Date: May 28, 2019

CYF Memo: #11 -18/19

To: CYF Mental Health Treatment Providers

From: Yael Koenig, CYF Deputy Director

Re: **Implementation of the EC CANS effective 7-1-19**

Children, Youth and Families (CYF) will be implementing the Early Childhood (EC) CANS for children 0-5; currently utilized by County of San Diego Child Welfare Services (CWS). **The EC CANS will be administered to all children 0-5 years of age effective July 1, 2019.**

The EC CANS form is located on the Child and Adolescent Services Research Center (CASRC) website:
https://medschool.ucsd.edu/som/psychiatry/research/CASRC/resources/SOCE/Pages/CYFmHOMS-DES.aspx
The EC CANS results are to be entered in CYF mHOMS database and CASRC can be contacted to schedule a training for the data entry requirements.

The required CANS training and certification are available either on-line or in-person. Please note; standard CANS training is utilized for all CANS certification; there is not a specialized training for EC CANS.
Training options include the following:

A. **One day in-person** was offered on May 23, 2019 and will be offered on June 6, 2019. (Detailed Training Flyer attached) Following the training, clinicians will need to access the Praed Foundation on-line platform for CANS certification.

B. **5 hour** *(approximately)* **online training and CANS certification** through the Praed Foundation website. (Detailed instructions for accessing Praed Foundation Training platform attached)

Providers can contact Responsive Integrated Health Solutions (RIHS) for any technical assistance with accessing trainings, registering on the Praed Foundation website or CANS certification.

If you have questions, please contact your Contracting Officer Representative (COR).

Attachments: CANS Training Flyer
                     User Guide for CANS On-Line Training and Certification
                     Early Childhood CANS
                     EC-CANS Explanation

CC: County of San Diego Performance Improvement Team
                     County of San Diego Quality Management
                     County of San Diego Child Welfare Services
                     Responsive Integrated Health Solutions
                     Optum Health

Child and Adolescent Needs and Strengths (CANS) Overview Training for San Diego CANS 1.0

Presented by Andrea Ocampo, MS,
Senior Policy Analyst Chapin Hall at the University of Chicago

RIHS
Responsive Integrated Health Solutions

Course Code: BH0209

Course Description

May 23 or June 6 2019
9:00 am to 4:00 pm

Marina Village
1936 Quivira Way; Terrace Room
San Diego, CA 92109

The County of San Diego Child and Adolescent Needs and Strengths (CANS) is a collaboratively completed measure of child and family strengths and needs. This evidence-based, standardized assessment was developed to support decision-making, including level of care and action planning, to facilitate quality improvement initiatives, and to allow for the monitoring of clinical and functional outcomes. As a communication tool, it facilitates the linkage between the assessment process and the design of individualized service plans. This training provides an overview of the CANS and Transformational Collaborative Outcomes Management (TCOM). TCOM's overall framework, key concepts and how its multilevel approach directly benefits children and families will be discussed. The principles and best practices in using the CANS as a TCOM assessment strategy, a communication framework, and a tool to monitor outcomes and inform care plans will also be addressed. Using vignettes and small group activities, this 6-hour, interactive session will prepare users for certification and use of the CANS.

Click her to see training outline.

Learning Objectives

Upon completion of this training participants will be able to:

- Describe The County of San Diego CANS and its purpose.
- Define the role of structured assessments in the behavioral health system.
- Prepare for the on-line certification process and certification..
- Identify the linkage between the assessment and the treatment planning process.
- Demonstrate understanding of The County of San Diego CANS domains and items.
- Practice using the action levels through a mock vignette.

Audience

San Diego Optum contracted fee for service (FFS) providers including 0—5 contracted providers.

Passing the Child and Adolescent Needs and Strengths (CANS) certification exam is a requirement for all who will administer the CANS. This training will equip the user to administer the tool, use the results for treatment planning and prepare the participant for CANS certification which is required annually.

Click Here to log into the LMS and Register

Registration: If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by clicking here. Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Continuing Education: This course meets the qualifications for **6** hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0820, and CAADE Provider # CP10-906-CH0320 for **6** contact hours/CEHs. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.

User Guide for CANS On-Line Training and Certification

Welcome to the CANS Training and Certification User Guide. Please review each page for instructions on this document. If you have questions after reading this guide, please email the RIHS at RIHS@sdsu.edu or visit us at our website

https://theacademy.sdsu.edu/programs/rihs/

1 COUPON CODE SENT VIA EMAIL

You will receive an email with your code from RIHS.

2 CREATE ACCOUNT & REDEEM COUPON

The CANS online course and exam must be accessed through the Praed Foundation platform using your coupon code. Use the step-by-step instructions on pages 3 & 4 of this guide.

3 COMPLETE ONLINE COURSE

You will need to complete the San Diego CANS 1.0 course on Praed Website.

4 PASS THE CERTIFICATION FXAM

You will need to successfully complete the certification exam once each year, with a correlation score of .7 or higher.

CANS certification must be obtained by 6/30/2019

Rv. 5-8-19

Academy for Professional Excellence

Inquire. Inspire. Impact.

We create experiences that transform the heart, mind and practice.

RIHS Responsive Integrated Health Solutions

The web-based CANS course and certification exam are written and managed by the Praed Foundation. You must create an account on their online platform in order to redeem your coupon and access the materials.

Click here!

The Praed Foundation CANS Website

If you are a user from LearnerNation who is logging into Schoox for the first time, please login through www.schoox.com/academy/CANSacademy with your email address from LearnerNation as your username. You will then be prompted to select your agency.

First Name | Phone
Last Name | License # / HCS ID / Staff ID
Email
Password (minimum 6 characters)
Choose Country
Choose Regional Designation
Choose Agency

United States of America
California
Optum Health - San Diego County

Once you have chosen California as your Regional Designation, type the full name of your agency. If agency is not available, please contact RIHS.

Note that you will not see the full list in the drop down menu because there are hundreds or thousands of agencies in California using the CANS. Typing your agency's full name will allow the system to search the list to find matches.

If you do not see the **California, Behavioral Health – San Diego County** course bundle, make sure you selected your correct state and agency.

Once you have created an account, you should see this:

Home Me Training Content Dashboard My Schoox

johnpraed FOUNDATION

Online Academy

Academy Bundles

Type to search

Categories
General
All Bundles
Without Category
California
Compliance Courses

Creation Date | Update Date

May 08, 2018

California, Behavioral Health- San Diego County
by Lauren Schmidt | 2 courses | Category California / Behavioral Health-San Diego County
This bundle is for Users who need to Certify in the TCOM Tools for California,San Diego County Behavioral Health Agencies

price
12$

If your profile includes your correct state and agency, use the menu at the top to navigate to **Training → Bundles** to locate the San Diego County course bundle.

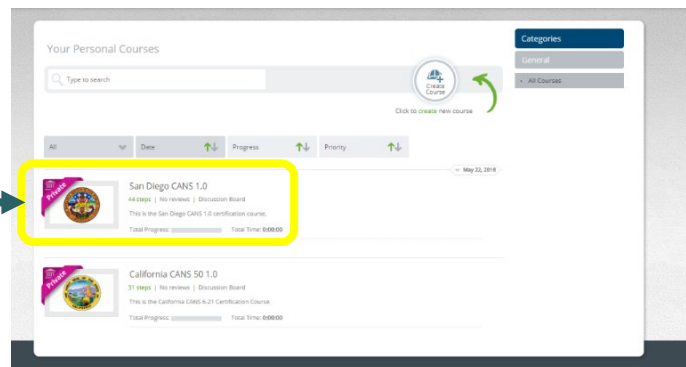Click on the course icon.

Enter the coupon code you received via email in Step 1 and click **REDEEM**:
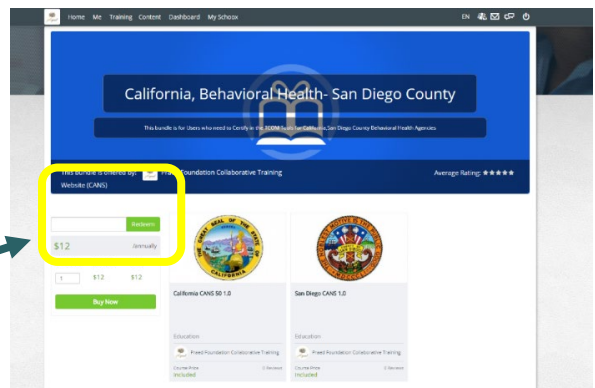
Once you redeem your coupon, the course cost should switch to FREE. You are now ready to click **ENROLL**:
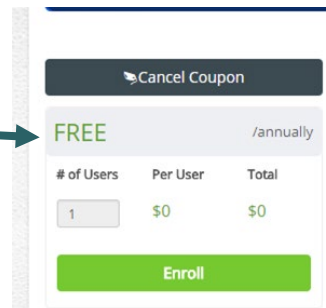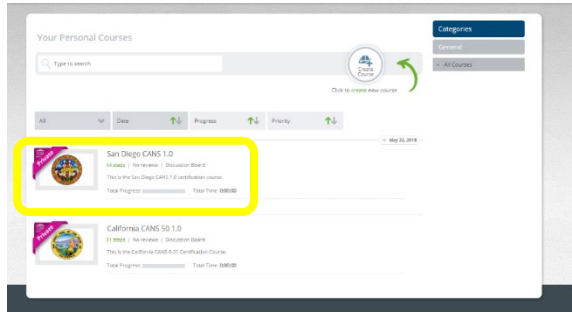

Your online course is now ready to launch! Click on **San Diego CANS 1.0** to begin your training:

Once you open the **San Diego CANS 1.0** course, you will see the full course outline and can begin the course**.***

***** For those who attend the one day training course, you may elect to take the Certification Exam without completing the online course.

You can navigate through the course **Steps** in any order, by clicking on the icons on the left. There are videos, short quizzes and selections from the *Reference Manual* to teach you about the overall CANS and each individual Domain.

Be sure to download the **Supplemental Materials**, including the *San Diego Reference Manual*. These will help you throughout the course, especially on the practice tests and certification exams.
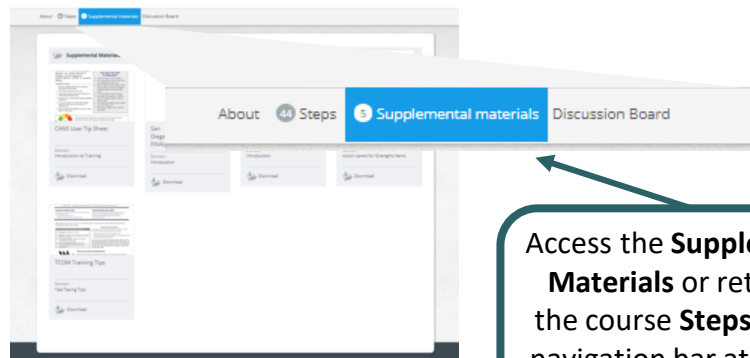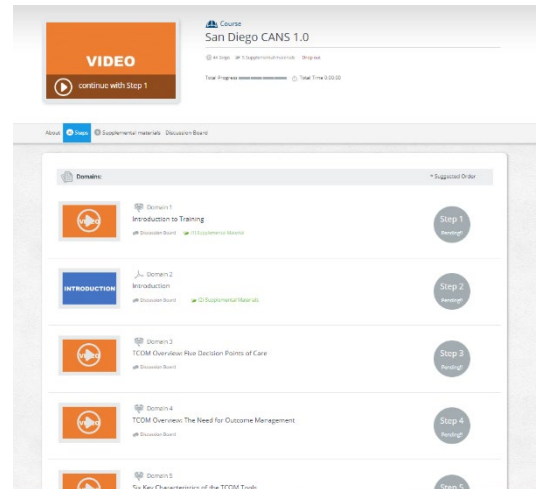
Access the **Supplemental Materials** or return to the course **Steps** via the navigation bar at the top of the course view.
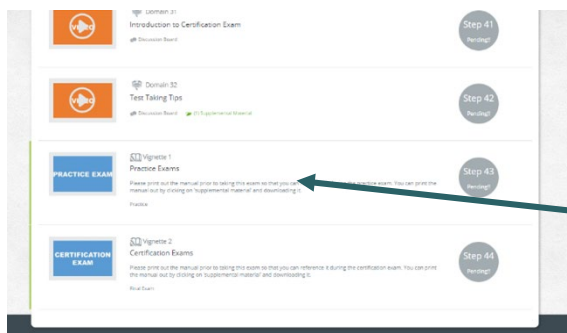
Ready to put it all together? Take a practice exam at the end of the course.

STEP 4: Pass the Certification Exam
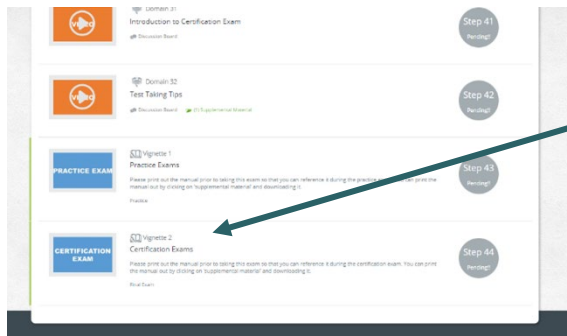
Once you feel comfortable with the practice tests, it's time to take the certification exam. Be sure to give yourself plenty of time and have your *Reference Manual* handy.

When you click on the certification exam icon, an important message will pop up about the **Vignette Assumption**. After reading carefully, click the **Start Vignette** button. You have two hours to complete the exam, so don't rush.
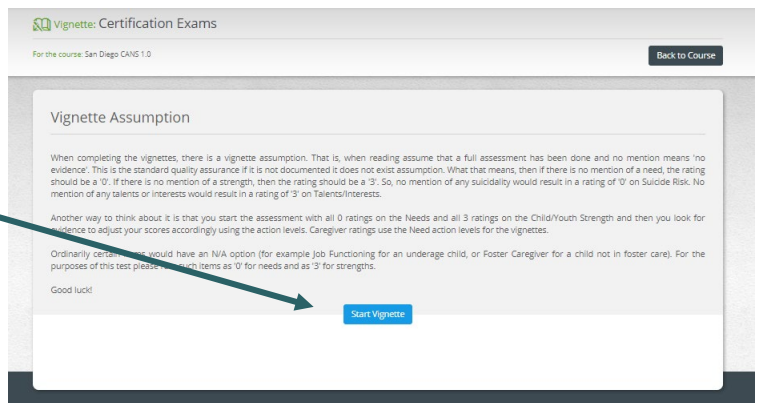
When you have successfully completed your exam, you can print your certificate from the Top toolbar under
ME → My Certificates → Course Certifications.
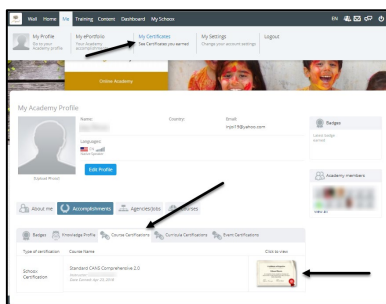
You can take the certification exam as many times as you need to pass. However, the Praed Foundation strongly recommends that you take your time and review the course materials before trying again. After three attempts, they will send you feedback to help you prepare to re-test.

You must complete all sections of the course AND pass the certification exam with a correlation of .7 or higher to be marked as complete by 6/30/2019.

CANS Training and Certification FAQs

RIHS CYF Outcomes Website

I don't see my Agency or Program listed on the coupon code request form. Who do I contact?
Contact the RIHS at RIHS@sdsu.edu.

I got an error message when I requested a coupon. What do I do?
Contact the RIHS helpdesk at RIHS@sdsu.edu.

I did not receive an email with my coupon code. What do I do?

Check your spam folder. If the email can't be found in the spam folder, contact the RIHS helpdesk at RIHS@sdsu.edu.

Praed Foundation CANS Website

Where do I access the course and exam?

To create your account, click here: https://www.schoox.com/academy/CANSAcademy/register.
To log in, click here: https://www.schoox.com/login.php.

I don't see my Agency in the Praed Foundation CANS website. What do I do?
Select **California** as the Regional Destination and type in the full name of your agency in the search box. If your agency can't be found, contact the RIHS helpdesk at RIHS@sdsu.edu.

I don't see the course bundle. Where can I find it?

Locate the menu on top of the Praed page and click on **Training** and then search for the **California, Behavior Health - San Diego County** course bundle. Add the coupon code that you received via email and click **Redeem**.

It says "Invalid Coupon Code" when I type in my coupon code. What do I do?

Make sure to copy and paste the coupon code exactly as it was send via email. If the error message appears again, contact the RIHS helpdesk at RIHS@sdsu.edu.

CANS Training and Certification FAQs

There are two courses shown when I log into the Praed site. Which one do I take?

Take the **San Diego CANS 1.0 course**. You do not need to take the California CANS course; it is just there as an extra resource. Complete the certification exam at the end of the San Diego CANS 1.0 course.

I took the California CANS 50 1.0 course instead of the San Diego CANS 1.0 course and passed the exam. Am I certified?

Yes; however, we strongly suggest you click on the San Diego CANS 1.0 course and search for the red modules. The red modules are specific to San Diego County. This information is not part of the exam, but it is an extra resource.

How do I know if I passed?

You passed if your exam if it is marked as COMPLETE in the course outline. To view your certification you must have completed the full course AND passed the exam.

I completed the full course and passed the exam, but it still shows as incomplete. What can I do?

Click on the course and check that all of the videos and quizzes have been completed. Once everything is completed, the course outline will show COMPLETE.

I forgot my password to the Praed Foundation website. What do I do?

Select the **Forgot Password** Link and enter the email you used to create your account. A link to reset your password will be sent to the email associated with your account.

I'm having difficulty with the Praed site itself. Who do I ask for help?

At the RIHS helpdesk we'll always do our best to solve the problem for you. You can also ask the Praed Foundation team directly at support@TCOMTraining.com.

EARLY CHILDHOOD CHILD AND ADOLESCENT NEEDS AND STRENGTHS (*Complete for clients ages 0 to 5*)	San Diego EC-CANS
Client Name:	Client ID Number:
Caregiver Type: ○Biological Parent[1] ○Foster Parent[2] ○Adoptive Parent[3] ○Other[5] ○Other Family Member (non-foster status)[4]	Client DOB: Clinician/Staff ID: SubUnit:
Date of Assessment:	Current Primary Dx (*ICD code*):
Assessment Type: ○Initial[1] ○Reassessment[2] ○Discharge[4]	Current Secondary Dx (*ICD code*):

POTENTIALLY TRAUMATIC/ADVERSE CHILDHOOD EXPERS.

NO = no evidence
YES = interferes with functioning; action needed

	NO[0]	YES[1]
1. Sexual Abuse	☐	☐
2. Physical Abuse	☐	☐
3. Emotional Abuse	☐	☐
4. Neglect	☐	☐
5. Medical Trauma	☐	☐
6. Witness to Family Violence	☐	☐
7. Witness to Community/School Violence	☐	☐
8. Natural or Manmade Disaster	☐	☐
9. War/Terrorism Affected	☐	☐
10. Victim/Witness to Criminal Activity	☐	☐
11. Disruption in Caregiving/Attachment Losses	☐	☐
12. Parental Criminal Behaviors	☐	☐

Documentation to support endorsement of "Yes" is located in the Clinical Formulation and the following section/s of the BHA (select all that apply):

Presenting Problems/Needs	☐
Past Psychiatric History	☐
Family History	☐
Pregnancy/Birth History	☐
Medical Tab	☐
Other, please specify (e.g., Discharge Summary)	☐

CHALLENGES

0 = no evidence
1 = history or suspicion; monitor
2 = interferes with functioning; action needed
3 = disabling, dangerous; immediate or intensive action needed

	0	1	2	3	N/A[6]
13. Impulsivity/Hyperactivity	☐	☐	☐	☐	
14. Depression	☐	☐	☐	☐	
15. Anxiety	☐	☐	☐	☐	
16. Oppositional	☐	☐	☐	☐	
17. Attachment Difficulties	☐	☐	☐	☐	
18. Adjustment to Trauma	☐	☐	☐	☐	
19. Regulatory	☐	☐	☐	☐	
20. Atypical Behaviors	☐	☐	☐	☐	
21. Sleep (12 months to 5 years) - N/A if child under 12 months	☐	☐	☐	☐	☐

Documentation to support ratings of a '2' or '3' is located in the Clinical Formulation and the following section/s of the BHA (select all that apply):

Presenting Problems/Needs	☐
Past Psychiatric History	☐
History of Self-Injury/Suicide/ Violence	☐
Medical Tab	☐
Mental Status Exam Tab category	☐
Other, please specify (e.g., Discharge Summary)	☐

FUNCTIONING

0 = no evidence
1 = history or suspicion; monitor
2 = interferes with functioning; action needed
3 = disabling, dangerous; immediate or intensive action needed

	0	1	2	3
22. Family Functioning	☐	☐	☐	☐
23. Early Education	☐	☐	☐	☐
24. Social and Emotional Functioning	☐	☐	☐	☐
25. Developmental/Intellectual	☐	☐	☐	☐
26. Medical/Physical	☐	☐	☐	☐

Documentation to support ratings of a '2' or '3' is located in the Clinical Formulation and the following section/s of the BHA (select all that apply):

Family History	☐
Medical Tab	☐
Developmental Milestones	☐
History of Early Interventions	☐
Other, please specify (e.g., Discharge Summary)	☐

RISK BEHAVIORS & FACTORS

0 = no evidence
1 = history or suspicion; monitor
2 = interferes with functioning; action needed
3 = disabling, dangerous; immediate or intensive action needed

	0	1	2	3	N/A[6]
27. Self-Harm (12 months to 5 years) - N/A if child under 12 months	☐	☐	☐	☐	☐
28. Exploited	☐	☐	☐	☐	
29. Prenatal Care	☐	☐	☐	☐	
30. Exposure	☐	☐	☐	☐	
31. Labor and Delivery	☐	☐	☐	☐	
32. Birth Weight	☐	☐	☐	☐	
33. Failure to Thrive	☐	☐	☐	☐	

Documentation to support ratings of a '2' or '3' is located in the Clinical Formulation and the following section/s of the BHA (select all that apply):

Presenting Problem	☐
Past Psychiatric History	☐
Pregnancy/Childbirth history	☐
Medical Tab	☐
History of Self-Injury/Suicide/ Violence	☐
Other, please specify (e.g., Discharge Summary)	☐

CULTURAL FACTORS

0 = no evidence
1 = history or suspicion; monitor
2 = interferes with functioning; action needed
3 = disabling, dangerous; immediate or intensive action needed

	0	1	2	3
34. Language	☐	☐	☐	☐
35. Traditions and Rituals	☐	☐	☐	☐
36. Cultural Stress	☐	☐	☐	☐

Documentation to support ratings of a '2' or '3' is located in the Clinical Formulation and the following section/s of the BHA (select all that apply):

Family History	☐
Medical Tab	☐
Protective Factors	☐
Other, please specify (e.g., Discharge Summary)	☐

STRENGTHS

0 = Centerpiece strength
1 = Useful strength
2 = Identified strength
3 = No evidence

	0	1	2	3
37. Family Strengths	☐	☐	☐	☐
38. Interpersonal	☐	☐	☐	☐
39. Natural Supports	☐	☐	☐	☐
40. Resiliency (Persist. & Adaptability)	☐	☐	☐	☐
41. Relationships Permanence	☐	☐	☐	☐
42. Playfulness	☐	☐	☐	☐
43. Family Spiritual/Religious	☐	☐	☐	☐

Documentation to support ratings of a '0' or '1' is located in the Clinical Formulation and the following section/s of the BHA (select all that apply):

Family History	☐
Protective Factors	☐
Other, please specify (e.g., Discharge Summary)	☐

DYADIC CONSIDERATIONS

0 = no evidence
1 = history or suspicion; monitor
2 = interferes with functioning; action needed
3 = disabling, dangerous; immediate or intensive action needed

	0	1	2	3
44. Caregiver Emot. Responsiveness	☐	☐	☐	☐
45. Caregiver Adj. to Traumatic Exper.	☐	☐	☐	☐

Documentation to support ratings of a '2' or '3' is located in the Clinical Formulation and the following section/s of the BHA (select all that apply):

Presenting Problem	☐
Family History	☐
Other, please specify (e.g., Discharge Summary)	☐

CAREGIVER RESOURCES AND NEEDS

☐ Child has no known caregiver. Skip Caregiver Resources and Needs Domain.

A. Caregiver Name:

   Relationship:

0 = no evidence; this could be a strength
1 = history or suspicion; monitor; may be an opportunity to build
2 = interferes with functioning; action needed
3 = disabling, dangerous; immediate or intensive action needed

	0	1	2	3
46. Supervision	☐	☐	☐	☐
47. Involvement with Care	☐	☐	☐	☐
48. Knowledge	☐	☐	☐	☐
49. Social Resources	☐	☐	☐	☐
50. Residential Stability	☐	☐	☐	☐
51. Medical/Physical	☐	☐	☐	☐
52. Mental Health	☐	☐	☐	☐
53. Substance Use	☐	☐	☐	☐
54. Developmental	☐	☐	☐	☐
55. Safety	☐	☐	☐	☐
56. Family Rel. to the System	☐	☐	☐	☐
57. Legal Involvement	☐	☐	☐	☐
58. Organization	☐	☐	☐	☐

Documentation to support ratings of a '2' or '3' is located in the Clinical Formulation and the following section/s of the BHA (select all that apply):

Presenting Problem	☐
Family History	☐
History of Early Interventions	☐
Other, please specify (e.g., Discharge Summary)	☐

County of San Diego Mental Health Plan
EARLY CHILDHOOD CHILD AND ADOLESCENT NEEDS AND STRENGTHS (EC-CANS)
(Effective 7-1-19)

2019

COMPLETED BY:
1. Licensed/Waivered Psychologist
2. Licensed/Registered/Waivered Social Worker or Marriage and Family Therapist
3. Licensed/Registered Professional Clinical Counselor
4. Physician (MD or DO)
5. Nurse Practitioner

COMPLIANCE REQUIREMENTS:
1. Clinical staff administering the EC-CANS must be trained and pass an annual certification.
2. Certified clinical staff will complete the measure for clients 0-5 years of age receiving services from a mental health provider.
3. Completed at:
    a. Admission into the program (within 30 days of CCBH intake date).
    b. UM cycle or every 6 months (whichever occurs first).
    c. Discharge (within 7 days from date of closing assignment).
4. Data must be entered into CYF mHOMS database:
    a. Initial CANS must be entered within 30 days of CCBH intake date.
    b. UM cycle or 6 month CANS must be entered prior to new UM cycle.
    c. Discharge CANS must be entered within 7 days from CCBH discharge date.

DOCUMENTATION STANDARDS:
1. For each Domain Item, a rating of 0-3 must be determined, along with the corresponding documentation in the 0-5 BHA for ratings of a '2' or '3' on the initial or reassessments and in the Discharge Summary for the discharge assessment.
2. Clinicians must receive annual recertification to administer the tool by completing an on-line training course and passing a post test. The training can be accessed through the RIHS website: https://theacademy.sdsu.edu/programs/rihs/cyf-outcomes/
3. For questions about data entry contact CASRC:
    a. cyfmhoms@ucsd.edu
    b. 858-966-7703 ext. 243604
4. Medication only cases are exempt from completing the CANS.
5. Reports from CYF mHOMS database are to be reviewed by clinician with supervisor and shared with the caregivers and other professionals as appropriate (CFT meetings, CWS).
6. High need items (rated a '2' or '3') and centerpiece/identified strengths (rated a '0' and '1') are to be discussed with the family to inform and develop treatment goals.
7. Use the EC-CANS when completing UM to determine/identify eligibility criteria for additional services.

* As a reminder for Children and Youth involved with Child Welfare Services (CWS), BHS providers are required to ensure that there is one current working CANS. CANS results obtained by BHS from CWS should inform the completion or updates to the CANS completed by the BHS provider.
 Note: Please see CANS Sharing Confirmation Sheet for additional Information

Rv. 5.24.19