



**CHILDREN, YOUTH AND FAMILIES (CYF)
BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL
MEETING SUMMARY**

September 12, 2022 | 9 to 10:30 a.m.
Virtual Meeting

ITEM	SUMMARY AND ACTION ITEMS
<p>I. Welcome (Jaime Tate-Symons)</p> <ul style="list-style-type: none"> September 4-10, 2022 is National Suicide Prevention Week: resource sharing via chat function Welcome new meeting attendees - translation available Congratulations to George Scolari on his retirement and thank you for his contributions representing the Managed Care Health Plans Welcome Kathleen Lang as the new Managed Health Care Plans member representative and James Trout as the new alternate Thank you Micaela Cunningham for your contributions representing youth in the Family Sector Directing Change Art feature: "Seasons of Change" by Daniella Carrasco - Grade 7 from Minerva Middle School <p>Link https://gallery.directingchange.org/sandiegocounty/art/</p> <p>Resources shared in the chat of the meeting</p> <ul style="list-style-type: none"> Annual Suicide Prevention Week Activation Kit It's Up to Us – Suicide Prevention Know the Signs - Suicide is Preventable Know the Signs - Student Mental Wellness Thrival Journal Mobile Crisis Response Team (MCRT) SAMHSA Resources for Suicide Prevention San Diego Access and Crisis Line (ACL) San Diego County Office of Education (SDCOE) Resources San Diego County Suicide Prevention Council Survivors of Suicide Loss (SOSL) Take Action For Mental Health Take Action for Mental Health Wellness Notebook 2-1-1 San Diego – Mental Health "988" National Suicide and Crisis Lifeline 	<ul style="list-style-type: none"> Jaime Tate-Symons welcomed meeting attendees and covered the following items: <ul style="list-style-type: none"> Acknowledged and thanked outgoing Council members and welcomed new representatives for the Managed Care Health Plans Highlighted the featured art piece from Directing Change Yael Koenig announced the National Suicide Prevention Week and invited meeting attendees to see the resources posted in the chat by Rhonda Crowder and to post additional resources. Resources shared are found to the left
<p>II. Review of Meeting Summary (Yael Koenig)</p> <ul style="list-style-type: none"> August 8, 2022, Meeting Summary - Handouts - Pages 5-9 Action Items from August 8, 2022 - See meeting summary for action items - Page 7 	<ul style="list-style-type: none"> Yael Koenig reviewed the action items from August 8, 2022: <ul style="list-style-type: none"> Updated Bylaws. Included in the meeting packet- Pages 10-12 Fiscal Year 2022-23 Strategic Planning - Areas of Focus Summary that was delivered to BHS Director. Included in the meeting packet - Pages 13-15 Revisit the recommendation to add a Public Sector Council seat representing Medical Care Services. Action item for the September 12, 2022 meeting
<p>III. Business Items (Yael Koenig) Board Letters (BL)</p> <p><u>August 16, 2022</u></p> <ul style="list-style-type: none"> Item 07: Authorization to Accept Behavioral Health Continuum Infrastructure Program Launch Ready Grant Funds and Mental Health Student Services Act Grant Funds and Waive Board Policy B-29 - Handout - Pages 16-22 Item 20: Receive Update on Child Welfare Services Review Working Group Recommendations Handouts include presentation - Pages 23-36 	<ul style="list-style-type: none"> Yael Koenig reviewed the Board Letters for the August 16 and August 30, 2022 BOS meeting.

ITEM

SUMMARY AND ACTION ITEMS

August 30, 2022

- **Item 16:** Authorization to Enter into a Contract with Alvarado Hospital, LLC DBA Alvarado Hospital Medical Center for Medi-Cal Managed Care Inpatient Acute Psychiatric Services and Emergency Psychiatric and Crisis Stabilization Services and Established Appropriations for Facility Improvements at Alvarado Hospital Medical Center [Funding Source: Short-Doyle Medi-Cal; Mental Health Services Act, Realignment, for the Initial Architectural Design is Realignment] - Handouts include presentation - **Pages 37-45**
- **Item 17:** Receive Update on the Department of Homeless Solutions and Equitable Communities and Accept Funding for Afghan Refugee Support Services

Board Letters can be found at the Clerk of Board of Supervisors (BOS) Meeting Agendas, Board Letters and Access to the BOS meetings: <https://www.sandiegocounty.gov/cob/bosa/index.html>

CYF Council Bylaws-Proposed Update

Recommendation to add a Medical Care Services (MCS) seat under Public

- Dr. Thomas Coleman
- Dr. Kelly Motadel

1. Support recommendation to add a Medical Care Services (MCS) Seat.			
Member	VOTE	Alternate	VOTE
Bill Stewart	<input checked="" type="checkbox"/>	Joel San Juan	<input type="checkbox"/>
Dr. Laura Vleugels	<input checked="" type="checkbox"/>	Dr. Patricia Cardenas-Wallenfelt	<input type="checkbox"/>
Tabatha Wilburn	<input checked="" type="checkbox"/>	Delona King	<input type="checkbox"/>
Jerelyn Bourdage	<input type="checkbox"/>	Norma Rincon	<input type="checkbox"/>
*	<input type="checkbox"/>	Jennifer Sovay	<input type="checkbox"/>
Dr. Thomas Coleman	<input checked="" type="checkbox"/>	Rhonda Freeman	<input type="checkbox"/>
Hon. Judge Ana Espana	<input type="checkbox"/>	Beth Brown	<input checked="" type="checkbox"/>
Aletha Arguilez	<input type="checkbox"/>	Stephanie Escobar	<input checked="" type="checkbox"/>
Russell Coronado	<input type="checkbox"/>	Jaime Tate-Symons	<input checked="" type="checkbox"/>
Violeta Mora	<input type="checkbox"/>	Margaret Sedor	<input type="checkbox"/>
Barbara Ryan	<input checked="" type="checkbox"/>	Debra Schade	<input type="checkbox"/>
Yuka Sakamoto	<input type="checkbox"/>	Misty Bonta	<input type="checkbox"/>
Zachary Guzik	<input checked="" type="checkbox"/>	*	<input type="checkbox"/>
Angela Rowe	<input type="checkbox"/>	John Laidlaw	<input type="checkbox"/>
Marisa Varond	<input checked="" type="checkbox"/>	Claudette Allen Butler	<input type="checkbox"/>
Julie McPherson	<input checked="" type="checkbox"/>	Minola Clark Manson	<input type="checkbox"/>
Laura Beadles	<input checked="" type="checkbox"/>	Golby Rahimi	<input type="checkbox"/>
Dr. Sherry Casper	<input type="checkbox"/>	Marcelo A. Podesta	<input type="checkbox"/>
Kathleen Lang	<input checked="" type="checkbox"/>	James Trout	<input type="checkbox"/>
Dr. Pradeep Gidwani	<input checked="" type="checkbox"/>	Dr. Kelly Motadel	<input type="checkbox"/>
Sten Walker	<input checked="" type="checkbox"/>	*	<input type="checkbox"/>
*	<input type="checkbox"/>	Karilyn "Kari" Perry	<input checked="" type="checkbox"/>
Veronica Hernandez	<input type="checkbox"/>	*	<input type="checkbox"/>
*	<input type="checkbox"/>	*	<input type="checkbox"/>
TOTAL	12	TOTAL	4
Total Votes: 16			

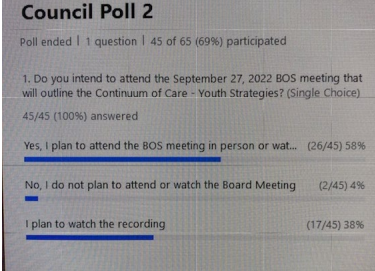
Information

- **Behavioral Health Director’s Report** -September 2022 Handout - **Pages 49-56**
- **Updated CYF Council meeting schedule** - January 9, 2023 dark instead of December 12, 2022 - Handout - **Page 57**
- **Addressing San Diego’s Behavioral Health Worker Shortage** - Handout - **Pages 58-59**
<https://www.countynewscenter.com/behavioral-health-workforce-symposium-addresses-lack-of-qualified-workers/>
<https://www.youtube.com/watch?v=SHOlgJ1YJ4>
<https://workforce.org/wp-content/uploads/2022/08/San-Diego-Behavioral-Health-Workforce-Report.pdf>

- Action Item from August 8, 2022: Yael Koenig invited Dr. Coleman and Dr. Motadel to present the recommendation to add a Medical Care Services (MCS) seat to the CYF Council.
 - Their recommendation was supported with the 16 members/alternates in attendance at the time of the vote
 - Voting was completed through the Zoom Chat feature. There were no abstentions – see details to the left
 - The addition of the MCS seat increased members seats from 24 to 25

- Yael Koenig reviewed information items
 - Aisha Pope and presented a Birth of Brilliance conference video to announce the February 23, 2023 Birth of Brilliance conference: “Be the Change”. Conference proposals can be submitted through October 14, 2023 at: https://docs.google.com/forms/d/1R_Nu8OVY2eVoADSdfTo62hyX0fzXXefcfvbjPsaofHM/viewform?edit_requested=true

ITEM	SUMMARY AND ACTION ITEMS				
<ul style="list-style-type: none"> • California Master Plan for Kid’s Mental Health -Handout - Pages 60-65 https://www.gov.ca.gov/wp-content/uploads/2022/08/KidsMentalHealthMasterPlan_8.18.22.pdf?emrc=6d3847 • California Health and Human Services Agency (CalHSS) News Release 22-10, August 25, 2022 - Department of Health Care Services (DHCS): New Managed Care Contracts - Handout - Page 66 https://www.dhcs.ca.gov/CalAIM/Pages/MCP-RFP.aspx • Mental Health Student Services Act (MHSSA) grant from the Mental Health Services Oversight & Accountability Commission (MHSOAC) to Enhance mental health resources for students Grant to enhance mental health resources for students (10news.com) • Mental Health America 2022 Back to School Kit - Handout - Page 67 https://mhanational.org/back-school https://mhanational.org/sites/default/files/2022-08/Back-to-School-Toolkit-2022.pdf • Community and Parents Fentanyl Toolkit -Handout - Page 68 https://www.sdpdatf.org/community-parent-fentanyl-toolkit • Marijuana and hallucinogen use among young adults reached all time-high in 2021 - Handout - Page 69 https://nida.nih.gov/news-events/news-releases/2022/08/marijuana-and-hallucinogen-use-among-young-adults-reached-all-time-high-in-2021 • The Children’s Initiative - Live Well San Diego Report Card on Children, Families, and Community 2021 - Handout - Page 70 2984_CI_Report2021-frontmatter v5.indd (thechildrensinitiative.org) • Third Annual Birth of Brilliance Conference (February 2023) -Call for Proposals (Aisha Pope)- Handout - Page 71 https://www.youtube.com/watch?v=gr3pGyaSpmM • The Importance of Touch from Meg Olinger, Ashley Rambeau, and the Early Childhood Committee (Rosa Ana Lozada) -Handout - Page 72 https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/CYF/Touch%20One%20Pager%20Updated%2002-22.pdf 					
<p>IV. Mental Health Services Act (MHSA) Update (Dr. Danyte Mockus-Valenzuela)</p> <ul style="list-style-type: none"> • Fiscal Year 2022-23 Annual Update, public comment period from September 6, 2022 to October 6, 2022. Link: http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/mhsa.html • Send comments, suggestions and/or questions to either the MHSA voice message line or email address or use the feedback link: 2022 Mental Health Services Act 30-Day Public Comment Form (smartsheet.com) Phone: 619-584-5063 / Toll-Free: 888-977-6763 or MHSProp63.HHSA@sdcounty.ca.gov • MHSA Stakeholder virtual trainings on September 20, 23, and 28, 2022. Optional Spanish interpretation available - Fliers - Pages 73-74 Registration for any session at: https://tinyurl.com/MHSATraining 	<ul style="list-style-type: none"> • Dr. Mockus-Valenzuela provided the MHSA update 				
<p>V. Hot Topic (Stephanie Escobar and Yael Koenig)</p> <ul style="list-style-type: none"> • Review Fiscal Year 2022-23 Strategic Planning - Areas of Focus Summary delivered to BHS Director Handout- Pages 13-15 • Poll Question: Have you attended a BOS meeting? <p style="text-align: center;">Council Poll 1</p> <p>1. Have you attended a Board of Supervisors (BOS) meeting? (Single Choice) *</p> <table border="1"> <tr> <td>Yes (in person, virtually or watched recording after the fact)</td> <td>61%</td> </tr> <tr> <td>No</td> <td>39%</td> </tr> </table> <p>You did not answer this question</p>	Yes (in person, virtually or watched recording after the fact)	61%	No	39%	<ul style="list-style-type: none"> • Yael Koenig announced that the Fiscal Year 2022-23 Strategic Planning - Areas of Focus Summary document was sent to Dr. Bergmann and included in the meeting packet • First poll question – See responses on left column • Yael Koenig introduced BHS Director, Dr. Luke Bergmann, BHS Director who discussed Continuum of Care strategies for children and youth with an upcoming Board Letter scheduled for September 27, 2022: <ul style="list-style-type: none"> ▪ Strategic Domain #1: Treatment for families and Social Determinants of Health supports
Yes (in person, virtually or watched recording after the fact)	61%				
No	39%				

ITEM	SUMMARY AND ACTION ITEMS
<ul style="list-style-type: none"> Continuum of Care - Youth Strategies (Dr. Luke Bergmann) <ul style="list-style-type: none"> September 27, 2022 Board Letter Dialogue: inclusive of Questions and Answers Session Poll Question: Do you intend to attend the September 27, 2022 BOS meeting that will outline the Continuum of Care – Youth Strategies? 	<ul style="list-style-type: none"> Strategic Domain #2: School-Based Universal Screening with expanded Early Intervention, care linkages, and treatment Strategic Domain #3: Health Integration <p>Highlights from the Dialogue</p> <ul style="list-style-type: none"> “Exciting time. Glad to see that the Board and BH is supportive of the work the CYF System of Care has been working on over several years through this Council” Children/youth involved in Child Welfare Services are a priority; need to intervene early Need to improve capacity Need to expand resources for children/youth with developmental disabilities Need more individual therapists trained in DBT/CBT to work with clients from the San Diego Regional Center Need to expand State models of payment Applaud Strategy Domain #2 Building on successes is very important. Pediatricians are very concerned about children no longer eligible for First 5 programs <ul style="list-style-type: none"> Second poll question – See responses on left column
<p>VI. Announcements (Stephanie Escobar)</p> <ul style="list-style-type: none"> New Section - Inviting all participants to unmute or enter announcements in the chat 13th Annual Early Childhood Mental Health Conference – We Can’t Wait – How are the Children? The Path from Healing to Well- Being on September 15-16, 2022 (Virtual)- Registration: ECMH – We Can’t Wait! (earlychildhoodmentalhealth-sandiego.com) -Handout - Page 75 Recovery Happens 2022 is scheduled for September 17, 2022, from 10 a.m. to 1 p.m. – Flier – Page 76 Please contact Dawn Hull at: Dawn.Hull@sdcounty.ca.gov for information on resource tables September is National Recovery month - https://www.samhsa.gov/recovery-month Live Well San Diego 5K at the Waterfront Park on September 18, 2022 – Handout - Page 77 https://www.livewellsd.org/content/livewell/home/livewellsd5k.html Combined Councils Meeting, October 10, 2022 – Note that meeting is from 10 to 11:30 a.m. via Zoom - Flier - Page 78 Registration Link https://us06web.zoom.us/meeting/register/tZlpceCgqz8jHNeL0sl8K35EcZvQ9vUAerD Cultural Competency Academy Foundational Series: October 20, 2022 to June 8, 2023 (five sessions) - Flier - Pages 79-80 https://theacademy.sdsu.edu/programs/rihs/cultural-competency-academy/#anchor_3 	<ul style="list-style-type: none"> A new Announcement section was introduced, inviting meeting participants to unmute or enter announcements in the Chat, Announcements for the Chat can be sent in advance to Edith Mohler at Edith.Mohler@sdcounty.ca.gov Stephanie Escobar made the announcements listed on the left
<p>VII. Action Items</p>	<p>Action Due/Status</p>
<ol style="list-style-type: none"> Disseminate September 12, 2022 Voting results to add Medical Care Services seat to the Council Disseminate revised CYF Council bylaws dated September 12, 2022 to reflect the new Public Sector seat, Medical Care Services (MCS). Updated Bylaws have also been uploaded to the CYF Council website available at: https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/CYF/9.12.22%20CYF%20Council%20Bylaws-Approved.pdf 	<ol style="list-style-type: none"> Included in this meeting summary, page 2 To be included in the November 14, 2022 CYF Council meeting packet
<p>Next Meeting: Combined Councils Virtual Meeting Date: Monday, October 10, 2022 Time: 10 to 11:30 a.m.</p>	

+ = Member in Attendance O = Absent

E = Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	+	Joel San Juan	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas-Wallenfelt	+
3	Public Safety Group/ Probation	Tabatha Wilburn	+	Delona King	O
4	Child Welfare Services (CWS)	Jerelyn Bourdage	+	Norma Rincon	O
5	Homeless Solutions and Equitable Communities	Pending		Pending	
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	O
7	Juvenile Court	H. Judge Ana España	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Stephanie Escobar	+
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Russell Coronado	O	Jaime Tate-Symons	+
10	Regular Education Pupil Personnel Services	Violeta Mora	O	Margaret Sedor	O
11	School Board	Barbara Ryan	+	Debra Schade	+
12	Special Education	Yuka Sakamoto	+	Misty Bonta	O
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	+	VACANT	
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
15	ADSPA	Marisa Varond	+	Claudette Allen Butler	O
16	Mental Health Contractors Association (MHCA)	Julie McPherson	+	Minola Clark Manson	O
17	MHCA	Laura Beadles	+	Golby Rahimi	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	Marcelo A. Podesta	O
19	Managed Care Health Plans	Kathleen Lang	+	James Trout	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Dr. Kelly Motadel	+
FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Sten Walker	+	VACANT	
22	Caregiver of child/youth served by the Public Health System	VACANT		Karilyn "Kari" Perry	+
23	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	O	VACANT	
24	Youth served by the public health system (up to age 26)	VACANT		VACANT	
COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive	Sten Walker Jaime Tate Symons	+ / +		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson Marisa Varond	+ / +		
-	Early Childhood	Aisha Pope Ginger Bial	+ / O		
-	Education	Heather Nemour Violeta Mora	O / O		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	O / +		
-	Training	Rose Woods	+		

Total Attendees: 93

Aisha Pope	David Taylor	Karen Giannini	Rebecca Raymond
Alyssia Claiborne	Debra Schade	Kari Perry	Rhonda Crowder
Amanda Farr	Dina Ali	Kathleen Lang	Roberto Suarez
Amanda Lance-Sexton	Dori Gilbert	Kelly Bordman	Ron Bautista
Angela Rowe	Edith Mohler	Kelly Motadel	Rosa Ana Lozada
Angelina Puffelis	Eileen Quinn-O'Malley	Krystle Murguia	Rose Woods
Babbi Winegarden	Elizabeth Dauz	Laura Beadles	Sandra Mueller
Barbara Ryan	Erick Mora	Laura McClarin	Sarah Baldwin
Berenis Gonzalez	Evan Test	Laura Vleugels	Seth Williams
Beth Brown	Fran Cooper	Leslie Manriquez	Shannon Jackson
Bill Stewart- BHAB	Golby Rahimi Saylor	Liz Winchell	Shreya Sasaki
Bobbi Smylie	Jaime Tate-Symons	Luke Bergmann	Stacey Musso
Bri Renstrom	Jamie Martinez	Mareeh Marquez	Sten Walker
Caitlynn Hauw	Jamie Pellegrino	Margaret Anello	Stephanie Escobar
Carmen Pat	Janet Cacho	Marisa Varond	Stephanie Gioia-Beckman
Celeste Hunter	Janette Magsanoc	Martin Dare	Susana Antonio
Cheryl Rode	Jazmin Wali	Melanie Morones	Tabatha Wilburn
Christina Bruce	Jean McDonald	Michael Miller	Tom Coleman
Christine Davies	Jennette Shay	Michelle Hogan	Vanessa Arteaga
Christine Maggio	Jerelyn Bourdage	Mina Arthman	Wendy Maramba
Claire Riley	Jodi Erickson	Patricia Cardenas-Wallenfelt MD	Yael Koenig
Danyte Mockus-Valenzuela	Judi Holder	Pradeep Gidwani	Yuka Sakamoto
Darwin Espejo	Julie McPherson	Rafael Ortiz-Gomez	Yvette Leiva
			Zachary Guzik

Committees/Sectors/Workgroups Meetings Information:

**Due to COVID-19, most of the committees' meetings are occurring virtually
Please reach out to the sector lead or Executive committee member to obtain location/link**

Behavioral Health Advisory Board (BHAB) meeting: Meets the first Thursday of the month from 2:30 to 5:00 p.m.

Outcomes: Meets the first Tuesday of every other month from 11:30 a.m. to 12:30 p.m.

Early Childhood: Meets the second Monday of the month- from 11 a.m.to noon

Education Advisory Ad Hoc: Meets as Needed

TAY Council: Meets the fourth Wednesday of the month 3 to 4:30 p.m.

CYF CADRE: Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

CYF System of Care Training Academy: Meets on the first Wednesday of the month from 9 to 10 a.m.

CCRT: Meets the first Friday of the month from 10 to 11:30 a.m.

Family and Youth as Partners: Meets every third Thursday of the month from 1:30 to 3 p.m.

Private Sector: Ad Hoc/Meets as needed.