### Welcome to the Children, Youth and Families Council Meeting



#### THE MEETING WILL BEGIN SHORTLY

KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING

THE MEETING PACKET WAS EMAILED TO THE COUNCIL DISTRIBUTION LIST AND POSTED IN CHAT

2.13.2023

LWSD's "Love Your Heart – Week of Action" is February 11-19. Have you had your Blood Pressure checked recently?





Scan QR codes using your cell phone camera

# WELCOME





WELCOME NEW ATTENDEES

### WELCOME ROSA GRACIAN







Rosa Gracian, Deputy Director
Office of Equitable Communities
Department of Homeless Solutions & Equitable Communities

**Homeless Equitable Solutions - Council Seat** 

### WELCOME LIKI POROTESANO





Liki Porotesano, Community Health Program Specialist
Office of Equitable Communities, Families First
Department of Homeless Solutions & Equitable Communities

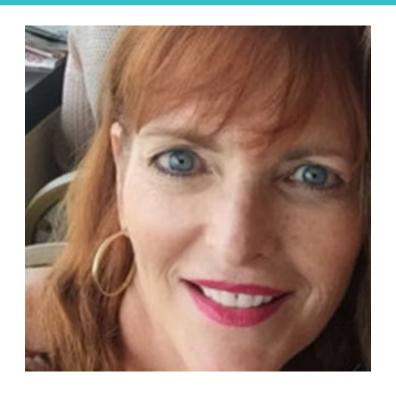
**Homeless Equitable Solutions - Alternate Seat** 



### WELCOME LORI SORENSON







Lori Sorenson San Diego Regional Center - Alternate Seat

### **EDUCATION SECTOR MEMBERSHIP UPDATE**



# Regular Education Pupil Personnel Services

Heather Nemour shifted to the Member seat



Thank you for all your contributions to the Council!

# EDUCATION SECTOR MEMBERSHIP STEPPING DOWN



**Violeta Mora (Member)** 



**Margaret Sedor (Alternate)** 



Thank you for all your contributions to the Council!

# Directing Change Monthly Hope & Justice Art and Film Contest





There is a lot going on in the world these days. It's okay to feel tired, overwhelmed, angry, scared, confused. It's okay to just feel. Or if you are up for it, express yourself and use these feelings and your voice to encourage purposeful action and to start conversations that matter – through art. Choose one of these submission categories (Hope or Justice) or our monthly prompt.

#### HOPE

Create a film, song, narrative, or piece of art that shares your story and encourages others to find their own way to get through tough times.

- What helps you get through tough times? Are you practicing self-care through reading, dancing, listening to music, writing, watching your favorite films? And what if that isn't enough?
- What do you see or experience in your life or community right now that gives you hope during this challenging time?

#### JUSTICE

Our perspectives are shaped by our own backgrounds, identities, families, friends, life experiences and more.

- Create a project that shares a perspective or your personal experience with discrimination or injustice because of who you are, in a way that gives others a glimpse of what it is like to walk in your shoes and live in your skin.
- Create a project that combats bias by increasing knowledge and encouraging actions young people can take to take a stand against injustice.

#### Link to video:

https://vimeo.com/463705160

#### *More information about the contest:*

https://gallery.directingchange.org/contest/



# MEETING SUMMARY REVIEW

#### INPUT ON THE MEETING SUMMARY

- 1. Verbally provide input, or
- 2. Enter input in the chat, or
- 3. Email input to <a href="mailto:Edith.Mohler@sdcounty.ca.gov">Edith.Mohler@sdcounty.ca.gov</a> by COB today





# Action Items December 12, 2022 meeting

Council staff sent out Committee/Sector update templates on December 23, 2022

# **PUBLIC COMMENT**

Participants are invited to unmute or enter comment in chat



# Child and Family Well-Being Department Elliott Hinkle



The new Child and Family Well-Being (CFWB) Department will integrate First 5 and Child Welfare Services (CWS), along with the childcare system and other essential resources for families, to reimagine prevention and protection services to create a partnership that will shift our traditional approach to child protection.

- Prevent children and youth from entering the child welfare service system by providing family strengthening services in a more holistic and integrated way.
- If further involvement is needed, CWS will still be present to provide protection services for children, youth, and families to ensure that foster care is a support for families, not a replacement.
- Keep families together and hold the family as the expert in how to best keep their children and youth safe.
- Reduce unnecessary child protective actions that have historically harmed and separated families.



### How can I get involved?

We are respectfully requesting permission to gather your expert knowledge, thoughts, questions, and concerns to join in on existing discussions so we can build and learn more about your family and the community. Scan and save the QR code to get additional information - this link will continue to provide updates as CFWB progresses. We hope to learn from you!



We want to help families before crisis occurs. Our goal is to provide family strengthening support to families, help child well-being, and prevent children and youth from entering the child welfare system.





#### BOARD OF SUPERVISORS

NORA VARGAS First District

JOEL ANDERSON Second District

TERRA LAWSON-REMER Third District

NATHAN FLETCHER Fourth District

> JIM DESMOND Fifth District

DATE: December 13, 2022 28

COUNTY OF SAN DIEGO

AGENDA ITEM

TO: Board of Supervisors

#### SUBJECT

RECEIVE UPDATE ON DECLARING ILLICIT FENTANYL A PUBLIC HEALTH CRISIS; ADD STAFF YEARS; APPROVE USE OF AMERICAN RESCUE PLAN FUNDING; AND AUTHORIZE APPLICATION FOR FUTURE FUNDING OPPORTUNITIES (DISTRICTS: ALL)

#### OVERVIEW

Overdose deaths continue to rise, both nationally and locally, with illicit fentanyl contributing to a large proportion of these deaths. On June 28, 2022 (22), the San Diego County Board of Supervisors (Board) voted to declare illicit fentanyl a public health crisis and directed the Chief Administrative Officer to work with the County of San Diego (County) Health and Human Services Agency Director to:

- Develop recommendations and an implementation plan to address illicit fentanyl as a
  public health crisis and return to the Board of Supervisors within 180 days with an
  update.
- Explore and research funding to be used to support a comprehensive approach to fentanyl misuse prevention and harm reduction efforts, including local efforts to check the local drug supply for the presence of fentanyl and reduce its availability.

**Strategy A: Conduct Overdose Prevention Education** 

**Strategy B: Expand Naloxone Distribution Program** 

Strategy C: Intervene Early with Individuals at Highest Risk for Overdose

Strategy D: Improve Detection of Overdose Outbreaks to Facilitate More Effective Response

Presentation included in handouts



COSD CLERK OF THE BOARD 2022 DEC 5 PM12:21

#### AGENDA ITEM

DATE:

December 13, 2022

3

TO:

Board of Supervisors

#### SUBJECT

ESTABLISH THE INTERFAITH BEHAVIORAL HEALTH WORKFORCE CENTER OF EXCELLENCE (DISTRICTS: ALL)

#### OVERVIEW

In August 2022 the San Diego Workforce Partnership released a report titled "Addressing San Diego's Behavioral Health Worker Shortage" which quantified the need to educate, train, recruit, employ, and retain an additional 18,500 behavioral health workers by 2027 to manage the growing need for behavioral health services. This report outlines recommendations to meet that goal and highlights the need to create regional training centers that create a pipeline for new workers while meeting local needs. On October 11, 2022 (10), San Diego County (County) received the report with direction to implement the report's recommendations with the overarching goal of investing in solutions to build the behavioral health workforce. One of the recommendations was to evaluate the feasibility and develop a plan to create regional behavioral health centers of excellence, which are multiple-purpose sites that serve the public and develop core competencies in training and supervision programs. A unique opportunity now exists to establish a pilot program with Interfaith Community Services (Interfaith), a local non-profit organization providing behavioral health services to individuals in need, and invest in solutions to build the behavioral health workforce.



# Five-year pilot program with Interfaith Behavioral Health Workforce Center

- Will provide training, education, and licensure opportunities
- Will develop a sustainable funding model





#### COUNTY OF SAN DIEGO

#### AGENDA ITEM

#### BOARD OF SUPERVISORS

NORA VARGAS First District

JOEL ANDERSON Second District

TERRA LAWSON-REMER Third District

NATHAN FLETCHER Fourth District

> JIM DESMOND Fifth District

> > 03

DATE: February 7, 2023

TO: Board of Supervisors

#### SUBJECT

RECEIVE THE FIRST 5 COMMISSION OF SAN DIEGO ANNUAL REPORT FOR FISCAL YEAR 2021-22 (DISTRICTS: ALL)

#### OVERVIEW

In November 1998, voters passed the California Children and Families Act (Proposition 10). This statewide ballot initiative increased the tax on cigarettes and tobacco products and created local county commissions to oversee funding decisions. Locally, the First 5 Commission of San Diego (Commission) utilizes revenue that became available as a result of this initiative to promote early childhood development for children ages zero to five. On October 13, 2022, the Commission completed and approved its year-end report, providing a summary of the Commission's activities for Fiscal Year (FY) 2021-22. Today, the San Diego County Board of Supervisors is requested to receive the First 5 Commission of San Diego Annual Report for FY 2021-22.



#### **Link to the Report:**

https://first5sandiego.org/wp-content/uploads/2022/12/First-5-SD-2022 Annual Report.pdf

# "13 is too early to join Social Media"





#### Governor's Newsom's FY 2023-24 January State Budget Proposal







The Department of Finance welcomes you to the

# California Budget 2023-24

Gavin Newsom Governor State of California

Select Budget Year 2023-24 v

#### Governor's Proposed Budget

(January)

The Budget proposed by the Governor

Summary » Detail »

#### May Revision

(May)

Changes to the Governor's Proposed Budget based upon the latest economic forecasts

#### **Enacted Budget**

(Summer)

The Budget passed by the Legislature and signed by the Governor

Link to the California State Proposed Budget for 2023-24: https://www.ebudget.ca.gov/



### January 2023 Progress Report





https://www.chhs.ca.gov/blog/202 3/01/06/calhhs-progress-reporton-first-18-months-of-cybhi/

Workforce Training and Capacity	Behavioral Health Ecosystem Infrastructure		Coverage Architecture	Public Awareness
Wellness Coach Workforce (HCAI)	School-Linked Partnership and	Student Behavioral Health Incentive		Public Education and Change
Trauma-Informed Training for Educators (CA-OSG)	Capacity Grants (DHCS)	Program (DHCS)	Enhanced Medi-Cal Benefits- Dyadic Services (DHCS)	Campaigns (CDPH)
Broad Behavioral Health Workforce Capacity (HCAI)	Behavioral Health Continuum Infrastructure Program (DHCS)	Youth Suicide Reporting and Crisis Response (CDPH)		ACEs and Toxic Stress Awareness Campaign (CA-OSG)
Early Talents (HCAI)				
Behavioral Health Virtual Services Platform and Next Generation Digital Supports (DHCS)			Statewide All-Payer Fee Schedule for School-Linked Behavioral Health Services (DHCS/DMHC)	Targeted Youth Suicide Prevention Grants and Outreach Campaign (CDPH)
Healthcare Provider Training and e-Consult (DHCS)				
Scaling Evidence-Based and Community-Defined Practices (DHCS)				Parent Support Video Series (DHCS)
CalHOPE Student Services (DHCS)				
Mindfulness, Resil				
Youth Peer-t				

#### Working Paper: California's Children & Youth Behavioral Health Ecosystem

#### CALIFORNIA'S CURRENT BEHAVIORAL HEALTH SYSTEM



**Underserving families** Missing key resources Structurally siloed Not children, youth and family-centered Rooted in structural inequities Not accessible Underdelivering whole-person preventive care Underutilizing community-defined support methods Distrusted Underutilized due to stigma Lacking culturally responsive workforce Longer term workforce shortage Siloed service delivery and thinking Hindered by lack of data and info-sharing Ineffective and siloed funding mechanisms



#### Authored by a multidisciplinary team led by Breaking Barriers California

Commissioned by CalHHS

https://www.chhs.ca.gov/wpcontent/uploads/2023/02/Ecosystem-Working-Paper-\_-ADA.pdf

### Collective Impact For An Integrated System

**The New Normal:** What is needed to ensure integrated, equitable, accessible and community responsive support for children, youth and families?



Action at every level, from clinic and school sites to county departments all the way to state agencies



- **O** Clear shared vision
- ✓ Integrated approach and alignment across the ecosystem
- & Larger, culturally responsive and congruent behavioral health workforce
  - Shared outcomes, accountability and continuous improvement
    - O Data and info sharing

    - **O** Coordinated care navigation

# Children and Youth Behavioral Health Initiative (CYBHI) Grant Funding Rounds



#### **Revised Dates**

During Fiscal Year (FY) 2022-2023, through six competitive grant funding rounds, DHCS intends to award grants, totaling approximately \$429 million, in the following focus areas<sup>1</sup>. Applicants may apply to one or more of the below grant rounds:

- Round 1: Parent/caregiver support programs and practices (December 2022);
- Round 2: Trauma-informed programs and practices (February 2023);
- Round 3: Early childhood wraparound services (March 2023);
- Round 4: Youth-driven programs (April 2023);
- Round 5: Early intervention programs and practices (April 2023); and,
- Round 6: Community-defined programs and practices (approximate timeline for release: June 2023).

# Children and Youth Behavioral Health Initiative (CYBHI) Grant Funding Available



**Evidence-Based Practices and Community-Defined Evidence Practices Grant Program** 

Round Two: Trauma-Informed Programs and Practices

**Request for Applications** 

Release date: February 9, 2023 Application deadline: April 10, 2023



https://www.dhcs.ca.gov/CYBHI/Documents/DHCS-CYBHI-EBP-CDEP-Round-2-Request-for-Applications.pdf



**HEALTH AND HUMAN SERVICES AGENCY** 

BEHAVIORAL HEALTH SERVICES 3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531 SAN DIEGO, CA 92108-3806 (619) 563-2700 • FAX (619) 563-2705

NICK MACCHIONE, FACHE AGENCY DIRECTOR

#### LUKE BERGMANN, Ph.D.

DIRECTOR REHAVIORAL HEALTH SERVICE:

December 22, 2022

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services (BHS)

#### BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – FEBRUARY 2023

#### **BHS DEPARTMENTAL OPTIMIZATION UPDATES**

With the exponential growth over the last few years of the County's Behavioral Health Services (BHS) department, and its increasing budget, BHS has pursued ensuring that there is adequate support and infrastructure in place to sustain the growth and increasing complexity of services. Over the past year, through a phased approach, BHS has been restructuring our internal structure, resources, and staffing to optimize the configuration of key activities and functions that support the delivery of data-driven, quality mental health and substance use disorder (SUD) services to the most vulnerable individuals and families within our community.

Adequate support for department growth includes additional BHS staff positions and opportunities for employee growth. There has been no job attrition as a result from this restructuring process. BHS has maintained continuity of current functions and activities during the transition to ensure services and current activities are not disrupted.

#### **BHS Organizational Changes**





### Link to full report:

February 2023 Director's Report.pdf (sandiegocounty.gov)

# 2023 Mental Health External Quality Review (EQR) January 10-12, 2023





HOME

**DIVISIONS** ~

**PIP LIBRARY** 

ABOUT BHC ~

CONTACT

### California EQRO for Medi-Cal Specialty Mental Health Services

Behavioral Health Concepts, Inc. is serving as California's External Quality Review
Organization for Medi-Cal Specialty Mental Health

https://www.calegro.com/mh-egro

# 2023 SUD Health External Quality Review (EQR) April 18-20, 2023



Behavioral Health Concepts, Inc

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## California EQRO for Drug Medi-Cal Organized Delivery System

Behavioral Health Concepts, Inc. is serving as California's External Quality Review Organization for Drug Medi-Cal Organized Delivery System (DMC-ODS)

https://calegro.com/dmc-egro

### **CYF Services Directory Update**



### Children, Youth and Families

SERVICES DIRECTORY





#### BEHAVIORAL HEALTH SERVICES

3255 CAMINO DEL RIO SOUTH, SAN DIEGO, CA 92108 | 619-563-2700

Health & Human Services Agency (sandlegocounty.gov) Behavioral Health Services (sandlegocounty.gov)

Updated January 2023

# San Diego County Suicide Prevention Council Suicide Prevention Action Plan Update 2023



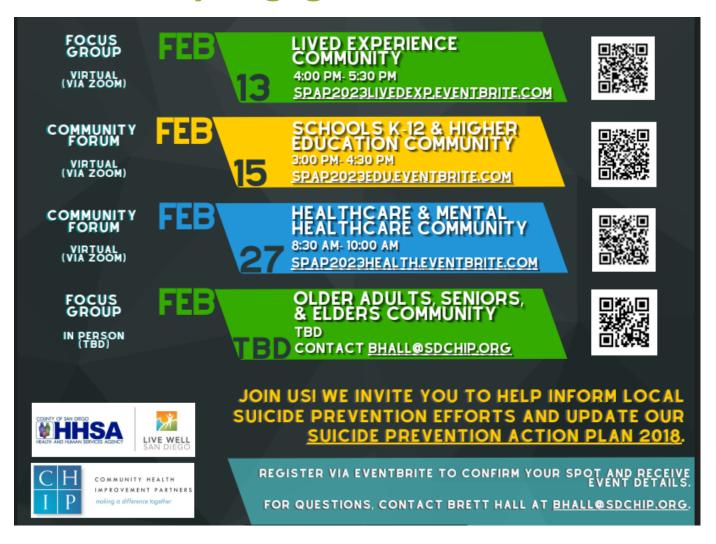
#### San Diego County Suicide Prevention Action Plan Update 2018

**Working Together To End Suicide** 

#### Link to Current Plan:

https://www.sdchip.org/wpcontent/uploads/2018/06/6-5-18-FINAL\_BIGSPCSPAPUpdate2018FINAL\_r ev1.pdf

### **Community Engagement Event Schedule**



# San Diego Advancing and Innovating Medi-Cal (SDAIM) Community Listening Sessions



Wednesday, February 15, 2023 From 3:30 to 5 p.m.

Register at:

https://zoom.us/meeting/register/tJAoc-hrDstHtXpUDCMaWc9EeXYqF-EGDka



Tuesday, February 21, 2023 From 3:30 to 5 p.m. Register at:

https://zoom.us/meeting/register/tJAucu2srj ooHtFINO03BtLN2PQVGAFjMUMg

Learn about Enhanced
Care Management
and
Community Supports
offered through CalAIM

Healthcare organizations,
community-based
organizations, consumer
advocates, and other
stakeholders who serve
Medi-Cal members are
encouraged to attend

Share your input on how San Diego's most vulnerable Medi-Cal members can improve their health and wellness

# 8<sup>th</sup> Annual Critical Issues in Child & Adolescent Mental Health Conference



Dr. Jeff Rowe Dr. Charmi Patel Rao



Register at: <a href="https://app.ce-go.com/CICAMH2023">https://app.ce-go.com/CICAMH2023</a>



# Mental Health Services Act (MHSA) Updates Dr. Danyte Mockus-Valenzuela



# Mental Health Matters Month Statewide Prevention and Early Intervention Campaign:

Take Action for Mental Health: <a href="https://takeaction4mh.com/">https://takeaction4mh.com/</a>

Local Campaign: It's Up to Us: <a href="https://www.up2sd.org">www.up2sd.org</a>

http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental health services act/mhsa.html

### **SECTOR & COMMITTEE UPDATES**



Constituency/Committee/Group	Sector	Presenter	
Juvenile Court	Public	Honorable Judge Ana España	
Education Committee	Education	Heather Nemour	
Cultural Competence Resource Team (CCRT)	All Sectors	Rosa Ana Lozada	
Homeless Solutions and Equitable Communities	Public	Rosa Gracian	
Public Health Services	Public	Dr. Tom Coleman	
Medical Care Services	Public	Heather Summers	
Child Welfare Services	Public	Jerelyn Bourdage	
Healthcare (Pediatrician)	Private	Dr. Pradeep Gidwani	
San Diego Regional Center	Private	Zach Guzik	
Alcohol Drug Service Provider Association (ADSPA)	Private	Marisa Varond	
Mental Health Contractors Association (MHCA)	Private	Laura Beadles and Golby Rahimi Saylor	
Managed Care Plans	Private	Kathleen Lang	
Outcomes	All Sectors	Emily Velazquez Trask	
CYF CADRE	Private	Julie McPherson and Marisa Varond	
Family and Youth Sector	Family	Sten Walker	
Early Childhood	All Sectors	Rosa Ana Lozada and Stephanie Gioia-Beckman	
First 5 Commission	Public	Stephanie Escobar	
Transition Age Council	All Sectors	Laura Tancredi-Baese and Michael Miller	
Public Safety Group	Public	Delona King	
Behavioral Health Services Advisory Board (BHAB)	Public	Bill Stewart	
Behavioral Health Services	Public	Dr. Laura Vleugels	
CYF System of Care Training Academy	All Sectors	Written Update Included – No Presentation	
CYF System of Care Training Academy	All Sectors	written Opdate included – No Presentation	

- Leads will provide brief updates in the February and March Meetings
- All PowerPoint presentations are in the packet
- Please insert your questions/comments in the chat

### **SECTOR & COMMITTEE UPDATES**



Refer to Meeting Packets for the PowerPoint Presentations from the Sectors / Committees

### **OPEN ANNOUNCEMENTS**





- Participants are invited to unmute and make the announcement.
- Announcements can also be entered into the chat.
- Send materials to <u>Edith.Mohler@sdcounty.ca.gov</u>
   by Friday before each Council meeting to be posted in chat on the sender's behalf.



# CYF COUNCIL MEETING POLL QUESTION (FINAL)

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice)

- 1
- 2
- 3
- 4
- 5



# Birth of Brilliance

Building on the success and energy of our first two events, we are excited to present the 3rd annual Birth of Brilliance Conference on February 23rd, 2023.

The focus of this conference is to raise awareness about the effects of racial disparities and implicit bias in mental health, social services, developmental services, education, medical care, and juvenile justice.

If you are passionate about serving youth and families in a way that centers equity to amplify the brilliance of all children, this conference is for you!

### EARLY BIRD REGISTRATION ENDING SOON!!

Event Details & Registration Information

Virtual Conference FEB. 23, 2023 | 8:15am-5:00pm In-person Cultural Fair FEB. 24, 2023 | 4:00pm-7:00pm

> \$99 | EARLY BIRD (Dec.1st-Jan 16th) \$115 | EARLY BIRD w/ CE's \$20 | EARLY BIRD Cultural Fair

Questions? Connect with us at birthofbrilliance@gmail.com

Register at www.BirthofBrilliance.com





Shawn Ginwright, PhD Author of The Four Pivots: Reimagining Justice, Reimagining Ourselves



Barbara Stroud, PhD Intentional Living: Finding the Inner Peace to Create Successful Relationships







#### **Event Information and Registration:**

Birth of Brilliance Virtual Conference 2023 (ce-go.com)



# 43rd California Mental Health Advocates for Children and Youth (CMHACY) conference (Back in person)



CMHACY's 43nd Annual Conference

# Committing to Mobilizing Hope and Advocacy for Communities and Youth

**ELEVATING VOICES, INFLUENCING PROGRESS** 

Wednesday, May 10 - Friday, May 12, 2023

### You Are Invited!

The California Mental Health Advocates for Children & Youth conference is the most recognized and longest-standing conference in the state of California ocused upon the social, emotional and behavioral health of children, youth and heir families. Our annual conference is one of the state's most powerful events or those interested in advocating and promoting the policies, programs, and practices that enhance the well-being of vulnerable children, youth and families.

**C**ommitting to **M**obilizing Hope and **Advocacy** for Communities and Youth 2023 Conference Wed. May 10 - Fri. May 12

Registration Link: CMHACY Conference 2023 Registration, Wed, May 10, 2023 at 1:00 PM | Eventbrite

CMHACY Webpage: 2023 Conference Info – CMHACY

# SEE YOU NEXT MONTH







**Next Meeting Date: Monday, March 13, 2023** 

Time: 9 to 10:30 a.m.