



### **Combined Councils Bi-Annual Meeting**

Children, Youth and Families (CYF), Transition Age Youth (TAY), and Adult Councils October 10, 2022 | 10 to 11:30 a.m.

#### **MEETING SUMMARY**

Virtual Meeting

CYF Council Co-Chairs	TAY Council Co-Chairs	Adult Council Co-Chairs
Jaime Tate-Symons	Mark Bartlett	Marisa Varond
Stephanie Escobar	Laura Tancredi-Baese	Jeffrey Najarian

ITEM	SUMMARY AND ACTION ITEMS
Welcome and Introductions	Piedad Garcia and Yael Koenig welcomed
Piedad Garcia, Adult and Older Adult (AOA) Deputy Director	meeting participants.
Yael Koenig, Children Youth and Families (CYF) Deputy Director	Yael Koenig acknowledged October as Emotional Wellness month and invited participants to
Celebrating Emotional Wellness Month	complete the Word Cloud. See responses below.
Word Cloud SLIDO – "What do you do to maintain your own personal health and wellness?	

#### What do you do to maintain your personal health and wellness? Spend time with family Matrix energetics, Jin Shin Write poetry Walk and eat whole food Play with my dog Laugh **Exercise Walk** Kittens **Video Games** Meditate **Wine Tasting** Cats go on walks! Yoga **Pickleball Family** Art Reading Therapy Swim Meditation **Kids Dance** Music CrossFit Sleep **Breathe** Stay active Surfing Play the ukulele Workout, eat healthy **Hobbies** Spend time with fam & friends Go to nature

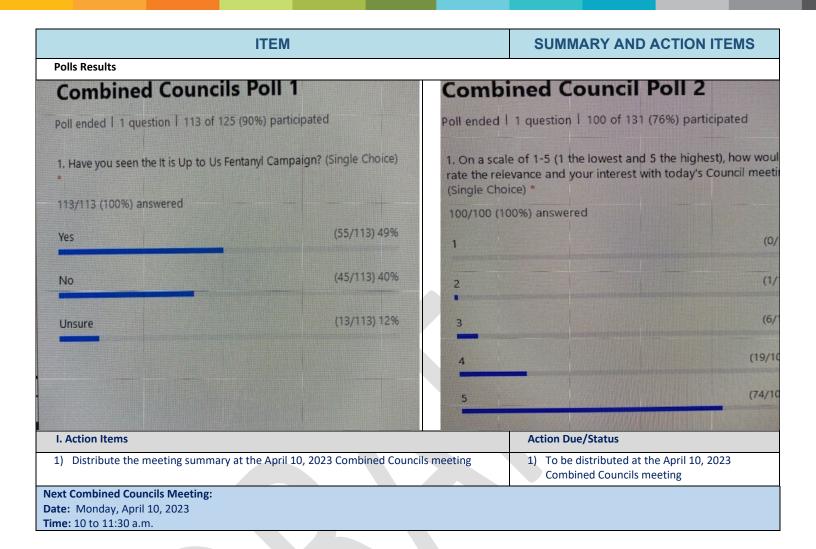
- Review of April 11, 2022, Combined Councils Meeting Summary Handout Pages 2-4
- CYF, TAY, and Adult Councils Written Updates Handouts Pages 5-8

#### Yael Koenig highlighted the following:

- Summary notes of the April 11, 2022 meeting focused on Peer Support Services and Certification
- Written updates from the Councils highlighting accomplishments for Fiscal Year 2021-22 and areas of focus for Fiscal Year 2022-23

SUMMARY AND ACTION ITEMS
Marisa Varond facilitated the Fentanyl Awareness Hot Topic presentations. See left side for questions and comments from the meeting discussion.
gkade - Pages 9-32
ogan - <b>Pages 33-76</b>
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essionally and  tion. Thank you!  the assumption that the support. Great to of 7th grade high"" Rates of  ct. Do we suggest the term not to use;  ONauJGfc  guages i.e. Spanish
o term not to use;

ITEM	SUMMARY AND ACTION ITEMS
The best meeting I have attended in the past two years. They are all very good, but this one is definitely tops! Thank you! This meeting was excellent, information was important and timely Great meeting, very helpful resources! Very helpful! thank you!  Closing Remarks and Announcements/Public Comment Poll Question – Overall relevance of today's meeting Stakeholder Announcements – unmute or add information to the chat County of San Diego Behavioral Health Program Coordinator Recruitment - Handout – Page 86 November 2022 Councils Meetings CYF: Monday, November 14, 2022 from 9 to 10:30 a.m. via Zoom Adult: Monday, November 14, 2022 from 11 a.m. to 12:30 p.m. via Zoom TAY: Wednesday, November 23, 2022 from 3 to 4:30 p.m. via Teams Next Combined Councils meeting is tentatively scheduled for April 10, 2023	<ul> <li>Yael Koenig invited meeting attendees to complete Poll 2. Poll results are included on page 4</li> <li>Announcements and Public comment were inserted in the chat.</li> <li>Highlight of October 11, 2022 Board Letter Item 10: Addressing the Behavioral Health Worker Shortage in San Diego County</li> <li>CDPH Fentanyl &amp; Overdose Prevention https://www.cdph.ca.gov/Programs/OPA/Pages/Communications-Toolkits/Fentanyl-Overdose-Prevention.aspx</li> <li>Screening to Care Request For Proposal (RFP) 11615         Pre-Proposal Conference – October 13, 2022, at 10 a.m. To access open solicitations and for instruction on how to register for BuyNet please go to: <a href="https://buynet.sdcounty.ca.gov/">https://buynet.sdcounty.ca.gov/</a> Please consider submitting a proposal for the LW Advance Connection Hub and help highlight behavioral health to other sectors! <a href="https://app.smartsheet.com/b/form/cc8172f37e18481ca323afa6e2fdb3d0">https://app.smartsheet.com/b/form/cc8172f37e18481ca323afa6e2fdb3d0</a></li> <li>San Diego Refugee Communities Coalition is hiring for a BH Program Manager</li> <li>Piedad Garcia closed the meeting reiterating the relevance of the information provided with a call to action to use it to make a difference on the</li> </ul>



#### **CYF Council Attendance**

+=Member in Attendance CONSTITUENCY		O=Absent		E=Excused	
		MEMBER PUBLIC SECTOR	STATUS	ALTERNATE	STATUS
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	0	Joel San Juan	0
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas- Wallenfelt	0
3	Public Safety Group/ Probation	Tabatha Wilburn	+	Delona King	0
4	Child Welfare Services (CWS)	Jerelyn Bourdage	+	Norma Rincon	0
5	Homeless Solutions and Equitable Communities	Pending		Pending	0
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	0
7	Medical Care Services (MCS)	Dr. Kelly Motadel	E	Dr. Eric Mc Donald attended on behalf of Dr. Motadel	
8	Juvenile Court	H. Judge Ana España	0	Beth Brown	+
9	First 5 Commission	Alethea Arguilez	0	Stephanie Escobar	+
10		EDUCATION SECTOR		Latera Tala Corres	T .
10	Special Education Local Plan Area (SELPA)	Russell Coronado	0	Jaime Tate-Symons	+
11	Regular Education Pupil Personnel Services	Violeta Mora	0	Margaret Sedor	0
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	+	Misty Bonta	0
		PRIVATE SECTOR		1	T
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	+	VACANT	
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	0
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	+
17	Mental Health Contractors Association (MHCA)	Julie McPherson	0	Minola Clark Manson	Е
18	MHCA	Laura Beadles	+	Golby Rahimi	0
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	Marcelo A. Podesta	+
20	Managed Care Health Plans	Kathleen Lang	+	James Trout	+
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Vacant	
	F	AMILY AND YOUTH SECTOR			
22	Family and Youth Liaison	Sten Walker	+	VACANT	
23	Caregiver of child/youth served by the Public Health System	VACANT		Karilyn "Kari" Perry	+
24	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	0	VACANT	
25	Youth served by the public health system (up to age 26)	Caitlynn Hauw	+	VACANT	
	COMMITTEES (Non-v	oting members unless a members	er of the Council)		
-	Executive	Sten Walker Jaime Tate Symons	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson Marisa Varond	0/+		
-	Early Childhood	Aisha Pope Ginger Bial	+/0		
-	Education	Heather Nemour Violeta Mora	0/0		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	0/+		
-	Training	Rose Woods	E		

#### **TAY Council Attendance**

+=Member in Attendance O=Absent E=Excused					
CONSTITUENCY	MEMBER	STATUS	CONSTITUENCY	MEMBER	STATUS
Child Welfare Services	Steven Wells	+	Pregnant or Parenting Youth Provider/Co-Chair	Laura Tancredi-Baese	0
Client Advocacy	Paul Herrmann	0	Primary Health Care	<u>Open</u>	
Commercial Sexual Exploitation of Children	OPEN		Public Safety Liaison/Juvenile Probation	Rafael Ortiz Gomez	0
Education	Marian Edelbrock	0	Refugee and Immigrant Populations	Lamar Jackson	0
Employment Services	Amanda Downing	0	San Diego Regional Center for the Developmentally Disabled	OPEN	
Foster Youth (current or former Extended Foster Care TAY)	Prizila Vidal	0	Substance Use Disorder Services/Co-Occurring	Karen Lenyoun	0
Homeless Services/Outreach/Co- Chair	Mark Bartlett	0	Transitional Age Youth (1)	Nicole McDonald	0
Hospital Partner	OPEN		Transitional Age Youth (2)	Simone Hidds Monroe	0
Housing	Jennica Valdez	0	TAY Social Support/Activities	Irving Chavez	0
Law Enforcement	OPEN		Underserved Communities/CCRT	OPEN	
LGBTQ	OPEN		Open Seat (1)		
Mental Health Prevention and Early Intervention	Katie Blevitt	0	Open Seat (2)		
Peer Support Specialist in TAY Program	Natalia Krummel	0			

#### **Adult Council Attendance**

+=Member in Attendance O=Absent E=Excused					
Constituency	Member	Status	Alternates	STATUS	
(TAY) Pathways LLC.	Baraceros Mary	+			
(Consumer) RI International	Benson, Mary	0			
(Employment Services) San Diego Workforce Partnership	Brannock, Vicki	0	Walker, Kristin		
(Employment Services) MHS Inc Employment Solutions	Del Real Ochoa, Vianey	+	Masaryk, Kay		
Community College District	Easton, Leslie	+	Kamp, Julia		
(Homeless Services Provider) Catholic Charities	Fallon, Antoinette	+			
(Advocacy) NAMI San Diego					
(Advocacy) Jewish Family Services	Hall, Melissa	+	Woodruff, Caitlin	0	
Prevention and Early Intervenion Constituency	Imam, Syed	0			
Long Term Care	Jajou, Gwen	0	Baker, Carrie	0	
UCSD Psychiatry	Kistler, Janelle	0			
(Advocacy) League of Women Voters	Kruidenier, Liz			0	
(Fee For Service) San Diego Psychological Association	Miller, Don	0	Tess, Steve	0	
(Housing Council) Wakeland Housing & Development Corporation	Najarian, Jeffrey	+			
(Advocacy) Consumer Center For Health Education & Advocacy	O'Brien, Mary Jo	0			
(Veterans Services) Office of Military & Veterans Affairs	Quintong, Wil	0	Relieve, Adonis	0	

Combined Council Bi Annual Meeting October 10, 2022 Total Attendees: 146				
Aisha Pope	Edith Mohler	Kelly Bordman	Roberto Suarez	
Alicia Castro	Eileen Quinn-O'Malley	Kimberly Pauly	Ronald Bautista	
Amanda Farr	Elaine Carballo	Krystle Murguia	Rosa Ana Lozada	
Amanda Lance-Sexton	Eliza King	Laura Beadles	Sandra Mueller	
Amir Vahabinejad	Emily Felenczak	Laura Vleugels	Sarah Baldwin	
Ana Loberia	Eric McDonald	Leslie Easton	Sarah Salven	
Andrea Duron	Delrena Swaggerty	Leslie Manriquez	Shakara Thompson	
Angela Rowe	Erika Hernandez	Lilly Payton	Shannon Jackson	
Angelina Puffelis	Evan Hodges	Lisa Bertelle	Shaun Goff	
Anne Lacy	Fran Cooper	Liz Miles	Sherry Casper	
Antoinette Fallon	Francisca Martinez	Liz Winchell	Simonne Ruff	
Aprille Pena	Gillian Leal	Loretta Ramirez	Stacey Kneeshaw	
Asheka Huey	Grisel Ortega-Vaca	Marcelo Podesta	Stacey Musso	
Babbi Winegarden	Gwendolyn Smith (Betsy Knight)	Margarita Hernandez	Stacy Thompson	
Barbara Ryan	Jaime Tate-Symons	Marisa Varond	Sten Walker	
Bernie Miles (Bernie Miles)	James Rogers	Martin Dare	Stephanie Escobar	
Beth Brown	James Trout	Mary Ellen Baraceros	Stephanie Gioia-Beckman	
Betsy Knight	Jamie Martinez	Mary Woods	Stephanie Lao	
Brenda Preston	Jamie Wilson	Maya Shahar	Steven Wells	
Carmen Pat	Janet Cacho	Melanie Briones	Susana Antonio	
Celeste Hunter	Janette Magsanoc	Melanie Morones	Tabatha Wilburn	
Chelsey De La Cruz	Jarrod Ekengren	Melissa Hall	Tais Millsap	
Cheryl Rode	Jazmin Wali	Melissa Penaflor	Tara Stamos-Buesig	
Christine Maggio	Jean McDonald	Michael Miller	Taylor Valdivia	
Christine Tham	Jeffrey Najarian	Michelle Hogan	Terri Kang	
Cinthia Castillon	Jerelyn Bourdage	Mina Arthman	Tom Coleman	
Claire Enemark	Jesse Emerson	Natanya Glezer	Tova Brown	
Claire Riley	Jodi Erickson	Noelita Robeniol	Vanessa Arteaga	
Claudette Butler	Joelle Fornasier	Pamela Meza	Vianey Del Real Ochoa	
Clint Magoffin	Joshua Zhang	Patrick Samayoa	Wendy Maramba	
Connie German-Marquez	Judi Holder	Phuong Quach	Xochitl Poblano	
Danyte Mockus-Valenzuela	Karen Giannini	Pradeep Gidwani	Yael Koenig	
Darwin Espejo (Host)	Kari Perry	Raven King	Yuka Sakamoto	
Debra Schade	Kat Briggs	Rhonda Crowder	Yvette Leiva	
Diane Ashton	Kathleen Lang	Robert Cook – Heartland	Zachary Guzik	
Dina Ali	Katie Wood	Robert Gibson	Two Unknown Callers	

# Children, Youth and Families Council Achievements and Goals Update April 10, 2023



# Fiscal Year 2022-23 Goals and Achievement Highlights (October 2022 – March 2023)

- Executive Committee to Council will continue to plan Council meetings, manage infrastructure that promotes valuable information exchange, deliberation and actions that extends to supporting the Council committees and relevant groups
  - Coordinated the October 10, 2022, Combined Councils meeting focused on Fentanyl Awareness
  - Continued to share relevant Board Letters
  - Through the CYF System of Care Training Academy, presented the annual CYF System of Care Principles awards on December 12, 2022. The organization award was presented to the Vista Hill Accessible Depression and Anxiety Peripartum Treatment (ADAPT) program and the individual award was presented to Lesley Johnson from the San Diego Unified School District
  - Ensure that the meeting format meets the Council needs (virtual or in-person)
    - Beginning at the November 14, 2022 meeting, added the Public Comment section to the Business items meeting agenda
    - Introduced Cultural Share agenda item at the February 13, 2023 meeting
    - Dedicated the February and March 2023 meetings for presentation updates from the Council committees and relevant groups
    - o Total number of meeting attendees:

October 10, 2022: 146 November 14, 2022: 128 December 12, 2022: 123 January 2023: Dark February 13, 2023: 124 March 13, 2023: 106

- Maintain CYF Council website updated:
  - https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental health services children/CYFBHSOCCouncil.html
- Consider current landscape and systems priorities to identify opportunities for synergy to advance system of care, with specific emphasis on the Continuum of Care – Youth Strategies focus (September 27, 2023 Board Letter- Item 23)
  - Strategic Domain 1 Family System Work and Supports
    - Infused support to the new Child and Family Well-Being department. The February 13, 2023 included a
      presentation on the upcoming new department that will integrate Child Welfare Services (CWS), First 5, the
      childcare system, and other essential resources for families
    - Provided timely version updates and direct links to the CYF Services directory (November 14, 2022 and February 13, 2023)

    - Shared information about relevant events and activities that provide support to families: Operation Gobble (November 16, 2022); Town Hall Series-BHS on November 16, 2022, and Homeless Solutions and Equitable
      - Communities on December 14, 2022; Love Your Heart week (February 11-19, 2023)
  - Strategic Domain 2 School Engagement and Care Opportunities
    - The November 14, 2022 meeting agenda Hot Topic was Student Behavioral Health Incentive Program (SBHIP).
       It included a presentation and questions/answers session
  - Strategic Domain 3 Health Integration
    - A new Public Sector Medical Care Services (MCS) seat was voted in on September 12, 2022. Dr. Kelly Motadel was welcomed as the MCS representative at the November 14, 2022 meeting

# Children, Youth and Families Council Achievements and Goals Update April 10, 2023



- At the mid-year CYF Committees/groups updates (February 13, 2023), the Private Health Care/Pediatrician representative emphasized in: "When parents are concerned for their children health, including mental health, their pediatrician is often the first person they talk to"
- Attend to shifting needs associated with the pandemic
  - The December 12, 2022 meeting Hot Topic was dedicated to Post COVID-19 considerations for Children, Youth, and Families. The topic was presented by the CYF Council Early Childhood Committee. The presentation included a panel of CYF providers and a facilitated discussion
- Address Equity and Racial Justice
  - Supported the Live Well Advance Conference and School Summit: Building and Equitable Future. The event was held on December 7, 2023
  - Encouraged participation in the Cultural Fair presented by the Birth of Brilliance conference on March 3, 2023
- Increase participation in the annual Children/Youth Mental Health Well Being Celebration (May 13, 2023-In person event)
- Promote youth engagement and participation
  - Showcased artwork and shared information from Directing Change (November 14, 2022, December 12, 2022, and February 13, 2023)
     https://directingchangeca.org
  - Provided a forum to youth to present a Proposal Letter for Advocacy of Peer Counseling programs in all Middle and High Schools in California on behalf of the California Behavioral Health Planning Council (CBHPC) Children and Youth Workgroup (December 12, 2022)
  - Council member representing youth was a speaker at the Youth Mental Health Equity Town Hall (Hybrid) on December 17, 2022
- Support the California Advancing and Innovating Medi-Cal (CalAIM) implementation
  - Shared relevant updates and information about upcoming events
- Coordinate the delivery of the annual CYF Council Orientation (June 12, 2023)
- Support the advancement of the CYF System of Care through trainings, including attending:
  - The Birth of Brilliance conference (February 23, 2023)
     Birth of Brilliance Virtual Conference 2023 (ce-go.com)
  - Critical Issues in Child and Adolescent Mental Health (CICAMH) conference (April 21, 2023)
     2023 CICAMH Home CICAMH





# Adult Council Achievements and Goals Update April 10, 2023

## Fiscal Year 2022-23 Achievement Highlights

#### **Presentations**

- EQRO Access to Care Recommendations
- Substance Use PIP Presentation
- County of San Diego Response to Fentanyl as a Public Health Crisis Presentation Dr. Kattan

#### **Healthcare and Racial Disparities**

- Liz Miles presented on EQRO Access to Care Recommendations related to low penetration rates for specialty mental health services (SMHS) among Latino/Hispanic and Asian/Pacific Islander beneficiaries. The Council reviewed adult SMHS utilization data by region and race/ethnicity and discussed planned quality improvement activities.
- Deputy Director reported out on CCRT ongoing discussions on health care disparities and the upcoming BH
  Equity Index that UCSD in developing as a tool for the system of care for planning and design of program
  purposes.
- CCRT FY 22-23 Goals 3 areas of focus update:
  - 1. Improvement Review of 3 LE Cultural Competence Plans for input and feedback
  - 2. Health Care Disparities participate in Community Experience Partnership and review of Behavioral Health Equity Index and Dashboard
  - 3. Coordinating efforts/enhance cross-threading and membership.
  - Elizabeth Bustos, Office of strategy and Innovation, did a presentation to the CCRT on Language Equity in Practice: The Translation, Language, Culture Connection Story.
- UCSD presented on two initiatives to increase access to and retention in MAT.
  - > The MAT EQRO PIP aims to increase the proportion of clients with OUD who are dual enrolled to receive MAT, as well as increasing the percentage of OUD pharmacotherapy treatment events for at least 180 days.
- The DHCS CalAIM BHQIP initiative aims to increase the percentage of clients receiving follow-up after an ED visit for an alcohol or other drug visit through improved data exchange and care coordination.

#### **Behavioral Health Workforce**

Adult Council representatives joined an ad hoc committee with other behavioral health coalitions to develop 29 recommendations to support increased workforce capacity. These recommendations were incorporated into the SDWP report entitled <u>Addressing San Diego's Behavioral Health Worker Shortage</u> and ultimately <u>adopted by the Board of Supervisors</u> on October 11.

#### **Continuum of Care**

- Deputy Director reported on the progress of several programs including:
  - > Mobile Outreach Response Team and the various stages of implementation, including 24/7 response across the County. Over 4,500 referrals through the ACL/988 and Law Enforcement have been responded to and planning is underway for School Districts and Colleges and Universities MCRT response.
  - > The Rosecrans Shelter opened in Fall of 2022, with 150 beds. This is a joint effort between County of San Diego and San Diego Housing Commission. Behavioral health support services are on site.
  - > CHRT Midway Shelter and the CHRT- Safe Haven opened in December 2022. These are dedicated services for homeless persons with a chronic substance condition who are resistant to services.
  - > Design and development are under way for a 7<sup>th</sup> CSU in El Cajon. Anticipated operations FY 24-25





• Dr. Jessica Kattan presented on the County of San Diego's Response to Fentanyl as a Public Health Crisis, including population health data and local actions to address illicit fentanyl. Strategies include conducting overdose prevention education, expanding naloxone distribution, intervening early with individuals at highest risk for overdose, and improving detention of overdose outbreaks to facilitate more effective response.

#### **Adult Council Workgroups and Report Out**

- CCRT CCRT member provides monthly updates
- Work Well Employment Workgroup updates
- Consumer Workgroup updates
- MHSA MHSA monthly updates

### Fiscal Year 2022-23 Areas of Focus/Goals

Adult Council Goals for FY 2022-2023

- Goal 1: Address access to health care disparity.
  - 1. Action items:
    - 1. Request UCSD presentation on EQRO findings and recommendations specific to access to care and Latino population (December Meeting completed)
    - 2. Request presentation on PIP and compare with general access to care issues systemwide (January meeting completed)
    - 3. Request Health Equity Index Update (TBD)
- Goal 2: Better understand and make recommendations regarding recent increases in overdose deaths.
  - 2. Action items:
    - 1. Dr. T or Dr. E presentation related to strategies to mitigate overdose deaths (Feb meeting) (February Dr. Kattan completed)
    - 2. Discuss strategies such as Narcan vending machines, Access to testing strips in housing developments. (Feb meeting) (February Dr. Kattan completed)
- Peer Council Goal will be the inclusion of Peer Council member(s) at the Adult Council for report outs and vice versa. (Presentation by Peer Council May/June 2023)



#### **TAY Council**

# Achievements and Goals Update April 10, 2023

## Fiscal Year 2022-23 Achievement Highlights

#### Highlighted program presentations to the Council:

Doors of Change Opioid Treatment Programs Pathways Oasis Clubhouse North Central Teen Recovery Center UPAC Teen Recovery Center

#### **Three Primary Areas of Focus:**

**TAY Resource Guide-** Providing information and resources specific to TAY needs. Workgroup has completed the input on this. Now aligning with prior guide format.

**Health Wellness & Healing**- Bridging the Gap Between Health and Healing. Provide information regarding TAY-centric health/wellness opportunities and resources within the community.

Education/Employment Services- Focusing on increasing access to support and services to assist TAY in achieving their Educational and/or Employment related goals. The Education and Employment Services Subcommittee has enlisted additional Council members and Subject Matter Experts (SMEs) to engage in brainstorming, information sharing, and dialogue to craft a meaningful recommendation to the TAY Council. The Subcommittee will be meeting regularly and will quickly work towards developing a recommendation to meet this priority.

### Fiscal Year 2023-24 Areas of Focus/Goals

- Change of leadership to move forward with the council.
- Recruit members for vacant seats
- Re-vamp the agenda presentation with pictures and introduction of seats members.
- Review potential for "in-person" meetings for specific council collaborations.