

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING AGENDA**

**December 11, 2017 – 9:00-10:30 A.M.**

Scottish Rite Center-Shell Room-1895 Camino Del Rio South, San Diego, CA 92108

- |   |                   |
|---|-------------------|
| I. Welcome and Introductions (Suzette Southfox)   | <b>5 minutes</b>  |
| II. Approval of Minutes (Violeta Mora)  | <b>3 minutes</b>  |
| <ul style="list-style-type: none"> <li>• November 13, 2017 (Handout)</li> <li>• Review action items from November 13, 2017-See meeting minutes</li> </ul>   |                   |
| III. Business Items (Yael Koenig)   | <b>15 minutes</b> |
| <ul style="list-style-type: none"> <li>• Private Sector Sub-Committee update on feasibility of focusing on proposed topics               <ul style="list-style-type: none"> <li>✓ To assist with systems cross threading for Mental Health and Substance Use Disorder (SUD) integration</li> <li>✓ Explore using social media to promote Council's activities</li> <li>✓ How to better serve the Refugee population</li> </ul> </li> <li>• Educationally Related Mental Health Services (ERMHS) presentation update (Violeta Mora)</li> <li>• Hepatitis A Status update and information<br/> <a href="http://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/Hepatitis_A.html">http://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/Hepatitis_A.html</a></li> </ul> |                   |
| IV. Sectors "Hot Topics"  | <b>45 minutes</b> |
| Public Input/Discussion (Yael Koenig)   |                   |
| <ul style="list-style-type: none"> <li>• SOC Principles Revisions (Handout)</li> <li>• 10 Year Roadmap Dialogue (Handout)</li> <li>• Sub-Committee FY 2017-18 Goals/Discussion (Handouts)               <ul style="list-style-type: none"> <li>✓ Family and Youth as Partners-Suzette Southfox</li> <li>✓ CYF Change Agents Developing Recovery Excellence (CADRE) (Julie McPherson)</li> </ul> </li> </ul>   |                   |
| V. Sub-Committee Update Reports (Handouts) (Violeta Mora)   | <b>10 minutes</b> |
| <ul style="list-style-type: none"> <li>• Outcomes (Angela Chen)</li> <li>• Early Childhood (Aisha Pope and Jennifer Kennedy)</li> <li>• Education(Heather Nemour)</li> <li>• Quality Improvement (QI)-Management Information Systems (MIS)</li> </ul>   |                   |
| VI. Announcements (Suzette Southfox)  | <b>2 minutes</b>  |
| <ul style="list-style-type: none"> <li>• FYL Working Together Training on February 21, 2018 (Handout)</li> <li>• 3rd Annual Critical Issues in Child and Adolescent Mental Health Conference:<br/> <u><i>Hidden in Plain Sight: Adolescent Brain and Identity Development</i></u> is scheduled for March 23-24, 2018 at the Town and Country Convention Center in Mission Valley. More information at: <a href="http://cicamh.com/">http://cicamh.com/</a> (Handout)</li> <li>• 2018 CYF CSOC Conference: <u><i>Unpacking Hope-Understanding the Unique Needs of Homeless Children, Youth and Families</i></u> is scheduled for April 12, 2018 at Crowne Plaza Mission Valley (Handout)</li> </ul>  |                   |
| VII. Director's Report (Alfredo Aguirre)  | <b>10 minutes</b> |

**Next Executive Committee Conference Call:**

Date: Wednesday, December 13, 2017  
 Time: 10:30-11:00 A.M.  
 Location: Via Conference Call

**Next Meeting:**

Date: Monday, January 8, 2018  
 Time: 9:00-10:30 A.M.  
 Location: Scottish Rite- Shell Room

**Sub-Committees/Sectors/Workgroups Meetings Information:**

- CCRT: Meets the 1<sup>st</sup> Friday of the month-3851 Rosecrans St.-Coronado Room, San Diego, CA 92110 from 10:00 to 11:30 A.M.  
 CSOC Academy: Meets the 1<sup>st</sup> Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.  
 CYF CADRE: Meets quarterly-2<sup>nd</sup> Wednesday of the month-La Vista Room from 12:00 to 2:00 P.M.  
 Early Childhood: Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South Suite 101, San Diego, CA 92108-at 11:00 A.M.  
 Education Advisory Ad Hoc: Meets as needed.  
 Family and Youth As Partners: Meets the 3<sup>rd</sup> Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.  
 Family/Youth Sector: Meets quarterly on 4<sup>th</sup> Thursday of the month at 8964 N Magnolia St, Santée, CA 92071 from 6:30 to 8:00 P.M.  
 Outcomes: Meets the 1<sup>st</sup> Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.  
 Private Sector: Meets the 3<sup>rd</sup> Wednesday of the month- 7535 Metropolitan Dr, San Diego, CA 92108 at 1:00 P.M.  
 TAY Council: Meets the 4<sup>th</sup> Wednesday of the month-6160 Mission Gorge Rd. Suite. 100. San Diego, CA 92120 from 3:00 to 4:30 P.M.

## CHILDREN'S SYSTEM OF CARE PRINCIPLES

*CSOC Council Vision: San Diego youth are healthy, safe, successful in school, and in their transition to adulthood, while being law abiding, while living in a home and community that supports strong family connections.*

*Mission: The purpose of the System of Care Council is to ensure that all agencies serving San Diego county youth from age 0 through age 21 have coordinated services resulting in improved youth and family, and system outcomes consistent with System of Care Values and Principles.*

1. **Collaboration of four sectors:** The cornerstone of the CSOC is a strong four sectors partnership between youth/families, public agencies, private organizations and education that ensure accountability to achieve System of Care (SOC) goals and quality outcomes consistent with SOC philosophy.
2. **Integrated:** Among the four sector partners services are comprehensive, accessible coordinate behavioral and physical health care, provide seamless transition of care and utilize natural community supports,
3. **Youth guided, family driven:** Youth and families actively participate in service delivery, planning, and program and policy development.
4. **Individualized:** Services are flexible and designed to meet and build upon the unique needs, strengths and potential of each youth, and family.
5. **Strength-based:** Individualized plans and services identify and utilize youth/family strengths to facilitate health and wellness.
6. **Community-based:** Sector partners offer an array of services in each region and strengthen family and youth connections to neighborhood and local community resources.
7. **Outcome driven:** Service delivery systems continuously improve services by measuring and evaluating outcomes and use results to modify practices.
8. **Culturally Competent:** Service providers honor the diversity of cultures; address the complexities within and between cultures, and provide accessible and relevant services.
9. **Trauma Informed:** Sector partners recognize that trauma and chronic stress influence coping strategies and behavior, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care and resilience.

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**November 13, 2017 – 9:00-10:30 A.M.**

Scottish Rite-Heald Room-1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance    O = Absent    E = Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board	Rebecca Hernandez	O	VACANT	
2	Behavioral Health Services	Dr. Laura Vleugels	E	Dr. Jeffrey Rowe	+
3	Public Safety Group/ Probation	VACANT	+	Margie Deleon	+
4	Child Welfare Services (CWS)	Cathi Palatella	O	Barry Fox (Babbi Winegarden)	+
5	HHS Regions	Dori Gilbert	O	Jennifer Sovay	O
6	Public Health	Dr. Dean Sidelinger	O	Rhonda Freeman	+
7	Juvenile Court	H. Judge Carolyn Caietti	O	Michelle Johnson	O
8	First 5 Commission	Kim Gallo	O	Jennifer Wheeler	O
<b>EDUCATION SECTOR</b>					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	VACANT	
10	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss	O
11	School Board	Barbara Ryan	O	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	+	Yuka Sakamoto	O
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb	+
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	O	Marisa Varond	+
15	Mental Health Contractors Association	Steve Jella (Jamie Thomas)	+	Barent Mynderse	+
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty	+
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service Network	Dr. Sherry Casper	+	VACANT	
19	Managed Care Health Plan	George Scolari	+	Rogelio Lopez	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+		
<b>FAMILY AND YOUTH SECTOR</b>					
21	Family and Youth Liaison	Renee Cookson	E	Suzette Southfox	+

22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	O		
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	+	Oniric Cirino	
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Micaela Cunningham	
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Outcomes Committee	Angela Chen			
-	Executive Committee	Delrena Swaggerty			
-	Early Childhood Committee	Aisha Pope/ Jennifer Kennedy	+/O		
-	Education Committee	Mara Madrigal-Weiss			
-	CYF CADRE	Julie McPherson/ Marisa Varond	O/+		
-	Family and Youth as Partners	Renee Cookson			

CYF Council Staff: Edith Mohler, Grisel Ortega, Darwin Espejo

**I. Welcome and Introductions (Suzette Southfox)**

- Introduction of new San Diego Youth Services (SDYS) Director Jamie Thomas. Mr. Thomas will be replacing Steven Jella as a representative under the Private Sector/Mental Health Contractor's Association.

**II. Approval of Minutes (Suzette Southfox)**

- July 10, 2017 meeting minutes approved
- September 11, 2017 meeting minutes approved

**III. Business Items (Yael Koenig)**

- Hepatitis A Status update and information- (Handouts)  
 The outbreak within the county continues and 516 cases as of the end of October 2017 and 20 deaths have been reported. Vaccinations are available throughout the county. The meeting handout packet includes an Hepatitis A information sheet in English and Spanish. More information can be found at this website that is updated every Tuesday:

[http://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community\\_epidemiology/dc/Hepatitis\\_A.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/Hepatitis_A.html)

Information on Influenza prevention and vaccinations is also available at:

[http://www.sandiegocounty.gov/hhsa/programs/phs/community\\_epidemiology/dc/influenza.html](http://www.sandiegocounty.gov/hhsa/programs/phs/community_epidemiology/dc/influenza.html)

- School ToolKit (booklet): Tools for Schools a Live Well San Diego partnership with the San Diego County Office of Education (SDCOE), the Childhood Obesity Initiative, and First 5 San Diego. This is the second edition and was presented at the SDCOE Annual School Summit on September 15, 2017. This edition focuses on reducing childhood obesity and student wellness improvement. This edition highlights BHS. This booklet is also available in digital form at: <http://LiveWellSD.org/partners/best-practices-for-schools/>

✓ Feedback to the School Tool Kit

- The document does not highlight Trauma Informed services
- It was noted that on Table 8: Behavioral Health Programs (page 34), Aurora Behavioral Health is listed as a program that provides inpatient services, but Child and Adolescent Psychiatry Service (CAPS), and Sharp Mesa Vista were not included.

Feedback received will be forwarded to the Live Well office. Meeting participants were encouraged to forward additional feedback to [LWSD.HHSA@sdcounty.ca.gov](mailto:LWSD.HHSA@sdcounty.ca.gov)

#### IV. Mental Health Services Act (MHSA) – Update (Adrienne Yancey)

- BHS Annual Forums
  - ✓ The MHSA team finalized the Community Engagement process at the end of September 2017. BHS hosted two public forums in the month of August 2017, one in North Region (August 10, 2017) and one in the Central Regions (August 29, 2017).
  - ✓ The following Focus Groups were held:
    - Direct services staff
    - Transition Age Youth (TAY)
    - Clients/Consumers: 100 Club members participated at Clubhouses via telephone (10 members for each clubhouse).
    - Re-Entry population
    - Homeless population with Serious Mental Illness (SMI).
  - ✓ An online "Telephone Town Hall" was also held.
  - ✓ Over 400 individuals participated in this Community Engagement process, 220 of the total participated in the public forums. Results of these activities will be included in the Fiscal Year 2018-19 yearly update to the Mental Health Services Oversight and Advisory Commission (MHSOAC).
- Revenue and Expenditure Report
 

State policy requires the County of San Diego to post for public review the MHSA Annual Revenue and Expenditure Report (RER). The report shows annual expenditures for all MHSA components. This report can be found at: <http://sandiego.camhsa.org/annual-revenue-expenditure-report.aspx>.
- MHSA Three Year Plan/Board of Supervisors (BOS) Approval
 

The MHSA Three Year Program and Expenditure Plan for Fiscal Year 2017-18 was approved by the BOS on October 10, 2017.
- MHSA Innovation (10/26/17)
  - ✓ The following proposals were presented to the MHSOAC and approved for implementation (10 million dollars) on October 26, 2017:
    - INN 16 Urban Beats (expansion-two additional years)
    - INN 17 Crest Mobile Hoarding (expansion-18 additional months)
    - INN 19-Telemental: The 5.2 million dollars project proposes to facilitate connections to outpatient services and reduce potential recidivism for unconnected clients experiencing psychiatric crisis and/or hospitalization by increasing access to effective follow-up therapeutic services through the use of technology. This project will serve youth and adults who are unconnected to outpatient services, who have experienced a psychiatric emergency, and are at risk of recidivism. A competitive procurement process will be initiated and program implementation is expected in Fiscal Year 2019-20.
  - ✓ Council discussion and inquiry led to review the Medication Clinic Innovation Project (Yael Koenig): The Medication Clinic Innovation plan was approved by the MHSOAC on May 25, 2017. The plan proposes a countywide Psychotropic Medication Clinic(s) that would offer children continued medication and Tele-Psychiatric support after completing their primary outpatient treatment. This program will also benefit those children with severe developmental needs. Program implementation is expected in Fiscal Year 2018-19 and will be known as the **Center for Child and Youth Psychiatry**. The Request for Proposal was posted on November 8, 2017. A Pre-Proposal Conference will be held on **November 17, 2017** from 10:00 am-12:00 pm in the offices of the County of San Diego, Department of Purchasing and Contracting, 5560 Overland Avenue, Suite 270, San Diego, CA 92123. More information can be found at: <https://buynet.sdcounty.ca.gov/>

#### V. "Hot Topics" Discussion (Yael Koenig)

##### Public Input/Discussion Summary

- 10 Year Roadmap (Handout) Dialogue Summary
 

The BHS Roadmap document was first launch in July 2016 and it is currently under revision. It includes 12 priorities, each with two to three strategies with audacious goals. It also includes Vision Statements.
- ✓ Feedback to the CYF Vision Statement:
 

**Current:** "Children and Youth are healthy, safe, successful in school and in their transition to adulthood; law abiding, while living in a community that supports strong family connections".

**Proposed** (with Behavioral Health Advisory Board input): “Children and Youth are healthy, safe, **sheltered**, successful in school and in their transition to adulthood, while being law abiding, and living in a community that supports strong family connections”.

Summary of the feedback to the CYF vision language includes:

- “Children and youth are living in healthy, safe, stable and nurturing environments, including their homes, schools, and communities, allowing them to be lawful and successful as they transition into adulthood and create community that supports strong family and responsible citizens”.
- Consider alternative language to “sheltered”, like “permanency”, “living in a safe home”, “stable home environment”.
- Evaluate the use of “law abiding”
- Consider adding “importance of moral guidance at home” or “prosocial”
- Consider including “natural supports”
- Need to consider the audience

Summary of the feedback to the Roadmap includes:

- It needs to be consistent with the CYF System of Care (SOC) principles

Roadmap documents are also available at: <http://sandiego.networkofcare.org/mh/content.aspx?cid=261>.

Input can be sent to Grisel Ortega at: [Grisel.Ortega@sdcounty.ca.gov](mailto:Grisel.Ortega@sdcounty.ca.gov) no later than December 15, 2017.

- **SOC Principles Revisions (Handout)**

An ad hoc committee led by Delrena Swaggerty reviewed the CYF SOC principles to add “Persistence” as the 10<sup>th</sup> principle, ensure the document is reader friendly and succinct, and to integrate with the Wrap principles. Their proposed CYF Vision statement is: “All children, youth and families in San Diego County are healthy, safe and connected in their communities and to their natural supports”. The vision needs to align to the BHS Roadmap and with the feedback provided by the CYF Council participants. Feedback provided and additional feedback can be sent to Grisel Ortega at: [Grisel.Ortega@sdcounty.ca.gov](mailto:Grisel.Ortega@sdcounty.ca.gov) no later than November 20, 2017. The conversation will continue at the next meeting scheduled for December 11, 2017.

- **Sub-Committees Fiscal Year 2017-18 Goals/Discussion (Handouts)**

The sub-committees that presented on September 11, 2017 provided a summary of their presentation and asked for feedback/additional goals:

- ✓ Executive- Yael Koenig
  - Feedback summary:
    - To add “and youth” to the “To further engage the community ...in Council meetings/conversations/activities”. Emma Rodriguez and Travis Webster will assist with this goal.
    - TAY Council representative to lead efforts to engage youth in Council meeting, conversations, and activities.
    - Keep Council activities focused on connection back to 10 Year Roadmap and CYF SOC.
- ✓ Early Childhood- Aisha Pope
  - This Sub-Committee addresses the service needs of the 0-5 population.
- ✓ Outcomes- Angela Chen
  - This Sub-Committee will be on “stand by” to support and assist with efforts regarding the new State mandated Mental Health Outcomes Tools.
- ✓ TAY Council-Yael Koenig on behalf of Michael Miller
  - The TAY Council is seeking participants. Next meeting is scheduled for November 15, 2017 at 6160 Mission Gorge Rd. San Diego, CA 92120 from 3:00 to 4:30 P.M.

**Sub-Committees Presentations (See handouts for full report):**

- ✓ Private Sector- Jamie Thomas
  - This Sub-Committee operates as “project based” and are currently on standby”. In FY 16-17 they highlighted the development of the Warm Handoff training and exploring different models of psychiatrist and staffing urgency issues around Staff Recruitment and Retention. It was noted that in the one page report this Sub-Committee underrepresented accomplishments by not including activities related to addressing Refugees and Immigration issues.
  - The Council recommended the following areas of interest for Sub-Committee to consider:

- To assist with systems cross threading for Mental Health and Substance Use Disorder (SUD) services integration
- Explore using social media to promote Council's activities
- How to better serve the Refugee population
  - **Action:** Private Sector was asked to evaluate topic recommendations to report out at the next Council meeting on the feasibility of focusing on proposed topics.

✓ **BHETA Training- Rose Woods**

- BHETA provides training to BHS through the Academy for Professional Excellence. There are five specific CSOC trainings offered per fiscal year. It also provides Pathways to Well-Being and Treatment and Evaluation Resource Management (TERM) trainings. BHETA soon will offer Child and Adolescent Needs and Strengths (CANS) training and resources that will be located in the main BHETA website for additional support in the implementation of new State mandated outcome measures. Additionally, an annual conference is coordinated with the CSOC Training Academy. The Academy is currently seeking representatives from the Education Sector and CWS. The CSOC Academy meets on the first Wednesday of the month from 9:00 to 10:00 A.M. at 6505 Alvarado Road, Suite 107, San Diego, CA 92120. More information can be found at: <https://theacademy.sdsu.edu/programs/bheta/>

✓ **Education- Violeta Mora on behalf of Heather Nemour**

- The Education Sub-Committee works towards enhancing relationships with behavioral health and education providers. In Fiscal Year 2016-17, the SDCOE renewed the Global Oversight Analysis Linking Systems (GOALS) Memorandum of Understanding (MOU) and it is effective through October 31, 2019. Additionally, the SDCOE provided trainings including but not limited to: Youth Mental Health First Aid, 2017 Inclusion Through Kindness and Compassion Summit, Standards of Quality for Family Strengthening and Support, CSEC Awareness and Prevention Curriculum training for Elementary, Middle and High School youth, Gay, Lesbian and Straight Education Network (GLSEN), Question, Persuade and Refer (QPR) Gatekeeper, and Trauma Informed Care trainings. Most of these trainings were completed in collaboration with other partners like HHSA, private sector, and other Education partners.
- The Sub-Committee is not currently actively meeting and the Council requested the following:
  - To provide an update on the GOALS MOU at the next Council meeting
  - To develop a presentation on Educationally Related Mental Health Services (ERMHS) that includes assessment referral process
  - BHS in collaboration with Price Philanthropies, San Diego Unified School District and Community Research Foundation (CRF) has been developing the SchoolLink project which will be highlighted at upcoming Council meeting
  - Council discussion highlighted the value of QPR training with recommendation to emphasize availability for youth.

**VI. Sub-Committees Update Reports via Handouts**

- Change Agents Developing Recovery Excellence (CADRE)-(Shannon Jackson)
- Trauma Informed Systems Integration (TISI) (Shannon Jackson)
- Cultural Competence Resource Team (CCRT) (Edith Mohler)

**VII. Announcements (Handouts included in the meeting packet)**

- 3rd Annual Critical Issues in Child and Adolescent Mental Health Conference: Hidden in Plain Sight: Adolescent Brain and Identity Development is scheduled for March 23-24, 2018 at the Town and Country Convention Center in Mission Valley. More information at: <http://cicamh.com/> (Handout)
- County Child Welfare Services (CCWS) Data Report/Client Counts- October 2017 (Handouts)
- The 2018 Children, Youth and Families System of Care Conference:Unpacking Hope-Understanding the Unique Needs of Homeless Children, Youth and Families is scheduled for April 12, 2018 at the Crowne Plaza in Mission Valley. For more information, contact: [bheta@mail.sdsu.edu](mailto:bheta@mail.sdsu.edu) . (Handout)

**VIII. Action Items**

Action Items	Action By	Action Due
Forward School Toolkit feedback from November 13, 2017 Council meeting to the Live Well office,	• Yael Koenig	Completed November 15, 2017.

<p>Provide feedback to the proposed BHS roadmap, including feedback to the CYF Vision statement to Grisel Ortega at: <a href="mailto:Grisel.Ortega@sdcounty.ca.gov">Grisel.Ortega@sdcounty.ca.gov</a>.</p>	<ul style="list-style-type: none"> <li>• Council members, alternates and meeting attendees</li> </ul>	<p>December 15, 2017.</p>
<p>Provide input to the BHS roadmap accomplishments to Grisel Ortega at: <a href="mailto:Grisel.Ortega@sdcounty.ca.gov">Grisel.Ortega@sdcounty.ca.gov</a>.</p>	<ul style="list-style-type: none"> <li>• Council members, alternates and meeting attendees</li> </ul>	<p>December 15, 2017.</p>
<p>Provide feedback to the proposed CSOC principles document, including feedback to the CYF Vision statement to Grisel Ortega at: <a href="mailto:Grisel.Ortega@sdcounty.ca.gov">Grisel.Ortega@sdcounty.ca.gov</a>.</p>	<ul style="list-style-type: none"> <li>• Council members, alternates and meeting attendees</li> </ul>	<p>November 20, 2017.</p>
<p>Update Executive Sub-Committee FY 16-17 Accomplishments and FY 17-18 Proposed goals</p> <ul style="list-style-type: none"> <li>• To add "and youth" to the proposed goal: To further engage the community and youth in Council meetings/conversations/activities.</li> <li>• TAY Council representative to lead efforts to engage youth in Council meeting, conversations, and activities.</li> <li>• Keep Council activities focused on connection back to 10 Year Roadmap and Children System of Care Principles.</li> </ul>	<ul style="list-style-type: none"> <li>• Council staff</li> <li>• TAY Council representatives</li> <li>• Executive Sub-Committee to lead efforts</li> </ul>	<ul style="list-style-type: none"> <li>• Completed update of document November 13, 2017.</li> <li>• Ongoing efforts by TAY Council members</li> <li>• Ongoing.</li> </ul>
<p>Update Outcomes Sub-Committee FY 16-17 Accomplishments and FY 17-18 Proposed goals: This Sub-Committee will be on "stand by" to support and assist with efforts regarding the new State mandated Mental Health Outcomes Tools.</p>	<ul style="list-style-type: none"> <li>• Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• Completed update of document November 13, 2017.</li> </ul>
<p>Update Private Sector Sub-Committee FY 16-17 Accomplishments and FY 17-18 Proposed goals document</p> <ol style="list-style-type: none"> <li>1) Add to the FY 2016-17 Accomplishments:       <ul style="list-style-type: none"> <li>• Addressed Refugees and Immigration Issues</li> </ul> </li> <li>2) Report on Sub-Committee on feasibility of focusing on proposed topics:       <ul style="list-style-type: none"> <li>• To assist with systems cross threading for mental health and Substance Use Disorder (SUD) services integration</li> <li>• Explore using social media to promote Council's activities</li> <li>• How to better serve the Refugee population</li> </ul> </li> </ol>	<ol style="list-style-type: none"> <li>1) Council staff</li> <li>2) Delrena Swaggerty and Jamie Thomas</li> </ol>	<ol style="list-style-type: none"> <li>1) Completed update of document November 13, 2017.</li> <li>2) December 11, 2017 Council meeting: Sub-Committee chair to inform on feasibility of each topic</li> </ol>
<p>Update Education Sector Sub-Committee FY 16-17 Accomplishments and FY 17-18 Proposed goals document</p> <ul style="list-style-type: none"> <li>• Provide an update on the GOALS MOU</li> <li>• Provide an update on development of an ERMHS presentation and timeline.</li> <li>• SchoolLink preview</li> </ul>	<ul style="list-style-type: none"> <li>• Council staff</li> <li>• Mara Madrigal-Weiss</li> <li>• Violeta Mora</li> <li>• Aidee Angulo and Julie McPherson</li> </ul>	<ul style="list-style-type: none"> <li>• Completed update of document November 13, 2017.</li> <li>• March 12, 2018 meeting</li> <li>• December 11, 2017 meeting.</li> <li>• January 8, 2018 (tentative)</li> </ul>



**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108-Suite 101 at 11:00 A.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Council:** Meets the 4<sup>th</sup> Wednesday of the month-6160 Mission Gorge Rd. San Diego, CA 92120 from 3:00 to 4:30 P.M.

**CYF CADRE:** Meets quarterly-2<sup>nd</sup> Thursday of the month-NAMI San Diego, 5095 Murphy Canyon Rd. Ste. 320 San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets 1<sup>st</sup> Friday of the month – Health Services Facility Rosecrans-Coronado Room, 3851 Rosecrans St. San Diego, CA 92110 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets the 4<sup>th</sup> Thursday of the month at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 P.M. to 8:00 P.M.

**Family and Youth as Partners:** Meets the 3<sup>rd</sup> Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.

**Private Sector:** Meets As Needed.

DRAFT



County of San Diego  
Children, Youth and Families Behavioral Health System of Care Council  
Strategic Planning Meeting  
September 11, 2017

**Family and Youth as Partners-Sub-Committee**

**Purpose**

The ultimate goal of Family and Youth as Partners (FYP) Subcommittee is to bring the Children, Youth and Family Behavioral Health System of Care Council (CYFBHSOCC) information and feedback from the FAMILY SECTOR and the FAMILY/YOUTH PARTNER Community.

The purpose of the FYP Subcommittee is:

- To strengthen a system-wide shared identity of Family/Youth Partners.
- To share resources and information on opportunities to strengthen and grow Family/Youth Partners.
- To strengthen the Four Sectors [Family, Public, Private, and Education] understanding and recognition of Family/Youth Partners.

**Family and Youth as Partners-Sub-Committee FY 16-17 Accomplishments**

- Coordinated the 3rd Annual Children's Mental Health Well-Being Celebration: "Growth, Health, Hope," on May 3, 2017 held at the Spring Valley East Community Center. There were 171 attendees [140-CSOC family members, 30-families, 48-adults, 86-children, 6-TAY youth, 31-Providers]. Families created a five panel community art project which was displayed at County Administration Building (see photo inset.)



- Introduced the "FYP Digital Portrait" to the Children's System of Care (CSOC) as a digital tool that provides a visual narrative introducing the concept of "lived experience" and "Family/Youth Partner" along with providing an individual personal narrative. This tool, developed by the CYF Liaison, helps Family/Youth Partners engage *quickly, authentically* and *deeply* with the families they serve. This is also an excellent tool to demonstrate to providers and clinicians how effective professionally sharing lived experience can be.
- Encouraged CSOC Training of 68 Family/Youth Partners and 61 Providers/Program Staff participating in CYF Liaison trainings;
  - ✓ "Working Together," 4-hour/4 CEH, in-person training for Family/Youth Partners and Providers/Program Staff and,
  - ✓ "Principals of Family Youth Professional Partnerships", 1-hour/1 CEH training on collaboration

and support between CSOC professional staff and staff with lived experience. Encouraged monthly Family Youth/Partner Coaching participation by CSOC Family/Youth Partners, facilitated by the CYF Liaison. In FY16-17, 57 CYF Peer Staff attended this meeting.

**Family and Youth as Partners-Sub-Committee Proposed Goals for Fiscal Year 2017-18**

Coordinate the 4<sup>th</sup> Annual Children’s Mental Health Well-Being Celebration (May 2018) with Family, Public, Private and Education Sector representatives on the planning committee. Expand outreach and promotion of event to include digital platforms in addition to making sure event is represented throughout BHS & HHSA calendar network.

- The CSOC currently has more than 25 titles for CYF staff with lived experience which contributes to a lack of shared identity among system staff. To strengthen a system-wide shared identity, the FYP Subcommittee would like to introduce the benefits of having one unifying “NAME” for CYF Peer Staff with lived experience; Family/Youth Partner. We will create a plan to introduce this concept to the CSOC through the CYFBHSOCC. Encourage CSOC Providers to send their peer staff with lived experience to the monthly FYP Coaching meetings as support and professional development for CSOC Family/Youth Partners
- Encourage CSOC Providers and Family/Youth Partners to participate in CYF Liaison CSOC trainings that strengthen collaboration and support between professional staff and staff with lived experience.
- Achieve Four Sector [Family, Public, Private, and Education] representation on this subcommittee.

Discussion	Action

County of San Diego  
 Children, Youth and Families Behavioral Health System of Care Council  
**Strategic Planning Meeting**  
**September 11, 2017**

<b>CYF CADRE-Sub-Committee</b>
<b>Purpose</b>
<p>The Mission of the CADRE CYF subcommittee is to strengthen the Comprehensive, Continuous, Integrated System of Care initiative (CCISC) in its vision to deliver wide-ranging services for children, adolescents and families. We will serve as a forum for service providers to enhance treatment for children and adolescents experiencing or impacted by co-occurring disorders in order to promote health and resiliency within our youth. The subcommittee aims to:</p> <ul style="list-style-type: none"> <li>• Develop integrated co-occurring training and technical assistance in accordance with the Comprehensive, Continuous, Integrated System of Care and Co-occurring Disorders Center of Excellence (COCE) standards</li> <li>• Create healthy communities using evidence-based practices</li> <li>• Provide a vital link between systems, consumers, and families.</li> </ul>
<b>FY 16-17 Accomplishments</b>
<ul style="list-style-type: none"> <li>• Appointment of co-chairs from both Mental Health and Substance Use Disorders (SUD) providers representatives</li> <li>• Increased participation of SUD providers</li> </ul>
<b>Proposed Goals for Fiscal Year 2017-18</b>
<ul style="list-style-type: none"> <li>• Explore ways to facilitate warm handoffs and enhance care coordination between SUD and Mental Health programs:           <ul style="list-style-type: none"> <li>○ Develop guidelines for collaborating when multiple programs are co-located on school sites (i.e. EPSDT and Teen Recovery Centers (TRC) services)</li> <li>○ Ensure collaboration is part of discharge planning</li> <li>○ Continue to build relationships and connections between providers               <ul style="list-style-type: none"> <li>▪ Schedule tours of each other's program</li> <li>▪ Develop a contact card for program-to-program communication</li> </ul> </li> <li>○ Continue to strive for cross-sector representation at meetings from all sides of the system</li> </ul> </li> <li>• Provide ongoing in-service presentations to learn more about referring into different systems</li> </ul>

Discussion	Action

**Sub-Committee Update Report to CYFBHSOC Council  
December 11, 2017**

Sub-committee: Outcomes

Lead: Angela Chen

**Update**

- Outcomes Committee on standby to provide support regarding the utilization of the new measures (CANS 50 and PSC) as outcome measures while implementation plans are being finalized.
- Co-occurring rates for FY 1516 reviewed and the draft report with comparison with FY1314 and FY1415 in review.
- Suggested language for "Persistence", the 10<sup>th</sup> System of Care Principle reviewed. Awaiting stakeholder feedback on the review of the entire System of Care Principles.

**FY17/18 Goals/Focus Areas**

- Support in the implementation of the Child and Adolescent Needs and Strengths (CANS) and Pediatric Symptom Checklist (PSC) outcome tools for our system of care, such as the timeline for implementation, frequency of administration of the tools, trainings for the Children's System of Care, development of new database, and standards for new outcomes.
- Consider reviewing co-occurring rates. Co-occurring Substance Use and Abuse Among Youth in San Diego County Report was provided 1/19/13. 3 categories of Substance Use/Abuse were identified: 1) Experimenting 2) At Risk and 3) Dual Diagnosis. 2 Questions were added to BHA. To identify Experimenting: "Have you ever experimented (only 1-3 times) with any substances?" To identify At Risk: "Client has a parent or caregiver with a substance abuse problem?" Committee considering review of the completion rate and number endorsed for each of the new questions, CFARS, CRAFFT, and Diagnosis data.
- Aligning the Wraparound Principles with the SOC principles. Review the language for the Persistence Principle as a suggested 10<sup>th</sup> System of Care Principle.
- Provide recommendations on methods of assessing the level of SOC Principles applied in programs such as program self-assessment check list, Success Stories/Good News Highlights, incorporate with Site Visit, etc.
- Generate Future Performance Improvement Project (PIP) ideas for spring of 2018.
- Recommend adding the CRAFFT completion rate and data to the Annual Report.

Sub-Committee has 4 sector representation

Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

Private Sector



- Public Sector
- Education Sector
- Family/Youth Sector

To join the sub-committee please contact Angela Chen at [achen@upacsd.com](mailto:achen@upacsd.com)

Sub-Committee meets 1<sup>st</sup> Tuesday of each month from 11:30 A.M. to 1:00 P.M. in the La Vista Room- 3255 Camino Del Rio South, San Diego, CA 92108. Next meeting scheduled for February 6<sup>th</sup>.





**Sub-Committee Update Report to CYFBHSOC Council  
December 11, 2017**

**Sub-committee: Early Childhood**

**Lead: Aisha Pope and Jennifer Kennedy (Co-Chairs)**

**Update**

- **Goals #1 and #5 - Provided topic recommendation to BHETA for training on strategies and best practices to support 0-5 youth and their families through the transitions that come with being in foster care. While BHETA will not be including it in this year's training plan, the subcommittee would like to advocate for this topic in future trainings:**
  - **Best practices for moving young children into different placements (best practice related timelines, transition planning, preparation, communication, etc.)**
  - **Strategies for foster parents and providers to effectively support reunification**
  - **Engaging the right team members in the Child & Family Team Meeting and successfully engaging foster and bio parents and supporting their collaboration, even when they may have competing interests**
  - **Best practices for supporting bio family visitation**
  - **Strengths discovery in challenging families**
- **Goal #3 - Provided feedback to the We Can't Wait Conference Planning Committee.**
- **Goal # 4 - Collecting feedback from users of the BHA 0 – 5 to make recommendations for any necessary improvements.**
- **Subcommittee will be forming ad hoc working groups to create a timeline and scope for goals # 4, 5, 6.**

**FY17/18 Goals/Focus Areas**

1. **Maintain inclusion of BHETA/SOC Training related member on ECMH to ensure ready communication of identified ECMH related training topics**
2. **Have ECMH representative attend TAY and Adult Councils and advocate for essential parenting/dyadic services to pregnant and parenting clients**
3. **Offer training needs, trainer suggestions, and feedback for annual We Can't Wait Conference**
4. **Identify and share best practices for 0-5 population related to assessment, intervention, and service delivery models**
  - **Improve how we engage and support complex families including promoting best practices in care coordination/case management**
5. **Make recommendations on best practices and trauma informed methods to support healthy transitions for 0-5 youth in foster care**
6. **Strengthen partnership between Early Childhood Education (ECE) and ECMH subcommittee**

Sub-Committee has 4 sector representation



Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

- Private Sector
- Public Sector
- Education Sector
- Family/Youth Sector

To join the sub-committee please contact Aisha Pope at [apope@centerforchildren.org](mailto:apope@centerforchildren.org) or Jennifer Kennedy at [jkennedy@aapca3.org](mailto:jkennedy@aapca3.org)

Sub-Committee meets:  
Second Monday of the month 11am-12:30pm  
AAP Offices – 3160 Camino Del Rio South First Floor Suite 101 – San Diego, CA

**\*\*DECEMBER 11, 2017 LOCATION CHANGE\*\***

Jewish Family Service of San Diego  
JOAN & IRWIN JACOBS CAMPUS, Turk Family Center, 8804 Balboa Ave., San Diego, CA 92123  
We will be meeting in building 8788, the western most building. Check in with reception and they will guide the way. Please park in visitor parking.

Location will return to AAP-CA3 in January 2018.



**Sub-Committee Update Report to CYFBHSOC Council  
December 11, 2017**

Sub-committee: Education Advisory

Lead: Heather Nemour

**Update**

- SDCOE has conducted 38 YMHFA trainings and certified approximately 1,100 school staff to date.
- SDCOE has coordinated 4 Nami on Campus trainings that included 25 schools and 172 high school students to date.
- SDCOE offered 68 trainings with over 2,000 participants on a variety of prevention topics
- SDCOE is collaborating with the Suicide Prevention Council (SPC) on promoting a common suicide threat assessment tool that is evidence based (Columbia Severity Rating Scale) to be used across all 42 school districts, law enforcement and health care.

**Update: FY16/17 Goals/Focus Areas**

- SDCOE will ensure that all 42 school districts in San Diego County adopt a comprehensive Suicide Policy that will include prevention, intervention, and postvention protocols. To date, SDCOE trained 20 school districts on this topic and will continue to provide guidance, consultation, and technical assistance to all 42 school districts.
- SDCOE will partner with the County of San Diego Health and Human Services Agency, LIVE WELL San Diego on SDCOE's Annual Summit on Student Engagement and Attendance. Understanding the value and power of relationships is essential in the work with youth. Connections made in and out of the classroom are directly tied to attendance. Attendees will learn about best practices, latest trends, and strategies for building and maintaining engagement with youth and families.
- SDCOE will continue to offer trainings in Youth Mental Health First Aid in an effort to train K-12 educators and school personnel among the 42 school districts and surrounding charter schools.
- SDCOE will continue to collaborate with CHIP to co-host QPR: "Question, Persuade, and Refer" Gatekeeper Trainings in an effort to train K-12 educators and school personnel among the 42 school districts.

Sub-Committee has 4 sector representation

Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

Private Sector

Public Sector

Education Sector

Family/Youth Sector

To join the sub-committee please contact Heather Nemour at [heather.nemour@sdcoe.net](mailto:heather.nemour@sdcoe.net)

Sub-Committee meets- Ad-Hoc as needed







# **WORKING TOGETHER**

Feb 21, 2018

8:30 AM - 12:30 PM

**5095 Murphy Canyon  
Road, Suite 320,  
San Diego, CA 92123**

(858) 634-6580 / (858) 987-2980  
CYFLIAISON@NAMISD.ORG  
CYFLIAISON.NAMISANDIEGO.ORG

**Limited Spaces. RSVP secures seat.**  
RSVP @ <http://bit.ly/Feb21WT>

**Training the Children's System of Care on using Lived Experience as a powerful tool for Mental Health Professionals.**

Working Together is a vibrant and meaningful learning experience that builds the foundation for a strong, positive collaboration between clinicians, mental health workers, therapists, program staff and Family Support Partners, Children's System of Care Peer Staff with Lived Experience.

Working Together, a training of the Children, Youth & Family Liaison, is approved by the CA Board of Registered Nursing, BRN Provider # 16262, for (4) CEH contact hours, CFAAP/CAADAC (4) CEH contact hours, California Association for Alcohol/Drug Educators (CAADE) (4) CEH contact hours.



# “Hidden in Plain Sight: Adolescent Brain and Identity Development”

The County of San Diego, Health and Human Services Agency (HHS), Behavioral Health Services (BHS), Children, Youth and Families (CYF) in partnership with the San Diego Academy of Child & Adolescent Psychiatry (SDACAP), the San Diego Psychiatric Society, the California Association of Marriage and Family Therapists-San Diego Chapter (CAMFT), and the San Diego Psychological Association announces the:

## 3rd Annual Critical Issues in Child and Adolescent Mental Health Conference:

March 23-24, 2018 | 8:00 a.m. to 5:00 p.m.

Town and Country Resort and Convention Center  
500 Hotel Circle North, San Diego, CA 92108

The conference topics include:

Brain Development, Technology and Teens, Spirituality, Creativity and  
more...

Registration Opening Soon!

Register at: <http://cicamh.com/>

For information on CME/CE accreditation for this event, visit:

<http://cicamh.com/accreditation/>

SAN DIEGO ACADEMY of  
CHILD & ADOLESCENT PSYCHIATRY

COUNTY OF SAN DIEGO  
**HHS**  
HEALTH AND HUMAN SERVICES AGENCY

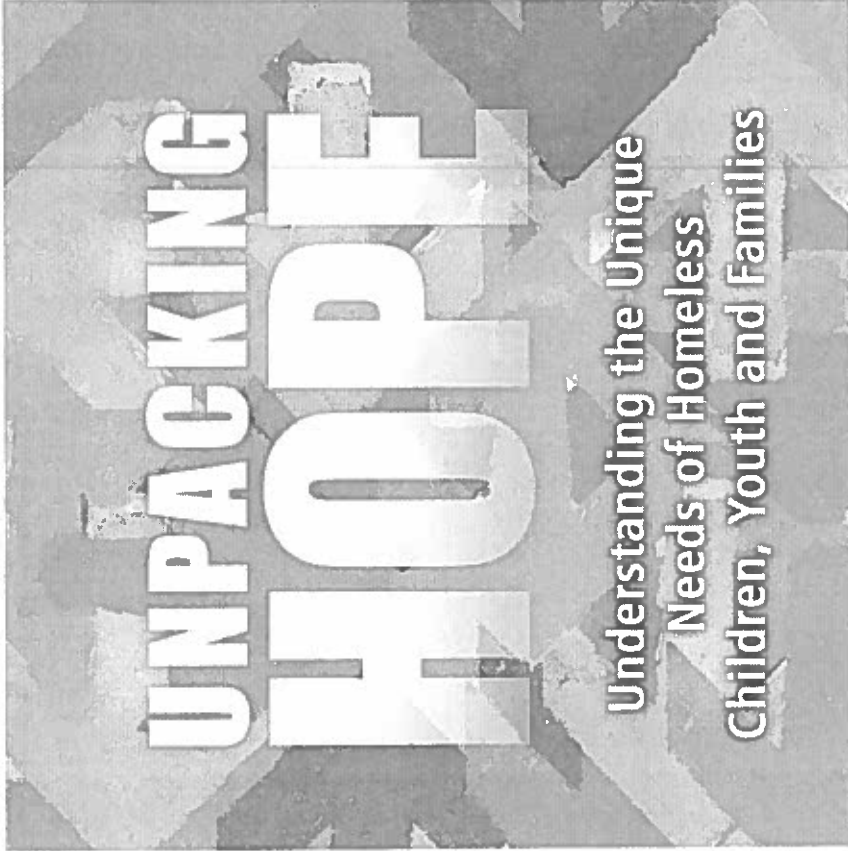
  
LIVE WELL  
SAN DIEGO

UC San Diego  
SCHOOL OF MEDICINE

 SAN DIEGO PSYCHIATRIC SOCIETY  
A SOCIETY OF PSYCHIATRISTS AND PSYCHOLOGISTS

San Diego   
CAMFT

 San Diego  
Psychological  
Association



SAVE THE DATE

APRIL 12 2018

Children, Youth and Families System of Care  
**CONFERENCE**



Crowne Plaza Mission Valley  
2270 Hotel Circle N., San Diego, CA 92108



Registration Opens in January 2018



Questions?

Contact [bheta@mail.sdsu.edu](mailto:bheta@mail.sdsu.edu)

