

Welcome to the Children, Youth and Families Council Meeting

JULY 10, 2023

THE MEETING WILL BEGIN SHORTLY

KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING

**THE MEETING PACKET WAS EMAILED TO THE COUNCIL
DISTRIBUTION LIST AND POSTED IN THE CHAT**



LIVE WELL
SAN DIEGO

WELCOME NEW ATTENDEES



Welcome Celica!



Celica Garcia-Plascencia
New Private Sector Co-chair Seat



“Celica and Family”



Vanessa Arteaga
Private Sector Alternate Seat





Khalif Kelly

Family Sector Membership Seat



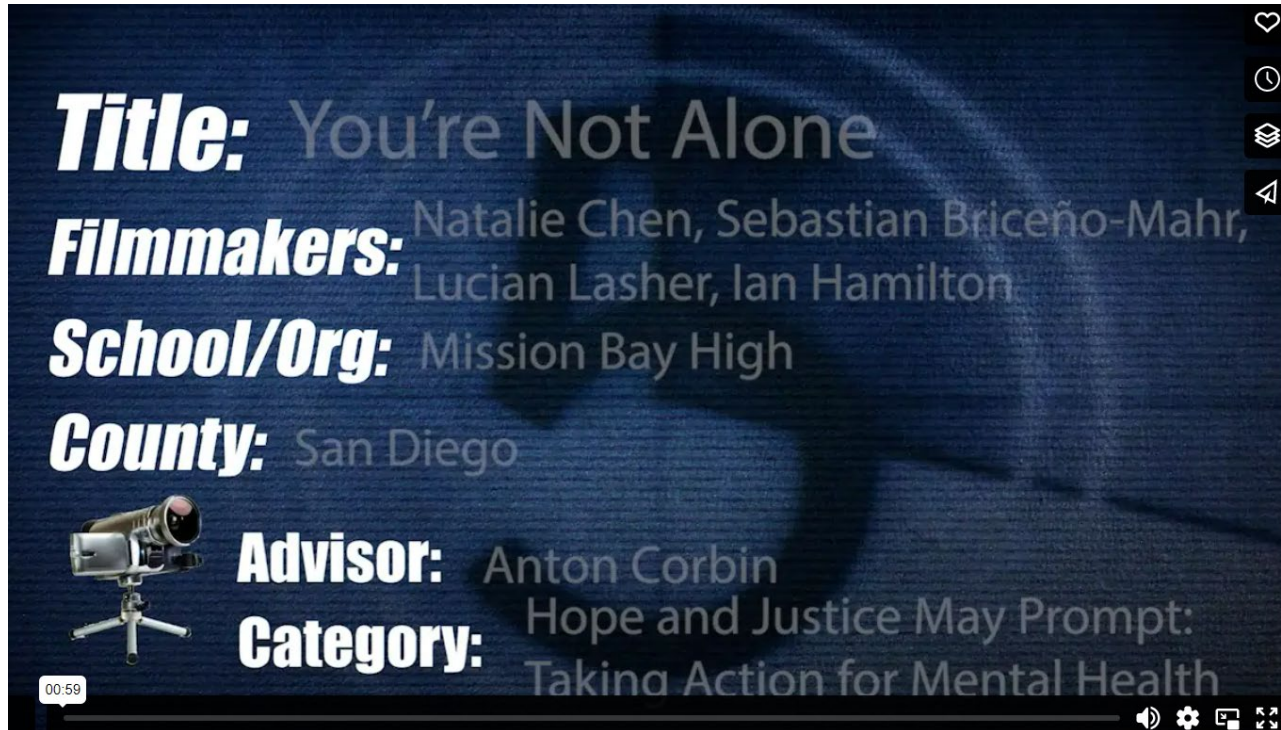


Jaime Tate-Symons

Co-Chair from July 2021 to June 2023 representing the Education Sector



Directing Change - Hope and Justice



[You're Not Alone on Vimeo](#)

"You're Not Alone"

- *Directing Change – Hope and Justice Category*
- *First Place (Tied) Monthly Prompt*
- *Film 2023 by Natalie Chen, Sebastian Brisenno-Mahr, Lucian Lasher and Ian Hamilton*
- *Grade 9 Mission Bay High School*

For Webpage and more Videos:

[San Diego County Films | Hope and Justice Art Gallery
http://directingchange.org/films/](http://directingchange.org/films/)



Culture Share

Stephanie Gioia-Beckman - Rady Children's Hospital



BH-SOC Children, Youth, and Families Culture Share

What is Culture Share?

Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. This experience can honor and celebrate family, history, traditions, experiences, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and **bias awareness**. Ultimately, it is an opportunity for self reflection and enlightenment to enhance our capacity to provide culturally responsive services to the children, youth, and families in our communities.

Structure

1. Present a **3 minute Culture Share**.
2. Introduce a personal or work related experience from a cultural lens.
 - This can be verbal and/or you can share a story, an object, song, or anything else
3. Describe how this experience influences your work
4. Open for any group reflection

Seeking a Volunteer for August 14, 2023, Cultural Share



***Unmute
yourself***



***Put your
name in the
chat***



***Email: Edith
Mohler***

Edith.Mohler@sdcounty.ca.gov

INPUT ON THE MEETING SUMMARY

- 1. Verbally provide input, or***
- 2. Enter input in the chat, or***
- 3. Email input to Edith.Mohler@sdcounty.ca.gov by COB today***



PUBLIC COMMENT



Participants
are invited to unmute
OR
enter comment in chat

Receive the San Diego Advancing and Innovating Medi-Cal Roadmap and Authorize and Intergovernmental Transfer Agreement for Behavioral Health Services



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

VACANT
Fourth District

JIM DESMOND
Fifth District

DATE: May 23, 2023

06

TO: Board of Supervisors

SUBJECT

RECEIVE THE SAN DIEGO ADVANCING AND INNOVATING MEDI-CAL ROADMAP AND AUTHORIZE AN INTERGOVERNMENTAL TRANSFER AGREEMENT FOR BEHAVIORAL HEALTH SERVICES (DISTRICTS: ALL)

OVERVIEW

On July 13, 2021 (14) the San Diego County Board of Supervisors (Board) committed to provide opportunities to achieve better health outcomes and reduce health disparities for vulnerable populations by supporting the County of San Diego's (County) Wellness Delivery System. In alignment with this Board priority, the County mobilized planning and coordination to support implementation of California Advancing and Innovating Medi-Cal (CalAIM). CalAIM is the California Department of Health Care Services' (DHCS) long-term commitment to improve the quality of life and health outcomes of Medi-Cal beneficiaries by implementing broad delivery system transformation including program and payment reforms across the Medi-Cal Program.

- San Diego Advancing and Innovating Medi-Cal (SDAIM) established June 2022 to support local CalAIM implementation
- Developed road map to align priorities & guide future planning and coordination of implementation
- Authorize contract amendments to align with Payment Reform
- Involves transitioning current reimbursement methodology from certified public expenditure to an Intergovernmental Transfer (IGT) process
- ***BL & Presentation in meeting packet***



LIVE WELL
SAN DIEGO

San Diego Advancing and Innovating Medi-Cal (SDAIM)

A Roadmap to Accessible, Quality Health and Social Care for Medi-Cal Members



ATTACHMENT A
LIVE WELL
SAN DIEGO



What is CalAIM?

California Advancing and Innovating Medi-Cal (CalAIM): Department of Health Care Services multi-year initiative to improve the quality of life and health outcomes of Medi-Cal members by implementing broad delivery system, program, and payment reforms across the Medi-Cal program.

What is SDAIM?

San Diego Advancing and Innovating Medi-Cal (SDAIM): County of San Diego Health and Human Services Agency's dedicated unit within Medical Care Services that supports County departments and external partners to implement CalAIM locally.

Why Do We Need a SDAIM Roadmap?

The goal of SDAIM is to establish a cross sector, collaborative approach to improve San Diego County's wellness delivery system that ensures coordinated and equitable access to quality health and social care for Medi-Cal members.

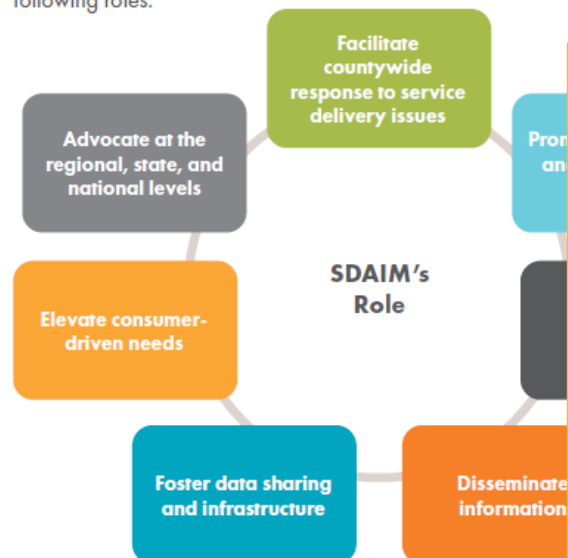
The SDAIM Roadmap was developed to:

- Guide CalAIM implementation in San Diego County
- Facilitate alignment of County and regional priorities with the CalAIM initiative
- Foster coordination and collaboration between County departments, managed care plans, health and social care providers, community organizations, consumers and advocates

What is SDAIM's Role?

The County of San Diego is committed to assuring that Medi-Cal members have equitable access to the critical health and social services they need to live well.*

SDAIM advances the County's commitment to equitable access through the following roles:



* The County of San Diego's Behavioral Health Services (BHS) is the Specialty Mental Health beneficiaries in San Diego County and oversees the local Drug Medi-Cal Organized Delivery major components of CalAIM, including the launch of behavioral health payment reform; docu substance use disorder and specialty mental health services; and administrative integration of substance use disorder services.

San Diego Advancing and Innovating Medi-Cal (SDAIM)

A Roadmap to Accessible, Quality Health and Social Care for Medi-Cal Members



ATTACHMENT A
LIVE WELL
SAN DIEGO

Our Priority Areas How we will support the community



Data and Evaluation

The County will support efforts to measure the impact of CalAIM:

- Participate in a regional data sharing framework
- Identify the impacts of CalAIM on community health and well-being
- Share successes and areas of opportunity to continue advancing health equity

Moving Forward

The County will concentrate efforts on the following initial steps to implement the SDAIM Roadmap:

- Engage community
- Conduct capacity and infrastructure assessments
- Operationalize and implement priorities and strategic actions
- Create a framework for continuous improvement
- Maintain an updated Roadmap that reflects progress

Preventing Suicide in San Diego County



JIM DESMOND
SUPERVISOR, FIFTH DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS
AGENDA ITEM

DATE: May 23, 2023

22

TO: Board of Supervisors

SUBJECT:
PREVENTING SUICIDE IN SAN DIEGO COUNTY (DISTRICTS: ALL)

OVERVIEW

Suicide and self-harm are serious public health concerns that affect individuals, families, and communities. In San Diego County, there were 7,630 emergency room discharges and 719 hospitalizations for suicide attempts and self-harm in 2021, with 364 deaths by suicide. These statistics highlight the need for a comprehensive approach to suicide prevention and mental health care services in the community.

Mental health conditions such as depression, bipolar disorder, and anxiety disorders, as well as substance abuse, relationship problems, and life stressors, are among the factors that can contribute to suicidal behavior. The stigma surrounding mental health issues and suicide can make it difficult for individuals to seek help, leading to further isolation and exacerbating their condition.

Recommendation:

- Review of all existing suicide prevention efforts by the County
- Complete a needs assessment of gaps in services and identify any underserved populations
- Direction to identify and apply for any funding opportunities for suicide and mental health services
- Report back to the Board within 180 days
- ***BL in meeting packet***



Receive an Update on Establishing the Behavioral Health Impact Fund 2.0



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

VACANT
Fourth District

JIM DESMOND
Fifth District

DATE: May 23, 2023

23

TO: Board of Supervisors

SUBJECT

RECEIVE AN UPDATE ON ESTABLISHING THE BEHAVIORAL HEALTH IMPACT FUND 2.0 (DISTRICTS: ALL)

OVERVIEW

On October 11, 2022 (9), the San Diego County Board of Supervisors (Board) found that a Behavioral Health Impact Fund 2.0 (BHIF 2.0) was necessary to meet the social needs of the county's population; established a BHIF 2.0 grant program; directed the County of San Diego (County) to return to the Board with proposed evaluation and selection criteria for the BHIF 2.0; issue request(s) for proposals for behavioral health services; administer the BHIF 2.0; and provide updates on the status of awards, including the total number of awards granted, types of projects awarded, a description of recently awarded projects, and amount of funds remaining.

- Provides an update on the Behavioral Health Impact Fund 2.0 originally established October 11, 2022
- ***BL in meeting packet***





COUNTY OF SAN DIEGO

AGENDA ITEM

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First District

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Fifth District

DATE: May 23, 2023

26

TO: Board of Supervisors

SUBJECT

RECEIVE UPDATE ON OPIOID SETTLEMENT FRAMEWORK IMPLEMENTATION AND HARM REDUCTION MEDIA CAMPAIGNS INCLUDING ILLICIT FENTANYL AWARENESS FOR YOUTH; AUTHORIZE COMPETITIVE SOLICITATIONS FOR PUBLIC MESSAGING, OUTREACH, AND EDUCATION CAMPAIGNS; AND AUTHORIZE UPDATES TO THE OPIOID SETTLEMENT FRAMEWORK (DISTRICTS: ALL)

**BL & Presentation in
meeting packet**

- **Receive Update on Opioid Settlement Framework Implementation and Harm Reduction Media Campaigns Including Illicit Fentanyl Awareness for Youth;**
- **Authorize Competitive Solicitations for Public Messaging, Outreach, & Education Campaigns;**
- **Authorize Updates to the Opioid Settlement Framework**



LIVE WELL
SAN DIEGO

Approve an Ordinance Amending and Repealing Provisions in the San Diego County Administrative Code Related to the Child and Family Strengthening Advisory Board of San Diego County, The Polinsky Children’s Center Advisory Board of San Diego County, the Polinsky Children’s Center Advisory Board, and the San Diego County Foster Care Services Committee



COUNTY OF SAN DIEGO

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DATE: May 23, 2023 and June 13, 2023

04

TO: Board of Supervisors

SUBJECT

APPROVE AN ORDINANCE AMENDING AND REPEALING PROVISIONS IN THE SAN DIEGO COUNTY ADMINISTRATIVE CODE RELATED TO THE CHILD AND FAMILY STRENGTHENING ADVISORY BOARD OF SAN DIEGO COUNTY, THE POLINSKY CHILDREN’S CENTER ADVISORY BOARD, AND THE SAN DIEGO COUNTY FOSTER CARE SERVICES COMMITTEE (MAY 23, 2023 – FIRST READING; JUNE 13, 2023 – SECOND READING UNLESS ORDINANCE IS MODIFIED ON SECOND READING) (DISTRICTS: ALL)

- Amend and repeal provisions of the San Diego County Administrative code relating to the Child and Family Strengthening Advisory Board (CFSAB)
- Includes repeal of the PCC Advisory Board & San Diego Foster Care Services Committee, while integrating them into the Child and Family Strengthening Advisory Board (CFSAB)
- *BL in meeting packet*



Protecting Children from Cannabis Poisoning



JIM DESMOND

SUPERVISOR, FIFTH DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS

AGENDA ITEM

DATE: May 23, 2023

31

TO: Board of Supervisors

SUBJECT:

PROTECTING CHILDREN FROM CANNABIS POISONING (DISTRICTS: ALL)

OVERVIEW

Every year, thousands of young children consume and are sickened by marijuana edibles, which look like ordinary candy or cookies. Nearly one-fourth of these children are admitted to the hospital. The number of children hospitalized due to cannabis consumption has increased in recent years. In 2017, there were just over 200 reported cases of accidental ingestion of cannabis edibles by children under six nationwide. In 2021, the number increased to 3,054 – an increase of 1,375%. About 90 percent of the cases originated from the child's home.

- Expresses the County's support for AB1207 that would ban marketing practices and flavors of cannabis products that are attractive to children
- ***BL in meeting packet***



Supporting our Foster Care Youth



COUNTY OF SAN DIEGO

BOARD OF SUPERVISORS

1600 PACIFIC HIGHWAY, ROOM 335, SAN DIEGO, CALIFORNIA 92101-2470

AGENDA ITEM

10

DATE: June 13, 2023

TO: Board of Supervisors

SUBJECT:

SUPPORTING OUR FOSTER CARE YOUTH (DISTRICTS: ALL)

OVERVIEW

In 2022, nearly 3,000 children utilized San Diego County Child Welfare Services, with 2,360 youth ages 21 years of age and under participating in the County's foster care system. Our Child Welfare system has improved the lives of youth and their families through recent initiatives including enhanced adoption efforts, reunification, expanded parent-child interaction therapy and counseling, and investments in fatherhood engagement and visitation efforts. The County has also committed to ensuring that foster youth who are entitled to survivorship benefits from the Social Security Administration (SSA) receive the full amount of those financial benefits when they reach a certain age and exit the foster care system.

- Recommends BOS to support AB1512 which would require all California counties to ensure that the child's survivorship benefits are not used to pay for, or to reimburse the placing agency for, any costs of the child's care.
- The bill will also require the placing agency to promptly notify the child, the child's attorney, and the child's parents or guardians, of any application for benefits administered by the federal SSA made by the agency on the child's behalf.
- ***BL in meeting packet***



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SAN DIEGO

Receive and Approve the MHSA Three Year Program and Expenditure Plan for Fiscal Years 2023-24 Through 2025-26;

Sunset Time-Certain Reporting (on MCRT)



COUNTY OF SAN DIEGO

AGENDA ITEM

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JIM DESMOND
Fifth District

DATE: June 13, 2023

22

TO: Board of Supervisors

SUBJECT

RECEIVE AND APPROVE THE MENTAL HEALTH SERVICES ACT THREE-YEAR PROGRAM AND EXPENDITURE PLAN FOR FISCAL YEARS 2023-24 THROUGH 2025-26 AND SUNSET TIME-CERTAIN REPORTING (DISTRICTS: ALL)

OVERVIEW

Under the leadership of the San Diego County Board of Supervisors (Board), the County of San Diego (County) Health and Human Services Agency (HHSA), Behavioral Health Services (BHS) continues making strides to advance the transformation of the behavioral health system to a system of regionally distributed services that are accessible to all individuals and families in need.

COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AGENCY

Mental Health Services Act (MHSA) Three-Year Program and Expenditure Plan for Fiscal Years 2023-24 through 2025-26



Behavioral Health Services

June 13, 2023



LIVEWELLSD.ORG

**BL & Presentation in
meeting packet**

Authorize Acceptance of State Youth Suicide Reporting and Crisis Response Pilot Program Funding and Waive Board Policy B-29



COUNTY OF SAN DIEGO

AGENDA ITEM

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Second District

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JIM DESMOND
Fifth District

DATE: June 13, 2023

23

TO: Board of Supervisors

SUBJECT

AUTHORIZE ACCEPTANCE OF STATE YOUTH SUICIDE REPORTING AND CRISIS RESPONSE PILOT PROGRAM FUNDING AND WAIVE BOARD POLICY B-29 (DISTRICTS: ALL)

OVERVIEW

On March 1, 2023, the California Department of Public Health Injury and Violence Prevention Branch (CDPH-IVPB) invited the County of San Diego Health and Human Services Agency, Behavioral Health Services (BHS) to participate in its Youth Suicide Reporting and Crisis Response Pilot Program (Pilot). San Diego County was among the most impacted counties in the State based on selection criteria for the Pilot with the second highest youth suicide count and second highest youth suicide rate (per 100,000 residents) for the period examined (2018-2020).

- Authorize acceptance of a one-time tentative allocation of ~\$4.M1 from CDPH-IVPB to participate in the Youth Suicide Reporting and Crisis Response Pilot Program for FY 2022-23 through FY 2024-25, to develop and test models for rapid reporting and comprehensive crisis response at the local-level related to youth suicide and suicide attempts in youth 25 and under
- Waive all Board policy B-29 fees, grants and revenue contract
- ***BL & Presentation in meeting packet***



CYF Council Bylaws Updates

- New County logo
- Creation of the Child and Family Well-Being Department (CFWB) within the Health and Human Services Agency (HHSA), inclusive of Child Welfare Services (CWS) and First 5 San Diego (Video: [A Look into the New Child and Family Well-Being Department](#))
- Family Sector constituency name shift from Family Youth Liaison to Consumer Advocacy/Family Education Services

Children, Youth and Families Behavioral Health System of Care Council Bylaws



Article One: Name

The name of this organization shall be the Children, Youth and Families Behavioral Health System of Care Council (also known as CYF Council or the Council).

Article Two: Purpose and Duties

On December 12, 1995, the County Board of Supervisors supported recommendations to transform the Children's Mental Health System. A Children's Mental Health Services System of Care Steering Committee was established with a Public, Private and Family partnership. In 2004, this committee evolved into the Children's Mental Health Services System of Care Council, a four-sector partnership: Public, Private, Family/Youth, and Education.

The duties of the Council shall be set forth by Behavioral Health Services (BHS) Administration, a department of the Health and Human Services Agency (HHSA). The Council reports to the Behavioral Health Services Director (BHS Director)/Designee and serves in an advisory capacity. The Council is charged by the BHS Director/Designee to perform the following functions:

- Provide community oversight for the integrity of all services and advancement of all aspects of the system of care.
- Provide advice and feedback related to the progress and future expansion of the CYF System of Care; and
- Provide information and recommendations to the BHS Director.

Article Three: Membership

Membership on the Council is via appointment by the BHS Director/Designee through recommendations of each sector. The Council provides an opportunity for all four sectors to have a voice in policy development and advancement of the System of Care. Members will be appointed from the following:

Sector	Constituencies	Seats
Public	Behavioral Health Advisory Board (BHAB)	1
	Behavioral Health Services (BHS) - HHSA	1
	Homeless Solutions and Equitable Communities - HHSA	1
	Public Health (PH) - HHSA	1
	Medical Care Services (MCS)	1
	Child and Family Well-Being (CFWB) Department-Office of Child Safety -HHSA	1
	CFWB Department - Office of Child and Family Strengthening - First 5 San Diego - HHSA	1
	Public Safety Group (PSG) / Probation	1
Private	Juvenile Court	1
	San Diego Regional Center for Developmentally Disabled	1
	Alcohol and Drug Services Provider Association (ADSPA)	2
	Mental Health Contractors Association (MHCA)	2
	Fee For Service (FFS) Network	1
	Managed Care Health Plans (MCP)	1
Education	Healthcare/Pediatrician	1
	Special Education Local Plan Areas (SELPA)	1
	Regular Education - Pupil Personnel Services	1
	School Board	1
Family	Special Education	1
	Consumer Advocacy/Family Education Services	1
	Caregiver of child/youth served by the public health system	1
	Youth served by the public health system (up to age 26)	2

Governor Newsom Balanced Revised Budget Plan



Office of Governor
GAVIN NEWSOM



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Appointments ▾

Governor Newsom Releases Balanced Revised Budget Plan

Published: May 12, 2023

Proposal closes a \$32 billion shortfall while protecting key investments in education, health care, public safety, housing and homelessness, and climate action, despite global economic uncertainty

Includes \$37.2 billion in total reserves amid increased economic risks

[Watch Governor Newsom's state budget presentation here](#)

SACRAMENTO – Governor Gavin Newsom today released his May Revision proposal, a balanced budget plan that maintains critical investments to address our biggest challenges while preparing for continued economic uncertainty due to global economic issues. The Governor's budget closes a projected \$32 billion budget shortfall while protecting key investments in the issues that matter most to Californians, including education, health care, housing and homelessness, public safety, and climate action.

Following two years of unprecedented growth, revenues have fallen short of monthly estimates since the 2022 Budget Act was enacted last June. California has planned for this potential shortfall, with the Governor and Legislature paying down the state's prior debts, building unprecedented reserves and prioritizing one-time investments.



Governor Newsom presents revised budget plan in Sacramento

Website:

<https://www.gov.ca.gov/2023/05/12/governor-newsom-releases-balanced-revised-budget-plan/>

Video:

<https://www.youtube.com/live/ZbEZKZzZmNw?feature=share>



LIVE WELL
SAN DIEGO



GOVERNOR NEWSOM'S TRANSFORMATION OF BEHAVIORAL HEALTH SERVICES

Housing with Accountability. Reform with Results.

- Major effort to pass a bond for 10,000 new clinic placements and homes.
- First reform in nearly two decades since voters passed the Mental Health Services Act in 2004.
- Focus on housing with accountability for people with mental health needs, including veterans and unhoused people.

Together with the Legislature, local officials, labor leaders, community organizations, and more, Governor Gavin Newsom is proposing a major transformation of the State's behavioral health care system – making good on decades-old promises. This effort will **build 10,000 new beds with \$4.68 billion funded by a bond on the March 2024 ballot** to provide the resources needed to care and house those with the most severe mental health needs and substance use disorders.

Full document in meeting packet
[BHSA Fact Sheet - Public Facing Two](#)
[Bills.docx \(ca.gov\)](#)

Legislative Package for voters' approval in March 2024

- **SB326** – modernize & reform the MHSA (shift to BHSA)
- **AB531** – \$4.68B general obligation bond to build unlocked community based behavioral health treatment & residential care setting inclusive of housing for veterans



Children and Youth Behavioral Health Initiative (CYBHI) April, May, & June 2023 Updates



Handout in Meeting Packet and more information here:

<https://www.dhcs.ca.gov/cybhi>
<https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/>
<https://www.chhs.ca.gov/wp-content/uploads/2023/04/CYBHI-April-2023-Update--ADA.pdf>
<https://www.chhs.ca.gov/wp-content/uploads/2023/05/May-2023-Update--ADA.pdf>
<https://www.chhs.ca.gov/wp-content/uploads/2023/06/June-2023-Update.pdf>



San Diego County
Gun Violence Reduction
Community Needs Assessment

Comprehensive Report



Prepared by
HARC
HEALTH ASSESSMENT AND RESEARCH FOR COMMUNITIES

2023

Link to Document

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_a ct/bhab_meeting_materials.html



Youth Opportunity Pass

FREE
FREE
FREE

Youth 18 & under ride
FREE with PRONTO.



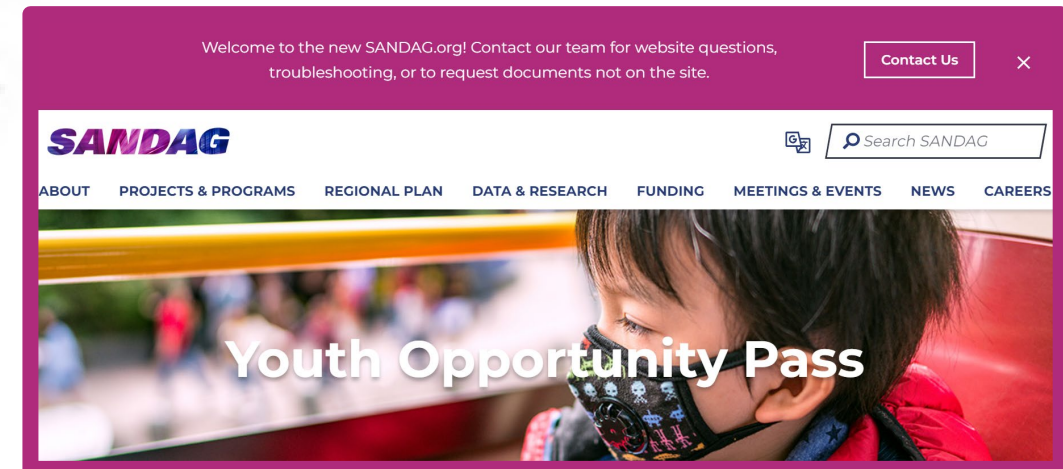
What services is the Youth Opportunity Pass good for?

The Youth Opportunity Pass program covers free transit rides on all fixed-route North County Transit District's BREEZE, SPRINTER, COASTER, FLEX, and MTS buses and Trolleys.

The Youth Opportunity Pass is not valid on NCTD LIFT or MTS Access paratransit services.

Webpage Link:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html



Behavioral Health Director's Report – June & July 2023



County of San Diego

NICK MACCHIONE, FACHE
AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

May 25, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – JUNE 2023

BEHAVIORAL HEALTH SERVICES FISCAL YEAR (FY) 2023-2024 RECOMMENDED BUDGET

Behavioral Health Services Overview and Vision

As part of the Health and Human Services Agency (HHS) proposed Operational Plan, Behavioral Health Services (BHS) continues to press forward with our bold, population health approach to shift how residents access care for their behavioral health needs which seeks to transform a crisis-driven system to one rooted in chronic and continuous care; prevention through the regional distribution of services; and integration with primary healthcare to keep people connected, stable, and healthy. BHS continues to make programmatic investment decisions with the goal of building an integrated, seamless, and outcome-oriented behavioral health system that utilizes a health equity lens to ensure critical services are available to those in need.



County of San Diego

Eric McDonald, MD, MPH, FACEP
INTERIM AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
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LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

June 29, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – JULY 2023

EDGEWOOD DISTINCT PART SKILLED NURSING FACILITY (EDGEWOOD) UPDATES

Accomplishments/Announcements

- Edgewood remains an overall five-star facility on the Centers for Medicare and Medicaid Services (CMS) Five-Star Quality Rating System, achieving five out of five stars in all five rating categories (Overall Quality, Health Inspection, Quality Measures, Staffing, and RN Staffing).
- Edgewood was recognized at the San Diego Health Care Association RAP session on April 13, 2023 by the County of San Diego and received a Certificate of Achievement for exceeding an 80% resident up-to-date COVID-19 vaccination rate.
- The County's Annual Blood Drive was held at Edgewood on April 6, 2023. Our goal was to collect 30 pints and we collected 28 pints, which equates to helping save 84 lives.
- Edgewood celebrated National Skilled Nursing Care Week (May 14th – 20th) and Nurses Week (May 6th – 12th) with a special presentation and meal on May 15th. The Nurse of the Year and Certified Nursing Assistant of the Year were both awarded during the presentation.

Full Documents in Meeting Packet

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html



Prevention and Support Services Updates

Danyte Mockus-Valenzuela, PhD

Adverse Childhood Experiences (ACEs) Prevention Parenting Program for Fathers

- Request For Proposal [RFP 12456](#).
- Proposals due July 31, 2023 [Welcome to BuyNet \(ca.gov\)](#)



Annual Strategic Planning

Fiscal Year 2022-23 Accomplishments Fiscal 2023-24 Year Goals

CYF Systemwide Report	Executive committee	Transition Age Youth (TAY) Council
Executive committee	Outcomes committee	Managed Care health Plans (MCHP)
Private Sector: MHCA & ADSPA	Early Childhood committee	Cultural Competence Resource Team (CCRT)
Family and Youth Sector	SOC Training Academy committee	CYF Change Agents Developing Recovery Excellence (CADRE) committee
Education Sector		

Children, Youth and Families Behavioral Health System of Care Council Goals and Accomplishments



Council Vision: Wellness for children, youth and families throughout their lifespan.

Council Mission: Advance systems & services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Fiscal Year 2023-24 Goals

- Embrace the [General Management System Reimagined](#) and Live Well Vision while recognizing the Pandemic and Racial Justice context.
- Consider current landscape & systems priorities to identify opportunities for synergy to advance system of care with specific emphasis on the Continuum of Care – Youth Strategies focus (September 27, 2022, Board Letter, item 23):
 - Strategic Domain 1 – Family System Work and Supports
 - Strategic Domain 2 – School Engagement and Care Opportunities
 - Strategic Domain 3 – Health Integration
- Emphasize Behavioral Health Continuum of Care for children and youth with focus on families, early intervention, and access to care.
- Consider population health and social determinants/drivers of health in the system of care and Council activities.
- Coordinate the delivery of the annual CYF Council Orientation (June 2024).
- Incorporate the CYF Council Priorities identified in the Fiscal Year 2023-24 Strategic Planning session.
- Address Equity and Racial Justice.
- Support the County Substance Use Harm Reduction Strategy.
- Participate in addressing Access to Care and Workforce Challenges.
- Support the California Advancing and Innovating Medi-Cal (CalAIM) implementation inclusive of Payment Reform and other state driven initiatives such as the Children and Youth Behavioral Health Initiative (CYBHI).
- Provide input for Mental Health Services Act (MHSA) Community Engagement events and BHS Forums.
- Educate about other systems' priorities and look for opportunities to align efforts to best impact positive system changes.
- Focus on system integration & moving beyond coordination with other child servicing systems, as promoted by Assembly Bill (AB) 2083 mandates.
- Continue the partnership with the Child and Family Well Being (CFWB) Department and Juvenile Probation supporting various activities inclusive but not limited to:
 - Families First Prevention Services Act (FFPSA)
 - Qualified Residential Treatment Programs (QRTF)
 - Institution for Mental Diseases (IMD) Determination
 - Senate Bill (SB) 823 – Division of Juvenile Justice (DJJ)
- Advance the Drug Medi-Cal Organized Delivery System (DMC-ODS).
- Collaborate with the education sector to support students, including but not limited to areas of suicide prevention and universal screening.
- Continue Screening to Care Initiative efforts.
- Continue partnership with Managed Health Care Plans (MHCP) for Student Behavioral Health Initiative Program (SBHIP) and other activities such as Enhanced Care Management (ECM) and Community Supports (CS).

- Acknowledged celebrations, shared information on relevant trainings, and Board Letters.
- Added a Cultural Share component to the Council effective February 13, 2023.

- Redesigned the children and youth Service Directory that obtained community praise for utility and usability. [Children, Youth and Families \(sandiegocounty.gov\)](#)

nd local level.
intervention, Adverse Childhood Experiences (ACEs),
n (May 2024)
Early Intervention in Communities of Hope (September
e (Spring 2024)
Conference.
es, adding Early Childhood resources and information.

Accomplishments

ance system of care:
tor, BHS priorities as they relate to children, youth, and
2022. A summary document with areas of focus and
n August 29, 2022. Additionally, a new revision of the
s and Equitable Communities" representation.
gies. BHS Director, Luke Bergmann was the guest
ote and approved on September 12, 2022.
and the CYF Council Early Childhood Committee,
The meeting was attended by 146 individuals.
rogram (SBHIP) presented by NAMI San Diego staff
individuals.
dates. The meeting was attended by 124 individuals.
he meeting was attended by 105 individuals.
o Services Throughout the Lifespan."
HS priorities as they relate to children, youth, and
n, Youth and Families, presented by the Early

Children and Youth Mental
ed in the event and celebrated
arties, drum circles, and
cal performance.

n (CICAMH) conference.

[Pages/calaim.aspx](#)

Overdose Education.
total of 91 participants.

Children, Youth and Families Behavioral Health System of Care Council (CYF Council)



Submitted by Golby Rahimi

Private Sector

Purpose

There are two associations that elevate the private sector voice. Membership is open to all BHS-contracted providers and in regularly scheduled meetings and work groups. Both associations also have executive teams, and they meet monthly with the Administration team.

Alcohol and Drug Service Providers Association (ADSPA)

Mission: To serve as a voice for SUD providers and the people we serve to support county/contractor relations and take a leadership role in ensuring access to high-quality care.

Mental Health Contractors Association (MHCA)

Mission: to provide a collective voice for member agencies in matters relating to the effective delivery of quality mental health services on behalf of those we serve in San Diego County.

Vision: MHCA is an essential leader in the development, delivery, and advocacy for effective and sustainable mental health services in San Diego County.

In addition to the two associations, the CYF SOC Council has historically held a Private Sector committee meeting, however in recent years it has transitioned to an ad hoc committee that is available to meet as needed. Any Council member may request to initiate the Private Sector committee which would likely be led by one of the CYF Council Public Sector Members.

Private Sector CYF Council Constituency	Council Member	Council Alternate
Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	John Laidlaw
Alcohol and Drug Service Provider Association (ADSPA)	Marisa Varond	Claudette Allen Butler
Mental Health Contractors Association	Julie McPherson	Vanessa Artega
Mental Health Contractors Association	Laura Beadies	Golby Rahimi Saylor
Fee- For-Service (FFS) Network	Dr. Sherry Casper	Marcelo A. Podesta
Managed Care Health Plan	Kathleen Lang	James Trout
Healthcare/ Pediatrician	Dr. Pradeep Gidwani	Vacant
San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	Lori Sorenson

Fiscal Year 2023-24 Association Executive Positions

ADSPA		MHCA	
Chair	Marisa Varond	President	Golby Rahimi Saylor
Vice Chair	Stephanie Sobka	Vice President	Laura Beadies
Secretary		Secretary	Mona Minlon
		Past President	Calhryn Nacario
Treasurer	Beverly Monroe	Treasurer	Minola Clark Mansour
Member At Large	Jerry Shirey	Children's At Large Representative	Cheryl Rode
Member At Large	Katie Wood	Adult At Large Representative	James "Diego" Rogers
Immediate Past Chair	Angela Rowe	TAY At Large Representative	Joshua Zhang
Adult	Stacie Perez	Health Care Policy At Large Representative	John Laidlaw
CYF	Claudette Allen Butler		
Outpatient	Terri-Hagman Garcia		
Prevention	Ron Stark		
Policy	John Laidlaw		
Special Populations	Cheryl Houk		
QI	Brian Bauers		

Children, Youth and Families Behavioral Health System of Care Council (CYF Council)



Submitted by Heather Nemour

Education Sector

Purpose of Committee

The purpose of the Education Committee is to build and/or enhance relationships between mental health providers and education resulting in resource development and stakeholder efforts that promote youth mental health school-based services/activities.

Fiscal Year 2023-24	
Public	Private
Fran Cooper	Pam Hansen

Fiscal Year 2022-23

- Be responsive to the changing needs of students, staff and families.
 - In partnership with Rady's Children's Hospital, provided training for [employees](#) and one for [parent/caregivers](#).
 - Provided calming corner kits to 470 break, practice self-regulation strategies.
 - Provided three Youth Mental Health on mental health & wellness and postvention.

- Planned and developed 4 partnerships to bring to mind to implement and mental health for the 2023-24 school year.
- Held four Mental Health in Schools presentations to share and learn best practices in schools.

- Support districts and charter schools in prevention, intervention and postvention for students and parents.

- Provided four countywide Suicide Prevention trainings.
- Provided two countywide Suicide Prevention trainings.
- Supported 16 districts and 16 charter schools in comprehensive suicide intervention.
- Collected anonymous data from 32 districts along with demographic information.
- Supported 32 LEAs in conducting suicide prevention, intervention and postvention.
- In partnership with UCSF, developed Preventing & Eliminating Suicide in Schools.

Children, Youth and Families Behavioral Health System of Care Council (CYF Council)



Submitted by Sten Walker

Family Sector

Purpose

To ensure family and youth voice and values are incorporated into service development and implementation plans of Behavioral Health Services.

Fiscal Year 2023-24 Active Committee Members

Public	Private	Family	Education
Edith Mohler	Khalif Kelly	Kari Perry	
Darwin Espejo	Sten Walker	Caitlynn Hauw	

Fiscal Year 2022-23 Accomplishments

- On May 13, 2023, BHS hosted the 9th Annual Children and Youth Mental Health Well-Being Celebration. The event was held at Grossmont Center. Over 14 organizations participated in the event and celebrated with over 200 community members. There were engaging activities at each resource table, bubble dance parties, drum circles, and opportunity drawings. A youth also provided an inspirational speech, and a youth musician provided a musical performance.
- There have also been efforts in involving more youth voices in Behavioral Health discourse.

Areas of Focus for Fiscal Year 2023-24

- There has been some interest in availability of naloxone trainings at high schools.
- There will soon be a division of MCRT that will focus on youth – there is some interest in how that will be implemented.
- The implementation of SBHIP.
- Having more youth voices involved with Behavioral Health discourse.

Fiscal Year 2023-24 Meeting information

MEETING DATE: Pending
LOCATION:
TIME:

LEAD /Co-Leads
Sten Walker and Khalif Kelly

Annual Strategic Planning Breakout Discussion Setting Council Priorities for Fiscal year 2023-24

Breakout Discussion – Setting Council Priorities for Fiscal Year 2023-24 (Moderator: Stephanie Escobar) **30 minutes**

- Participants may select the virtual Breakout room; each room has a designated facilitator and scribe who will report out
- There will be an opportunity to participate in 2 groups
- The breakout room will close after 15 minutes directing participants to select a new break out room
- Breakout participants will dialogue to identify one area of focus for the CYF Council in Fiscal Year 2023-24
- Each group will specify three actions the Council can take to advance the suggested priority

Breakout Rooms

Topic	Facilitator Scribe	Topic	Facilitator Scribe
Primary Care	Dr. Gidwani Jennifer Kennedy	Prevention & Early Intervention	Aisha Pope Stephanie Escobar
Family Involvement	Sten Walker Melissa Penaflor	Workforce	Jennifer Rusit and Ben Parmentier
School	Heather Nemour Yuka Sakamoto	Open Discussion	Rosa Ana Lozada Mike Miller
Substance Use	Shannon Jackson Terri Kang		

Report Out **20 minutes**

- Representative from each breakout session will have two minutes to highlight the identified/suggested priority and the three action items to advance the priority
- Scribe from each breakout session will send meeting notes to Edith Mohler at: Edith.Mohler@sdcounty.ca.gov to compile

Annual Strategic Planning

Report Out Identified Priority Three Action Items to Advance Priority

Breakout Rooms

Topic	Facilitator Scribe	Topic	Facilitator Scribe
Primary Care	Dr. Gidwani Jennifer Kennedy	Prevention & Early Intervention	Aisha Pope Stephanie Escobar
Family Involvement	Sten Walker Melissa Penaflor	Workforce	Jennifer Rusit and Ben Parmentier
School	Heather Nemour Yuka Sakamoto	Open Discussion	Rosa Ana Lozada Mike Miller
Substance Use	Shannon Jackson Terri Kang		

Please send breakout session notes to Edith Mohler at edith.mohler@sdcounty.ca.gov



OPEN ANNOUNCEMENTS

- *Participants are invited to unmute and make the announcement*
- *Announcements can also be entered into the chat*
- *Send materials to:*
Edith.Mohler@sdcounty.ca.gov
by Friday before each Council meeting to be posted in chat on the sender's behalf



Poll Question

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice)

- 1 - Low Relevance**
- 2 -**
- 3 – Some Relevance**
- 4 -**
- 5 - High Relevance**



NAMI - alfrEDU - Family Voice Meeting

Registration Link:

Meeting Registration - Zoom



**FAMILY
VOICE
MEETINGS**



JOIN US...

As we discuss and demonstrate alfrEDU

The alfrEDU App is the ultimate guide for navigating special needs education and will be your companion in the complex Individualized Education Plan process.

Thursday, July 13th via Zoom
11:00 AM

Register Here

Registration is limited

Funded through San Diego County Behavioral Health Services Act, Mental Health Services Act (MHSA)



NAMI Basics training for parents, caregivers for youth



NAMI Basics is a free, 6-session education program for parents, caregivers and other family who provide care for youth (ages 22 and younger) who are experiencing mental health symptoms. This class is taught by trained teachers with lived experience raising a child with a mental health condition. They know what you’re going through because they’ve been there too.

NAMI Basics covers the impact mental health conditions can have on your entire family. Different types of mental health care professionals, available treatment options and therapies. An overview of the public mental health care, school and juvenile justice systems and resources to help you navigate these systems. How to advocate for your child’s rights at school and in the healthcare settings, the importance of taking care of yourself and so much more!

English (virtual)	Begins July 18	Ends August 3	Tues & Thurs 6:00- 8:30 PM	Event Information – NAMI San Diego
English (virtual)	Begins August 29	Ends September 14	Tues & Thurs 6:00- 8:30 PM	Event Information – NAMI San Diego



Participant Perspectives

“This is such a great step by step program that walks parents through every step. It’s as if they’re holding your hand through it all.”

“This class was unexpectedly wonderful! I did not expect to learn so very, very much! This program is well written with excellent segues between topics. It covers so much more than BASICS- the title doesn’t do it justice.”



Contact us for more information about NAMI Basics class:
basics@namisd.org

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI San Diego is an affiliate of NAMI California. NAMI San Diego and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community with mental health conditions and their loved ones.

Funded through San Diego County Behavioral Health Services, Mental Health Services Act (MHSA)

Registration Link:

[NAMI Basics | NAMI: National Alliance on Mental Illness](#)



14th Annual Early Childhood Mental Health Conference



14th Annual Early Childhood Mental Health Conference - We Can't Wait! Re-imagining Prevention and Early Intervention in Communities of Hope

September 28-30, 2023

This 14th Annual Early Childhood Mental Health Conference will inspire attendees to re-imagine prevention and early intervention and shift the focus to the role of positive experiences in human development. Distinguished speakers will highlight community driven, evidence-based interventions that have been developed, researched, implemented, and are making a difference, including Zero to Thrive from Michigan and the HOPE programs from Chicago. These programs, some of which have been implemented here in San Diego, promote healthy child development (0-5) and emphasize strengths, positivity, and hope, rather than deficits. In addition to exploring early childhood development, culturally informed, evidence-based practices, and advances in early education programs, attendees will be able to examine ways that our communities and systems of care can better ensure diversity, equity, and access to care so that children have more positive experiences, and that all families have support to nurture and celebrate their strengths. Finally, we are excited to offer a Hybrid Event this year! Live sessions will be in-person, in San Diego and a networking reception is planned on Thursday evening. Keynote sessions and selected breakout sessions will simultaneously be offered on Zoom for virtual attendees.

Learning Objectives:

At the conclusion of this activity, the participants should be able to:

- Review the neurobiological nature of the developing brain and recognize how it is directly shaped by positive, interpersonal experiences
- Identify best practices in socio-emotional support and strategies for cultivating positive experiences that extend to the home, schools, and community
- Create partnerships among healthcare, education, behavioral health, and child welfare professionals to create communities of hope for infants, children and families
- Discover ways to build workforce capacity and community involvement to expand diversity-informed strategies that support infants, children, and families

Target Audience:

The target audience includes those involved in providing assessment, treatment, education, support, and advocacy for children and families. Attendees will include psychiatrists, pediatricians, marriage family therapists, social workers, psychologists, mental health workers, substance abuse and addiction professionals, counselors and case managers, nurses, occupational therapists, physical therapists, speech therapists, teachers, educators, child welfare workers, early childhood education providers, childcare specialists, mental health administrators and other healthcare and educational providers.

[ECMH – We Can't Wait! \(earlychildhoodmentalhealth-sandiego.com\)](https://earlychildhoodmentalhealth-sandiego.com)

Registration: [14th Annual Early Childhood Mental Health Conference – We Can't Wait - Choose Registration \(eventscloud.com\)](https://eventscloud.com)

Hybrid Event

More information:
[ECMH – We Can't Wait!
\(earlychildhoodmentalhealth-sandiego.com\)](https://earlychildhoodmentalhealth-sandiego.com)



THANK YOU

Next CYF Council Meeting:

August 14, 2023

9:00 – 10:30 a.m.

