



Welcome to the Children, Youth and Families Council Meeting

THE MEETING WILL BEGIN SHORTLY

KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING

THE MEETING PACKET WAS EMAILED TO THE COUNCIL DISTRIBUTION LIST AND POSTED IN CHAT

3.13.2023



WELCOME



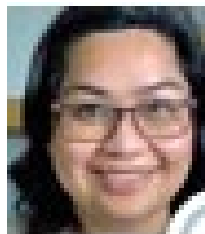
LIVE WELL
SAN DIEGO



WELCOME NEW ATTENDEES



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SAN DIEGO



Jerelyn Bourdage

**Public Sector - Child Welfare Services Seat
March 2022 to March 2023**

CULTURAL SHARE CHILDREN, YOUTH AND FAMILIES - BHS



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SAN DIEGO



- **CYF infuses Cultural Competence/Diversity and Inclusion through CYF Team building activities that promote learning and understanding of customs and traditions of different cultures and history.**
- **Accomplished through fun activities using virtual applications, quizzes, videos, and through monthly e-mails with a summary of cultural celebrations, events, and best practices to promote cultural competence.**



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Tais Millsap



Dina Ali



CULTURAL SHARE CHILDREN, YOUTH AND FAMILIES - BHS



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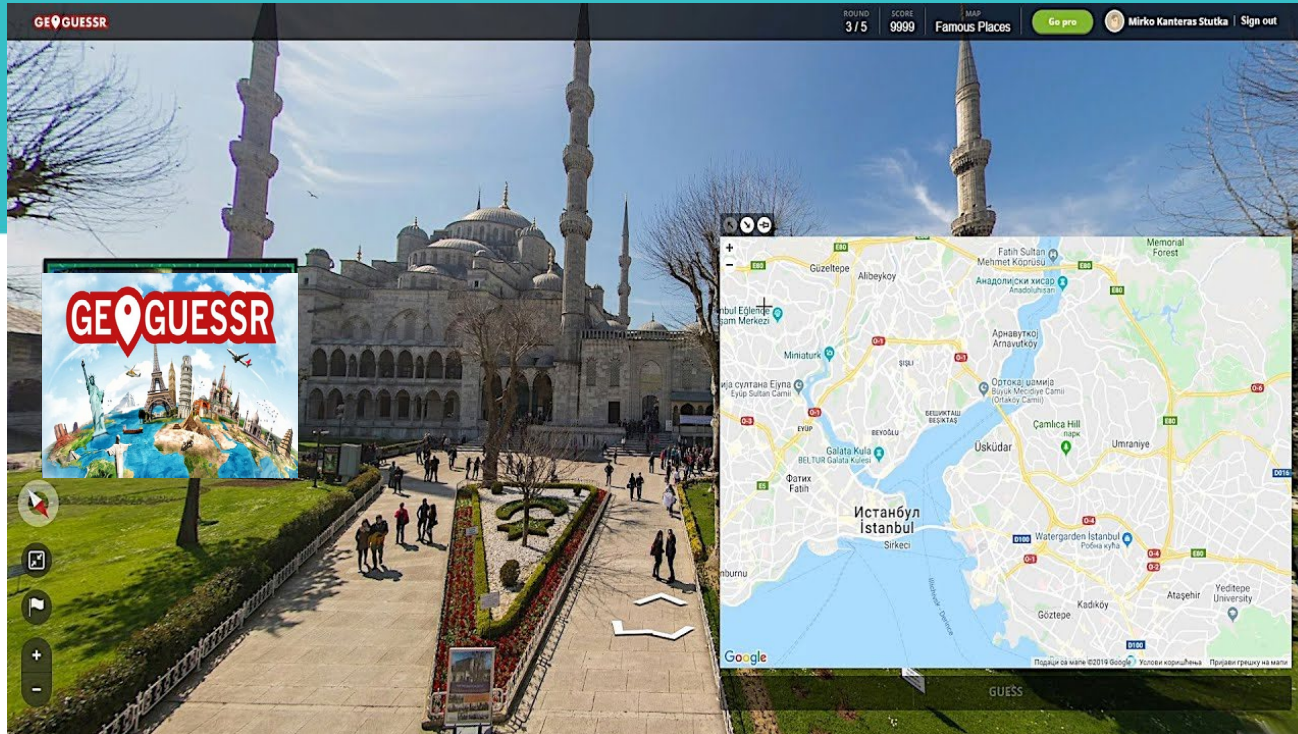
CYF JEOPARDY!

FINAL JEOPARDY

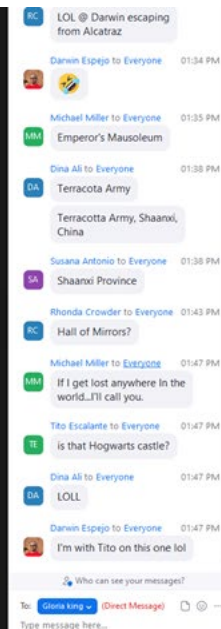
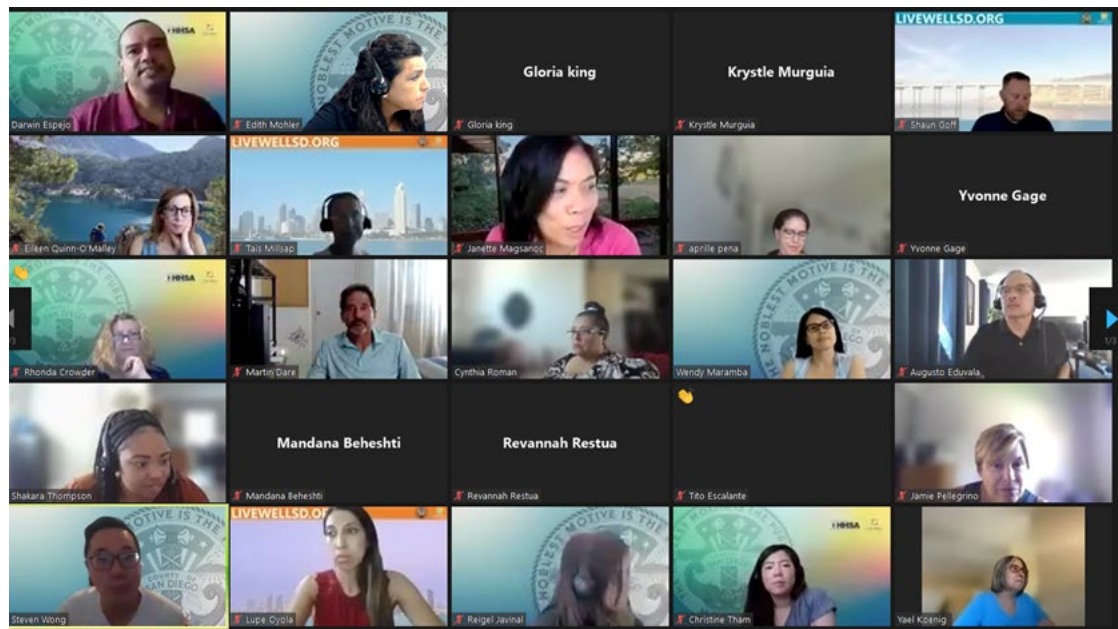
BHS Acronyms	Name That Flag	Song Lyrics	Thank You	Food Nation
\$100	\$100	\$100	\$100	\$100
\$200	\$200	\$200	\$200	\$200
\$300	\$300	\$300	\$300	\$300
\$400	\$400	\$400	\$400	\$400
\$500	\$500	\$500	\$500	\$500

Food Nation - \$400 Question





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CULTURAL SHARE

CHILDREN, YOUTH AND FAMILIES - BHS



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Did You Know?



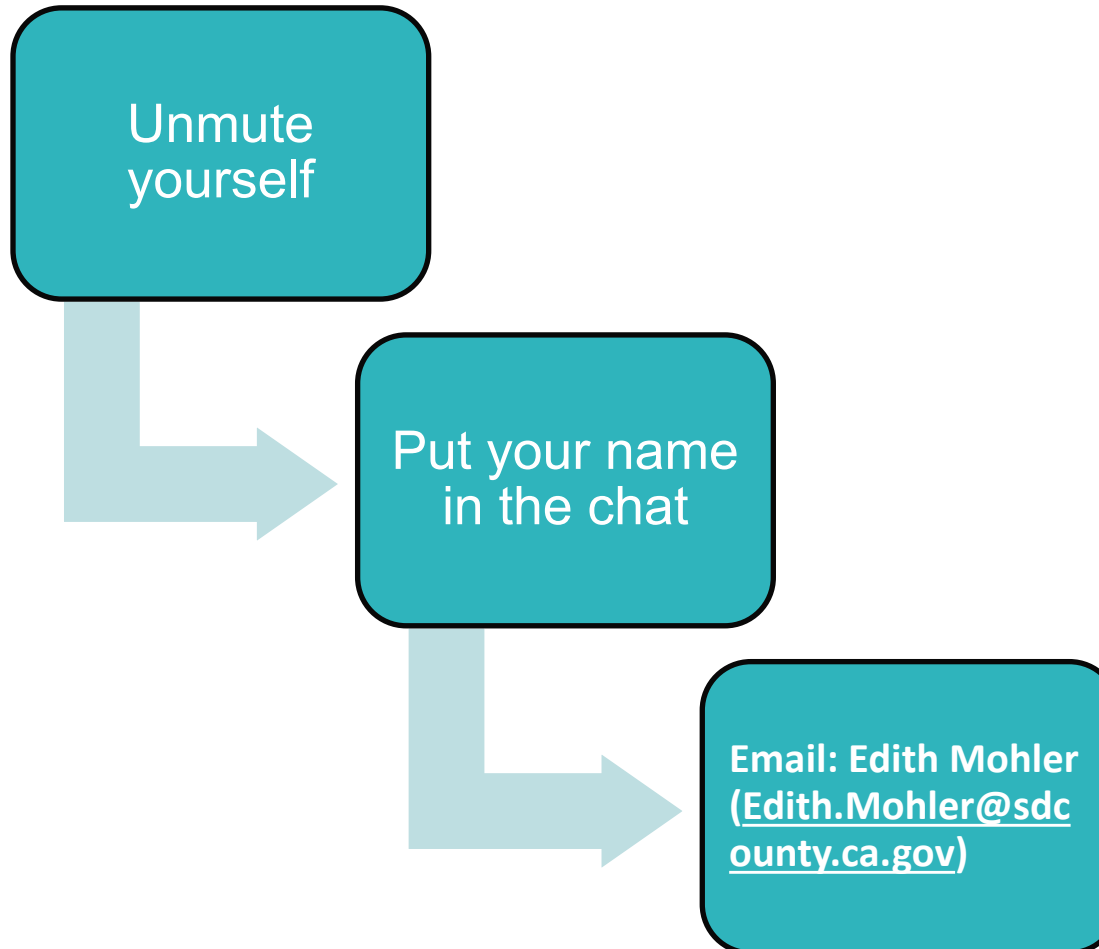
CULTURAL SHARE ACTIVITY



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Seeking a Volunteer to present at the May 8, 2023 Council Meeting

To volunteer, please:





MEETING SUMMARY REVIEW

INPUT ON THE MEETING SUMMARY

1. Verbally provide input, or
2. Enter input in the chat, or
3. Email input to Edith.Mohler@sdcounty.ca.gov by COB today



PUBLIC COMMENT

Participants are
invited to unmute or
enter comment in
chat





COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District



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DATE: February 28, 2023

04

TO: Board of Supervisors

SUBJECT

AUTHORIZE COMPETITIVE SOLICITATIONS TO EXPAND BEHAVIORAL HEALTH SERVICES PROGRAMMING TO ENGAGE FATHERS AND CAREGIVERS (DISTRICTS: ALL)

Complete Board Letter
included in handouts

OVERVIEW

Under the leadership of the San Diego County Board of Supervisors, the County of San Diego (County) is making strategic investments to move the local behavioral health care delivery system from a model of care driven by crises to one centered on continuous, coordinated care and prevention. These efforts, broadly referred to as the Behavioral Health Continuum of Care (Continuum of Care), are guided by data, focused on equity, and designed to engender collaborative work, within and outside of government. In addition to expanding regionally distributed services to improve access to care, the Continuum of Care strategy is also achieved through actions that build upon the success of existing programs by enhancing and expanding services that are informed by community input and clinical best practices.



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District



LIVE WELL
SAN DIEGO

DATE: February 28, 2023

21

TO: Board of Supervisors

SUBJECT

ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT WITHIN THE HEALTH AND HUMAN SERVICES AGENCY (DISTRICTS: ALL)

OVERVIEW

The child welfare system has made significant changes over the past 15 years to improve the response to children who have been abused or neglected; however, more changes can be made to move beyond the status quo. In addition, the COVID-19 pandemic elevated the need to create equity for children and families and brought to light the urgency to undertake a fundamental transformation to a better way for child and family well-being. There is an imperative need to transform the child welfare system toward prevention, with a focus on the earliest of interventions, and an overall change to a more equitable approach to reducing child maltreatment.

Board Letter & Presentation
included in handouts

CONVERSATION WITH BHS DIRECTOR



Dr. Bergmann will join the Council on 5.8.23

Enter your suggestions in the meeting chat or send them to Edith.Mohler@sdcounty.ca.gov by April 1, 2023



Areas of focus?



Questions?



Priorities?

Children and Youth Behavioral Health Initiative (CYBHI) Updates



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February Update

- <https://www.dhcs.ca.gov/cybhi>
- <https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/>



County of San Diego

NICK MACCHIONE, FACHE
AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES



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February 23, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services (BHS)

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – MARCH 2023

BHS ADDRESSING POPULATION HEALTH AND EQUITY

Population Health Framework

Population health is defined as “the health outcomes of a group of individuals, including the distribution of such outcomes within the group”; this includes health outcomes and patterns of health determinants, as well as the policies and interventions that link them.¹ Population health is fundamentally aligned with public health, the aim of which is to prevent disease, prolong life, and promote health.² Importantly, a population health framework is crucial to achieving health equity because it enables an understanding of how and why health outcomes vary across different groups (e.g., by geography, race/ethnicity, age, etc.); this information can be used to develop data-driven, community-informed, actionable steps to reduce disparities.

Full report in packet



**Minola Clark Manson, Director
Responsive Integrated Health Solutions**

Thank you!

The System of Care has had the benefit of Minola's knowledge and leadership for many years. She has led training and development efforts throughout her career; From 1997 to 2007 as a Mental Health Staff Development coordinator for the County of San Diego, HHSA, and since 2007, as a Program Coordinator (BHETA), Program Manager (RIHS), and Director (RIHS) at the SDSU Academy of Professional Excellence



Thank you!

For over nine years, Rose has been a key player in the CYF Training Academy bringing together the four sectors of the system of care and promoting its advancement through the coordination of CYF annual conferences, trainings, scholarships, and SOC Principles Awards



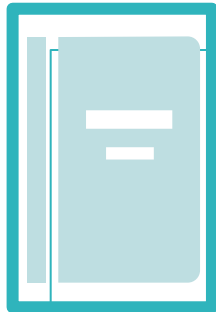
**Rose Woods, Manager
Responsive Integrated Health Solutions**

Mental Health Services Act (MHSA) Updates

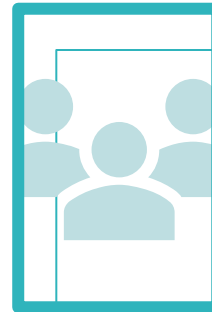
Dr. Danyte Mockus-Valenzuela



MHSA Three - Year Program and Expenditure Plan for Fiscal Years 2023-24 through 2025-26



Plan will be presented to BHAB on April 4, 2023, opening the 30-day Public Comment Period



Projected for BOS Presentation on June 6, 2023



http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/mhsa.html

Mental Health Services Act (MHSA) Updates

Dr. Danyte Mockus-Valenzuela



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Mental Health Services Oversight and Accountability Commission (MHSAOAC)

Public Meeting in San Diego

When: March 23, 2023

Location: San Diego County

Meeting focus: Student Mental Health Suicide Prevention

Please visit the Commission Website on 3.13.23 for location/agenda

[Commission Meetings - MHSAOAC \(ca.gov\)](https://mhsoac.ca.gov/connect/commission-meetings/)

<https://mhsoac.ca.gov/connect/commission-meetings/>

SECTOR & COMMITTEE UPDATES



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San Diego Regional Center	Private	Zach Guzik
Alcohol Drug Service Provider Association (ADSPA)	Private	Marisa Varond
Mental Health Contractors Association (MHCA)	Private	Laura Beadles and Golby Rahimi Saylor
Managed Care Plans	Private	Kathleen Lang
Outcomes	All Sectors	Emily Velazquez Trask
CYF CADRE	Private	Julie McPherson and Marisa Varond
Family and Youth Sector	Family	Sten Walker
Early Childhood	All Sectors	Rosa Ana Lozada and Stephanie Gioia-Beckman
First 5 Commission	Public	Stephanie Escobar
Transition Age Youth Council	All Sectors	Laura Tancredi-Baese and Michael Miller
Public Safety Group	Public	Delona King
Behavioral Health Services	Public	Dr. Laura Vleugels
CYF System of Care Training Academy	All Sectors	Written update Included – No Presentation

Leads will provide brief updates

All PowerPoint presentations are in the February 2023 packet
and posted here: [Council Packet \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/council/packet)

Please insert your questions/comments in the chat

SECTOR & COMMITTEE UPDATES



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Refer to Meeting Packets for the PowerPoint
Presentations from the Sectors / Committees:
[Council Packet \(sandiegocounty.gov\)](http://sandiegocounty.gov)

OPEN ANNOUNCEMENTS



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- *Participants are invited to unmute and make the announcement.*
- *Announcements can also be entered into the chat.*
- *Send materials to Edith.Mohler@sdcounty.ca.gov by Friday before each Council meeting to be posted in chat on the sender's behalf.*



CYF COUNCIL MEETING POLL QUESTION

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice)


- 1
- 2
- 3
- 4
- 5



Peer Council Opportunities



Melissa Penaflor




Get involved with our Peer Council!

Are you involved in mental health or substance use advocacy and would like to connect with the County of San Diego? Apply for a voting member position below. There are 5 open positions for mental health and 5 open positions for SUD.

We want your input! Click on where it says "Provide Feedback" below to let us know what you want to see in our council meetings.

Get Involved!
By clicking the links below

[Provide Feedback](#)
[Voting Member Application](#)



Let your voice be heard!



Virtual Peer Council Meeting



All are encouraged to attend.
All age groups, all sectors of the county, anyone who has been impacted by mental health or substance use issues. This council is meant to amplify the voice and needs of the community.



 Every third Tuesday of each month starting at 2:00 PM

Register Now

ZOOM LINK BELOW
[Zoom link](#)



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Santee School District **What I Wish My Parents Knew**

**WEDNESDAY, MARCH 15, 2023
6:00 PM - 8:00 PM**

Topics Will Include:

- Mental Health
- Youth & Social Media
- Vaping/Substance Use Prevention

**Registration is Encouraged
(Click or Scan QR Code)*



**PRIDE ACADEMY
9303 PROSPECT AVE, SANTEE, CA 92071
IN THE MULTIPURPOSE (MPR) ROOM**



DEPARTMENT OF HOMELESS SOLUTIONS AND EQUITABLE COMMUNITIES



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8th Annual Critical Issues in Child & Adolescent Mental Health Conference



Register at: <https://app.ce-go.com/CICAMH2023>



Critical Issues in Child and Adolescent Mental Health Conference

**Building Resilience through
Family Engagement**

APRIL 21, 2023

Mental Health Matters Month Kick-Off Event



MENTAL HEALTH for all

NAMI Walks
San Diego & Imperial Counties

2023

Saturday, April 29

Save the Date

One Day,
TWO Locations:
**NTC Park in
Liberty Station
&
Imperial Valley
Mall**

<https://www.namiwalks.org/index.cfm?fuseaction=donordrive.event&eventID=1310>

43rd California Mental Health Advocates for Children and Youth (CMHACY) conference (Back in person)



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CMHACY's 43rd Annual Conference

Committing to Mobilizing Hope and Advocacy for Communities and Youth

ELEVATING VOICES, INFLUENCING PROGRESS

Wednesday, May 10 - Friday, May 12, 2023

You Are Invited!

The **California Mental Health Advocates for Children & Youth** conference is the most recognized and longest-standing conference in the state of California focused upon the social, emotional and behavioral health of children, youth and their families. Our annual conference is one of the state's most powerful events for those interested in advocating and promoting the policies, programs, and practices that enhance the well-being of vulnerable children, youth and families.



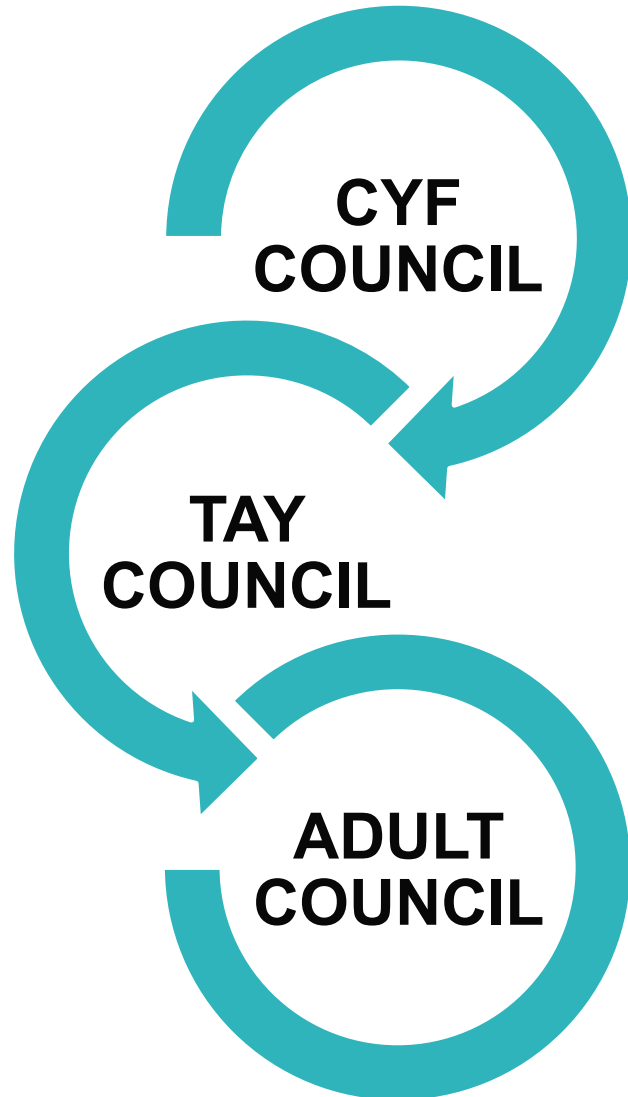
Registration Link: [CMHACY Conference 2023 Registration, Wed, May 10, 2023 at 1:00 PM | Eventbrite](#)

CMHACY Webpage: [2023 Conference Info – CMHACY](#)

COMBINED COUNCILS NEXT MONTH



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Combined Councils Meeting

Date: Monday, April 10, 2023

Time: 10 to 11:30 a.m.