# Welcome to the Children, Youth and Families Council Meeting

November 13, 2023

## THE MEETING WILL BEGIN SHORTLY

KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING
THE MEETING PACKET WAS EMAILED TO THE COUNCIL
DISTRIBUTION LIST AND POSTED IN THE CHAT



## WELCOME NEW ATTENDES











## Hot Topic Facilitator: Stephanie Escobar

## Healthy Outcomes from Positive Experiences (HOPE)

Aimee Zeitz-Gruber, Executive Director of Community Well-Being, YMCA of San Diego

Brandi Paniagua, Coordinator/Trainer, YMCA of San Diego

**Webpage:** Tufts HOPE – Healthy Outcomes from Positive Experiences

## **PUBLIC COMMENTS**

Opportunity to raise awareness and provide input to promote positive changes by contributing your insight



# "We invite you to unmute yourself OR place a comment in the chat"



## **BUSINESS ITEMS (Yael Koenig)**

September 11, 2023, Meeting Summary Handout - Pages 24-27

Action Item: Hot Topic presentation by CFWB to be included in the meeting packet that is uploaded to the <a href="CYF Council webpage">CYF Council webpage</a>
Completed on September 19, 2023

## INPUT ON MEETING SUMMARY

- 1. Verbally provide input, or
- 2. Enter input in the chat, or
- 3. Email input to <a href="mailto:Edith.Mohler@sdcounty.ca.gov">Edith.Mohler@sdcounty.ca.gov</a> by COB today

## Darwin Espejo, BHS

## BH-SOC Children, Youth, and Families Culture Share

#### What is Culture Share?

Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. This experience can honor and celebrate family, history, traditions, experiences, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and bias awareness. Ultimately, it is an opportunity for self reflection and enlightenment to enhance our capacity to provide culturally responsive services to the children, youth, and families in our communities.

#### Structure

- 1. Present a 3 minute Culture Share.
- 2. Introduce a personal or work related experience from a cultural lens.
  - This can be verbal and/or you can share a story, an object, song, or anything else
- 3. Describe how this experience influences your work
- 4. Open for any group reflection

Seeking a Volunteer for the January 8, 2024 Cultural Share!



Unmute yourself



Put your name in the chat

Email: Edith

Mohler

Edith.Mohler@sdcounty.ca.gov

## Approve and Ratify the Children's Trust Fund Three-Year Funding Proposal



## COUNTY OF SAN DIEGO

AGENDA ITEM

DATE: September 12, 2023

**TO:** Board of Supervisors

#### **SUBJECT**

APPROVE AND RATIFY THE CHILDREN'S TRUST FUND THREE-YEAR FUNDING PROPOSAL (DISTRICTS: ALL)

#### BOARD OF SUPERVISORS

NORA VARGAS First District

JOEL ANDERSON Second District

TERRA LAWSON-REMER Third District

> VACANT Fourth District

ЛМ DESMOND Fifth District

11

Requests BOS to approve and ratify the Child and Family Strengthening Advisory Board of San Diego's (CFSAB) Children's Trust Fund (CTF) 3-year funding proposal for expenditures towards preventing and responding to child abuse and neglect

If approved, total cost of received revenue will total \$4,800,000 between fiscal years 2023-24 and 2025-26

**Board Letter in meeting packet** 

#### OVERVIEW

The San Diego County Board of Supervisors (Board) supporting efforts to prevent and respond to child abstrengthening families by identifying and addressing the the public charge as well as those whose safety and well (11), the Board adopted Ordinance No. 10598 (N.S.) reper Diego County Administrative Code to establish the Chil Board of San Diego County (CFSAB).

#### Funding Proposal for Fiscal Year 2023-2024 through 2025-2026

Voluntary Guardianship Services and Special Education Legal Advocacy: \$550,000

Kinship Caregiver Support: \$400,000

Pre-Petition Legal Advocacy: \$300,000

Prevention Hub: \$300,000

Child and Family Strengthening Advisory Board: \$50,000

Proposed Allocation: \$1,600,000





## Authorization to Accept Congressional Directive Spending Project Grant Funding Administered by the Substance Abuse and Mental Health Services Administration for Mobile Crisis Response Teams



### COUNTY OF SAN DIEGO

AGENDA ITEM

#### BOARD OF SUPERVISORS

NORA VARGAS First District

JOEL ANDERSON Second District

TERRA LAWSON-REMER
Third District

VACANT Fourth District

ЛМ DESMOND Fifth District

07

DATE: September 26, 2023

Board of Supervisors

**SUBJECT** 

TO:

AUTHORIZATION TO ACCEPT CONGRESSIONAL DIRECTIVE SPENDING PROJECT GRANT FUNDING ADMINISTERED BY THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION FOR MOBILE CRISIS RESPONSE TEAMS (DISTRICTS: ALL)

#### **OVERVIEW**

To support the well-being of those with behavioral health conditions, the San Diego County Board of Supervisors (Board) and the County of San Diego (County) Health and Human Services Agency (HHSA) remain committed to investing in services to meet the needs of this vulnerable population. In alignment with this commitment, County HHSA, Behavioral Health Services (BHS) continues to pursue new funding opportunities to enhance and expand access to critical mental health and substance use disorder prevention, engagement, and treatment services.

BHS applied on April 2023 and was notified on September 2023 for a conditional awarding of \$4,480,000 for available SAMHSA "mobile behavioral health crisis response team" grant funding

The BL requests authorization to accept this one-time grant to continue expansion of the Mobile Crisis Response Team

**BL** in meeting packet





## Making San Diego a Blue Envelope County



#### COUNTY OF SAN DIEGO

#### AGENDA ITEM

#### BOARD OF SUPERVISORS

NORA VARGAS First District

JOEL ANDERSON Second District

TERRA LAWSON-REMER

VACANT Fourth District

ЛМ DESMOND Fifth District

01

DATE: September 26, 2023

TO: Board of Supervisors

**SUBJECT** 

MAKING SAN DIEGO A BLUE ENVELOPE COUNTY (DISTRICTS: ALL)

#### **OVERVIEW**

The San Diego County Sheriff's Department (Shenew resource called the Blue Envelope Program, and serve as an enhanced communication aware community members diagnosed with a condition dementia, anxiety, or other conditions that might during a law enforcement interaction. For exam Envelope Program prioritizes safety, effective calleviate misunderstandings through increased enforcement officers.



- Asks BOS to declare San Diego County a "Blue Envelope County and seeks to expand the program within the county
- Would leverage County departments to promote, provide training and increase program awareness
- Blue envelopes contains common identification documents and enhances communication between law enforcement/public service personnel for individuals with a condition or disability

BL in meeting packet and click HERE for more program information





## Receive and Approve the Updated Opioid Settlement Framework; Direct Report Back on Significant Updates to the Opioid Settlement Framework; and Authorize one Staff Year for Toxicology Services to Expand Surveillance of Emerging Drug Trends



#### COUNTY OF SAN DIEGO

AGENDA ITEM

#### BOARD OF SUPERVISORS

NORA VARGAS First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER Third District

> VACANT Fourth District

ЛМ DESMOND Fifth District

13

**DATE:** October 10, 2023

**TO:** Board of Supervisors

**SUBJECT** 

RECEIVE AND APPROVE THE UPDATED OPIOID SETTLEMENT FRAMEWORK; DIRECT REPORT BACK ON SIGNIFICANT UPDATES TO THE OPIOID SETTLEMENT FRAMEWORK; AND AUTHORIZE ONE STAFF YEAR FOR TOXICOLOGY SERVICES TO EXPAND SURVEILLANCE OF EMERGING DRUG TRENDS (DISTRICTS: ALL)

Authorizes approval of the updated Opioid Settlement Framework and requests one staff year for Public Safety/Medical Examiner's Office to expand surveillance of emerging drug trends

Attachment A offers Opioid Settlement Framework Budgeted Activities

Presentation and BL in meeting packet





## **Opioid Settlement Framework**



Harm Reduction and Prevention

Healthcare Integration

Social Supports and Services



## **Approved Framework Priorities**

### Harm Reduction & Prevention

- Primary Prevention
- Public Health Messaging
- **Drug Checking Services**
- Prescription Medication Disposal Bags
- Naloxone Access and Supply
- · Harm Reduction Services

### Healthcare Integration

- Overdose Surveillance and Response Program
- **EMS Buprenorphine Pilot Program**
- Treatment for Incarcerated Individuals
- San Diego Relay Program

### Social Supports and Services

Threaded across Healthcare Integration and Harm Reduction and Prevention activities

## **Option B**

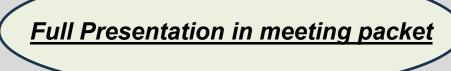


#### Recommendation 1 - Option A

- Authorize spending plan
- Reduce previously approved \$8 million to \$0.5 million for prescription medication disposal bags and supporting ongoing investments through FY 2030-31

#### Recommendation 1 - Option B

- Authorize spending plan
- Support ongoing investments as in Option A, through FY 2028-29, and use \$7.5 million for one-time capital investment for the East County Recovery **Bridge Center**





## Authorize Competitive Solicitations, Single Source Contract, Amendments to Extend Existing Contracts, Amendments to Reflect Change to Services and Increase to Funding, and Execution Intergovernmental Agreement with the State of California and Acceptance of Funding



### COUNTY OF SAN DIEGO

#### AGENDA ITEM

#### BOARD OF SUPERVISORS

NORA VARGAS

JOEL ANDERSON Second District

TERRA LAWSON-REMER
Third District

VACANT Fourth District

ЛМ DESMOND Fifth District

31

DATE: November 7, 2023

TO: Board of Supervisors

#### **SUBJECT**

AUTHORIZE COMPETITIVE SOLICITATIONS, SINGLE SOURCE CONTRACT, AMENDMENTS TO EXTEND EXISTING CONTRACTS, AMENDMENTS TO REFLECT CHANGE TO SERVICES AND INCREASE TO FUNDING, AND EXECUTION OF INTERGOVERNMENTAL AGREEMENT WITH THE STATE OF CALIFORNIA AND ACCEPTANCE OF FUNDING (DISTRICTS: ALL)

#### **OVERVIEW**

The County of San Diego (County) Health and Human Services Agency, Behavioral Health Services provides a comprehensive array of mental health and substance use services to people of all ages. These services are delivered through County-operated programs, as well as contracts with community service providers. Those served include vulnerable populations, including individuals who are experiencing homelessness, individuals with justice involvement, and children and youth with complex behavioral health conditions.

Requests BOS to authorize competitive solicitations, single source contracts, contract extensions, funding acceptance/increase for Behavioral Health Services

Attachment A for program recommendations

**BL** in meeting packet





## Behavioral Health Community Based Organized Networks of Equitable Care and Treatment (BH-Connect) Demonstration

The California Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment (BH-CONNECT) Section 1115 Demonstration

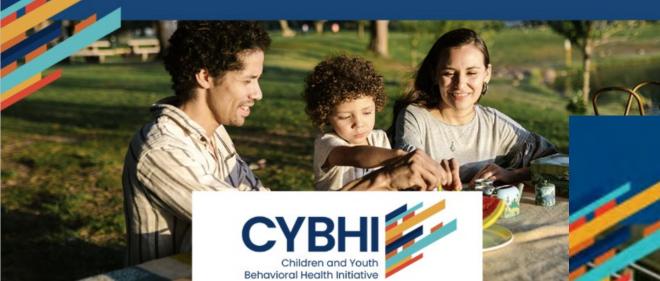


The California Department of Health Care Services (DHCS) is requesting a new Section 1115 demonstration, effective January 1, 2025, to expand access to and strengthen the continuum of community-based behavioral health services for Medi-Cal members living with significant behavioral health needs. The California Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment (BH-CONNECT) demonstration will amplify the state's ongoing behavioral health initiatives, and is informed by the findings from DHCS' comprehensive 2022 assessment of California's behavioral health landscape <u>Assessing the Continuum of Care for Behavioral Health</u> Services in California.









## **OCTOBER 2023 UPDATE**



## **Document in Packet or click HERE**

## **Behavioral Health Director's Report - October 2023**



ERIC C. MCDONALD, MD, MPH, FACEP

#### HEALTH AND HUMAN SERVICES AGENCY

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

BEHAVIORAL HEALTH SERVICES

3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531

SAN DIEGO, CA 92108-3806

(619) 563-2700 • FAX (619) 563-2705

September 28, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT - OCTOBER 2023

#### POPULATION HEALTH NETWORK QUALITY AND PLANNING UPDATES

Quality Improvement is the framework used to improve systems, processes, and care systematically and deliberately. Population Health Network Quality and Planning (NQP) seeks to standardize processes and structure to reduce variation, achieve predictable results, and improve outcomes for patients, healthcare systems, and organizations. The NQP team is responsible for identifying important practices and processes where improvement is needed to achieve excellence and meet standards, especially in the areas of equity, quality, access, and timeliness.

Complete document in packet or access **HERE** 

## **Behavioral Health Director's Report - November 2023**



ERIC C. MCDONALD, MD, MPH, FACEP
INTERIM AGENCY DIRECTOR

#### HEALTH AND HUMAN SERVICES AGENCY

(619) 563-2700 • FAX (619) 563-2705

BEHAVIORAL HEALTH SERVICES

3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

October 26, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT - NOVEMBER 2023

#### EDGEMOOR DISTINCT PART SKILLED NURSING FACILITY (EDGEMOOR) UPDATES

#### Status Updates/Accomplishments/Announcements

Edgemoor remains an overall five-star facility on the Centers for Medicare and Medicaid Services (CMS) Care Compare site for Nursing Homes. Achieving five out of five stars in all four rating categories (Overall Quality, Health Inspection, Quality Measures, Staffing, and RN Staffing).

In September, Edgemoor was named one of Newsweek's Best Nursing Homes for 2024, ranking number three in California. In the past, Edgemoor was ranked number two in 2023, number three in 2022, and number one in both 2021 and 2020.

The California Association of Health Facilities (CAHF) Facility Superstar Award recognizes employees of CAHF member facilities who have 10 or more years of service and have dedicated their lives to long-term care. The top 20 nominees are selected by CAHF's Board of Directors to receive the award and attend the awards ceremony in November. This year, Edgemoor Certified Nursing Assistant, Lourdes Richardson, was selected to receive the award. Lourdes is being honored for her 19 years of service to long-term care at Edgemoor.

Complete document in packet or access **HERE** 

## Fiscal Year 2023-24 Mental Health External Quality Review November 7-9, 2023



## **Youth Services Survey (YSS)**

### Feedback from Families and Youth

#### County of San Diego Health & Human Services Agency

The purpose of the survey is to gather anonymous feedback from parents/caregivers and youth ages 13 and older receiving county mental health services in an effort to make improvements in the Children, Youth & Families Mental Health System of Care.

Thank you for participating and for your valuable feedback!

Please note that these are system summary results and may or may not apply to your program.

#### What is the YSS?

The YSS is a statemandated survey that rates client and parent/ caregiver satisfaction with services and perception of outcomes using a 5-point scale (strongly disagree to strongly agree).

There are four sections of the survey:

- Fifteen satisfaction questions
- Seven outcomes questions
- Four support questions
- Open comments

The survey that took place during the week of May 15-19, 2023 was administered both online and in-person.

## What do we do with your feedback?



Program monitors at the Behavioral Health Services Administration review feedback and data, and engage in follow-up with the programs.

The survey is administered once or twice a year, and program monitors use the data to identify trends.

Your anonymous comments and feedback are converted to uniform text format and are returned to the programs in an effort to make improvements in the system. The comments do not have any identifiers

#### May 2023 Survey Response

More than 2,500 surveys were submitted from approximately 70 programs. Some surveys did not have enough information filled out. More than 1,800 surveys had enough information to review.

Surveys are not given to clients in crisis or in inpatient settings.

> Parent/caregiver: 1,082 surveys Youth: 730 surveys

#### **Key Findings**

- Overall satisfaction with services remained high for both youth (90%) and parents/caregivers (94%).
- Satisfaction varies by client and program.
- Parents/caregivers are more satisfied overall with behavioral health services than youth are.
- Youth receiving residential services are least satisfied, as compared to youth receiving other services like outpatient therapy.

#### **Areas For Improvement**

- 8% of youth reported they did not have a voice in the selection of services they received.
- ◆ 14% of parents/caregivers and 19% of youth did not agree or were not sure if they got as much help as they needed.
- 12% of youth reported that services did not improve their school or work performance.
- 9% of youth felt that services did not improve their family relationships.
- ◆ 16% of youth and 10% of parents/caregivers were not satisfied with their family life at the time they were surveyed.

#### **Cultural Sensitivity**

◆ 98% of caregivers and 92% of youth were satisfied with the cultural sensitivity of their providers and program staff.

### Complete report in packet

## Live Well San Diego Networking and Engagement Platform

Click on flier for LW page and access to full document



## ONLINE ENGAGEMENT PLATFORM GUIDE

Learn about projects, share your thoughts, and help make a difference in your community

Register and Sign in		Explore Projects				
	Sign in		Engagement by Sector			
	Staff login  All fields marked with an asteriak (*) are required  Email or Login *		TAR		0 6	
			Community and Faith-Based Business Sector Organizations and Rural Communities			
	Password *  Sign in  Don't have an account? Register			Youth Sector	0.0	
To get started, visit:		For Recognized Partners				
Engage.livewellsd.org and click the "Register" button. Fill in your details to create a new account or log in if you already have one.		Recognized Partner N		Communications HUB		
Engage with Your Community						
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	Live Well San Diego Youth Sector		Live Well San Diego Equity Ambassador			
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If you have questions or would like to connect with the Youth Sector, please email Live Very Configuration Co. page			Jazlyn Vela Youth Secto	or Coordinator	here!	
Use these			Youth Lead	lership Team (YLT)		
tools to	Introduce Yourself			or Program Support		
share	LIVE WELL SAN DIEGO					
information, inform	We value your voice and the impact you can make in the youth community. We are excited to get to know you and learn more about your valuable contributions. Please provide a brief introduction about yourself and kindly share on your active engagement in the youth community.			<b>74</b>		
projects, &	All fields marked with an esteriek (*) are required			STAY INFORMED Subscribe for project updates		
give your	Start your story by providing a title			SUBSCRIBE		
feedback.	N.T.					

ENGAGE.LIVEWELLSD.ORG

## San Diego County Office of Education Collaboration



## I CHOOSE MY FUTURE

SCHOOLS EDUCATORS

SPECIAL POPULATIONS

SUPPORTING STUDENTS

*I Choose My Future*, a captivating presentation and <u>video</u> <u>series</u>, provides viewers with comprehensive, straightforward insight into how substance abuse impacts the individual, their families, and society.

Written with youth (middle school and above) in mind, the fundamental message is that the harm that results from substance abuse begins with the initial decisions by users to experiment with drugs. YOU decide whether to experiment with drugs. YOU choose your future!

Although primarily aimed at students, it's important that adults in the school community also hear this message so that students, parents, and school staff have shared understandings of the serious and constantly evolving drug threats facing our children.



*I Choose My Future* is available as an in-person presentation or as a six-part video series. Both are presented by Rocky Herron, drug ambassador for the San Diego County Office of Education and a 31-year veteran of the Drug Enforcement Administration. To date, Herron has delivered the presentation in person to more than 130,000 students in 15 countries.

#### Topics addressed in the I Choose My Future presentation and videos include:

- · How the drug landscape has changed
- The societal impacts of drug abuse
- The science of addiction, teen brain development, and the impact drugs can have on teens
- · How to identify potentially harmful drugs
- · A closer look at vaping, marijuana, and nicotine
- The dangers of opioids and fentanyl

## Children, Youth and Families (CYF) System of Care Advancing Principles Awards





#### Nominate an individual and or a program!

Each year the CYF System of Care Training Academy Committee presents an "Advancing Principles" award to an individual and to an organization (program) who are doing an exceptional job of demonstrating the CYF System of Care Principles:

Collaboration of four sectors
Integrated
Child, Youth and Family Driven
Individualized
Strength-Based
Community-Based
Outcome Driven
Culturally Competent
Trauma Informed, and
Persistence

Award recipients will be recognized at an upcoming CYF Council meeting

Access the nomination form through this link:

Children, Youth and Families System of Care 2023 Advancing Principles Recognition Form (smartsheet.com)

Please submit nominations by December 15, 2023

For additional information, please contact Edith Mohler at: Edith.Mohler@sdcounty.ca.gov Click on flier for nomination form or contact:

Edith.Mohler@sdcounty.ca.gov

Last day for nominations is December 15, 2023!





## Poll Question

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Combined Council meeting? (Single Choice)

1 - Low Relevance

2 -

3 – Some Relevance

4 -

5 - High Relevance



## STAKEHOLDER ANNOUNCEMENTS

Share information about upcoming events or relevant news



# "We invite you to unmute yourself OR place a comment in the chat"



# COMMUNITY ADVOCACY TRAINING!

#### **Telling Your Story!**

Learn how to transform passion and lived experience into skillful grassroots advocacy!

Email your RSVP to CommunityAdvocacy@namisd.org or register through the zoom link in bio.









Please see adjacent Currently Available Sessions



## Currently Available Sessions:

Reimagining Crisis Response:

November 15, 2023, 1:30 to 3:30 pm **HERE** 





## Western States Marijuana Summit Register <u>HERE</u>

## National Overdose Prevention Register <u>HERE</u>

## SAVE THE DATE

2023 Western States Marijuana Summit

November 14 – 15, 2023

Virtual Only

## National Overdose Prevention Leadership Summit

November 16 - 17, 2023

Virtual Only

Conference line ups and registration links will be sent out soon.

No registration cost for either summit.

























## **SAVE THE DATE**

4<sup>th</sup> Annual Birth of Brilliance
Virtual Conference:
February 29, 2024, and
Cultural Fair on March 1, 2024

2023 Conference Highlights scan QR code on flier or click HERE Submit Presentation Proposals HERE



## Birth of Brilliance:

Don't Just Think...Feel

Virtual Conference | Thursday Feb. 29th 2024 In-Person Cultural Fair | Friday, March 1st, 2024

All children are born with brilliance, which according to Websters Dictionary means, intense brightness of light, vividness of color; and exceptional talent or intelligence.

Imagine a world where every child's brilliance is acknowledged and nurtured from birth. Racial inequity flies in the face of this brilliance and it is our responsibility to rewrite the narrative.

The conference is focused on children, youth and their families. Building on the success and energy of our inaugural event, the committee is excited to present the fourth annual virtual Birth of Brilliance Conference on Feb. 29, 2024. The focus remains on raising awareness about the effects of racial disparities and implicit bias in mental health, social services, developmental services, education, medical care and juvenile justice.

Registration opens on Dec. 1. If you would like to get involved in Birth of Brilliance 2024 as a committee member, fiscal sponsor, by being or recommending a speaker, or if you have questions, please reach out to us at birthofbrilliance@gmail.com.

For a recap of the previous three years conferences, please visit the Birth of Brilliance YouTube channel with the QR code below!



Interested in presenting? Submit a proposal here! https://tinyurl.com/BoBProp2024

## SAVE THE DATE

44<sup>th</sup> Annual California Mental Health Advocates for Children and Youth (CMHACY) Conference

Click <u>HERE</u> for more information



CMHACY's 44th Annual Conference

## Mental Health is Everyone's Business: Inclusive Conversations for Changing Times

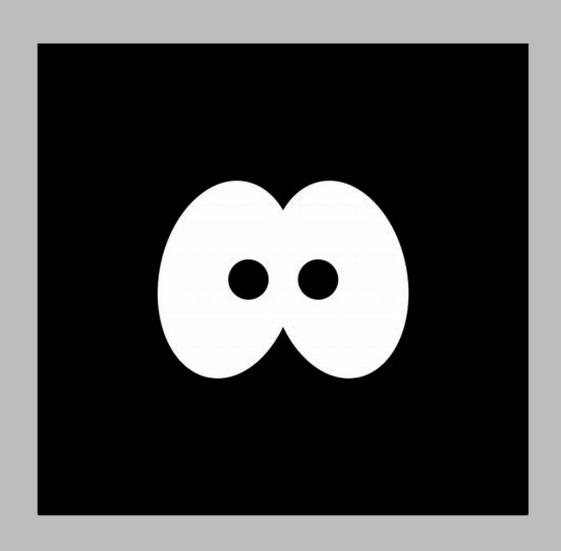
Wednesday, May 15 – Friday, May 17, 2024

at

Asilomar Hotel and Conference Grounds

More info coming soon!

## The CYF Council is *DARK* in December – HAPPY HOLIDAYS!



## THANK YOU

Next CYF Council Meeting: January 8, 2024 | 9:00-10:30 a.m.

