirit to Heal Historical Trauma" conference held on October 8, 9, and 10, 2018 hosted by the Viejas Band of Kumeyaay Indians
- Participated in the Binational Mental Health Symposium in October 2018
 - Workgroup session between mental health professionals from Baja California and California held at the Universidad Autónoma de Baja California in Tijuana, México

Fiscal Year 2018-19 Highlights



- Participated at the 2018 Cultural Competence Summit "Honoring California's Diversity: A Call to Action" held in October 23-24, 2018
 - Piedad Garcia presented along with Pathways Community Services on the implementation of Urban Beats
- Provided input to the Behavioral Health Services Training and Education Committee (BHSTEC) regarding Cultural Competence training needs

Fiscal Year 2018-19 Highlights



- Recognition event for Alfredo Aguirre at the January 2019 meeting



Fiscal Year 2018-19
Upcoming activities



- Strategic Planning meeting Southern California Regional Partnership in April 2019
- Participate in the curriculum committee to develop the new Cultural Competency Academy (CCA) training series

TO JOIN THE CCRT SUB-COMMITTEE

- Please contact Charity White-Voth at:
Charity.White-Voth@sdcounty.ca.gov

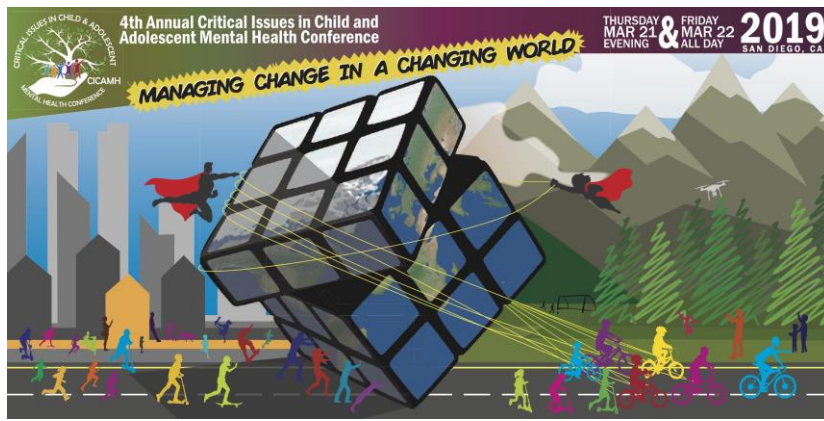
The CCRT meets:

When: First Friday of the month

Time: 10:00 to 11:30 A.M.

Location: 6367 Alvarado Court, Suite 105, San Diego, CA 92120





Please join us March 21 and/or March 22, 2019

Thursday March 21st 5:00 PM - 9:00 PM

\$50.00 – Students \$25.00

Friday March 22nd 8:00 AM - 5:00 PM

\$99.00 – Students \$50.00

Attend Both! - \$149.00 – Students \$75.00

(must present valid student ID at registration desk)

**Fees Includes Parking, Food and
up to 9 CE's-CME's**

Double Tree Hotel - Hazard Center

7450 Hazard Center Dr. San Diego CA 92108

Managing Change in a Changing World

In an effort to provide child and adolescent psychiatrists, psychologists, child therapists, mental health clinical practitioners, pediatricians, family physicians, educators, behavioral health and child welfare and community organizations with the most up-to-date information on complex issues facing youth, families and communities, we have arranged an exceptional group of speakers to address the challenges of the changing world. **If you work with children, adolescents and families, you do not want to miss this conference!**

To register visit: www.CICAMH.com

Session Topics:

Thursday:

“Managing Behavioral Health Problems Across Disciplines: How Can Pediatricians, Therapists and Child Psychiatrists Work Together?”

A Multidisciplinary Round Table Discussion of 2 Complex Clinical Cases Exploring Opportunities and Challenges in Providing Collaborative Care

Friday:

“Managing Change in a Changing World”

Keynotes and Breakouts

- * Immigration and Families
- * Superhero Therapy
- * iGen- Generational Study of 11 million teens
- * Gender Non-Conforming Youth
- * School Threat Assessments
- * Menstrual Disorders & Mental Health
- * Sleep Disorders in Children
- * Play Therapy for Emotional Regulation
- * Grief Support
- * Unsheltered Youth
- * Cannabis and Contemporary Controversies

Learning Objectives:

- * Explore the opportunities and challenges in providing team focused collaborative care across professional disciplines.
- * Understand normal sleep and the various disorders of sleep that may impact children and youth and know the preferred treatment interventions to address these problems.
- * Identify and describe characteristics of the upcoming generations of youth within the context of the electronic information world.
- * Examine the impact of immigration, family separations and stigma on emotional functioning, social development and functionality.
- * Appreciate the challenges faced by youth who are gender non-conforming, unsheltered and coping with physiologic change in menarche.
- * Value interdisciplinary interventions and enhance the quality of physical and mental health care delivery.

Accreditation: Up to 9 CE's or CME's

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and San Diego Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement

The APA designates this live activity for a maximum of 9 AMA PRA Category 1 Credit TM. Physicians should claim only the credit commensurate with the extent of their participation in the AMA PRA Category 1 Credit activity.

Accreditation

California Association of Marriage and Family Therapists San Diego (CAMFT- SD Chapter) is approved by the California association of marriage and family therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. CAMFT- SD Chapter maintains responsibility for the program and all its contents. This course meets the qualifications for 9 hours of continuing education.



Celebrate

RETIREMENT PARTY
IN HONOR OF

Alfredo Aguirre

Friday, March 22, 2019 5:30-9:00 PM

Bali Hai Restaurant

RSVP by 3/1/19 to Dania Beltran at Dania.Beltran@sdcounty.ca.gov
or 619.584.5078

Cost: \$30 per person (includes gift)

Cash, Venmo: daniabltrn@yahoo.com or

Checks payable to Dania Beltran - 3255 Camino Del Rio South,
San Diego, CA 92108 (MS: P571)

SCHOOL SAFETY

ENVISIONING SAFER SCHOOLS



A Children, Youth, and Families System of Care Training Academy Conference

Objectives

- Identify culturally responsive interventions, tools and resources to assist in enhancing school safety
- Discuss strategies to mitigate school risk
- Apply strategies for de-escalation and risk reduction in schools
- Describe effective practices for building supportive relationships on school campuses
- Explain the impact of secondary trauma for school staff and service providers
- Identify three action steps to meaningfully partner with youth and families, school staff, behavioral health providers, and the justice system in an effort to advance school safety

CE's

Continuing Education: This course meets the qualifications for 7 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 15-98-398-0818, and CAADE Provider # CP10-906-CH0320 for 7 contact hours/CEHs. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 3-5 business days after course completion. Click here for information on [how to obtain CE Certificates](#). Click here for the [CE Grievances Procedure](#).

Conference Description

The safety and support of a child's school environment plays an essential role in their development and success. When students feel safe and supported at school, they are likely to have better school attendance and academic achievement, and they are less likely to engage in risky behaviors such as substance use and violence. Unfortunately, there is an undeniable, increasing prevalence of emergency situations in schools. Exposure to violence at school is associated with many negative outcomes for students, including depression, suicide, substance use, academic problems, and violent behavior. The fear of violence alone can affect students' development, concentration, and ability to learn. In this full-day conference, presentations will address threat assessment models, school teaming, and other prevention strategies. Conference participants will be provided with culturally responsive interventions, tools, and resources to more effectively assess for and enhance school safety, increase response effectiveness, and improve school/community/parent communication.

Audience: Therapists, support partners, case managers, educators, social workers, probation officers, caregivers, and other individuals working with children, youth, and families.

Conference Details

Thursday, May 30, 2019

8:00am – 8:30am Registration & Breakfast
8:30am – 4:30pm Conference

Registration Fee:

Early Bird \$70 (through 4-30-19)

General Admission \$80 (beginning 5-1-19)

Fee includes: Breakfast, Lunch, CE's, Parking

Scholarships available for Family & Youth Support Partners.

[MORE INFO](#)

Crowne Plaza Mission Valley

2270 Hotel Circle N., San Diego, CA 92108

Questions? RIHS@sdsu.edu

Register Now

Click to register on Eventbrite



or Go to [Eventbrite.com](https://www.eventbrite.com) and search for the School Safety Conference in San Diego.