Children, Youth and Families Behavioral Health System of Care Council, Adult and Older Adult Behavioral Health System of Care Council. and Transition Age Youth Workgroup

Joint Meeting

Health Services Complex-Coronado Room-3851 Rosecrans Street, San Diego, CA 92110 Monday, April 10, 2017 9:30 to 11:30 A.M.

CYF Co-chairs:	TAY Co-chairs:	AOA Co-chairs:
Delrena Swaggerty	Cecily Thornton-Stearns	David Armstrong
Renee Cookson	Steve Carroll	Jeffrey Najarian

Agenda

I.	Welcome and Introductions (Piedad Garcia and Yael Koenig)	5 minutes
II.	Meeting purpose and overview (Piedad Garcia and Yael Koenig)	5 minutes
III.	October 18, 2016 Meeting Minutes	2 minutes
IV.	Director's Report (Alfredo Aguirre)	10 minutes
V.	MHSA TAY Update (Martin Dare) Community Forums update PEI TAY Programs/Initiatives updates	10 minutes
VI.	Council/Workgroup TAY Updates: CYF Council (Delrena Swaggerty) TAY Workgroup (David Armstrong) Adult Council (Jeffrey Najarian)	5 minutes 5 minutes 5 minutes
VII.	Facilitated Discussion- TAY Gaps and Solutions (Vignettes) Facilitators: Delrena Swaggerty, Steve Carroll and David Armstrong	50 minutes
VIII.	Debrief	20 minutes

zv minutes

- Next Steps (Renee Cookson)
- IX. Closing/Announcements (Piedad Garcia and Yael Koenig)

3 minutes

- · California Mental Health Advocates for Children and Youth Conference Sponsorship Application-Flier
- May is Mental Health Month-NAMI Walk and Wellness Expo-April 29, 2017-Flier
- 3rd Annual Parenting Expo 2017-April 29, 2017-Flier
- · Children's Mental Health Well-Being Celebration May 3, 2017- Flier
- Fifth Annual Directing Change-May 11, 2017-Flier
- · Children, Youth and Families System of Care Training Academy-Honoring the Journey-Partnering with Refugee Families-June 1, 2017-Flier

X. Adjourn

Next Meetings:

- CYF Council- May 8 from 9-10:30 A.M. in Scottish Rite, Shell Room
- Adult Council- May 8 from 11:00 A.M.-12:30 P.M. in Scottish Rite, Shell Room
- TAY Workgroup- May 24 from 3:00 to 4:30 P.M. at 6160 Mission Gorge Rd. Suite 100 San Diego, CA 92120
- Next Joint Meeting- October 2017

Transition Age Youth Status Report and Recommendations (Revised February 10, 2017) link: http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/TRL/TRL%20Section%206/Transition% 20Age%20Youth%20Status%20Report%20and%20Recommendations%20FY%2015-16.pdf



CHILDREN'S SYSTEM OF CARE PRINCIPLES

CSOC Council Vision: San Diego youth are healthy, safe, successful in school, and in their transition to adulthood, while being law abiding, while living in a home and community that supports strong family connections.

Mission: The purpose of the System of Care Council is to ensure that all agencies serving San Diego county youth from age 0 through age 21 have coordinated services resulting in improved youth and family, and system outcomes consistent with System of Care Values and Principles.

- Collaboration of four sectors: The cornerstone of the CSOC is a strong four sectors
 partnership between youth/families, public agencies, private organizations and education
 that ensure accountability to achieve System of Care (SOC) goals and quality outcomes
 consistent with SOC philosophy.
- 2. <u>Integrated:</u> Among the four sector partners services are comprehensive, accessible coordinate behavioral and physical health care, provide seamless transition of care and utilize natural community supports,
- 3. <u>Youth guided, family driven:</u> Youth and families actively participate in service delivery, planning, and program and policy development.
- 4. <u>Individualized:</u> Services are flexible and designed to meet and build upon the unique needs, strengths and potential of each youth, and family.
- 5. <u>Strength-based:</u> Individualized plans and services identify and utilize youth/family strengths to facilitate health and wellness.
- 6. <u>Community-based:</u> Sector partners offer an array of services in each region and strengthen family and youth connections to neighborhood and local community resources.
- 7. <u>Outcome driven:</u> Service delivery systems continuously improve services by measuring and evaluating outcomes and use results to modify practices.
- 8. <u>Culturally Competent:</u> Service providers honor the diversity of cultures; address the complexities within and between cultures, and provide accessible and relevant services.
- 9. <u>Trauma Informed:</u> Sector partners recognize that trauma and chronic stress influence coping strategies and behavior, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care and resilience.





Children, Youth and Families Behavioral Health System of Care Council, Adult Behavioral Health Systems of Care Council, And Transition Age Youth Workgroup Joint Meeting

Health Services Complex, 3851 Rosecrans Street, San Diego, CA 92110 - Coronado Room Tuesday, October 18, 2016 2:30 - 4:00 pm

Meeting Notes

CYF Co-chairs:	TAY Co-chairs:	AOA Co-chairs:
Delrena Swaggerty	Cecily Thornton-Stearns	Maria Morgan
Renee Cookson	Steve Carroll	Jeffrey Najarian

I. Welcome and Introductions

Piedad Garcia, Adult Older Adult (AOA) Deputy Director Yael Koenig, Children Youth and Families (CYP) Deputy Director

II. Directors Report (Alfredo Aguirre)

- A. Assembly Bill 1300 Mental thealth: Involuntary Compitment did not pass this time, but it will likely be resubmitted next year.
- B. Senate Bill to address Pharmacology Issues for foster children: Some bills were vetoed by the Governor, who indicated that legislation is not needed if there is already an administrative remedy.
- C. Continuum of Care Reform is committed to having children in family-like settings and away from congregate care. PRCS is listening to people and incorporating ideas. Yael Koenig has been very lavelved in working to impact policy change. The impact on TAY and the ramifications for toster youth who are leaving the system need to be considered.
- D. Drug Medi-Cal Walver implementation plan are projected to go before the Board of Supervisors in December 2016. Riseal impagif is more arduous than initially thought. The implementation plan is being developed and rates are being established. Alfredo applauded the Councils for their work; in particular, their annual work plans which help transform the systems of care and for their invaluable input on operations. The County needs to partner with Child Welfare, housing entities and other stakeholders to provide opportunities for families who are at high risk. With Drug Medi-Cal the focus has been on adults, but we are finding that the risk factor is even greater for our young adults. Data shows that BHS alcohol and drug programs are seeing more young adults in the AOD system. Intervention for adolescents is needed to keep them out of the Justice System (particularly in regards to substance abuse issues) to better impact the outcome for them later when they become adults. Innovations projects such as *Kickstart* and *First Break* have continued to adapt evidence-based models. These are best practices that cut across the age spectrum. Two new initiatives will include work with commercially sexually exploited children and the LGBTQ population, which need to be trauma informed and impact across the age spectrum.
- E. Unserved and underserved communities: Increasing numbers of Syrian refugees are anticipated. Budget needs to strategically address the needs of the refugee population with strategies across the spectrum of Children, TAY and Adult populations.

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III. MHSA Update (Adrienne Yancey)

- A. Gary Ulmer-Goodrich was promoted to Administrative Analyst III with CYF.
- B. Martin Dare was introduced and welcomed to the MHSA team. Martin will fill the Analyst II position that was vacated.
- C. Community Engagement Forums: In the past, the focus was on the Mental Health Services Act. Currently, we are talking about the entire system of behavioral health services. Twelve community forums were attended by 551 people. Of those, 449 completed the feedback forms. Of those who completed the forms, 27% of attendees were from the Central Region. North Central represented the second highest population of attendees. Attendance at the South East, North Coastal and North Inland Regions was tied. Only 128 people completed the section of the form indicating what special populations were represented. Of those 128 people, 25% were a member of or working with the LGBTQI community. The next highest of those represented were the Veterans and military community at 17%. The number of Refugees represented was 4. This year 92% of participants indicated the location of the forums were very or somewhat convenient. 91% of participants found the date and time of forums to be very or somewhat convenient for community members. The number of topics to be covered at the forums this year was reduced from years past. Time spent on the BHS overview was reduced and more time was spent talking with attendees. 94% of participants found this to be very or somewhat useful to either their life or their work. 81% found the overall quality of the folum to be excellent or very good overall. Feedback was excellent, but there is room for improvement next year. Suggestions are welcomed and may be sent by email to Adrience Yancey at Adrienne Yancey@sdcounty.ca.gov. Angela Rowe of the Alcohol and Drug Contractors Association asked Adrienne what the AOD population numbers were. Adrienne indicated she will look into this and get back to her, but noted that it did appear there were more Mental Health providers in attendance than Alcohol and Other Drug treatment providers. The MHSA team will be hosting 6 special focus groups this month. The first will be on Thursday with community justice partners (Judges, Probation) for their perspective on how services can be improved for persons with serious mental illness (SMI) and substance abuse issues. A Peer focus group will be held on Friday at 10:00. Next week there will be a focus group for the Native American community at Valley Center. There will be two focus groups in the jails (George Bailey and Las Colinas) and on Saturday there will be a Children's Behavioral Health focus group in South East San Diego.

IV. Council/Workgroup Updates

- A. CYF Council (Delrena Swaggerty and Renee Cookson, Co-Chairs)
 - Last year the CYF Council analyzed their process and discussed how to make it most engaging and informative. The Council decided to include Hot Topics on the agenda as a way to exchange ideas about what is relevant in the community and service delivery. Hot Topics have included:
 - Development of coordinated care templates
 - o Review of limited psychiatry resources
 - o Postpartum service
 - Enhancement of youth, family and peer support through training, increased funding, advocacy, support for families in children's hospitals and having representation in subcommittees. The group has identified two youth who will participate as members on the council

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- o Impact of minimum wage increases
- o Gathering data and contributing ideas on staff retention and recruitment
- o Information sharing across systems, as guided by MOU
- o Health plan seat added to the CYF Council
- o Community Care Reform
- B. TAY Workgroup (Cecily Thornton-Stearns and Stephen Carroll, Co-Chairs)
 - TAY Plan Update:
 - o A Roof for Every Youth Subcommittee submitted a summary report in August including its recommendation to address Transitional Age Youth homelessness. Summary of their final written recommendation: A Behavioral Health Services program that provides emergency shelter beds and counselling services as primary interventions to any SMI or at-risk TAY (age 18-25) with unmet mental health needs as well as long term housing options based on readiness to engage in change with service providers. All of this in one space that forms a continuum of housing and care.
 - In August, the TAY Workgroup assembled a subcommittee to focus on Alcohol and Drug Services. The subcommittee consists of County staff and substance use disorder providers from the Children's' system of care, the Adult system of care, County representatives and TAY providers. They are working to identify gaps in the continuum of care specific to TAY and Algobol and Drug Services. Data points will be reviewed to look at other TAY programs and structures across the nation for addressing TAY specific needs and substance disorder programs. Recommendations will be available in approximately 4 months. UCSD was engaged by the State to conduct a survey of all Counties in California to identify TAY services that each County provides. From that survey, recommendations were made and are part of the TAY Work plan presentation.
- C. Adult Council (Jeffrey Najarian)
 - Jeff Najarian and Maria Morgan: Council focused on membership and filling various roles in the Adult Council. There are currently representatives for Veterans Services, Cultural Competency Response Team and Primary Care Integration. The Council is still looking for Community College representation.
 - The Adult Council has adopted the CYF Council "Hot Topic" agenda item as a standing Adult Council agenda item. This provides a more focused discussion on issues concerning the Adult Council.
 - The MHSA subcommittee created a detailed recommendation to the MHSA Annual Plan.
 - The Adult Council is working on drafting a recommendation letter for finding enhancements to the programs addressing the new employment requirements for exempt, non-exempt and minimum wage and hopes to submit it by the end of the month.
 - Three years ago, the Housing Council worked on a behavioral health housing survey to obtain more information regarding people's concerns around housing. About 800 people responded to the survey. This summer the Housing Council provided the housing survey again, with 1,617 respondents. The survey was available through Survey Monkey, but response was minimal. Renee Cookson of NAMI San Diego and her team inputted about 1500 surveys. Data collected from the responses is available and will be emailed to Councils after the meeting.

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V. TAY Workplan Presentation and Discussion (Cecily Thornton-Stearns)
The 2010-2011 TAY Work plan is being updated to include relevant information from BHS Forum updates. Presentation with recommendations attached.

VI. Gender Specific Homeless Outreach and Engagement (Martha Ranson)

Rachel's Women's Center is the drop in day center for homeless women in San Diego County. It has been in continuous operation since its opening on February 8, 1984 and currently averages 100 women per day. Rachel's Women's Center serves as a gateway for homeless women to access all other services, including shelter, work training and behavioral health services. Presentation attached.

VII. Announcements

- BPSR's with TAY Specialists document was provided.
- South Region Grandparents Raising Grandchildren Symposium on Saturday, October 22,
 2016 from 9:30 am 3:00 pm at Harborside Elementary School in Chula Vista.

VIII. Adjourn

Prima	ary Action Items	
Item		Lead
1.	Angela asked Adrienne what the AOD population numbers are from the Community Forums. Adrienne will look into this and get back to Angela, but noted that it did appear there were more Mental Health providers in attendance than Alcohol and Other Drug treatment providers.	
2.	Data garnered from the responses to the Housing Council Behavioral Health Housing survey can be emailed after the meeting to Councils.	Jeff Najarian: 2016 San Diego Behavioral Health Housing Survey Results were emailed to the Councils on 11/2/16.

Next Meeting:

- ✓ CYF Council November 14, 2016 9-10:30 am Scottish Rite Center, Shell Room
- ✓ Adult Council November 15, 2016 from 10 11:30 am BHS, La Jolla Room
- ✓ TAY Workgroup November 16, 2106 from 3:00-4:30 pm PCS Kickstart, 6160 Mission Gorge Rd., #100
- ✓ Next Joint Meeting-April 2017

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Children, Youth, & Families System of Care Training Academy

Family & Youth Conference Sponsorship Application CMHACY Conference

This is an opportunity for a Family Partner, Parent Partner, or Youth Support Partner to receive a full sponsorship to attend the California Mental Health Advocates for Children and Youth (CMHACY) Conference in Asilomar, CA this coming May 17-19, 2017. Full sponsorship to this event includes conference fees, lodging, travel, and meals. If you are a Family Partner, Parent Partner, or Youth Support Partner, and would like to be sponsored to attend this conference, please complete this application and fax the completed form to (619) 594-1118 or e-mail to CYFSOCacademyBHETA@mail.sdsu.edu.

Name:				
Mailing Address:				
Phone:	Ema	il:		
Are you over 18?* (Che	eck one):Yes	No (For travel arrange	ments) Date & Year of E	Birth:
Are you currently emple	oyed by a BHS-CYF t	funded contract as a Famil	ly Partner or Youth Sup	port Partner?
(Check one)			Yes	No
If yes, what is your Pro- Job Title and Employe	-	al Entity: Supervisor's nam	ne:	
How did you find out al	out this sponsorship	o opportunity?		
How do you think you v	viii benefit from atter	naing this conference?		
to use the information the Council meeting or uture that your employer will of	ney receive at the core CYF Program Mana cover the costs of you	eate a ten (10) minute Pownference. The presentation agers meetings. A signaturur attendance at one (1) of	n will be presented at a fure from your supervisor in these meetings.	uture CYFSOC
Supervisor Signature:		<u>. . </u>		
		mily or youth from San Dieg would you like them to have		attending this
Children, Youth, and Fa	milies Family & Youth	Partner before attending the Liaison at (858) 987-2980 please share your preferre	or CYFLiaison@namisd	

The application process closes April 14, 2017, sponsorship recipients will be contacted by April 21, 2017.

*Please note a Parent or Guardian must accompany youth under the age of 18. If selected, Parent will also receive a full sponsorship. If under 18, please request a Parent or Guardian Consent Form from Elisa Barnett (619) 594-3753 or ebarnett@mail.sdsu.edu.



Behavioral Health Education & Training Academy (BHETA) is a County of San Diego contracted program of the Academy for Professional Excellence, a project of the SDSU School of Social Work





LIVE WELL



May is Mental Health Month



"A Beautiful View" This original painting is a collaborative oil on canvas created by residents participating in the Healing Hearts program at Edgemoor Hospital with Linda Bounds

NAMI Walk and HHSA Wellness Expo

Saturday, April 29, 2017 7:30 a.m. to 11:00 a.m. Liberty Station NTC Park 2455 Cushing Road, San Diego 92106

Featuring

NAMI Walk/Run* Resource Fair* Veteran's Zone* Art Zone* Pet Zone* Fun Family Activities* Open to the Public* All Ages Welcome* Free Parking

Visit www.namiwalks.org/SanDiegoCounty to register for the Walk

Contact Nancy Page (nancy.page@sdcounty.ca.gov) for Wellness Expo information









SAVE THE DATE

Join us for this FREE event

Please register online @ http://www.luvsolutions.org/parenting-expo.html

For more information please e-mail: expo@luvsolutions.org

or call: 858-384-2437



Last year you joined us at The Four Points by Sheraton, and this year we will be in North County at:

California Center for the Arts, Escondido

340 N Escondido Blvd, Escondido, CA 92025

The County of San Diego's Child Abuse Prevention Coordinating Council (CAPCC) is hosting their 3rd annual FREE Parenting Expo.

The Parenting Expo will provide parents and caregivers with tools and resources on parent education about healthy, safe and thriving children and families. This event encourages and facilitates community support to prevent and address child abuse and strengthen families.



RESERV LA FECHA

ÚNASE CON NOSOTROS EN ESTE EVENTO GRATUITO Registrese hoy @ http://www.luvsolutions.org/parenting-expo.html

Para Información comuníquense por correo electrónico: expo@luvsolutions.org o llame: 858-384-2437

3 er ANUAL
EXPO de CRIANZA
2017
Incluyendo a todos
los padres y
personas que
proveen cuidado a
niños

Sábado 29 de Abril 2017 8:00am – 2:00pm

Inspiramos educación de Padres sobre la Salud, el bienestar y el prospero de las familias

¡Cuidado de Niños Y Almuerzo Gratuito!

Este año nos vamos a reunir en: California Center for the Arts, Escondido 340 N Escondido Blvd, Escondido, CA 92025

El Expo de Crianza les dará a los padres y a personas que proveen cuidado de niños las herramientas y recursos en educación sobre la salud, el bienestar y prosperidad de niños y familias.

Este evento motiva y facilita el apoyo de la comunidad para prevenir y enfrentar el abuso de niños y fortalece a las familias.





SAVE THE DATE



Children's Mental Health Well-Being Celebration

* Growth * Health * Hope *

Wednesday, May 3, 2017 4:00 - 6:00 P.M.

Spring Valley East Communities Campus (SVECC)
3845 Spring Dr., Spring Valley, CA 91977

RSVP will be required

Contact: CYFLiaison@namisd.org or text/call (858) 987-2980

The County of San Diego Children, Youth and Families (CYF), Behavioral Health System of Care Council (CYFBHSOCC) is hosting its third annual Children's Mental Health Well-Being event to celebrate the mental health & well-being of children, youth and their families engaged in the San Diego County Children's System of Care (CSOC).

Join a dynamic & creative planning team. Next meeting 3/23/17 from 1:00 to 3:00 p.m. NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, SD CA 92123



Children, Youth & Family Liaison







Come and view inspirational short films produced by youth across California.

These young filmmakers created films to change the conversation about suicide prevention and mental health at their schools and in their communities. Winners will be announced and recognized at the award ceremony.

Thursday, May 11th, 2017 from 11am to 2pm

11 AM Red Carpet

12 PM Screening & Award Ceremony

CALIFORNIA CENTER FOR THE ARTS 340 N ESCONDIDO BLVD, ESCONDIDO, CA 92025 FREE PARKING IS AVAILABLE.

SEATING IS LIMITED. FOR TICKETS: WWW.DIRECTINGCHANGE.ORG

No cost for general seating.

Reserved VIP seats available for a \$25 donation. (Limited)







Funded by countres through the Mental Health Services Act (Prop 63)











12



DO YOU
WANT TO KNOW
MORE ABOUT
HOW TO
RESPECTFULLY
CONNECT WITH
REFUGEE
FAMILIES?

ARE YOU LOOKING FOR TOOLS TO ENHANCE YOUR JOURNEY IN PARTNERING WITH REFUGEE FAMILIES THROUGH CULTURALLY RESPONSIVE SERVICES?

The number of refugee families in San Diego is growing every year. They are a varied and resilient community. In this conference, presentations will address the impact of trauma, the recognition of resilience, the effects and challenges of forced migration, and identify culturally responsive interventions, tools and available resources for refugee families.

For more information click here.

CONFERENCE DETAILS

THURSDAY, JUNE 1, 2017

8:00am — 8:30am Registration & Breakfast

8:30am - 4:30pm Conference

CROWNE PLAZA MISSION VALLEY

2270 Hotel Circle North San Diego, CA 92108

REGISTRATION FEE: \$75

Fee Includes: Parking, continental breakfast, lunch, and CEs

Scholarships available for Family & Youth Support Partners. Contact CYFSOCAcademyBHFTA@mail.sdsq.edu



This conference has the qualifications for 7 hours of continuing education credit pending for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CCAPP-EI, Provider Number 15-98-398-0818, and CAADE Provider Number CP10-906-C0317 for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 3-5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.

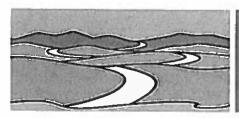














Registration Form (a separate registration form is required for each participant)

Please indicate the division of Children's System of C	are you work with:
☐ Family and Youth Members ☐ Family and Youth Partners ☐ Children Youth and Families Behavioral Healt	Probation Community Partner Child Welfare Other Education
Name:	
Program:	
Position/Job Title:	
Phone:	Work Email:
Work Address:	
Supervisor:	Supervisor E-mail:
☐ I am a psychologist. Psychologist license # Vegetarian Meal	
Please email your completed registration form to: CYFSOCAcademyBHETA@mail.sdsu.edu or FAX (619) 594-1118

Your registration is not complete until payment is processed.

Group payments must include a registration form for each participant.

Registration is nontransferable without the submission of a new registration form.

Only payment by check or credit card will be accepted. Checks submitted for multiple registrants must include a list of all registrant names. Payments must be received by May 25, 2017.

PAY BY CHECK

Please make checks payable to SDSU Research Foundation.

Mail Checks to: BHETA 6505 Alvarado Rd. Suite 107 San Diego, CA 92120

PAY BY CREDIT CARD

Click or go to the link: https://era.foundation.sdsu.edu/merchant/default.aspx?pg=listing&activity=10108
Scroll to the bottom to the dot point that reads *Training* above *Academy for Professional Excellence*Click the link that reads *Pay by Credit Card for Training*Enter the amount you are paying. Registration fee is \$75.00 per person.
Enter the amount with no \$ symbol (for example 75.00).
You will receive an e-mail confirmation upon receipt of your payment.

If you have any questions or trouble processing payment, please e-mail CYFSOCAcademyBHETA@mail.sdsu.edu.