

Welcome to the Children, Youth and Families Council Meeting January 8, 2024

THE MEETING WILL BEGIN SHORTLY

KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING
THE MEETING PACKET WAS EMAILED TO THE COUNCIL
DISTRIBUTION LIST AND POSTED IN THE CHAT



LIVE WELL
SAN DIEGO

WELCOME NEW ATTENDEES



WELCOME KATIE GORDON



Katherine Gordon

Homeless Solutions and Equitable Communities – Member Seat

ROSA GRACIAN SHIFTING TO ALTERNATE SEAT



Rosa Gracian

**Deputy Director Office of Equitable Communities
Department of Homeless Solutions & Equitable Communities**

**Homeless Solutions and Equitable Communities – Alternate Council Seat
(Shifted from member role)**

FAREWELL LIKI POROTESANO



LIKI POROTESANO
Homeless Solutions and Equitable Communities
Alternate Council Seat

THANK YOU KATHLEEN LANG



Kathleen Lang

Vice President, Medi-Cal Regional Lead

**Managed Care Health Plans
Council Member Seat**

CYF Cultural Share

Vanessa Arteaga, LMFT
Director Integrated
Community Behavioral Health;
Harmonium



Born and Raised- Imperial Valley
Calexico, CA
(5mins from Mexico border)



I claim 1.5 as I am the first born generation in the US
but raised by an already (mainly) assimilated family

Chicana



“Someone who is native of, or descends from, Mexico and who lives in the United States. The term *Chicano* was widely reclaimed by ethnic Mexicans in the 1960s and 1970s to express political empowerment, ethnic solidarity, and pride in being of Indigenous descent.”

“There will always be the need to speak out and stand up for marginalized groups, and if we want to break the cycle of inequality, we need the knowledge and inspiration to bring the change” - BeLatina



**Seeking a Volunteer
for the
February 12, 2024
Cultural Share!**

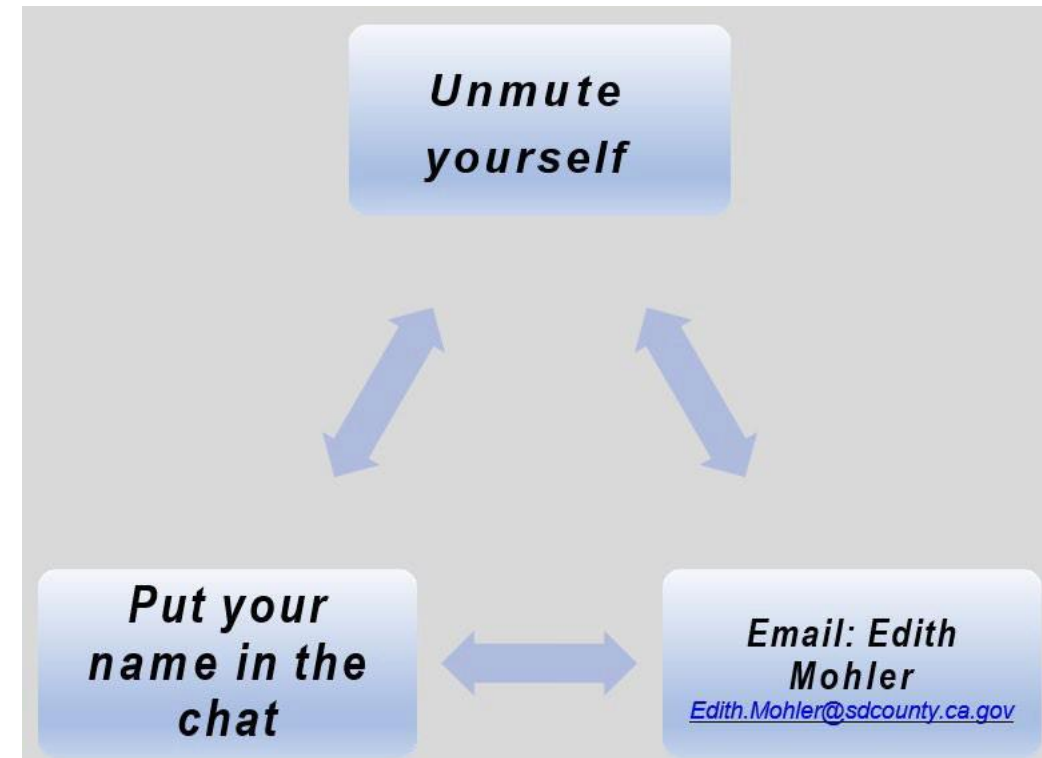
BH-SOC Children, Youth, and Families Culture Share

What is Culture Share?

Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. This experience can honor and celebrate family, history, traditions, experiences, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and bias awareness. Ultimately, it is an opportunity for self reflection and enlightenment to enhance our capacity to provide culturally responsive services to the children, youth, and families in our communities.

4 EASY STEPS

1. Maximum of a **3 Minute** Presentation
 - a. Can you any medium- slide, poem, music, verbal, etc
2. Introduce your experience from a cultural lens
3. Describe how this experience influences your work
4. Open it up for any group reflection



BUSINESS ITEMS

November 11, 2023, Meeting Summary Handout - Pages 9 -13

Action Item: NONE PENDING

INPUT ON MEETING SUMMARY

1. *Verbally provide input, or*
2. *Enter input in the chat, or*
3. *Email input to Edith.Mohler@sdcounty.ca.gov by COB today*

PUBLIC COMMENTS

Opportunity to raise awareness and provide
input to promote positive changes by
contributing your insight



**“We invite you to unmute yourself
OR
place a comment in the chat”**

Monica Montgomery Steppe, New County Supervisor



Swearing in video: https://www.youtube.com/watch?v=NPRU54wh_ww

Adopt Resolution to Guide Implementation of Senate Bill (SB) 43 and Establish a Multisectoral Planning Process to Guide Implementation



NORA VARGAS

CHAIRWOMAN

SUPERVISOR, FIRST DISTRICT

SAN DIEGO COUNTY BOARD OF SUPERVISORS

AGENDA ITEM

DATE: December 5, 2023

06

TO: Board of Supervisors

SUBJECT

**ADOPT RESOLUTION TO GUIDE IMPLEMENTATION OF SENATE BILL (SB) 43
AND ESTABLISH A MULTISECTORAL PLANNING PROCESS TO GUIDE
IMPLEMENTATION (DISTRICTS: ALL)**

OVERVIEW

On October 10, 2023, Governor Newsom signed into law Senate Bill (SB) 43, amending the Lanterman-Petris-Short Act (LPS Act), for the first time in over 50 years. Under the LPS Act, “gravely disabled” was narrowly defined as a condition in which a person, as a result of a mental health disorder or impairment by chronic alcoholism, is unable to provide for basic personal needs for food, clothing, or shelter. SB 43 significantly expands the definition of gravely disabled by including severe substance use disorder (SUD) as an allowable category for someone to be compelled into treatment or placed under conservatorship.

- Moves to adopt/implement SB43 which expands the definition of gravely disabled to include severe SUD compelled into treatment or placed under conservatorship
- Goes hand in hand with the CARE Act program (implemented Oct. 1, 2023) which enhances behavioral health services to persons with untreated schizophrenia or other psychotic disorders.

Board Letter in meeting packet



Previously
Known as
CalAIM

"Medi-Cal members will have access to **new and improved services** to get well-rounded care that goes beyond the doctor's office or hospital and addresses all of their physical and mental health needs."

Medi-Cal Transformation

OUR JOURNEY TO A HEALTHIER
CALIFORNIA FOR ALL



DHCS CalAIM Link [HERE](#)

Medi-Cal Transformation Goals Link [HERE](#)



Children and Youth Behavioral Health Initiative (CYBHI) Fee Schedule – Cohort 1 Local Education Agencies

San Diego County

31. San Diego Unified
32. Santee

- On Friday, December 22, the Department of Health Care Services (DHCS) posted the draft rates for the Children and Youth Behavioral Health Initiative (CYBHI) statewide multi-payer fee schedule.
- DHCS is phasing in the fee schedule starting in January 2024. The [first cohort](#) of forty-seven (47) LEAs was announced on December 1. The second cohort will go-live in July 2024 and the third cohort in January 2025.

CYBHI Fee Schedule Webpage [HERE](#) and list of cohorts [HERE](#)

December 2023 UPDATE



Document in Packet or click [HERE](#)

Behavioral Health Director's Report – December 2023



County of San Diego

ERIC C. MCDONALD, MD, MPH, FACEP
INTERIM AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

November 29, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – DECEMBER 2023

BHS 2023 YEAR IN REVIEW

This calendar year saw an incredible advancement of critical services and initiatives in BHS, moving us closer to realizing the vision of transforming the behavioral health system of care in San Diego County. Below are just a few notable initiatives that highlight continued advancements to address behavioral health workforce challenges, long term care needs, prevention efforts, supporting connections to care, and creating opportunities for stakeholder and community engagement to inform BHS programs and services.

Complete document in
packet or access [HERE](#)



Live Well San Diego
EDUCATION SECTOR



Youth-led Town Hall: Youth for Mental Health: Informing, Discussing, Sharing

Hosted by the Live Well San Diego Youth Sector

When?

January 13th, 2024

Where?

Mira Mesa Public Library
OR Join on Zoom!
8405 New Salem St., San Diego, CA 92126

Time?

2:30 PM - 4:30 PM

The *Live Well San Diego* Youth Sector's Youth Leadership Team is hosting two Youth-Led Town Halls in January! Please encourage youth in your networks to attend to engage in conversations on topics relevant to youth in San Diego County.

Register at:

[Youth-Led Town Halls Registration \(google.com\)](https://www.google.com)

Youth Mental Health Academy

What is the Youth Mental Health Academy?

The YMHA is a community-based, career development program for high school students that takes place over the course of 14 months. The YMHA includes the following:

- Paid project-based learning and final (capstone) group presentation during the first summer of the program
- Mentorship and integrated support throughout the duration of the program
- A paid internship in the mental health field during the second summer of the program. Internships are supervised by career professionals from organizations doing work in:
 - Brain and mental health research
 - Clinical practice
 - Mental health media and communications

Apply at: [YMHA: STUDENT Application - Child Mind Institute \(smapply.us\)](https://smapply.us)



2024 Point in Time Count

Regional Task Force on Homelessness



RTFH is looking for dedicated individuals interested in supporting our local annual homeless census to help inform and bring necessary homeless resources to San Diego County.

A photograph showing four people sitting outdoors. On the left, a man wearing a black beanie and a dark jacket is sitting on a grey bag, leaning forward and talking to three people. The three people (two women and one man) are sitting on a bench or low wall, listening and holding notebooks. They are in a garden-like setting with plants.

THURSDAY
JANUARY 25, 2024
4:00 AM - 8:00 AM
SUPPORT ONE OF OUR MANY DEPLOYMENT SITES



Hot Topic Facilitator: *Yael Koenig*

*“Mid-Year Sector,
Committees, and other
relevant updates and
highlights”*

Constituency/Committee/Group	Sector	Presenter	PowerPoint
Juvenile Court	Public	Judge Ana España and Beth Brown	x
Cultural Competence Resource Team (CCRT)	All Sectors	Rosa Ana Lozada	x
CYF Council Training Academy	All Sectors	Edith Mohler	x
Homeless Solutions and Equitable Communities	Public	Katherine Gordon	
Public Health Services	Public	Dr. Tom Coleman	x
Healthcare (Pediatrician)	Private	Dr. Pradeep Gidwani	x
San Diego Regional Center	Private	Zach Guzik and Lori Sorensen	x
Family and Youth Sector	Family	Khalif Kelly and Sten Walker	x
First 5 San Diego	Public	Stephanie Escobar	x
Alcohol Drug Service Provider Association (ADSPA)	Private	Marisa Varond and Angela Rowe	x
Public Safety Group	Public	Delona King	x
Mental Health Contractors Association (MHCA)	Private	Laura Beadles and Golby Rahimi Saylor	x
Managed Care Plans	Private	TBD	
Child and Family Well Being (CFWB)	Public	Laura Krzywicki	x
Education Committee	Education	Heather Nemour	
Outcomes	All Sectors	Eileen Quinn-O'Malley and Emily Velazquez Trask	x
CYF CADRE	Private	Julie McPherson and Marisa Varond	x
Early Childhood	All Sectors	Stephanie Gioia-Beckman and Jennifer Kennedy	
Transition Age Youth Council	All Sectors	Victor Esquivel	x
Medical Care Services	Public	Heather Summers	
Behavioral Health Services Advisory Board (BHAB)	Public	Bill Stewart	
Behavioral Health Services	Public	Dr. Laura Vleugels	

Poll Question

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Combined Council meeting? (Single Choice)

- 1 - Low Relevance**
- 2 -**
- 3 – Some Relevance**
- 4 -**
- 5 - High Relevance**



STAKEHOLDER ANNOUNCEMENTS

Share information about upcoming events or relevant news



**“We invite you to unmute yourself
OR
place a comment in the chat”**

COMMUNITY ADVOCACY TRAINING!

Telling Your Story!

*Learn how to transform passion
and lived experience into skillful
grassroots advocacy!*

***Email your RSVP to
CommunityAdvocacy@namisd.org
or register through the zoom link in bio.***



Please see adjacent
Currently Available Sessions



Community
Advocacy
Program
NAMI SAN DIEGO & IMPERIAL COUNTIES

Currently Available Sessions:

1) “Community Advocacy: Telling Your Story”

- January 11, 2024, 2 to 4 pm.
Register [HERE](#)

2) “Re-imagining Crisis Response”

- January 17, 2024, 2 to 3:30 pm.
Register [HERE](#)
- January 23, 2024, 2 to 3:30 pm.
Register [HERE](#)



CMHACY

California Mental Health Advocates
for Children and Youth

at

Asilomar Hotel and Conference Grounds

[Registration](#)

[Book your room in the CMHACY Block](#)

[2024 Conference – CMHACY](#)



California Mental Health Advocates
for Children and Youth

CMHACY's 44th Annual Conference

**Mental Health
is Everyone's
Business:**

**Inclusive Conversations
for Changing Times**

May 15 - 17, 2024





Morning Keynote
Dr. Thema Bryant

Afternoon Keynote
Dr. Jeff Duncan-
Andrade



Birth of Brilliance

Don't Just Think...Feel



Virtual Conference 2.29.24 | In-person Cultural Fair 3.1.24

4th Annual Birth of Brilliance Virtual Conference

February 29, 2024

Cultural Fair on March 1, 2024

Click [HERE](#) for
event information

REGISTER [HERE](#)

Early Bird Specials End January 19, 2024



9th Annual Critical Issues in Child and Adolescent Mental Health (CICAMH) Conference

April 26, 2024

Click on flier for more information



SAVE THE DATE
CICAMH 2024
CRITICAL ISSUES IN CHILD AND ADOLESCENT MENTAL HEALTH
CONFERENCE

Friday, April 26, 2024
University of San Diego
Kroc Institute of Peace & Justice

BREAKING BARRIERS:
Innovative Approaches to Youth and Family
Mental Well-Being

SDACAP San Diego Academy of
Child & Adolescent Psychiatry

Hahn
SCHOOL OF NURSING
AND HEALTH SCIENCE
University of San Diego

COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY

**LIVE WELL
SAN DIEGO**

Hybrid Conference

[2024 CICAMH Home - CICAMH](#)

THANK YOU

**Next CYF Council Meeting:
February 12, 2024 | 9 -10:30 a.m.**

