

# Welcome to the Combined Councils Meeting



THE MEETING WILL BE STARTING SHORTLY...

ALL ATTENDEES ARE MUTED UPON ENTRY

PLEASE RAISE YOUR HAND OR USE THE CHAT BOX TO REQUEST TO SPEAK

PLEASE MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING

THE MEETING PACKET WAS EMAILED TO THE COUNCILS DISTRIBUTION LISTS





# APRIL 2021 MEETING SUMMARY & WRITTEN UPDATES REVIEW

DOES ANY COUNCIL MEMBER HAVE INPUT ON THE  
MEETING SUMMARY OR WRITTEN UPDATES?

COUNCIL MEMBERS MAY:

1. Verbally provide input at this time, or
2. Enter input in the chat, or
3. Email input to [Grisel.Ortega@sdcounty.ca.gov](mailto:Grisel.Ortega@sdcounty.ca.gov) by COB today





# HARM REDUCTION OVERVIEW

Nicole Esposito, MD, Michael Krelstein, MD  
and  
Jarrod Ekengren



# HARM REDUCTION PANEL



## Facilitated Panel Discussion - Piedad Garcia and Yael Koenig

1. What is beneficial about introducing Harm Reduction? What opportunities does it present?
2. How does the age of the participant impact Harm Reduction strategies?
3. What considerations need to be made when someone is involved with these systems?  
Justice; Child Welfare; Education; Other

<b>Laura Vleugels, MD</b> County of San Diego, BHS Supervising Psychiatrists	<b>Youth Perspective</b>
<b>Micaela Cunningham</b> NAMI San Diego-Community Development Specialist	<b>TAY Perspective</b>
<b>Aleka Delafield Heinrici, MD</b> San Ysidro Health Clinic, Addiction Medicine Specialist Director of Substance Use Disorder Services	<b>Prescriber Perspective</b>
<b>Nicole Chapman</b>	<b>Adult Consumer Perspective</b>
<b>Scott Suckow</b> Liver Coalition of San Diego, Executive Director	<b>Hepatitis Task Force Coalition Representative Education and Resources</b>

# OPEN DISCUSSION



Please unmute yourself to contribute to the discussion

Please also feel free to utilize the chat function to ask questions or provide input

- How does integrating a Harm Reduction philosophy and practice affect your work?
- What is the impact on clients by utilizing a Harm Reduction model of service?
- What challenges are you experiencing/anticipating while moving towards a Harm Reduction approach?
  - How are you addressing them?
- What successes have you experienced by introducing Harm Reduction strategies?
- What changes do you hope to see in the System of Care as a result of the Harm Reduction Initiative?



# POLL QUESTION #1

## Based on today's meeting...

- I have learned A LOT about Harm Reduction
- I have learned SOMETHING about Harm Reduction
- There has been NO IMPACT on my Harm Reduction knowledge
- I have NEW QUESTIONS about Harm Reduction
- No Comments / Other



# POLL QUESTION #2

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Combined Councils meeting? (Single Choice)\*

- 1
- 2
- 3
- 4
- 5