



**CHILDREN, YOUTH AND FAMILIES (CYF)
BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL
MEETING SUMMARY**

November 8, 2021 | 9:00-10:30 AM
Virtual Meeting

ITEM	SUMMARY AND ACTION ITEMS
<p>I. Welcome (Jaime Tate-Symons)</p>	<ul style="list-style-type: none"> Jaime Tate-Symons welcomed the Council
<p>II. Review of Meeting Summary (Jaime Tate-Symons)</p> <ul style="list-style-type: none"> September 13, 2021, Meeting Summary - Handout - Pages 5-10 Action Items from September 13, 2021 - See Meeting Summary for action items - Page 7 	<ul style="list-style-type: none"> Jaime Tate-Symons reviewed the meeting summary
<p>III. Business Items (Yael Koenig)</p> <p><u>October 5, 2021 - Board Letters:</u></p> <ul style="list-style-type: none"> Item 03: Communities should not have to Live in Fear of Sexually Violent Predators Item 07: Funding Afghan Refugee Resettlement Costs from Frozen Afghanistan Government Assets and Developing a Comprehensive County Response Plan Item 08: Receive Update on Creating The Office of Immigrant and Refugee Affairs and Authorization to Pursue Future Funding Opportunities Related to Supporting the Immigrant and Refugee Community Item 11: Receive and Approve the Mental Health Services Act Fiscal Year 2021-22 Annual Update, Mental Health Services Act (MHSA) Fiscal Year 2021-22 Annual Update cover page attachment, and BL presentation - Handouts - Pages 11-19 Link to MHSA Annual Plan: https://bosagenda.sandiegocounty.gov/cob/cosd/cob/doc?id=0901127e80daafd8 Item 14: Allocate \$2.0 Million in American Rescue Plan Act Funds For Investments in Youth Sports and Camps Item 19: Framework for the Future: Creating a County Communications Strategy that it is Inclusive and Equitable <p><u>October 19, 2021 - Board Letters:</u></p> <ul style="list-style-type: none"> Item 01: Taking Ghost Guns Off Our Streets and Disrupting the Cycle of Violence Item 02: "Preventing Fentanyl Overdoses" A Multiagency Campaign to Educate Youth - Handout - Pages 20-22 Item 03: A Data Driven Approach to Protecting Public Safety, Improving and Expanding Rehabilitative Treatment and Services and Advancing Equity Through Alternatives to Incarceration Building on Lessons Learned During the COVID-19 Pandemic Item 04: A Resolution to Advance Criminal Justice Reform, Protect Public Safety, Provide Equitable Alternatives to Incarceration for All, and Invest in Root Causes of Behavioral Health Conditions and Poverty Item 11: Probation-Successful Implementation of Juvenile Justice Realignment, Plan document, and presentation - Handouts - Pages 23-40 Item 14: Verifying Compliance & Enhancing Communications During the Sexually Violent Predator Placement Process Item 15: Compassionate Emergency Solutions and Pathways to Housing for People Experiencing Homelessness in East County Item 17: Authorize Competitive Solicitation for Substance Use Residential Services - Handout - Pages 41-42 <p><u>November 2, 2021 - Board Letters:</u></p> <ul style="list-style-type: none"> Item 04: Receive Update of on the Department of Homelessness Solutions and Equitable Communities, Adopt the Framework for Ending Homelessness, and Direct Quarterly Reports on the Progress Made on Implementing the Framework for Ending Homelessness Item 06: Authorization to Accept Crisis Care Mobile Grant Units Funds, Substance Abuse Prevention and Treatment Block Grant Funds, Mental Health Block Grant Funds, California Advancing and Innovating Medi-Cal Implementation Grant Funds, Waive Board Policy B-29, and Authorization to Pursue Future Funding Opportunities to Support, Enhance, or Expand Behavioral Health Services - Handout - Pages 43-47 	<ul style="list-style-type: none"> Yael Koenig reviewed Business Items information, and Follow Up items, as well as presented recognition to Debbie Dennison and Christine Frey who represented the Family Sector

- **Item 07:** An Ordinance Amending Provisions in the San Diego County Administrative Code Relating to the County of San Diego Behavioral Health Advisory Board and Approval of Behavioral Health Advisory Board Bylaws and attachments - Handouts - **Pages 48-60**

Board Letters that may be particularly of interest to the CYF Council are listed above. Due to size, only highlighted Board Letters are included in the packet, however, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) Meeting Agendas, Board Letters and Access to the BOS meetings:
<https://www.sandiegocounty.gov/cob/bosa/index.html>

Information

- **Declaration of a National Emergency in Child and Adolescent Mental Health** - Handout - **Page 61**
 Link: <https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/>
- **Fentanyl & Counterfeit Pills Facts** and Information - Handout - **Page 62**
 Link: https://www.sdcoe.net/student-services/student-support/Documents/Mental%20Health/Fentanyl%20and%20Counterfeit%20Pills_OnePage.pdf
- National Institute on Drug Abuse, National Institutes of Health “**Opioids: Facts Parents Need to Know**” - Handout - **Pages 63-90**
 Link: https://www.sdcoe.net/student-services/student-support/Documents/Mental%20Health/opioid_factsforparents.pdf
- **Teen Guide to Substance Use Disorder: Help Yourself and Your Friend Stay Sober and Healthy** - Handout - **Pages 91-92**
 Link: <https://www.sdcoe.net/student-services/student-support/Documents/Mental%20Health/Teen%20Guide%20to%20Substance%20Abuse-pdf.pdf>
- **Principles of Harm Reduction for Young People** - American Academy of Pediatrics (AAP) - Handout - **Pages 93-103**
 Link: [Principles of Harm Reduction for Young People Who Use Drugs | American Academy of Pediatrics \(aapublications.org\)](https://www.aapublications.org/principles-of-harm-reduction-for-young-people-who-use-drugs)
- **Harm Reduction- One hour Webinar** through Responsive Integrated Health Solutions (RIHS) on November 17, 2021 -Handout - **Pages 104-105**
 Link: https://theacademy.sdsu.edu/wp-content/uploads/2021/10/Harm-Reduction-Webinar-FlyerOutline_11.17.2021.pdf?mc_cid=163f382d6d&mc_eid=946bdb7a87
- Little Hoover Commission Report #262-August 2021: **COVID-19 and Children’s Mental Health: Addressing the Impact** - Handout - **Pages 106-109**
 Link: <https://lhc.ca.gov/report/covid-19-and-childrens-mental-health-addressing-impact>
- **Brother Be Well** is a unique **platform for boys (13+)** and men of color blending awareness, innovation, education, and healing pathways to reduce disparities, disrupt prolonged suffering, and improve health and mental wellness
 Link: <https://brotherbewell.com/>
- **Depression, Anxiety, and Alcohol Use Among LGBTQ+ People During the COVID-19 Pandemic**-American Journal of Public Health -Handout -**Page 110**
 Link: <https://ajph.aphapublications.org/doi/10.2105/AJPH.2021.306394>

Follow Up Items form September 13, 2021, CYF Council Meeting

1. **Back to School Tip Sheet 2021:** - Handout - **Page 111**
 Link: <https://www.sdcoe.net/student-services/student-support/Documents/Mental%20Health/Back%20to%20School%20Tips.pdf>
2. **Guide to Teen Mental Health and Wellness** - Handouts - **Pages 112-115**
 Link for English version: <https://www.sdcoe.net/student-services/student-support/Documents/Mental%20Health/Teen%20Guide%20to%20MH-Flyer-%20082621.pdf>
 Link for Spanish version: <https://www.sdcoe.net/student-services/student-support/Documents/Mental%20Health/MH%20Teen%20Guide-post-span.pdf>

Behavioral Health Advisory Board (BHAB) update

- Congratulations to Bill Stewart, elected as the 2022 BHAB Chairperson
Link to BHAB Webpage:
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab.html
- Behavioral Health Services Director’s Report – November 2021 - Handouts - **Pages 116-121**

Recognitions

- Family Sector: Debbie Dennison and Christine Frey

IV. Mental Health Services Act (MHSA) Update (Dr. Danyte Mockus-Valenzuela)

- Danyte Mockus-Valenzuela highlighted continued collaboration with community engagement efforts to implement the Community Experience Project including stakeholder surveys and development of a Behavioral Health Equity Index

Hot Topic: Mobile Crisis Response Teams (MCRT’s) (Yael Koenig)

- Polling Question - Pre
- Introduction & Overview (Handout - **Page 122**) - **Piedad Garcia**, BHS, Deputy Director
- **MCRT - Telecare** - **Breawna Lane**, Program Administrator
- **MCRT - Exodus Recovery** - **Megan Patrick** -Thompson, Program Director
- Psychiatric Emergency Response Team (**PERT**) – Community Resource Foundation (CFR) – **Christine Davies**, Assistant Director
- **Discussion** – serving youth and partnering with schools/universities
- Polling Question - Post

- Piedad Garcia provided an overview of the mobile crisis responses available in San Diego
- Breawna Lane outlined the MCRT services through Telecare
- Megan Patrick outlined the MCRT services through Exodus Recovery
- Christine Davis outlined the PERT services through Community Research Foundation
- Program Brochures will be provided as a follow up - to be included in January 2022 meeting packet
- A discussion followed, with emphasis on how to support students on school and university campuses; with a recommendation to share the November 21, 2019 CYF Council Input for Continuum of Care Development which was added to the meeting chat and sent to Piedad Garcia and will also be included in the January 2022 meeting follow up

Polling Question 1

1. I know the difference between MCRT and PERT (Single Choice) *

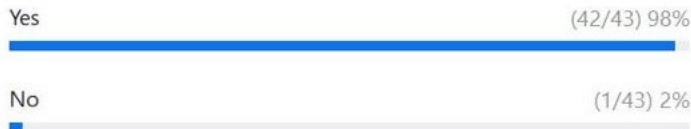


Polling Question 2

Poll ended | 1 question | 43 of 58 (74%) participated

1. After this presentation, I know the difference between MCRT and PERT (Single Choice) *

43/43 (100%) answered



<p>VI. Announcements (Jaime Tate-Symons)</p> <ul style="list-style-type: none"> • Polling Question - Darwin Espejo • 12th Annual Primary Care and Behavioral Health Virtual Integration Summit on November 3, 5, and 9, 2021 - Handout - Page 123 • Live Well Advance Annual Summit on Student Engagement and Attendance on November 17-18, 2021 - Handout - Page 124 Registration Link • RIHS 2021 Advancing Principles Awards- Submission deadline is November 24, 2021 - Handout - Page 125 Link:https://docs.google.com/forms/d/e/1FAIpQLSclm88WqOKV9no5yZwpl9tiXucbQGp1v_aKFZk3xVPQZDWblkg/viewform?mc_cid=5c93ee9c06&mc_eid=77334b9b07 • Save the Date: Live Well Youth Sector: Amplifying Voices Series: We need YOUTH to share their unique perspectives with mental & behavioral health - December 1, 2021, from 5:00 to 6:30 PM - Help get the word out for youth to participate - Handout - Page 126 • Save the Date for the Birth of Brilliance Virtual Conference: February 24, 2022 - Handout - Page 127 Link: Birth of Brilliance Conference San Diego Youth Services (sdyouthservices.org) • Council is dark in December - Happy Holidays - See you in January 2022 	<ul style="list-style-type: none"> • Jaime Tate-Symons reviewed the announcement and reminded participants that the Council will be Dark in December 2021 and resume on January 10, 2022
<p>VII. Action Items</p>	<p>Action Due/Status</p>
<ol style="list-style-type: none"> 1. Share the <u>November 21, 2019 CYF Council Input for Continuum of Care Development</u> <ul style="list-style-type: none"> • Link to CYF Council December 9, 2019 meeting packet which includes the document, was inserted in the meeting chat, and forwarded to Piedad Garcia link:https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/CYF/December%202019%20Council%20Packet.pdf • <u>11/21/2019 CYF Council Input for Continuum of Care Development</u> document included in January 10, 2022 meeting packet as a follow up item 2. Provide Telecare MCRT, Exodus MCRT, and PERT brochures 	<ul style="list-style-type: none"> • <u>November 21, 2019 CYF Council Input for Continuum of Care Development</u> - Completed <ul style="list-style-type: none"> • Link provided on November 8, 2021 Council Meeting • Document included in January 10, 2022 Council Meeting • Brochures <ul style="list-style-type: none"> • MCRT (Telecare and Exodus) emailed to Council members on November 9, 2021 • MCRT and PERT Brochures included in January 10, 2022 Council Meeting • Link from Meeting of the Minds presentation (need to sign in first) describes the various San Diego responses: Mobile Crisis Response in San Diego County Meeting of the Minds (teachable.com)

VIII. Polling Question 3

Final polling question was projected 10:35am (meeting ended at 10:30)

Poll ended | 1 question | 20 of 50 (40%) participated

1. On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting?

(Single Choice) *

20/20 (100%) answered



Next Meeting: Virtual Council's Meeting

Date: Monday, January 10, 2022

Time: 9:00-10:30 AM

+=Member in Attendance O=Absent E=Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	+	Rebecca Hernandez	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Charmi Patel	+
3	Public Safety Group/ Probation	Lisa Sawin	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Steve Wells	+	Norma Rincon	O
5	HHSA Regions	VACANT		Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	+	Adrienne Yancey	O
7	Juvenile Court	H. Judge Ana Espana	O	Beth Brown	O
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	O
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Russell Coronado	O	VACANT	
10	Regular Education Pupil Personnel Services	Violeta Mora	O	Margaret Sedor	+
11	School Board	Barbara Ryan	+	VACANT	
12	Special Education	Yuka Sakamoto	+	Misty Bonta	O
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggie Webb	O	Therese Davis	O
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
15	Alcohol and Drug Service Provider Association (ADSPA)	Marisa Varond	+	Claudette Allen Butler	+
16	Mental Health Contractors Association	Julie McPherson	+	Minola Clark Manson	E
17	Mental Health Contractors Association (MHCA)	Laura Beadles	+	Golby Rahimi	O
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	Marcelo A. Podesta	+
19	Managed Care Health Plan	George Scolari	O	Kathleen Lang	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	VACANT	
FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Suzette Southfox	E	VACANT	
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	Karilyn "Kari" Perry	+
23	Youth served by the Public Health System (up to age 26)	Christine Frey	+	Emma Eldredge	+
24	Youth served by the public health system (up to age 26)	Micaela Cunningham	+	VACANT	
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive Sub-Committee	Suzette Southfox / Jaime Tate Symons	E/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		

-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Early Childhood Sub-Committee	Aisha Pope/Ginger Bial	+/+		
-	Education Sub-Committee	Heather Nemour/Violeta Mora	O/O		
-	Family and Youth as Partners Sub-Committee	Suzette Southfox	E		
-	Outcomes Sub-Committee	Emily Trask/Eileen Quinn-O'Malley	O/O		
-	Training Sub-Committee	Rose Woods	+		

Zoom Listed Meeting Attendees: 69

Aisha Pope	Christine Frey	Jamie Pellegrino	Rebecca Ramirez
Alec Rodney	Claudette Allen Butler	Jazmin Wali	Rebecca Raymond
Alicia Castro	Daniel Garcia	Jean McDonald	Roberto Suarez
Alisha Eftekhari	Danyte Mockus-Valenzuela	Jerelyn Bourdage	Rosa Ana Lozada
Amanda Kaufman	Darwin Espejo (Host)	Julie McPherson	Rose Woods
Amanda Lance-Sexton	David Taylor	Kari Perry	Rosemary Eshelman
Dr. Pradeep Gidwani	Debbie Dennison	Katherine Demmler	Shannon Jackson
Angela Rowe	Denise Alvarez	Laura Beadles	Steven Wells
Angela Solom	Dina Ali	Laura Vleugels	Tom Coleman
Barbara Ryan	Don Stump	Marcelo Podesta	Wendy Maramba
Bill Stewart	Dr. Margaret A Sedor	Marisa Varond	Yael Koenig
Bobbi Smylie	Edgar Sierra	Meg Olinger	Yuka Sakamoto
Breawna Lane	Edith Mohler	Megan Patrick-Thompson	UNKNOWN TELEPHONIC PARTICIPANT 1
Carmen Pat	Emma Eldredge	Micaela Cunningham	UNKNOWN TELEPHONIC PARTICIPANT 2
Celeste Hunter	Fran Cooper	Molina- Elizabeth Whitteker	UNKNOWN TELEPHONIC PARTICIPANT 3
Charmi Patel Rao	Ginger Bial	Ozcar Ascencio	
Cheryl Rode	Grisel Ortega-Vaca	Pamela Hansen	
Christine Davies	Jaime Tate-Symons	Piedad Garcia	

Sub-Committees/Sectors/Workgroups Meetings Information:

Due to COVID-19, most of the sub-committees' meetings are occurring virtually

Please reach out to the sector lead or Executive Subcommittee member to obtain location/link

Behavioral Health Advisory Board (BHAB) meeting: Meets the first Thursday of the month from 2:30 to 5:00 PM

Outcomes: Meets the first Tuesday of every other month from 11:30 AM to 12:30 PM

Early Childhood: Meets the second Monday of the month- from 11:00 AM to Noon.

Education Advisory Ad Hoc: Meets as Needed

TAY Council: Meets the fourth Wednesday of the month 3:00 to 4:30 PM

CYF CADRE: Meets quarterly on the second Thursday of the month from 1:30 to 3:00 PM

CYF System of Care Training Academy: Meets on the first Wednesday of the month from 9:00 to 10:00 AM

CCRT: Meets the first Friday of the month from 10:00 to 11:30 AM

Family and Youth as Partners: Meets every third Thursday of the month from 1:30 to 3:00 PM

Private Sector: Ad Hoc/Meets as needed.