



Welcome to the Children, Youth and Families Council Meeting

THE MEETING WILL BEGIN SHORTLY

KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING

THE MEETING PACKET WAS EMAILED TO THE COUNCIL DISTRIBUTION LIST AND POSTED IN CHAT

MAY 8, 2023



WELCOME



LIVE WELL
SAN DIEGO



WELCOME NEW ATTENDEES



**WELCOME
BACK!**



STEVEN WELLS
CHILD WELFARE SERVICES SEAT

CHILDREN'S MENTAL HEALTH AWARENESS WEEK GOVERNOR'S PROCLAMATION MAY 1-7, 2023



“During Children’s Mental Health Awareness Week – the first week of Mental Health Awareness Month – we recognize the anxiety, isolation, and trauma our children and youth have weathered, as well as the incredible resilience they have shown. **It’s critical that we listen to our young people and tap into their passion and creativity in reimagining our mental health system – built for and with the youth and families it serves.**”

- Gavin Newsom, Governor California,
Excerpt from Proclamation



Office of Governor
GAVIN NEWSOM

[Governor Newsom Proclaims
Children’s Mental Health Awareness
Week 2023 | California Governor](#)

Mental Health
RESOURCES FOR YOUTH

[Youth Mental Health
Resources Hub - California
Health and Human Services](#)



San Diego County Students Recognized for Mental Health and Suicide Prevention Achievements

Two student-created films from San Diego County (“A Genderqueer Perspective (on Mental Health),” “Truth Heals”) will be screened and recognized at a red-carpet award ceremony hosted at the Theatre at Ace Hotel in downtown Los Angeles at 11 am on Tuesday, May 16, 2023.

During the 2022-23 school year, a total of 117 young people from 12 schools in San Diego County submitted 47 films about mental health and suicide prevention, and because of participating in the program were prepared to recognize and respond to signs of distress in themselves and their peers. 16 San Diego films received recognition (see handout for links).



Suicide Prevention Finalists Second Place Suicide Prevention: “Truth Heals”

San Diego Met High School Filmmakers: Sydnie Pitzer, Evan Foskett/Advisor: Gini Mann-Deibert

Link to Video: <https://vimeo.com/804016156>



NAMI SAN DIEGO Community ADVOCACY PROGRAM

Faeth Jackson

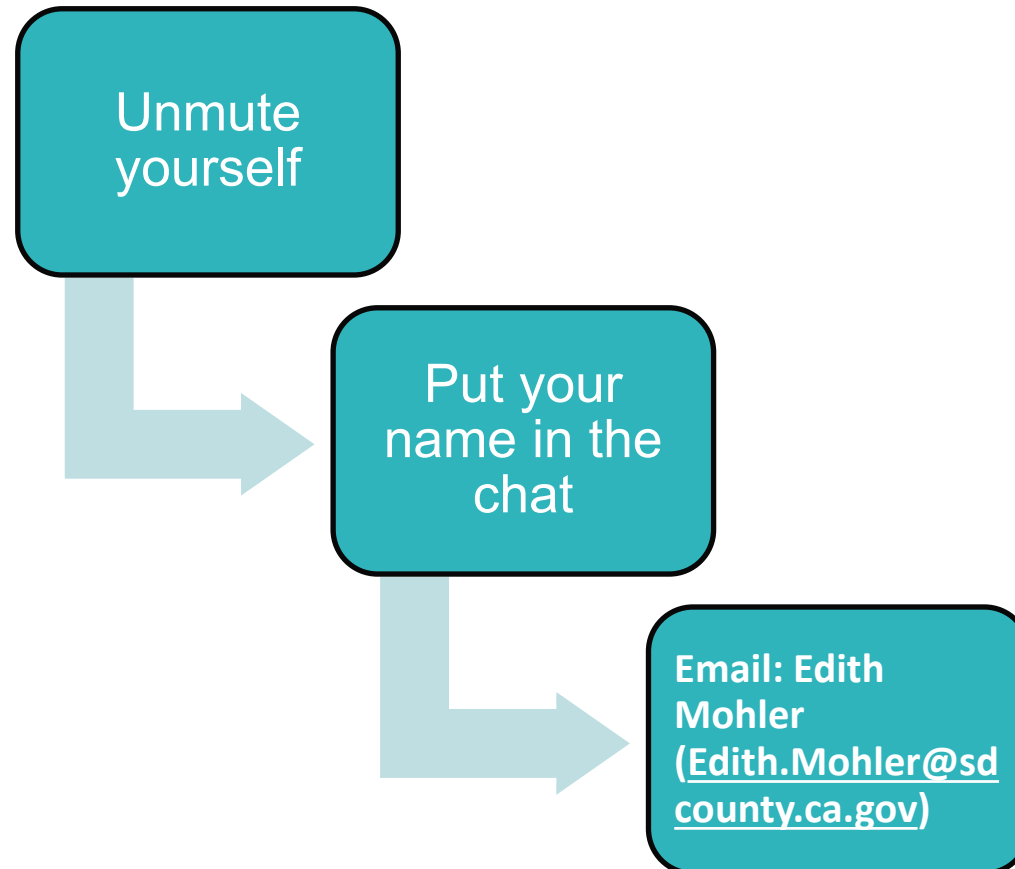
Alexander Ball



CULTURAL SHARE ACTIVITY



Seeking a Volunteer to present at the July 10, 2023 Council Meeting
To volunteer, please:





MEETING SUMMARY REVIEW

INPUT ON THE MEETING SUMMARY

1. Verbally provide input, or
2. Enter input in the chat, or
3. Email input to Edith.Mohler@sdcounty.ca.gov by COB today



PUBLIC COMMENT

Participants are invited
to unmute or enter
comment in chat



Authorize Competitive Solicitation for the Prevention Hub Serving Children and Families Through the Child and Well-Being Department and Authorize Applications for Additional Funding Opportunities



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COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: March 14, 2023

04

TO: Board of Supervisors

SUBJECT

AUTHORIZE COMPETITIVE SOLICITATION FOR THE PREVENTION HUB SERVING CHILDREN AND FAMILIES THROUGH THE CHILD AND FAMILY WELL-BEING DEPARTMENT AND AUTHORIZE APPLICATIONS FOR ADDITIONAL FUNDING OPPORTUNITIES (DISTRICTS: ALL)

OVERVIEW

The child welfare system has made significant changes over the past 15 years to improve the response to children who have been abused and/or neglected. The County of San Diego (County) is working on transforming the child welfare system toward prevention, with a focus on the earliest of interventions, and an overall change to a more equitable approach to reducing child maltreatment. On February 28, 2023 (21), the San Diego County Board of Supervisors (Board) approved the creation of the Child and Family Well-Being (CFWB) Department.

“Will authorize CWS to enter into an agreement for prevention and early intervention supports and services to address and decrease the disproportionality of youth and families of color being reported to the Child Abuse Hotline, receiving intervention services, and youth in foster care.”

Complete Board Letter included in handouts

District Attorney – Request For Proposals for District Attorney Transitional Age Youth Diversion Initiative



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: April 4, 2023

01

TO: Board of Supervisors

SUBJECT

DISTRICT ATTORNEY – REQUEST FOR PROPOSALS FOR DISTRICT ATTORNEY TRANSITIONAL AGE YOUTH DIVERSION INITIATIVE (DISTRICTS: ALL)

OVERVIEW

The San Diego County Office of the District Attorney (SDCDA) is constitutionally responsible for the prosecution of criminal violations of state law and county ordinances. SDCDA works to seek justice in criminal cases, prevent crime, protect victims, and serve as a leader in the diverse communities we serve. While SDCDA is required to hold individuals accountable for harmful behavior, there may be opportunities to respond to such behavior with appropriate sanctions that address the underlying causes, meet the needs of the victim, and reduce the likelihood of reoffending.

“SDCDA’s Transitional Age Youth Diversion Initiative (TAYDI) aims to provide about 500 young adults annually, rehabilitation pathways addressing the underlying causes of harmful behavior for certain non-violent, non-sex felony offenses.”

**Complete Board Letter
included in handouts**

Probation – Juvenile Justice Reform – Authorization for Competitive Solicitation(s) for Enhanced Services for Youth



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COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: April 4, 2023

05

TO: Board of Supervisors

SUBJECT

PROBATION – JUVENILE JUSTICE REFORM – AUTHORIZATION FOR
COMPETITIVE SOLICITATION(S) FOR ENHANCED SERVICES FOR YOUTH
(DISTRICTS: ALL)

“The San Diego County Probation Department (Probation) is working to offer enhanced evidence-informed and rehabilitative programming to youth in custody...”

**Complete Board Letter included
in handouts**

Expanding Emergency Housing Capacity for Survivors of Domestic Violence, Human Trafficking, and Sexual Assault



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NORA VARGAS

CHAIRWOMAN

SUPERVISOR, FIRST DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS

AGENDA ITEM

DATE: April 4, 2023

27

TO: Board of Supervisors

SUBJECT

**EXPANDING EMERGENCY HOUSING CAPACITY FOR SURVIVORS OF
DOMESTIC VIOLENCE, HUMAN TRAFFICKING, AND SEXUAL ASSAULT
(DISTRICT: ONE)**

OVERVIEW

The San Diego region suffers from an acute shortage of emergency housing for survivors of domestic violence, human trafficking, and sexual assault. As a result, many survivors, often those with children, must choose between returning to their abusers and becoming homeless. No government agency in the county provides emergency shelter beds for this population, and the non-profits that run shelters operate at capacity. High housing costs and the competitive rental market further exacerbate the critical need for emergency housing opportunities for survivors of domestic violence, human trafficking, and sexual assault.

- The City of San Diego (City) has acquired a property that can be used to operate an emergency shelter for this population.
- The property would provide a secure location with 44 rooms for individuals or families, on-site case management, and a breadth of services.

**Complete Board Letter included
in handouts**



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: May 2, 2023

05

TO: Board of Supervisors

SUBJECT

APPROVE THE MENTAL HEALTH SERVICES ACT INNOVATION PUBLIC BEHAVIORAL HEALTH WORKFORCE DEVELOPMENT AND RETENTION PROGRAM PROPOSAL AND AUTHORIZE SUBMISSION TO THE MENTAL HEALTH SERVICES OVERSIGHT AND ACCOUNTABILITY COMMISSION, ISSUE COMPETITIVE SOLICITATIONS AND AWARD CONTRACTS, AND EXPLORE PARTNERSHIPS TO SUSTAIN THE WORKFORCE DEVELOPMENT AND RETENTION PROGRAM (DISTRICTS: ALL)

Seeking approval to submit proposal for ab MHSA Innovation Proposal focused on Public Behavioral Health Workforce Development and Retention Program

through:

- Training & Tuition Fund
- Upskilling to Meet Professional Needs Program
- Tiered Loan Forgiveness and Home Ownership Incentive Program

Complete Board Letter included in handouts

5.4.23 BHAB Meeting Presentation
included in the handouts

ANNUAL CYF COUNCIL MEMBERSHIP ASSESSEMENT

FISCAL YEAR 2023-24

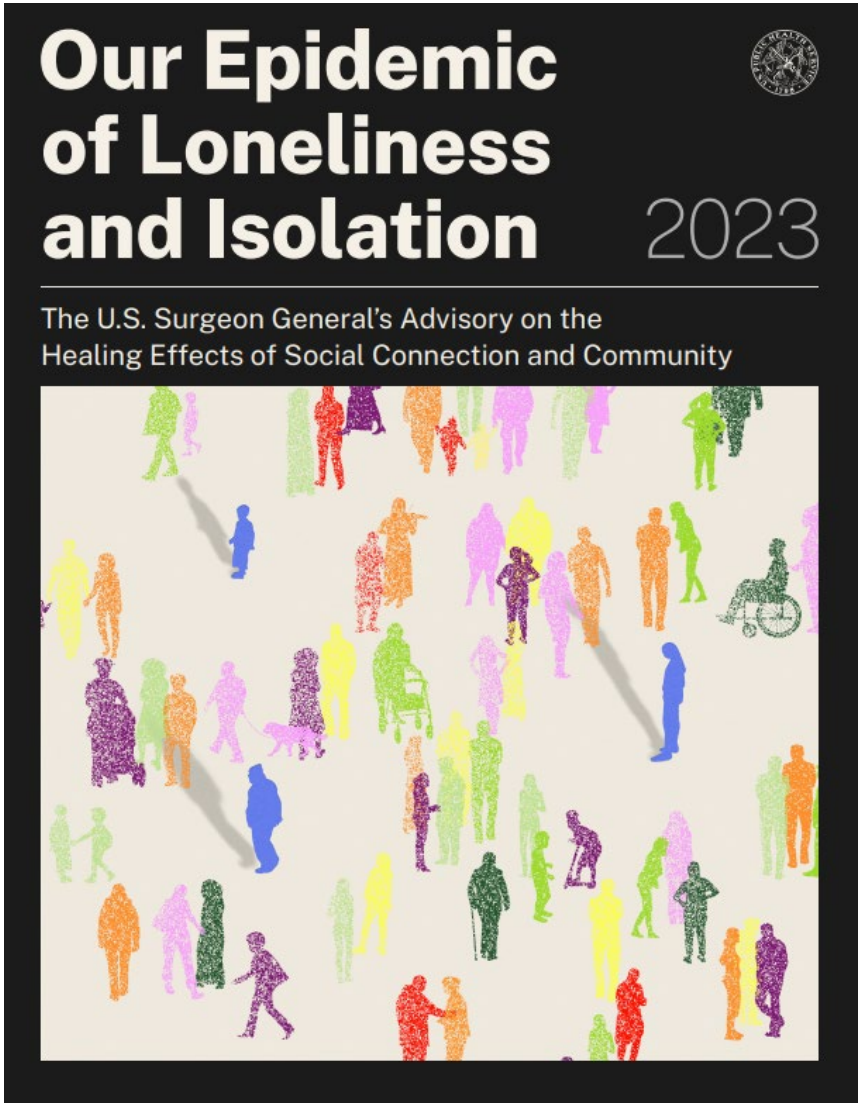


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2023 U.S. SURGEON GENERAL'S ADVISORY ON THE HEALING
EFFECTS OF SOCIAL CONNECTION AND COMMUNITY

Our Epidemic of Loneliness and Isolation (hhs.gov)



Our Epidemic of Loneliness and Isolation

Key takeaways from the U.S. Surgeon General's Advisory on the Healing Effects of Social Connection and Community

Humans are wired for social connection, but we've become more isolated over time

Social connection is as essential to our long-term survival as food and water. But today, loneliness is more widespread than other major health issues in the U.S. Our epidemic of loneliness and isolation is a major public health concern.

Social connection significantly improves the health and well-being of all individuals

Social connection reduces the risk of premature mortality. It can predict better physical and mental health outcomes and ease stress. Higher levels of connection can influence health-related behaviors. Educational and economic achievement are even impacted by connection.

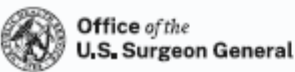
Social connection is vital to community health and success

Socially connected communities enjoy better population-level health. They are more prepared for — and resilient in the face — of disaster situations. They also experience greater economic prosperity and reduced levels of crime and violence.

Together, we can advance social connection and improve our nation's public health

Fostering social connection requires that we each commit to our relationships and communities. Our actions today can create sustainable changes to society and bring better health to all.

We all have a role to play in supporting social connection. Learn how you can take action by reading the advisory at: surgeongeneral.gov/connection



<http://surgeongeneral.gov/connection>

Modernizing Our Behavioral Health System

Since 2019, California has embarked on massive investments and policy reforms to re-envision how the state treats mental health and substance use disorders, collectively known as the behavioral health system.

Our ongoing re-envisioning of the behavioral health system has already seen more than \$10 billion in investments that range from prevention and early intervention programs for kids, to investments in programs like the CARE Act and system improvements in Medi-Cal through CalAIM that begin to build up the community-based care the sickest Californians desperately need.

But more can and must be done. Now it's time to take the next step and build upon what we have already put in place – continuing the transformation of how California treats mental illness and substance use disorders.

Three Key Elements of Governor Newsom's Proposal:

- A Bond to Fund Behavioral Health Residential Settings and Housing for Homeless Veterans
- Modernizing the Mental Health Services Act
- Making Today's System of Care Work Better for All Californians

We look forward to working with the legislature, system and implementation partners, and a broad set of stakeholders, including those impacted by behavioral health conditions, to set these reforms into motion to deliver equitable, accessible, and affordable community-based behavioral health care for All Californians. For questions and inquiries, contact BehavioralHealthTaskForce@chhs.ca.gov.

<https://www.chhs.ca.gov/behavioral-health-reform/>

<https://www.chhs.ca.gov/wp-content/uploads/2023/03/Modernizing-Our-Behavioral-Health-System-v4.pdf>

[https://www.chhs.ca.gov/wp-content/uploads/2023/03/CalHHS-Behavioral-Health-Roadmap- -ADA-03.02.23.pdf](https://www.chhs.ca.gov/wp-content/uploads/2023/03/CalHHS-Behavioral-Health-Roadmap--ADA-03.02.23.pdf)

[https://www.gov.ca.gov/wp-content/uploads/2023/03/FACT-SHEET -Modernizing-Our-Behavioral-Health-System-1.pdf?emrc=d1f55d](https://www.gov.ca.gov/wp-content/uploads/2023/03/FACT-SHEET--Modernizing-Our-Behavioral-Health-System-1.pdf?emrc=d1f55d)





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March Update

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MORE INFORMATION:

<https://www.dhcs.ca.gov/cybhi>

<https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/>

https://www.gov.ca.gov/wp-content/uploads/2023/03/FACT-SHEET_-MODERNIZING-OUR-BEHAVIORAL-HEALTH-SYSTEM-1.PDF?EMRC=D1F55D

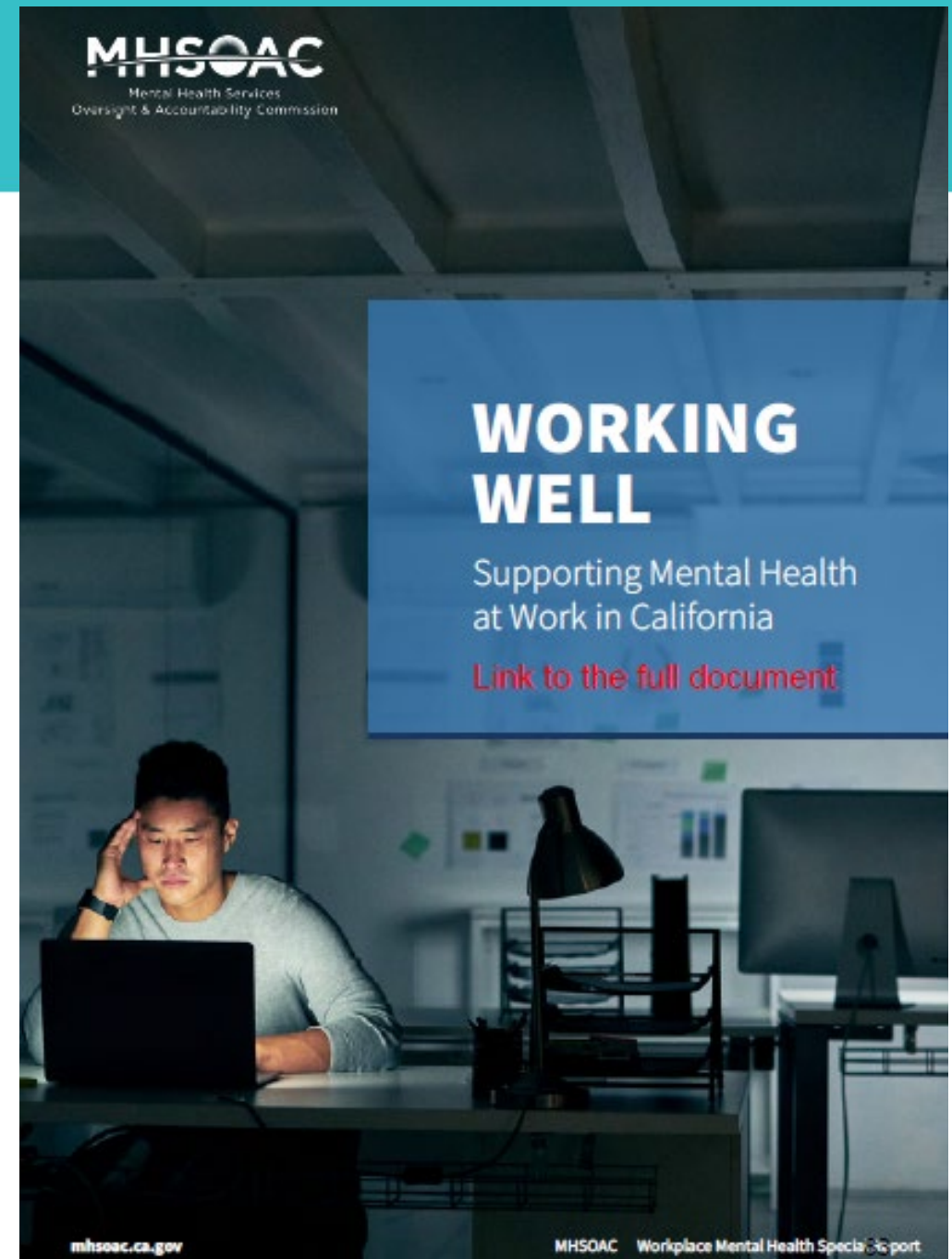
MENTAL HEALTH SERVICES OVERSIGHT AND ACCOUNTABILITY COMMISSION (MHSOAC)

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Full Report in Packet or click here:

<https://mhsoc.ca.gov/wp-content/uploads/MHSOAC-Workplace-Mental-Health-Report.pdf>



CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CALMHSA) MAY IS MENTAL HEALTH MATTERS MONTH TOOL KIT

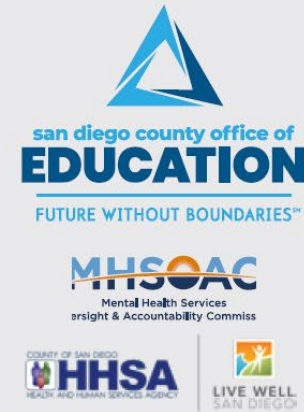


HANDOUT IN PACKET OR USE LINK BELOW:

[MAY IS MENTAL HEALTH MATTERS MONTH ARCHIVES - TAKE ACTION FOR MENTAL HEALTH \(TAKEACTION4MH.COM\)](https://takeaction4mh.com/may-is-mental-health-matters-month-archives)

The image is a screenshot of a website banner for "Take Action for Mental Health". The banner has a dark blue header with the "Take Action" logo on the left and navigation links on the right. The main content area has a light green background with a large, bold title "MAY IS MENTAL HEALTH MATTERS MONTH TOOLKIT" and an illustration of two people walking. The "Take Action" logo is in a white circle with the text "FOR MENTAL HEALTH" below it. The navigation links are "Get Involved", "Media", "Toolkits", "Take Action Pledge", "Find Help Now", "Check In", "Learn More", "Get Support", "Resources", "About", and "Contact". The "Find Help Now" link is highlighted in a green button. The "Español" link is in a white button. The illustration shows a woman in a blue shirt and white shorts walking next to a man in a blue shirt and dark shorts, who is carrying a red backpack. They are walking towards the right. The background has large, light green circles.

Creating Opportunities in Preventing and Eliminating Suicide (COPES) | YEAR ONE HIGHLIGHTS



Full report in packet

COPES Goals and Objectives

Suicide Prevention, Intervention, and Postvention

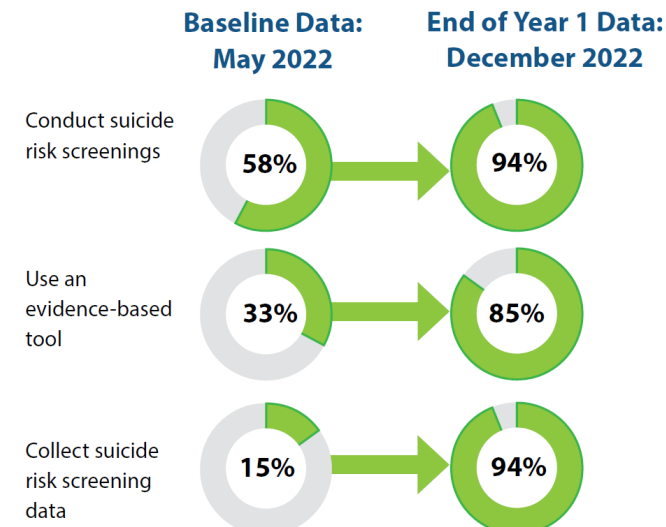
- Trainings for staff and families to increase awareness and knowledge
- Technical assistance in developing comprehensive protocols and practices
- Access to current tools, data, promising practices, and high quality resources

Mental Health Promotion and Stigma Reduction

- Trainings and resources to increase mental health literacy, create healthy help-seeking cultures, and cultivate staff, student, and caregiver wellness and resiliency
- Student programs, resources, and events to increase peer support skills

School Mental Health Referral Pathways

- Resource mapping, gap analysis, and process development
- Community resource identification and effective partnership building
- Coordination and collaboration between schools and mental health services



From July to December 2022,
31 COPES LEAs conducted

1,482 suicide
risk screenings



CATALYST FOR WELLBEING IN COMMUNITY APPRENTICESHIP PROGRAM



Flier in Packet or contact:

Alina Sanchez asanchez@catalyst-center.org

Cornelle Jenkins cjenkins@cacfs.org



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APPRENTICES

Apprentices will be afforded an opportunity to earn income while getting hands on direct care experience in one of our partner youth residential care facilities or foster family agencies. A few benefits our apprentices can expect to receive at no cost include:

- Job Placement
- College Coursework & Credits, Laptop, Books, Study Materials, Student Support Services
- Supplemental Training & On the Job Training
- Mentorship
- Periodic Convenings & Summits (virtual and in-person)
- Livable Wage w/ Periodic Raises
- Professional and Personal Development Opportunities

2023-24 CAO Recommended Operational Plan Executive Summary

County of San Diego Budget Fiscal Year 2023-24

[Link to Full Report :](#)

[Open Budget Executive Summary](#)
sandiegocounty.gov



Values Shape a Budget

The County of San Diego's vision is a just, sustainable and resilient future for all supported by these values.

BELONGING

Foster a sense of belonging for County customers and employees.

SUSTAINABILITY

Fight climate change and protect the environment to meet current and future needs.

EXCELLENCE

Ensure exceptional customer service by spending money wisely to build strong communities.

EQUITY

Reduce disparities in health, housing and economic opportunity.

INTEGRITY

Adhere to the highest standards of ethical conduct.

ACCESS

Promote community engagement in languages, facilities and ways that meet residents' needs.

Invested in Community

To see the full CAO
Recommended Budget visit:
www.sandiegocounty.gov/openbudget



BEHAVIORAL HEALTH DIRECTOR'S REPORT

APRIL 2023



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County of San Diego

NICK MACCHIONE, FACHE
AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

March 30, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services (BHS)

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – APRIL 2023

MENTAL HEALTH SERVICES ACT (MHSA) THREE-YEAR PROGRAM AND EXPENDITURE PLAN UPDATE

The County of San Diego, Health and Human Services (HHS) Behavioral Health Services is presenting the recommended MHSA Three-Year Program and Expenditure Plan for Fiscal Years (FY) 2023-24 through 2025-26 (Three-Year Plan). As mandated by the MHSA, the Three-Year Plan, inclusive of all programs and expenditures funded by the MHSA, requires approval by the Board of Supervisors prior to submission to the California Mental Health Services Oversight and Accountability Commission (MHSOAC).

- Mental Health Services Act (MHSA) Three-Year Program and Expenditure Plan Update
- MHSA Community Program Planning (CPP) Process
- Modernization of MHSA
- BHS Special Events and Announcements

Full report in packet and here:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html

BHAB – MHSA THREE-YEAR PLAN FISCAL YEARS 2023-24 – 2025-26



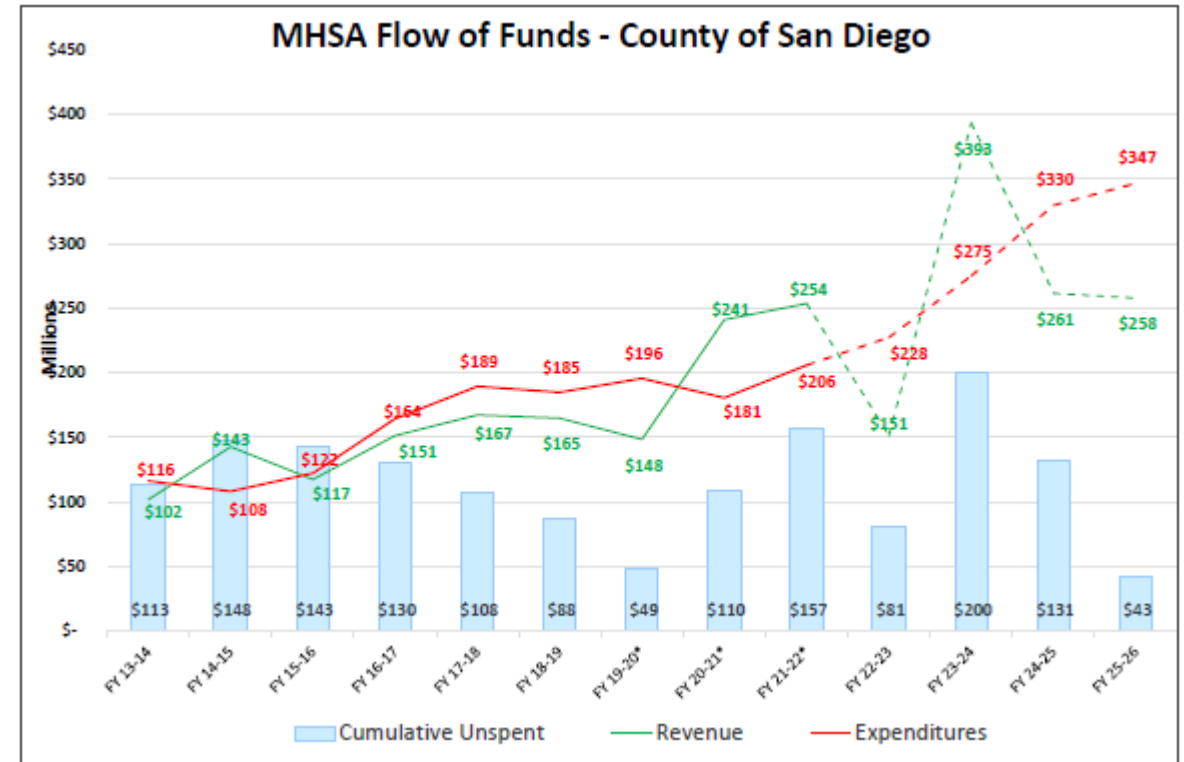
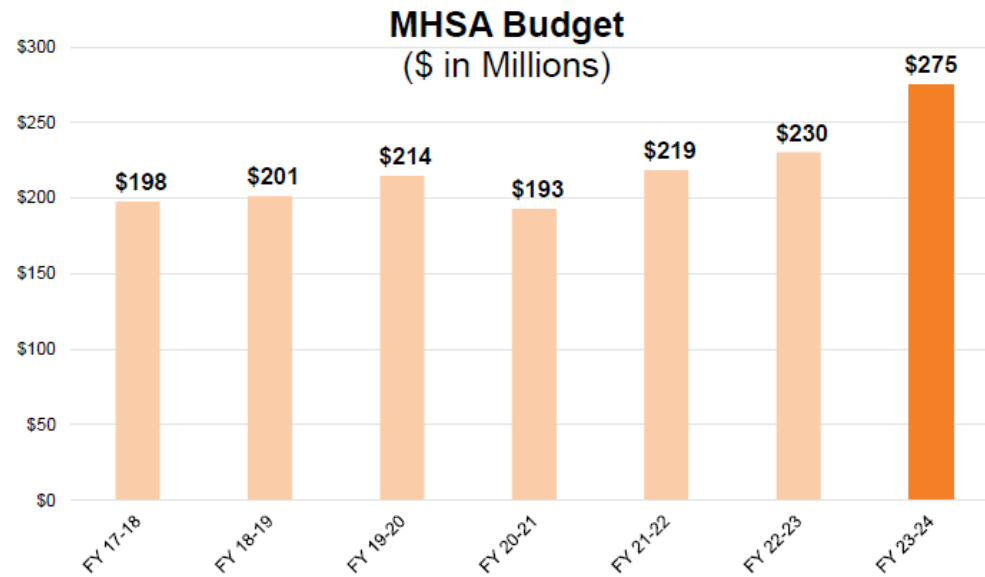
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FY 2023-24 Proposed MHSA Budget



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5.4.23 BHAB Meeting Presentation
included in the handouts



BEHAVIORAL HEALTH DIRECTOR'S REPORT

MAY 2023



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County of San Diego

NICK MACCHIONE, FACHE
AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

April 28, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services (BHS)

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – MAY 2023

Behavioral Health Crisis Services

The vision of the Behavioral Health Continuum of Care (CoC) is to achieve a transformational shift from a model of care driven by crises to one driven by chronic or continuous care and prevention through the regional distribution and coordination of resources to keep people connected, stable, and healthy.

Behavioral Health Crisis Services

- Mobile Crisis Response Team (MCRT)
- Crisis Stabilization Units (CSUs)
- Children's Crisis Continuum Pilot Program
- Emergency Screening Unit
- CAPS
- Crisis Action and Connection (CAC)

MHSA Three-Year Plan 30-Day Public review
closed May 4, 2023

National Alliance on Mental Health (NAMI) San
Diego Community Advocacy Program

Full report in packet and here:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html

MHSA Three - Year Program and Expenditure Plan for Fiscal Years 2023-24 through 2025-26



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- Three Year Plan presented for final comments at the Behavioral Health Advisory Board (BHAB) on May 4, 2023
- Projected for BOS presentation on June 13, 2023

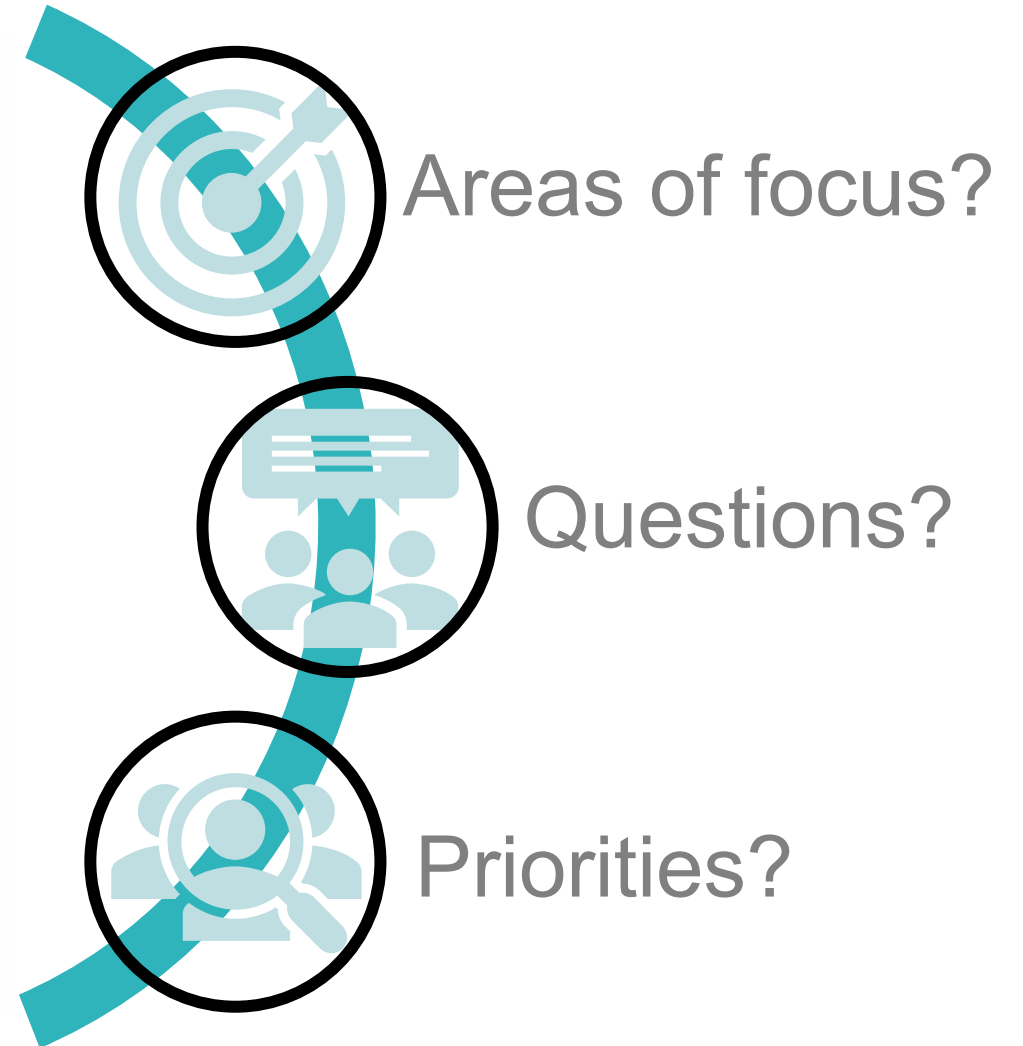
http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/mhsa.html



CONVERSATION WITH THE BHS DIRECTOR LUKE BERGMANN, PhD.



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OPEN ANNOUNCEMENTS



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- *Participants are invited to unmute and make the announcement.*
- *Announcements can also be entered into the chat.*
- *Send materials to Edith.Mohler@sdcounty.ca.gov by Friday before each Council meeting to be posted in chat on the sender's behalf.*



CYF COUNCIL MEETING POLL QUESTION

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice)

- 1
- 2
- 3
- 4
- 5



43rd California Mental Health Advocates for Children and Youth (CMHACY) conference (Back in person)



CMHACY's 43rd Annual Conference

Committing to Mobilizing Hope and Advocacy for Communities and Youth

ELEVATING VOICES, INFLUENCING PROGRESS

Wednesday, May 10 - Friday, May 12, 2023

You Are Invited!

The **California Mental Health Advocates for Children & Youth** conference is the most recognized and longest-standing conference in the state of California focused upon the social, emotional and behavioral health of children, youth and their families. Our annual conference is one of the state's most powerful events for those interested in advocating and promoting the policies, programs, and practices that enhance the well-being of vulnerable children, youth and families.



Registration Link: [CMHACY Conference 2023 Registration, Wed. May 10, 2023 at 1:00 PM | Eventbrite](#)

CMHACY Webpage: [2023 Conference Info – CMHACY](#)

CHILDREN, YOUTH & FAMILIES MENTAL HEALTH & WELL-BEING CELEBRATION!



- Meet various local organizations & resources!
- Activities, artwork, and games for all ages!
- Music, drum circle, & bubble dance party!
- Opportunity drawings of many prizes!



May 13, 2023 - 1:00 to 5:00 pm
Grossmont Center - Main Courtyard
5500 Grossmont Center Drive, La Mesa, CA 91942

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY



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SAN DIEGO



Community
Advocacy
Program
NAMI SAN DIEGO & IMPERIAL COUNTIES



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Free 6 virtual sessions education program for parents, caregivers and other family who provide care for youth who are experiencing mental health symptoms

- **Class Dates:** May 23, May 25, May 30, June 1, June 8, 2023
- **Time:** 6 to 8:30 p.m.
- **Registration at:** <https://namisandiego.org/event-registration/?ee=20347>
- **More information at:** basics@namisd.org



**ALL
ARE
WELCOME**



**CHILDREN, YOUTH AND FAMILIES
(CYF) BEHAVIORAL HEALTH
SERVICES
SYSTEM OF CARE COUNCIL**

Annual Orientation

JUNE 12, 2023 | 9 – 10:30 A.M.

New CYF Council members, alternates, and stakeholders are encouraged to participate. All are welcome

This session intends to assist new Council members, alternates, and stakeholders understand the purpose of the Council and the role of their participants

Registration Link:

<https://us06web.zoom.us/join/zoom/register/tZMtce2sqTMuGtfdMC5XJRPKTzQwLpYA8dLF>

For more information, please contact:

Rhonda.Crowder@sdcounty.ca.gov or Darwin.Espejo@sdcounty.ca.gov

Click [HERE](#) for CYF Council Webpage

