

# Welcome to the Children, Youth and Families Council Meeting

September 11, 2023

*THE MEETING WILL BEGIN SHORTLY*

*KINDLY MUTE YOUR AUDIO WHEN YOU ARE NOT SPEAKING  
THE MEETING PACKET WAS EMAILED TO THE COUNCIL  
DISTRIBUTION LIST AND POSTED IN THE CHAT*



LIVE WELL  
SAN DIEGO

# WELCOME NEW ATTENDEES



A graphic for 9.11 Patriot Day. The top half features a dark blue silhouette of the New York City skyline against a background of a waving American flag. The skyline includes the Statue of Liberty on the left, the Twin Towers in the center, and the Chrysler Building on the right. The bottom half is a solid dark blue banner with white text.

9.11

PATRIOT DAY

WE WILL NEVER FORGET

# Divya Kakaiya, Ph.D M.S.

## BH-SOC Children, Youth, and Families Culture Share

\*\*\*\*\*

### What is Culture Share?

Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. This experience can honor and celebrate family, history, traditions, experiences, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and **bias awareness**. Ultimately, it is an opportunity for self reflection and enlightenment to enhance our capacity to provide culturally responsive services to the children, youth, and families in our communities.

### Structure

1. Present a **3 minute Culture Share**.
2. Introduce a personal or work related experience from a cultural lens.
  - o This can be verbal and/or you can share a story, an object, song, or anything else
3. Describe how this experience influences your work
4. Open for any group reflection

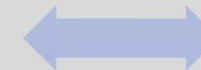
**Seeking a Volunteer  
for the  
November 13, 2023  
Cultural Share!**



***Unmute  
yourself***



***Put your  
name in the  
chat***



***Email: Edith  
Mohler***

[Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov)

## **INPUT ON MEETING SUMMARY**

- 1. Verbally provide input, or**
- 2. Enter input in the chat, or**
- 3. Email input to [Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov) by COB today**





# Action Item: Strategic Planning Summary Fiscal Year 2023-24

## Children, Youth and Families Behavioral Health System of Care Council Fiscal Year 2023-24 Strategic Planning Meeting



Dear Dr. Bergmann,

The Children, Youth and Families (CYF) Council convened its annual strategic planning meeting on July 10, 2023. Over 100 individuals attended the planning session, including Council members, alternates, and stakeholders. Seven topics were identified for discussion in virtual breakout rooms: Primary Care, Family Involvement, Schools, Substance Use, Prevention and Early Intervention, Workforce, with a designated space for Open Discussion. There were two sessions for each topic. Meeting attendees were invited to join two breakout rooms of their choice to identify the Fiscal Year 2023-24 Council areas of focus and actions to advance the identified priorities. Below is the summary of the discussion from the breakout rooms. On behalf of the Council, please accept these areas of focus and recommendations as the County works to advance the care for children, youth, and families in San Diego.

Primary Care	
Areas of focus	Identified Priorities
<ul style="list-style-type: none"> <li>Helping pediatricians and family practice doctors get families to appropriate services as needed (where to refer to)</li> <li>Explore how to help families communicate their needs, get to services, and stay engaged</li> <li>Build a system of care where all partners are included like parents, mental health professionals, pediatricians and family practitioners, schools. An expert neutral partner could facilitate this process. Funding has to be long term and flexible</li> </ul>	<ul style="list-style-type: none"> <li>Review referral algorithm again and how to get kids/families to services and the right services including:                             <ul style="list-style-type: none"> <li>Review mix of practice types (e.g., Federally Qualified Health Centers (FQHC), private practices)</li> <li>Review payor mix and how to get kids and families to services (e.g., different payment models, HMO/PPO)</li> <li>Explore how to support families engaging in services (reduce stigma, increase trust and accessibility)</li> <li>Promote payment for Family Therapy through Medi-Cal</li> </ul> </li> </ul>

Family Involvement	
Areas of focus	Identified Priorities
<ul style="list-style-type: none"> <li>Knowledge and outreach, how family involvement help or hinder things and culturally competent considerations</li> <li>Making things more approachable for the layman (too many acronyms); navigation, and making a conversation making sure we are hearing them and not talking over them</li> <li>Increasing caregiver support</li> </ul>	<ul style="list-style-type: none"> <li>Integrating tutorials to educate families how the system works for navigation with what is available</li> <li>Increase family engagement in consideration that sometimes family "is not good"; different avenues of care depending on whether the young person ought to have family involved</li> <li>Integrating liaisons (Liaisons for parents to help them navigate the process)</li> <li>Integrating focus groups, increase caregiver health care support, support groups, case management, psychiatry, and case management supports.</li> <li>More engagement with schools</li> </ul>

Schools	
Areas of focus	Actions for the CYF Council
<ul style="list-style-type: none"> <li>Identification and alignment of youth serving efforts in schools for staff, students, and families (screenings, behavior management training, suicide prevention, mental health promotion and stigma reduction)</li> </ul>	<ul style="list-style-type: none"> <li>General assessment on ongoing gaps to see how we can coordinate; to let everyone know how the gap can be filled:                             <ul style="list-style-type: none"> <li>Alignment of efforts such as Student Behavioral Health Incentive Program (SBHIP), Community Schools, Mobile Crisis Response Teams (MCRT), Screening to Care, Creating Opportunities in Preventing &amp; Eliminating Suicide (COPES) and identification of best practices identified in research such as the Mental Health Services Oversight and Accountability Commission (MHSOAC) <a href="#">Well and Thriving Report</a>, among grants/initiatives in our county</li> <li>Building systems for supporting students in crisis response (MTSS - Tier III) and post hospitalization for school re-entry</li> <li>Explore new strategies to address post pandemic behavioral challenges and trauma</li> </ul> </li> </ul>

Substance Use	
Areas of focus	Actions for the CYF Council
<ul style="list-style-type: none"> <li>Prevention and early intervention for middle school and high school students, awareness of the different programs available through the County already (for Substance Use prevention), more engagement to and involvement from families/caregivers in youth services, youth residential Substance Use Disorder (SUD) treatment</li> <li>Prevention and Early Intervention, including Family Engagement for middle school and up</li> </ul>	<ul style="list-style-type: none"> <li>Information sharing about available resources, working with messengers to get word out</li> <li>Family/caregiver engagement and education about Substance Use issues</li> <li>Connecting with system partners on what information is made available to youth and families on Behavioral Health resources</li> <li>Supporting family and caregiver engagement through educational topics of interest to parents, other strategies for family support beyond existing program services</li> </ul>

Prevention & Early Intervention	
Areas of focus	Actions for the CYF Council
<ul style="list-style-type: none"> <li>More Question, Persuade, Refer (QPR) trainings on suicide prevention; Cardiopulmonary Resuscitation (CPR) is for heart; QPR is for mind; important for prevention and early intervention to include 0-5 children into account and help them process when an older relative commits or attempts suicide</li> <li>Importance of integrating reflective practice across the system of care; workplace sustainability and workplace retention; increases quality of care services provided to help providers stay mindful; diversity, equity, and inclusion important to better serve families; helps manage bias and microaggressions</li> <li>0 to 3 population to be forefront of council like transitional age youth (TAY) and school aged children</li> <li>Wraparound care to look at whole family</li> <li>Caregiver wellness</li> <li>Support for Early Childhood Education (ECE) settings for kids who are having a hard time; some kids are struggling after COVID; Kindergarten and preschool supports for behavior and regulation; Mental Health consultations for ECE programs</li> <li>Importance of Peer Supports</li> <li>Lived experience/expertise from someone who has navigated systems/policies; creating opportunities for mentorship for youth with lived experience and similar path is valuable</li> </ul>	<ul style="list-style-type: none"> <li>Highlight 0 to 5 on the agenda</li> <li>Add Reflective Practice to Requests For Proposals (RFPs)</li> <li>Explore a "Lived Experience" committee</li> </ul>

Workforce	
Areas of focus	Actions for the CYF Council
<ul style="list-style-type: none"> <li>Advocacy for funding of training pipelines for adolescent and pediatric practitioners, while simultaneously engaging in state policy discussions regarding the importance of the adolescent and pediatric workforce in <a href="#">California Advancing and Innovating Medi-Cal (CalAIM)</a> discussions, <a href="#">Community Assistance, Recovery and Empowerment (CARE) Act</a> implementation and <a href="#">Mental Health Services Act (MHSA) Reform</a></li> </ul>	<ul style="list-style-type: none"> <li>Create learning opportunities for collaboration between education sector and Behavioral Health (BH) workforce, prioritize professional development and ensure school sites have information on resources in the BH system</li> <li>Engage in upcoming MHSA-reform discussions to highlight early childhood, pediatric, and adolescent workforce issues</li> <li>Engage in CalAIM discussions to highlight loss of training pathways with removal of ability to bill for masters-level students doing hours</li> </ul>

Open Discussion	
Areas of focus	Actions for the CYF Council
<ul style="list-style-type: none"> <li>Determining the pathways to hear authentic family voices directly</li> <li>Determining who are the families that are being heard from</li> </ul>	<ul style="list-style-type: none"> <li>Support the Program Advisory Groups (PAG) as resource to hear the family voice</li> <li>See what other vehicles there are for Family input and feedback</li> <li>What is being done directly in response to the family feedback</li> </ul>

# PUBLIC COMMENT



Participants  
are invited to unmute  
OR  
enter comment in chat



# COUNTY OF SAN DIEGO

## BOARD OF SUPERVISORS

1600 PACIFIC HIGHWAY, ROOM 335, SAN DIEGO, CALIFORNIA 92101-2470

### AGENDA ITEM

DATE: August 29, 2023

07

TO: Board of Supervisors

SUBJECT: PROTECTING CHILDREN FROM HUMAN TRAFFICKING THROUGH EDUCATION (DISTRICTS: ALL)

#### OVERVIEW

Human trafficking is the commercial exploitation of vulnerable people for sex and, or labor, through force, fraud, or coercion. Human beings are being bought and sold against their will, and it's happening here in San Diego County. According to a report by the FBI, San Diego is one of the country's 13 hotspots for trafficking.

A study conducted by the University of San Diego and Point Loma Nazarene University, estimated that sex trafficking generates more than \$810 million annually for San Diego's underground economy, with up to 8,000 victims per year and the average age of victims at 16 years old. The study also found that 90% of high schools they researched across San Diego County reported cases of sex trafficking and that 100% of those schools reported recruitment of their students.

**Proposes to enhance the county's efforts to protect communities through:**

- ✓ Enhanced human trafficking prevention education
- ✓ Increased coordination with local and state agencies
- ✓ Identifying clear and consistent protocols

Highlights efforts of County Office of Education (SAFE), San Diego County Regional Human Trafficking Task Force, San Diego County District Attorney's Office and other non-profit organizations

**BL in meeting packet**



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# AUGUST 2023 UPDATE



## Table of Contents



[A Message from CYBHI Director Melissa Stafford Jones](#)

[Funding Opportunities and Upcoming Events](#)

[Spotlights](#)

[Stories From the Field: Building A Local Behavioral Health Workforce Through Career Technical Education](#)

[Collaboration for Youth Behavioral Health in East Kern County](#)

[Access and Share Back-to-School Mental Health Resources](#)

[New Training Creates Safe Spaces for Kids](#)

**Document in Packet or click [HERE](#)**

# **CYBHI Fee Schedule: An Introduction YouTube (Click on Flier to View)**









[CYBHI Fee Schedule: An Introduction - YouTube](#)

**Statewide, multi-payer,  
school-linked fee schedule**



## **Questions addressed**

-  What is the fee schedule?
-  How does this CYBHI fee schedule differ from the Local Educational Agency Medi-Cal Billing Option Program (LEA BOP)?
-  How does this fee schedule benefit LEAs?
-  Which providers are eligible for reimbursement?
-  What resources are available to COEs/LEAs to implement the CYBHI fee schedule?
-  How do LEAs apply to participate in the CYBHI fee schedule provider network?

# Behavioral Health Community-Based Organized Network of Equitable Care and Treatment (BH-Connect)



Services



Individuals



Providers & Partners



Laws & Regulations



Data & Statistics



Forms & Publications



Search

## California Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment Demonstration

[Return to the CalAIM Homepage](#)

In 2023, DHCS will apply for a new Medicaid Section 1115 Demonstration to increase access to and improve mental health services for Medi-Cal members statewide. The demonstration, the Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment (BH-CONNECT) Demonstration (formerly the CalBH-CBC Demonstration), takes advantage of [Centers for Medicare & Medicaid Services' \(CMS'\) 2018 guidance](#) and associated federal funding aimed at improving care for Medi-Cal members living with significant behavioral health needs. This demonstration builds on California's historic commitment to creating a full continuum of care for substance use disorder treatment and recovery services; in 2015, California launched the Drug Medi-Cal Organized Delivery System (DMC-ODS), a first-in-the-nation model that has been emulated in many other states. Like DMC-ODS, this opportunity allows California to make historic investments in building out the full continuum of care for behavioral health, with a special focus on the populations most at risk.

DHCS' central goal of the BH-CONNECT Demonstration is to leverage this opportunity to expand a robust continuum of community-based behavioral health care services for Medi-Cal members living with significant behavioral health needs. The proposal aims to amplify California's ongoing behavioral health initiatives, and is informed by findings from DHCS' 2022 report [Assessing the Continuum of Care for Behavioral Health Services in California](#).

**Access DHCS Section 1115 Demonstration Page [HERE](#)  
BH-Connect slides DHCS Section 1115 Public Hearing in packet or [HERE](#)**



# Behavioral Health Community-Based Organized Network of Equitable Care and Treatment (BH-Connect)

## Proposed Approach

### **BH-CONNECT aims to:**

- » **Expand the continuum of community-based services and evidence-based practices (EBPs)** available through Medi-Cal.
- » **Strengthen family-based and supports** for children and youth living with significant behavioral health needs, including children and youth involved in child welfare.
- » Connect members living with significant behavioral health needs to **employment, housing, and social services and supports**.
- » **Invest in statewide practice transformations** to better enable county behavioral health plans and providers to support Medi-Cal members living with behavioral health conditions.
- » **Strengthen the workforce** needed to deliver community-based behavioral health services and EBPs to members living with significant behavioral health needs.
- » Reduce the risk of individuals **entering or re-entering the criminal justice system** due to untreated or under-treated mental illness.
- » **Incentivize outcome and performance improvements** for children and youth involved in child welfare that receive care from multiple service systems.
- » **Reduce use of institutional care** by those individuals most significantly affected by significant behavioral health needs.

# County of San Diego Behavioral Health Services

## California Advancing and Innovating Medi-Cal (CalAIM) - Behavioral Health Payment Reform Overview

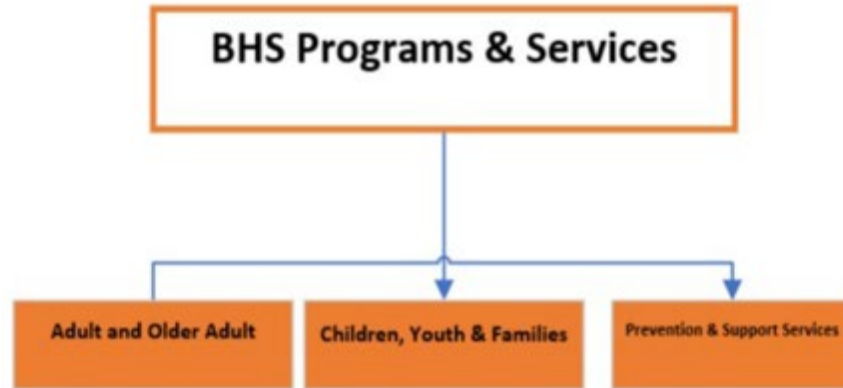
Document in meeting packet

<u>Key Action/Milestone</u>	<u>Date</u>
<a href="#"><u>CalAIM Framework: Executive Summary and Summary of Changes</u></a>	Feb 2021
State Development of Criteria and Guidance	Jan 2022
<a href="#"><u>BHIN 23-017 Specialty Mental Health Services and Drug Medi-Cal Services Rates</u></a>	Apr 2023
BHS Rate Development and System Impact Analysis to Inform Implementation Plan	Mar – Dec 2023
<a href="#"><u>San Diego County Board of Supervisors: Authorize Intergovernmental Transfer Agreement and Amendments to Medi-Cal Contracts for BH Payment Reform (5/13/23 MO# 6)</u></a>	May 2023
Behavioral Health Payment Reform Begins	Jul 2023
San Diego County <u>Eligible</u> BHS Contractors Transition to Rate-Based (FFS) Model*	October 2023 – July 1, 2024
ALL San Diego County <u>Eligible</u> BHS Contractors are Transitioned to Rate-Based (FFS) Model	July 1, 2024
*Subject to change	

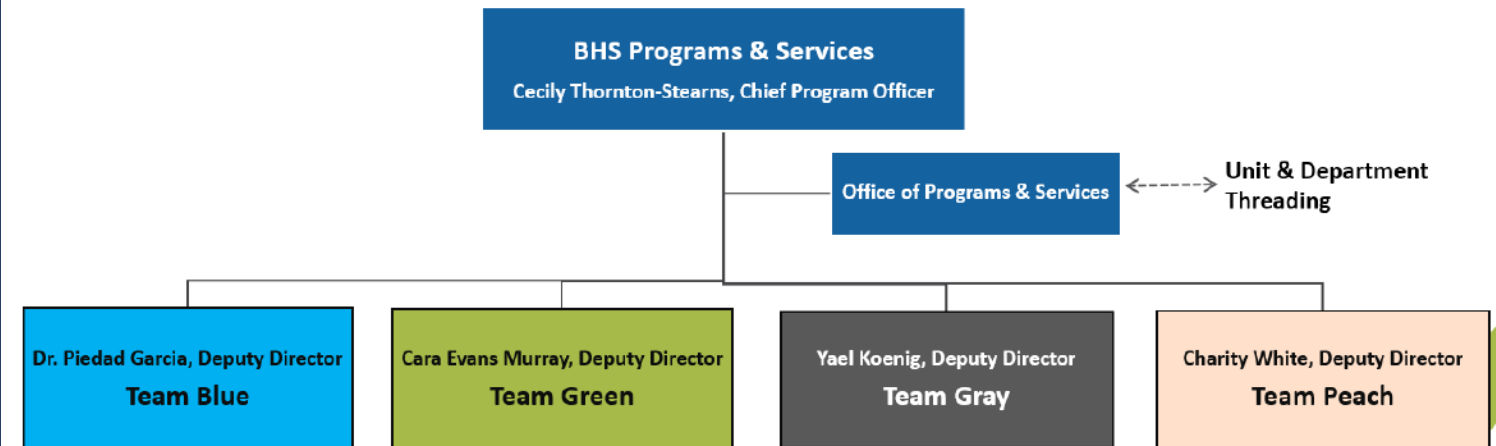


# BHS Reorganization Program and Services Update starting July 28, 2023

## Behavioral Health Services- Programs & Services **Current**



## BHS Programs and Services



Threaded with Population Health & Healthcare Oversight



# County of San Diego

**ERIC C. MCDONALD, MD, MPH, FACEP**  
INTERIM AGENCY DIRECTOR

**HEALTH AND HUMAN SERVICES AGENCY**  
BEHAVIORAL HEALTH SERVICES  
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531  
SAN DIEGO, CA 92108-3806  
(619) 563-2700 • FAX (619) 563-2705

**LUKE BERGMANN, Ph.D.**  
DIRECTOR, BEHAVIORAL HEALTH SERVICES

August 31, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

## **BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – SEPTEMBER 2023**

### **BHS HOUSING INITIATIVES**

#### **BHS Housing Initiatives Over the Years**

Over the past 20 years, BHS has developed an array of treatment services and housing supports to serve persons with serious mental illness who are experiencing homelessness. Some of the major accomplishments during this period are noted below:



### **BHS Housing Initiatives**

- Assertive Community Treatment Services (ACT)
- Short-Term Housing (Shelter)
- Bridge Housing Program
- BHSS in Permanent Housing Programs
- No Place Like Home
- Board and Care with Augmented Services Program
- National Recovery Month Celebration Event was August 26, 2023
- **CARE Court** Program commencing on October 1, 2023. More info [HERE](#)

**Document in packet or click [HERE](#)**

# Children, Youth, and Families

## SERVICES DIRECTORY



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### BEHAVIORAL HEALTH SERVICES

3255 CAMINO DEL RIO SOUTH, SAN DIEGO, CA 92108 | 619-563-2700

[Health & Human Services Agency \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/health-human-services) [Behavioral Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/behavioral-health-services)

Updated September 2023



Click [HERE](#) for  
updated BHS  
Services Webpage



## Behavioral Health Services



I WANT TO FIND

ADULT SERVICES

CHILDREN'S SERVICES

PROVIDERS

### Early Childhood Resources



The first 5 years of life are crucial to healthy growth and development. The County of San Diego Health and Human Services Agency and communities across San Diego work collaboratively to offer early childhood programming throughout the region.

The importance of early childhood programs lies in their ability to address critical developmental needs, provide high quality care and education, and offer comprehensive support for young children and families. These programs lay a solid foundation for children's success in school and life. Additionally, early childhood programs play a vital role in early detection of developmental delays or learning challenges, enabling timely interventions and support to maximize each child's potential.



### Early Childhood Development Resources

- [First 5 San Diego's Healthy Development Services](#)
- [Center on the Developing Child - Harvard University](#)
- [Maternal, Child and Family Health Services](#)
- [The Importance of Touch](#)
- [Child Development Basics \(Centers for Disease Control and Prevention\)](#)
- [Act Early \(Centers for Disease Control and Prevention\)](#)



[First 5 San Diego \(F5\)](#) supports the health and well-being of young children ages 0-5 during their most critical years of development by providing parents and caregivers with programs to promote children's optimal development and school readiness.



The [Child and Family Well-Being Department](#) integrates the [First 5 Commission of San Diego](#) and [Child Welfare Services](#), along with the childcare system and other essential resources for families, to reimagine prevention and protection services to create a partnership that shifts our traditional approach to child protection.



The [County of San Diego Maternal Child Health Program](#) is a public health home visiting program that begins during any stage of pregnancy or early parenting. Nurse home visitation services include support, health and parenting education, bonding issues, medical, and mental risks.



The [Children, Youth and Families System of Care Services Directory](#) describes services and resources for children, youth, and families that are currently funded by the County of San Diego, which include County-operated and contracted programs. Services and resources specific to pregnancy, early parenting, and early childhood can be accessed in the directory.



The annual [We Can't Wait Conference](#) weaves together a review of the most current scientific findings in early childhood mental health, highlights the latest progress in turning the research into interventions, and outlines what we can and must do to collaborate and close the gaps in our educational and clinical services for children and families. Recommended attendees include those involved in providing assessment, treatment, education, support, and advocacy for children and families.



The [Postpartum Health Alliance](#) raises awareness about Perinatal Mood and Anxiety Disorders and provides resources, support, and treatment referrals to San Diego parents.



The [YMCA Childcare Resource Service](#) offers free child care referrals and resources to families in San Diego County so parents and guardians can make informed decisions about child care.

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Click [HERE](#) to access Webpage



**Aisha Pope & Melanie Morones**

**4<sup>th</sup> Annual Birth of Brilliance  
Virtual Conference:  
February 29, 2024, and  
Cultural Fair on March 1, 2024**

**2023 Conference Highlights scan  
QR code on flier or click [HERE](#)  
Submit Presentation Proposals  
[HERE](#)**



*Birth of Brilliance:*

Don't Just Think...Feel

Virtual Conference | Thursday Feb. 29th 2024

In-Person Cultural Fair | Friday, March 1st, 2024

**All children are born with brilliance, which according to Websters Dictionary means, intense brightness of light, vividness of color; and exceptional talent or intelligence.**

Imagine a world where every child's brilliance is acknowledged and nurtured from birth. Racial inequity flies in the face of this brilliance and it is our responsibility to rewrite the narrative.

The conference is focused on children, youth and their families. Building on the success and energy of our inaugural event, the committee is excited to present the fourth annual virtual Birth of Brilliance Conference on Feb. 29, 2024. The focus remains on raising awareness about the effects of racial disparities and implicit bias in mental health, social services, developmental services, education, medical care and juvenile justice.

Registration opens on Dec. 1. If you would like to get involved in Birth of Brilliance 2024 as a committee member, fiscal sponsor, by being or recommending a speaker, or if you have questions, please reach out to us at [birthofbrilliance@gmail.com](mailto:birthofbrilliance@gmail.com).

For a recap of the previous three years conferences, please visit the Birth of Brilliance YouTube channel with the QR code below!



Interested in presenting? Submit a proposal here!  
<https://tinyurl.com/BoBProp2024>

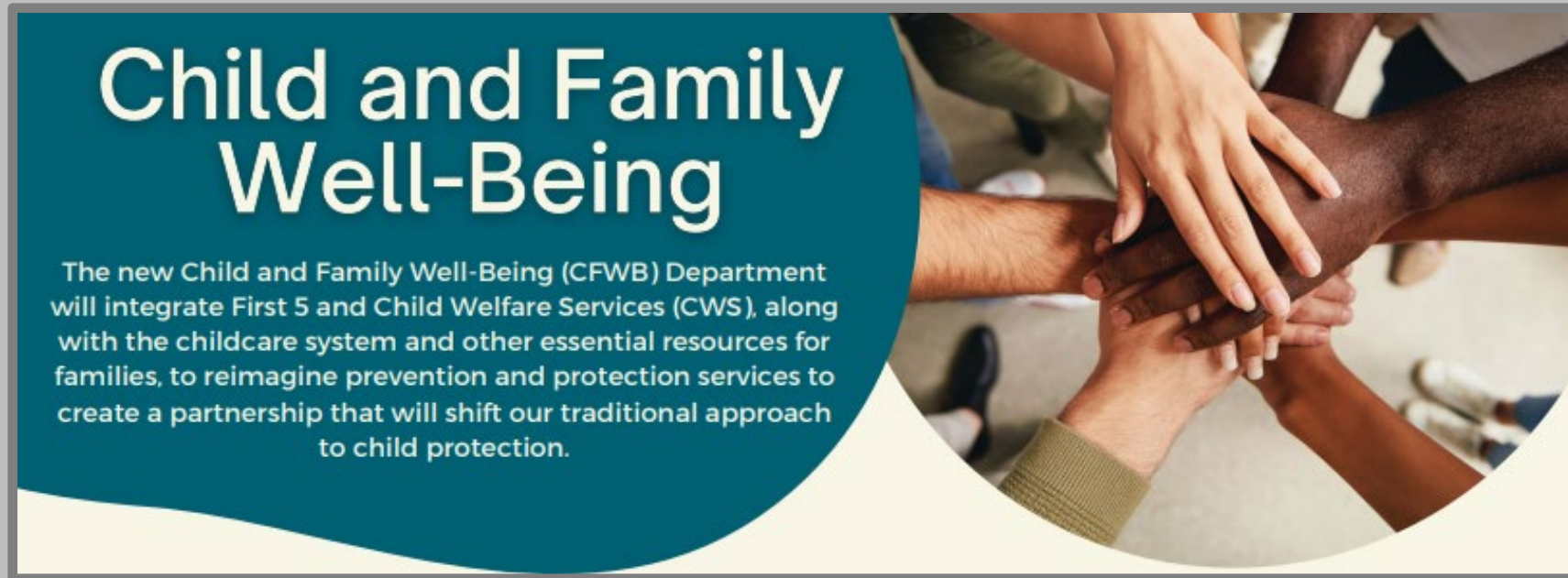


**Hot Topic Facilitator: Celica Garcia-Plascencia**

## **Child and Family Well Being (CFWB) – Mandated Supporters**

**Wendy Curiel**, Deputy Director, Departmental Operations, CFWB

**Elly Chung**, Chief, Agency Operations, CFWB

A graphic for Child and Family Well-Being. On the left, a teal circle contains the title 'Child and Family Well-Being' in large white font, and below it, a paragraph in smaller white font: 'The new Child and Family Well-Being (CFWB) Department will integrate First 5 and Child Welfare Services (CWS), along with the childcare system and other essential resources for families, to reimagine prevention and protection services to create a partnership that will shift our traditional approach to child protection.' On the right, a circular inset shows a close-up of several hands of different skin tones stacked on top of each other, symbolizing unity and support.

### Child and Family Well-Being

The new Child and Family Well-Being (CFWB) Department will integrate First 5 and Child Welfare Services (CWS), along with the childcare system and other essential resources for families, to reimagine prevention and protection services to create a partnership that will shift our traditional approach to child protection.

Access CFWB Webpage [HERE](#)



# OPEN ANNOUNCEMENTS

- *Participants are invited to unmute and make the announcement*
- *Announcements can also be entered into the chat*
- *Send materials to:*  
[Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov)  
*by Friday before each Council meeting to be posted in chat on the sender's behalf*



# Poll Question

**On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice)**

- 1 - Low Relevance**
- 2 -**
- 3 – Some Relevance**
- 4 -**
- 5 - High Relevance**





# COMMUNITY ADVOCACY TRAINING!

## *Telling Your Story!*

*Learn how to transform passion  
and lived experience into skillful  
grassroots advocacy!*

*Email your RSVP to  
[CommunityAdvocacy@namisd.org](mailto:CommunityAdvocacy@namisd.org)  
or register through the zoom link in bio.*



Please see adjacent  
Currently Available Sessions



## Currently Available Sessions:

September 14, 2023, 2-4pm Register [HERE](#)

September 20, 2023, 1-3pm Register [HERE](#)

Reimagining Crisis Response:

September 26, 2023, 2-4pm Register [HERE](#)







## Sunday, September 17, 2023

### Waterfront Park Downtown San Diego

5K Starts at 7:30am

1-Mile Fun Run starts at 9:00am



Presented by



[LiveWellSD5K.com](http://LiveWellSD5K.com)

**REGISTER  
[HERE](http://LiveWellSD5K.com)**







## Substance Use and Driving Under the Influence Discussion

**September 20th at 10am**

This virtual discussion will discuss trends in DUI and poly drug use and harm reduction strategies.

### Speakers include:

Deputy District Attorney Laura Evans,  
Superior Court DUI Homicide Unit

Pualani Vazquez, Trauma Injury  
Prevention & Community Outreach  
Coordinator  
Scripps Mercy Hospital

In 2021 the county recorded 39 DUI fatalities. It was the worst year on record. In 2022 those numbers decreased to 29. What will the data show for 2023?



Click [HERE](#) or  
on Flier to join  
this meeting

**Join the virtual discussion at the link below**

[https://us02web.zoom.us/j/84371387536?  
pwd=U25wWGZuZi8yRGlyeHFKazdBV1VIZz09](https://us02web.zoom.us/j/84371387536?pwd=U25wWGZuZi8yRGlyeHFKazdBV1VIZz09)



INSTITUTE FOR  
PUBLIC  
STRATEGIES

**mpi** Marijuana  
Prevention  
Initiative  
SAN DIEGO COUNTY

# 14<sup>th</sup> Annual Early Childhood Mental Health Conference: September 28-30, 2023



## 14th Annual Early Childhood Mental Health Conference – We Can't Wait! Re-Imagining Prevention and Early Intervention in Communities of Hope

September 28-30, 2023

This 14th Annual Early Childhood Mental Health Conference will inspire attendees to re-imagine prevention and early intervention and shift the focus to the role of positive experiences in human development. Distinguished speakers will highlight community driven, evidence-based interventions that have been developed, researched, implemented, and are making a difference, including Zero to Thrive from Michigan and the HOPE programs from Chicago. These programs, some of which have been implemented here in San Diego, promote healthy child development (0-5) and emphasize strengths, positivity, and hope, rather than deficits. In addition to exploring early childhood development, culturally informed, evidence-based practices, and advances in early education programs, attendees will be able to examine ways that our communities and systems of care can better ensure diversity, equity, and access to care so that children have more positive experiences, and that all families have support to nurture and celebrate their strengths. Finally, we are excited to offer a Hybrid Event this year! Live sessions will be in-person, in San Diego and a networking reception is planned on Thursday evening. Keynote sessions and selected breakout sessions will simultaneously be offered on Zoom for virtual attendees.

### Learning Objectives:

At the conclusion of this activity, the participants should be able to:

- Review the neurobiological nature of the developing brain and recognize how it is directly shaped by positive, interpersonal experiences
- Identify best practices in socio-emotional support and strategies for cultivating positive experiences that extend to the home, schools, and community
- Create partnerships among healthcare, education, behavioral health, and child welfare professionals to create communities of hope for infants, children and families
- Discover ways to build workforce capacity and community involvement to expand diversity-informed strategies that support infants, children, and families

### Target Audience:

The target audience includes those involved in providing assessment, treatment, education, support, and advocacy for children and families. Attendees will include psychiatrists, pediatricians, marriage family therapists, social workers, psychologists, mental health workers, substance abuse and addiction professionals, counselors and case managers, nurses, occupational therapists, physical therapists, speech therapists, teachers, educators, child welfare workers, early childhood education providers, childcare specialists, mental health administrators and other healthcare and educational providers.

[ECMH – We Can't Wait! \(earlychildhoodmentalhealth-sandiego.com\)](https://earlychildhoodmentalhealth-sandiego.com)

Registration: [14th Annual Early Childhood Mental Health Conference – We Can't Wait - Choose Registration \(eventscloud.com\)](https://eventscloud.com)

## Hybrid Event

Registration Link:  
[ECMH – We Can't Wait!  
\(earlychildhoodmentalhealth-sandiego.com\)](https://earlychildhoodmentalhealth-sandiego.com)



LIVE WELL  
SAN DIEGO

# Save the Date



**October 9, 2023  
10 to 11:30 a.m.**

**Via Zoom**

A cartoon bee with a yellow body, black stripes, and two antennae with black pom-poms. It has a friendly face with rosy cheeks and is holding a white sign with a brown border.

**Please Note  
Different  
Time Slot!**

## **Combined Behavioral Health Services Councils Meeting**

Children, Youth and Families (CYF) Council  
Transitional Age Youth (TAY) Council  
Older Adult Council  
Housing Council  
Adult Council  
Peer Council

Please pre-register [here](#) for this meeting



# SAVE THE DATE: Upcoming November 2023 Events!

## SAVE THE DATE

### 2023 Western States Marijuana Summit November 14 – 15, 2023

*Virtual Only*

### National Overdose Prevention Leadership Summit November 16 – 17, 2023

*Virtual Only*

*Conference line ups and registration links will  
be sent out soon.*

*No registration cost for either summit.*



Save  
the  
Date

For more information,  
Scan the QR Code with  
smart phone camera

**LIVE WELL ADVANCE PRESENTS**

# The 2023 ANNUAL SUMMIT

on Student Engagement and Attendance

[LiveWellSD.org/Advance](https://LiveWellSD.org/Advance)

**LIVE WELL ADVANCE SCHOOL SUMMIT**

**NOV. 1, 2023**

**8:00 AM. – 5:00 P.M.**  
**AT THE SAN DIEGO CONVENTION CENTER**

The theme for this year's Advance is  
**Connecting for Community Wellbeing**

**Who Should Attend:**

- School administrators and staff including counselors, social workers, family and community liaisons, nurses, expanded learning staff and others who support students in schools.
- Parents, caregivers, and students are all welcome!

**No Cost to Attend, Lunch Included**

**Registration Link Coming Soon!**

**SCHOOL BREAKOUT SESSIONS**

- Community Schools as a Strategy to Support all Students
- Family Engagement Practices
- Best Practices to Increase Attendance
- Mental Health Supports and Initiatives

Access hundreds of resources on the searchable [Tools for Schools](#) database!



Scan me to learn more







**MHTTC**

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## 2023 MHTTC Grief Sensitivity Virtual Learning Institute



The theme for our 2023 GSVLI is

*Working with grief in the context of violence: Strengthening our skills to strengthen ourselves*

### Links to register:

[Day 1 – Wednesday, November 1, 2023: General Mental Health Workforce Sessions](#)

Special focus on gender-based violence, institutional violence, community violence and grief

[Day 2 – Thursday, November 2, 2023: School Mental Health Workforce Sessions](#)

Special focus on school violence and grief

[Mental Health Technology Transfer Center Network](#)

## Registration Links

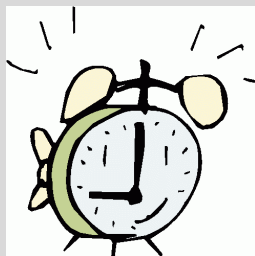
**Wednesday, November 1, 2023:  
General Mental Health Session –  
Register [HERE](#)**

**Thursday, November 2, 2023  
School Mental Health Workforce  
Session – Register [HERE](#)**

**Mental Health Technology  
Transfer Center Network Info  
Link [HERE](#)**

# THANK YOU

**Combined Council Meeting:**  
**October 9, 2023, 10:00-11:30 a.m.**



***Please Note Different  
Time Slot for this  
next meeting...***

