

**Behavioral Health Services (BHS) – Contractor Information Notice**

<b>To:</b>	<b>BHS Contracted Short-Term Residential Therapeutic (STRTP) Service Providers</b>
<b>From:</b>	<b>Behavioral Health Services</b>
<b>Date:</b>	<b>March 1, 2023</b>
<b>Title</b>	<b>STRTP Aftercare Documentation Standards</b>

**Overview**

As of October 1, 2022, aftercare in San Diego County routinely extends for at least six months post-discharge from a Short-Term Residential Therapeutic (STRTP) service and includes a connection to wraparound services as the youth transitions out of the STRTP. For more information, please refer to the following notices:

- [Behavioral Health Information Notice NO. 21-061 FFPSA Part IV Aftercare Requirements](#)
- [BHS Contractor Information Notice dated September 21, 2021: “STRTP/Q RTP Six Month Aftercare with Connection to Wraparound Services FFPSA Requirement”](#)

The purpose of aftercare is for the STRTP to assist the clients, families, and caregivers in stabilizing in the new placement and providing a warm handoff to a wraparound provider or a community-based mental health provider. Aftercare services are individualized and based on the needs of the youth and family as they transition to their new placement. Aftercare can include intensive care coordination, therapeutic services, and medication management.

**Aftercare Documentation Standards****Unit/Subunit**

- When a youth transitions from the STRTP facility to aftercare services, the STRTP shall open the client assignment to the designated STRTP aftercare subunit (with an “HV” modifier embedded in the subunit)
- Upon transition from the STRTP facility, the STRTP shall close the Outpatient and/or Day Rehab subunit

**Client Plan**

- Client Plan updated at the time of transition to aftercare services
- Update Area of Need, Objective(s), and Interventions to reflect current client needs and services the STRTP will provide during aftercare
- Problem List reviewed and updated as clinically indicated
- Client Plan reviewed and updated if clinically indicated on Utilization Management (UM) cycle

**Behavioral Health Assessment**

- Update Presenting Problem and Clinical Formulation to reflect progress towards goals and current condition which supports transitioning to aftercare prior to transition to aftercare

**Transition Determination Plan**

- Transition Determination Plan reflecting the aftercare plan is completed and signed prior to the date the child transitions out of the STRTP facility and begins aftercare services

**Utilization Management**

- UM required to be completed 6 months after transition from STRTP (if requesting to provide aftercare beyond 6 months)
- During treatment in the STRTP facility, the UM or Prior Authorization for Day Services Request (for Day Rehab services) are completed every 90 days; however, upon opening assignment to aftercare the UM cycle is re-initiated and completed every 6 months

**For More Information:**

- Contact your Contracting Officer’s Representative (COR)

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### Outcome Measures

- CANS and PSC are completed at discharge from STRTP, unless they were completed within 60 days prior to discharge, which would serve as the discharge outcomes
- During aftercare, the CANS and PSC shift to align with the 6-month timeline (completed every 6 months from the most recent CANS and PSC)
- CANS and PSC are always completed upon discharge from the aftercare subunit if it has been more than 60 days since the tools were last completed
- In mHOMS, client will remain in STRTP (Outpatient) subunit for the duration of treatment; in mHOMS there is no transition to aftercare subunit

### Discharge Summary

- STRTP Discharge Summary completed within 7 days of conclusion of aftercare services
- STRTP Discharge Summary is not completed upon transition from the STRTP facility when aftercare services will be provided

### For More Information:

- Contact your Contracting Officer's Representative (COR)