

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**December 10, 2018 – 9:00-10:30 A.M.**

East Region Public Health Center – 367 N. Magnolia Ave. #101, El Cajon, CA 92020

+ = Member in Attendance      O = Absent      E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	VACANT	
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Alice Kennedy	O
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	O
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
<b>EDUCATION SECTOR</b>					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Heather Nemour	+	Mara Madrigal-Weiss	+
11	School Board	Barbara Ryan	E	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	+
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	+	VACANT	
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Delrena Swaggerty	O	Steven Jella	O
16	Mental Health Contractors Association	Michelle Ly	+	Michelle Hogan	O
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	+	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O	VACANT	

FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	O	Valerie Hebert	+
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	VACANT	
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	O	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Christine Frey	O
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	VACANT	+		
-	Executive Committee	Violeta Mora/ Dori Gilbert	+/+		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+/+		
-	Education Committee	Heather Nemour	O		
-	CYF CADRE	Julie McPherson/ Marisa Varond	O/+		
-	Family and Youth as Partners	Renee Cookson/ Valerie Hebert	O/+		

**CYF Council Staff:** Edith Mohler, Grisel Ortega and Darwin Espejo.

**I. Welcome and Introductions (Violeta Mora)**

- Meeting agenda order changed to start with the Director's report.

**II. Director's Report (Alfredo Aguirre)**

- National Updates
  - ✓ Recent changes at the Federal Congress level may bring changes to the Affordable Care Act (ACA).
  - ✓ The ACA enrollment is lower than last year.
- State Updates
  - ✓ Last October, the California Behavioral Health Director's Association (CBHDA) presented the following to the Department of Health Care Health Services (DHCS) Care Coordination Advisory Committee:
    - Current County Behavioral Health Services
    - Counties' role in the future of Medi-Cal
    - Strategies for improving care and preparing for the future
 The presentation will be sent to the CYF Council electronic distribution list
  - ✓ CBHDA members will meet with the newly elected Governor's staff to provide an overview on the current California's behavioral health system and system integration recommendations.
- Local Updates
  - ✓ Approximately, 4500 individuals from Honduras are seeking asylum to the United States along the Tijuana, México border. The Federal government is processing approximate 80 asylum applications each day with a 5% success rate
    - Several organizations are providing support services, including but not limited to food, clothing, and shelter to these individuals/families. More information can be found at: <http://rapidresponsesd.org/http://www.rapidresponsesd.org/>
    - County leadership is monitoring the situation and will provide updates as appropriate.
  - ✓ An Industry Day on Alcohol and Drug Use Prevention Strategies will be announced in the near future. Detailed information will be available at: <https://buyonet.sdcounty.ca.gov/>

### III. Approval of Minutes (Yael Koenig)

- Review of action items from September 9, 2018. See Meeting Minutes.
- September 9, 2018 Meeting Minutes – Approved.

### IV. Business Items (Yael Koenig)

- Special Education Contact List-handout
  - ✓ Cara Schukoske of San Diego County Office of Education (SDCOE) provided the Council a listing of contacts for all special education programs within San Diego county.
    - The list will be posted at:  
[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_children/CYFBHSOCCouncil.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html) .
    - Special Education contact list information can also be accessed through the SDCOE website in the San Diego School Districts directory section at:  
<https://www.sdcoe.net/about-sdcoe/Pages/San-Diego-County-School-Districts.aspx>
- Bylaws vote on adding training access to Council members (Handout)
  - ✓ The motion to add the following language to Article Three-Membership of the Council bylaws was approved:
    - “Current CYFBHSOCC members and alternates shall have access to the trainings provided by the BHS training contractor. To gain access, a written request shall be submitted to Council staff for processing”.
- Stop Firearm Suicide San Diego (Adrienne Yancey) (video and brochures)
 

This presentation included a video:  
[https://www.dropbox.com/s/gc9ebvxrolbcxkn/HD\\_Original\\_Civilian\\_StopFirearmSuicideSD\\_110218\\_1920x1080.mp4?dl=0](https://www.dropbox.com/s/gc9ebvxrolbcxkn/HD_Original_Civilian_StopFirearmSuicideSD_110218_1920x1080.mp4?dl=0)

Statistics provided by the County of San Diego Emergency Medical Services (EMS) indicate that:

  - ✓ Suicide is the second leading cause of non-natural death in the County
  - ✓ In 2017 there were 457 deaths by suicide
  - ✓ Firearms have been identified as the leading method of suicide.

The County of San Diego has a vision of zero suicides and implemented a Means Reduction strategy based on the New Hampshire Gun Shop Project by the New Hampshire Firearm Safety Coalition ([www.nhfsc.org](http://www.nhfsc.org)) and the Harvard’s Means Matter Campaign by the Harvard T.H. Chan School of Public Health to prevent suicide by a firearm: [www.StopFirearmSuicideSD.org](http://www.StopFirearmSuicideSD.org). This campaign is under the umbrella of It’s Up to Us San Diego: <https://up2sd.org/>, a suicide prevention and mental health awareness campaign

  - ✓ The Stop Firearm Suicide San Diego campaign is aligned with one of the nine strategies (Means reduction) identified in the San Diego County Suicide Prevention Action Plan 2018 Update: <https://up2sd.org/wp-content/uploads/2018/05/Suicide-Prevention-Action-Plan-Update-2018.pdf>
  - ✓ Participants in the Stop Firearm Suicide San Diego project include:
    - County of San Diego Sheriff’s Department
    - American Foundation for Suicide Prevention San Diego
    - County BHS
    - United States Department of Veterans Affairs
    - San Diego County Suicide Prevention Council
    - Legal Council
    - Gun Shop Owners
  - ✓ Campaign phases/components:
    - Gun shops owners/gun owners awareness
      - Completed interviews with gun shop owners and managers. These interviews revealed that more than half had personal experience with suicide loss
      - Completed focus groups with gun owners and their spouses revealed that gun owners strongly believe in their second amendment rights, but they are open to messaging that focuses on keeping someone safe
      - Developed posters and brochures to offer information about suicide prevention as part of firearm safety practices. The majority of gun shop owners and managers agreed to share materials with their customers:
        - <https://up2sd.org/wp-content/uploads/2018/12/Gun-Shop-Poster-CA-SD.pdf>
        - <https://up2sd.org/wp-content/uploads/2018/12/Gun-Shop-Brochure-CA-SD.pdf>

- Clinicians Counseling on Access to Lethal Means (CALM) online training
- Collaboration with different organizations and agencies for Awareness of the Gun Violence Restraining Order (GVRO) law
- ✓ Although this campaign is geared more towards adults, it recognizes that children living in the households with gun owners, tend to know the gun(s) location and how to access it/them
- ✓ The campaign is also collaborating with other organizations and agencies to:
  - Follow protocols to confiscate weapons with gun owners involved in a “5150” situation
  - Successfully disseminate campaign materials in local military installations

**V. Mental Health Services Act (MHSA) Update (Adrienne Yancey)**

- Community Forums
  - ✓ Data obtained at the forums is being analyzed and will be presented in a report tentatively scheduled for January 2019.
- Cycle 5 Innovation: “Human Centered Design”
  - ✓ The San Diego State University (SDSU) School of Social Work-Social Policy Institute will coordinate the Human Centered Design” to develop innovation projects. This process involves designs through in-depth client feedback during the development process
  - ✓ Innovation Project – Early Psychosis
 

The Statewide Early Psychosis Learning Health Care Network Innovation Project intends to assess the effectiveness of California’s early psychosis programs. The University of California Davis (UCD) is organizing the proposed multi-County collaborative for coordinating and sharing outcome results, and seeks to improve interventions for individuals experiencing early psychosis symptoms by identifying best practices.

    - UCD will present the Early Psychosis project for approval on December 17, 2018 to the Mental Health Services Oversight and Accountability Commission (MHSOAC)
    - The “Kickstart” program was originally an Innovation project that was established to provide services to children and youth ages 10 to 25 and their families with emerging symptoms of psychosis. Additional Kickstart program information can be found at: <http://www.kickstartsd.org/>

**VI. Sector Hot Topics (Dori Gilbert)**

- Presentation on Organized Support Companion in an Emergency Situation (OscER) and OscER Jr. (Valerie Hebert and Linda Ketterer)-handout
  - ✓ OscER (Adults) and OscER Jr. (Child and Adolescent) are free cloud-based phone and computer applications designed to assist clients and their families before, during and after a mental health crisis. Both applications offer:
    - Crisis support (FAQ’s)
    - Community resources
    - Legal Information (patient’s rights)
    - Educational resources
    - Various support tools (relaxing audioescapes)
  - ✓ The County of San Diego Sheriff’s Department and various first responders already use both applications.
  - ✓ These cloud-based applications are available in English and Spanish but will be expanded to six threshold languages.
- Center for Child and Youth Psychiatry (CCYP) Presentation(Eileen Quinn-O’Malley and Betsy Pierce)-handout
 

The CCYP was developed as a result of the “Medication Clinic” Innovation plan. This is a countywide program that provides psychotropic medication services through office based clinics and tele-psychiatry. CCYP also benefits children with co-occurring complex physical health conditions

  - ✓ CCYP Authorized Referrals for children and youth up to age 21 that:
    - Completed a treatment episode with a system of care mental health program
    - Are receiving services through the new Innovation Telemental Health program
    - Are receiving services with Substance Use Disorder (SUD) treatment programs
    - For referrals contact CCYP at: [CCYPreferrals@newalternatives.org](mailto:CCYPreferrals@newalternatives.org)
  - ✓ CCYP Exceptions:
 

An exception process was presented at a CYF Program managers meeting and includes but it is not limited to mental health treatment programs without current psychiatrist or with long wait times for psychiatry.

- CCYP does not replace psychiatry services at mental health programs with psychiatry services
- Exceptions will be reviewed by the CYF program monitors prior approval
- Programs needing help recruiting psychiatrists can contact Dr. Laura Vleugels
- ✓ CCYP:
  - Holds monthly community resource fairs that offer healthcare information, videos and books
  - Ability to dispense long-acting injectable psychotropic medications when necessary
  - Provide in-home services or to locations more accessible to the client
  - Capacity for 400 children/youth.

Action Items	Action By	Action Due
1. Send the CBHDA October 2018 presentation to DHCS Care Coordination Advisory Committee to the CYF Council's electronic distribution lists.	<ul style="list-style-type: none"> <li>• CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• Completed via e-mail on December 18, 2018.</li> </ul>
2. Update Council on current immigration events.	<ul style="list-style-type: none"> <li>• CYF Council staff</li> <li>• Jewish Family Service (Kate Clark)</li> </ul>	<ul style="list-style-type: none"> <li>• Board of Supervisors-January 8, 2019 Minute Order 8: Addressing the Impacts of the Migrant Shelter Crisis in San Diego County included in the January 14, 2019 meeting packet.</li> <li>• Tentatively for March 11, 2019 Council meeting.</li> </ul>
3. Disseminate to the Council: <ul style="list-style-type: none"> <li>• "Stop Firearm Suicide SD" campaign video</li> <li>• Prevent Firearm Suicide brochure and poster.</li> </ul>	<ul style="list-style-type: none"> <li>• Adrienne Yancey/CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• Completed via e-mail on December 18, 2018.</li> <li>• Video link:  <a href="https://www.dropbox.com/s/gc9ebvxrolbcxkn/HD_Original_Civilian_StopFirearmSuicideSD_110218_1920x1080.mp4?dl=0">https://www.dropbox.com/s/gc9ebvxrolbcxkn/HD_Original_Civilian_StopFirearmSuicideSD_110218_1920x1080.mp4?dl=0</a></li> </ul>
4. Provide Suicide in San Diego County 2016 and 2017 PowerPoint by HHS Medical Care Services Division-Emergency Medical Services.	<ul style="list-style-type: none"> <li>• Adrienne Yancey/Violeta Mora/CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• Completed via e-mail on December 18, 2018 (2017) and January 10, 2019 (2016).</li> </ul>
5. 2018 San Diego County Suicide Prevention Council Annual Report to the Community (Report Card).	<ul style="list-style-type: none"> <li>• Adrienne Yancey/Violeta Mora/CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• Completed via e-mail on December 18, 2018 and January 10, 2019.</li> <li>• Link:  <a href="http://www.sdchip.org/wp-content/uploads/2018/09/SPC-Report-Card-2018-Final-8-24-18.pdf">http://www.sdchip.org/wp-content/uploads/2018/09/SPC-Report-Card-2018-Final-8-24-18.pdf</a></li> </ul>
6. Provide Community Health Improvement Partners (CHIP) Report and Resources link.	<ul style="list-style-type: none"> <li>• CYF Council staff/Violeta Mora</li> </ul>	<ul style="list-style-type: none"> <li>• Completed via e-mail on January 10, 2019.</li> <li>• Link:  <a href="https://www.sdchip.org/initiatives/suicide-prevention-council/reports-resources/">https://www.sdchip.org/initiatives/suicide-prevention-council/reports-resources/</a></li> </ul>

**Next CYF Council Meeting: January 14, 2019, 9:00-10:30 A.M. at the Scottish Rite Center**

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 from 10:45 A.M to 12:15 P.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Council:** Meets the 4<sup>th</sup> Wednesday of the month 3:00 to 4:30 P.M. – New meeting location TBD.

**CYF CADRE:** Meets quarterly the 2<sup>nd</sup> Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets 1<sup>st</sup> Friday of the month at 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets quarterly. Contact [CYFLiaison@namisd.org](mailto:CYFLiaison@namisd.org) for schedule.

**Family and Youth as Partners:** Meets the 3<sup>rd</sup> Thursday of the month at NAMI San Diego, located at 5095 Murphy Canyon Road, Suite 320, San Diego CA 92123 from 1:30 to 3:00 P.M.

**Private Sector:** Ad Hoc/Meets As Needed.