

Welcome to the Children, Youth and Families Council Meeting



THE MEETING WILL BEGIN SHORTLY

KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING

THE MEETING PACKET WAS EMAILED TO THE COUNCIL DISTRIBUTION LIST AND POSTED IN CHAT



Use cell phone
camera to scan
QR code

CELEBRATING EMOTIONAL WELLNESS MONTH

“What do you do to maintain your personal health and wellness?”





Review of April 11, 2022, Combined Councils Meeting Summary – Handout



*Children, Youth and Families Behavioral Health System of Care,
Transition Age Youth (TAY) Behavioral Health Services, and
Adult Behavioral Health System of Care
Combined Councils Virtual Meeting*

April 11, 2022

10:00 to 11:30 A.M.

CYF Co-Chairs	TAY Co-Chairs	AOA Co-Chairs
Sten Walker Jaime Tate-Symons	Mark Bartlett Laura Tancredi-Baese	Marisa Varond Jeffrey Najarian

ITEM		SUMMARY
I.	Welcome and Introductions Piedad Garcia, Adult Older Adult (AOA) Deputy Director Yael Koenig, Children Youth and Families (CYF) Deputy Director	Welcome by Piedad Garcia and Yael Koenig
II.	Business Items <ul style="list-style-type: none">Review of October 11, 2021, Combined Councils Meeting SummaryCYF, AOA, and TAY Council Written Updates-Handout	Summary and written handouts discussed by Yael Koenig
III.	Peer Support Services and Certification <ul style="list-style-type: none">OverviewPanel Discussion	

Children, Youth and Families Council
Achievements and Goals Update
October 10, 2022



Fiscal Year 2021-22
Achievements Highlights

- Planned Council meetings, manage infrastructure to promote valuable information exchange, deliberation, and actions, including support to the Council sub-committees
 - Shared relevant information including Board of Supervisors Letters and BHS Director's monthly reports
 - Maintained CYF Council website updated and introduced PowerPoint meeting companion
- Considered current landscape & systems priorities, identified opportunities for synergy to advance system of care
 - November 8, 2021, meeting Hot Topic was Mobile Crisis Response Teams (MCRT). The meeting was attended by 70 individuals
 - March 14, 2022, meeting Hot Topic was California Advancing and Innovating Medi-Cal (CalAIM). The meeting was attended by 89 individuals
 - April 11, 2022, Combined Councils meeting (coordinated by the Adult System of Care) Hot Topic was Peer Support Services and Certification. The meeting was attended by 144 individuals
 - May 9, 2022, meeting Hot Topic was Directing Change program and film contest. The meeting was attended by 90 individuals
- Addressed shifting needs associated with the pandemic
 - September 13, 2021, meeting Hot Topic was Pandemic Impact Report and School Focus. The meeting was attended by 98 individuals
- Considered Equity and Racial Justice
 - Shared information on relevant trainings and Board Letters
- Increased participation in the annual Children/Youth Mental Health Well Being Celebration
 - Members of the Live Well San Diego Youth Sector were active participants in the 8th Annual Youth Mental Health Well Being Gathering 2022: "Bloom Where You Are"
 - Youth leaders of the Union of Pan Asian Communities (UPAC) showcased the Neighborhood Enterprise Center program and other relevant programs for youth
- Promoted youth engagement and participation
 - Supporting the Live Well San Diego Youth Sector with the coordination of the virtual Town Hall Amplifying Voices: What You(th) want Mental Health Professionals to Know held on December 1, 2021. The event had over 50 attendees, including Board of Supervisors Chair Nathan Fletcher and Behavioral Health Services Director, Dr. Luke Bergmann
- Supported the County Substance Use Harm Reduction Strategy
 - Hosted the October 11, 2021, Combined Councils meeting. The focus of the meeting was Harm Reduction. The meeting was attended by 123 individuals
- Coordinated the delivery of the annual CYF Council Orientation on June 12, 2022
The event was attended by a total of 71 participants
- Supported the advancement of the CYF System of Care through trainings, including:
 - The We Can't Wait Early Childhood Conference (September 23-25, 2021)
 - The Birth of Brilliance conference (February 24, 2022)
 - Critical Issues in Child and Adolescent Mental Health (CICAMH) conference (March 11, 2022)
 - Annual CYF System of Care Training Academy Conference (May 26, 2022) focused on Peer Partners in CYF

CYF COUNCIL UPDATES

FISCAL YEAR 2021-22

Fiscal Year 2022-23
Areas of Focus/Goals

- Continue to plan Council meetings, manage infrastructure that promotes valuable information exchange, deliberation and actions that extends to supporting the Council committees
 - The Hot Topic for the July 11, 2022, meeting was "Conversation with the BHS Director" BHS priorities as they relate to children, youth, and families were discussed
 - The Fiscal Year 2022-23 Strategic Planning meeting was completed on August 8, 2022. A summary document with areas of focus and recommendations made by over 90 participants, was delivered to the BHS Director on August 29, 2022. Additionally, a new revision of the Council bylaws was presented for a vote and approved to include "Homeless Solutions and Equitable Communities" representation
 - The September 12, 2022, meeting Hot Topic was Continuum of Care -Youth Strategies
 - An additional Public Sector seat, Medical Care Services (MCS) was presented for a vote and approved on September 12, 2022
 - "The Importance of Touch" document, developed by Meg Olinger, Ashley Rambeau, and the CYF Council Early Childhood Committee was presented at the September 12, 2022 meeting. This document can be accessed at:
<https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/CYF/Touch%20One%20Page%20Updated%202022-22.pdf>
 - Host the October 10, 2022, Combined Councils meeting focused on Fentanyl Awareness
 - Maintain CYF Council website updated:
https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSCouncil.html
 - Ensure that the meeting format meets the Council needs (virtual or in-person)
 - Provided simultaneous interpreting from English to Spanish to meet the needs of a Spanish speaking parent at the July 11, 2022 meeting
- Consider current landscape and systems priorities to identify opportunities for synergy to advance system of care, with specific emphasis on the Continuum of Care – Youth Strategies focus (Board Letter set for 9.27.22)
 - Strategic Domain 1 – Family System Work and Supports
 - Strategic Domain 2 – School Engagement and Care Opportunities
 - Strategic Domain 3 – Health Integration
- Attend to shifting needs associated with the pandemic
- Address Equity and Racial Justice
- Increase participation in the annual Children/Youth Mental Health Well Being Celebration
- Promote youth engagement and participation
 - Began showcasing artwork from the Directing Change website at the July 11, 2022 meeting
- Support the California Advancing and Innovating Medi-Cal (CalAIM) implementation
- Coordinate the delivery of the annual CYF Council Orientation
- Support the advancement of the CYF System of Care through trainings, including the attending:
 - The 13th We Can't Wait Early Childhood Conference (September 15-16, 2022)
 - The Birth of Brilliance conference (February 23, 2023)
 - Critical Issues in Child and Adolescent Mental Health (CICAMH) conference (Spring 2023)
 - Annual CYF System of Care Training Academy Conference (May 2023)

**Adult Council
Achievements and Goals Update
October 10, 2022**



Fiscal Year 2021-22 Achievement Highlights

Healthcare and Racial Disparities

- Welcomed a presentation by the San Diego Harm Reduction Coalition for substance use, especially opioids. Resources were shared and discussed with membership.
- Received and reviewed the Community Experience Partnership and Dashboard Presentation.
- Deputy Director reported out on CCRT ongoing discussions on health care disparities and the upcoming BH Equity Index that UCSD is developing as a tool for the system of care for planning and design of program purposes.

Behavioral Health Workforce

- Co-chair participate in the workgroup to develop recommendations related to different “work streams”.
- Representatives from the council served on an ad hoc group, which helped to inform the Administrative Relief Issue Areas and Opportunities included as part of the [final workforce report](#).
- Discussed Peer Support Specialist role in the System of Care and how to build workforce [in light of new certification guidelines](#).

Continuum of Care

- Deputy Director reported on the progress of several programs including:
 - > Mobile Outreach Response Team and their various stages of implementation, including ACL and law enforcement re their presentation to the Behavioral Health Advisory Board meeting that included:
 - ✓ Telecare and Exodus
 - ✓ Law Enforcement from dispatch
 - ✓ Carlsbad Police Department
 - > The design and development of the Oceanside CSU, which opened for business in May 2022.
 - > The joint effort between County of San Diego and San Diego Housing Commission in the development of the Rosecrans Sprung Shelter that became operational in September 2022.
 - > Ongoing design and development meetings are taking place for all levels of services.
 - > CHRT implementation for homeless clients in the City of San Diego.

Adult Council Workgroups and Report Out

- CCRT – CCRT member provides monthly updates
- Work Well - Employment Workgroup
- Consumer Workgroup
- MHSA - MHSA lead provides monthly updates

Fiscal Year 2022-23 Areas of Focus/Goals

- Reimagine and reinvigorate the Adult Council's Consumer Committee, utilizing the membership to identify how we move forward.
- Collaborate with CCRT to examine and address health care disparities and social determinants of health in communities of color, particularly around access to care and workforce goals.
- Better understand and make recommendations regarding recent increases in overdose deaths.

**ADULT COUNCIL UPDATES
FISCAL YEAR 2021-22**

Transition Age Youth (TAY) Council
Achievements and Goals update
October 10, 2022

Fiscal Year 2021-22
Achievements Highlights

TAYBHSC has come through a period of growth and change for FY21-22. Low attendance at the general meetings and non-renewal of council member seat posts were some of the challenges the council faced throughout the first half of the year. The co-chairs, remaining council members, and the AOA and CYF support team rallied together and revamped the council. More attention was paid to retention efforts, increased visibility within the provider network, and current member engagement. These changes along with other actions proved to be effective in renewing excitement around TAYBHSC.

TAYBHSC now has 16 dedicated and eager council seat members ready to serve!

We have shared valuable resources and information to our providers and member from the following organizations and agencies:

- Mobile Crisis Response Team (MCRT)
- Just In Time for Foster Care (JIT)
- San Diego Office of the Public Defender
- Mental Health Systems Employment Services
- Youth Assistance Coalition (YAC)
- San Diego Housing Commission Homeless Response Center
- Storage Connect Center, Mental Health Systems (MHS)

Fiscal Year 2022-23
Areas of Focus/Goals

-Resource Guide: Prizila Vidal, Laura Tancredi-Baese, Karen Lenyoun, Nicole McDonald, Liz Winchell & Victor Esquivel.

Development of an updated TAY Resource Guide with current resources in our County for Transitional Age Youth.

-Health Wellness & Healing: Jennica Valdez, Rafael Ortiz-Gomez, Simone Hidds Monroe, Jesse Emerson, Katie Blevitt & Paul Herrmann.

Bridging the Gap between Health and Healing

-Education/ Employment: Steven Wells, Irving Chavez.

Focus on the importance of promoting education and employment services for Transitional Age Youth, and how providers can assist and support them through the process.

We have identified meeting times to discuss priority areas for follow up through each focus group.
Exploring option of bringing general membership meetings back to in-person or hybrid meeting schedule.

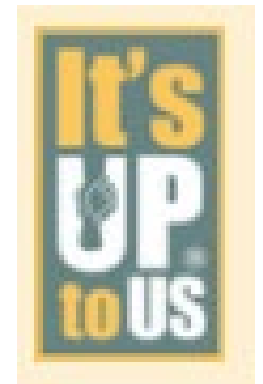
TAY COUNCIL UPDATES
FISCAL YEAR 2021-22

POLL QUESTION

Have you seen the It is Up to Us - Fentanyl Campaign? (Single Choice)*

- Yes
- No
- Unsure

***It Is Up to Us - Fentanyl Campaign:** <https://up2sd.org/topics/substances#fentanyl>





Hot Topic Moderator – Marisa Varond

Sarah Salven & Marla Kingkade
Prescription Drug Abuse Task Force (PDATF)



Tara Stamos-Buesig & Jenna Logan
Harm Reduction Coalition of San Diego



Kat Briggs & Melanie Briones
Youth Media Campaign



576

total unintentional
prescription-caused deaths
in 2020, San Diego County

**Unintentional
fentanyl-caused
deaths** **462**
in 2020

Fentanyl is a highly
concentrated synthetic
opioid. Deaths from
illegally manufactured
fentanyl continue to be
high nationwide.

1,300% increase
in fentanyl-caused deaths
between 2016 (33 deaths)
to 2020 (462 deaths)



Primary heroin treatment admissions, 2020



67% Male **33% Female**



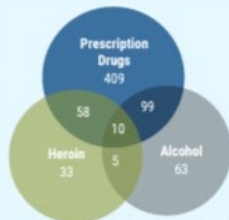
15,080
adult drug treatment
admissions in 2020. Of these,
5.2%
were due to prescription pain
medication

106

Number of heroin overdose deaths

18% increase

in heroin overdose deaths from 2016
(90 deaths) to 2020 (106 deaths)



**Relationship Between
Unintentional
Prescription Drug,
Heroin, and Alcohol
Caused Deaths, 2020**

Note: Deaths may involve multiple drugs, therefore, a single death might be included in more than one category.

**Pounds of Safely
Disposed
Medications, 2020**

11,100 lbs

At Bi-Annual DEA Take
Back Day Events

15,494 lbs

Sheriff's Department
Collection Boxes

PRESCRIPTION DRUG ABUSE TASK FORCE

SARAH SALVEN & MARLA KINGKADE

ANNUAL REPORT CARD: <https://www.sdpdatf.org/annual-report-cards>

FENTANYL TOOLKIT: <https://www.sdpdatf.org/community-parent-fentanyl-toolkit>



LIVE WELL
SAN DIEGO

HARM REDUCTION COALITION OF SAN DIEGO

TARA STAMOS-BUESIG & JENNA LOGAN

HARM REDUCTION 101

HARM REDUCTION
COALITION OF
SAN DIEGO



SD OEND

SAN DIEGO OVERDOSE
EDUCATION AND NALOXONE
DISTRIBUTION PROJECT



YOUTH MEDIA CAMPAIGN

MELANIE BRIONES & EVAN HODGES



LIVE WELL
SAN DIEGO

**Input Form - Illicit Fentanyl Messaging
for Youth**

[Input Form - Illicit Fentanyl Messaging for Youth \(smartsheet.com\)](https://smartsheet.com)



[Meet Myles -- Youtube](#)

POLL QUESTION

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice)*

- 1
- 2
- 3
- 4
- 5



LIVE WELL
SAN DIEGO



WELCOME TO UNMUTE

RAISE HAND

OR ADD INFORMATION TO THE CHAT



ANNOUNCEMENTS



I am looking for



I am a



Programs



A-Z Index



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OFFICE OF COMMUNICATIONS

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[Communications Toolkits](#)

[COVID-19 Toolkits](#) ▶

[Drowning Prevention](#)

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Fentanyl & Overdose Prevention

In 2021, more than 71,000 people died from synthetic opioid-related drug overdose in the United States according to provisional data from the Centers for Disease Control and Prevention (CDC). Recent data suggest that number continues to increase each year.

Fentanyl is a synthetic opioid that is up to 50 times stronger than heroin and 100 times stronger than morphine. Fentanyl is a major contributor to drug overdose deaths. Based on preliminary 2021 data, there were 6,843 opioid-related overdose deaths in California; 5,722 of these deaths were related to fentanyl. In 2021, there were 224 fentanyl-related overdose deaths among teens, ages 15–19 years old, in California.

Recently, brightly colored fentanyl, referred to as “rainbow” fentanyl, has begun circulating in illegal markets. “Rainbow” fentanyl can be found in many forms, including pills, powders, and blocks that can resemble sidewalk chalk or candy. Regardless of appearance or color, any pill that does not come from a health care provider or pharmacist could contain fentanyl and be deadly.

Knowledge can save lives and stop drug overdose.

Fentanyl and Overdose Prevention Communications Toolkit

This toolkit includes information on fentanyl and overdose prevention, with social media messaging available in English and Spanish covering:

- *Rainbow fentanyl/fentanyl*
- *Naloxone, a live-saving medication*
- *Recognizing the signs of an overdose*
- *Youth prevention*

California Department of Public Health Webpage: <https://www.cdph.ca.gov/>

ANNOUNCEMENTS



LIVE WELL
SAN DIEGO

JOHN M. PELLEGRINO
DIRECTOR

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5560 OVERLAND AVENUE, SUITE 270, SAN DIEGO, CALIFORNIA 92123-1204
Phone (858) 505-6367 Fax (858) 715-6452

ALLEN R. HUNSBERGER
ASSISTANT DIRECTOR

10/6/22

COUNTY OF SAN DIEGO - REQUEST FOR PROPOSALS (RFP 11615)
DEPARTMENT OF BEHAVIORAL HEALTH SERVICES
SCREENING TO CARE INITIATIVE

Pre-Proposal Conference
October 13, 2022 at 10am

Buy Net:

[https://www.sandiegocounty.gov/
content/sdc/purchasing.html](https://www.sandiegocounty.gov/content/sdc/purchasing.html)

The County of San Diego is seeking proposals from firms interested in providing a Screening to Care Initiative.

The contract term is anticipated to be an initial (base) period of six (6) months with three (3) one-year options and one (1) five (5) month option. The County anticipates awarding five (5) contracts to service all five (5) regions.

Estimated cost of services for the following lots/regions:

Lot 1: North Inland/Poway: \$4,860,000-\$5,400,000

Lot 2: SDUSD: \$6,480,000-\$7,200,000

Lot 3: North Coastal: \$6,885,000-\$7,650,000

Lot 4: South County: \$4,050,000-\$4,500,000

Lot 5: East County: \$3,645,000-\$4,050,000

If proposing for multiple Lot/Regions, Offeror must indicate the Lot/Region on the PC-600 form AND submit a separate proposal for each Lot/Region.

The Contracting Officer for this solicitation is Tricia McEwen, Procurement Contracting Officer, tricia.mcewen@sdcounty.ca.gov

ANNOUNCEMENTS



APPLY TODAY (JOB POSTING #22235509)
governmentjobs.com/careers/sdcounty



For additional information about the Behavioral Health Program Coordinator position, benefits, and how to apply, [click here](#).



November 2022 Councils Meetings

- **CYF:** Monday, November 14, 2022 from 9 to 10:30 a.m. via Zoom
- **Adult Council:** Monday, November 14, 2022 from 11 a.m. to 12:30 p.m. via Zoom
- **TAY:** Wednesday, November 23, 2022 from 3 to 4:30 p.m. via Teams
- *Next **Combined Council** Tentatively Scheduled for April 10, 2023*