



# CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL MEETING SUMMARY

November 14, 2022 | 9 to 10:30 a.m. Virtual Meeting

#### **ITEM SUMMARY AND ACTION ITEMS** Welcome (Yael Koenig) Yael Koenig welcomed meeting attendees and covered the following items: In observance of Thanksgiving, what are you grateful for? - Slido/Chat function • Invited meeting attendees as they entered Welcome new meeting attendees - translation provided the meeting to participate in the New Medical Care Services (MCS) Council seat represented by Dr. Kelly Motadel & Heather Thanksgiving "Ice-Breaker" activity. Summers as member and alternate Participants responses are on the column to Welcome Caitlynn Hauw new Council member representing Youth the left Directing Change Art feature: "Focus On You!" by Diana Butchert, Grade 8 from Emerald • Announced the member and alternate for Middle School Link https://gallery.directingchange.org/sandiegocounty/art/ the Medical Care Services constituency · Welcomed new Council member In observance of Thanksgiving - what are you grateful for? representing youth • Highlighted the featured art piece from **Directing Change** Friends, family and fur babies My dogs **Opportunities to travel Upcoming time off!** The work I do every day My pets! My family Good health Time off My fur babies! Friends and Family Family My family, my health! My husband Mashed potatoes!! Paid Time Off! My son's freedom! We still have the native communities GOD San Diego Westher **Holiday drinks Fuzzy dogs Everything** II. Review of Meeting Summary (Yael Koenig) Yael Koenig reviewed the action items from September 12, 2022, Meeting Summary - Handouts - Pages 5-10 September 12, 2022: Action Items from September 12, 2022 - See meeting summary for action items - Page 8 Disseminated voting results; addition of 25th seat to the Council representing the Medical Care Services (MCS). The updated Bylaws were included in the meeting packet-Pages 11-13 III. Business Items (Yael Koenig) • Yael Koenig announced Public Comment as **New Agenda Item: Public Comment** new agenda item and invited meeting attendees to unmute or enter input in chat. Input received: "Grateful that the Board of Supervisors (BOS) and the County is looking at the Behavioral Health Challenges. Specifically in compensation of staff. Looking forward to future updates" • "I would encourage more members to make public comments. It is important that we are bringing up issues that are important to our clients, community and staff"

#### **ITEM** SUMMARY AND ACTION ITEMS **Board Letters (BL)** Yael Koenig reviewed Board Letters September 13, 2022 - None presented at the September 27, October 3, September 27, 2022 October 11, and October 25, 2022 BOS Item 07: Authorize Subrecipient with the San Diego Workforce Partnership for the Career meetings Pathways for Foster Youth Program and Authorize Application for Future Funding Opportunities Item 08: Authorize Competitive Solicitation for Child Care Workforce Investment Program and Application for Future Funding Opportunities Item 12: Convening a Board Conference: Joint City-County Housing Summit on October 3, 2022 Item 21: Declaring Homelessness a Public Health Crisis Item 22: Increasing the Region's Workforce Housing Opportunities Item 23: Receive an Update on Advancing the Behavioral Health Continuum of Care, Authorize Construction Contract for the East Region Crisis Stabilization Unit, and Receive the Optimal Care Pathways Model Handouts include presentation - Pages 14-24 Item 24: An Ordinance Amending Provisions in the San Diego County Administrative Code Relating to the Public Administrator, Public Guardian, and Public Conservator October 3, 2022 Joint Acknowledgement of the Impacts of the Lack of Affordable Housing in San Diego and Declaring Intent to Work Together to Support Increasing the Region's Affordable Housing Supply October 11, 2022 Item 09: Establish the Behavioral Health Impact Fund 2.0 - Handout - Page 25 Item 10: Addressing the Behavioral Health Worker Shortage in San Diego County (Link to the attachment provided in the September 12, 2022 meeting packet) Handout - Page 26 Item 11: Enhancing Fentanyl Education and Strengthening Harm Reduction Efforts for Young People -Handout - Page 27 Item 12: Building Partnerships to Prevent, Address, and Seek an End to Homelessness Item 14: Authorize Appropriations for the Tri-City Psychiatric Health and the East Region Community-Based Care Facilities; Accept Grant Funding for the Edgemoor Acute Inpatient Unit, Shift Future Services at the San Diego County Psychiatric Hospital Facility and the Vacant County Owned Property at 4307 Third Ave, and Issue Competitive Solicitations for Professionals Services, Preconstruction Services and the Development of the Central Region and East Region Community Based Care Facilities Handouts include presentation- Pages 28-33 Item 16: Receive a Presentation on Fiscal Year 2022-23 Economic Update October 25, 2022 Item 20: A Comprehensive Approach to the Opioid Crisis and Adoption of the San Diego County **Opioid Settlement** Framework - Handouts - Pages 34-35 Item 21: Developing a Homeless Prevention Program Item 22: Receive and Approve the Mental Health Services Act (MHSA) Fiscal Year 2022-23 Agency Annual Update - Handouts include presentation - Pages 36-43 Item 23: Receive Update on the San Pasqual Academy Transition, Authorize Competitive Solicitations, and Authorize

Competitive Solicitations and Authorize Application for Future Funding - Handout - Pages

Board Letters can be found at the Clerk of Board of Supervisors (BOS) Meeting Agendas, Board Letters and Access to the BOS meetings: <a href="https://www.sandiegocounty.gov/cob/bosa/index.html">https://www.sandiegocounty.gov/cob/bosa/index.html</a>

44-50

ITEM	SUMMARY AND ACTION ITEMS
Information  • Behavioral Health Director's Report - October and November 2022 - Handouts - Pages 51-62  • CYF Services Directory November 2022 version update - Handout - Page 63  https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/CYF/CYF%20Services%20Directory%20Updated%20November%202022%2011.7.22.pdf	Yael Koenig reviewed information items
IV. Mental Health Services Act (MHSA) Update (Dr. Danyte Mockus-Valenzuela)  ● See BOS Letter from October 25, 2022, item 22 to Receive and Approve the MHSA Fiscal Year 2022-23 Agency Annual Update  Link:  http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act_/mhsa.html	Dr. Mockus-Valenzuela reviewed the annual update
V. Hot Topic: Student Behavioral Health Incentive Program (SBHIP) - Stephanie Escobar Verna Gant (NAMI San Diego) Micaela Cunningham (NAMI San Diego) Representing the 6 San Diego Managed Care Plans: Dr. Kathleen Lang (Health Net Community Solutions) Alexandra Mays (Kaiser Permanente)  Presentation - Handouts - Pages 64-73 Dialogue: Inclusive of Questions and Answers Session  What would you like to see come out of SBHIP? What do you want the Medi-Cal Managed Care Plans (MCPs) to know? Where do you see the biggest gaps/barriers between schools, the county, and health plans in serving kids? What ideas or best practices can be shared? What services are needed for younger students (TK-8 Grade)?  Highlights from SBHIP presentation: Medi-Cal program intended to address behavioral access barriers for Medi-Cal students through targeted interventions that increase access to preventive early intervention, and behavioral health services by school behavioral health providers for Transitional Kindergarten to 12th grade in public schools Healthy San Diego Medi-Cal Managed Care Plans (MCP) are projected to receive approximately 25 million dollars over the next three years. Payments are intended to build infrastructure, partnerships, and capacity for school behavioral health services San Diego is currently working on Needs Assessment San Diego will select up to four Interventions from a list provided by the state. The areas identified by the LEAs to date include 1. Behavioral Health Wellness Programs, 2. Behavioral Health Screening and Referral, 3. Build Stronger MCPs/School/County Partnerships, 4. Expand BH Workforce, and Care Teams for outreach, engagement, or home visits  Dialogue (Input/recommendations) highlights: San Diego County Office of Education has been involved in the SBHIP Address the needs of children/youth with developmental disabilities CYF providers, and pediatricians' input is crucial. Concerned that this dialogue does not sufficiently leverage CYF council and Community Based Organizations (CBOs) expertise an	Highlights from SBHIP presentation-See left column Dialogue (Input/recommendations) highlights-See left column Questions about SBHIP and information for resource mapping can be sent to Verna Gant at: vernagant@namisd.org  Next SBHIP stakeholder meeting will be held on November 18, 2022 from 1 to 2:30 p.m. via Zoom: https://namisd-org.zoom.us/j/87533132222?pwd=ZjZCWlg wQmM0eEc3SFFTWVdCdkI5UT09

#### ITEM SUMMARY AND ACTION ITEMS

- program abroad with great results)
- Program focused on suicide prevention and substance abuse prevention
- Areas of most need for Child Welfare Services: Suicide prevention, Substance Use Disorder (Fentanyl), and culturally appropriate interventions
- Suicide prevention should be included in one of the interventions
- "Once young people understand mental health challenges, they are the first ones to reach out and support their friends. We have to remember that our youth first and foremost look to their friends for support far more quickly than any adult. Youth led Peer programs for mental health empower youth. They allow for diverse population interaction, sustainability as it is student led, and are financially low-cost and low maintenance using limited support human resources. Engaging students who wan t to help their peers is a productive mechanism for both the students wanting help and the student giving help. Peer supports learn more active listening and counseling skills - which creates a much-needed pipeline for mental health occupations."
- "Hoping for a required communication between law enforcement and a school when there is a youth that is a victim, witness, or perpetrator in a gang related crime. Then, the school can pick up on the other end with some support. Kids are showing up at school acting out and the school don't know why and therefore, are not responding with the correct support. The schools are more able than any group in society, to reach the friends of the youth involved in the incident because they know who hangs out with who."
- "Handle with Care" is a program where law enforcement sends a notification to the school if they determined that a school age student experienced a possible traumatic event. Contact Heather Nemour for more information at: heather.nemour@sdcoe.net https://www.youtube.com/watch?v=Xuk tjtUkLM
- **Council End Poll** 🐽 0:39 | 1 question | 69 of 100 (69%) participated 1. On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice) \* 69/69 (100%) answered (0/69) 0% (2/69) 3% (4/69) 6% (15/69) 22% (48/69) 70%

#### VI. Announcements (Stephanie Escobar)

- Poll (see above)
- Announcements
  - The San Diego Voice and Viewpoint and HHSA Town Hall Series of community topics hosted by Nick Macchione and John Warren via Zoom from 5:30 to 6:30 p.m. - Flier - Page 74 **Upcoming Town Halls:**

November 16, 2022- Behavioral Health Services (Luke Bergmann) December 14, 2022 – Homeless Solutions & Equitable Communities (Barbara Jiménez)

- Live Well on Wheels (Live WoW) Operation Gobble November 16,2022 from 3 to 6 p.m. at Our Lady of Sacred Heart Church, 4177 Marlborough Avenue, San Diego CA 92105 - Flier - Page 75
- Prescription Drug Abuse Task Force (PDATF) Quarterly Meeting (virtual) November 18, 2022 from 9 to 11 a.m. - Flier - Page 76
  - Register at: https://us02web.zoom.us/webinar/register/WN nJLdw8f8TtGObcc6TEPD3Q
- Live Well San Diego Advance Conference and School Summit on December 7, 2022 Flier -Page 77

#### Participants Contribution:

- San Diego first United Against Hate Week (UAH) presented by the U.S. Attorney's Office, Southern District of California – November 14-20, 2022 https://www.justice.gov/usao-sdca/pr/us-attorney-s-office-joins-community-and-lawenforcement-partners-launching-san-diego-s
- Birth of Brilliance: Be the Change conference and Cultural Fair- February 24, 2023. Speaker proposals are still being accepted. More information at: birthofbrilliance@gmail.com

- Stephanie Escobar made the announcements listed on the left
- Participants announcements are listed on the left column. Announcements for the Chat can be sent in advance to Edith Mohler at Edith.Mohler@sdcounty.ca.gov

- VII. Action Items **Action Due/Status** Forward Council input on SBHIP to Verna Gant
- 2) SBHIP update from Verna Gant to the Council

## **Next Meeting:**

Date: Monday, December 12, 2022

Time: 9 to 10:30 a.m.

1)	Included in this meeting summary, pages 3
	and 4 and sent to Verna Gant via e-mail on
	November 16, 2022
2)	Included in the December 12, 2022
	meeting packet

#### +=Member in Attendance O=Absent E=Excused

Dr. Laura Vleugels	+   +     +						
Behavioral Health Services (BHS)  Dr. Laura Vleugels  + Dr. Patrici Wallenfelt  Dr. Patrici Wallenfelt  Tabatha Wilburn  + Delona Kin  Child Welfare Services (CWS)  Jerelyn Bourdage  + Norma Rin  Homeless Solutions and Equitable Communities  Pending  Pending  Pending  Pending  Pending  Pending  Pending  Pending  Wedical Care Services  Dr. Kelly Motadel  + Heather S  Juvenile Court  H. Judge Ana España  Dr. Seconmission  Alethea Arguilez  Dr. Special Education Local Plan Area (SELPA)  Regular Education  Pupil Personnel Services  Barbara Ryan  Pobra Sch	+   +     +						
Dr. Laura Vleugels	tt + ng + ncon						
4 Child Welfare Services (CWS)  5 Homeless Solutions and Equitable Communities  6 Public Health  7 Medical Care Services  8 Juvenile Court  9 First 5 Commission  10 Special Education Local Plan Area (SELPA)  11 Regular Education Pupil Personnel Services  12 School Board  1 Norma Rin Pending Pe	reeman						
5 Homeless Solutions and Equitable Communities Pending Pending 6 Public Health Dr. Thomas R. Coleman + Rhonda Fr 7 Medical Care Services Dr. Kelly Motadel + Heather S 8 Juvenile Court H. Judge Ana España O Beth Brow 9 First 5 Commission Alethea Arguilez O Stephanie  EDUCATION SECTOR 10 Special Education Local Plan Area (SELPA) Russell Coronado O Jaime Tate 11 Regular Education Pupil Personnel Services Violeta Mora + Margaret 12 School Board Barbara Ryan + Debra Sch	reeman						
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	nade O						
13 Special Education Yuka Sakamoto + Misty Bon	nta O						
PRIVATE SECTOR	_						
San Diego Regional Center (SDRC) for Developmentally Disabled							
Alcohol and Drug Service Provider Association (ADSPA)  Angela Rowe + John Laidle	law O						
16 ADSPA Marisa Varond + Claudette	e Allen Butler +						
17 Mental Health Contractors Association (MHCA) Julie McPherson + Minola Cla	ark Manson +						
18 MHCA Laura Beadles O Golby Rah	nimi +						
19 Fee- For-Service (FFS) Network Dr. Sherry Casper + Marcelo A	A. Podesta O						
20 Managed Care Health Plans Kathleen Lang + James Tro							
21 Healthcare/ Pediatrician Dr. Pradeep Gidwani + VACANT	+						
FAMILY AND YOUTH SECTOR							
22 Family and Youth Liaison Sten Walker + VACANT							
23 Caregiver of child/youth served by the Public Health System VACANT Karilyn "Karilyn "Karil	Cari" Perry +						
24 Youth served by the Public Health System (up to age 26) Veronica Hernandez + VACANT							
25 Youth served by the public health system (up to age 26) Caitlynn Hauw + VACANT							
COMMITTEES (Non-voting members unless a member of the Council)							
Executive  Jaime Tate Symons/Stephanie Escobar  +/+							
- Cultural Competence Resource Team (CCRT) Rosa Ana Lozada +							
- CYF CADRE Julie McPherson Marisa Varond +/+							
- Early Childhood Aisha Pope Ginger Bial +/O							
- Education Heather Nemour Violeta Mora +/+							
- Family and Youth as Partners Sten Walker +							
- Outcomes Emily Trask Eileen Quinn-O'Malley							
- Training Rose Woods +							

	Total Atte	ndees: 127	
Aisha Pope	Denise Alvarez	Kari Perry	Rose Woods
Alex Mays	Dina Ali	Kathleen Lang	Salvador Tapia
Alexander Ball	Don Stump	Katie Demmler	Sandra Mueller
Amanda Lance-Sexton	Dori Gilbert	Kelly Bordman	Sarah Baldwin
Angela Rowe	Edith Mohler	Kelly Motadel	Sarah Garlejo
April Peña	Eileen Quinn-O'Malley	Krystle Murguia	Seth Williams
Augusto Eduvala	Elaine Carballo	Laura Vleugels	Shakara Thompson
Babbi Winegarden	Eliza Reis	Leslie Manriquez	Shannon Jackson
Barbara Ryan	Erick Mora	Lupe Oyola	Shaun Goff
Berenis Gonzalez	Ericka Hernandez	Margaret Anello	Sherry Casper
Beth Whitteker	Evan Hodges	Margarita Hernandez	Sonia Lira
Bill Stewart- BHAB	Fran Cooper	Marisa Varond	Sten Walker
Bobbi Smylie	Francisco Medrano	Martin Dare	Stephanie Escobar
Caitlynn Hauw	Golby Rahimi Saylor	Melanie Morones	Stephanie Gioia-Beckman
Calvin Wilkerson	Grisel Ortega-Vaca	Melisa Penaflor	Steven Wong
Carl Antonio	Heather Nemour	Melissa Welton	Susana Antonio
Carmen Pat	Jaime Tate-Symons	Micaela Cunningham	Tais Millsap
Celeste Hunter	James Trout	Michael Miller	Terri Kang
Charles Banzon	Jamie Martinez	Michele Bennett	Tito Escalante
Cheryl Rode	Jamie Pellegrino	Michelle Hogan	Tom Coleman
Christina Bruce	Jamie Wilson	Mina Arthman	Vanessa Arteaga
Christine Frey	Janet Cacho	Minola Clark Manson	Verna Gant
Christine Maggio	Janette Magsanoc	Patricia Cardenas-Wallenfelt MD	Veronica Hernandez
Christine Tham	Jazmin Wali	Patrick Samayoa	Violeta Mora
Claire Riley	Jean McDonald	Pradeep Gidwani	Wendy Maramba
Claudette Allen Butler	Jennette Shay	Rafael Ortiz-Gomez	Yael Koenig
Danyte Mockus-Valenzuela	Jerelyn Bourdage	Rhonda Crowder	Yuka Sakamoto
Darwin Espejo	Jodi Erickson	Roberto Suarez	Yvette Leiva
Debbie Dennison	Julie McPherson	Ron Bautista	Zachary Guzik
Delia Machado	Kacie Rodvill	Rosa Ana Lozada	8 Unknown Callers
Delona King			

### **Committees/Sectors/Workgroups Meetings Information:**

Due to COVID-19, most of the committees' meetings are occurring virtually Please reach out to the sector lead or Executive committee member to obtain location/link

Behavioral Health Advisory Board (BHAB) meeting: Meets the first Thursday of the month from 2:30 to 5:00 p.m.

**Outcomes**: Meets the first Tuesday of every other month from 11:30 a.m. to 12:30 p.m.

Early Childhood: Meets the second Monday of the month- from 11 a.m.to noon

Education Advisory Ad Hoc: Meets as Needed

TAY Council : Meets the fourth Wednesday of the month 3 to 4:30 p.m.

CYF CADRE: Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

CYF System of Care Training Academy: Meets on the first Wednesday of the month from 9 to 10 a.m.

CCRT: Meets the first Friday of the month from 10 to 11:30 a.m.

Family and Youth as Partners: Meets every third Thursday of the month from 1:30 to 3 p.m.

**Private Sector**: Ad Hoc/Meets as needed.