

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING AGENDA

June 11, 2018 – 9:00-10:30 A.M.

Scottish Rite Center-Shell Room-1895 Camino Del Rio South, San Diego, CA 92108

- | | |
|--|-------------------|
| I. Welcome and Introductions (Renee Cookson) | 5 minutes |
| II. Approval of Minutes (Violeta Mora) | 3 minutes |
| <ul style="list-style-type: none"> May 14, 2018 (Handout) Review action items from May 14, 2018 – See meeting minutes | |
| III. Business Items (Yael Koenig) | 15 minutes |
| <ul style="list-style-type: none"> GOALS MOU update (Mara Madrigal-Weiss) Strategic Planning (Handout)- Input on system focus Dark- December 10, 2018 Council meeting | |
| IV. Mental Health Services Act (MHSA) Update (Martin Dare) | 10 minutes |
| V. Sectors “Hot Topics” | 45 minutes |
| <ul style="list-style-type: none"> Accessing & Leveraging Families Rights to Education (AlfrEDU) presentation (Renee Cookson) Educationally Related Mental Health Services (ERMHS) (Cara Schukoske)- Q & A Project Cal-Well (Heather Nemour) | |
| VI. Sub-Committee Update Reports (Violeta Mora)- Handouts | 10 minutes |
| <ul style="list-style-type: none"> Early Childhood (Aisha Pope & Jennifer Kennedy) <ul style="list-style-type: none"> ✓ Supporting Caregivers- 3 minutes video Transition Age Youth (Michael Miller) CSOC Academy (Rose Woods) QI-QM (Heather Parson) | |
| VII. Announcements (Renee Cookson) | 2 minutes |
| <ul style="list-style-type: none"> BHETA training topic or conference topic suggestions to Rose Woods at rwoods@sdsu.edu Advancing Principles Award (Rose Woods) https://goo.gl/forms/Jb506lXQj2lNxjLw2 FY18-19 Council /Reporting Schedule | |
| VIII. Director’s Report (Alfredo Aguirre) | 10 minutes |

Next Executive Committee Conference Call:

Date: Monday, June 25, 2018
 Time: 10:00-10:30 A.M.
 Location: Via Conference Call

Next Meeting- Strategic Planning Meeting

Date: Monday, July 9, 2018
 Time: 9:00AM-10:30 AM
 Location: Scottish Rite- Shell Room

Sub-Committees/Sectors/Workgroups Meetings Information:

CCRT: Meets the 1st Friday of the month-3851 Rosecrans St.-Coronado Room, San Diego, CA 92110 from 10:00 to 11:30 A.M.
CSOC Academy: Meets the 1st Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.
CYF CADRE: Meets quarterly 2nd Thursday of the month- 5095 Murphy Canyon Rd, San Diego 92123- Suite 320 from 1:30 to 3:00 P.M.
Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South Suite 101, San Diego, CA 92108-at 10:45 A.M. to 12:15 P.M.
Education Advisory Ad Hoc: Meets as needed.
Family and Youth As Partners: Meets the 3rd Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.
Family/Youth Sector: Meets quarterly on 4th Thursday of the month at 8964 N Magnolia St, Santee, CA 92071 from 6:30 to 8:00 P.M.
Outcomes: Meets the 1st Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.
Private Sector: Meets as needed.
TAY Council: Meets the 4th Wednesday of the month-3860 Calle Fortunada, San Diego, CA 92123 from 3:00 to 4:30 P.M.

**County of San Diego
Children, Youth and Families Behavioral Health
System of Care Council
Mission, Vision, and Principles**

Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

May 14, 2018 – 9:00-10:30 A.M.

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe	+
3	Public Safety Group/ Probation	VACANT		Tim Hancock	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Alice Kennedy	O
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	O	Rhonda Freeman	+
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Michelle Johnson	O
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	VACANT	
10	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss	O
11	School Board	Barbara Ryan	E	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	+
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb	+
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Steve Jella (Jamie Thomas)	O	Barent Mynderse	+
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty	+
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	E	Rogelio Lopez	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O		
FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	+	Angelina Carpenter	+
22	Caregiver of child/youth	Debbie Stolz	+	VACANT	

	served by the Public Health System				
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	O	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	O	Micaela Cunningham	+
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	Angela Chen	+		
-	Executive Committee	Violeta Mora	+		
-	Early Childhood Committee	Aisha Pope/ Jennifer Kennedy	+/+		
-	Education Committee	Heather Nemour	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson	+		

CYF Council Staff: Edith Mohler, Grisel Ortega and Darwin Espejo

I. Welcome and Introductions (Renee Cookson)

II. Approval of Minutes (Violeta Mora)

- Review of action items from the March 12, 2018 meeting (Yael Koenig)
- The March 12, 2018 meeting minutes were approved with the following change:
 - ✓ Action item date for “Provide an update on the GOALS MOU”, was changed from “TBD” to “June 9, 2018 CYF Council meeting”.

III. Business Items (Yael Koenig)

- Final HHSA/BHS Ten Year Roadmap
 The annual update of the HHSA/BHS Ten Year Roadmap has been completed as of April 25, 2018. This document was originally approved by the Board of Supervisors on July 2016. The Roadmap outlines a strategic plan which seeks to address the most serious behavioral health issues affecting San Diego County over the next ten years. Annual updates incorporate new priorities from community stakeholders and HHSA/BHS leadership. Below are the 12 Priorities for Fiscal Year 2017-18. Each priority is guided by a Ten Year Vision with Strategies that outline efforts to accomplish the Vision:
 - Aging population
 - Care Coordination
 - Children and Youth Population
 - Crisis Services
 - Homeless Population
 - Justice Involved Population
 - Long Term Care
 - Organized Delivery System for Substance Use Disorders
 - Prevention
 - Suicide Prevention
 - Unserved and Underserved Populations
 - Workforce

All HHSA/BHS Ten Year Roadmap relevant documents, including Year One Accomplishments, can be found at: <http://sandiego.networkofcare.org/mh/content.aspx?cid=261>. : This link was disseminated via e-mail on May 2, 2018.

- May is Mental Health Month (handout)
 Several activities have been planned, including the 4th Annual Children’s Mental Health Well Being celebration held on May 2, 2018 in Azalea Community Park. This celebration was hosted by the NAMI San Diego, Children, Youth and Family Liaison. The event featured resource tables, live performances, various children’s activities, opportunity drawing prizes and a hands-on artwork project that will be displayed in a County facility. More information about upcoming events can be found in the May is Mental Health Month Calendar at: <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs.htm>.
- Annual School Summit-Save the Date-October 12, 2018 (Handout)
 San Diego County Office of Education (SDCOE) and HHSA are hosting the Annual School Summit on October 12, 2018 (handout). CYF providers will be hosting resource tables.
- Council membership

- ✓ The CYF Council membership representation is being assessed. Constituencies with vacant positions and or members/alternates due for rotation will be contacted. The new term begins July 2018.
- ✓ The Family Sector will finish its current co-chair term on June 30, 2018. The Education Sector co-chair term ends in June 2019. It is the Public Sector's turn to co-chair from July 2018 to June 30, 2020. Public Sector membership will be contacted for nominations.
- ✓ CYF Council Orientation is scheduled for August 13, 2018 (separate handout)
- Updated Children's System Of Care (CSOC) Principles unveiling (Delrena Swaggerty)
 An Ad Hoc subcommittee representing all sectors reviewed and updated the Children's System of Care Principles (10/31/2016) document. Delrena made a special unveiling recognizing all subcommittee members.
 - ✓ The proposed Children, Youth and Families Behavioral Health System of Care Council Mission, Vision, and Principles, including adding a tenth Principle, "Persistence", were reviewed and approved by the BHS Director prior to the unveiling.
- Strategic Planning Meeting (Handout)
 The annual CYF Council Strategic Planning Meeting is tentatively scheduled for either June 11 or July 9, 2018.
 - ✓ The meeting packet included a handout to collect recommendations on format, ideas, and topics for the Fiscal Year 2017-18 Strategic Planning meeting.
 - ✓ Meeting attendees expressed the need to learn from other systems (system navigation) and suggested an expert panel representing different systems/areas. Systems recommended include:

Hospitals	First 5 Commission
Probation	Navigating Insurance (Eligibility)
Public Health	Regional Center
Education	Domestic Violence/sexual assault
Faith Based	Deaf Community Center
 - ✓ Additionally, it was recommended to include the family perspective by using role play through a vignette.
 - ✓ As one of the FY 2018-19 goals, a new Ad Hoc subcommittee was recommended to develop an inter-agency resource list of all Mental Health Services offered by the County of San Diego.
- Next Fiscal Year Meeting place/amenities
 Meeting attendees agreed to continue having the CYF Council monthly meetings at the Scottish Rite Center and having coffee available at the meetings.

IV. Mental Health Services Act (MHSA) (Martin Dare)

- Cycle 5 Innovation Funds for Community Program Planning for Innovation Projects: "Human Centered Design"
 The Mental Health Services Oversight and Accountability Commission (MHSOAC) approved funding for the "Human Centered Design" to improve future innovation project designs through in depth client feedback during the development process, preferably using the most current technology. The process includes the following elements:
 - ✓ Empathy
 - ✓ Define
 - ✓ Ideate
 - ✓ Prototype
 - ✓ Test

This new process is expected to be implemented between September 2018 and February 2019, independent from all community engagement activities. Request for Quotation was issued on May 4, 2018 and is due on May 25, 2018.

V. Sectors "Hot Topics"

Educationally Related Mental Health Services (ERMHS) (Power Point desiminated)

Presentation provided by Cara Schukoske, Executive Director for Special Education Services
 Presentation highlights

- ERMHS Transition from Counties to Education
 The Fiscal Year 2011-12, Assembly Bill (AB) 114 eliminated all statute and regulations related to AB 3632. The bill transferred all responsibility and funding for ERMHS from County mental health services to Education.
- ERMHS Assessments

- Designed to ensure a child's access to education by first assessing and then addressing their specific mental health needs.
 - ✓ Each referral requires input from the child's parents, educators, therapist(s) and observation of a child's educational environment.
 - ✓ In general, a child initially qualifies for Special Education first and later for ERMHS, but they can run concurrently.
 - ✓ Parent/guardians, educators or anyone can refer a child for an ERMHS assessment.
 - ✓ "Child Find" requires schools to assess students that may be exhibiting the need of ERMHS.
- ERMHS includes:
 - ✓ Assessments conducted by a school-mandated psychologist, counselor, LCSW or LMFT.
 - ✓ Can be provided by school staff or contracted staff.
 - ✓ Services under ERMHS include:
 - Psychological services
 - Social Work services
 - School Nurse services
 - Counseling services.
- Continuum of ERMHS
 Follow-up services also include general curriculum assistance, special education programs/services and residential treatment services, among others.
 - ✓ Residential treatment for a child is offered only if it is necessary to meet the student's educational needs.
 - ✓ Drug treatment and medical needs are not covered by ERMHS.
- ERMHS Discussion highlights
 - ✓ A student may be eligible for ERMHS assessments/services but not necessarily Special Education.
 - ✓ Contacting the child's school is the best way to reach an ERMHS program coordinator.
 - ✓ ERMHS processes vary from school/Districts.
 - ✓ Further discussion regarding ERMHS is scheduled for the June 11, 2018 CYF Council meeting.

VI. Sub-Committee Update Reports (See meeting handouts for full report) (Violeta Mora)

- Early Childhood (Aisha Pope and Jennifer Kennedy)
 - ✓ Supporting Caregivers- 3 minutes video (pending)
- Education Advisory (Heather Nemour)
- QI-Performance Improvement Team (PIT) (Liz Miles)
- CYF Liaison (Renee Cookson)
 - ✓ 4th Annual Children's Mental Health Well-Being Celebration

VII. Announcements

- Submit Behavioral Health Education and Training Academy (BHETA) training topic or conference topic suggestions to Rose Woods at: rwoods@sdsu.edu.

VIII. Director's Report (Alfredo Aguirre)

- State Level
 The 2018-19 May Revision to the Governor's Budget was released on May 11, 2018. Budget highlights include:
 - ✓ The May Revision reflects the receipt of \$8 billion higher in revenues through Fiscal Year 2018-19 compared to the January Budget. From this amount the state must pay for higher program costs and ongoing commitments like Medi-Cal, Cal Grants, foster care reform, etc. With the remaining funds, the state proposes nearly \$4 billion in one-time General Funds to be used to address long standing infrastructure needs, homelessness, and mental health:
 - Infrastructure (\$2 billion)
 - No Place like Home: The May Revision proposes placing the No Place Like Home program on the November 2018 ballot, which allocates \$2 billion from MHSAs funds to provide housing for individuals who are in need of mental health services and are experiencing homelessness or are at risk of homelessness.
 - Homelessness: (\$359 million)
 - Mentally Ill Outreach and Treatment: The May Revision proposes a one-time augmentation of \$50 million for multidisciplinary teams to support intensive outreach, treatment and related services for homeless persons with mental illness.

- May Revision proposes emergency funds to create a one-time Homelessness Emergency Aid block grant of \$250 million administered through Continuums of Care; federal Housing and Urban Development (HUD) designations for cities, counties or joint powers authorities that declare a local shelter crisis and identify city-county coordination. Grants can be used for emergency housing vouchers, rapid rehousing emergency shelter construction, and use of armories to provide temporary shelters among other activities.
- Mental Health (\$312 million)
 - Children's Mental Health Mandate Repayment: The May Revision includes repayment of approximately \$254 million plus interest for repealed state mandates related to services provided by counties to seriously emotionally disturbed children (AB 3632). The costs were incurred by counties between 2004 and 2011. The Administration expects counties to use this funding for early intervention and prevention of mental health services for youth, with an emphasis on teens.
 - Graduate Medical Education: May Revision proposed an increase of \$55 million one-time General Fund to support psychiatric graduate medical education programs serving Health Professionals Shortage Areas or Medically Underserved Areas in rural portions for the state.
- ✓ Other May Revision Budget Highlights:
 - California Work Opportunity and Responsibility to Kids (CalWORKs) Housing Support Program:
 A \$24.2 million budget increase to help CalWORKs families secure permanent housing. With an additional augmentation in Fiscal Year 2019-20, the total program funding increase from \$47 million to \$95 million annually.
 - CalWORKs Homeless Assistance Program: An increase in the daily payment rates to temporarily assist families that are homeless or face eminent eviction.
 - Increase funding by \$10 million through the California Office of Emergency Services for additional domestic violence service providers for projects that include emergency "safe" homes or shelter for victims and their families.
 - One-time funding of \$1 million through the California Office of Emergency Services to augment the Homeless Youth and Exploitation Program for homeless and exploited youth shelters that serve unaccompanied minors.
 - Increase of \$13.4 million Temporary Assistance for Needy Families (TANF) in Fiscal Year (2018-19) to provide caregivers with up to six months of emergency assistance payments pending approval as a resource family. Beginning in Fiscal Year 2019-20, and annually thereafter, emergency assistance payments will be available for up to three months, as local child welfare agencies and probation departments are expected to eliminate the backlog and complete the resource family approval process within three months of application receipt.
 - Continuum of Care Reform (CCR) receives a budgetary increase of \$56 million by January 2019.

More information at: <http://www.ebudget.ca.gov/2018-19/pdf/Revised/BudgetSummary/HealthandHumanServices.pdf>
<http://www.ebudget.ca.gov/home.php>

- HHSA May Revision 18-19 Emailed to council on 6/8/18
- Local Level
 San Diego County may revise the Fiscal Year 2019-20 budget.

IX. Action Items

Action Items	Action By	Action Due
<ul style="list-style-type: none"> • Present the revised CYF System of Care Vision, Mission and Principles Principles to the CYF Council. 	<ul style="list-style-type: none"> • Delrena Swaggerty 	<ul style="list-style-type: none"> • Completed on May 14, 2018 at CYF Council meeting.
<ul style="list-style-type: none"> • Provide an update on the GOALS MOU. 	<ul style="list-style-type: none"> • Mara Madrigal-Weiss 	<ul style="list-style-type: none"> • June 11, 2018 CYF Council meeting.
<ul style="list-style-type: none"> • Educationally Related Mental Health Services (ERMHS) presentation. 	<ul style="list-style-type: none"> • Cara Schukoske 	<ul style="list-style-type: none"> • Presentation completed May 14, 2018 CYF Council meeting. Cara Schukoske

<ul style="list-style-type: none"> Accessing and Leveraging Families Rights to Education (AlfrEDU) SchoolLink preview. Project Cal-Well-Mental Health Update. 	<ul style="list-style-type: none"> Renee Cookson Aidee Angulo and Julie McPherson Heather Nemour 	<p>agreed to continue the conversation at the June 11, 2018 CYF Council meeting.</p> <ul style="list-style-type: none"> Rescheduled to the June 11, 2018 CYF Council meeting. September 10, 2018 CYF Council meeting June 11, 2018 CYF Council meeting.
<ul style="list-style-type: none"> Provide suggestions of panel members/presenters for the upcoming Strategic Planning Meeting to Grisel Ortega at Grisel.Ortega@sdcounty.ca.gov 	<ul style="list-style-type: none"> Everyone 	<ul style="list-style-type: none"> June 1, 2018. To generate input will disseminate a structured survey on June 11, 2018 CYF Council meeting.
<ul style="list-style-type: none"> Fiscal Year 2018-19 CYF Council goal recommendation: Develop a County inter-agency resource list of behavioral health services. 	<ul style="list-style-type: none"> New Ad Hoc Sub-Committee 	<ul style="list-style-type: none"> Fiscal Year 2018-19. Need sector lead
<ul style="list-style-type: none"> Sub-Committee Update: Early Childhood video: Supporting Caregivers pending from the May 14, 2018 CYF Council meeting. 	<ul style="list-style-type: none"> Aisha Pope and Jennifer Kennedy 	<ul style="list-style-type: none"> June 11, 2018 CYF Council meeting.

Next CYF Council Meeting: June 11, 2018, 9:00-10:30 A.M. @ Scottish Rite – Shell Room

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 from 10:45 A.M to 12:15 P.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Council: Meets the 4th Wednesday of the month-3860 Calle Fortunada, San Diego, CA 92123 (Directions at: <https://binged.it/29lQQ4W>) from 3:00 to 4:30 P.M.

CYF CADRE: Meets quarterly the 2nd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

CCRT: Meets 1st Friday of the month at the Health Services Complex-3851 Rosecrans Street, San Diego, CA 92110 from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets the 4th Thursday of the month at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 to 8:00 P.M.

Family and Youth as Partners: Meets the 3rd Thursday of the month at 3255 Camino del Rio South, San Diego CA 92108 in Del Mar Room from 2:00 to 3:30 P.M.

Private Sector: Meets As Needed.



Designed to help families, caregivers, and school-based professionals navigate the often confusing special education system.

For families who have a child with a disability, navigating the public education system is very hard.

Sifting through legal jargon, trying to understand education codes and how they apply to their child, navigating the IEP meeting process without any guidance. With existing resources, assessing and understanding ones rights is a difficult if not demoralizing process that leaves many feeling helpless.

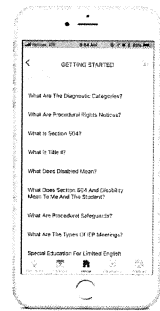


A Modern Solution

- alfreDU is a companion app that assesses a families' unique situation, and helps them understand and leverage their rights.
- alfreDU is customized to include key resources and laws that are specific to your school district or greater region.
- All the information that a family could need is finally clearly organized and easily accessible for all.

Clear Guidance

- alfreDU walks you through the entire process, starting with assessing your families situation. Key questions about diagnostic categories, procedural rights, and Title II are answered right off the bat. It's easy for the user to navigate to a question that is relevant to them. There is also an extensive section on due process, mediation, and hearings, as well as a glossary of legal and technical terms that makes it easy for people to understand their rights in any situation.

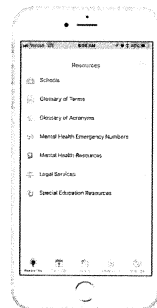


Organized Resources



- alfreDU will not only help you understand and assess your situation, but it is also packed with resources to help you take the next steps.

- General Special Education Resources
- Directory for Legal Services
- Local Schools
- Glossary of Terms and Acronyms
- Mental Health Tips
- Event Calendar for IEP Meetings



- Free mobile app!
- English, Spanish, and Arabic
- Search 'alfredu' or 'NAMI San Diego'



**Sub-Committee/Groups Update Report to CYFBHSOC Council
June 11, 2018**

Transition Age Youth (TAY) Council
Lead: Michael Miller

Update

- TAY Council SUD report recommendations were presented at the Combined Council meeting on April 9th.
- Meeting location has changed to '2-1-1 San Diego' - 3860 Calle Fortunada, Suite 101 San Diego, CA 92123
- Open Council Seats - Foster youth, Faith based, TAY, Law enforcement, & Regional Center.
- Employment Sub-Committee is holding meetings immediately prior to each TAY council meeting. Currently collecting and analyzing data to discern most meaningful issues and to inform the writing of the recommendation proposal to the TAY Council.

FY17/18 Goals/Focus Areas

- The TAY workgroup has formally transitioned to a TAY Council.
- FY 18/19 Goals are being determined by the TAY Council now that the Council is fully established.
- Employment Services is an area that is continued and has been followed up on in Fiscal Year 2017-18.

☒ Sub-Committee has 4 sector representation

However, is recruiting for council seat representation for: Foster Youth, Faith-Based, TAY, Law Enforcement & Regional Center

☐ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

- ☐ Private Sector
- ☐ Public Sector
- ☐ Education Sector
- ☐ Family/Youth Sector

To join the sub-committee please contact Cecily Thornton-Sterns at
Cecily.Thornton-Sterns@sdcounty.ca.gov

Sub-Committee meets quarterly the 4th Wednesday of the each month from 3:00 to 4:30 P.M.
at 2-1-1 San Diego - 3860 Calle Fortunada, Suite 101 San Diego, CA 92123



Sub-Committee/Groups Update Report to CYFBHSOC Council
June 11, 2018

CYFSOC Training Academy

Lead: Rose Woods

Update:

- Looking for training and conference topic recommendations/suggestions for our upcoming trainings in FY 2018/2019—please email Rose Woods
- We will be offering two deliveries of the Solution Focused Brief Therapy (SFBT) for Children and Adolescents series—one in Fall 2018 and the other in Spring 2019
- Four tracks of TF-CBT will be offered in FY 2018/2019

FY17/18 Goals/Focus Areas

Training Series:

Solution Focused Brief Therapy (SFBT) for Children and Youth
 Dialectical Behavioral Therapy (DBT)
 Cognitive Behavioral Therapy (CBT)
 CADRE XVIII
 TAY Training Series
 Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Series (3)

Training Topic— INDIVIDUAL:

Motivational Interviewing (3)
 Therapeutic Homework
 Complex Parent Child Interaction
 Relapse Prevention
 Compassion Fatigue
 TAY Culture of Lived Experience
 Relapse Prevention

One Hour eLearning:

Revising Cultural Competency eLearning
 Understanding and Diagnosing Complex Behavioral Health Conditions eLearning
 East African Communities eLearning

One Hour Webinar:

Medication Assisted Treatment Webinar
 Prospective Risk Analysis Webinar
 Confidentiality Webinar

Children, Youth and Families System of Care (CYFSOC) Training Academy:

Family Compassion and the LGBTQIA Community
 Working with Immigrant Communities
 Engagement the Refugee Community
 Social Media and Our Families
 San Diego Drug Trends and Teens
 CONFERENCE: Unpacking Hope: Understanding the Unique Needs of Children, Youth and Families
 Experiencing Homelessness

Pathways to Well-Being:

Pathways to Well-Being: Core Practice Model (C) and Continuum of Care (CCR) Overview (8)

TERM Trainings:

Treatment, Evaluation & Resource Management (TERM) Provider Training: The Role of the Therapist in Juvenile Depend
 Treatment, Evaluation & Resource Management (TERM) Provider Training: Conducting Psychological Evaluations With Juveniles in Probation and Child Welfare Services



☐ Sub-Committee has 4 sector representation

☒ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

- ☐ Private Sector
- ☒ Public Sector-Probation
- ☒ Education Sector
- ☐ Family/Youth Sector

To join the sub-committee please contact Rose Woods at rwoods@sdsu.edu

Sub-Committee meets: First Wednesday of the month from 9:00 to 10:00 a.m.
The Academy for Professional Excellence Training Room
6367 Alvarado Court, Suite 105, San Diego CA 92120

**Sub-Committee/Groups Update Report to CYFBHSOC Council
June 11, 2018**

QI-Quality Management (QM)

Lead: Heather Parson

Update

- See May 2018 QM Provider Updates attached

Fiscal Year 16-17 Goals/Focus Areas

QI Provider Updates

May 2018

QUALITY MANAGEMENT TEAM UPDATES:

Documentation Training for Adults: May 17, 2018 1 p.m. - 4 p.m.

The training will be held at the **2-1-1 Connections Center**. For directions to 3860 Calle Fortunada, San Diego 92123, please use this link: <https://binged.it/29lQQ4W>. Parking information: Ample parking is available behind the building. Access to the building is through the front doors, and the doors are labeled as Suite 101. Once you enter the foyer, you will be required to check in and will be given a badge. Please allow a little extra time when arriving to park, walk to the entrance, and check in. An extra 15 minutes should be more than enough time.

To register, please include the following:

- Name of Person(s) Attending
- Program Name
- E-mail Address for Each Individual

Register at BHS-QITraining.HHSA@sdcounty.ca.gov

A confirmation e-mail will be sent to you upon registration. If you need to cancel, please contact the link listed above to allow for people to attend who may be on a waiting list.

Upcoming June Trainings

CYF Documentation Training; June 21, 1 to 4 pm
Peer Partner Documentation Training: June 29, 9 am to 12 pm

An announcement will be sent out once registration opens. Both trainings will be held at the 211 Connections Center.

Progress Note Correction Video Tutorials

Based on types of progress note correction requests that come to the Optum support desk, video tutorials have been developed to walk staff through different scenarios from beginning to completion of correction. The videos are intended to demonstrate the first step in identifying the type of correction, how to use the corresponding appendix, the role the clinician plays, the role the admin plays, the role Optum plays leading to the final steps to complete the correction process. The tutorials are approximately 7-15 minutes in length and are now available on the Optum website, Org provider tab/ Training tab. The link is located above the list of documents and titled: *Progress Notes v3 Video Tutorials available online*. Once opening the link, scroll down to find the Progress Note Correction Video Tutorials.

Report Templates

A reminder that line staff should not be making their own report templates. If there is a specific need, line staff should consult the Program Manager (PM) and PM can submit a request to QI Matters.

Quality Improvement Partners (QIP) Meeting is on May 22nd from 2:30-4:30 pm. Location: 3851 Rosecrans, San Diego Room, San Diego, 92110. Look for an email reminder that includes a call-in number for a teleconferencing option.

- Please send any questions and/or comments to the QI Matters email: QIMatters.HHSA@sdcounty.ca.gov

CCBH Users Group Meeting has been cancelled for this month.

QI Provider Updates

May 2018

Substance Use Disorder (SUD) Program Updates:

Reminder: Residential Program Documentation & Authorization Process Webinar

- The SUD QM team and Optum have recorded a webinar for residential providers regarding documentation standards and the authorization process
- The webinar is currently posted for “on demand” viewing
- To access the webinar, simply select this link:
- <https://sdcountyca.webex.com/sdcountyca/k2/e.php?RCID=2ee71257d23b97db71193dc55606b568>
and use the following password: **DMCods01**

ASAM Discussion Groups in May

- As a reminder, these are not trainings, but an opportunity to share with others about program successes, challenges, case presentations, and questions regarding ASAM Implementation
- Groups will be limited to 25 participants and reservations are required by emailing QIMatters.HHSA@sdcounty.ca.gov
- May dates/times are: 5/14/18 at 10am, 5/16/18 at 2pm, and 5/18/18 at 2pm

DSM 5 and ICD-10 for SUD Diagnoses

- Programs should be using the DSM-5 diagnosis label and the matching ICD-10 code
- Programs should not be using the DSM-IV anymore
- A DSM-5 and ICD-10 Guide was emailed to all SUD programs in March, so email QI Matters if you did not receive that guide

Documentation Reminders from DHCS

- Forms should be individualized (for example, Releases of Information should not be all the same)
- There should be a logical connection or “thread” that connects all forms (for example, problems described in intake/assessment are on the treatment plan, and progress notes address how client is working to address those problems)
- Documentation should be consistent (so if you have a positive result for a drug screening in the chart, you should see in the progress notes how that is addressed with the client)
- Treatment plan updates should be different than the treatment plan that came before (for example, the initial treatment plan shouldn’t be identical to the first update. Need to document progress toward goals, any new problems/new goals, etc.)
- When client is using multiple substances, all should be on the treatment plan.
- Reminder to follow 42 CFR requirements
- Progress note topics need to align with what is written in the narrative
- Don’t leave blanks on forms

Reminder: County of Responsibility

- If a client does not have San Diego Medi-Cal (San Diego code = 37), programs will need to work with the other county for payment, which may include establishment of a contract or other revenue agreement.
- If the Medi-Cal client plans to remain in San Diego, programs should refer them for a transfer of their Medi-Cal status accordingly.

ASAM Training Requirement

- A reminder that staff providing screening/intake, assessment and treatment planning must be trained in ASAM prior to providing those services. These staff should have their training in place prior to July 1.

QI Provider Updates

May 2018

- Staff who participated in the County sponsored ASAM training by Dr. Mee-Lee in November, 2017, meet the requirement.
- Other acceptable training options include completion of both e-learning modules through the Change Companies (ASAM Modules I and II) or completion of all three CIBHS trainings (ASAM-A, ASAM-B and ASAM-C)
- If your program is having difficulty meeting these training requirements, please contact your program COR to discuss options.
- If you have updates to the ASAM training log you submitted to QM in March, please send those updates to QI Matters at QIMatters.HHSA@sdcounty.ca.gov

Reminder: 42 CFR Confidentiality

- Providers are required to provide a summary in writing to each client outlining federal confidentiality requirements
- To review 42 CFR, click [here](#)

Important QAR Reminders for DMC Providers

- Programs are required to bring **90%** of all their DMC charts to QAR.
- For any QAR chart denials, the 5035C Form must be submitted to both the billing unit and MHS QAR staff **within 2 weeks**.
- If the denials are inaccurate, notify MHS QAR staff (Steve Thomas or Laura Shabel) **within 2 weeks** why a 5035C Form was not submitted.

MANAGEMENT INFORMATION SYSTEM (MIS) UPDATES:

ARF Tip of the Month

- Make sure Taxonomy is correct on ARFs when sending.
- If a staff needs to change Taxonomy, instructions can be found on RegOnline website under Downloadable Forms. This site also has ARF tip sheets and the ARF training PowerPoint.
- If you're unsure what Taxonomy to choose, contact Stephanie.Hansen@sdcounty.ca.gov

Reminder

- CCBH users must use their CCBH account regularly. If lapse of >90 days occurs, access to CCBH will terminate. Additional paperwork, and potential training/review, will be required before access is restored. Users will receive 60 day notification prior to access termination. Take appropriate steps to avoid losing CCBH access.

PERFORMANCE IMPROVEMENT TEAM (PIT) UPDATES: No updates.

**FY2018-2019
CHILDREN, YOUTH AND FAMILIES BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL
(CYFBHSOCC)/ REPORTING SCHEDULE**

2nd Monday of each month from 9-10:30 A.M.

Scottish Rite Center– 1895 Camino Del Rio S, San Diego, CA 92108- Shell Room

*(meeting at alternate location as needed)

July 9, 2018

STRATEGIC PLANNING MEETING

August 13, 2018– DARK

CYF Council Member Orientation

September 10, 2018

CYF Liaison/ QI-QM/ CADRE

***October 8, 2018**

JOINT CYF/TAY/AOA MEETING- Hosted by AOA

November 12, 2018

CCRT/TIS/Outcomes

December 10, 2018– DARK

January 14, 2019

Early Childhood/Education Advisory/QI-Management Information Systems (MIS)

February 11, 2019

TAY/CSOC Academy/QI-Performance Improvement Team (PIT)

March 11, 2019

CYF Liaison/QI– QM/CADRE/CCRT

April 8, 2019

JOINT CYF/TAY/AOA MEETING- Hosted by CYF

May 13, 2019

TIS/Outcomes/Early Childhood/Education Advisory/QI-Management Information Systems (MIS)

June 10, 2019

TAY/CSOC Academy/QI-Performance Improvement Team (PIT)