

Welcome to the Combined Councils Meeting

October 16, 2023

THE MEETING WILL BEGIN SHORTLY

**KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING
THE MEETING PACKET WAS EMAILED TO THE COUNCIL
DISTRIBUTION LIST AND POSTED IN THE CHAT**



LIVE WELL
SAN DIEGO

PARTICIPATING COUNCILS AND LEADERSHIP

CYF Council Co-Chairs	TAY Council Co-chairs	Adult Council Co-Chairs	Older Adult Council	Housing Council	Peer Council
Stephanie Escobar Celica Garcia-Plascencia	Ann Lacy Victor Esquivel	Jeffrey Najarian Marisa Varond	Velia Gitari Donovan Ackley	Lisa Huff	Mary Joe O'Brien Robert Forte

Historically the Combined Council Meeting Included:

Adult Council

Transitional Age Youth (TAY) Council

Children, Youth, and Family (CYF) Council

Expanding the Combined Council Meeting to Include:

Peer Council

Housing Council

Older Adult Council

INPUT ON MEETING SUMMARY

- 1. Verbally provide input, or**
- 2. Enter input in the chat, or**
- 3. Email input to Aprille.Pena@sdcounty.ca.gov by COB today**



PUBLIC COMMENTS

**Opportunity to raise awareness and provide
input to promote positive changes by
contribution your insight**



“We invite you to unmute yourself
OR
place a comment in the chat”

COUNCILS UPDATES

Adult Council FY 2022-2023 Update Fiscal Year 2022-23 Highlights	
<p style="text-align: center;"><u><i>FY 2022/23 Goals</i></u></p> <ol style="list-style-type: none"> Goal 1: Address access to health care disparity <ol style="list-style-type: none"> Action items: <ol style="list-style-type: none"> Request UCSD presentation on EQRO findings and recommendations specific to access to care and Latino population - completed Request presentation on PIP and compare with general access to care issues systemwide completed Request Health Equity Index/Community Experience Partnership Update (Liz Miles/UCSD) – September – pending – October/November Goal 2: Better understand and make recommendations regarding recent increases in overdose deaths <ol style="list-style-type: none"> Action items: <ol style="list-style-type: none"> Dr. Kattan presentation related to strategies to mitigate overdose deaths - completed Discuss strategies such as Narcan vending machines, Access to testing strips in housing developments. - completed Peer Council - Goal will be the inclusion of Peer Council member(s) at the Adult Council for report outs and vice versa. - completed 	
Fiscal Year 2023-24 Areas of Focus	
<p>FY 2023/24 Goals (Co-chairs)</p> <ul style="list-style-type: none"> Health Equity Index/Community Experience Partnership Update (Liz Miles/UCSD) – October Currently Under Discussion – focus areas Optimal Care Pathways (OCP) Continuum of Care (COC) - Outcomes Healthy San Diego (Kim Fritz) PIT/RTFH 	

<p>Meeting Information</p> <p>MEETING DATE: Second</p> <p>LOCATION: Via Zoom</p> <p>TIME: 9 to 10:30 a.m.</p>	<p style="text-align: center;">Housing Council Update</p> <p>Fiscal Year 2022-23 Focus Highlights</p> <p><u>Implementation Plan FY 22/23</u></p> <p><i>The FY 2022-23 implementation Plan was organized according to the BHS Housing Strategic Plan Goals and Focus Areas:</i></p> <ul style="list-style-type: none"> ● Housing Vouchers for Families involved in Child Welfare ● Created an ideal concept for a Tiny Home Village to serve the unhoused with wrap around services ● Reviewed best practices for issuing housing vouchers to SUD households ● Preservation of existing affordable housing and SROs ● Received presentation on shared housing efforts (ILA/RRA/RTFH) at FY 2022-23 Housing Council meeting ● Developed recommendations to simplify and enhance the data sharing systems ● Increased all clinical and peer support; Develop a strategy to support additional funding for increased staffing of Peer Support Specialists in Housing and Employment ● Developed a housing application assistance program and submitted to BHS for implementation consideration. ● Promoted development of immediate non-congregate shelter options for persons experiencing homelessness ● Worked with partners to allow for temporary housing and then move to permanent housing (without change in homeless status to qualify for future housing. ● Reduced barriers for people who are working to secure identification/replacement identification
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Older Adult Council	
Fiscal Year 2022-23 Focus Highlights	
<p>The Older Adult Council runs on a calendar year (January-December).</p> <p>During 2022, the focus was on employment and volunteer opportunities for older adults. The OAC focused on presenters from County and community programs who shared resources, statistics and needs of County older adults, especially aging in place options. Other related issues included rent subsidies and increased hiring, training, and retention of Aging and Independence Services (AIS) workers to provide in-home supportive services to assist seniors age in place. The OAC deepened and expanded these conversations in 2023 with a new Executive Committee.</p> <p>In 2023, the council has been focusing on recommendations to present to BHS in the areas of homelessness and dementia. The OAC created two work groups engaged in finding gaps and potential recommendations for each topic. The dementia group voiced how there is an intersection between dementia and homelessness with a gap in services. Members of both work groups reported not being able to find housing resources for older adults with dementia who do not have a home to return to after hospitalization or for older adults who are homeless who now have dementia. This intersection of services for older adults who are experiencing or at risk for both homelessness and dementia is the focus of this year's OAC annual retreat on September 27, 2023.</p> <p>Our monthly presenters have brought rich conversations about what services exist as well as what gaps still need to be addressed to streamline better services for the older adult homeless or at risk of homelessness.</p>	

<p>Fiscal Year 2023-24 Areas of Focus:</p> <p>The OAC has begun to discuss the impact of homelessness among other things.</p>	<p>TAY Council Update</p> <p>Fiscal Year 2022-23 Focus Highlights</p> <p>Highlighted program presentations to the Council:</p> <ul style="list-style-type: none"> • The Lodge • Strengths Based Case Management • Strategic Planning meeting for FY23-24 • Fentanyl, Opioids, and Naloxone • Program that Serve the Youth <p>TAY Council conducted the April 2023 Combined Council Meeting. TAY Council collaborated with the Adult Council and Children Youth and Family Councils to organize, coordinate as well as lead the meeting.</p>
<p>Meeting Information</p> <p>Fourth Wednesday, April 26, 2023 12:00 noon Meeting Room 100</p>	<p>Three Primary Areas of Focus:</p> <ul style="list-style-type: none"> • TAY Resource Guide Providing information and resources specific to TAY needs. Workgroup has completed the input on this. Now aligning with prior guide format. The council has completed the project. • Health Wellness & Healing Health Wellness & Healing is working on a Roadmap that can be used as a resource that TAY can refer to. The group has created a survey and is being evaluating by BHS director. The roadmap will be an easy-to-share resource that will connect TAY to the Resource Guide and other resources around the county. Next, we're hoping to build an evidence-based survey to understand the health needs from the TAY population directly. • Education/Employment Services The Education and Employment subcommittee has developed questions to obtain data needs of TAY youth related to Education and Employment, and these questions have been added to the survey designed by the Health and Wellness subcommittee. We have also been engaging in resource mapping to explore what resources are available for TAY focusing on Educational and Employment. The group is collecting resources to include information on all programs and resources to include the names, locations, program focus/design, services offered, eligibility criteria, and other relevant information about the program. The resource mapping will hopefully add to efforts to centralize resources for TAY therefore reducing the time and effort TAY expend to find resources to assist with various needs. The subcommittee is also consulting existing data, research, and other authoritative sources of information to learn about the depth and breadth of TAY needs for educational and employment support.
<p>Other Focus Areas:</p> <p>• Housing</p> <p>• Employment</p> <p>• Education</p> <p>• Health</p> <p>• Substance Use</p> <p>• Mental Health</p> <p>• Community Engagement</p> <p>• Policy Development</p> <p>• Advocacy</p> <p>• Research</p> <p>• Evaluation</p> <p>• Training</p> <p>• Technical Assistance</p> <p>• Public Awareness</p> <p>• Collaboration</p> <p>• Partnerships</p> <p>• Fundraising</p> <p>• Governance</p> <p>• Accountability</p> <p>• Transparency</p> <p>• Communication</p> <p>• Outreach</p> <p>• Engagement</p> <p>• Participation</p> <p>• Inclusion</p> <p>• Equity</p> <p>• Justice</p> <p>• Access</p> <p>• Affordability</p> <p>• Availability</p> <p>• Accessibility</p> <p>• Inclusivity</p> <p>• Diversity</p> <p>• Respect</p> <p>• Dignity</p> <p>• Honor</p> <p>• Integrity</p> <p>• Honesty</p> <p>• Openness</p> <p>• Transparency</p> <p>• Accountability</p> <p>• Responsibility</p> <p>• Reliability</p> <p>• Trustworthiness</p> <p>• Credibility</p> <p>• Competence</p> <p>• Expertise</p> <p>• Skill</p> <p>• Knowledge</p> <p>• Understanding</p> <p>• Awareness</p> <p>• Insight</p> <p>• Perception</p> <p>• View</p> <p>• Perspective</p> <p>• Outlook</p> <p>• Opinion</p> <p>• Belief</p> <p>• Faith</p> <p>• Confidence</p> <p>• Trust</p> <p>• Faith</p> <p>• Hope</p> <p>• Optimism</p> <p>• Positivity</p> <p>• Enthusiasm</p> <p>• Passion</p> <p>• Energy</p> <p>• Motivation</p> <p>• Drive</p> <p>• Ambition</p> <p>• Determination</p> <p>• Persistence</p> <p>• Perseverance</p> <p>• Endurance</p> <p>• Resilience</p> <p>• Flexibility</p> <p>• Adaptability</p> <p>• Creativity</p> <p>• Innovation</p> <p>• Imagination</p> <p>• Vision</p> <p>• Inspiration</p> <p>• Motivation</p> <p>• Encouragement</p> <p>• Support</p> <p>• Assistance</p> <p>• Help</p> <p>• Aid</p> <p>• Relief</p> <p>• Comfort</p> <p>• Ease</p> <p>• Convenience</p> <p>• Simplicity</p> <p>• Clarity</p> <p>•明</p>	<p>Fiscal Year 2023-24 Areas of Focus</p> <ul style="list-style-type: none"> • Change of leadership to move forward with the council. • Recruit members for vacant seats. • Re-vamp the agenda presentation with pictures and introduction of seats members. • Further developing the Health Wellness & Healing survey to be distribute to public. • Creating a third focus group. • Development of Executive team. • Focusing on development of Sector output during the monthly meetings.
<p>Meeting Information</p> <p>MEETING DATE: Fourth Wednesday of the month</p> <p>LOCATION: Via TEAMS</p> <p>TIME: 3:00 PM to 4:00 PM</p>	<p>Council Leads</p> <p>Co-Chairs: Anne Lacy & Victor Esquivel</p> <p>BHS Lead(s): Michael Miller & Claire Riley</p>

Peer Council Update	
Fiscal Year 2022-23 Focus Highlights	
Children, Youth and Families (CYF) Council Update	
Fiscal Year 2022-23 Highlights	
	<ul style="list-style-type: none"> Continued to plan Council meetings, manage infrastructure to promote valuable information exchange, deliberation, and actions, including support to the Council-committees; Shared relevant information including Board of Supervisors Letters and BHS Director's monthly reports Maintained the CYF Council website updated Considered current landscape and systems priorities, identified opportunities for synergy to advance system of care: <ul style="list-style-type: none"> Hot Topic for the July 11, 2022, meeting was Conversation with the BHS Director. BHS priorities as they relate to children, youth, and families were discussed. The meeting was attended by 112 individuals. The Fiscal Year 2022-23 Strategic Planning meeting was completed on August 8, 2022. A summary document with areas of focus and recommendations made by over 90 participants, was delivered to the BHS Director on August 29, 2022. Additionally, a new revision of the Council bylaws was presented for a vote and approved to include "Homeless Solutions and Equitable Communities" representation. The September 12, 2022, meeting Hot Topic was Continuum of Care - Youth Strategies. BHS Director, Luke Bergmann was the guest speaker. This meeting was attended by 93 individuals. An additional Public Sector seat, Medical Care Services (MCS) was presented for a vote and approved on September 12, 2022. "The Importance of Touch" document, developed by Meg Olinger, Ashley Rambeau, and the CYF Council Early Childhood Committee, which was presented at the September 12, 2022, meeting. October 10, 2022, Combined Councils meeting Hot Topic was Fentanyl Awareness. The meeting was attended by 146 individuals. November 14, 2022, meeting Hot Topic was Student Behavioral Health Incentive Program (SBHIP) presented by NAMI San Diego staff and Managed Health Care Plans representatives. This meeting was attended by 128 individuals. February 13, 2023, meeting Hot Topic was dedicated to Sectors and Committees updates. The meeting was attended by 124 individuals. The Sectors and Committees updates continued at the March 13, 2023, meeting. The meeting was attended by 105 individuals. The April 10, 2023, Combined Councils (CYF, Transitional Youth Age (TAY), and Adult) Hot Topic meeting focused on "Connecting to Services Throughout the Lifespan." The meeting was attended by 176 individuals. The May 8, 2023, Hot Topic was Conversation with the BHS Director, focused on BHS priorities as they relate to children, youth, and families. The meeting was attended by 120 individuals. Addressed shifting needs with the pandemic: <ul style="list-style-type: none"> The December 12, 2022, Hot Topic was Post-COVID-19 Considerations for Children, Youth and Families, presented by the Early Childhood Mental Health. The meeting was attended by 123 individuals. Addressed Equity and Racial Justice: <ul style="list-style-type: none"> Acknowledged celebrations, shared information on relevant trainings, and Board Letters. Added a "Culture Share" component to the Council effective February 13, 2023. Increased participation in the annual Children/Youth Mental Health Well Being Celebration: <ul style="list-style-type: none"> On May 13, 2023, BHS through the NAMI San Diego Community Advocacy Program hosted the 9th Annual Children and Youth Mental Health Well-Being Celebration. The event was held at Grossmont Center. Over 14 organizations participated in the event and celebrated with over 200 community members. There were engaging activities at each resource table, bubble dance parties, drum circles, and opportunity drawings. A youth also provided an inspirational speech, and a youth musician provided a musical performance. Promoted youth engagement and participation: <ul style="list-style-type: none"> Began showcasing artwork from the Directing Change website at the July 11, 2022, meeting. Secured two scholarships for youth to attend the 2023 Critical Issues in Child and Adolescent Mental Health (CICAMH) conference. Promoted awareness and collaboration with Live Well San Diego Youth Sector Supported the CalAIM implementation by: <ul style="list-style-type: none"> Providing timely information on local community sessions and resources: https://www.dhcs.ca.gov/CalAIM/Pages/calaim.aspx Inclusion in discussion during the Conversation with the Director's meeting on July 11, 2022.

CARE Act Program

Community Assistance, Recovery & Empowerment



What is the CARE Act program?

The Community Assistance, Recovery and Empowerment (CARE) Act program creates a new pathway to deliver mental health and substance use services to individuals who are not engaged in treatment and are diagnosed with schizophrenia or other psychotic disorders.

Families, clinicians, first responders, and others may begin the process by filing a petition with the civil court to connect people (ages 18+) to court-ordered voluntary treatment if they meet criteria and would benefit from the program.

How does it work?

There are five basic steps to establishing a CARE Plan:

1. A **referral** is initiated by filing a petition with the Superior Court.
2. The Superior Court makes an **initial determination** as to whether the petition appears to meet criteria for the CARE Act program.
3. The County of San Diego Behavioral Health Services (BHS) will **investigate** and report back within 14 days with a recommendation regarding the establishment of a CARE Act case. At the same time, BHS will reach out to the petitioned individual and work to **engage** them with treatment and may avoid the need for a CARE Act case.
4. If the Superior Court determines that a case should be established, a **CARE Plan will be developed** with County BHS, in partnership with the petitioned individual and their counsel. The CARE Plan will be submitted to the Superior Court for review.
5. Once a CARE Plan is accepted by the Superior Court, BHS and its network of community-based providers will actively engage the individual for whom a CARE Plan is being established to **connect to services**, including behavioral health treatment, stabilization medication, a housing plan, and other supports as needed.



Referral



Initial
Determination



Investigation &
Engagement



CARE Plan



Connection
to Services

What if my loved one does not qualify for the CARE Act program?

Though the CARE Act program is not for everyone, County Behavioral Health Services offers an array of treatment services and supports, which do not require a CARE Act process to access. If you or a loved one are seeking behavioral health services or referrals, call the County's Access and Crisis Line at 1-888-724-7240 – or 9-8-8 – to speak to a licensed clinician that can help connect you with services.

Questions about CARE Act program?

Call the County's Access and Crisis Line at 1-888-724-7240 or the Legal Aid Society of San Diego at 1-877-734-3258 (Option 6).

CARE ACT Update

Cecily Thornton-Stearns
Charity White-Voth

CARE Act Website:



**Sandiegocounty.gov/
CAREAct**

Scan QR code or
[HERE](#) for Webpage

[Video Link](#)



LIVE WELL
SAN DIEGO

HOT TOPIC: HOUSING AND HOMELESS PANEL

Simone Ruff

Piedad Garcia, Ed., LCSW

Brenda Sarabia, DSW, LCSW

Yael Koenig



**Complete Presentation in
Meeting Packet**

Poll Question

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Combined Councils meeting? (Single Choice)

- 1 - Low Relevance**
- 2 -**
- 3 – Some Relevance**
- 4 -**
- 5 - High Relevance**



STAKEHOLDER ANNOUNCEMENTS

Share information about upcoming
events or relevant news

“We invite you to unmute yourself
OR
place a comment in the chat”



THANK YOU

Upcoming Councils Meetings:

- **CYF:** Monday, November 13, 2023 from 9 to 10:30 a.m. (Virtual)
- **TAY:** Wednesday, January 24, 2024 from 3 to 4:30 p.m. (Virtual)
- **Adult:** Monday, November 13, 2023 from 11 a.m. to 12:30 p.m. (Virtual)
- **Older Adult:** November 22, 2023 from 10 a.m. to noon (Virtual)
- **Housing:** Thursday, November 2, 2023 from 11 a.m. to noon (Virtual)
- **Peer:** Tuesday, November 21, 2023 at 2 p.m. (Virtual)

