



Combined Councils Bi-Annual Meeting

Children, Youth and Families (CYF), Transition Age Youth (TAY), and Adult Councils October 10, 2022 | 10 to 11:30 a.m.

MEETING SUMMARY

Virtual Meeting

CYF Council Co-Chairs	TAY Council Co-Chairs	Adult Council Co-Chairs
Jaime Tate-Symons Mark Bartlett		Marisa Varond
Stephanie Escobar	Laura Tancredi-Baese	Jeffrey Najarian

ITEM	SUMMARY AND ACTION ITEMS
Welcome and Introductions	Piedad Garcia and Yael Koenig welcomed
Piedad Garcia, Adult and Older Adult (AOA) Deputy Director	meeting participants.
Yael Koenig, Children Youth and Families (CYF) Deputy Director	Yael Koenig acknowledged October as Emotional Wellness month and invited participants to
Celebrating Emotional Wellness Month	complete the Word Cloud. See responses below.
Word Cloud SLIDO – "What do you do to maintain your own personal health and wellness?	

What do you do to maintain your personal health and wellness? Spend time with family Matrix energetics, Jin Shin Write poetry Walk and eat whole food Play with my dog Laugh **Exercise Walk** Kittens **Video Games** Meditate **Wine Tasting** Cats go on walks! Yoga **Pickleball Family** Art Reading Therapy Swim Meditation Kids **Dance** Music CrossFit Sleep **Breathe** Stay active Surfing Play the ukulele Workout, eat healthy **Hobbies** Spend time with fam & friends Go to nature

- Review of April 11, 2022, Combined Councils Meeting Summary Handout Pages 2-4
- CYF, TAY, and Adult Councils Written Updates Handouts Pages 5-8

Yael Koenig highlighted the following:

- Summary notes of the April 11, 2022 meeting focused on Peer Support Services and Certification
- Written updates from the Councils highlighting accomplishments for Fiscal Year 2021-22 and areas of focus for Fiscal Year 2022-23

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Hot Topic - Fentanyl Awareness	Marisa Varond facilitated the Fentanyl Awareness
Poll Question	Hot Topic presentations. See left side for questions
Have you seen the It Is Up to Us Fentanyl Campaign?	and comments from the meeting discussion.
Please access at: https://up2sd.org/topics/substances#fentanyl	
<u>Prescription Drug Abuse Task Force (PDATF)</u> – Sarah Salven and Marla Kingkade - Pages 9-32	
 Annual Report Card 	
https://www.sdpdatf.org/annual-report-cards	
 Fentanyl Toolkit 	
https://www.sdpdatf.org/community-parent-fentanyl-toolkit	
<u>Harm Reduction Coalition of San Diego −</u> Tara Stamos-Buesig and Jenna Logan - Pages 33-76 ○ Overview of Harm Reduction and Overdose Education	
Youth Media Campaign - Melanie Briones and Evan Hodges - Pages 77-85	
o Campaign spotlight	
Meet Myles Youtube	
Input Form - Illicit Fentanyl Messaging for Youth (smartsheet.com)	
 Youth Survey/Combined Council Responses 	
Questions and comments at the meeting included:	
Fantastic presentation and toolkit	
• Thank you for this!	
This is such a valuable and effective want to share it with everyone professionally and	
personally. Thank you!	
This is really great, thank you	
• What is the youngest age this material is for? Thank you, Great presentation. Thank you!	
Response/feedback:	
o At least 12 years old	
o Consider that often elementary school children are overlooked with the assumption that	
they are too young. They are exposed via family and siblings with little support. Great to	
hear curriculum will be developed	
○ If you review the 2017/2019 California Healthy Kids Survey data, 2.7% of 7th grade	
students say they have used "any other drug, pill or medicine to get "high"" Rates of	
course increase from there.	
Thank you! This is very useful	
Thank you for this great presentation!	
Great Job Fentanyl Group!!!	
Thank you for reviewing the Toolkit and media clip	
There is a great youth toolkit and curriculum through DPA	
Awesome Presentation and resources, etc., Thanks so Much!!	
Thank you	
Great Toolkit!	
• Thank you! Hugely important presentations today 🙂	
• What about people who self-identify using those terms - ie: I'm an addict. Do we suggest	
they use different language for themselves?	
• The slide about 'changing the language of addiction' lists 'addictions' as a term not to use;	
but 'addiction' as a term to use - will you expand on the difference.	
Response/feedback:	
Nonviolent Communication Marshal Rosenberg: https://youtu.be/l7TONauJGfc	
Such a powerful video	
• I really liked the videoplease also include these messaging in other languages i.e. Spanish	
Great presentation. Tailored, making it relatable. Thank you	
• Great presentations today. Thank you to all the presenters. Such valuable information on	
such scary challenges we ae facing today	
Great Job Groups!!!	

ITEM	SUMMARY AND ACTION ITEMS	
 The best meeting I have attended in the past two years. They are all very good, but this one is definitely tops! Thank you! This meeting was excellent, information was important and timely Great meeting, very helpful resources! Very helpful! thank you! 		
 Closing Remarks and Announcements/Public Comment Poll Question – Overall relevance of today's meeting Stakeholder Announcements – unmute or add information to the chat County of San Diego Behavioral Health Program Coordinator Recruitment - Handout – Page 86 November 2022 Councils Meetings CYF: Monday, November 14, 2022 from 9 to 10:30 a.m. via Zoom Adult: Monday, November 14, 2022 from 11 a.m. to 12:30 p.m. via Zoom TAY: Wednesday, November 23, 2022 from 3 to 4:30 p.m. via Teams Next Combined Councils meeting is tentatively scheduled for April 10, 2023 	Yael Koenig invited meeting attendees to complete Poll 2. Poll results found below. Announcements and Public comment were inserted in the chat. Highlight of upcoming BOS meeting to discuss workforce issues CDPH Fentanyl & Overdose Prevention https://www.cdph.ca.gov/Programs/OPA/Pages/Communications-Toolkits/Fentanyl-Overdose-Prevention.aspx Piedad Garcia closed the meeting reiterating the relevance of the information provided with a call to action to use it to make a difference on the populations served	

Combined Councils Poll 1 Combined Council Poll 2 Poll ended | 1 question | 113 of 125 (90%) participated Poll ended | 1 question | 100 of 131 (76%) participated 1. On a scale of 1-5 (1 the lowest and 5 the highest), how woul 1. Have you seen the It is Up to Us Fentanyl Campaign? (Single Choice) rate the relevance and your interest with today's Council meeti (Single Choice) * 113/113 (100%) answered 100/100 (100%) answered (55/113) 49% Yes (0/ (45/113) 40% (1/ No (6/ (13/113) 12% Unsure (19/1 (74/10 **Action Due/Status** I. Action Items 1) Distribute the meeting summary at the April 10, 2023 Combined Councils meeting

Next Combined Councils Meeting: Date: Monday, April 10, 2023 Time: 10 to 11:30 a.m.

Polls Results

	+=Member in Attendance	CYF Council Attendance O=Ab	sent	E=Excused	
	CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS
	T	PUBLIC SECTOR		<u> </u>	T
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	0	Joel San Juan	0
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas- Wallenfelt	0
3	Public Safety Group/ Probation	Tabatha Wilburn	+	Delona King	0
4	Child Welfare Services (CWS)	Jerelyn Bourdage	+	Norma Rincon	0
5	Homeless Solutions and Equitable Communities	Pending		Pending	0
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	0
7	Medical Care Services (MCS)	Dr. Kelly Motadel	E	VACANT	
8	Juvenile Court	H. Judge Ana España	0	Beth Brown	+
9	First 5 Commission	Alethea Arguilez	0	Stephanie Escobar	+
		EDUCATION SECTOR		T	
10	Special Education Local Plan Area (SELPA)	Russell Coronado	0	Jaime Tate-Symons	+
11	Regular Education Pupil Personnel Services	Violeta Mora	0	Margaret Sedor	0
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	+	Misty Bonta	0
	C D' D	PRIVATE SECTOR		T	1
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	+	VACANT	
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	0
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	+
17	Mental Health Contractors Association (MHCA)	Julie McPherson	0	Minola Clark Manson	Е
18	MHCA	Laura Beadles	+	Golby Rahimi	0
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	Marcelo A. Podesta	+
20	Managed Care Health Plans	Kathleen Lang	+	James Trout	+
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Vacant	
	1	FAMILY AND YOUTH SECTOR			
22	Family and Youth Liaison	Sten Walker	+	VACANT	
23	Caregiver of child/youth served by the Public Health System	VACANT		Karilyn "Kari" Perry	+
24	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	0	VACANT	
25	Youth served by the public health system (up to age 26)	Caitlynn Hauw	+	VACANT	
	COMMITTEES (Non-v	oting members unless a memb	er of the Council)		
-	Executive	Sten Walker Jaime Tate Symons	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson Marisa Varond	0/+		
-	Early Childhood	Aisha Pope Ginger Bial	+/0		
-	Education	Heather Nemour Violeta Mora	0/0		
	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	0/+		
_	Training	Rose Woods	Е		

TAY Council Attendance

+=Member in Attendance O=Absent E=Excused					
CONSTITUENCY	MEMBER	STATUS	CONSTITUENCY	MEMBER	STATUS
Child Welfare Services	Steven Wells	+	Pregnant or Parenting Youth Provider/Co-Chair	Laura Tancredi-Baese	0
Client Advocacy	Paul Herrmann	0	Primary Health Care	<u>Open</u>	
Commercial Sexual Exploitation of Children	OPEN		Public Safety Liaison/Juvenile Probation	Rafael Ortiz Gomez	0
Education	Marian Edelbrock	0	Refugee and Immigrant Populations	Lamar Jackson	0
Employment Services	Amanda Downing	0	San Diego Regional Center for the Developmentally Disabled	OPEN	
Foster Youth (current or former Extended Foster Care TAY)	Prizila Vidal	0	Substance Use Disorder Services/Co-Occurring	Karen Lenyoun	0
Homeless Services/Outreach/Co- Chair	Mark Bartlett	0	Transitional Age Youth (1)	Nicole McDonald	0
Hospital Partner	OPEN		Transitional Age Youth (2)	Simone Hidds Monroe	0
Housing	Jennica Valdez	0	TAY Social Support/Activities	Irving Chavez	0
Law Enforcement	OPEN		Underserved Communities/CCRT	OPEN	
LGBTQ	OPEN		Open Seat (1)		
Mental Health Prevention and Early Intervention	Katie Blevitt	0	Open Seat (2)		
Peer Support Specialist in TAY Program	Natalia Krummel	0			

Adult Council Attendance

+=Member in Attendance O=Absent		E=Excused		
Constituency	Member	Status	Alternates	STATUS
(TAY) Pathways LLC.	Baraceros Mary	+		
(Consumer) RI International	Benson, Mary	0		
(Employment Services) San Diego Workforce Partnership	Brannock, Vicki	0	Walker, Kristin	
(Employment Services) MHS Inc Employment Solutions	Del Real Ochoa, Vianey	+	Masaryk, Kay	
Community College District	Easton, Leslie	+	Kamp, Julia	
(Homeless Services Provider) Catholic Charities	Fallon, Antoinette	+		
(Advocacy) NAMI San Diego				
(Advocacy) Jewish Family Services	Hall, Melissa	+	Woodruff, Caitlin	0
Prevention and Early Intervenion Constituency	Imam, Syed	0		
Long Term Care	Jajou, Gwen	0	Baker, Carrie	0
UCSD Psychiatry	Kistler, Janelle	0		
(Advocacy) League of Women Voters	Kruidenier, Liz			0
(Fee For Service) San Diego Psychological Association	Miller, Don	0	Tess, Steve	0
(Housing Council) Wakeland Housing & Development Corporation	Najarian, Jeffrey	+		
(Advocacy) Consumer Center For Health Education & Advocacy	O'Brien, Mary Jo	0		
(Veterans Services) Office of Military & Veterans Affairs	Quintong, Wil	0	Relieve, Adonis	0

Combined Council Bi Annaul Meeting October 10, 2022						
Total Attendees: 146						
Aisha Pope	Edith Mohler	Kelly Bordman	Roberto Suarez			
Alicia Castro	Eileen Quinn-O'Malley	Kimberly Pauly	Ronald Bautista			
Amanda Farr	Elaine Carballo	Krystle Murguia	Rosa Ana Lozada			
Amanda Lance-Sexton	Eliza King	Laura Beadles	Sandra Mueller			
Amir Vahabinejad	Emily Felenczak	Laura Vleugels	Sarah Baldwin			
Ana Loberia	Eric McDonald	Leslie Easton	Sarah Salven			
Andrea Duron	Delrena Swaggerty	Leslie Manriquez	Shakara Thompson			
Angela Rowe	Erika Hernandez	Lilly Payton	Shannon Jackson			
Angelina Puffelis	Evan Hodges	Lisa Bertelle	Shaun Goff			
Anne Lacy	Fran Cooper	Liz Miles	Sherry Casper			
Antoinette Fallon	Francisca Martinez	Liz Winchell	Simonne Ruff			
Aprille Pena	Gillian Leal	Loretta Ramirez	Stacey Kneeshaw			
Asheka Huey	Grisel Ortega-Vaca	Marcelo Podesta	Stacey Musso			
Babbi Winegarden	Gwendolyn Smith (Betsy Knight)	Margarita Hernandez	Stacy Thompson			
Barbara Ryan	Jaime Tate-Symons	Marisa Varond	Sten Walker			
Bernie Miles (Bernie Miles)	James Rogers	Martin Dare	Stephanie Escobar			
Beth Brown	James Trout	Mary Ellen Baraceros	Stephanie Gioia-Beckman			
Betsy Knight	Jamie Martinez	Mary Woods	Stephanie Lao			
Brenda Preston	Jamie Wilson	Maya Shahar	Steven Wells			
Carmen Pat	Janet Cacho	Melanie Briones	Susana Antonio			
Celeste Hunter	Janette Magsanoc	Melanie Morones	Tabatha Wilburn			
Chelsey De La Cruz	Jarrod Ekengren	Melissa Hall	Tais Millsap			
Cheryl Rode	Jazmin Wali	Melissa Penaflor	Tara Stamos-Buesig			
Christine Maggio	Jean McDonald	Michael Miller	Taylor Valdivia			
Christine Tham	Jeffrey Najarian	Michelle Hogan	Terri Kang			
Cinthia Castillon	Jerelyn Bourdage	Mina Arthman	Tom Coleman			
Claire Enemark	Jesse Emerson	Natanya Glezer	Tova Brown			
Claire Riley	Jodi Erickson	Noelita Robeniol	Vanessa Arteaga			
Claudette Butler	Joelle Fornasier	Pamela Meza	Vianey Del Real Ochoa			
Clint Magoffin	Joshua Zhang	Patrick Samayoa	Wendy Maramba			
Connie German-Marquez	Judi Holder	Phuong Quach	Xochitl Poblano			
Danyte Mockus-Valenzuela	Karen Giannini	Pradeep Gidwani	Yael Koenig			
Darwin Espejo (Host)	Kari Perry	Raven King	Yuka Sakamoto			
Debra Schade	Kat Briggs	Rhonda Crowder	Yvette Leiva			
Diane Ashton	Kathleen Lang	Robert Cook – Heartland	Zachary Guzik			
Dina Ali	Katie Wood	Robert Gibson	Two Unknown Callers			