

# Children, Youth and Families Behavioral Health System of Care Council CYF Council – Meeting Summary



August 14, 2023 | 9 to 10:30 a.m.

ITEM	SUMMARY AND ACTION ITEMS
<p><b>I. Welcome</b> Council members, alternates, and meeting attendees - translation available (Stephanie Escobar)</p> <ul style="list-style-type: none"> <li>• Education Sector – Regular Education Pupil Personnel Services alternate: Mara Madrigal-Weiss</li> <li>• Directing Change – <a href="http://directingchange.ca.org/films/">http://directingchange.ca.org/films/</a> Mental Health Finalist from San Diego County: Third Place Mental Health (Tie): “Smiling Through Depression” Pacific Ridge School/Filmmaker: Jeremy Liew/Advisor: Christopher Simon Link: <a href="https://vimeo.com/802512089">https://vimeo.com/802512089</a></li> <li>• Culture Share – Bill Stewart – Handout – <b>Page 5</b> <ul style="list-style-type: none"> <li>○ Seeking volunteer for November 13, 2023 Culture Share</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Stephanie Escobar welcomed meeting attendees and announced new Council alternate representing the Education Sector</li> <li>• The Directing Change film program was screened</li> <li>• Bill Stewart discussed his role in BHAB as well as being an educator/ Black male on a school campus and shared that more diversity is needed in education structure</li> <li>• Divya Kakaiya is scheduled to provide the Culture Share at the September 11, 2023 meetings</li> </ul>
<p><b>II. Review of Meeting Summary</b> (Yael Koenig)</p> <ul style="list-style-type: none"> <li>• July 10, 2023, Meeting Summary - Handout - <b>Pages 6-10</b></li> <li>• Action Item: Strategic Planning Summary - Handout - <b>Pages 11-12</b></li> </ul>	<ul style="list-style-type: none"> <li>• Yael Koenig reviewed the meeting summary from July 10, 2023 and the draft of the Strategic planning summary document. Any edits can be sent to Edith Mohler at: <a href="mailto:Edith.Mohler@sdcountry.ca.gov">Edith.Mohler@sdcountry.ca.gov</a> by August 18, 2023</li> </ul>
<p><b>III. Business Items</b> (Yael Koenig)</p>	
<p><b>Public Comment</b></p>	<ul style="list-style-type: none"> <li>• Angela Rowe thanked the County for helping providers walk through the California Advancing and Innovating Medi-Cal (CalAIM) changes. “Providers are very nervous about payment reform and glad the County has said that they will collaborate with providers to help us be successful”</li> </ul>
<p><b>Board Letters / Board Actions</b> <u>July 18, 2023</u></p> <ul style="list-style-type: none"> <li>• <b>Item 02:</b> Authorize Request for Statement of Qualifications (RFSQ) and Award Contracts from the RFSQ for Two Programs: Transitional Housing Program Plus for Non-Minor Dependents and Foster Family Agencies</li> <li>• <b>Item 13:</b> Authorize Acceptance of Funding for the Children’s Crisis Continuum Pilot Program, Authorize Competitive Solicitations and Authorize Applications for Future Funding for the Children’s Crisis Continuum Pilot Program, Authorize Competitive Solicitations, And Authorize Applications for Future Funding Opportunities - Handouts include presentation - <b>Pages 13-25</b></li> <li>• <b>Item 14:</b> Authorize Competitive Solicitations, Single Source Contracts, Amendments to Extend Existing Contracts, and Cooperative and Revenue Agreements for Behavioral Health Services -d Handouts include presentation - <b>Pages 26-58</b></li> <li>• <b>Item 15:</b> Authorize Acceptance of Behavioral Health Bridge Housing Grant Funds; Authorize a Request for Statement of Qualifications; Authorize Amendments for Licensed Adult and Senior Residential Care Facility Slots; and Authorize Competitive for Grant Administration Services</li> </ul> <p>Board Letters that may be particularly of interest to the CYF Council are listed above. Due to size, only highlighted Board Letters are included in the packet, however, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) website.</p>	<ul style="list-style-type: none"> <li>• Yael Koenig highlighted the Board Letters listed on the left, which were presented at the July 18, 2023 meetings</li> </ul> <p>Meeting Agendas, Board Letters and Access to the BOS meetings: <a href="https://www.sandiegocounty.gov/cob/bos/index.html">https://www.sandiegocounty.gov/cob/bos/index.html</a></p>
<p><b>Information</b></p> <ul style="list-style-type: none"> <li>• <b>Association of State and Territorial Health Officials (ASTHO)</b> <a href="#">Supporting Positive Mental Health in Early Childhood</a> - Handout - <b>Pages 59-60</b></li> <li>• <b>Children and Youth Behavioral Health Initiative (CYBHI)</b> <ul style="list-style-type: none"> <li>○ <a href="#">CYBHI July 2023 Update</a> - Handout - <b>Pages 61-66</b></li> <li>○ <a href="#">CYBHI Leveraging and Aligning Opportunities to Advance and Sustain School Mental Health Webinar Series</a> - Handout - <b>Pages 67</b></li> <li>○ <a href="#">Evidence-Based and Community-Defined Evidence Practice Grants</a> Handout - <b>Page 68</b> <a href="https://www.dhcs.ca.gov/cybhi">https://www.dhcs.ca.gov/cybhi</a> <a href="https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/">https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/</a></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Yael Koenig provided an overview of State and local updates and informational items</li> </ul>

<ul style="list-style-type: none"> <li>• <b>Behavioral Health Director’s Report</b> – August 2023 - Handout - <b>Pages 69-76</b> <a href="https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html">https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html</a></li> <li>• <b>FY 2022-23 Medi-Cal Specialty Behavioral Health External Quality Review (Mental Health Plan) -San Diego Final Report</b> - Handout – <b>Pages 77-80</b></li> <li>• <b>The Overdose Data to Action</b> -Quarterly Newsletter: Harm Reduction – June 2023 <b>Pages 81-89</b></li> <li>• <b>Cultural Competence Plan and Three-Year Strategic Plan 2023</b> - Handout – <b>Page 90</b></li> <li>• <b>Children, Youth &amp; Families Behavioral Health Services Systemwide Annual Report, FY 2021-22</b> - Handout - <b>Page 91</b></li> </ul>											
<p><b>IV. Hot Topic:</b> Enhanced Care Management for Children and Youth (Stephanie Escobar) Handout - <b>Pages 92-93</b> <a href="https://www.dhcs.ca.gov/Pages/ECMandLOS.aspx">https://www.dhcs.ca.gov/Pages/ECMandLOS.aspx</a></p> <ul style="list-style-type: none"> <li>○ Presentation – <b>Pages 94-125</b> <ul style="list-style-type: none"> <li>▪ Heather Summers, EdD, MSW (Moderator), Deputy Director County of San Diego</li> <li>▪ Jana Sellers, MFT, Program Manager Blue Shield Promise Health Plan</li> <li>▪ Raine Arndt-Couch, DSW, JD, LCSW, CCM, Senior Manager Blue Shield Promise Health</li> <li>▪ Michael Hammel, MPH, Program Director Community Research Foundation</li> <li>▪ Jeremy King, MPH, Program Director Community Research Foundation</li> </ul> </li> <li>○ Dialogue</li> </ul>	<p>Stephanie Escobar introduced the Hot Topic focused on Enhanced Care Management (ECM) for children and youth and presented by a diverse panel listed on the left</p> <p>Highlights:</p> <ul style="list-style-type: none"> <li>• <b>January 2023:</b> ECM was launched statewide for adults living in the Community and At Risk for Long Term Care (LTC) institutionalization</li> <li>• <b>July 1, 2023:</b> ECM was launched statewide for children and youth</li> <li>• <b>January 2024:</b> ECM is projected to be launched statewide for Birth Equity Population of Focus and individuals transitioning from incarceration</li> <li>• <a href="#">CalAIM Enhanced Care Management Policy Guide</a></li> <li>• Find information on ECM providers at: <a href="#">211 San Diego</a></li> </ul>										
<p><b>V. Announcements</b> (Celica Garcia-Plascencia)</p> <ul style="list-style-type: none"> <li>• Poll Question</li> <li>• <b>National Recovery Month Celebration: “Tides of Hope”</b> Saturday, August 26, 2023 - 10 a.m. to 1 p.m. Waterfront Park Flier - <b>Page 126</b></li> <li>• <b>Live Well San Diego 5K and 1 Mile Run, Sunday, September 17, 2023 - 7:30 a.m.</b> Waterfront Park - Flier - <b>Pages 127-128</b></li> <li>• <b>14th Annual Early Childhood Mental Health Conference</b> – We Can’t Wait: Reimagining Prevention and Early Intervention in Communities of Hope. This hybrid event is scheduled for September 28-30, 2023 - Handout – <b>Page 129</b> <a href="#">ECMH – We Can't Wait! (earlychildhoodmentalhealth-sandiego.com)</a></li> <li>• <b>2023 Western States Marijuana Summit</b> -November 14-15, 2023 (Virtual) Handout - <b>Page 130</b></li> <li>• <b>Announcements made by meeting attendees:</b></li> <li>• <b>NAMI San Diego - Community Advocacy Training</b> on August 16, 2023 <a href="#">Meeting Registration - Zoom</a></li> <li>• <b>Healthy Within Open House</b> on August 17, 2023 – All Day! At 5405 Morehouse Drive, Suite 230, San Diego, CA 92121</li> </ul>	<ul style="list-style-type: none"> <li>• Announcements included on the agenda and additional submitted announcements are listed on the left column</li> <li>• Announcements can be sent in advance to Edith Mohler at: <a href="mailto:Edith.Mohler@sdcountry.ca.gov">Edith.Mohler@sdcountry.ca.gov</a></li> </ul> <p><b>Poll Question</b></p> <p>Poll ended   1 question   72 of 91 (79%) participated</p> <p>1. On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice) *</p> <p>72/72 (100%) answered</p> <table border="1"> <tr> <td>1 - Low Relevance</td> <td>(0/72) 0%</td> </tr> <tr> <td>2</td> <td>(2/72) 3%</td> </tr> <tr> <td>3 - Some Relevance</td> <td>(8/72) 11%</td> </tr> <tr> <td>4</td> <td>(22/72) 31%</td> </tr> <tr> <td>5 - High Relevance</td> <td>(40/72) 56%</td> </tr> </table>	1 - Low Relevance	(0/72) 0%	2	(2/72) 3%	3 - Some Relevance	(8/72) 11%	4	(22/72) 31%	5 - High Relevance	(40/72) 56%
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5 - High Relevance	(40/72) 56%										
<p><b>Action Item</b></p>	<p><b>Action Due/Status</b></p>										
<ul style="list-style-type: none"> <li>• Deliver CYF Fiscal Year 2023-24 Strategic Planning Summary to BHS Director</li> </ul>	<ul style="list-style-type: none"> <li>• Delivered CYF Strategic Planning Summary to BHS Director on September 1, 2023</li> </ul>										

**Next Executive Committee Meeting:**  
Date: August 29, 2023  
Time: 12:30 to 1 p.m.

**Next Meeting:**  
Date: Monday, September 11, 2023  
Time: 9 to 10:30 a.m.

Committees/Sectors/Workgroups Meetings Information is located at the end of the meeting summary. For Council materials go to:  
[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_children/CYFBHSOCCouncil.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html)

+=Member in Attendance    O=Absent    E=Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	+	Joel San Juan	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas-Wallenfelt	O
3	Public Safety Group/ Probation	Tabatha Wilburn	O	Delona King	+
4	Child and Family Well Being (CFWB) Department – Office of Child Safety	Steven Wells	+	Norma Rincon	O
5	Homeless Solutions and Equitable Communities	Rosa Gracian	+	Liki Porotesano	+
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	O
7	Medical Care Services	Dr. Kelly Motadel	O	Heather Summers	+
8	Juvenile Court	H. Judge Ana España	O	Beth Brown	O
9	CFWB Department – Office of Child and Family Strengthening - First 5 San Diego	Alethea Arguilez	O	Stephanie Escobar	+
<b>EDUCATION SECTOR</b>					
10	Special Education Local Plan Area (SELPA)	Russell Coronado	O	Jaime Tate-Symons	O
11	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss	O
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	O	Misty Bonta	O
<b>PRIVATE SECTOR</b>					
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	O	Lori Sorenson	+
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	O
17	Mental Health Contractors Association (MHCA)	Julie McPherson	E	Vanessa Arteaga	O
18	MHCA	Laura Beadles	O	Golby Rahimi	O
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	Marcelo A. Podesta	+
20	Managed Care Health Plans	Kathleen Lang	+	James Trout	O
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Vacant	
<b>FAMILY AND YOUTH SECTOR</b>					
22	Consumer Advocacy/Family Education Services	Khalif Kelly	+	Sten Walker	O
23	Caregiver of child/youth served by the Public Health System	Vacant		Karilyn “Kari” Perry	E
24	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	O	Vacant	
25	Youth served by the public health system (up to age 26)	Caitlynn Haw	+		
<b>COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Executive	Stephanie Escobar/Celica Garcia-Plascencia	+/-		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson/Marisa Varond	E/+		
-	Early Childhood	Stephanie Gioia-Beckman/Jennifer Kennedy	+/-		
-	Education	Heather Nemour	O		
-	Family and Youth as Partners	Sten Walker	O		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	O/+		
-	Training	Edith Mohler Jennifer Rusit	E/O		

**Total Attendees: 106**

Aisha Pope	Debra Schade	Jeremy King	Michelle Houle
Alexis Anderson	Delona King	Jody Erickson	Pradeep Gidwani
Alexis Cabarga	Dina Ali	Joel San Juan	Raine Arndt-Couch
Amanda Lance-Sexton	Divya Kakaiya	Joseph Henson	Rhonda Crowder
Angela Rowe	Donna Moore	Kacie Rodvill	Roberto Suarez
Angelina Puffelis	Elaine Carballo	Kathleen Lang	Rosa Ana Lozada
Aprille Peña	Eileen Quinn-O'Malley	Kelly Bordman	Rosa Gracian
Ashley Rambeau	Eliza Reis	Khalif Kelly	Sarah Baldwin
Babbi Winegarden	Elizabeth Dauz	Kristin Garrett	Serena Richards
Barbara Ryan	Emily Gaines	Laura Vleugels	Shannon Jackson
Bill Stewart	Erick Mora	Leonor Chairez	Shaun Goff
Bobbi Smylie	Ericka Hernandez	Leslie Manriquez	Shea Prophet
Brenda Estrada	Evan Hodges	Liki Porotesano	Sherry Casper
Bri Ferreira	Francisco Medrano	Lori Sorenson	Stacey Musso
Bridge Lambert	Gina Herbert	Marcelo Podesta	Stephanie Escobar
Caitlynn Hauw	Ginger Bial Cox	Mareeh Marquez	Stephanie Gioia-Beckman
Carmen Pat	Gloria King	Maria Norris	Steven Wells
Carole Steele	Grisel Ortega-Vaca	Maria Ventura	Tais Millsap
Celeste Hunter	Heather Summers	Marisa Varond	Tanya Mercado
Celica Garcia-Plascencia	Jamie Martinez	Marissa Wolf	Teresa Chapa
Christine Maggio	Jana Sellers	Martin Dare	Terri Kang
Christine Rosenberg	Janet Cacho	Melanie Morones	Tom Coleman
Claire Riley	Janette Magsanoc	Melissa Penaflor	Vanessa Lomibao
Cynthia Roman	Jazmin Wali	Melizza Welton	Wendy Maramba
Danyte Mockus-Valenzuela	Jennifer Alcaide	Michael Hammel	Yael Koenig
Darwin Espejo	Jennifer Busico	Michael Miller	Yanet Melchor
	Jennifer Kennedy		Zayra Rios

**Committees/Sectors/Workgroups Meetings Information:**

**Most of the committees' meetings are occurring virtually**

**Please reach out to the sector lead or Executive committee member to obtain location/link**

**Behavioral Health Advisory Board (BHAB) meeting:** Meets the first Thursday of the month from 2:30 to 5:00 p.m.

**Outcomes:** Meets the first Tuesday of the month alternating start times of 11:30 a.m. and 12:30 p.m.

**Early Childhood:** Meets the second Monday of the month- from 11 a.m. to noon

**Education Advisory Ad Hoc:** Meets as needed

**TAY Council:** Meets the fourth Wednesday of the month 3 to 4:30 p.m.

**CYF CADRE:** Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

**CYF System of Care Training Academy:** Meets on the first Wednesday of the month from 9 to 10 a.m.

**CCRT:** Meets the first Friday of the month from 10 to 11:30 a.m.

**Private Sector:** Ad Hoc/Meets as needed

**Peer Council:** Every third Tuesday of each month at 2 p.m. via Zoom