

# Children, Youth and Families Behavioral Health System of Care Council CYF Council – Meeting Summary



November 13, 2023 | 9 to 10:30 a.m.

ITEM	SUMMARY AND ACTION ITEMS
<p><b>I. Welcome</b> Council members, alternates, and meeting attendees – Translation available (<b>Celica Garcia-Plascencia</b>)</p> <ul style="list-style-type: none"> <li>November is: <a href="#">National Native American Heritage Month</a> – Handout – <b>Page 5</b> <a href="#">Home   Native Knowledge 360° - Interactive Teaching Resources (si.edu)</a></li> </ul>	<ul style="list-style-type: none"> <li>Celica Garcia-Plascencia welcomed meeting attendees and acknowledged November as National Native American Heritage month</li> </ul>
<p><b>II. Hot Topic:</b> Healthy Outcomes from Positive Experiences (HOPE) - (Stephanie Escobar) Handout - <b>Pages 6-22</b> <a href="#">Tufts HOPE – Healthy Outcomes from Positive Experiences</a></p> <ul style="list-style-type: none"> <li>Presenters: <ul style="list-style-type: none"> <li>Aimee Zeitz-Gruber, Executive Director of Community Well-Being, YMCA of San Diego</li> <li>Brandi Paniagua, Coordinator/Trainer, YMCA of San Diego</li> </ul> </li> <li>Dialogue</li> </ul>	<ul style="list-style-type: none"> <li>Stephanie Escobar introduced the Hot topic and the presenters. Hot Topic highlights: <ul style="list-style-type: none"> <li>Local Implementation efforts, including the collaboration with the Child and Family Well-Being (CFWB) Department</li> <li>Training (January 2024), and collaboration opportunities</li> <li>It was recommended to incorporate Reflective Practice, Culturally and Linguistically Appropriate Services (CLAS) Standards, Trauma Informed care, into HOPE while ensuring clarity for staff</li> <li>Meeting attendees interested in HOPE training and collaboration opportunities, were invited to enter their name/email address on the chat or can contact Brandi Paniagua at: <a href="mailto:bpaniagua@ymcasd.org">bpaniagua@ymcasd.org</a></li> </ul> </li> </ul>
<p><b>III. Culture Share – Darwin Espejo. – Handout – Page 5</b></p> <ul style="list-style-type: none"> <li>Seeking volunteer for the January 8, 2024 Culture Share</li> </ul>	<ul style="list-style-type: none"> <li>Darwin Espejo provided the Culture Share highlighting the following: <ul style="list-style-type: none"> <li>His experience immigrating from the Philippines to San Diego</li> <li>How the Thanksgiving holiday is an extra special time for him as he also celebrates the anniversary of his arrival into this country.</li> </ul> </li> </ul>
<p><b>IV. Review of Meeting Summary</b> (Yael Koenig)</p> <ul style="list-style-type: none"> <li>September 11, 2023, Meeting Summary - Handout - Pages 24-27</li> <li>Action Item: Hot Topic presentation by CFWB to be included in the meeting packet that is uploaded to the <a href="#">CYF Council webpage</a></li> </ul>	<ul style="list-style-type: none"> <li>Yael Koenig reviewed the meeting summary from September 11, 2023</li> <li>Action item was completed on September 19, 2023</li> </ul>
<p><b>V. Business Items</b> (Yael Koenig)</p>	<ul style="list-style-type: none"> <li>None</li> </ul>
<p><b>Public Comment</b></p> <p><b>Board Letters / Board Actions</b> <u>September 12, 2023</u></p> <ul style="list-style-type: none"> <li><b>Item 08:</b> Authorize Acceptance of Federal Maternal, Infant, and Early Childhood Home Visiting Funding for the California Home Visiting Program</li> <li><b>Item 09:</b> Authorize Acceptance Federal Community Project Funding and Applications for Future Funding Opportunities</li> <li><b>Item 11:</b> Approve and Ratify the Children’s Trust Fund Three-Year Funding Proposal – Handouts - <b>Pages 28-36</b></li> <li><b>Item 13:</b> Receive the County-wide Plan for Equitable Data Access and Community Empowerment</li> <li><b>Item 22:</b> Combating the Childcare Crisis</li> <li><b>Item 23:</b> Assessing the Regional Capacity and Need for Board and Care and Subacute Services to Support Medi-Cal Eligible Adults with Behavioral Health conditions</li> </ul> <p><u>September 26, 2023</u></p> <ul style="list-style-type: none"> <li><b>Item 01:</b> Making San Diego a Blue Envelope County– Handouts - <b>Pages 37-42</b> <a href="#">Blue Envelope Program   San Diego County Sheriff (sdsheriff.gov)</a></li> <li><b>Item 04:</b> Integration of Countywide Shelter Bed Mobile Network for County of San Diego Sheltering Agencies</li> <li><b>Item 05:</b> Approve Submission of the Federal Fiscal Years 2024-2026 Refugee Support Services Plan, Adopt a Resolution for the Refugee Support Services Plan, Accept Additional Ukraine Supplemental Appropriation Act Funding, Authorized Competitive Procurements, and Apply for Future Funding Opportunities</li> </ul>	<ul style="list-style-type: none"> <li>Yael Koenig provided an overview of the highlighted Board Letters listed on the left</li> </ul> <p>Board Letters that may be particularly of interest to the CYF Council are listed on the left column. Due to size, only highlighted Board Letters are included in the meeting packet. However, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) website. Meeting Agendas, Board Letters, and access to the BOS meetings: <a href="https://www.sandiegocounty.gov/cob/bosa/index.html">https://www.sandiegocounty.gov/cob/bosa/index.html</a></p>

<ul style="list-style-type: none"> <li>• <b>Item 07:</b> Authorization to Accept Congressional Directive Spending Project Grant Funding Administered by the Substance Abuse and Mental Health Services Administration for Mobile Crisis Response Teams - Handout – <b>Pages 43-47</b></li> <li>• <b>Item 16:</b> Declaring the Lack of Resources for Asylum Seekers from the Federal Government a Humanitarian Crisis</li> </ul> <p><u>October 10, 2023</u></p> <ul style="list-style-type: none"> <li>• <b>Item 03:</b> Authorize Acceptance of Centers for Disease Control and Prevention Funding for Racial and Ethnic Approaches to Community Health, and Authorize Applications for Future Funding Opportunities</li> <li>• <b>Item 12:</b> Homeless Diversion: Investing in an Evidence-Based, Cost-Effective Approach to Address Homelessness</li> <li>• <b>Item 13:</b> Receive and Approve the Updated Opioid Settlement Framework: Direct Report Back on Significant Updates to the Opioid Settlement Framework; and Authorize One Staff Year for Toxicology Services to Expand Surveillance of Emerging Drug Trends - Handouts include presentation – <b>Pages 48-85</b></li> </ul> <p><u>October 24, 2023</u></p> <ul style="list-style-type: none"> <li>• <b>Item 15:</b> Noticed Public Hearing: Truth Act Community Forum Regarding Immigration and Customs Enforcement Access to Individuals During 2022</li> <li>• <b>Item 17:</b> Receive Update on the Department of Homeless Solutions and Equitable Communities, Office of Immigrant and Refugee Affairs and Accept Funding from the Local Immigrant Integration and Inclusion Grant, and Request a Waiver of Board Policy B-29</li> </ul> <p><u>November 7, 2023</u></p> <ul style="list-style-type: none"> <li>• <b>Item 28:</b> Bridging the Gap for Those in Addiction Recovery: From Homelessness to Housing</li> <li>• <b>Item 31:</b> Authorize Competitive Solicitations, Single Source Contract, Amendments to Extend Existing Contracts, Amendments to Reflect Change to Services and Increase to Funding, and Execution Intergovernmental Agreement with the State of California and Acceptance of Funding Handouts include presentation - <b>Pages 86-110</b></li> </ul>	
<p><b>Information</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment (BH-CONNECT) demonstration</a> Handout- <b>Pages 111-114</b></li> <li>• <a href="#">Children and Youth Behavioral Health Initiative (CYBHI)</a> <ul style="list-style-type: none"> <li>◦ <a href="#">CYBHI September 2023 Update</a> – Handout – <b>Pages 115-126</b></li> <li>◦ <a href="#">CYBHI October 2023 Update</a> – Handout – <b>Pages 127-137</b></li> </ul> </li> <li>• <a href="#">Live Well San Diego Networking and Engagement Platform</a> – Handout – <b>Page 138</b></li> <li>• <a href="#">Behavioral Health Director’s Report – October 2023</a> – Handout – <b>Pages 139-141</b></li> <li>• <a href="#">Behavioral Health Director’s Report -November 2023</a> – Handout – <b>Pages 142-145</b> <a href="https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html">https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html</a></li> <li>• Fiscal Year 2023-24 <b>Mental Health External Quality Review</b> – November 7-9, 2023</li> <li>• <b>Youth Services Survey (YSS)</b> - May 2023 -Handouts -<b>Pages 146-147</b></li> <li>• <a href="#">I Choose My Future - San Diego County Office of Education (sdcoe.net)</a> – Handout - <b>Page 148</b> <a href="#">New drug-prevention videos highlight dangers of fentanyl, cannabis for San Diego County kids - The San Diego Union-Tribune (sandiegouniontribune.com)</a></li> <li>• Fiscal Year 2023-24 <b>CYF System of Care Principles Awards</b> – Handout - <b>Page 149</b> Submission deadline is <b>December 15, 2023</b> Link: <a href="#">Children, Youth and Families System of Care 2023 Advancing Principles Recognition Form (smartsheet.com)</a></li> <li>• CYF Council Committee mid-year updates scheduled for the January and February 2024 meetings</li> </ul>	<ul style="list-style-type: none"> <li>• Yael Koenig provided an overview of State and local updates, and informational items</li> </ul>

## VI. Announcements (Celica Garcia-Plascencia)

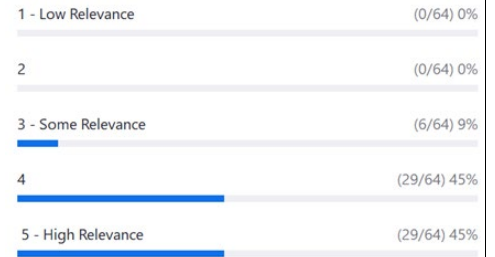
- Poll Question
- **NAMI San Diego Trainings via Zoom – Fliers – Pages 150-151**
  - **Community Advocacy “Telling Your Story”**  
November 15, 2023 from 1:30 to 3:30 p.m. [Registration Link](#)
  - **Reimagining Crisis Response**  
November 29, 2023 from 2 to 4 p.m. [Registration Link](#)
- **2023 Western States Marijuana Summit** -November 14-15, 2023 (Virtual) - Handout - **Page 152**
- **National Overdose Prevention Leadership Summit** - November 16-17, 2023 (Virtual) - Handout - **Page 152**
- **Fourth Annual Birth of Brilliance Virtual Conference** on February 29, 2024) and **Cultural Fair** on March 1, 2024 – (Aisha Pope and Melanie Morones)  
Theme: “**Don’t Just Think...Feel**” - Handout – **Pages 153-155**  
Call for breakout sessions proposals available now – submit proposal here: <https://tinyurl.com/BoBProp2024>  
Video highlight for 2023: [https://www.youtube.com/watch?v=e\\_SZVY6wVrI](https://www.youtube.com/watch?v=e_SZVY6wVrI)
- **44<sup>th</sup> Annual California Mental Health Advocates for Children and Youth (CMHACY) Conference**  
May 15-17, 2024 – Handout – **Page 156**
- **The CYF Council is “Dark” in December. Happy 2024!**

## Council Meeting Poll

Poll | 1 question | 64 of 88 (72%) participated

1. On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice) \*

64/64 (100%) answered



- Announcements included on the agenda are listed on the left column
- Aisha Pope announced
  - Dr. Thelma Bryant and Jeff Duncan-Andrade as the Birth keynote speakers for the upcoming Birth of Brilliance conference and invited attendees to submit breakout proposals
  - The [Brick](#) in Point Loma as the site for the Cultural Fair
- Announcements can be sent in advance to Edith Mohler at: [Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov)

### Next Executive Committee Meeting:

Date: December 28, 2023

Time: 11:30 a.m. to noon.

### Next Meeting:

Date: Monday, January 8, 2024

Time: 9 to 10:30 a.m.

Committees/Sectors/Workgroups Meetings Information is located at the end of the meeting summary. For Council materials go to: [https://www.sandiegocounty.gov/content/sdc/hlsa/programs/bhs/mental\\_health\\_services\\_children/CYFBHSOCCouncil.html](https://www.sandiegocounty.gov/content/sdc/hlsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html)

+=Member in Attendance    O=Absent    E=Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	+	Joel San Juan	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas-Wallenfelt	O
3	Public Safety Group/ Probation	Tabatha Wilburn	O	Delona King	+
4	Child and Family Well Being (CFWB) Department – Office of Child Safety	Steven Wells	+	Norma Rincon	O
5	Homeless Solutions and Equitable Communities	Rosa Gracian	O	Liki Porotesano	+
6	Public Health	Dr. Thomas R. Coleman	O	Rhonda Freeman	O
7	Medical Care Services	Dr. Kelly Motadel	E	Heather Summers	O
8	Juvenile Court	H. Judge Ana España	O	Beth Brown	+
9	CFWB Department – Office of Child and Family Strengthening - First 5 San Diego	Alethea Arguilez	O	Stephanie Escobar	+
<b>EDUCATION SECTOR</b>					
10	Special Education Local Plan Area (SELPA)	Russell Coronado	O	Jaime Tate-Symons	O
11	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss	O
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	+	Misty Bonta	O
<b>PRIVATE SECTOR</b>					
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	O	Lori Sorenson	+
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	O
17	Mental Health Contractors Association (MHCA)	Julie McPherson	E	Vanessa Arteaga	O
18	MHCA	Laura Beadles	+	Golby Rahimi	+
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	Marcelo A. Podesta	O
20	Managed Care Health Plans	Kathleen Lang	O	James Trout	O
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Vacant	
<b>FAMILY AND YOUTH SECTOR</b>					
22	Consumer Advocacy/Family Education Services	Khalif Kelly	+	Sten Walker	+
23	Caregiver of child/youth served by the Public Health System	Vacant		Karilyn “Kari” Perry	O
24	Youth served by the Public Health System (Up to age 26)	Veronica Hernandez	O	Vacant	
25	Youth served by the public health system (Up to age 26)	Caitlynn Hauw	O		
<b>COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Executive	Stephanie Escobar/Celica Garcia-Plascencia	+ / +		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson/Marisa Varond	E / +		
-	Early Childhood	Stephanie Gioia-Beckman/Jennifer Kennedy	+ / +		
-	Education	Heather Nemour	O		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	O / +		
-	Training	Edith Mohler Jennifer Rusit	+ / O		

**Total Attendees: 99**

Aimee Zeitz	Dina Ali	Kacie Rodvill	Rafael Ortiz-Gomez
Aisha Pope	Donna Moore	Katie Gordon	Rebecca Raymond
Amanda Lance-Sexton	Edith Mohler	Kelly Bordman	Rhonda Crowder
Angela Rowe	Eileen Quinn-O'Malley	Kenia Urrutia	Richard Rushton
Aprille Peña	Eliza Reis	Khalif Kelly	Roberto Suarez
Ashley Rambeau	Elizabeth Daus	Kristin Garrett	Rosa Ana Lozada
Azmin Granados	Emily Gaines	Krysta Hughes	Sade Carswell
Babbi Winegarden	Erick Mora	Laura Beadles	Shannon Jackson
Barbara Ryan	Ericka Hernandez	Laura Vleugels	Shaun Goff
Beth Brown	Erin Murphy	Lesley LaMay	Shewa Legesse
Bill Stewart	Evan Hodges	Leslie Manriquez	Sten Walker
Brandi Paniagua	Gabriela Contreras-Misirlioglu	Liki Porotesano	Stephanie Escobar
Brianna Ferreira	Gina Herbert	Linda Puebla	Stephanie Gioia-Beckman
Bridget Lambert	Golby Rahimi Saylor	Lori Sorenson	Steven Wells
Carmen Pat	Grisel Ortega-Vaca	Mareeh Marquez	Susana Antonio
Celeste Hunter	Hannah Zimmerman	Margarita Hernandez	Tanya Mercado
Celica Garcia-Plascencia	James McConchie	Maria Norris	Veronica Alcocer
Cheryl Rode	Jamie Martinez	Marisa Varond	Wences Savaiki
Christine A. Davies	Jamie Pellegrino	Mayra Gonzalez-Munoz	Wendy Maramba
Christine Maggio	Janet Cacho	Melissa Penaflor	Yael Koenig
Danyte Mockus-Valenzuela	Janette Magsanoc	Melizza Welton	Yuka Sakamoto
Darwin Espejo	Jennifer Busico	Michael Lucero	Yvette Leyva
Debra Schade	Jennifer Kennedy	Michelle Houle	Zayra Rios
Delia Machado	Jody Erickson	Pradeep Gidwani	Unknown Caller
Delona King	Joseph Henson	Rachel Chiang	

**Committees/Sectors/Workgroups Meetings Information:**

**Most of the committees' meetings are occurring virtually**

**Please reach out to the sector lead or Executive committee member to obtain location/link**

**Behavioral Health Advisory Board (BHAB) meeting:** Meets the first Thursday of the month from 2:30 to 5:00 p.m.

**Outcomes:** Meets the first Tuesday of the month alternating start times of 11:30 a.m. and 12:30 p.m.

**Early Childhood:** Meets the second Monday of the month- from 11 a.m. to noon

**Education Advisory Ad Hoc:** Meets as needed

**TAY Council:** Meets the fourth Wednesday of the month 3 to 4:30 p.m.

**CYF CADRE:** Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

**CYF System of Care Training Academy:** Meets on the first Wednesday of the month from 9 to 10 a.m.

**CCRT:** Meets the first Friday of the month from 10 to 11:30 a.m.

**Private Sector:** Ad Hoc/Meets as needed

**Peer Council:** Every third Tuesday of each month at 2 p.m. via Zoom