

# **Welcome to the Children, Youth and Families Council Meeting**

**December 9, 2024**

**THE MEETING WILL BEGIN SHORTLY**

**KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING**

**THE MEETING PACKET WAS EMAILED TO THE COUNCIL  
DISTRIBUTION LIST AND POSTED IN THE CHAT**



**LIVE WELL  
SAN DIEGO**



Happy  
Holidays



**THANK YOU!**

**Delona King**

**Alternate Seat – Public Safety Group/Probation**

**WELCOME!**

**Yovana Cortez**

**Alternate Seat – Public Safety Group/Probation**

# A Child is a Child

**2024 SNAPSHOT:**  
California Children's Health



## **American Indian Alaska Native and Indigenous Children's Health**

We know that when children are healthy, they are more likely to succeed in school and in life. We work to address the underlying causes of health inequities by improving the conditions in which children live, learn, grow and play so that young people from historically marginalized communities

have the resources and opportunities they need to achieve their dreams and reach their full potential. This infographic provides an overview of key child health facts to inform the work we must do together to make CA the best state to raise healthy, thriving children. All data is specific to California unless noted explicitly as national data.

**[Link to the full Fact Sheet](#)**

***Sign up for the next Cultural Share!***

- 1) Unmute yourself or put your name in the chat
- 2) Email: [Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov)

# BUSINESS ITEMS

## *September 9, 2024 - Meeting Summary Handout*

### *Action Items:*

- *CYF Council Strategic Planning Summary & Cover Letter was delivered to the BHS Director on September 10, 2024*
- *Children & Youth Service Directory and Regional Directories have been updated and posted:*
  - *[CYF Services Directory Updated August 2024.pdf \(sandiegocounty.gov\)](#)*
  - *[Five Regional School Directories Updated September 2024](#)*

### **INPUT ON MEETING SUMMARY**

1. *Verbally provide input, or*
2. *Enter input in the chat, or*
3. *Email input to [Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov) by COB today*



# Action Item: Documents delivered to BHS Director

Strategic Planning Item  
Community Engagement  
#4 Input Opportunity

September 10, 2024

## RE: FY-2024-25 Children, Youth & Families System of Care Council Strategic Planning Recommendations

Dear Dr. Luke Bergmann:

The Children, Youth, and Family System of Care Council (CYF Council) has developed a set of actions to advance the priorities for FY 2024-25. These were established in response to anticipated policy and funding changes created by the passage of Proposition 1. We recognize that this proposition will transform the future of policies, funding, and services for children, youth, and families served by the San Diego County Behavioral Health in conjunction with other County Departments.

We respectfully request you to leverage the expertise of the CYF Council to help shape this transformation. This Council provides multi sector representation, historical knowledge, experience and perspective that we believe could be mutually beneficial to the behavioral health community including the children, youth, and families we serve.

The CYF Council Strategic Plan Recommendations focuses on four areas: Knowledge Exchange, Community Engagement, Prevention and Early Intervention, and Service and Funding Priorities. See attachment for full list of recommendations.

We are requesting your partnership regarding two specific overarching themes that will advance the CYF Strategic Plan Recommendations:

1. Provide the CYF Council with timely information/knowledge to exchange ideas with BHS executive decision makers to influence policies and program priorities.
2. Recognize and dedicate resources to advance the continuum of care across the lifespan inclusive of infants to youth and focused on the full continuum of care prevention to clinical intervention.

We are ready for the opportunity to work together to serve the needs of children and youth as the behavioral health system evolves. The CYF Council looks forward to hearing from you on the next steps.

Sincerely,  
CYF Council Stakeholders

## Children, Youth and Families (CYF) Council Fiscal Year 2024-25 Strategic Planning Meeting



The Children, Youth and Families Council convened its annual strategic planning meeting on July 8, 2024. Near 100 individuals attended the annual strategic planning session, including Council members, alternates, and stakeholders. The Strategic Planning Meeting focused the needs of children and youth in the context of State Initiatives inclusive of the Behavioral Health Transformation and Proposition 1. Four topics were identified for discussion in virtual breakout rooms: **Knowledge Exchange, Community Engagement, Prevention and Early Intervention, and Service and Funding Priorities.** Meeting attendees were invited to join a breakout room of their choice to identify the Fiscal Year 2024-25 Council areas of focus, recommendations, and actions to advance priorities. Below is the summary of the recommendations. On behalf of the CYF Council, please accept these areas of focus and recommendations as County Behavioral Health Services in conjunction with other departments works to advance the care for children, youth, and families in San Diego. The Council looks forward to your feedback on each of the recommendations and is available to answer any clarifying questions about this document.

Knowledge Exchange	
Key Discussion Items/Context	Recommendation/Actionable Items
<ul style="list-style-type: none"><li>• There is a need for more clarity on available resources, including eligibility criteria.</li><li>• Need more information/timely updates on BHS efforts that address Behavioral Health Worker shortages.</li><li>• Despite the complexity of funding streams, CYF Council needs more opportunities to provide recommendations regarding funding/budget.</li></ul>	<ul style="list-style-type: none"><li>#1 Council Member involvement in the design of the Children, Youth and Families directory to ensure that the "End user" has all relevant information readily available.</li><li>#2 Provide clear updates to CYF Council stakeholders on the Workforce Development achievements.</li><li>#3 Recognition of the CYF Council as formalized council for discussing and developing budget so that members can pivot according to system/client needs.</li></ul>


Community Engagement	
Key Discussion Items/Context	Recommendation/Actionable Items
<ul style="list-style-type: none"><li>• Need to expand opportunities to engage and have dialogue with BHS. Participants should include public and system beneficiaries.</li><li>• Face to face events tend to achieve higher participation from youth, especially when there is an intentional outreach.</li></ul>	<ul style="list-style-type: none"><li>#4 Create a community engagement plan with BHS that includes regular and concrete opportunities for children, youth, and family Council to provide input to BHS leaders at critical decision-making and priority-setting junctures.</li><li>#5 Ensure child, youth, and family constituents who are accessing services have an opportunity to participate in spaces that are accessible and comfortable for them and consider their needs and preferences.</li></ul>

# Action Item: Service Directories Updates


## CHILDREN, YOUTH, AND FAMILIES SERVICES DIRECTORY

The County of San Diego's Behavioral Health Services (BHS) offers a multitude of programming to support children, youth & families who would benefit from mental health or substance use treatment.

Scan the QR code to access the current Children, Youth, and Families Services Directory.





[https://bit.ly/cyf\\_directories](https://bit.ly/cyf_directories)



SCAN HERE

Updated August 2024



[CYF Services Directory Updated August 2024.pdf \(sandiegocounty.gov\)](#)

## Regional School Directories for Children and Youth

Use the links below for printable directories highlighting behavioral health services within each region, including school-based supports. For additional school-related information please see the [School-Based Services webpage](#).

East Region

South Region

North Inland Region

North Coastal Region

Central and North Central Regions

Strategic Planning Item  
Knowledge Exchange  
#1 Directory Input

[Schools \(sandiegocounty.gov\)](#)

# PUBLIC COMMENTS

*Opportunity to raise awareness and provide input to promote positive changes by contributing your insight*



Strategic Planning Item  
Community Engagement  
#4 Input Opportunity

**Inviting all to unmute or  
place a comment in the chat**



# Requesting Resources Needed to Implement Senate Bill 43



**JIM DESMOND**  
SUPERVISOR, FIFTH DISTRICT  
SAN DIEGO COUNTY BOARD OF SUPERVISORS

## AGENDA ITEM

**11**

**DATE:** September 24, 2024

**TO:** Board of Supervisors

**SUBJECT: REQUESTING RESOURCES NEEDED TO IMPLEMENT SENATE BILL 43  
(DISTRICTS: ALL)**

### OVERVIEW

We have seen a sharp increase in homelessness in the State of California over the past 7 years. There is a clear need for additional resources for those who need it most.

Recently, the County of San Diego received a letter from Governor Newsom admonishing the delayed implementation of State Senate Bill 43 (SB 43), which expands the criteria for conservatorship to include those who are gravely disabled due to Substance Use Disorder. Governor Newsom signed this Bill into law in October of 2023, and the Board voted to implement SB 43 on January 1<sup>st</sup>, 2025. The expanded criteria offer a promising avenue for getting more people into treatment and off the streets.

However, this expansion requires additional resources. It is not enough to simply have more people placed into a conservatorship if we don't have the treatment, programs, and facilities needed.

Governor Newsom issued an Executive Order on July 25<sup>th</sup>, 2024, urging local jurisdictions to clear homeless encampments. After decades of ineffective state policies—many of which, including the continuation of the failed Housing First policy, increased housing regulations, and the transfer of prison populations to local jails, occurred under his own leadership—the State is now placing the burden of these failures on local governments.



## OFFICE OF THE GOVERNOR

July 28, 2024

Dear County Board of Supervisors Chair:

The behavioral health crisis in our state affects us all, and the people who need the most help have been too often overlooked – but together, California has been undertaking a major overhaul of our behavioral health care system. That's why last October, I signed into law Senate Bill 43 (Eggman, D-Stockton) to modernize the state's conservatorship laws for the first time in over 50 years. The law updated the definition of "gravely disabled" for those eligible for a conservatorship to include people who are unable to provide for their personal safety or necessary medical care, in addition to food, clothing, or shelter, due to either severe substance use disorder or serious mental health illnesses.

### Recommendations: Response to Governor

- a) \$10 M, ongoing annually for regionwide implementation of SD-Relay
- b) \$12 M, ongoing, annually for BH residential facilities
- c) \$26 M, ongoing, annually for Medically Managed SUD Residential treatment beds
- d) \$3 M, ongoing annually, for Chemical Dependency and Recovery Hospital Services

# Creating a Children, Youth, and Transition Age Youth Behavioral Health Continuum Framework for San Diego County



**TERRA LAWSON-REMER**

**VICE-CHAIR**

SUPERVISOR, THIRD DISTRICT  
SAN DIEGO COUNTY BOARD OF SUPERVISORS

AGENDA ITEM

**DATE:** September 24th, 2024

**12**

**TO:** Board of Supervisors

**SUBJECT**

**CREATING A CHILDREN, YOUTH, AND TRANSITION AGE YOUTH BEHAVIORAL HEALTH CONTINUUM FRAMEWORK FOR SAN DIEGO COUNTY (DISTRICTS: ALL)**

**OVERVIEW**

The youth behavioral health crisis is now well-documented, and evidenced through innumerable health advisories, surveys, and research from leading institutions including the U.S. Surgeon General, the Centers for Disease Control (CDC), the American Academy of Pediatrics, the American Psychological Association, and the U.S. Department of Health and Human Services (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA) among many others.<sup>12345</sup>

Since 2010, nearly every indicator of mental well-being among children and youth has deteriorated. Ensuring access to prevention and intervention services and to primary care clinicians and behavioral and mental health specialists are critical components of any plan to address the youth behavioral health crisis and to support children and youth as they navigate these challenges. Additionally, the long-lasting benefits of early detection and intervention extend beyond the individual themselves with estimates that for every dollar invested in early childhood prevention and intervention returns \$2 to \$13 in long-term public savings.

## Recommendation:

**Create a Children, Youth and Transition Age Youth Behavioral Health Continuum Framework across the 0-25 age continuum**

## Timeline

- 1) Six (6) months: Complete outline with interim strategies to maintain and/or enhance services
- 2) Eighteen (18) months: Final report with recommendations for action and investment contingent with approval of resourcing and funding identified in the six months report

**Board Letter and Press Release in meeting packet**

**Strategic Planning Item**  
Community Engagement  
#4 Input Opportunity

**Strategic Planning Item**  
Knowledge Exchange  
#3 Budget Input



FOR IMMEDIATE RELEASE

**Media Contact:** James Canning  
619-372-7988 / [James.Canning@sdcounty.ca.gov](mailto:James.Canning@sdcounty.ca.gov)

**SUPERVISOR LAWSON-REMER'S POLICY WILL INCREASE BEHAVIORAL HEALTH SERVICES FOR KIDS**

*District 3 County Supervisor Partners with Rady Children's Hospital and Other Providers to Step Up Access*

**SAN DIEGO (SEPTEMBER 16, 2024)** – Standing with behavioral health providers and parents at a Rady Children's Hospital location that provides mental health services, Supervisor Terra Lawson-Remer announced a policy to leverage an existing county tool (Optimal Care Pathways) that's used for adult behavioral health services, to maximize services, infrastructure investments, and staffing for children, youth and transition-aged youth (0-25).

The Optimal Care Pathways model is a data-informed tool the County of San Diego's Behavioral Health Department created to quantify the best utilization of services across many categories of mental health and substance misuse treatment. Currently, the primary group being helped by the Optimal Care Pathways model is adults.

There is a growing and intense need for behavioral health services for kids. [California ranked 51 out of the 50 states and the District of Columbia](#) for parents reporting difficulty in accessing mental health care, and 50% of adults with behavioral health disorders [developed symptoms around the age of 14](#).

"Using OPC is a smart approach to delivering behavioral health treatment. It will help use our resources better, and ensure the services needed are more accessible, especially for low-income children and youth, and those served by Medi-Cal," *said Supervisor Lawson-Remer, Vice Chair of the San Diego County Board of Supervisors*. "The statistics show earlier interventions are needed to ensure kids with behavioral health struggles don't become adults with the same challenges. It's a situation that requires us to do more and do it differently than we are doing it now, and my policy gives us a path forward."

Supervisor Lawson-Remer's policy, if passed by the San Diego County Board of Supervisors, on Tuesday, September 24, 2024 and implemented will:

- Initiate a critical dialogue within our community about the behavioral health challenges and unmet needs;
- leveraging data, quantify optimal service levels;
- identify service needs and gaps for youth care and treatment;
- Establish a long-term, comprehensive plan to ensure the strategic investment of resources to help young people;
- ensure our County has the workforce, infrastructure, and service capacity to support the mental and emotional well-being of kids;

- Find methods to optimize payments for all payers that hold Medi-Cal products to support the implementation of these actions.

Healthcare experts, providers, and advocates who serve kids support this policy. They are the people in the trenches every day helping kids with their behavioral health.

"As a pediatrician and child psychiatrist, I know first-hand how identifying a mental health issue early and providing timely support and treatment can positively change the trajectory for a young person," *said Anne Bird, M.D., Medical Program Director of Behavioral Health Integration at Rady Children's Hospital-San Diego*. "Yet families frequently face substantial barriers to receiving the care they need, including long wait times and a shortage of qualified mental health specialists. Finding ways to advance San Diego County's behavioral health system, particularly around early identification and early intervention, for our children and youth represents an important and critically needed step forward."

"As the County's oldest provider of children's behavioral health services, we at SDCC are deeply concerned that resources and workforce are not keeping up with the significant and growing behavioral health needs in our community for children and families," *said Cheryl Rode, Vice President Clinical Operations, San Diego Center for Children*. "We appreciate and support the efforts of Supervisor Lawson-Remer to ask the Board to explore how our public and private institutions can better work together to address this challenge."

If Supervisor Lawson-Remer's policy passes, families will have greater access to providers of all sizes – it's about providing options that work for the kids.

"Early identification and intervention in mental health issues can prevent more serious problems from developing. There is an urgent need and opportunity to build more capacity to detect and treat signs of mental health distress upstream before they escalate," *said Marlon Morgan, Founder and CEO, Wellness Together*. "Supervisor Lawson-Remer's Children and Youth Behavioral Health Continuum Framework proposal will support all stakeholders working together to more efficiently meet the overwhelming need for effective and accessible youth mental health services."

Parents also see value in the policy. The lack of easily accessible mental health and addiction treatment resources for kids is constantly being battered by parents.

*Kristina Halmaj-Gillan, LMFT Director of Service Innovation for YMCA San Diego, and a District 3 parent* spoke about her experience as a community-based clinician advocating for prevention, early intervention, and innovative treatment strategies to support children's mental-emotional well-being. Children's mental health deserves a robust continuum of care and a cross-disciplinary response. The Children and Youth Behavioral Health Continuum Framework is the best way forward and the time to act is now, children's lives depend on it.







# COUNTY OF SAN DIEGO

## AGENDA ITEM

### BOARD OF SUPERVISORS

NORA VARGAS  
First District

JOEL ANDERSON  
Second District

TERRA LAWSON-REMER  
Third District

MONICA MONTGOMERY STEPPE  
Fourth District

JIM DESMOND  
Fifth District

DATE: October 8, 2024

11

TO: Board of Supervisors

### SUBJECT

RECEIVE THE ANALYSIS OF HOW CHANGES TO PROPOSITION 47, THROUGH THE POTENTIAL PASSAGE OF PROPOSITION 36, COULD IMPACT FUNDING FOR SERVICES OFFERED BY THE COUNTY OF SAN DIEGO; BOARD TO CONSIDER TAKING A POSITION ON PROPOSITION 36 (DISTRICTS: ALL)

## Proposition 47: Safe Neighborhoods and Schools Act



### Overview

- Reclassifies some crimes from felonies to misdemeanors.
- Redirects savings to mental health and substance use treatment, truancy prevention, and victim services.

### Impact

- According to the **Legislative Analyst's Office**:
  - Reduced the number of crimes punishable as felonies.
  - Estimated statewide savings at approximately \$100 million annually.

## PROP 36 ALLOWS FELONY CHARGES AND INCREASES SENTENCES FOR CERTAIN DRUG AND THEFT CRIMES. INITIATIVE STATUTE.

### OFFICIAL TITLE AND SUMMARY

PREPARED BY THE ATTORNEY GENERAL

- Allows felony charges for possessing certain drugs and for thefts under \$950—both currently chargeable only as misdemeanors—with two prior drug or two prior theft convictions, as applicable. Defendants who plead guilty to felony drug possession and complete treatment can have charges dismissed.
- Increases sentences for other specified drug and theft crimes.
- Increased prison sentences may reduce savings that currently fund mental health and drug treatment programs, K-12 schools, and crime victims; any remaining savings may be used for new felony treatment program.

### SUMMARY OF LEGISLATIVE ANALYST'S ESTIMATE OF NET STATE AND LOCAL GOVERNMENT FISCAL IMPACT:

- Increased state criminal justice costs, likely ranging from several tens of millions of dollars to the low hundreds of millions of dollars annually, primarily due to an increase in the prison population.
- Increased local criminal justice costs, likely in the tens of millions of dollars annually, primarily due to county jail, community supervision, and courtmandated mental health and drug treatment workload.

## Proposition 36: Homelessness, Drug Addiction, and Theft Reduction Act



### Overview

- Increases punishment for some theft and drug crimes.
- Creates new court process for some drug possession crimes.
- Requires warning of possible murder charges for selling or providing drugs.

### Impact

- According to the **Legislative Analyst's Office**:
  - Increases state and local criminal justice costs.
  - Reduces funding for mental health and substance use treatment, truancy prevention, and victim services.

Yes	36	Increased Sentencing for Certain Drug and Theft Crimes	10,307,284	68.4%	4,756,609	31.6%
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Board Letter and PowerPoint in meeting packet

# Authorize Competitive Solicitations, Single Source Procurements, Amendments to Extend Existing Contracts, and Acceptance of Mental Health Student Services Act Grant Funds from the Mental Health Services Oversight and Accountability Commission



## COUNTY OF SAN DIEGO

### AGENDA ITEM

**DATE:** October 22, 2024

**TO:** Board of Supervisors

#### SUBJECT

**AUTHORIZE COMPETITIVE SOLICITATIONS, SINGLE SOURCE PROCUREMENTS, AMENDMENTS TO EXTEND EXISTING CONTRACTS, AND ACCEPTANCE OF MENTAL HEALTH STUDENT SERVICES ACT GRANT FUNDS FROM THE MENTAL HEALTH SERVICES OVERSIGHT AND ACCOUNTABILITY COMMISSION (DISTRICTS: ALL)**

#### OVERVIEW

The County of San Diego (County) Health and Human Services Agency, Behavioral Health Services provides a comprehensive array of mental health and substance use services to people of all ages. These services are delivered through County-operated programs and contracts with community service providers. Those served include vulnerable populations, including individuals who are experiencing homelessness, individuals with justice involvement, and children and youth with complex behavioral health conditions.

If approved, today's action would authorize competitive solicitations, single source procurements, amendments to extend existing contracts, and acceptance of Mental Health Student Services Act grant funds from the Mental Health Services Oversight and Accountability Commission. These actions are designed to sustain critical behavioral health services, with the goal of building a better service delivery system for the San Diego region. Today's actions support the continuation of critical work to advance the behavioral health continuum of care throughout the San Diego region.

#### BOARD OF SUPERVISORS

NORA VARGAS  
First District

JOEL ANDERSON  
Second District

TERRA LAWSON-REMER  
Third District

MONICA MONTGOMERY STEPPE  
Fourth District

JIM DESMOND  
Fifth District

**27**

## Recommendations

- 1: Authorize competitive solicitations for 24-hour Mental Health Rehabilitation Services, Locum Tenens Services, a Children and Youth Crisis Stabilization Unit, and Training and Technical Assistance for CBOs
- 2: Authorize single source contracts for an Adult Substance Use Outpatient Program for Alcohol Use and School-Based Outpatient Behavioral Health Services
- 3: Amend and extend contracts for Substance Use Disorder Residential Treatment Program, Behavioral Health Collaborative Court, San Diego's Web Infrastructure for Treatment Services, and Community Engagement and Messaging Programs
- 4: Authorize the acceptance of \$800,000 in Mental Health Student Services Act grant funding from the Mental Health Services Oversight & Accountability Commission

## Board Letter and Presentation in meeting packet

**Strategic Planning Item**  
Service & Funding Priorities  
#9 Workforce Development

**Strategic Planning Item**  
Service & Funding Priorities  
#10 Non Medi-Cal Service

# October 22, 2024

## BOS Letter Item 27



### Item #27: Authorize Competitive Solicitations, Single Source Contracts, Amendments to Extend Existing Contracts, and Acceptance of Mental Health Student Services Act Grant Funds from the Mental Health Services Oversight and Accountability Commission

Kimberly Giardina, DSW, Deputy Chief Administrative Officer, Health and Human Services Agency  
Luke Bergmann, PhD, Director, Behavioral Health Services

October 22, 2024

### Overview of Recommendations 1-3



#### 1. Authorize Competitive Solicitations

- 4 contracts
- \$76.7 million

#### 2. Authorize Single Source Contracts

- 2 contracts
- \$5.1 million

#### 3. Amend and Extend Contracts

- 5 contracts
- \$17.1 million

**Total Estimated Investment:  
\$98.9 million**

### Recommendation 4 Authorize Acceptance of Grant Funds



#### *Mental Health Student Services Act*

##### **Award Amount**

- \$800,000

##### **Funding Utilization**

- Creating Opportunities in Preventing and Eliminating Suicide (COPES)
  - Provides training and suicide awareness education for school staff, parents, and students



**SAMHSA**

Substance Abuse and Mental Health  
Services Administration

**SAMHSA**  
Overdose Prevention  
and Response

**TOOLKIT**

Strategic Planning Item  
Service & Funding Priorities  
#9 Workforce Development

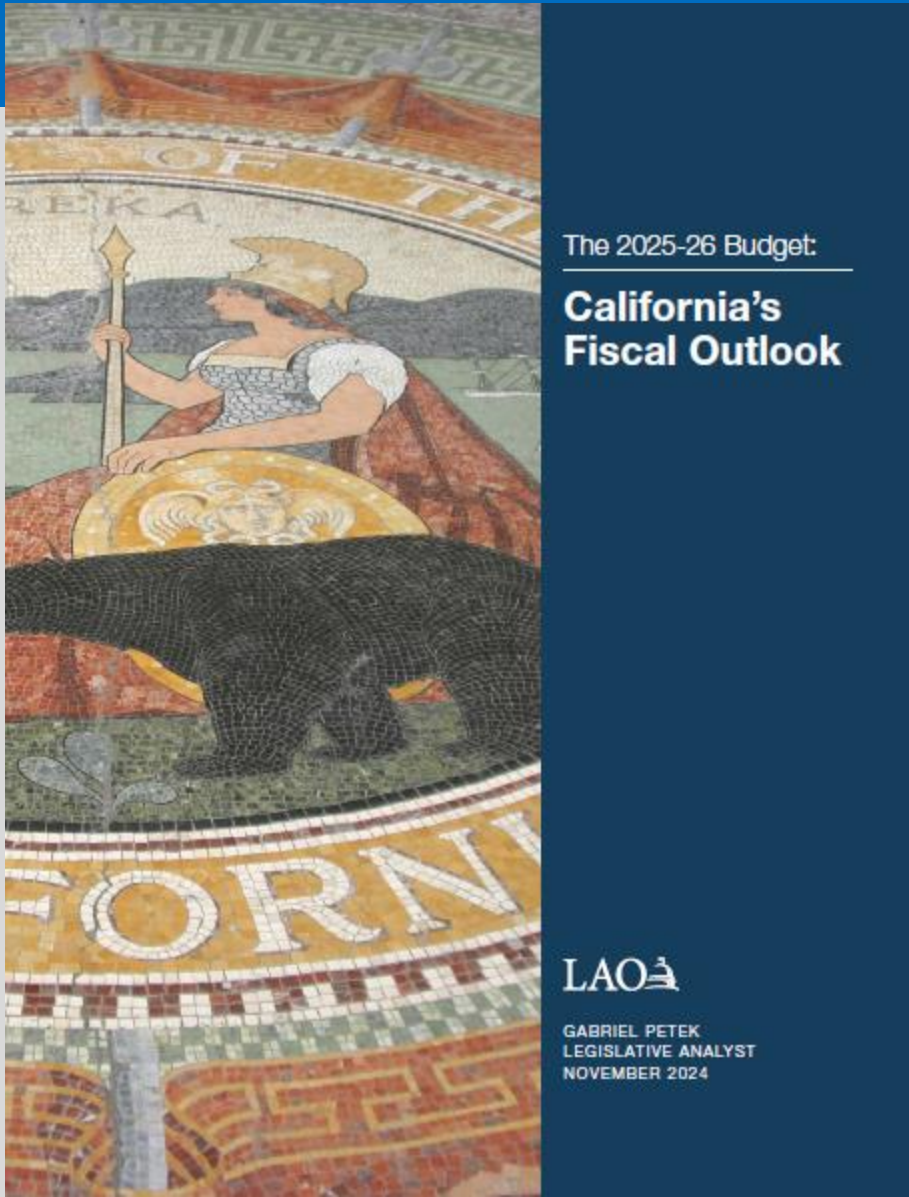
[Click here to  
access the full  
document](#)

**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

SAMHSA Publication No. PEP23-03-00-001. First printed 2013. Revised 2024.

Provided by Bill Stewart

# 2025-26 Budget: California's Fiscal Outlook



[The 2025-26 Budget: California's Fiscal Outlook](#)

Strategic Planning Item  
Knowledge Exchange  
#3 Budget Input





## AB 3216: Pupils: use of smartphones.

**Session Year:** 2023-2024    **House:** Assembly

**Current Status:** **PASSED** ✓ (2024-09-23: Chaptered by Secretary of State - Chapter 500, Statutes of 2024.)

Click image for article

A graphic with a blue background. At the top is a white bear logo with a star above it. The title 'The Phone-Free School Act' is in large white text. Below it, a quote in white text states: 'Excessive smartphone use among youth is linked to increased anxiety, depression, and other mental health issues.' To the left, a hand holds a white smartphone. To the right, a white box contains the text: 'What you need to know: Governor Gavin Newsom today signed Assembly Bill 3216, the Phone-Free School Act, to require every school district, charter school and county office of education to develop a policy limiting the use of smartphones by July 1, 2026.' Below this, a dark blue box with white text reads: 'NOTE: Parents and educators and must allow students to use their phones in the case of an emergency, or in response to a perceived threat of danger, or as allowed by a teacher, administrator, doctor or the student's individualized education program.' At the bottom, three students are shown sitting at desks in a classroom, looking at their phones. The background shows rows of empty desks and chairs.

# DHCS Behavioral Health Transformation Policy Manual Module 1 Webinar

*Marlies Perez, Division Chief*  
*BHT Project Executive*  
Department of Health Care Services

**November 15th, 2024**

<https://www.dhcs.ca.gov/BHT/Pages/home.aspx>

[Link to the County Behavioral Health Transformation Policy Manual Module 1 News Release](#)





# Behavioral Health Transformation [DRAFT]

## Policy Manual

### Version 0.2.0

Strategic Planning Item  
Community Engagement  
#4 Input Opportunity

The feedback period is open from December 3, 2024 to December 23, 2024. If you have trouble providing your comments, please reach out to:

**[BHTPolicyFeedback@dhcs.ca.gov](mailto:BHTPolicyFeedback@dhcs.ca.gov)**.

Module 1 content has been removed as its review period has ended. Only Module 2 is currently available for review and appears in the table of contents. You may notice gaps in section numbering - this is intentional and reflects the removal of Module 1 content. Module 1 will be accessible again when the final version is published in early 2025.

<https://www.dhcs.ca.gov/BHT/Pages/home.aspx>

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<https://policy-manual.mes.dhcs.ca.gov/home/Draft-Module-2-Version-0.2.0/>



## Fee-Schedule

**On October 3, 2024**, the Department of Health Care Services (DHCS) announced the Local Educational Agencies (LEAs) and public Institutions of Higher Education (IHEs) approved to participate in the **third cohort** of the Children and Youth Behavioral Health Initiative (CYBHI) statewide multi-payer school-linked fee schedule (Fee Schedule) program and statewide provider network.

DHCS implemented an operational readiness review process for all interested Cohort 3 entities. In determining readiness for this cohort, DHCS considered a variety of factors, including, but not limited to: Medi-Cal enrollment, service delivery infrastructure and capacity building, data collection and documentation, and billing infrastructure.

Cohort 1	Cohort 2	Cohort 3
San Diego Unified School District	Feaster Charter	Chula Vista Elementary School District
Santee School District	Lakeside Union School District	Empower Language Academy
	Lemon Grove School District	Fallbrook Union Elementary School District
	Alpine Union School District	High Tech High
	South Bay Union School District	Ramona City Unified
	Vista Unified School District	San Diego Community College District
	Bonsall Unified School District	
	Julian Union School District	
	La Mesa Spring Valley School District	



## Children, and Youth Behavioral Health Initiative

**CYBHI** 

October 2024

**October 2024  
Newsletter  
Highlight**



**Strategic Planning Item**  
Service & Funding Priorities  
#8 EBP & Outcomes

## **CALIFORNIA INVESTS \$56 MILLION TO EXPAND EARLY CHILDHOOD MENTAL HEALTH SERVICES**

[24-30-CYBHI-Round3-EBP-CDEP-9-13-24](#)

The Department of Health Care Services (DHCS) awarded \$56 million to 54 organizations to expand early childhood wraparound services providing mental health services to California children, youth, and families. These grants were made through the CYBHI's [Evidence-Based Practices and Community-Defined Evidence Practices \(EBP/CDEP\) Grant Program](#), which seeks to scale effective practices that improve the behavioral health of our state's children and youth, with a priority on racial equity and sustainability. The models funded include [Healthy Families America](#), a home-visiting program to strengthen parent-child relationships during the first five years of a child's life.



**November 2024  
Newsletter  
Highlight**



**Help Shape the Future of Behavioral Health:  
Youth Co-Lab Accepting Applications**

Apply at: [CDPH YCL Landing Page - KAIP Inc. Website \(kaipartners.com\)](https://www.cdph.ca/Programs/CID/DCDC/Pages/Imz/Pages/YouthCoLab.aspx)

**Apply anytime – applications reviewed quarterly or as needed.**

**Youth Co-Lab**

The Youth Co-Lab is an internal committee comprised of 12 youth (ages 14 to 25) and 2 youth leaders (ages 21 to 25) who will partner with California Department of Public Health-Office of Health Equity (CDPH-OHE) for a co-designed three-year campaign. While all 14 youth members engage in content review, the leaders assist with operations, workshops, outreach, and recruitment in partnership with CDPH-OHE to codesign the CYBHI public education and change campaign. The Youth Co-Lab will ensure that the unique voices, needs, and ideas held by California's youth are integrated into all aspects of the campaign.



Strategic Planning Item  
Community Engagement  
#5 Youth Voice on Service Spaces



***Take Space to Pause:***  
**California's Focus on Teen Mental Health**  
[CYBHI | Take Space to Pause](#)



[Children, and Youth Behavioral Health Initiative](#)  
**December 2024 Newsletter**  
Highlights

**Youth Mental Health Academy Seeks Partner  
Organizations for Paid Internships**  
[Youth Mental Health Academy - Child Mind Institute](#)

The CYBHI's Youth Mental Health Academy (YMHA) is a 14-month, community-based career development program for high school and early college students from traditionally underserved communities. YMHA aims to inspire and cultivate tomorrow's mental health leaders.

**YMHA is seeking organizations to provide 5-week internships for students in the Bay Area, Los Angeles, and San Diego from mid-June to mid-August 2025.** Interns will receive a \$2,000 stipend from YMHA for their work and internships will be approximately 100 hours (e.g., 20 hours/week for 5 weeks). Organizations focused on clinical work, research, community outreach, media, technology, or public policy in mental health and related fields who are interested in hosting interns this summer should email [YMHAinternships@childmind.org](mailto:YMHAinternships@childmind.org) for more information.

Strategic Planning Item  
Community Engagement  
#5 Youth Voice on Service Spaces





## TRANSFORMATION OF MEDI-CAL: JUSTICE-INVOLVED

### The Issue

Justice-Involved individuals—people who are now, or have spent time, in jails, youth correctional facilities, or prisons—are at higher risk for poor health outcomes, injury, and death than the general public. They face disproportionate risk of trauma, violence, overdose, and suicide. People of color are disproportionately represented in the Justice-Involved population due to systemic inequities in the criminal justice system, as well as a higher likelihood of incarceration due to mental health issues and the criminalization of substance use disorders.

- » Incarcerated individuals in California jails **with an active mental health case rose by 63 percent over the last decade.**
- » **Sixty-six percent of Californians in jails or prisons have moderate or high need for substance use disorder treatment.**
- » **Overdose is the leading cause of death** for people recently released from incarceration, and people in California jails or prisons have a drug overdose death rate more than three times that of incarcerated people nationwide.
- » In California, **nearly 29 percent of incarcerated men are Black, while Black men make up only 5.6 percent of the state's total population.**

Through its [Justice-Involved Initiative](#), California is taking significant steps to improve poor health outcomes in this population as they prepare to re-enter their community. In 2023, California became the first state in the nation [approved](#) to offer a targeted set of Medicaid services to youth and adults in state prisons, county jails, and youth correctional facilities for up to 90 days prior to release. Through a federal Medicaid 1115 demonstration waiver approved by the Centers for Medicare & Medicaid Services (CMS), DHCS will partner with state agencies, counties, and community-based organizations to establish a coordinated community reentry process that will assist people leaving incarceration connect to the physical and mental health services they need prior to release. This will help to ensure continuity of health care coverage after incarceration, enabling access to programs and services like [Enhanced Care Management \(ECM\) and Community Supports](#), linkages to medical and mental health services, and prescription medications in hand upon release.

### Faces of Medi-Cal's Transformation: Meet Cameron\*

Cameron is nearing the end of his time in prison. He was diagnosed with bipolar disorder and has been on medication to manage his condition. After he is released, Cameron will need to continue to see a psychiatrist and take his medications but does not know how he can get this care. Since Cameron has a diagnosed mental health condition, he qualifies for the 90-day pre-release Medi-Cal services under the Medi-Cal Justice-Involved Initiative, and he will be able to receive targeted pre-release services focused to support his reentry to the community paid for by Medi-Cal (e.g., psychiatry clinical consultation), in addition to his current care provided by the prison, in the 90 days before his release date. He is assigned a pre-release care manager who conducts a needs assessment and develops a reentry care plan to support his transition into the community. Prior to his release, he will be connected to a psychiatrist in the community who will continue to care for him, through a behavioral health warm linkage (which will include a handoff meeting between Cameron, his correctional facility psychiatrist, and his community-based psychiatrist). Once in the community, Cameron will be able to receive Enhanced Care Management. He will have the chance to meet his ECM provider before he is released, as part of a "warm handoff" meeting between his pre-release care management provider and the post-release ECM provider. He will also receive a supply of his bipolar medication to take with him upon release. His ECM provider will also connect him with Community Supports, such as housing, to help him build stability in the community.

(\*A hypothetical individual based on a composite of cases.)

### Justice-Involved Initiative Highlights

The Justice-Involved initiative aims to connect eligible members to community-based care, offering them services up to 90 days before their release to stabilize their health conditions and establish a plan for their community-based care (collectively referred to as "pre-release services"). Pre-release services are available to Medi-Cal members who meet the following eligibility criteria:

- » Adults who meet one or more of the following health needs criteria: confirmed or suspected mental health diagnosis, a substance use disorder or suspected diagnosis, a chronic clinical condition or significant non-chronic clinical condition, a traumatic brain injury, intellectual or development disability, a positive test or diagnosis of human immunodeficiency virus (HIV) or acquired immunodeficiency syndrome (AIDS), or are pregnant or within a 12-month postpartum period.
- » Youth who are in custody of a youth correctional facility; they do not need to meet clinical criteria.

Click  
[HERE](#) for  
Webpage

### The Positive Impact of Medi-Cal's Justice Involved Initiative

People who are or have been incarcerated—a population that, because of systemic inequities in our criminal justice system, disproportionately over-represents people of color—experience worse health outcomes than other populations. The state's Justice-Involved Initiative will address these disparities by reducing gaps in care and improving connections between pre-release and community based services, increasing investments in health care and related services to enhance quality of care, improving physical and mental health outcomes, and preventing unnecessary admissions to inpatient hospitals, psychiatric hospitals, nursing homes, and emergency departments.

California is the first state to obtain federal authority (and federal matching funds) to provide Medi-Cal services to incarcerated individuals prior to their release. This initiative is part of California's broader transformation of Medi-Cal and its commitment to a healthier, more equitable health system for all.

services provided through telehealth  
ns, provide treatment as appropriate,  
nt of a post-release treatment plan and

Administration-approved medications,

members will receive covered outpatient  
and durable medical equipment (DME)  
e authority and policy.

Transforming Health Initiative (PATH)  
onal facilities, county social service  
ment of Corrections and Rehabilitation)  
ata sharing that support justice-

# NEXT MOVE

## Supporting Justice-Involved Youth



Next Move is a specialized community-based outpatient program offering behavioral health services to youth up to the age of 21 with a justice intersection. The program is designed to support justice-involved youth and those at risk of justice involvement, with an emphasis on caring for youth transitioning out of a juvenile justice facility.

Next Move provides diagnostic evaluations, mental health, and co-occurring substance use treatment for youth and young adults who have Medi-Cal or are uninsured. Services are available countywide and emphasize supporting youth in developing tools for success.

Youth can be referred by anyone, including Probation, the court, schools, or caregivers. To make a referral, call (858) 351-6400, fax the referral form to (619) 399-3724, or email the referral form to [BHS.NextMoveProgram.HHSA@sdcounty.ca.gov](mailto:BHS.NextMoveProgram.HHSA@sdcounty.ca.gov)

### LOCATIONS



Countywide access through two main offices and community-based services. Services are available Monday through Friday from 8:00 am until 5:00 pm with evening hours available by appointment.

**Southeastern Live Well Center**  
5101 Market Street, Suite 2100  
San Diego, CA 92114

**North Coastal Live Well Health Center**  
1701 Mission Avenue, Suite 110  
Oceanside, CA 92058

## Next Move

[Justice-Involved Initiative Home](#)





# 2023-2024 Live Well San Diego ANNUAL IMPACT REPORT



LiveWellSDAnnualReport.org

## INCREDIBLE IMPACTS

No single entity can effectively address community issues in isolation, it takes a village. The impacts outlined below and across the pages of this report serve as a testament to the remarkable successes we are achieving collectively in our region to advance the *Live Well San Diego* vision.

**26,053**

Hours served by 8,590 volunteers, completing 5,313 projects in 2023.

Source: Hands on San Diego

**5,449**

Participants in job readiness and career navigation workshops, with 1,822 employment and/or education placements in 2023.

Source: San Diego Workforce Partnership

**\$1 million**

Grants awarded to 30 environmental champions, including *Live Well San Diego* Recognized Partners, to support local environmental initiatives through habitat restoration and urban greening projects.

Source: SDG&E

**2,423**

Trees planted throughout San Diego County in 2023.

Source: Tree San Diego

**1,062**

Local patient lives saved with 354 pints of blood from 24 community blood drives, in partnership with the County of San Diego.

Source: San Diego Blood Bank

**63,522**

Naloxone kits distributed directly into the hands of community members and via naloxone vending machines to prevent opioid overdose.

Source: County of San Diego

**9,005**

People permanently housed during FY 2023-2024.

Source: Regional Taskforce on Homelessness Community Analysis Dashboard

**158,000+**

Pounds of food donated by residents and transported by the postal service during the nation's largest single-day food drive.

Source: Jacobs & Cushman San Diego Food Bank

**9,147**

Backpacks filled with 220,290 school supplies for students experiencing homelessness during the annual Stuff the Bus Campaign.

Source: San Diego County Credit Union

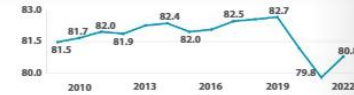
## HOW WE MEASURE PROGRESS

Capturing our collective impact.

The *Live Well San Diego* Top 10 Indicators are divided into five Areas of Influence essential for overall wellbeing: health, knowledge, standard of living, community, and social. These Indicators define what it means to live well in San Diego County. Measured across the lifespan among all residents, the *Live Well San Diego* Top 10 Indicators capture the collective impact of programs, services, and interventions provided by government, businesses, schools, organizations, and community stakeholders striving to improve wellbeing so that all San Diego County residents can be healthy, safe, and thriving. [LiveWellSD.org/Data](https://www.livewellsd.org/data)

### HEALTH - ENJOYING GOOD HEALTH AND EXPECTING TO LIVE A FULL LIFE

**80.8** LIFE EXPECTANCY: LENGTH OF LIFE EXPECTED AT BIRTH, IN YEARS (2022)

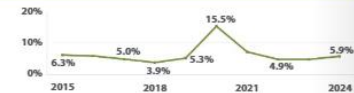


**94.7%** QUALITY OF LIFE: PERCENT OF THE POPULATION SUFFICIENTLY HEALTHY TO LIVE INDEPENDENTLY (2022)



### STANDARD OF LIVING - HAVING ENOUGH RESOURCES FOR A QUALITY LIFE

**5.9%** UNEMPLOYMENT RATE: PERCENT OF THE TOTAL LABOR FORCE THAT IS UNEMPLOYED (2024)



**55.3%** INCOME: PERCENT OF POPULATION SPENDING LESS THAN 1/3 OF INCOME ON HOUSING (2022)



Click on image to view Full Report





## MEDICAL CARE SERVICES

# San Diego Advancing and Innovating Medi-Cal (SDAIM)

## Materials

One-pagers about Enhanced Care Management, Community Supports, and Transportation for Medi-Cal members are now available at the links below. Please help us share them with your clients. *(translations coming soon)*

- [Enhanced Care Management for Medi-Cal Members](#)
- [Community Supports for Medi-Cal Members](#)
- [Transportation for Medi-Cal Members](#)

Click on image to view Webpage

# New Benefit for Medi-Cal Members

## You may be eligible for Enhanced Care Management (ECM)

### What is ECM?

- ECM is a no-cost benefit that gives an extra layer of support to help you get the care you need to thrive.
- You will be provided with a lead care manager who will work with your doctors, specialists, pharmacists, and others to help get your needs met.
- Joining ECM is a choice. You can leave the program at any time and keep your Medi-Cal benefits.
- To get ECM, you need to meet at least one of the criteria listed on the [next page](#).



### What services does ECM offer?



Connect you to doctors and make appointments



Set up rides to doctor's visits



Help you better understand your medications



Get care after you leave the hospital



Plan for your physical, mental, and dental needs



Connect you to more services like food and housing



**Ask your Medi-Cal health plan or doctor about ECM**  
**See the other side for more details**



Updated on 9/10/2024

### Who is eligible for ECM?



**Members must be enrolled in a Medi-Cal Health Plan and meet one or more of the following:**

- Do not have a safe place to live or are experiencing homelessness
- Visited the emergency room or hospital five or more times (adults) or three or more times (youth 21 years and under) in the last six months
- Have a mental health, behavioral and/ or substance use disorder
- Are an adult (21 years or older) who is at risk of entering a nursing home or facility
- Are an adult living in a nursing home or facility, and want to move back to the community
- Signed up for California Children's Services program and need more support
- Have been in foster care (up to 26 years old)
- Transitioned out of jail, prison, or youth detention facility in the past year and have a health condition
- Are pregnant or had a baby in the last year and are American Indian, Alaskan Native, Black, or Pacific Islander

Members can get ECM for up to 12 months, or longer depending on needs.

**Call your Medi-Cal Health Plan to find out if you qualify for ECM and to sign up!**

San Diego County Medi-Cal Health Plans	Member Services Phone Number
Blue Shield Promise	1-855-699-5557
Community Health Group	1-800-224-7766
Kaiser Permanente	1-800-464-4000
Molina	1-888-665-4621

**Don't have Medi-Cal?** Call 866-262-9881 to learn if you are eligible and apply



# New Services for Medi-Cal Members

You may be eligible for Community Supports



**Community Supports are free!** These services are provided by your Medi-Cal Health Plan. They support your health and wellbeing at home and in your community!



## Housing

Help with finding low-cost housing, security deposits, and the first month of utilities and to help you transition back home from the hospital or care facility.



## Care at Home

Personal care and home services, making your home safer and more livable to help you stay healthy at home or reduce asthma.



## Recovery

A place to heal after a hospital stay, short-term care, sobering centers, and help with improving skills for daily living.



## Healthy Food

Home delivered meals to help with long- and short-term health needs.



Talk to your healthcare provider or call your Medi-Cal Health Plan to see if you are eligible.  
See the other side for more information.



Updated on 9/10/2024

## What are Community Supports?

- Please call your healthcare provider or Medi-Cal Health Plan to see if you are eligible for Community Supports.
- Community Supports provide short-term services to address health and social needs.
- Medi-Cal members who are receiving a Community Support service may also be eligible for Enhanced Care Management.

### Community Supports

### Examples

Housing Transition Navigation Services	Housing assessment, plan, and search for housing
Housing Deposits	Security deposits, first month utilities, set-up fees
Housing Tenancy and Sustaining Services	Support and coaching to help maintain housing
Short-term Post-Hospitalization Housing	Short-term housing to prevent going back to the hospital
Recuperative Care (Medical Respite)	Short-term housing with care to heal after being in the hospital
Day Habilitation Programs	Peer mentoring to improve life skills
Respite Services	A short-term caregiver to provide help to a person who has a main caregiver that needs more support
Nursing Facility Transition/Diversion to Assisted Living Facilities	Support for activities of daily living to help people stay in their communities or prevent going into a facility
Community Transition Services/Nursing Facility Transition to a Home	Security deposit, housing navigation, home modifications
Personal Care and Homemaker Services	Caregiver to assist with activities of daily living
Environmental Accessibility Adaptations (Home Modifications)	Ramps, grab-bars, stair lifts, roll-in shower
Medically Tailored Meals/Medically-Supportive Food	Home delivered meals based on health needs
Asthma Remediation	Air filters, HEPA vacuum, pest management, mold removal
Sobering Centers	A safe place for people to recover who are under the influence in public for up to 24 hours

## Contact your Medi-Cal Health Plan

- To see if you qualify for Community Supports and to sign up, talk to your healthcare provider. Or call the number on your insurance plan card or your plan's number listed here.
- If you don't have Medi-Cal and want to enroll, please call 866-262-9881.

### Medi-Cal Plans

### Phone Number

Blue Shield Promise	1-855-699-5557
Community Health Group	1-800-224-7766
Kaiser Permanente	1-800-464-4000
Molina Healthcare	1-888-665-4621



Promise  
Health  
Plan



Click on each logo for individual provider webpages

## Transportation for Medi-Cal Members

San Diego County



**You can get transportation (rides) covered by your Medi-Cal Health Plan at no cost to you!**

- This includes rides to any doctor, dental, mental health, or substance use disorder appointments, and to pick up prescriptions and medical supplies.
- Your Medi-Cal Health Plan can help you get round-trip rides depending on your needs. This may include;
  - Rides by car, taxi, bus, or train
  - Bus passes and taxi vouchers
  - Money back for driving your own car

**Call your Medi-Cal Health Plan to get a ride!**

Medi-Cal Health Plan	Contact Information	Prepare to Call
 blue california Promise Health Plan	<a href="#">Blue Shield Promise</a> <b>1-855-699-5557</b> Two (2) days advance notice required	 <ul style="list-style-type: none"><li><input checked="" type="checkbox"/> Medi-Cal ID number</li><li><input checked="" type="checkbox"/> Home address</li><li><input checked="" type="checkbox"/> Mailing address</li><li><input checked="" type="checkbox"/> Phone number</li><li><input checked="" type="checkbox"/> Day, time, and location of appointment</li><li><input checked="" type="checkbox"/> Caregiver/provider's name</li></ul>
 Community Health Group	<a href="#">Community Health Group</a> <b>1-800-224-7766</b> Two (2) days advance notice required	
 KAISER PERMANENTE®	<a href="#">Kaiser Permanente</a> <b>1-800-464-4000</b> Three (3) business days advance notice required	
 MOLINA HEALTHCARE	<a href="#">Molina Healthcare</a> <b>1-888-665-4621 / (844) 292-2688</b> Two (2) business days advance notice required	

For questions about Medi-Cal or to apply for Medi-Cal benefits, please call 866-262-9881.



Updated on 9/10/2024



# Extra Support for Those You Serve

You're dedicated to helping community members build better lives, but certain physical and mental health conditions require additional support. New Medi-Cal services can provide support, but many people don't know about them. As a result, individuals are not getting the help they are eligible for and desperately need. Neighborhood Networks can help.



San Diego  
Wellness Collaborative



NEIGHBORHOOD  
NETWORKS



## Physical and Mental Health

Finding doctors, setting appointments, arranging transportation, managing medications, and coordinating all healthcare providers



## Housing

Finding and applying for housing and stipends of up to \$5,000 for rental deposit and move-in expenses



## Support Services

Connecting with other services such as food assistance and legal aid

## A Caring and Streamlined Referral Process

Simply provide us with basic information and our team will take it from there to confirm eligibility and make a warm hand-off to a care coordinator. We'll also follow up to let you know how things are going.

## Trusted Relationships

- We're a trusted community partner.
- Our care coordinators are from the communities you serve.
- We meet clients where they are, whether at home or in the community.

## An Experienced Partner

- Our care coordinators have served over 1,200 individuals with support and services
- We have delivered over \$150,000 for housing assistance

*"Once I refer someone to Neighborhood Networks, I feel a sense of ease knowing they will receive individualized support and resources for their unique needs and circumstances. The Neighborhood Networks team supports individuals at their level of readiness and collaborates with all care team members to help individuals achieve their goals."*

Andria Del Real, LMFT  
SAY San Diego



## Start Referring Today!

Learn how Neighborhood Networks can support you and those you serve.

619-273-3295

referrals@sdwellnesscollaborative.org



An initiative of  San Diego  
Wellness Collaborative



[Our Initiatives - San Diego Wellness Collaborative](#)

[Neighborhood Networks Home - Neighborhood Networks](#)

# Housing Programs

- Permanent Supportive Housing (Maternity Housing Program)
- Permanent Supportive Housing (SDHC)
- Family and Youth Services Bureau
- THP+ Transitional Housing Program
- CalOES XH Transitional Housing
- Youth Systems Navigation
- Housing our Youth (HOY)
- YE/KE
- Host Homes
- RRH (Rapid Re-Housing) TAY – SDHC
- RRH SDSU
- RRH CalOES XD
- Youth Homelessness Demonstration Project (YHDP) Joint Project
- Street Outreach Programs
- Domestic Violence Program





# Behavioral Health Director's Report – OCTOBER 2024



## County of San Diego

**CAROLINE SMITH**  
INTERIM DEPUTY CHIEF ADMINISTRATIVE OFFICER

**HEALTH AND HUMAN SERVICES AGENCY**  
BEHAVIORAL HEALTH SERVICES  
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531  
SAN DIEGO, CA 92108-3806  
(619) 563-2700 • FAX (619) 563-2705

**LUKE BERGMANN, Ph.D.**  
DIRECTOR, BEHAVIORAL HEALTH SERVICES

September 24, 2024

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

### **BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – October 2024**

#### **SENATE BILL (SB) 43 IMPLEMENTATION AND CARE ACT UPDATES**

##### **SB 43 IMPLEMENTATION UPDATES**

SB 43 makes changes to the Lanterman-Petris-Short (LPS) Act, a California law governing involuntary detention, treatment, and conservatorship of people with behavioral health conditions. SB 43 expands the criteria by which people may be civilly detained under the LPS Act by augmenting the definition of "gravely disabled" to include a severe substance use disorder (SUD), or a co-occurring mental health disorder and a severe SUD, and those unable to provide for their basic needs of access to medical care or personal safety. SB 43 was signed into law by Governor Newsom in October 2023, and will be implemented starting January 1, 2025, per a resolution adopted by the County Board of Supervisors (Board). For more information, please visit the BHS SB 43 Webpage at the following link: [sandiegocounty.gov/content/sdc/hhsa/programs/bhs/senate\\_bill\\_43](https://sandiegocounty.gov/content/sdc/hhsa/programs/bhs/senate_bill_43)

## **SB 43 Implementation and Community Assistance Recovery, and Empowerment (CARE) Act Updates**

**Complete report in packet or  
click [HERE](#)**

# Behavioral Health Director's Report – NOVEMBER 2024



## County of San Diego

KIMBERLY GIARDINA, DSW, MSW  
DEPUTY CHIEF ADMINISTRATIVE OFFICER

HEALTH AND HUMAN SERVICES AGENCY  
BEHAVIORAL HEALTH SERVICES  
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531  
SAN DIEGO, CA 92108-3806  
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, PhD.  
DIRECTOR, BEHAVIORAL HEALTH SERVICES

October 31, 2024

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

### BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – November 2024

#### EDGEWOOD DISTINCT PART SKILLED NURSING FACILITY (EDGEWOOD) UPDATES

##### **Status Updates/Accomplishments/Announcements**

Edgemoor has again been recognized as one of the top nursing homes in the state by Newsweek magazine. Edgemoor was ranked as the No. 2 facility in California for Newsweek's America's Best Nursing Homes 2025, continuing the tradition of excellence by being in the top three facilities for six consecutive years.

Edgemoor remains an overall five-star facility as reported by the Centers for Medicare and Medicaid Services (CMS) Care Compare site for nursing homes. Achieving five out of five stars in all four rating categories (Overall Quality, Health Inspection, Quality Measures, Staffing and Registered Nurse (RN) Staffing).

**Edgemoor Distinct Part Skilled  
Nursing Facility (Edgemoor)  
and  
San Diego County Psychiatric  
Hospital (SDCPH)  
Updates**

**Complete report in packet or  
click [HERE](#)**

# Behavioral Health Director's Report – DECEMBER 2024



## County of San Diego

KIMBERLY GIARDINA, DSW, MSW  
DEPUTY CHIEF ADMINISTRATIVE OFFICER

HEALTH AND HUMAN SERVICES AGENCY  
BEHAVIORAL HEALTH SERVICES  
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531  
SAN DIEGO, CA 92108-3806  
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.  
DIRECTOR, BEHAVIORAL HEALTH SERVICES

November 26, 2024

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

### BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – December 2024

#### BHS 2024 Year in Review

BHS continues to make advancements in strengthening and enhancing the behavioral health Continuum of Care (CoC). Below are a few notable initiatives and achievements spanning across long-term and community-based care, capital projects, behavioral health policy, and ongoing community engagement efforts.

## BHS 2024 Year in Review

- **Long-Term and Community-Based Care**
  - Recuperative Care Services
  - Licensed Board & Care Facilities
  - Expanding Recovery Residence Access
  - No Place Like Home (NPLH)
- **BHS Capital Projects**
  - East Region Crisis Stabilization (CSU) Groundbreaking
  - Tri-City Psychiatric Health Facility (PHF)
  - Capital Plan Open House
- **Significant Behavioral Health Policy Updates**
  - Involuntary Behavioral Health Treatment in San Diego County (SB 43)
  - Community Assistance, Recovery, and Empowerment (CARE) Act Program
- **Community Engagement**
- **Look ahead**
  - SB 43 Implementation
  - Continue readiness planning for the implementation of the Behavioral Health Services Act (BHSA). Implementation requirement to be effective in July 2026
  - Continue to provide CalAIM, Payment Reform, CARE Act, SB43 and BHSA updates

Additionally, a desire for more streamlined convenings to optimize processes, foster broader community participation, promote better service outcomes, and enable more meaningful stakeholder engagement were identified by stakeholders. In response to this, new impending policy changes, and recent changes across the broader County enterprise, in early in 2025, BHS will realign system of care council meetings and regional collaboratives, into more inclusive meetings tailored around communities of shared identity, regional and sector-based programming, and behavioral health transformation initiatives.



[BHS MCRT \(sandiegocounty.gov\)](http://sandiegocounty.gov)



# San Diego County MCRT Services

Mobile Crisis Response Team – for K-12 Schools





# Mobile Crisis Response Team (MCRT)

## *Behavioral Health Crisis Response in Schools*



Launched by the County of San Diego in January 2021, the **Mobile Crisis Response Team (MCRT) Program** is a countywide service that offers an alternative response option for people of any age experiencing a mental health or substance use-related crisis. Non-law enforcement MCRTs respond, assess, and de-escalate behavioral health crises in the community.

Beginning November 2024, MCRTs may be deployed to charter schools, adult schools, and public school districts in San Diego County (grades K-12) to respond to behavioral health crisis calls. MCRT cannot respond to private schools.

### **How can schools access MCRT?**

#### **During school hours:**

- **For schools in Carlsbad, Oceanside, Pendleton, San Dieguito, and Vista:**  
School personnel should call the direct phone number for Exodus MCRT provided to them.
- **For schools in all other areas of San Diego County:**  
School personnel should call the direct phone number for Telecare MCRT provided to them.

#### **During after-school hours or for community response or emergency services:**

- Call the **San Diego Access & Crisis Line (ACL)** at 888-724-7240 or 988.

### **How can MCRT help schools?**

MCRTs can respond to behavioral health crisis calls in schools if there is no known threat of violence or medical emergency. Depending on the situation, MCRT can:

- Provide assessments
- Utilize crisis intervention and de-escalation techniques
- Initiate and transport a 5585\* (5150) hold when there is a not a safety concern
- Make connections to appropriate behavioral health services and resources, provide initial coordination for treatment services as needed, and follow-up for up to 30 days after initial service

<https://www.sandiegocounty.gov/mcrt/>



**School call is  
received by MCRT  
dispatch center**



**Triage by MCRT  
dispatch center**



**Appropriate  
response team  
is dispatched**

## San Diego County

November 2024

- May 2024 was the fourth hybrid administration (electronic and paper form options) of the YSS in San Diego County. The number of completed surveys with usable data decreased from 74% (1,812 of 2,457) in May 2023 to 68% (1,482 of 2,168) in May 2024.
- As compared to May 2023, parent/caregiver satisfaction on the *Perception of Outcomes of Services* domain increased nearly three percentage points, and increased nearly two percentage points on the *Perception of Functioning* domain. Parent/caregiver satisfaction on the *Perception of Access* domain decreased nearly two percentage points, and the *Perception of Participation* domain decreased nearly two percentage points. Satisfaction on the *Perception of Access* domain decreased nearly four percentage points on the *Perception of Participation* domain.

	Parent/Caregiver
Forms Submitted	1,343
Forms Completed	892

3. The County process objective of 80% of clients satisfied, 1,499 (48%) of the 3,092 clients receiving a service met the YSS form.
4. The County outcome objective of 80% of clients satisfied, at least 75% of the satisfaction survey items was met.
5. Both parents/caregivers and youth were most satisfied with the domain and least satisfied with the *Perception of Participation in Treatment Planning*.
6. Parents/caregivers reported higher satisfaction than youth.
7. The greatest disparity in satisfaction between parents/caregivers and youth was in the *Perception of Participation in Treatment Planning*.
8. Satisfaction and perception of outcomes varied by service. Health Services for Children and Youth (BHS-CY) clients/families submit completed surveys, making them more likely to be satisfied. On average, youth receiving Therapeutic Services were more satisfied, and youth receiving Residential Services were less satisfied.
9. Satisfaction and perception of outcomes also varied by race/ethnicity. Among clients whose race/ethnicity was known, Native American youth and their parents/caregivers reported the highest satisfaction. Islander youth and their parents/caregivers reported the lowest satisfaction. Youth endorsing more than one race/ethnicity were more satisfied on the *Perception of Cultural Sensitivity* submitted for Native American youth, thus they were more satisfied.
10. On average, satisfaction was highest among parents/caregivers and lowest among youth.

	Parent/Caregiver	Youth	TOTAL
Forms Submitted	1,343	825	2,168
Forms Completed	892	590	1,482

Parent/Caregiver Satisfaction by Item*		
Questions based on services received in last 6 months:	% Strongly Disagree/Disagree	% Strongly Agree/Agree
1. Overall, I am satisfied with the services my child received	2.9%	93.2%
2. I helped to choose my child's services	4.0%	92.2%
3. I helped to choose my child's treatment goals	3.5%	91.3%
4. The people helping my child stuck with us no matter what	3.1%	92.2%
5. I felt my child had someone to talk to when he/she was troubled	2.4%	92.6%
6. I participated in my child's treatment	1.9%	93.9%
7. The services my child and/or family received were right for us	1.8%	91.0%
8. The location of services was convenient for us	5.0%	90.7%
9. Services were available at times that were convenient for us	3.7%	92.4%
10. My family got the help we wanted for my child	2.3%	88.9%
11. My family got as much help as we needed for my child	3.4%	84.6%
12. Staff treated me with respect	1.5%	98.0%
13. Staff respected my family's religious/spiritual beliefs	1.4%	96.8%
14. Staff spoke with me in a way that I understood	1.2%	98.2%
15. Staff were sensitive to my cultural/ethnic background	1.6%	96.0%
<b><i>At least 80% of clients responded "Agree" or "Strongly Agree" to 15 of 15 questions – 100%</i></b>		
As a result of the services received:	% Strongly Disagree/Disagree	% Strongly Agree/Agree
16. My child is better at handling daily life	5.5%	74.6%
17. My child gets along better with family members	6.0%	77.3%
18. My child gets along better with friends and other people	5.7%	74.8%
19. My child is doing better in school and/or work	8.8%	69.6%
20. My child is better able to cope when things go wrong	8.2%	69.2%
21. I am satisfied with our family life right now	9.3%	75.2%
22. My child is better able to do things he or she wants to do	5.5%	76.5%
23. I know people who will listen and understand me when I need to talk	3.7%	90.5%
24. I have people that I am comfortable talking with about my child's problem(s)	3.6%	91.9%
25. In a crisis, I would have the support I need from family or friends	5.0%	90.9%
26. I have people with whom I can do enjoyable things	3.5%	93.4%

\*Percent may not add up to 100, as "Undecided" response is not reported here.

**See packet  
for the Full  
Report**

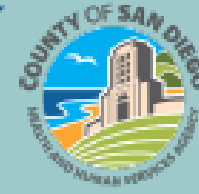


## **Fiscal Year 2024-25 Committees/Groups Mid-Year Highlights**

- An e-mail with detailed information was sent on December 3, 2024 to Council members and alternates, and Committees/Groups leads
- Each Council seat holder and Committee/group lead(s) were asked to provide a written (PowerPoint or Word Document) mid-year update on the constituency they represent – highlighting July to December 2024 activities as well as key upcoming items
- Requested written updates to be sent to:  
[Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov) and [Rhonda.Crowder@sdcounty.ca.gov](mailto:Rhonda.Crowder@sdcounty.ca.gov) by December 18, 2024
- The intent is to collect and share all updates with the CYF Council

**For additional information, please contact Edith Mohler at:**  
[Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov)

# **Children, Youth and Families (CYF) System of Care Advancing Principles Awards**



LIVE WELL  
SAN DIEGO

Each year, the **Children, Youth and Families (CYF) System of Care Training Academy Committee** presents the **Advancing Principles Award** to an individual and a program that exemplify the System of Care Principles:

**Collaboration of Four Sectors**

**Integrated**

**Child, Youth and Family Driven**

**Individualized**

**Strength-Based**

**Community-Based**

**Outcome Driven**

**Culturally Competent**

**Trauma Informed**

**Persistence**

**Submit a nomination form:**  
[Children, Youth and Families](#)  
[2024 Advancing Principles](#)  
[Recognition Form](#)

Please submit nominations by  
**January 31, 2025.**

For additional information, please contact Edith Mohler at:  
[Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov)





UC San Diego

Strategic Planning Item  
Knowledge Exchange  
#3 Budget Input

Strategic Planning Item  
Community Engagement  
#4 Input Opportunity

# Engagement Overview & Stakeholder Input Session

COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AGENCY, BEHAVIORAL HEALTH SERVICES (BHS)

*Children, Youth, and Families (CYF) Council Meeting – Monday, December 9, 2024*

**BHS Communication & Engagement Unit**

*Kat Casabar Briggs, MPH*

**University of California, San Diego (Contract #566007)**

*Danielle Fettes, PhD, Krystal Lira, PhD, and Katie Wan, MPH, MSW*

# Poll Question

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice)

1 - Low Relevance

2 -

3 – Some Relevance

4 -

5 - High Relevance



# ALL ABOUT POLICYMAKING!



Join us for our **All About Policymaking** Training! This training covers the basics of policymaking, how to reach your policymakers, and more! It is part of the **NAMI SMARTS for Advocacy** certification program that transforms passion and lived experience into skillful grassroots advocacy!

SCAN ME



*Click the date or  
scan the QR CODE  
to sign up today!*

**THURSDAY**  
**DECEMBER 12**  
**2:00 - 4:00 PM**



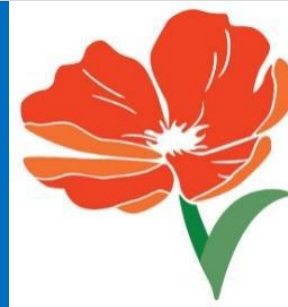
Community  
Advocacy  
Program

NAMI SAN DIEGO & IMPERIAL COUNTIES

Scan QR code for  
more information!



# SAVE THE DATE



California  
Behavioral Health  
Planning Council

ADVOCACY • EVALUATION • INCLUSION

## ***Out in the Open: Honest Conversations About Youth Mental Health and Drug Use***

**Date:** Thursday January 16, 2025

**Time:** 6:00 pm to 8:00 pm

**Location:** The San Diego County Office of Education  
6401 Linda Vista Rd, San Diego, CA 92111

**This event is an opportunity to increase behavioral health support for youth by raising awareness of youth mental health and drug use issues and to provide resources for parents and caregivers to support them.**

### **Event will include:**

*Hiding in Plain Sight* Film Excerpt Screening (15 minutes)  
Panelist Discussion on Youth Mental Health and Drug Use Issues  
Q & A Session with Panelists  
Resource Tables

**[California Behavioral Health Planning Council](#)**



# Birth of Brilliance

A Legacy of Healing

**Registration is Open  
Early Bird Pricing:  
December 1 to 15, 2024**

## Keynotes speakers:

Dr. Joy DeGruy



Nat Vikitsreth, LCSW



## Virtual Conference 02/27/2025

Early Bird Registration.....	\$99
Early Bird with CEs.....	\$115
Early Bird with In-person Cultural Fair.....	\$119
Early Bird with CEs and In-person Cultural Fair.....	\$130

## In-person Cultural Fair 2/28/2025

Cultural Fair ONLY \$20 online (\$25 @ the door)

When: Friday, Feb 28th, 2025, 5:00-8:00pm (PST)

Where: The BRICK, 2863 Historic Decatur Rd,  
San Diego, CA 92106

What: Local BIPOC vendors, performances, music,  
food and dancing!!

Birth of Brilliance –  
All Children are born  
with BRILLIANCE







**10TH ANNUAL CICAMH CONFERENCE**  
**Critical Issues in**  
**Child and Adolescent Mental Health**



**Critical Solutions for Critical Issues:**  
**Reinstilling Hope and Connection in Youth Mental Health**

**FRIDAY, APRIL 25, 2025**

University of San Diego - Kroc  
Institute of Peace & Justice

**SAVE  
THE  
DATE!**

**A Hybrid  
Event**

Click [HERE](#) for more information!





**CMHACY**

California Mental Health Advocates  
for Children and Youth

# SAVE THE DATE

Click [HERE](#) for more information!

**CMHACY's 45th Annual Conference**  
**COME AS YOU ARE**

**June 10-13 2025**

CMHACY is a unique opportunity for attendees from multiple perspectives and backgrounds to meaningfully connect while participating in inclusive conversations relevant to the mental wellness of youth and families.

**Asilomar Hotel & Conference Grounds**

# THANK YOU

## **CYF Council**

### **Fiscal Year 2024-25 Committees/Groups**

### **Mid-Year Highlights**

