

Welcome to the Children, Youth and Families Council Meeting



THE MEETING WILL BEGIN SHORTLY...A FEW REMINDERS...

- *KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING*
- *PLEASE RAISE YOUR HAND OR USE THE CHAT BOX TO REQUEST TO SPEAK*
- *THE MEETING PACKET WAS EMAILED TO THE COUNCIL DISTRIBUTION LIST*

“What does BIPOC stand for?”



***“USE PHONE
CAMERA TO
SCAN QR CODE”***



JULY IS BLACK, INDIGENOUS, PEOPLE OF COLOR (BIPOC) MENTAL HEALTH AWARENESS MONTH



July Is Bebe Moore Campbell National Minority Mental Health Awareness Month

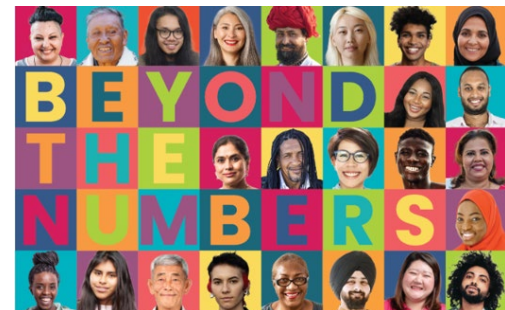
Also known as BIPOC Mental Health Month

Formally recognized in June 2008 (and currently designated as), Bebe Moore Campbell National Minority Mental Health Awareness Month was created to bring awareness to the unique struggles that underrepresented groups face in regard to mental illness in the US. Bebe Moore Campbell was an American author, journalist, teacher, and mental health advocate who worked tirelessly to shed light on the mental health needs of the Black community and other underrepresented communities.

To continue the visionary work of Bebe Moore Campbell, each year Mental Health America (MHA) develops a public education campaign dedicated to addressing the mental health needs of Black, Indigenous, and People of Color (BIPOC).

For more Information and Resources:

<http://www.mhaopc.org/bipoc-mental-health-awareness-month/>





“Embrace”

Artist: **Maggie Cesarini**

2021

San Diego County

Grade: 12

Torrey Pines High School

Advisor: Katie O'Brien

Link

<https://gallery.directingchange.org/sandiegocounty/art/>



Thank You
Jasmine Carrasco & Guillermo Rodriguez
for providing language interpretation at today's meeting

STEPHANIE ESCOBAR FIRST 5 – PUBLIC SECTOR



LIVE WELL
SAN DIEGO



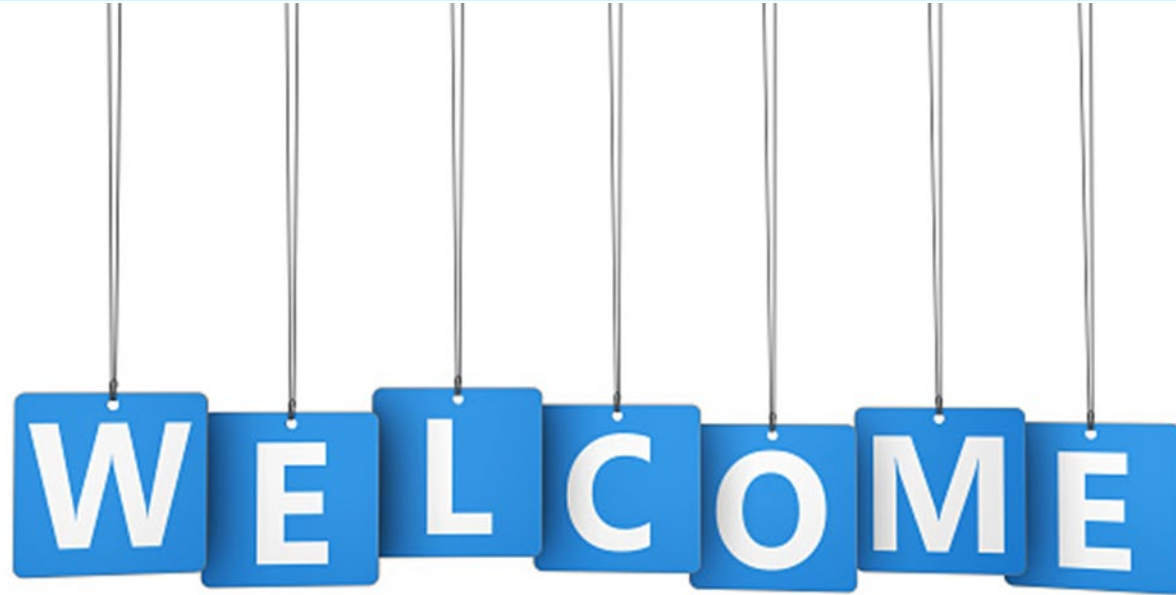
WELCOME

Stephanie Escobar
CYF Council Co-Chair
Public Sector – First 5

KELLY MOTADEL, MD
HHSA MEDICAL CARE SERVICES



LIVE WELL
SAN DIEGO



Dr. Kelly Motadel

Healthcare/Pediatrician Alternate

WELCOME - NEW COUNCIL STAFF



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Dina Ali



Rhonda Crowder



Peggie Webb and Therese Davis

Thank you for serving in the CYF Council

STEN WALKER

NAMI SD - FAMILY/YOUTH SECTOR



LIVE WELL
SAN DIEGO



Sten Walker

NAMI San Diego/ CYFL

Family/Youth Sector



LIVE WELL
SAN DIEGO

Certificate of Appreciation

Presented to

Sten Walker

**For your contributions as a Co-Chair and Council Member
representing the
Family Sector and Elevating its Voice**

July 11, 2022

Children, Youth and Families Behavioral Health System of Care Council

Yael Koenig

Yael Koenig, LCSW, Deputy Director
Behavioral Health Services/Children, Youth and Families



MEETING SUMMARY REVIEW

*DOES ANY COUNCIL MEMBER HAVE INPUT ON THE
MEETING SUMMARY AT THIS TIME?*

COUNCIL MEMBERS MAY:

1. Verbally provide input at this time, or
2. Enter input in the chat, or
3. Email input to Darwin.Espejo@sdcounty.ca.gov by COB today





COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: May 24, 2022

22

TO: Board of Supervisors

SUBJECT

INITIAL INTERIM REPORT AND RECOMMENDATIONS ON DATA-DRIVEN APPROACHES TO PUBLIC SAFETY, TREATMENT AND SERVICE EXPANSIONS, AND ADVANCING EQUITY THROUGH ALTERNATIVES TO INCARCERATION, AND AMEND PRE-TRIAL FELONY MENTAL HEALTH DIVERSION PROGRAM AGREEMENT WITH DEPARTMENT OF STATE HOSPITALS TO INCLUDE ADDITIONAL GRANT FUNDS (DISTRICTS: ALL)



COUNTY OF SAN DIEGO

BOARD OF SUPERVISORS

1600 PACIFIC HIGHWAY, ROOM 335, SAN DIEGO, CALIFORNIA 92101-2470

AGENDA ITEM

COSD CLERK OF THE BOARD
2022 MAY 16 AM 11:45

DATE: May 24, 2022

TO: Board of Supervisors

26

SUBJECT

**ADDRESSING THE NEEDS OF VULNERABLE AND HOMELESS POPULATIONS:
SUPPORT FOR COMMUNITY ASSISTANCE RECOVERY AND EMPOWERMENT
(CARE) COURT (DISTRICTS: ALL)**

OVERVIEW

San Diego is facing a growing behavioral health and homelessness crisis. The most recent Point-in-Time Count in 2020 found at least 3,971 unsheltered people experiencing homelessness, some of whom have untreated behavioral health needs.¹ The County of San Diego (County) is charged with providing care and support to our most vulnerable populations. To achieve the best possible health outcomes, people experiencing homelessness or a behavioral health crisis need coordinated care amongst various systems, community partners, and governmental agencies. We must find innovative and compassionate solutions to help those most urgently in need.

NEGOTIATIONS WITH ALVARADO HOSPITAL FOR MEDI-CAL MANAGED CARE INPATIENT ACUTE PSYCHIATRIC SERVICES



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SAN DIEGO



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: June 14, 2022

05

TO: Board of Supervisors

SUBJECT

AUTHORIZATION TO ENTER INTO NEGOTIATIONS WITH ALVARADO HOSPITAL, LLC DBA ALVARADO HOSPITAL MEDICAL CENTER FOR MEDI-CAL MANAGED CARE INPATIENT ACUTE PSYCHIATRIC SERVICES (DISTRICTS: ALL)

OVERVIEW

Under the leadership of the San Diego County Board of Supervisors (Board), behavioral health care in San Diego County is in the midst of a profound transformation. The County of San Diego (County) is taking action and making strategic investments to move the local behavioral health care delivery system from a model of care driven by crises to one centered on continuous, coordinated care and prevention. These efforts are guided by data, focused on equity, and designed to create collaborative work across silos, within and outside of government.



JIM DESMOND

SUPERVISOR, FIFTH DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS

AGENDA ITEM

COSD CLERK OF THE BOARD
2022 JUN 6 AM 11:58

DATE: June 14, 2022

16

TO: Board of Supervisors

SUBJECT:

KEEPING STUDENTS SAFER ON SCHOOL CAMPUSES (DISTRICTS: ALL)

OVERVIEW

As the horrific school shooting in Uvalde, Texas unfolded, we learned that 19 children and 2 teachers were savagely murdered. San Diego County has not been immune from school shootings. Over four decades ago, the Grover Cleveland Elementary school was attacked and over two decades ago, Santana and Granite Hills High Schools were the target of mass shootings and more recently Kelly Elementary in Carlsbad experienced a terrifying incident. According to District Attorney Summer Stephan there have been many more planned school attacks that have been adverted by law enforcement.

AUTHORIZING COMPETITIVE SOLICITATIONS & OTHER BHS CONTRACT ACTIONS



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

NATHAN FLETCHER
Fourth District

JIM DESMOND
Fifth District

DATE: June 28, 2022

05

TO: Board of Supervisors

SUBJECT

AUTHORIZE COMPETITIVE SOLICITATIONS, APPROVAL OF THE COMMUNITY INVESTMENT AGREEMENT WITH BLUE SHIELD OF CALIFORNIA PROMISE HEALTH PLAN, AND AMENDMENT TO EXTEND AN EXISTING BEHAVIORAL HEALTH SERVICES CONTRACT (DISTRICTS: ALL)

OVERVIEW

The County of San Diego (County), Health and Human Services Agency Behavioral Health Services department provides a comprehensive array of community-based mental health and substance use disorder services to people of all ages through County-operated facilities and contracts with local public and private agencies to vulnerable populations, including individuals who are experiencing homelessness, individuals with justice involvement, and children and youth with complex behavioral health conditions.



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

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First District

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Fourth District

JIM DESMOND
Fifth District

DATE: June 28, 2022

19

TO: Board of Supervisors

SUBJECT

RECOMMENDATIONS TO ENHANCE HUMAN TRAFFICKING PREVENTION AND SERVICE COORDINATION; AUTHORIZE A PROCUREMENT FOR PEER SUPPORT NAVIGATION (DISTRICTS: ALL)

OVERVIEW

On January 25, 2022, (18) the Board of Supervisors (Board) directed the Chief Administrative Officer to work with Public Safety Group and Health and Human Services Agency departments to coordinate efforts and develop recommendations to prevent human trafficking and support survivors. Board direction included developing recommendations for a peer support navigator program, and a strategy to coordinate victim-centered, culturally competent and trauma-informed comprehensive survivor services; assessing current resources; drawing on stakeholder input; developing recommendations for raising awareness of human trafficking; and returning to the Board in 180 days with findings and recommendations.



COUNTY OF SAN DIEGO

BOARD OF SUPERVISORS

1600 PACIFIC HIGHWAY, ROOM 335, SAN DIEGO, CALIFORNIA 92101-2470

AGENDA ITEM

COSD CLERK OF THE BOARD
2022 JUN 17 PM1:00

DATE: June 28, 2022

22

TO: Board of Supervisors

SUBJECT

**DECLARING ILLICIT FENTANYL A PUBLIC HEALTH CRISIS
(DISTRICTS: ALL)**

OVERVIEW

Accidental overdose deaths caused by fentanyl have reached historic levels across the nation. The Centers for Disease Control and Prevention (CDC) estimate that over 80,000 overdose deaths caused by fentanyl occurred in 2021 alone. Data from the CDC shows that accidental deaths caused by fentanyl is the number one killer of people between the ages of 18 and 45, far exceeding the number of deaths caused by car accidents, COVID, heart disease, and gun violence within this age group.



What is CalAIM?

CalAIM is a long-term commitment to transform and strengthen Medi-Cal, making the program more equitable, coordinated, and person-centered to help people maximize their health and well-being.

What are the CalAIM Goals?

Implement a whole-person care approach and address social drivers of health

Improve quality outcomes, reduce health disparities, and drive delivery system transformation

Create a consistent, efficient, and seamless Medi-Cal system

What Does This Mean for Me?

- Easier access to mental health treatment
- Improved teamwork among the providers who serve you
- A more seamless and supportive treatment experience



Where Can I Learn More?

DHCS Webpage: <https://www.dhcs.ca.gov/CalAIM/Pages/calaim.aspx>

PREPARING FOR CYF COUNCIL STRATEGIC PLANNING AUGUST 8, 2022



County of San Diego

Children, Youth and Families Behavioral Health System of Care Council

The Children, Youth and Families (CYF) Council Annual Strategic Planning Meeting is scheduled for August 8, 2022. As you may recall, at this meeting, the Sub-Committee/Sector/or System group purpose, previous Fiscal Year accomplishments, and current Fiscal Year Areas of Focus are highlighted. Please update this document/template and return to Edith Mohler at:

Edith.Mohler@sdcounty.ca.gov by July 15, 2022.

Subcommittees and Sector Reports Fiscal Year 2021-22



BHS DIRECTOR'S REPORT JUNE AND JULY 2022



LIVE WELL
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County of San Diego

NICK MACCHIONE, FACHE
AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

May 26, 2022

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – JUNE 2022

BEHAVIORAL HEALTH SERVICES FISCAL YEAR (FY) 2022-2023 RECOMMENDED BUDGET

Behavioral Health Services Overview and Vision

In the Fiscal Year 2022-23 Proposed Operational Plan, Behavioral Health Services (BHS) continues to press forward in shifting how residents access care for their behavioral health needs. The vision is to transform from a system driven by crisis to one rooted in chronic and continuous care, and prevention through the regional distribution of services, and integration with primary healthcare to keep people connected, stable, and healthy. In the proposed operational plan, BHS proposed investments with the goal of building an integrated, seamless, and outcome-oriented behavioral health system that utilizes a health equity lens to ensure critical services are available to those in need.



County of San Diego

NICK MACCHIONE, FACHE
AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

June 30, 2022

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services (BHS)

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – JULY 2022

SUPPORT FOR WORKFORCE EDUCATION AND TRAINING

Behavioral Health Workforce Challenges and Needs Assessment

On February 18, 2021, County Board of Supervisors Chair Nathan Fletcher delivered his State of the County Address and highlighted the growing number rate of mental health and substance use cases in San Diego County. Chair Fletcher reaffirmed his commitment to strengthen and enhance the behavioral health workforce to support the needs of the community as the County of San Diego (County) continues its transformation from a model of care driven by crisis to a system of continuous care.

MHP EXTERNAL QUALITY REVIEW REPORT SUMMARY

FISCAL YEAR 2021-22



Recommendations		
	Domains	Recommendations
1	Access to Care	Investigate the reasons, develop, and implement strategies, and improve wait lists for direct outpatient children and adult services requests that are not a step down from urgent or emergent delivery systems.
2	Timeliness of Services	Investigate reasons, develop, and implement strategies, and improve timeliness to first non-urgent service request; first non-urgent rendered service request; first non-urgent request to first offered psychiatric appointment; and first non-urgent rendered first offered psychiatric appointment for all, adults, children and foster care youth.
3	Quality of Care	Continue efforts to improve bidirectional communication with the CBO's and standardization of the contract monitoring process. (This recommendation is a follow-up from FY 2020-21.)
4	Quality of Care	Investigate reasons, develop strategies, and improve the QI Program Work Plan Evaluation analysis and future recommendations utilizing a QAPI process. Analyze the reasons, develop a plan, and write this into workplan to implement.
5	Information Systems	Develop detailed testing, training, data conversion, integration, support and risk-management plans to support the outpatient cutover to the CM EHR. Ensure that all providers (CBO, Network and County) receive regular updates on the status of the project and that a wide range of providers are represented in all remaining phases of the project.

[See Pages 62-63 in Packet to see full document](#)

BEHAVIORAL HEALTH DASHBOARDS



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COMMUNITY EXPERIENCE PARTNERSHIP

Community Experience Partnership

Home

Dashboards

About

Contact

Behavioral Health Dashboards

Client Dashboards: Individuals Served by County of San Diego Behavioral Health Services (BHS)

Mental Health Services for Children

Who is being served by the Children, Youth and Families BHS Mental Health System of Care? Are all children in services getting better? Explore outcomes and trends over time for youth clients by race/ethnicity, gender, sexual orientation, and more.

Explore the Data

Mental Health Services for Adults

Who is being served by the Adult and Older Adult BHS Mental Health System of Care? Are services promoting recovery for adults and older adults? Explore outcomes and trends over time for adult clients by race/ethnicity, gender, sexual orientation, and more.

Explore the Data

Substance Use Services

Who is being served by the BHS Drug Medi-Cal Organized Delivery System (DMC-ODS)? Are services promoting recovery? Explore outcomes by age, race/ethnicity, gender, sexual orientation, and more.

Explore the Data

Webpage: <https://www.communityexperiencepartnership.com/about>



Childhood Anxiety Resources for Providers



RIHS
Responsive Integrated
Health Solutions

Online resource site for providers now available!

Recognizing that children and youth in our community struggle with various stressors, the County of San Diego Behavioral Health Services in partnership with the Academy for Professional Excellence, Responsive Integrated Health Solutions (RIHS) created a web-based repository with links to resources for treating children and youth experiencing anxiety, including:

Visit RIHS Webpage:

<https://theacademy.sdsu.edu/programs/rihs/childhood-anxiety-resources-for-providers/>

NEW TRAINING



Overview of AB 2083 eLearning: Multi-System Collaboration eLearning course (COURSE CODE: BHE0136)



San Diego's System of Care has long encouraged strong collaboration and robust discussions among teams of committed and dedicated partners all coming together to do the right thing for children and families. California Assembly Bill (AB) 2083, enacted in 2018, requires the creation of Memoranda of Understanding to formalize this collaboration for children and youth in foster care, especially those who have experienced severe trauma. In this course, you'll learn about AB 2083, its mandate for California counties, and the various partnerships and collaborations across the County of San Diego Children's System of Care that ensure we are meeting the needs of our children, youth, and families.

Learning Objectives

Upon completion of this training, participants will be able to:

- Explain the historical context underlying the development of AB 2083
- Recognize the key Memorandum of Understanding (MOU) components and the required partnerships outlined in AB 2083
- Identify the services, policies, and practices guiding the work of partners across the system of care including, Child Welfare Services, Behavioral Health Services Children, Youth and Families, Juvenile Probation, Regional Center, and Department of Education



eLearning Course

[Click here](#) to log into the Learning Management System (LMS) and Register.

Course Code: BHE0136

REGISTRATION

If you already have an account, you may search for the course by name or course code.

If you do not have an account in the LMS you will need to open one by [clicking here](#).

Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to County of San Diego Children, Youth and Families System of Care employees and contractors.



Link to RIHS:

<https://theacademy.sdsu.edu/programs/rihs/elearning/>

CALIFORNIA HEALTH ALERT NETWORK (CAHAN) SAN DIEGO

HEALTH ADVISORY: NATIONWIDE SHORTAGE OF INFANT FORMULAS



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Information for families having difficulty finding formula



Babies need the right mix of nutrients to stay healthy, and these nutrients are found in human breast milk and in formula approved by the United States Food and Drug Administration (FDA). As parents and caregivers across the nation struggle to find formula, your baby's health depends on using products that meet federal standards and are prepared according to directions on the label. During this stressful time, the California Department of Public Health and the American Academy of Pediatrics offer tips to keep your baby safe.

How to find formula

- Shop at different times of the day. Stores get shipments at different times of the day, so the shelves may be empty in the morning and stocked in the evening.
- Have family and friends help you to find supplies to avoid making multiple trips to stores, food banks, or other community-based formula resources.
- Check with your health care provider if your baby needs premature or therapeutic formula. They may have supplies on hand or other suggestions to help.
- Call your local WIC office for help. If you are eligible for WIC, the local WIC office can help get you enrolled and provide any assistance they can with formula.
- Call 2-1-1 to get connected to local resources or visit www.211.org.
- Consider using human milk from one of the following certified human milk banks: mothersmilk.org or uchealth.service-now.com/csp.

Babies not on therapeutic or specialty formula usually tolerate changing from one brand to another

- Use a different formula. Some formula is now available in stores that is made outside of the U.S., but is still FDA approved.
- Remember to mix formula safely using the directions on the label. Always add the right amount of water. Adding too much water or too little formula is dangerous. Diluted formula can lead to imbalances in minerals like sodium which can harm nerve and brain function.
- Wash your hands, equipment, and surfaces before preparing the formula. Harmful bacteria can make babies sick if hands and preparation areas are not clean.
- Do not use formula after the "use by" expiration date. This date guarantees the safety, nutrient content, and quality of the formula.

For additional updates and resources: cdph.ca.gov/formula

MHSA UPDATES



COUNTY OF SAN DIEGO HHSA BEHAVIORAL HEALTH SERVICES (BHS)

Mental Health Services Act (MHSA) Stakeholder Training

The MHSA provides funding for prevention, treatment, workforce development, infrastructure, and technology needs. Integral to MHSA is stakeholder participation in the planning process so the County of San Diego BHS system can understand and respond to future needs.



WHY SHOULD I JOIN THIS VIRTUAL INFORMATIONAL SESSION?

If you participate, you will:

- Learn about the MHSA
- Learn how MHSA funding is being implemented in San Diego County
- Learn about opportunities to provide input on how MHSA funding is used in the future

Mental Health Services Act (MHSA)

Dr. Danyte Mockus-Valenzuela

**MHSA Stakeholder Training Sessions
(June 24 & June 29)**

“CONVERSATION WITH THE BHS DIRECTOR”



LIVE WELL
SAN DIEGO



DR. LUKE BERGMANN

Director, Behavioral Health Services

BHS priorities as they relate to children, youth, and families inclusive of:

- **Staffing Crisis / Workforce / Services Impact**
- **Housing for families**
- **California Advancing and Innovating Medi-Cal (CalAIM)**

Dialogue: Question/Answer Session





CYF COUNCIL MEETING POLL QUESTION

On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice)*

- 1
- 2
- 3
- 4
- 5



ANNOUNCEMENT



LIVE WELL
SAN DIEGO



13th Annual Early Childhood Mental Health Conference - We Can't Wait

*How are the Children?
The Path from Healing to Well-Being*

September 15-16, 2022 | Virtual Conference

REGISTRATION IS OPEN!

[ECMH – We Can't Wait! \(earlychildhoodmentalhealth-sandiego.com\)](http://earlychildhoodmentalhealth-sandiego.com)