

Welcome to the Children, Youth and Families Council Meeting March 11, 2024

THE MEETING WILL BEGIN SHORTLY

KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING
THE MEETING PACKET WAS EMAILED TO THE COUNCIL
DISTRIBUTION LIST AND POSTED IN THE CHAT



LIVE WELL
SAN DIEGO

WELCOME NEW ATTENDEES





Ramadan

Presented by Dina Ali, BHS

Background on Ramadan

Ramadan is known in Islam as the month in which the prophet Muhammad (PBUH) received the first of the revelations that make up the Quran & falls on the ninth month of the Islamic Calendar.

- The beginning of Ramadan is determined by the sighting of the new moon, because of this the actual date when Ramadan begins differs from year to year.
- Adult Muslims fast from dawn until sunset, unless they are ill, pregnant, breastfeeding, sick, or traveling.

Ramadan is a time for family, community, & strengthening bonds with loved ones. Month of kindness, generosity, and service.



Fact

Did you know of the 7 billion people in the world, 22% (1.6 billion) fast during Ramadan, making it one of the largest group fasts in the world.



What does one do during Ramadan?



Prayer

Time for reflection, connection, and growth in their religion.



Charitable Acts

Doing charitable things for others or give charity to those in need.



Read Quran

Reading the Quran for purifying the mind and body.

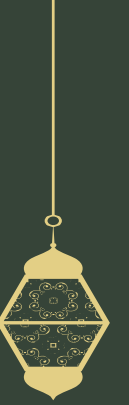
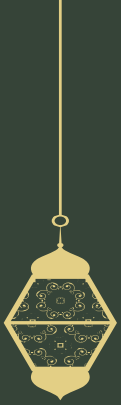
Intention of Ramadan

*Goal is to develop self discipline, empathy,
and gratitude while strengthening one's
faith.*



Ramadan to me....





Thank You





*Seeking a Volunteer for the
May 13, 2024
Cultural Share!*

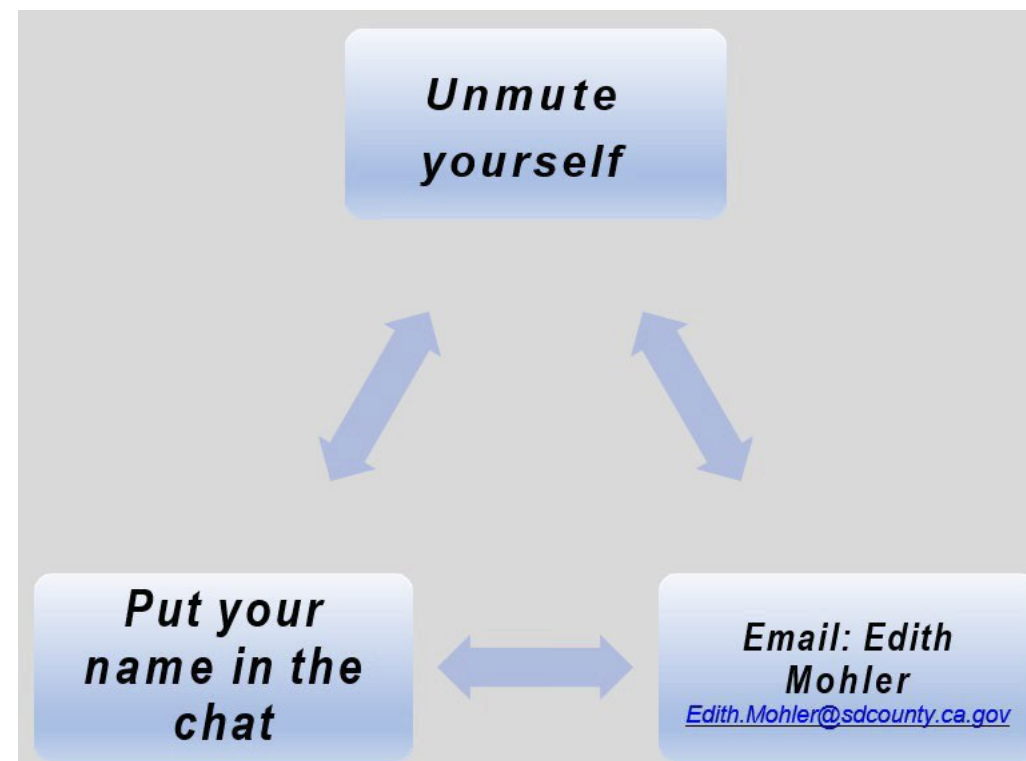
BH-SOC Children, Youth, and Families Culture Share

What is Culture Share?

Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. This experience can honor and celebrate family, history, traditions, experiences, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and bias awareness. Ultimately, it is an opportunity for self reflection and enlightenment to enhance our capacity to provide culturally responsive services to the children, youth, and families in our communities.

4 EASY STEPS

1. Maximum of a **3 Minute** Presentation:
Use any medium - slide, poem, music, verbal, etc.
2. Introduce your experience from a cultural lens
3. Describe how this experience influences your work
4. Open it up for any group reflection



BUSINESS ITEMS

February 12, 2024

See Meeting Summary Handout

Action Item:

- Shared [Policy to Practice Suicide Intervention Toolkit](#) with BHS Communication Team to consider dissemination
- Clarified that DHCS Group Rates are based on a minimum of 4.5 participants
- Neurofeedback presentation option was placed in queue by the CYF Council Executive Committee for potential future areas of discussion
 - Provided [School Threat Protocol](#) link during the meeting

INPUT ON MEETING SUMMARY

1. Verbally provide input, or
2. Enter input in the chat, or
3. Email input to Edith.Mohler@sdcounty.ca.gov by COB today

PUBLIC COMMENTS

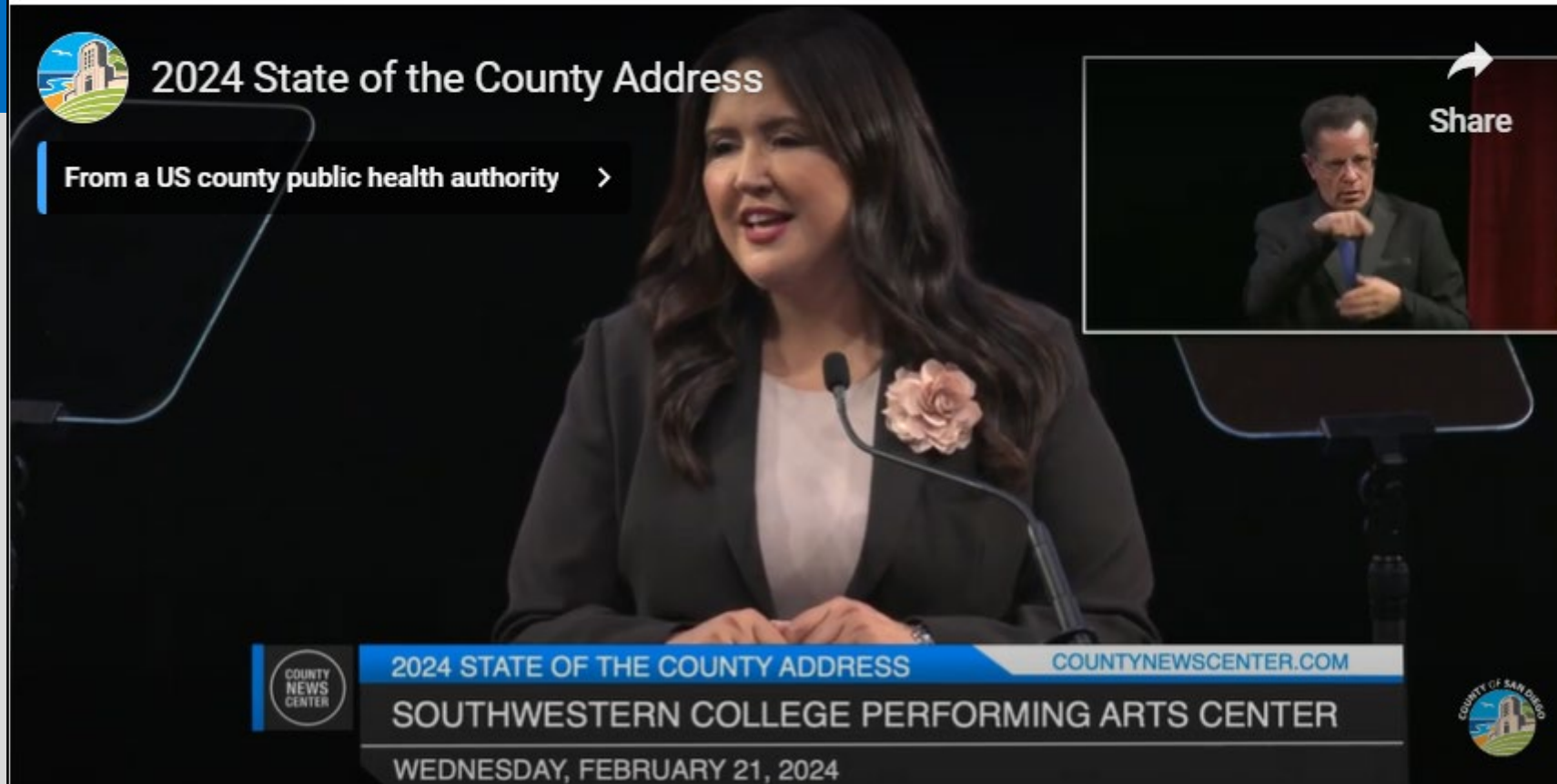
Opportunity to raise awareness and provide input to promote positive changes by contributing your insight



**Inviting all to unmute or
place a comment in the chat**

“Click on
Image for
Video”

Chairwoman Delivers Her Second State of the County Address



Nora Vargas
Chairwoman, County Board of Supervisors

Blue Envelope Program and Recommendation



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

MONICA MONTGOMERY STEPPE
Fourth District

JIM DESMOND
Fifth District

DATE: February 27, 2024

02

TO: Board of Supervisors

SUBJECT

**BLUE ENVELOPE PROGRAM UPDATE AND RECOMMENDATIONS
(ALL)**

OVERVIEW

On September 26, 2023 (1), the Board of Supervisors (Board) directed the Chief of Police to identify County departments to collaborate with the Sheriff's Department in the implementation of the Blue Envelope Program, identify grants and other funding opportunities, assess the ongoing needs of the program, and return to the Board in early 2024 with a set of recommendations and a cost analysis relevant to the complete implementation of the program within the 2024-25 budget.

Receive updates on program
implementation and authorize
supporting grants

Board Letter in Meeting packet

The purpose of the Blue Envelope Program is to promote inclusivity and serve as an enhanced communication awareness tool between law enforcement officers and community members diagnosed with a condition or disability such as Autism Spectrum Disorder, dementia, anxiety, or other conditions that might require additional accommodations or awareness during a law enforcement contact. The Blue Envelope Program works by allowing the individual to readily display the Blue Envelope logo or present the Blue Envelope upon contact with law enforcement or other community service personnel. Blue Envelope branded products can contain the individual's identification, contact information, or pertinent vehicle operating documents such as the vehicle registration and proof of insurance.

Blue Envelope Program outreach materials are available to the public free of charge at participating locations. Participating locations can be found at www.sdsheriff.gov/community/blue-envelope. Participating locations include both community organizations and government agencies. Materials include blue envelopes, wallet information cards, lanyards, seatbelt covers, buttons, stickers, and bracelets. Blue Envelope branded products can contain the individual's identification, contact information, or pertinent vehicle operating documents such as the vehicle registration and proof of insurance. Additional resources, including program brochures, can also be found on the website.

County of San Diego American Rescue Plan Framework Reprioritization and Evergreen Component Framework Recommendations



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

MONICA MONTGOMERY STEPPE
Fourth District

JIM DESMOND
Fifth District

DATE: February 27, 2024

11

TO: Board of Supervisors

SUBJECT

COUNTY OF SAN DIEGO AMERICAN RESCUE PLAN ACT FRAMEWORK
REPRIORITIZATION AND EVERGREEN COMPONENT FRAMEWORK
RECOMMENDATIONS (DISTRICTS: ALL)

OVERVIEW

On January 9, 2024 (12), the Board of Supervisors (Board) received an update on the American Rescue Plan Act (ARPA) Framework. Established by the Board in 2021, the ARPA Framework ensures that ARPA resources attributed to San Diego County most effectively respond to the needs of our region's residents and invest in the long-term health and safety of the region. The update provided information on progress of the programs of the ARPA Framework, the anticipated remaining funding resources of these programs, and the Evergreen component of the ARPA Framework, which has not been programmed. Besides this update, the Board took action to support the staff recommendations, including considerations for how to program the projected remaining ARPA Framework balance of \$67.0 million anticipated at the end of Fiscal Year (FY) 2024-25. In addition, the Board also directed the Chief Administrative Officer (CAO) to include priorities from all Board members when developing proposals for how to program remaining funds in the Evergreen component of the Framework. Priorities were to be focused on behavioral health, housing, climate change, economic prosperity, homelessness, and workforce, and were sent to the CAO by Board members via memorandum.

Recommendations to allocate
remaining ARPA Framework
Evergreen funds into programs
within the County
(option B was selected)

**Board Letter, Attachments A-
C and presentation in
Meeting packet**

OPTION B

| Program | Allocation ¹ |
|---|-------------------------|
| Implementation of SB 43 of 2023 Program | \$15.0 |
| Innovative Housing Trust Fund | \$10.6 |
| Efforts to Address and Prevent Homelessness | \$10.0 ² |
| Expanding San Diego's Behavioral Health Workforce | \$10.0 |

¹ in millions

² upon any reimbursements from January 30, 2024 (1) allocation to emergency needs

County ARPA Framework - Allocation of Projected ARPA Program Balances (Excludes Evergreen)

| Framework Component | <i>FY 25-26 Estimated One-time Costs (\$M)</i> | <i>FY 25-26 Estimated Ongoing Costs (\$M)</i> | Total FY 25-26 Estimated Costs* | Notes |
|--------------------------------------|--|---|---------------------------------------|-------|
| Prior and On-Going COVID-19 Response | | | | |

ATTACHMENT B

| Evergreen Component Options | | | | |
|--|--|-----------------|-----------------|-----------------|
| Evergreen Component Program Focus (\$ millions) | | Option A | Option B | Option C |
| Behavioral Health | | | | |
| Implementation of Senate Bill 43 of 2023 (Involuntary Behavioral Health Treatment) | | 15.0 | 15.0 | 10.0 |
| Expanding San Diego's Behavioral Health Workforce | | - | 10.0 | - |
| Housing | | | | |
| Innovative Housing Trust Fund | | 15.6 | 10.6 | 10.6 |
| Regional Workforce Housing Program | | | | |
| Sub-Total | | | | |

ATTACHMENT C



NORA VARGAS
SUPERVISOR, FIRST DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS

DATE: January 22, 2024

TO: Sarah Aghassi, Interim Chief Administrative Officer

FROM: Chairwoman Nora Vargas, First District

SUBJECT: Reprioritization of Priorities for the American Rescue Act Plan Funding including the Evergreen Fund

In June 2021, the Board of Supervisors adopted a framework for the American Rescue Plan Act (ARPA) funding to help address the major challenges impacting our region including homelessness, childcare, food access, among other things. As part of the subsequent ARPA funding discussions, the Board of Supervisors set aside a total of \$80.6M for the establishment of an Evergreen Fund, and has used \$35.0M for specific priorities, leaving \$45.6M for other purposes.



COUNTY OF
SAN DIEGO

ITEM #11: COUNTY OF SAN DIEGO AMERICAN
RESCUE PLAN ACT FRAMEWORK
REPRIORITIZATION AND EVERGREEN
COMPONENT FRAMEWORK
RECOMMENDATIONS

Sarah Aghassi, Interim Chief Administrative Officer
Ebony Shelton, Deputy Chief Administrative Officer / Chief Financial Officer, Finance & General Government Group
Eric C. McDonald, MD, Interim Agency Director, Health and Human Services Agency
Amy Thompson, Executive Finance Director, Health and Human Services Agency

February 27, 2024

Sustainable Planning for Federally Funded Long-Term Migrant Transfer Site and Shelter Center



COUNTY OF SAN DIEGO

AGENDA ITEM

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First District

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JIM DESMOND
Fifth District

DATE: February 27, 2024

13

TO: Board of Supervisors

SUBJECT

SUSTAINABLE PLANNING FOR A FEDERALLY FUNDED LONG-TERM MIGRANT TRANSFER SITE AND SHELTER CENTER (DISTRICTS: ALL)

OVERVIEW

San Diego county is proud of our binational community partners every day to assist those seeking asylum in our number of asylum seekers coming to our region through those individuals flee crises and persecution in their hom

Recommends BOS to receive and approve the Concept Paper and Advocacy Plan, an addition to the Legislative Program and authorize application for associated grant funding

Board Letter in Meeting packet

On February 6, 2024 (11) the Board of Supervisors (Board) directed staff to look for a sustainable plan for the future to support the migrants entering our community and to prevent street releases. This direction contained a two-part strategy: first, to work with the current fiscal agent of SSP funds on ways to maximize this funding stream; and two, to develop a concept paper and advocacy plan to create a long-term, federally funded, Migrant Transfer Site and Respite Shelter. County staff did meet with current fiscal agent for SSP who provided important operational insight into their current program and funding. The SSP funds are currently not allocated in the form of a competitive grant. Grant awards are announced with the recipient and amount, and are reimbursed to the fiscal agent, not provided in advance for services.

Urge President Biden to Temporarily Close the U.S.-Mexico Border in Response to U.S. Customs and Border Protection Street Releases Resuming on February 22, 2024



JOEL ANDERSON

SUPERVISOR, SECOND DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS

AGENDA ITEM

DATE: February 27, 2024

14

TO: Board of Supervisors

SUBJECT:

**URGE PRESIDENT BIDEN TO TEMPORARILY CLOSE THE U.S. MEXICO BORDER
IN RESPONSE TO U.S. CUSTOMS AND BORDER PROTECTION STREET
RELEASES RESUMING ON FEBRUARY 22, 2024**

OVERVIEW

San Diego County faces an imminent crisis as street releases of migrants by U.S. Customs and Border Protection (USCBP) are, at the writing of this agenda item, resuming alongside the closure of the SBCS-led and County-operated transition center. This arises without any identified funding or assistance to support the expected surge in street releases or to support the transition center.

Supervisor Joel Anderson asks to send a letter to the Biden administration to temporarily close the U.S./ Mexican border and provide time needed to secure additional funding and resources towards recent migrant street releases

Board Letter in Meeting packet

ON MOTION of Supervisor Lawson-Remer, seconded by Supervisor Vargas, the Board of Supervisors directed the Interim Chief Administrative Officer to send a letter to the Majority Leader of the Senate, Chuck Schumer, and the Speaker of the House of Representatives, Mike Johnson, to work with President Biden to pass a **Bipartisan Immigration Reform Bill to Fix the Border** by addressing the delays in processing asylum, increase funding for FEMA to support local governments and NGOs, and modernize border security.

AYES: Vargas, Anderson, Lawson-Remer, Montgomery Steppe, Desmond

CA Proposition 1 – Behavioral Health Services Program and Bond Measure

BallotPedia update as of 3/11/24

| California Proposition 1 | | |
|--------------------------|-----------|------------|
| Result | Votes | Percentage |
| Yes | 2,711,233 | 50.27% |
| No | 2,682,562 | 49.73% |

Access BallotPedia Webpage [HERE](#)



February 2024 Newsletter



[View Monthly Update document HERE](#)

Behavioral Health Director's Report – March 2024



County of San Diego

ERIC C. MCDONALD, MD, MPH, FACEP
INTERIM AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

February 29, 2024

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – MARCH 2024

EXPLORING A PILOT PROGRAM TO EXPAND RECOVERY RESIDENCE UTILIZATION IN NORTH SAN DIEGO COUNTY AND COUNTYWIDE

The County of San Diego (County) is transforming behavioral healthcare by building an array of mental health and substance use services that is distributed across the San Diego County region, enabling people to access and remain connected to care within their own communities. To advance this transformation, BHS continues to enhance mental health and substance use services, workforce, and infrastructure to support individuals in connecting to needed care, including housing that is most conducive to recovery.

- CICAMH Conference April 26, 2024
- Children and Youth Mental Health Well Being Celebration May 11, 2024
- Partial Hospitalization Program
- MHSA 30-Day Public Review Period March 5 to April 4, 2024

Complete document in packet or click [HERE](#)



County of San Diego

ERIC C. MCDONALD, MD, MPH, FACEP
INTERIM AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
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LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

**NOTICE OF INITIATION OF 30-DAY PUBLIC REVIEW AND COMMENT PERIOD
RE: AMENDMENT TO MENTAL HEALTH SERVICES ACT THREE YEAR PLAN
FOR FYS 2023-24 THROUGH 2025-26**

Dear Community Members and Stakeholders:

The County of San Diego is holding a 30-day public review and comment period for the Mental Health Services Act (MHSA) Amendment to the Three-Year Plan for Fiscal Years 2023-24 through 2025-26. The review period begins March 5, 2024, and ends April 4, 2024, when final comments will be heard at the April Behavioral Health Advisory Board (BHAB) meeting. The MHSA Amendment will go before the San Diego County Board of Supervisors on May 21, 2024, subject to change, for review and approval, as required by the Mental Health Services Oversight & Accountability Commission (MHSOAC).

[Mental Health Services Act Amendment Public Comment Form](#)

Mental Health Services Act Comment/Question Line:

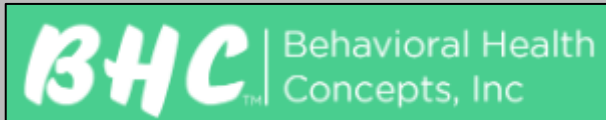
Phone: 619-584-5063 / Toll-Free: 888-977-6763

Email: MHSPop63.HHSA@sdcounty.ca.gov

Click on image for
**MHSA Public
Comment Form**

Visit the BHS MHSA
page [HERE](#) for
additional information

**Fiscal Year 2023-24 San Diego County Drug Medi-Cal Organized Delivery System
(DMC-ODS) Virtual External Quality Review(EQR)
March 19-21, 2024**



**California EQRO for Drug Medi-Cal
Organized Delivery System**

Behavioral Health Concepts, Inc. is serving as California's External Quality Review
Organization for Drug Medi-Cal Organized Delivery System (DMC-ODS)

Click [HERE](#) for more information and webpage

Committees and relevant groups mid-year updates/highlights

Facilitator: *Yael Koenig*

| Constituency/Committee/Group | Sector | Presenter | PowerPoint |
|--|---------|--------------------|------------|
| Managed Care Plans | Private | James Trout | |
| Behavioral Health Services | Public | Dr. Laura Vleugels | |
| Homeless Solutions and Equitable Communities | Public | Katie Gordon | |





Hot Topic

Facilitator: *Stephanie Escobar*

“Recent Floods in San Diego and it’s impacts on Mental Health”

- Presentation and Q&A by Urban Corps - **Teresa Leader Anderson**
- Open Forum:
 - 1) *How has the flooding affected your community?*
 - 2) *What strategies have you shared to support your community?*

[Recovery \(alertsandiego.org\)](https://alertsandiego.org)

[Flood Disaster Declaration Allows Impacted San Diegans to Get Disaster CalFresh Benefits](#)

[Recovery center opens for National City small businesses hurt in historic floods at Southwestern College – NBC 7 San Diego \(nbcsandiego.com\)](#)

January 30, 2024,
Community
Response Board
Letter and
Presentation can
be found on pages
67 to 102 of the
[February 12, 2024
CYF Council
meeting packet](#)

Poll Question

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Combined Council meeting? (Single Choice)

1 - Low Relevance

2 -

3 – Some Relevance

4 -

5 - High Relevance



Save the Date!



April 8, 2024
10:00 am to 11:30 a.m.

Combined Behavioral Health Services Councils Meeting

Children, Youth and Families (CYF) Council
Transitional Age Youth (TAY) Council
Older Adult Council
Housing Council
Adult Council
Peer Council

Zoom link to be sent out separately

For more information, contact: **Loretta Ramirez,**
AA III Loretta.Ramirez@sdcounty.ca.gov and **Francisco**
Evangelista, AA II Francisco.Evangelista@sdcounty.ca.gov



Family Sector Meeting



BECOME A SEAT MEMBER

Inviting all youth ages (16-26) and caregivers
who are part of the mental health and substance
use community to join our Family Sector
as a seat member.

[Sign Up](#)

JOIN TODAY



Calling Youth Ages (16-26) and Caregivers

**WHO ARE PART OF THE MENTAL HEALTH
AND SUBSTANCE USE COMMUNITY!**

**JOIN OUR PEER COUNCIL
AS A SEAT MEMBER!**

LET YOUR VOICE BE HEARD!

**INTERESTED?
CLICK THIS
APPLICATION
LINK**





***“Use your smart phone
camera to scan QR codes”***

Every 11 minutes,
someone loses their life to suicide.
A mental health crisis
deserves a mental health response.



Local Crisis Hotlines
& Call Centers



Mobile Crisis
Response Teams



Crisis Stabilization
Units & Options

COMMUNITY ADVOCACY TRAINING: REIMAGINING CRISIS RESPONSE

This training covers 988, mobile crisis response teams, PERT, local resources, and more! Virtual on Zoom!

Upcoming Trainings:
Friday, 3/8, 2:00 - 3:30
Thursday, 3/14, 2:00 - 3:30



3/8/24



3/14/24



NAMI SAN DIEGO & IMPERIAL COUNTIES

RSVP by clicking on a date or scanning the QR code

COMMUNITY ADVOCACY TRAINING!

Telling Your Story!

*Learn how to transform
passion and lived
experience into skillful
grassroots advocacy!*



March 26, 2024
2:00 PM- 4:00 PM



Use QR code, or click on date to register in advance



*“Use your smart phone
camera to scan QR code”*

REGISTER NOW!



“Use your smart phone camera to scan QR code”

CICAMH
— 2024 —

BREAKING BARRIERS

INNOVATIVE APPROACHES
TO YOUTH AND
FAMILY MENTAL WELLBEING

APRIL 26

EARLY BIRD
REGISTRATION
ENDS
APRIL 1

Critical Issues in Child and Adolescent Mental Health Conference

WHO SHOULD ATTEND:

Mental Health Professionals, Psychologists, Therapists, Social Workers, Counselors, Psychiatrists, Pediatricians, Nurses, Education, Students, Probation Officers, Child Welfare Workers, Case Managers, Advocates and Parents will find this meeting of importance and value in enhancing their effectiveness in serving children in need

REGISTRATION:

| | Student | Professional |
|------------------|---------|--------------|
| VIRTUAL | | |
| Early Bird | \$50 | \$75 |
| Regular | \$75 | \$100 |
| IN PERSON | | |
| Early Bird | \$100 | \$125 |
| Regular | \$125 | \$150 |

REGISTER



APP.CE-60.COM/CICAMH2024



NAMI WALKS SAN DIEGO - APRIL 27, 2024

NTC PARK IN LIBERTY STATION



[***"CLICK ON IMAGE FOR EVENT INFORMATION"***](#)

Come and Join

**Thursday, February 15, 2024
Time: 1:00 PM - 2:00 PM**

May Event Planning Meeting

***Come bring your
ideas and help plan
our Youth Mental
Health Well Being
Celebration!***

***RSVP by using link below
Zoom Link***



San Diego and
Imperial Counties



COUNTY OF SAN DIEGO
HEALTH AND HUMAN
SERVICES AGENCY



LIVE WELL
SAN DIEGO

Children, Youth and Families

Mental Health & Well-Being Celebration!

*Lighting the
Path to Social
Justice!*

Meet many local organizations & resources!
Music, drum circles, & bubble dance parties!
Activities, artwork, and games for all ages!
Opportunity drawings for many prizes!

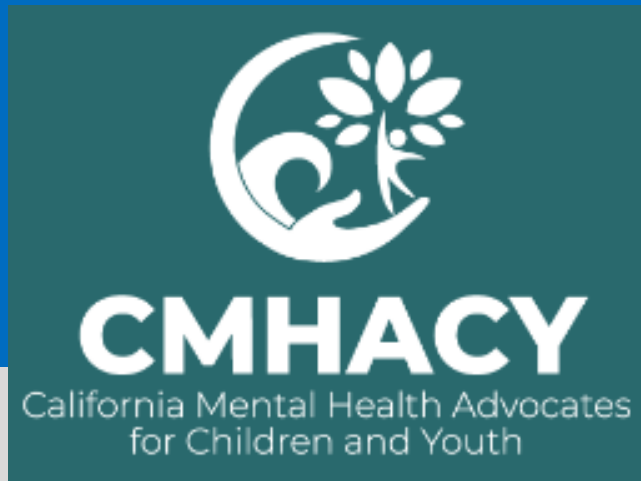
**May 11, 2024
2:00 to 6:00PM**

**Grossmont Center
Main Courtyard**
5500 Grossmont Center Drive
La Mesa, CA 91942

LIVE WELL
SAN DIEGO

COUNTY OF SAN DIEGO
HEALTH AND HUMAN
SERVICES AGENCY

Community
Advocacy
Program
NAMI SAN DIEGO & IMPERIAL COUNTIES



Asilomar Hotel and Conference Grounds

[Registration](#)

[Book your room in the CMHACY Block](#)



**REGISTRATION
IS OPEN**

CMHACY Webpage: [2024 Conference – CMHACY](#)

THANK YOU

Next Meeting:
Combined Councils
April 8, 2024 | 10 -11:30 a.m.

