

Behavioral Health Services (BHS) – Contractor Information Notice

To:	BHS Children, Youth and Families (CYF) Contracted Service Providers
From:	BHS Children, Youth and Families
Date:	December 1, 2020
Title	Telehealth Tools

With the onset of COVID-19, the utilization of telehealth to provide behavioral health services to children, youth and families has accelerated. Through a collaborative process which leveraged the knowledge and practice of local service providers, the Child and Adolescent Services Research Center (CASRC) created two documents that capture best practices in the provision of telehealth services.

Both tools are intended as a resource for service providers and can also be utilized in supervision to explore additional best practices to engage youth and families in services.

- **Clinician Telehealth Checklist – Best Practices**
This checklist reviews fundamental administrative practices, offers guidance on how to plan for a successful session, and identifies key items to consider before establishing the first telehealth session.
- **Engaging Children, Youth and Families in Telehealth**
This tool provides general suggestions and resources to promote engagement during a session, while also offering specific recommendations for younger children (under the age of 12) and adolescents.

Attachments

- Clinician Telehealth Checklist – Best Practices
- Engaging Children, Youth and Families in Telehealth

cc: Child and Adolescent Services Research Center (CASRC)

For More Information:

- Contact your Contracting Officer’s Representative (COR)