

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

February 11, 2019 – 9:00-10:00 A.M.

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	VACANT	
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Steve Wells for Norma Rincon	+
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	o	Adrienne Yancey	+
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	O	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Heather Nemour	E	Corrie McCarthy	E
11	School Board	Barbara Ryan	+	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	+
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	_+	VACANT	
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	O	Marisa Varond	+
15	Mental Health Contractors Association	Delrena Swaggerty	+	Steven Jella	O
16	Mental Health Contractors Association	Michelle Ly	+	Michelle Hogan	O
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	VACANT	
19	Managed Care Health Plan	George Scolari	+	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	VACANT	

FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	+	Valerie Hebert	+
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	VACANT	
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	+	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Christine Frey	O
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	VACANT			
-	Executive Committee	Violeta Mora/ Dori Gilbert	o/+		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+/+		
-	Education Committee	Heather Nemour	E		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson/ Valerie Hebert	+/+		

CYF Council Staff: Edith Mohler, Grisel Ortega and Darwin Espejo

I. Welcome and Introductions (Dori Gilbert)

II. Approval of Minutes (Yael Koenig and Dori Gilbert)

- Review of action items from January 14, 2019 meeting. All items were completed.
- January 14, 2019 Council minutes - Approved.

III. Business Items (Yael Koenig)

- **Critical Issues Conference Presentation** (Dr. Anoop Karippot and Dr. Jeffrey Rowe)
 The 4th Annual Critical Issues in Child and Adolescent Mental Health Conference (CICAMH) “Managing Change in a Changing World” is scheduled for March 21 and 22, 2019. An event flyer was provided in the meeting packet
 - ✓ The CICAMH conference focuses on current critical mental health issues for children and youth between the ages of 6 to 25 years old. It complements the Early Childhood: We Can’t Wait conference
 - ✓ The conference planning committee members and presenters are a group of child and adolescent psychiatrists, psychologists, social workers, marriage and family therapists, and pediatricians
 - ✓ The conference will include multi-disciplinary roundtable discussions to explore new opportunities and challenges while providing collaborative care.
- **Outcomes Sub-committee Status Update** (Julie McPherson)
 The Outcomes Sub-committee began reconvening on February 5, 2019. Current areas of focus are:
 - ✓ New outcomes measures: Child and Adolescent Needs and Strengths (CANS) and Pediatric Symptom Checklist (PSC)
 - ✓ Involving clients with State mandates
 - ✓ Improve the sharing of outcomes within the system of care
 - ✓ Collaborate with Child and Adolescent Services (CASRC) to develop a method of presenting outcomes in a more family and youth-friendly way

All interested persons are welcome to join. The Outcomes Sub-committee meets the first Tuesday of the month from 11:30 A.M. to 12:30 P.M. at 3255 Camino del Rio South, San Diego CA 92108 in La Vista room.

- CYF Council Meeting Venue for Fiscal Year 2019-20 and Voting Results (Yael Koenig)
 The majority of respondents voted the Scottish Rite Center as the CYF Council meeting venue for the next fiscal year. Flexibility was requested for the unexpected/potential parking challenges at the Scottish Rite Center venue.

IV. Mental Health Services Act (MHSA) Updates (Martin Dare)

- Cycle 5 Innovation Update: “Human Centered Design” (INN 23)
 San Diego State University (SDSU) School of Social Work-Social Policy Institute in collaboration with Community Health Improvement Partners (CHIP) and The Idea Guy are coordinating the “Human Centered Design” to develop innovation projects focused on technology for behavioral health. This process involves designs through in-depth client feedback during the development process which includes:
 - ✓ One-hour overview of the process (Learning Events) scheduled at three County regions (Central, South, and North). First event was held on January 15, 2019 in the Central region. Pending events are:
 - **South:** February 13, 2019 from 3:00 to 4:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** March 6, 2019 from 3:00 to 4:00 P.M. at the North Inland Live Well Center, Rooms A, B, C, and D located at 649 W Mission Avenue, Escondido, CA 92065
 - ✓ A four-hour workshop scheduled at three County regions designed to generate new ideas, a project plan and next steps. First event was held on January 23, 2019 in the Central region. Pending events are:
 - **South:** February 21, 2019 from 10:00 A.M. to 2:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** March 14, 2019 from 10:00 A.M. to 2:00 P.M. at the North Inland Live Well Center, Room B located at 649 W Mission Avenue, Escondido, CA 92065
 - ✓ Presentations of proposals for consideration by potential funders. First event was held in the Central region on February 5, 2019. Pending events are scheduled as follows:
 - **South:** March 7, 2019 from 2:00 to 4:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** April 4, 2019 from 2:00 to 4:00 P.M. at the North Inland Live Well Center, Room D located at 649 W Mission Avenue, Escondido, CA 92065
- Individuals with “Lived Experience/Peer Advocates are encouraged to attend
- More information at: <https://behealth.today/>.

V. Sectors Hot Topics

- Bi-Annual Subcommittee Reports/Discussion (continued from the January 2019 meeting)
 - ✓ Children, Youth and Family Liaison (CYFL) and Youth Family Support Partners (Y/FSP) Sub-Committee (Valerie Hebert and Linda Ketterer). PowerPoint and written update provided in meeting packet. CYF Support/Peer partners, leads, supervisors, program managers, and CYF County administrative staff attend this Sub-Committee
 - Goals include to:
 - Strengthen the shared identity of all CYF support partners/staff
 - Share resources, information, and staffing opportunities
 - Advocate for understanding and recognition of support partners in all four sectors (Public, Private, Education and Family). All sectors are currently being represented
 - Current CYFL and Y/FSP Sub-Committee joint projects and activities include:
 - Explore outreach options for Transition Age Youth (TAY) populations in the North and South regions (TAY Troop)
 - Monitor and actively support the new State Peer Certification Bill (Senate Bill 10)
 - Develop a client-friendly flow-chart to better navigate through the Mental Health Services Act (MHSA) “Issue Resolution Process”
 - Coordinate and promote the 5th Annual Children’s Mental Health Well Being Celebration on May 3, 2019 at the A Reason to Live (ARTS) center in National City.
 - ✓ TAY Council (Michael Miller) Written update provided in meeting packet
 The TAY Workgroup transitioned into a Council in 2017. It serves as an advisory group to the BHS Director
 - Fiscal Year 2017-18 Focus:
 - Housing

- Substance Use Disorder (SUD)
- Employment
- Fiscal Year 2017-18 Accomplishments
 - “A Room For Every Youth” (RFEY), a 90-day TAY youth shelter program was recently launched at Saint Vincent De Paul as a result of the report submitted in 2016 by the TAY Workgroup: “Recommendation to Address TAY Experiencing Homelessness”
- Fiscal Year 2018-19 Focus
 - TAY experiencing homelessness (dedicated sub-committee in place)
 - Bridging the gap/Transitioning between the Children and Adult systems of care
 - Lesbian, Gay, Bisexual, Transgender, Questioning and Intersex (LGBTQI) TAY population
- TAY Council has the following member vacancies:
 - Foster Youth
 - Law enforcement
 - Primary Health Care
 - Refugee and Immigrant populations
 - San Diego Regional Center for the Developmentally Disabled
 - Underserved Communities
- Cecily Thornton-Stearns is the TAY Council membership representative. She can be contacted at: Cecily.Thornton-Stearns@sdcounty.ca.gov
- New TAY Council Meeting Venue
 TAY Council meetings and TAY Council Sub-Committees meetings are held at National University: 9388 Lightwave Ave. Room 118, San Diego, CA 92123.
- ✓ Change Agents Developing Recovery Excellence (CADRE) (Shannon Jackson)-Written update provided in meeting packet
 - The San Diego County CADRE aims to develop an integrated, trauma informed and culturally competent system of care for individuals and families experiencing multiple co-occurring conditions.
 San Diego County CADRE Update
 - The first module of the CADRE XIX started on February 5, 2019. This comprehensive CADRE training was developed to “train the trainer” to further enhance co-occurring treatment programs
 - The training includes the Tobacco subcommittee’s “Tobacco Cessation Toolkit” which provides resources and instructions for implementation in various programs
 - For more information regarding CADRE and to access the Tobacco Cessation toolkit, visit: www.cadresandiego.org
 - CYF CADRE Subcommittee Report (Julie McPherson and Marisa Varond)
 The CADRE CYF Sub-Committee serves as a multi-disciplinary, multi-sector service provider forum with a goal of enhancing services to children with co-occurring disorders and promote collaboration between SUD and mental health programs to ensure seamless transitions between care providers
 - Hosted the San Diego County Marijuana Initiative for a presentation on marijuana use trends by youth
 - Invited a CYF Program Coordinator for a presentation on Drug Medi-Cal Organized Delivery System (DMC-ODS) which included information on new services, referrals, eligibility criteria, system gaps, and activities to promote care coordination to improve access to services
 - CADRE Tobacco Sub-Committee
 The CADRE Tobacco Sub-Committee completed its project of developing a Tobacco Cessation Toolkit. No additional meetings are needed at this point
- ✓ **Private Sector Sub-Committee Status Report** (Delrena Swaggerty)
 The Private Sector Sub-committee’s task is to explore recommended topics within the private sector to advance the Children’s System of Care (CSOC)
 - In Fiscal Year 2016-17, the Private Sector Sub-Committee developed the “Warm Handoff” training and in Fiscal Year 2017-18, led efforts to the updating of the CSOC Vision, Mission and Principles
 - New members and recommendations are welcome. Interested individuals can contact CYF Council staff: Darwin Espejo at: Darwin.Espejo@sdcounty.ca.gov or Michele Ly at: MichelleLy@upacsd.com
- ✓ CYF-SOC Training Academy Sub-Committee Update- (Rose Woods)
 The CYF-SOC Training Academy through Responsive Integrated Health Solutions (RIHS), formerly Behavioral Health Education and Training Academy (BHETA), provides trainings to public systems serving children, youth and families in the county of San Diego. The CYF-SOC Training Academy Sub-Committee is a four sectors collaboration (Public, Family, Private, and Education) of the CYF Council and serves as advisory entity to the CYF-SOC Academy
 - In Fiscal Year 2018-19, the CYF-SOC Training Academy has delivered the following trainings:

- Educating Students Experiencing Homelessness
- Family Compassion and the Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, Asexual (LGBTQIA) Community
- Sexual Health Conversations with Youth and Families
- Fiscal Year 2018-19 upcoming trainings:
 - Intersectionality of Identities
 - Working with Justice Involved Families
- Current RIHS E-training or Webinars
 - Prospective Risk Analysis (PRA)
 - Understanding and Diagnosing Complex Behavioral Health Conditions (Dr. Jeffrey Rowe)
 - Pathways to Well Being: Katie A.
 - Working with East Africans
- RIHS Training Eligibility
 - All current Council members are eligible to take RIHS trainings. Interested parties should contact CYF Council staff to request access to the trainings
 - For any questions on eligibility and future training opportunities, please contact Rose Woods at: rwoods@sdsu.edu
- Up to 10 scholarships will be awarded to eligible Family and Youth Partners to attend the 2019 annual CYF-SOC Conference: School Safety: Envisioning Safer Schools scheduled for May 30, 2019 at Crowne Plaza Mission Valley. More information about the conference can be found at: <https://theacademy.sdsu.edu/programs/rihs/cyfsoc-conference-2019/>. Scholarship information will be disseminated by next CYF Council meeting
- Two sponsorships will be awarded to a family partner(s)/youth partner(s) to attend the California Mental Health Advocates for Children and Youth (CMHACY) conference scheduled from May 15 through May 17, 2019 in Asilomar Conference Grounds in Pacific Grove, CA. More information about the conference is available at: <http://cmhacy.org/2019conference/>. Scholarship information will be disseminated by the next CYF Council meeting.

VI. Announcements-No additional announcements.

VII. Director's Report-None.

VIII. Alfredo Aguirre's Celebration

BHS Director, Alfredo Aguirre will retire from the County of San Diego in late March 2019. Piedad Garcia and Yael Koenig presented a plaque of recognition on behalf of the BHS Councils to Alfredo Aguirre as a token of appreciation for his contributions to the County of San Diego. A PowerPoint celebrating Alfredo was presented and members of the different Councils and attendees shared their thoughts of gratitude and well wishes to him.

Action Items	Action By	Action Due
1. Determine if Migrant Shelters for Asylees is a Hot Topic for March 11, 2019 Council meeting.	<ul style="list-style-type: none"> • Council Executive Sub-Committee. 	<ul style="list-style-type: none"> • Selected as the April 2019 Combined Council meeting topic.
2. CYF-SOC Training Academy conferences scholarships information. Point of contact is Rose Woods: rwoods@sdsu.edu .	<ul style="list-style-type: none"> • Rose Woods/CYF staff. 	<ul style="list-style-type: none"> • Completed. Email with link sent to the e-distribution lists on March 6, 2019. <p>School Safety: Envisioning Safer Schools Children, Youth and Families System of Care (CYF-SOC) Conference Scholarship Application Form</p> <p>**Applications must be submitted by March 29, 2019. Scholarship recipients will be contacted by April 12, 2019.</p>

<p>3. CMHACY conference scholarship information. Point of contact is Rose Woods: rwoods@sdsu.edu.</p>	<ul style="list-style-type: none"> Rose Woods/CYF staff. 	<ul style="list-style-type: none"> Completed via e-mail on March 6, 2019. 2019 California Mental Health Advocates for Children and Youth (CMHACY) Conference Scholarship Application Form **Applications must be submitted by March 29, 2019. Scholarship recipient(s) will be contacted by April 5, 2019.
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**Next CYF Council Meeting: March 11, 2019 – Scottish Rite Center
 Meeting: 9:00 to 10:30 A.M.**

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 12:30 P.M.

Early Childhood: Meets the 2nd Monday of the month- at the San Diego Center for Children-FFAST office located at 8825 Aero Drive, Suite 110, San Diego, CA from 11:00 A.M. to 12:00 P.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Council: Meets the 4th Wednesday of the month 3:00 to 4:30 P.M. at National University, 9388 Lightwave Ave. Room 118, San Diego, CA 92123

CYF CADRE: Meets quarterly the 2nd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

CCRT: Meets 1st Friday of the month at the Health Services Complex- 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets quarterly –Contact CYFLiaison@namisd.org for schedule.

Family and Youth as Partners: Meets every 3rd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego CA 92123 1:30 to 3:00 P.M.

Private Sector: Ad Hoc/Meets As Needed.