

**Behavioral Health Services (BHS) – Contractor Information Notice**

<b>To:</b>	<b>BHS Children, Youth and Families (CYF) Substance Use Disorder (SUD) Service Providers</b>
<b>From:</b>	<b>Behavioral Health Services</b>
<b>Date:</b>	<b>February 17, 2023</b>
<b>Title</b>	<b>Perinatal Practice Guidelines Training Update</b>

**Background**

The Department of Health Care Services (DHCS) outlines [Perinatal Practice Guidelines](#) (PPG) that all Perinatal Substance Use Disorder (SUD) treatment programs in the State of California are required to follow. The PPG can be found on the [DHCS website](#) and are also posted on the [Optum website](#), type “Perinatal Practice Guidelines” in respective search bars.

To assist programs in understanding the PPG, the County of San Diego (County) has created an updated PowerPoint PPG [training document](#) that can be accessed through the [BHS Technical Resource Library \(TRL\)](#), *Section 3.1*. Changes to the training document include updated language and examples that are aligned with the current array of services available in Perinatal SUD treatment programs in the County. The training document is presented in context with the DMC-ODS Special Terms and Conditions (STCs) and the Substance Use Disorder Provider Operational Handbook (SUDPOH) requirements, using a legend and accompanying text to indicate when the PPG are impacted by superseding requirements.

**Provider Staff Training Requirements**

**The County requires that all BHS Perinatal SUD program staff with client contact review the most current version of the PPG within 60 days of hire and on an annual basis, as described in the [DMC-ODS Required Trainings](#).** Please be advised that program staff who have not yet satisfied the annual requirement of reviewing the PPG may utilize the updated [training document](#) available to all programs through the [BHS Technical Resource Library \(TRL\)](#), *Section 3.1*. Programs have discretion on how they train to the PPG. Please note in the training log when using methods other than the County provided document.

Programs must retain records of PPG training to include:

1. Program name,
2. Guidelines presented,
3. Method of delivery, and
4. Sign-in log or signature sheet with staff name and date of the training.

To assist with tracking, the PPG training requirement is listed on the Staffing Status Report (SSR), which is completed by programs on a monthly basis.

**For More Information:**

- Contact your Contracting Officer’s Representative (COR)