

PROGRAM MANAGER MEETING

Children, Youth and Families | Behavioral Health Services

May 11, 2023 | Zoom

9:30 a.m. – 11:30 p.m.

Meeting Summary

| ITEM | SUMMARY/ ACTION ITEMS |
|---|---|
| 1. Welcome – Fran Cooper | |
| 2. QA Updates (SOC) – Elaine Mills, Diana Daitch <ul style="list-style-type: none"> CalAIM – CPT codes Staffing Millennium work groups | <p>Billing manual updates</p> <ul style="list-style-type: none"> As part of doc reform, providers will bill for service time; however, please continue to record documentation and travel time as billing reform is in process. Crosswalk memo will be sent mid-May Care coordination will be included as a standalone service in outpatient programs. It will be bundled as part of bed day for residential programs. Residential programs will be encouraged to utilize peer support specialists to provide Care Coordination, as their services are billed outside of bed day. <p>Staffing</p> <ul style="list-style-type: none"> Alfie Valdez has promoted to BHPC for AOA. Glenda Baez has promoted to QA SUD Supervisor. Kristi Jones has promoted to QA MH Supervisor. Michelle Vidana, Makenna Lilya, and Claudia Torres have joined QA MH as Specialists. <p>Heather (Parson) Rey is leading the Millennium work group</p> |
| 3. Pathways to Well-Being (PWB)/Continuum of Care Reform (CCR) (MH) – Shaun Goff <ul style="list-style-type: none"> Contractor Memo-PTW BHS CWS Info Exchange (finalized) | <p>The Pathways to Well-Being BHS/CWS Information Exchange and corresponding explanation form have been finalized effective 4/1/2023 and distributed along with an Info Notice</p> <ul style="list-style-type: none"> As a reminder: Discussed at the last Program Manager meeting- This form, previously named the Progress Report to child Welfare to be used as an information exchange for youth being served by a BHS mental health treatment provider who also has an open CWS case. The Pathways Workforce site as well as Optum have been updated with the new Information Exchange and Information Exchange explanation forms |



| | |
|--|---|
| <p>4. Workforce Training (SOC) (handout) - Ben Parmentier BHSworkforce.HHSA@sdcounty.ca.gov</p> | <ul style="list-style-type: none"> ○ E-Learnings - Academy for Professional Excellence https://tinyurl.com/apexlms ○ Web-Based Trainings https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/workforce.html |
| <p>5. CCISC Reports (SOC) (handout) – Shannon Jackson</p> | <ul style="list-style-type: none"> ○ Report due July 17, 2023 ○ CADRE Committees Meeting Times and Dates <ul style="list-style-type: none"> • Attending Quarterly meeting is required ○ Annual CADRE training schedule to be determined |
| <p>6. Our Safe Place (SOC) (handout) – Jennifer Barnes, San Diego Youth Services</p> | <p>Serves LGBTQ+ youth (up to age 21)</p> <ul style="list-style-type: none"> ○ Central (Golden Hill) and East County: oursafeplace@sdyouthservices.org ○ South (Chula Vista): oursafeplace@csbcs.org ○ North (Escondido & Oceanside): afavela@ymcasd.org |
| <p>7. Child and Family Well-Being (CFWB) (SOC) (handout) – Angie Brown, ICF</p> <ul style="list-style-type: none"> ○ https://www.sandiegocounty.gov/content/sdc/hhsa/programs/cs/child_welfare_services/ChildandFamilyWell-Being.html | <p>Intended Outcomes of System Transformation:</p> <ul style="list-style-type: none"> ○ Increase supports for families. ○ Promote family strengthening efforts. ○ Reduce the impact of trauma, adverse childhood experiences, and child maltreatment. ○ Move toward an equitable, prevention focused operating model focused on early interventions. |
| <p>8. Mental Health Awareness Month (SOC) (handout) – Betsy Knight</p> | <p>Family & Peer Support Services: Education, Consumer Advocacy https://namisandiego.org/ CYF Mental Health and Well-Being Celebration 5/13/23 at Grossmont Center, La Mesa</p> |
| <p>9. Announcements (SOC)</p> <ul style="list-style-type: none"> ○ End of Year Letter 4-19-23 (handout) ○ SUD Brochures updated 3-28-23 (handout) BHS Services (sandiegocounty.gov) ○ Upcoming Training from LCBTQIA+ Survivor Task Force (handout) ○ Outcomes Committee Meeting ○ Program Manager Meeting schedule FY23-24 (handout) | <p>End of Year Letter addendum to be sent mid-May</p> <p>Outcomes Committee Meeting 1st Tuesday of each month. If interesting in attending contact Eileen Quinn-O'Malley, Eileen.Quinn-Omalley@sdcounty.ca.gov</p> |
| <p>10. Networking with colleagues – breakout rooms</p> | |
| <p>Next Meeting: July 13, 2023 9:30 a.m. – 11:30 a.m.</p> | |

Behavioral Health Services (BHS) – Information Notice

| | |
|--------------|---|
| To: | BHS Contracted Mental Health Treatment Providers |
| From: | Behavioral Health Services |
| Date: | April 1, 2023 |
| Title | Updated: Pathways to Well-Being BHS/CWS Information Exchange effective April 1, 2023 |

Background

The Katie A. Settlement Agreement (2011) transformed the way that California children and youth in foster care, or at imminent risk for being placed in foster care, receive access to mental health treatment services. Locally, Pathways to Well-Being is the County's joint partnership between Behavioral Health Services (BHS) and Child Welfare Services (CWS), dedicated to collaboratively ensuring the safety, permanency, and well-being of youth involved in the foster system. This partnership is aligned with The California Children, Youth, and Families Integrated Core Practice Model (ICPM) guide, which provides a framework for collaborative practices across systems.

Updates to Progress Report to CWS/Information Exchange Form

In 2013, prompted by the Kate A. Settlement Agreement, BHS and CWS initiated a process for exchanging pertinent information via the ***Progress Report to Child Welfare Services*** form. This form is used as an information exchange for youth being served by a BHS mental health treatment provider who also has an open CWS case. **Effective April 1, 2023**, the form has been updated and renamed the ***BHS/CWS Information Exchange*** form.

The significant changes in the form include:

- Portions of the form are now optional and can be requested upon need.
- The sections of the form that are required include:
 - Enhanced Services (Subclass) or Open to CWS (Class) designation;
 - Current CANS exchange;
 - DSM-V Diagnosis on Page 2, which may be attached to court reports;
 - Document changes to align with CalAIM (i.e. Problem List and Client Plan).

BHS providers shall initiate the exchange of information within 30 days of opening the client to the program, by faxing the form and attachment(s) to the regional contact indicated at the top of the form and request documents from the CWS Protective Services Worker (PSW).

Attachments

- BHS/CWS Information Exchange Form – effective April 1, 2023
- BHS/CWS Information Exchange Explanation Sheet – effective April 1, 2023

References

- [The California Integrated Core Practice Model \(ICPM\) for Children, Youth, and Families](#)

For More Information:

- Contact your Contracting Officer's Representative (COR) or
- Shaun Goff, Pathways to Well-Being Program Manager, shaun.goff@sdcounty.ca.gov

Pathways to Well-Being BHS/CWS Information Exchange

(Formerly Progress Report to Child Welfare Services)

2023

- WHEN:** Must be completed within 30 days of determining eligibility and when any updates/significant changes or revised client plan.
- ON WHOM:** All children/youth open to Child Welfare Services (CWS).
- COMPLETED BY:** Staff delivering the service within scope of practice. Co-signatures must be completed within timelines.
- MODE OF COMPLETION:** Form fill and forwarded in a secure manner to Child Welfare Services Health and Education Passport Office Assistant (see secure region fax numbers on form). Maintain a copy in hybrid chart.

REQUIRED ELEMENTS: Portions of this form are **required** to be completed. These sections are indicated below with a **Required**.

Elements on Page 1

Required:

- Identify which region to fax form: The CWS Protective Services Worker (PSW) has this information
- Client Name and Client Date of Birth
- Name and Contact information of CWS PSW
(Provider may call 858-514-6995 for current CWS PSW contact information)
- Timeframe: check one box (Initial or Update)
- Choose one designation (per Eligibility for PWB and Enhanced Services form):
 - Enhanced Services/Sub-Class criteria (including youth meeting Enhanced criteria at discharge, even when end date has been entered, aka “switched off”, in Client Categories Maintenance [CCM]).

OR

- Youth is open to CWS (Class) but does not meet Enhanced Services (Subclass) criteria
- Date of Pathways to Well-Being Eligibility Determination: Should match date youth was open to Class or Subclass in CCM

BHS Provider (left side) fax to CWS the following (applicable) attachments:

- **Required: Current Completed CANS**
- Most Recent CFT Summary and Action Plan (Only if CFT Meeting Facilitation Program wasn't utilized)
- Current Client Plan/Problem List (may be utilized in court reports)
- Client Assignment History from CCBH
- Discharge Summary
- Any other pertinent information or comments as needed

CWS PSW (right side) send via secured/encrypted email to BHS the following attachments (upon request from BHS):

- **Required: Current Completed CANS**
- **Required for Foster Youth:** Consent for Examination and Treatment
- **Required for Foster Youth** Authorization to Use or Disclose Protected Health Information
- Most recent CFT Summary and Action Plan
- Child Welfare Services Case Plan
- Detention Report
- Jurisdictional/Disposition Report
- Status Review Court Reports (every 6 months)
- No Contact List (if applicable)
- Any other pertinent information or comments as needed

**Elements on Page 2
Required for all Youth:**

- Client Name
- Client Date of Birth
- Client Admission date to BHS Program
- BHS Legal Entity
- BHS Program Name
- BHS Provider Name
- BHS Provider Phone Number
- BHS Provider Email
- BHS Provider Secure Fax Number
- ICD-10 Code/DSM-V Diagnosis
- BHS Provider Signature, Credentials, and Date

BILLING:

- Billing for gathering of information for the Pathways to Well-Being Progress Report to Child Welfare Services shall only occur when connected to a direct client service.

NOTES:

- This form is initiated and faxed by the BHS provider to CWS.
- Page 1 of form is administrative and not included in court reports (excluding Client Plan).
- CWS PSW may utilize Page 2 of this document with diagnostic information from BHS provider in court reports including Client Plan.

Behavioral Health Workforce Education & Training Update

Healthcare Oversight Unit

Workforce, Education & Training Team

Presented by: Ben Parmentier

5/11/23

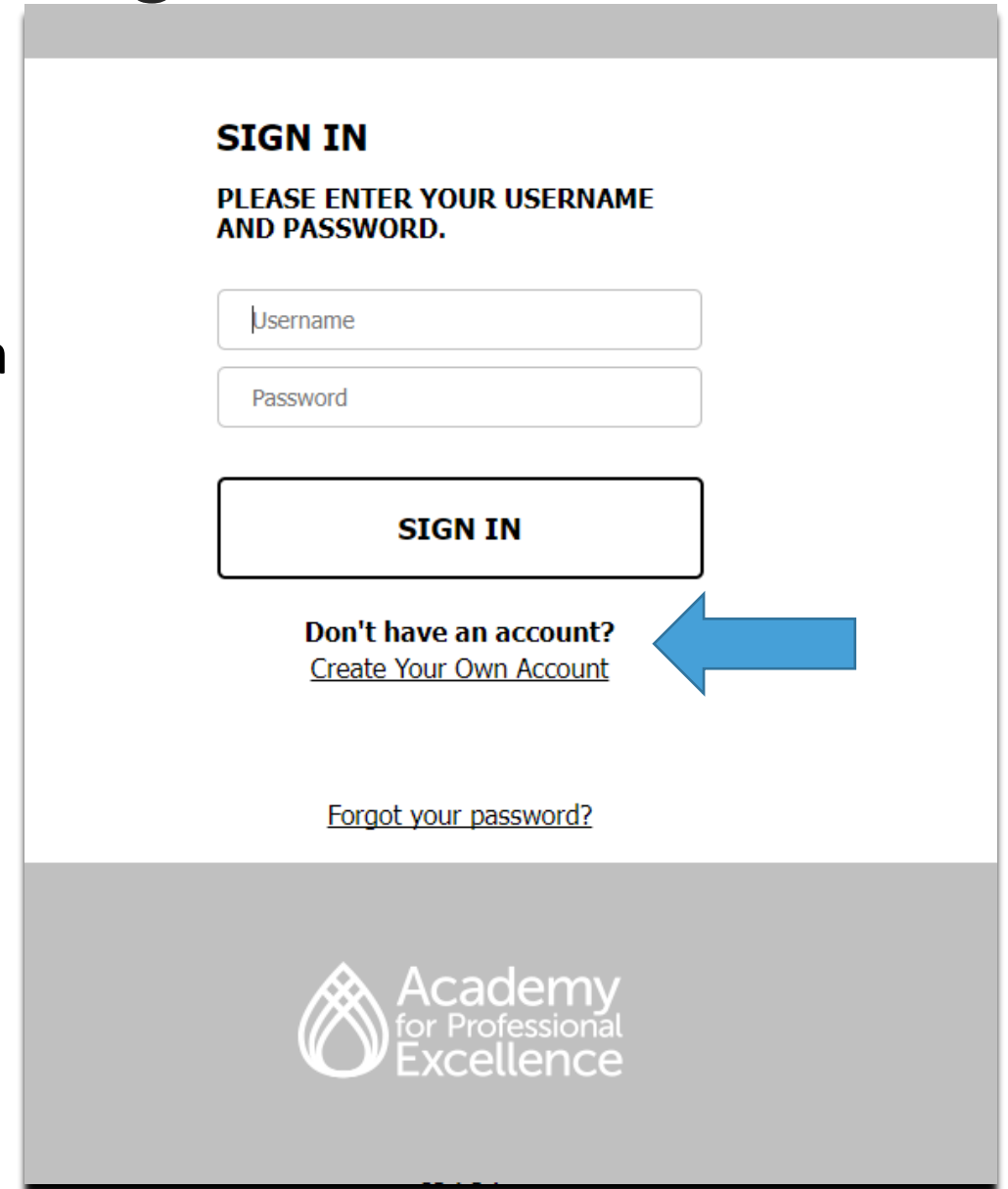
Current E-Learnings

E-Learnings:

Certain e-Learnings can be accessed by visiting the Academy of Professional Excellence and creating an account: <https://tinyurl.com/apexlms>
CEs for these trainings will be available.

Current Offerings:

- Introduction to Trauma Informed Care
- Implementing Harm Reduction
- Pathways to Well-Being (full training)
- Pathways to Well-Being (booster)
- CLAS Standards



SIGN IN

PLEASE ENTER YOUR USERNAME AND PASSWORD.


Username


Password

SIGN IN

Don't have an account? [Create Your Own Account](#)

[Forgot your password?](#)





Web-Based Trainings

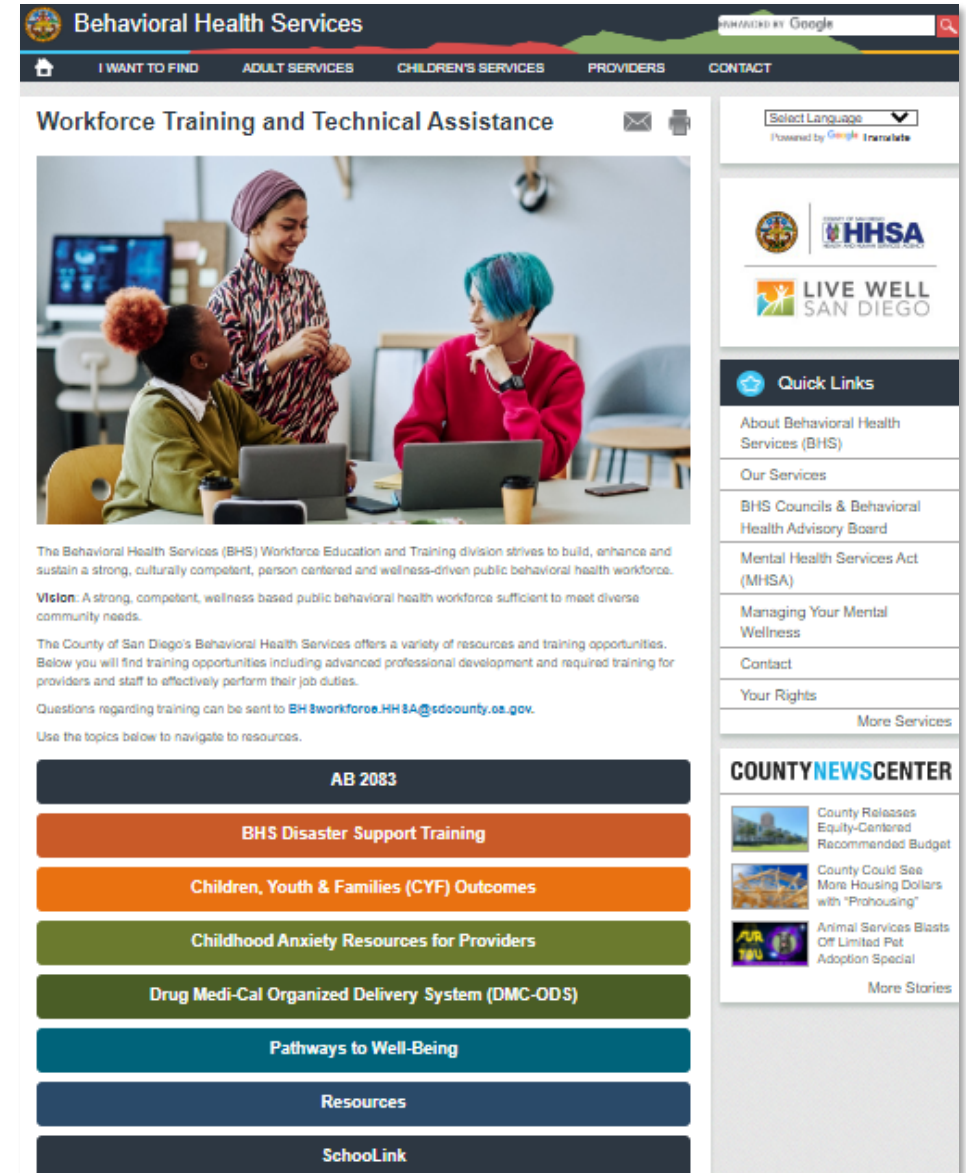
BHS Website:

accessible on the BHS Training and Technical Assistance Page:

<https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/workforce.html>

Available Courses:

- Disaster Support Training
- Overview of AB2083
- CANS (found through outcomes page)



The screenshot shows the Behavioral Health Services (BHS) website. The header includes the BHS logo, navigation links (I WANT TO FIND, ADULT SERVICES, CHILDREN'S SERVICES, PROVIDERS, CONTACT), and a Google Translate widget. The main content area is titled 'Workforce Training and Technical Assistance' and features a photo of three people in a meeting. Below the photo, there is a paragraph about the BHS Workforce Education and Training division, a vision statement, and contact information. A sidebar on the right contains 'Quick Links' and 'COUNTY NEWS CENTER' sections. At the bottom, there is a list of available courses: AB 2083, BHS Disaster Support Training, Children, Youth & Families (CYF) Outcomes, Childhood Anxiety Resources for Providers, Drug Medi-Cal Organized Delivery System (DMC-ODS), Pathways to Well-Being, Resources, and SchoolLink.

Behavioral Health Services

AWARDED BY Google

I WANT TO FIND ADULT SERVICES CHILDREN'S SERVICES PROVIDERS CONTACT

Select Language
Powered by Google Translate

Workforce Training and Technical Assistance

The Behavioral Health Services (BHS) Workforce Education and Training division strives to build, enhance and sustain a strong, culturally competent, person centered and wellness-driven public behavioral health workforce.

Vision: A strong, competent, wellness based public behavioral health workforce sufficient to meet diverse community needs.

The County of San Diego's Behavioral Health Services offers a variety of resources and training opportunities. Below you will find training opportunities including advanced professional development and required training for providers and staff to effectively perform their job duties.

Questions regarding training can be sent to BHSworkforce.HHSa@sdcounty.ca.gov.

Use the topics below to navigate to resources.

- AB 2083
- BHS Disaster Support Training
- Children, Youth & Families (CYF) Outcomes
- Childhood Anxiety Resources for Providers
- Drug Medi-Cal Organized Delivery System (DMC-ODS)
- Pathways to Well-Being
- Resources
- SchoolLink

Quick Links

- About Behavioral Health Services (BHS)
- Our Services
- BHS Councils & Behavioral Health Advisory Board
- Mental Health Services Act (MHSA)
- Managing Your Mental Wellness
- Contact
- Your Rights
- More Services

COUNTY NEWS CENTER

- County Releases Equity-Centered Recommended Budget
- County Could See More Housing Dollars with "Prohousing"
- Animal Services Blasts Off Limited Pet Adoption Special
- More Stories

Thank you

Questions?

BHSworkforce.HHSA@sdcounty.ca.gov

Annual CCISC Report and CADRE



Annual CCISC report

- Due July 15th each year (falls on a weekend, so due 7/17 this year)
- Reviews Action plan from previous year
 - Action plan is based on items identified from COMPASS or DDCMHT/DDCAT
- Outlines goals for the current FY
- Trainings
 - Include trainings that **enhance co-occurring knowledge**

CADRE requirements

- Training through County contracted trainer or approved Internal CADRE
- Quarterly meeting attendance
- Subcommittee meeting attendance
- Annual Report
 - Some CYF programs are required to complete the DDCMHT
 - Pairings were previously communicated and programs should be coordinating assessments.

CADRE Meetings

- **Quarterly Meeting**- *open to all*
- **Executive Meeting** –*attendance by invitation*
- **Training & Implementation Committee (T&I)**- *open to all*
- **Children Youth & Family Committee (CYF)**- focuses on needs of adolescents with co-occurring needs. Intended for MH and SUD programs serving youth.

CADRE Committees Meeting Times and Dates

CADRE Committees Meeting Times and Dates

Updated: 5/23



| Date | Time | Location | Mission/Purpose |
|--|------------------|----------|---|
| Quarterly Committee – Co-Chairs Shannon Jackson & TBD | | | |
| Meets Quarterly-2 nd Wednesday of Month (March, June, September, December) | 12:00pm - 2:00pm | Virtual | The mission of the CADRE (Change Agents Developing Recovery Excellence) is to function as a team of change agents for the Comprehensive Continuous Integrated System of Care (CCISC) initiative throughout San Diego County and to assist in the creation of empathic, hopeful and integrated services for clients and their families. The CADRE promotes the understanding that co-occurring mental health and substance abuse disorders, as well as the need for integrated health care, are expectations not exceptions. |
| Executive Committee – Co-Chairs Shannon Jackson & TBD (<i>This is a closed Committee</i>) | | | |
| Meets 2 nd Wednesday of the Month* | 12:00pm - 1:00pm | Virtual | The mission of the Executive Sub-committee is to guide, oversee, and support all facets of the Cadre and <u>it's</u> subcommittees to ensure the implementation of the San Diego Comprehensive Continuous Integrated System of Care (CCISC) initiative. |
| Training and Implementation Subcommittee – Co-Chairs Alexis George & Grace Taylor | | | |
| Meets 3 rd Wednesday of the month* | 12:00pm - 1:30pm | Virtual | To develop integrated co-occurring training and technical assistance in accordance with CCISC and COCE standards; To create healthy communities using <u>evidence based</u> practices; To provide a vital link between systems, consumers and families. |
| CADRE CYF Subcommittee – Co-Chairs Julie McPherson & Marisa Varond | | | |
| Meets Quarterly 2 nd Thursday of the month* (January, April, July, October) | 1:30pm - 3:00pm | Virtual | The mission of the San Diego CADRE CYF Subcommittee is to strengthen the CCISC initiative in its vision to deliver wide-ranging services for children, <u>youth</u> and families. We will serve as a forum for service providers to enhance treatment for children and adolescents experiencing or impacted by co-occurring disorders <u>in order to</u> promote health and resiliency within our youth. |

*No Subcommittee meetings on the same month as the CADRE Quarterly meetings.

Celebrating 50 Years



**SAN DIEGO
YOUTH SERVICES**



Our Safe Place Updates

Presented by San Diego Youth Services, Our Safe Place
Jennifer Barnes (She/They) Drop-In Center Team Lead





OUR SAFE PLACE

Locations:

- Golden Hill Youth Center (SDYS)
- Spring Valley SVECC (SDYS)
- South Bay (SBCS)
- North County – Escondido and Oceanside (YMCA)
- Clinic @ Uptown Youth Center



OUR SAFE PLACE

Services for LGBTQ+ youth (up to age 21):

Case management:

- Safe housing, linkage to hormone therapy, gender affirming items, support with school and parents
- Groups
- Trainings
- Formal outreach presentation and event tabling
- Clinical services (uninsured or MediCal)



Recent Events

East

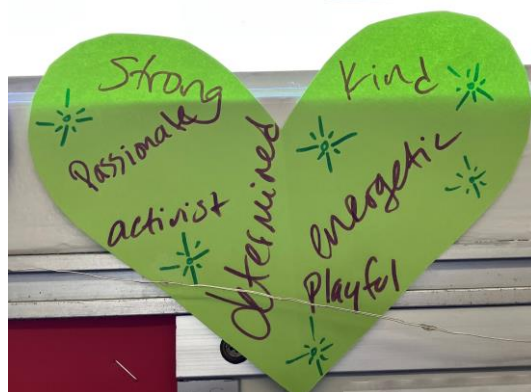
Grand Opening February 15th

- 25+ in attendance (10 youth enrolled already!)

Anime Club

Make up art

Thrifting


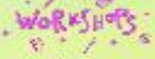






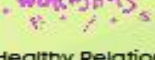






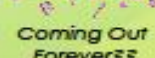


















Our Safe Place – East May 2023

Spring Valley East Community Center - 3845 Spring Drive, Spring Valley 91977 Room 13



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|--|---|--|
| | 1. LGBTQies Day @3pm  | 2. Tuesday workshops @4pm  On: breaking stereotypes | 3. GAYme Night @4pm  | 4. Expressive Arts Crocheting @4pm  | 5. Movie Night Harry Potter Sorcerer's stone  | 6. ANIME CLUB @4pm  |
| 7. Self-Care Sunday @4pm  | 8. LGBTQies Day @3pm  | 9. Tuesday Workshops @4pm  On: Healthy Relationships | 10. GAYme Night @4pm  | 11. Expressive Arts Empower posters @4pm  | 12. Movie Night Harry Potter The chamber of Secrets  | 13. ANIME CLUB @4pm  |
| 14. Self-Care Sunday @4pm  | 15. LGBTQies Day @3pm  | 16. Tuesday Workshops @4pm  On: Coming Out Forever?? | 17. GAYme Night @4pm  Mentor Group @6pm | 18. Expressive Arts collaging @4pm  | 19. Movie Night Harry potter And the Prisoner of Azkaban  | 20. Anime Club @4pm-8pm  |
| 21. Self-Care Sunday @4pm  | 22. LGBTQies Day @3pm  | 23. Tuesday Workshops @4pm  On: Depression | 24. GAYme Night @4pm  Caregiver Jam @6pm | 25. Expressive Arts Makeup Practice @4pm  | 26. Movie Night Harry potter And the Goblet of Fire  | 27. ANIME CLUB @4pm  |
| 28. Self-Care Sunday @4pm  | 29. Closed for Memorial Day | 30. Tuesday Workshops @4pm  On: Boundaries 101 | 31. GAYme Night @4pm  | | | |

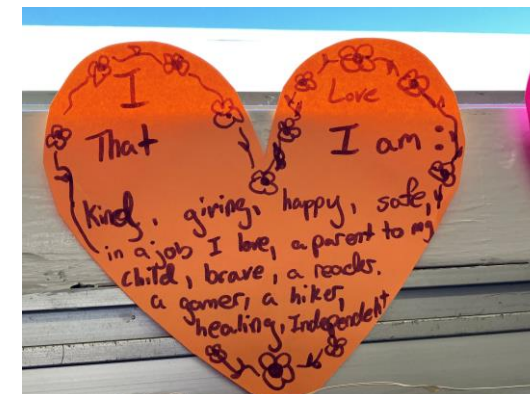
Other Recent Outreach

Drop-In Center Hours:

Sat - Sun: 4pm - 8pm

Mon - Fri: 3pm - 7pm

(Services are available via phone, zoom, and by appointment from Monday-Sunday, 12pm-8pm)



Central



Central Recent Events

Expressive Art's Pride
Planning

Thrifting

Studio Ghibli Movie
Month




































Our Safe Place— Central May 2023



Golden Hill Youth Center 2220 Broadway, San Diego, CA 92102 (619) 972-8983

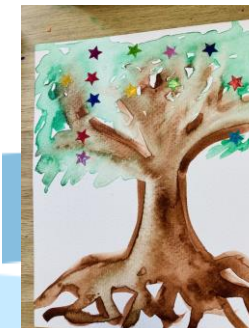
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|--|---|--|---|
| | 1. Meet-up Mondays Workshops 4-5pm  On: Breathing 101 | 2. LGBTQies Day  | 3. Movie Night: Shark Tale  | 4. Expressive Arts Workshop 4pm—6pm  | 5. GAYme Night 4pm—6pm  | 6. Move Ya Body-ody-ody 4pm-5pm  |
| 7. Self-Care Sunday @4pm-5pm  | 8. Meet-up Mondays Workshops 4-5pm  On: Acrylic paint techniques. | 9. LGBTQies Day  | 10. Movie Night: Lorax  Caregiver Jam @ 6-7pm | 11. Expressive Arts Workshop 4pm—6pm  | 12. GAYme Night 4pm—6pm  | 13. Move Ya Body-ody-ody 4pm-5pm  |
| 14. Self-Care Sunday @4pm-5pm  | 15. Meet-up Mondays Workshops 4-5pm  On: Volunteering 101 | 16. LGBTQies Day  Mentor Group 4-5 pm | 17. Movie Night: Chupa  | 18. Expressive Arts Workshop 4pm—6pm  Mentor group 4-5pm | 19. GAYme Night 4pm—6pm  | 20. Move Ya Body-ody-ody 4pm-5pm  |
| 21. Self-Care Sunday @4pm-5pm  | 22. Meet-up Mondays workshops 4-5pm  On: Makeup 101 | 23. LGBTQies Day  | 24. Movie Night: Over the Hedge  | 25. Expressive Arts Workshop 4pm—6pm  | 26. GAYme Night 4pm—6pm  | 27. Move Ya Body-ody-ody 4pm-5pm  |
| 28. Self-Care Sunday @4pm-5pm  | 29. Closed for Memorial Day  | 30. LGBTQies Day  | 31. Movie Night: Over the moon  | | | |

Drop-In Center Hours:

Sat - Sun: 4pm - 8pm

Mon - Fri: 3pm - 7pm

(Services are available via phone, zoom, and by appointment from Monday-Sunday, 12pm-8pm)



North YMCA OSPs'

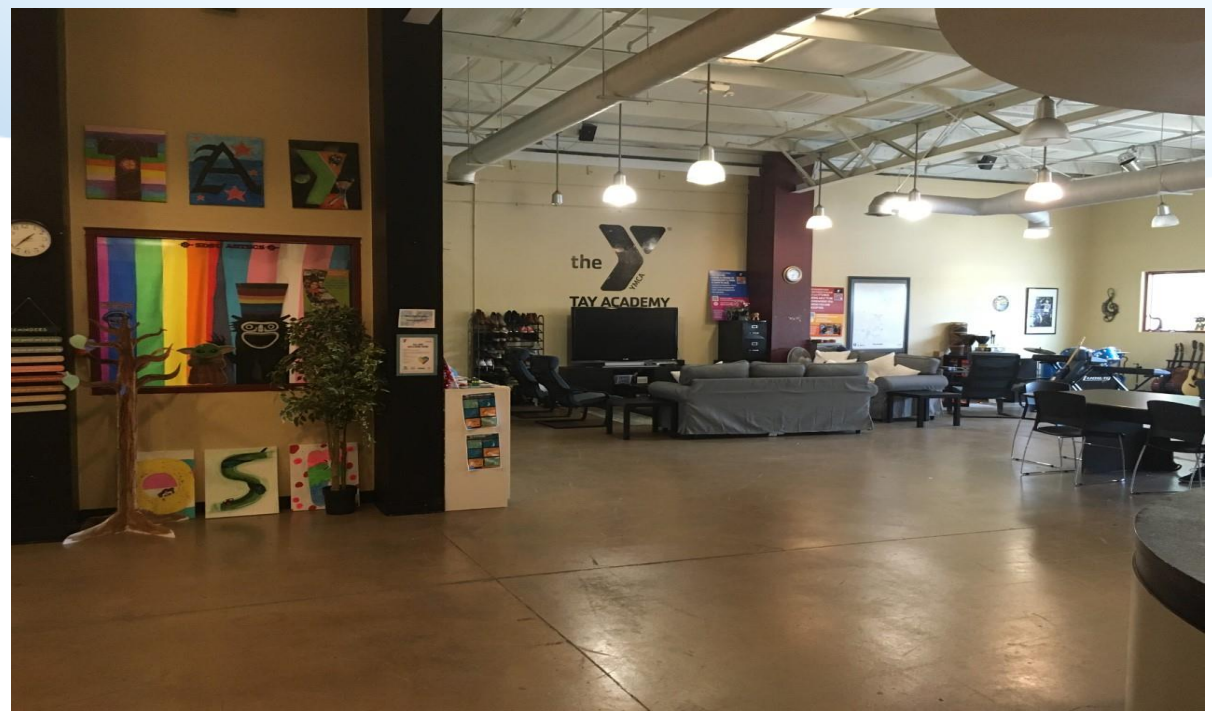
Recent Events

LGBTQ+ Camp @ Camp Marston

Laser Tag

DnD Nights

Ren Faire





Our Safe Place- Escondido

MAY 2023

Palomar TAY — 1055 N. Broadway Escondido, CA 92024 (760) 271-4855



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|---|--|---|
| Drop-In @ 4pm-8pm Expressive Arts@5pm | Drop-In @ 2pm-6pm Media Monday @3 pm | Drop-In @ 2pm-6pm Piano Lessons @ 3pm | Drop-In @ 2pm-6pm Chalk Walk @ 3pm | Drop-In @ 2pm-6pm May the Fourth Be With You | Drop-In @ 2pm-6pm Guitar Lessons@4pm | Drop-In @ 4pm-8pm Wellness Saturday |
| Drop-In @ 4pm-8pm Expressive Arts@5pm | Drop-In @ 2pm-6pm Name & Gender Change Clinic @4pm | Drop-In @ 2pm-6pm Arts and crafts @3pm | Drop-In @ 2pm-6pm Fun Films @3pm | Drop-In @ 2pm-6pm Mentor Program @4pm | Drop-In @ 2pm-6pm Nintendo Night @3pm | Drop-In @ 4pm-8pm Wellness Saturday |
| Drop-In @ 4pm-8pm Expressive Arts@5pm | Drop-In @ 2pm-6pm Media Monday @3 pm | Drop-In @ 2pm-6pm Arts and crafts @3pm | Drop-In @ 2pm-6pm Alphabet Soup @4pm | Drop-In @ 2pm-6pm Chalk Walk @ 3pm | Drop-In @ 2pm-6pm Guitar Lessons@4pm | Drop-In @ 4pm-8pm Wellness Saturday Ollie's Birthday! |
| Drop-In @ 4pm-8pm Expressive Arts@5pm | Drop-In @ 2pm-6pm Conspira-GAY Night @4pm | Drop-In @ 2pm-6pm Arts and crafts @3pm | Drop-In @ 2pm-6pm Coffee Social Meetup @ 4 pm | Drop-In @ 2pm-6pm Caregiver Jam @4 pm | Drop-In @ 2pm-6pm Nintendo Night @3pm | Drop-In @ 4pm-8pm Wellness Saturday |
| Drop-In @ 4pm-8pm Expressive Arts@5pm | Closed for Memorial Day | Drop-In @ 2pm-6pm Arts and crafts @3pm | Drop-In @ 2pm-6pm Fun Films @3pm | | | |

Drop-In Hours
Monday-Friday: 2pm-6pm
Saturday & Sunday: 4-8 pm
Services are available via phone, zoom, & appointments M-F 10:30-6 pm; Sat & Sun 4-8 pm



Our Safe Place- Oceanside

MAY 2023

YMCA TAY Academy — 215 Banner Street Oceanside, CA 92057 (760) 271-4855



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|---|--|---|
| Drop-In @ 4pm-8pm Zoom Services 4-8pm Art Hour @4 pm | Drop-In @ 12pm-4pm Fun Films @3pm | Zoom Services 12-4pm Piano Lessons @ 3pm | Drop-In @ 12pm-4pm House of Rainbow @4pm—zoom in | Zoom Services 12-4pm May the Fourth Be With You @4pm | Drop-In @ 12pm-4pm Wash N' Talk @ 2pm | Zoom Services 4-8pm Self-Care Saturday @4 pm |
| Drop-In @ 4pm-8pm Zoom Services 4-8pm Art Hour @4 pm | Drop-In @ 12pm-4pm Name & Gender Change Clinic @4pm | Zoom Services 12-4pm Piano Lessons @ 3pm | Drop-In @ 12pm-4pm House of Rainbow @4pm—zoom in | Zoom Services 12-4pm Mentor Program @4pm | Drop-In @ 12pm-4pm Wash N' Talk @ 2pm | Zoom Services 4-8pm Self-Care Saturday @4 pm |
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| Drop-In @ 4pm-8pm Zoom Services 4-8pm Art Hour @4 pm | Drop-In @ 12pm-4pm Conspira-GAY Night—zoom in @4pm | Zoom Services 12-4pm Piano Lessons @ 3pm | Drop-In @ 12pm-4pm House of Rainbow @4pm—zoom in | Zoom Services 12-4pm Caregiver Jam @ 4pm | Drop-In @ 12pm-4pm Wash N' Talk @ 2pm | Zoom Services 4-8pm Self-Care Saturday @4 pm |
| Drop-In @ 4pm-8pm Zoom Services 4-8pm Art Hour @4 pm | Closed for Memorial Day | Zoom Services 12-4pm Piano Lessons @ 3pm | Drop-In @ 12pm-4pm House of Rainbow @4pm—zoom in | | | |

In person Drop in: Mon, Wed, Friday: 12pm-4pm.
Zoom Drop In: Tues, Thurs 12-4pm; Sat, Sun 4-8 pm
Services are available via phone, zoom groups, & appointments M-F 10:30 - 6 pm; Sat & Sun 4-8pm



South

Recent Events

Herb Garden
Cooking Group
Drag Show





Our Safe Place—South Bay

May 2023



SBCS—Trolley Trestle Youth Hub

746 Ada St., Chula Vista CA

619-628-2444

oursafeplace@csbcs.org

@sbcs.ospsouth

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------------------------------|---------------------------------------|--------------------------------------|---|---|--|-------------------------------------|
| | 1. Expressive Arts @3PM | 2. Herbalism Club @3:30PM | 3. Resource Navigation | 4. Feel Good Movie Day @3:30PM | 5. Youth Chat (Gender Spectrum) @3PM | 6. Game Night! @5PM |
| 7. Self Care Sunday @4PM | 8. Expressive Arts @3PM | 9. Astrology Club @3PM | 10. Mentoring Group @5PM | 11. Feel Good Movie Day @3:30PM | 12. Youth Chat (LGBTQ+ Dreaming) @3PM | 13. Tea Time with Ty @4PM |
| 14. Self Care Sunday @4PM | 15. Expressive Arts @3PM | 16. Herbalism Club @3:30PM | 17. Resource Navigation @3PM | 18. Feel Good Movie Day @3:30PM | 19. Youth Chat (Privilege) @3PM | 20. Game Night! @5PM |
| 21. Self Care Sunday @4PM | 22. Expressive Arts @3PM | 23. Astrology Club @3PM | 24. Caregiver Jam (See Index for more info) @6PM | 25. Feel Good Movie Day @3:30PM | 26. Cooking Night @4:30PM | 27. Tea Time with Ty @4PM |
| 28. Self Care Sunday @4PM | 29. Closed for Memorial Day | 30. Herbalism Club @3:30PM | 31. Resource Navigation @3PM | <p>DROP IN HOURS Mon - Fri: 3pm—7pm Sat & Sun: 4pm—8pm</p> <p>Services are available via phone, zoom, and by appointment</p> | | |





Recent Connections

Other Recent Outreach



Diva Cup

Outreach to Youth Librarians

Saga

Rainbow Spaces

Feeding San Diego

McAlister Outreach



Recent Events



Homecoming April 15th

Over 50 youth in attendance from all 5 drop in centers

"This was a first for her – I can't even tell you how happy and proud my husband and I were when she actually went!! She doesn't get out much for social activities, so this was a big step for her. She said the decorations, food and the atmosphere was so fun, welcoming and safe. And the picture of her and "Friend" with the floral crowns is precious! It's tacked up on her bedroom wall!





OUR SAFE PLACE CONTACTS

Central (Golden Hill) and East County:

oursafeplace@sdyouthservices.org

South (Chula Vista): oursafeplace@csbcs.org

North (Escondido & Oceanside): afavela@ymcasd.org



County of San Diego's System Transformation

Child and Family Well-Being Department



Setting the Stage to
Strengthen Families &
Support Communities

DRIVERS FOR FAMILY STRENGTHENING NEW STRUCTURE



LIVE WELL
SAN DIEGO



Building Better Health, Living Safely and Thriving

SAN DIEGO'S PREVENTION DEFINITION



LIVE WELL
SAN DIEGO

Prevention means families thrive in a *connected community* that enhances and restores nurturing and responsive relationships and environments. It involves aligning impact on multiple levels so that all *children* are safe and cherished, all *families* are nurtured to build up protective factors, and *systems/structures* create equitable pathways to wellness.

Building Better Health, Living Safely and Thriving



County of San Diego Agency Transformation



BOARD OF SUPERVISOR'S APPROVES!



LIVE WELL
SAN DIEGO

COUNTYNEWSCENTER

DIRECT TO YOU FROM THE COUNTY OF SAN DIEGO



February 28, 2023

The BOS unanimously adopts the Child and Family Well-Being Department to better address equity and improve outcomes for children and families in a more holistic way!

INTENDED OUTCOMES OF TRANSFORMATION



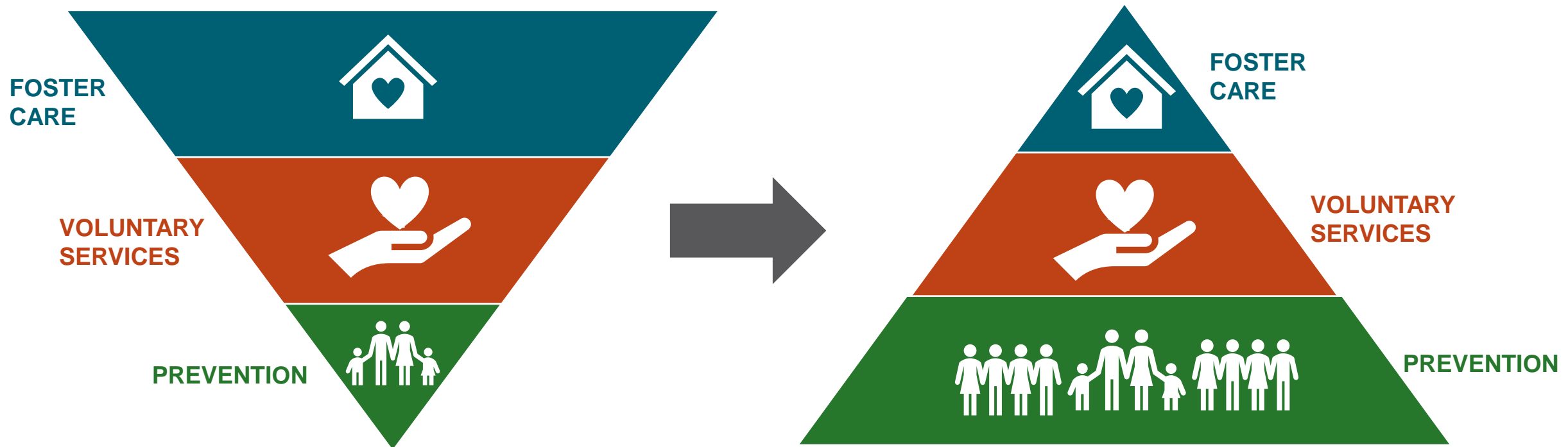
- Increase supports for families
- Promote family strengthening efforts
- Reduce the impact of trauma, adverse childhood experiences, and child maltreatment
- Move toward an equitable, prevention-focused operating model focused on early interventions



FAMILY STRENGTHENING FOCUS



LIVE WELL
SAN DIEGO



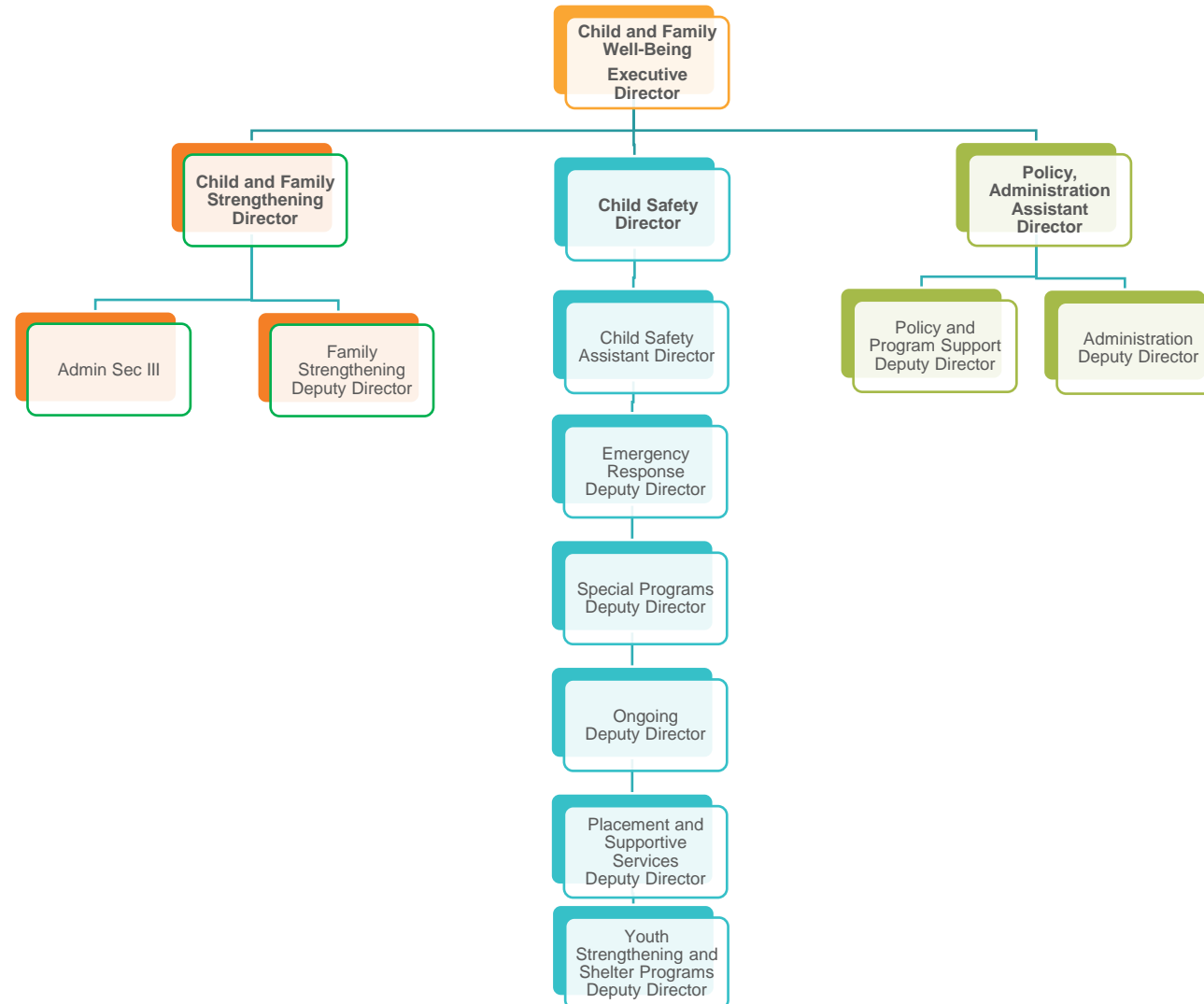
Since 1998, San Diego Child Welfare has decreased the number of children in care by **64%** from almost 7,000 children to just over 2,300 through family strengthening efforts and enhanced engagement. The CFWB structural transformation will support families and communities in becoming stronger and resilient so that even fewer children will be negatively impacted by trauma experienced through systemic inequities.



CFWB DEPARTMENT



LIVE WELL
SAN DIEGO



FAMILY FIRST PREVENTION SERVICES ACT (FFPSA)



LIVE WELL
SAN DIEGO

Shift toward prevention for child welfare

Prevent the need for families to ever make formal contact with the child welfare system

Prevent entry or re-entry into foster care

Provides opportunities for jurisdictions to create their own prevention pathway

Funding is available to agencies providing evidence-based programs (EBP) for eligible candidates



**Title IV-E Prevention Services
CLEARINGHOUSE**

CALIFORNIA'S IDENTIFIED EVIDENCE-BASED PRACTICES



LIVE WELL
SAN DIEGO

1. Brief Strategic Family Therapy (BSFT)

- Service Category: Substance Abuse
- Age of Child Served: 6-18

2. Family Check-up

- Service Category: Mental Health; In-Home Parenting
- Age of Child Served: 2-17

3. Functional Family Therapy (FFT)

- Service Category: Mental Health
- Age of Child Served: 11-18

4. Healthy Families America (HFA)

- Service Category: In-Home Parenting
- Age of Child Served: 0-5

5. Homebuilders

- Service Category: In-Home Parenting
- Age of Child Served: 0-18

6. Motivational Interviewing (MI)

- Service Category: Substance Abuse
- Age of Child Served: Adults with children and youth of any age

7. Multisystemic Therapy (MST)

- Service Category: Mental Health; Substance Abuse
- Age of Child Served: 12-17

8. Nurse Family Partnership

- Service Category: In-Home Parenting
- Age of Child Served: 0-2, 1st time mothers

9. Parents as Teachers (PAT)

- Service Category: In-Home Parenting
- Age of Child Served: 0-5

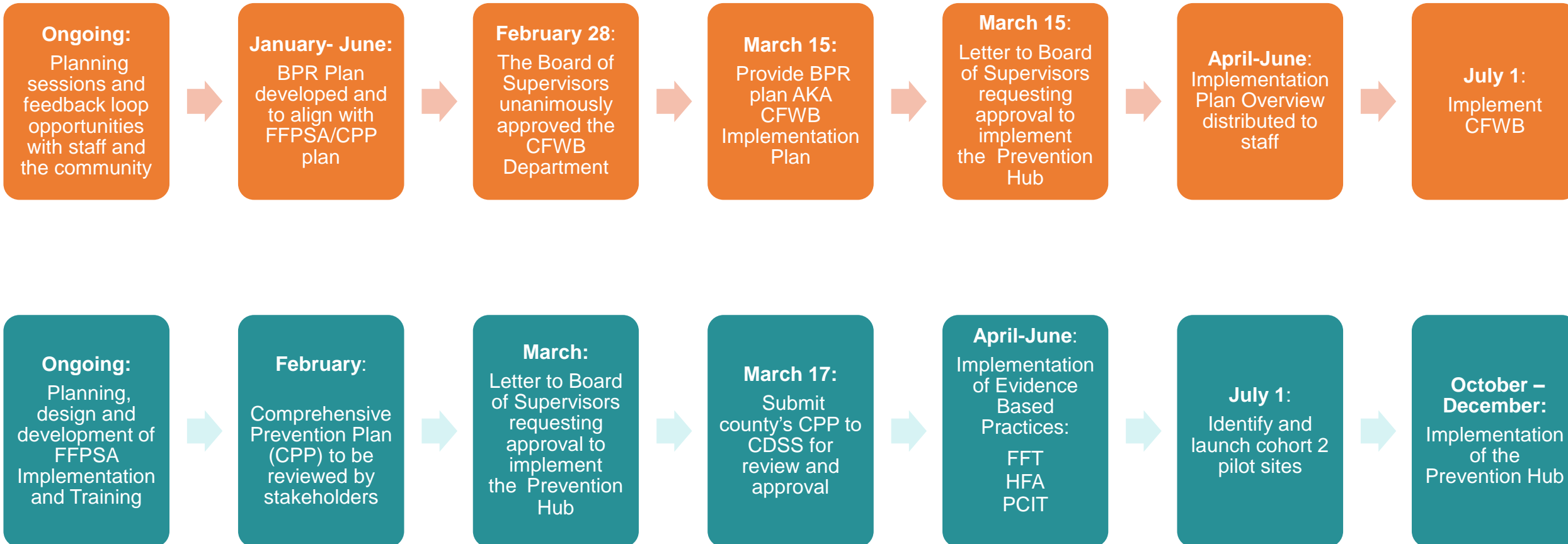
10. Parent-Child Interaction Therapy (PCIT)

- Service Category: Mental Health
- Age of Child Served: 2-7

IMPLEMENTATION TIMELINE



LIVE WELL
SAN DIEGO



MIRACLE QUESTIONS ABOUT PREVENTION HUB



LIVE WELL
SAN DIEGO

IF THE HUB WAS THE PERFECT ACCESS POINT FOR SUPPORTING CHILDREN, YOUTH AND FAMILIES IN THE COMMUNITY

- What would it look like?
- What would it take to build trust?
- What would make it accessible?
- What services and resources need to be prioritized?
- What would the staff look like?
- What would the space look like?
- Would there be a space?

REFLECTION & CONVERSATION



LIVE WELL
SAN DIEGO

- What is most relevant to you as a community member, agency leader or resident of San Diego?
- Do you have thoughts on how you and your organization can play a role in the transformation?

Would you like to
request a presentation
for your organization?

Please scan the QR code to make a request



THANK YOU!





NAMI San Diego: Family & Peer Support Services

FAMILY EDUCATION SERVICES

One of the Peer Support Services programs is NAMI Family Education Services. The service description for this program is that the contractor shall operate a Family Education Services program to provide countywide family education about Serious Mental Illness (SMI), Serious Emotional Disturbance (SED) and/or Substance Use Conditions to families and friends of persons with SMI/SED and/or Substance Use Conditions. Family and friend involvement are a critical component of recovery. This program shall provide education and support that is built around goals and tools to help family members and friends understand, cope with, and respond to issues that arise due to mental illness, and shall promote the natural supports of family and friends' encouragement on recovery and resiliency. The program shall provide a series of educational classes presented by staff and/or family members using an established family education curriculum to provide education and support for persons who have relatives or close friends with behavioral health issues.


One of the outcomes in the Statement of Work (SOW) is that a minimum of five hundred (500) people shall complete a "Family Education" class series, to include mental health, substance use, and co-occurring conditions. As of the end of Quarter 3 of Fiscal Year (FY) 22-23, there have been seventy-eight (78) people that have graduated or completed the Family-to-Family Training. Another outcome is that a minimum of two hundred (200) unduplicated people shall participate in the "Family Voice Meeting." As of the end of Quarter 3 of FY 22-23, there have been 1,369 (duplicated) people that have participated in the "Family Voice Meeting" that is conducted monthly.

CONSUMER ADVOCACY SERVICES

The other Peer Support Services program is NAMI Consumer Advocacy Services. The service description for this program is that the contractor shall provide recovery-oriented services for individuals and families in San Diego's public Behavioral Health System. The services will include advocacy training and peer support for persons and family members with lived experience with the intent of improving services delivery for consumers receiving services in the Behavioral Health system of care. In addition, the collective consumer voice shall be obtained and elevated to inform the BHS continuum of care. This aligns with the San Diego County's intent to create a Trauma Informed System of Care, by receiving consumer feedback to minimize re-traumatization of consumers who continue to receive services in San Diego's Behavioral Health System.

Services shall be coordinated with County of San Diego Health and Human Services Agency (HHSA) Behavioral Health Services (BHS), HHSA Transition-Age Youth (TAY) Behavioral Health Services, Fee-For-Services (FFS) and other mental health providers, HHSA Aging & Independence Services, HHSA Family Resource Centers, Child Welfare Services, the Juvenile Justice system, Special Education, First 5, Regional Center, Healthy San Diego providers and other physical health providers, regional collaboratives, community resources and other organizations and groups serving mental health clients.

One of the outcomes in the SOW is that a minimum of three hundred (300) consumers shall be enrolled in the Consumer Advocacy training. As of Quarter 3 of FY 22-23, there have been twenty-seven (27) graduates from four (4) advocacy training classes. Another outcome is that a minimum of ten percent (10%) of trained Consumer Advocates shall participate in a newly established Consumer/Peer Council. As of Quarter 3 of FY 22-23, there are ten (10) approved voting members representing both Mental Health and Substance Use for the Peer Council. There has been continued recruitment for Substance Use representatives and ensuring that each age range is reflected (youth, TAY, adult, and older adult). So far, there have been four (4) Peer Council meetings. Yet another outcome is that contractor shall provide BHS outreach and engagement services by disseminating the oscER San Diego, oscER Jr., and alfrEDU cloud-based applications. As of Quarter 3 of FY 22-23, four hundred eighteen (418) people have been educated from the applications. An additional outcome is that one hundred percent (100%) of



individuals participating in Augmented Services Program (ASP) shall be outreached to and be provided recovery-based skills to improve self-sufficiency. As of Quarter 3 of FY 22-23, five (5) board and care facilities have received ongoing support for the ASP clients, which included Peer Support Services and resource connections. Another outcome is that the contractor shall organize and lead an annual Children Project that involves BHS programs serving children and BHS administration during “May is Mental Health Month” with a Children Celebration event that occurs during National Children’s Mental Health Week. The Project and Celebration event shall be aligned with the national theme and preliminary plan submitted to Contracting Officer Representative (COR) by the end of January. NAMI’s annual event called Children/Youth Mental Health Well Being Celebration has been scheduled for May 13, 2023. An additional outcome is that at a minimum, the contract shall host a minimum of six (6) annual Town Halls for BHS service recipients to offer information on the array of behavioral health services and elicit feedback as it relates to policy, program, and practices. As of the end of Quarter 3, NAMI has conducted one (1) of the six (6) Town Halls with the remaining 5 to be scheduled before the end of the FY.

CHILDREN, YOUTH & FAMILIES MENTAL HEALTH & WELL-BEING CELEBRATION!



- Meet various local organizations & resources!
- Activities, artwork, and games for all ages!
- Music, drum circle, & bubble dance party!
- Opportunity drawings of many prizes!



May 13, 2023 - 1:00 to 5:00 pm
Grossmont Center - Main Courtyard
5500 Grossmont Center Drive, La Mesa, CO 91942

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY



LIVE WELL
SAN DIEGO



Community
Advocacy
Program

NAMI SAN DIEGO & IMPERIAL COUNTIES



County of San Diego

NICK MACCHIONE, FACHE
AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

April 19, 2023

TO: Behavioral Health Services Contracted Service Providers

FROM: Raul Loyo-Rodriguez, Revenue and Budget Manager
Behavioral Health Services

CONTRACT DOCUMENTATION REQUIREMENTS

In preparation for the year-end Fiscal Year (FY) 2022-23 and upcoming FY 2023-24, the following documents may be required to be submitted to comply with Behavioral Health Services (BHS) contract terms and conditions.

1. FY 2022-23 CONTRACT YEAR-END ACTIVITIES

1.1. Administrative Adjustment Request (AAR)

Submit all AARs for FY 2022-23 to the Contracting Officer's Representative (COR) by close of business May 1, 2023. Attached is the AAR template. Electronic submission is acceptable.

NOTE: COR approval is necessary before adjustments are implemented. Late AAR submissions could result in AAR denial or potential disallowance.

1.2. Inventory Report

The County of San Diego (County) Health and Human Services Agency (HHSA) requires its contractors to submit an inventory report at least annually listing all property since contract start date that has been purchased with County contract funds (regardless of contract payment type). In addition, start-up funds shall be included in the inventory report. If a contract does not include start-up funds or acquired inventory with County contract funds, a signed form marked "N/A – NO INVENTORY or START-UP FUNDS" must be submitted.

NOTE: All vehicles purchased or leased with County contract funds must be listed.

Contractors may use their own inventory report template with the required BHS Inventory Guidelines for County Contracts information included. All reports must be signed by authorized staff and indicate date report was completed.

NOTE: Effective July 1, 2023, the Minor Equipment threshold has been updated to "\$500 to \$4,999." Further details will be provided in future communications.

Email copies of the FY 2022-23 Inventory Report(s) to the assigned COR no later than sixty (60) days after the end of contract term. For example, if the contract term is through June 30, 2023, the report is due by August 30, 2023. Please contact the COR for any additional questions.

2. FY 2023-24 NEW FISCAL YEAR ACTIVITIES

2.1. Cost Allocation Plan (CAP)

A CAP is a written methodology to document how the organization's shared costs are charged to various contracts and/or programs. CAPs do not apply to contracts with a fixed price payment type. CAPs apply to all cost reimbursement contracts; however, the following are exempt from submitting a CAP:

- Contractors that provide only one service/program.
- Contractors that receive only one type of funding.
- Contractors that directly charge their full cost to only one benefitting program.

An organization-wide CAP for FY 2023-24 is due with the FY 2023-24 budget. Email both the CAP and FY 2023-24 budget to the assigned COR and cc: BHS.Claims@sdcounty.ca.gov. Requests for exemption that fall within any of the three exempted categories listed above should be emailed to BHS.Claims@sdcounty.ca.gov along with a written justification.

2.2. Contractor Electronic Signatures

Starting in June 2020, HHSA began offering contractors the opportunity to submit invoices and AARs to CORs with electronic signatures. To set up this functionality, contractors must complete and submit a new BHS Contracts Signature Authorization Form (SAF) as outlined below.

Please follow the attached instructions for completing the SAF, scan the signed document, and submit it via email to the assigned contract COR(s) and cc BHSCST.HHSA@sdcounty.ca.gov no more than thirty (30) days after the end of contract term. For example, if the contract term ends on June 30, 2023, the signed SAF is due on July 30, 2023. Please list all staff who should have signing authority on the SAF. Also include the insurance coverage point of contact. Listed staff can sign for all contracts enumerated on the SAF. If a contractor does not opt-in to using electronic signatures, a SAF is still required to identify authorized signatories. Please contact the assigned COR with any additional questions.

2.3. Subcontractor/Consultant Agreement(s)

All Subcontractor/Consultant Agreement(s) must be pre-approved. The following is the pre-approval process:

2.3.1. Written pre-approval from the COR is required for the following Subcontractor/Consultant agreements:

- Any Agreement that is in excess of fifty thousand dollars (\$50,000) or twenty five percent (25%) of the total values of the contract, whichever is less;
- Any combination of subcontracts and/or consultant agreements to the same contractor for the same term (this includes contract year or contract life), that is in excess of fifty thousand dollars (\$50,000) or twenty-five percent (25%) of the value of the contract, whichever is less; and
- Any agreement, regardless of value, that is for professional medical or mental health services.

2.3.2. A written pre-approval must contain the following four components for each subcontract and/or consultant agreement:

1. Name of the organization or individual.
2. Brief scope or description of what services/products the subcontractor(s) and/or consultant(s) will provide relevant to the main contract.
3. Agreement amount.
4. Agreement term.

2.3.3. Contractor must obtain pre-approval by completing the four components in the Subcontract Budget Tab of the annual BHS Budget spreadsheet, filling in check boxes, signing, and submitting it to their COR for review. All columns must be completed; see examples below for situations where “to be determined” (TBD) will and will not be accepted for pre-approval. Once the Subcontractor Budget Tab has been reviewed, the COR will sign and return it to the Contractor indicating pre-approval.

Example 1: Contractor will subcontract with *Medical 4 All Inc.* to provide psychiatric services to patients from September 1, 2023 – June 30, 2024, at \$200.00 per hour for 40 hours per month. Annual total = \$80,000. The name of the psychiatrist is not yet known and is listed as TBD.

- In this example, this information meets the requirement for pre-approval because the agency that is responsible for providing the services – *Medical 4 All Inc.* – is identified and the Individual psychiatrist delivering services is the only TBD.

Example 2: Contractor will subcontract with a psychiatrist to provide psychiatric services to patients. The name of the psychiatrist is not yet known, and neither is the pay rate. The agreement period will be November 1, 2023 – June 30, 2024. TBD is listed in the Individual column and in the Budget columns.

- In this example, this information does not meet the requirement for pre-approval because the subcontract will be with an individual and the complete information is not known.
- Once all the information is known, the contractor must fill out the Subcontract Budget Tab template with all the required information, sign, scan, and send to the COR for pre-approval. Once approved, the COR will return the form indicating approval.

2.3.4. Contractor must provide COR with copies of all subcontracts and/or consultant Agreements relating to the contract, regardless of the dollar amount and contract type (Cost Reimbursement, Fixed Price, Pay for Performance, etc.). Contractor shall complete the attached BHS Subcontractor/Consultant Agreement Contractor Checklist and submit the form together with copies of fully executed agreement(s) to the COR within thirty (30) days after the effective date of the agreement. For example, for an agreement with an effective date of July 1, 2023, all agreements are due no later than July 31, 2023.

2.4. **Attestation**

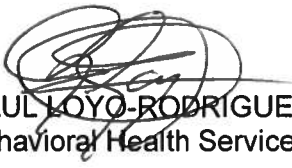
To ensure compliance with state and federal mandates, BHS is required to confirm that providers are informed and in compliance with funding source requirements. The attached BHS Attestation includes some of the most common requirements that are included in the County Contract Agreement, Organizational Provider Operations Handbook (OPOH), and/or Substance Use Disorder Operations Handbook (SUDPOH).

By signing the BHS Attestation, providers attest that their organization complies with all applicable federal, state, county, and local laws, rules, and regulations. Furthermore, they affirm they are following all County contract requirements including, but not limited to, those highlighted in the BHS Attestation. Specific program requirements can be found in the County Contract Agreement and/or by contacting the assigned COR. Please note that the BHS Attestation does not preclude the assigned COR from monitoring compliance during annual site visits.

Email copies of the BHS Attestation to the COR no later than thirty (30) days after the end of the contract term. For example, if the contract term ends June 30, 2023, the report is due on July 30, 2023.

For any questions or further support, contact the assigned COR or Contract Analyst.

Thank you for your assistance in these matters.



RAUL LOYO-RODRIGUEZ, Revenue and Budget Manager
Behavioral Health Services

RLR:mg

Attachments:

- ✓ Administrative Adjustment Request (AAR) Template
- ✓ BHS Inventory Guidelines for County Contract
- ✓ BHS Inventory Form - EXAMPLE
- ✓ BHS Inventory Form
- ✓ BHS Contracts Signature Authorization Form (SAF)
- ✓ BHS Subcontractor Budget Tab Example
- ✓ BHS Subcontractor/Consultant Agreement Contractor Checklist
- ✓ BHS Attestation

TEEN PERINATAL SERVICES

Teens age 15 or older who are pregnant or parenting may also utilize the outpatient perinatal programs that serve women and children and offer gender responsive services. Additional services at perinatal programs include: parenting classes, childcare, and mental health services for children.

McAlister Institute for Treatment & Education

North Coastal Women's Recovery Center
3355 Mission Ave. #239, Oceanside, CA 92058
Tel: (760) 462-5581
Fax: (760) 309-3867
Website: www.mcalisterinc.org/programs

McAlister Institute for Treatment & Education

North Inland Women's & Adolescent Recovery Center
751 Rancheros Dr., San Marcos, CA 92069
Tel: (760) 761-0515
Website: www.mcalisterinc.org/programs

McAlister Institute for Treatment & Education

South Bay Women's Recovery Center
2414 Hoover Ave. Ste. C, National City, CA 91950
Tel: (619) 336-1226
Website: www.mcalisterinc.org/program

McAlister Institute for Treatment & Education

North Central Women's Recovery Center
8665 Gibbs Dr. Ste. 150, San Diego, CA 92123
Tel: (858) 384-6284
Website: www.mcalisterinc.org/programs

Vista Hill Foundation Parent Care Central

4125 Alpha St., San Diego, CA 92113
Tel: (619) 266-0166
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

Vista Hill Foundation

Parent Care Family Recovery Center – East
4990 Williams Ave., La Mesa, CA 91942
Tel: (619) 668-4200
Fax: (619) 698-1665
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

SERVICE DETAILS

Programs are organized by region, however services may be sought at any location.

In keeping with Federal and State standards the following groups have priority admission to programs: pregnant or parenting injection drug users (IDU), pregnant or parenting substance users, all other IDU, and those with a County of San Diego Health and Human Services referral.

ADDITIONAL PROGRAMS

For more information on substance use disorder treatment services, please visit the County of San Diego Behavioral Health Services website:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_ods/dmc_ods_provider.html

CONTACT INFORMATION

San Diego Access & Crisis Line

1-888-724-7240

Immediate support and resources from an experienced counselor

Free assistance 7 days / 24 hours

Assistance available in 150 languages

TDD/TTY Dial 711

2-1-1 San Diego

Community, health, social, and disaster services

Free assistance 7 days / 24 hours

Assistance available in 200 languages

<https://211sandiego.org/>

Behavioral Health Services (BHS)

3255 Camino Del Rio South

San Diego, CA 92108

BHS can be reached Monday to Friday, excluding holidays, 8am - 5pm at (619) 563-2700

www.sandiegocounty.gov/hhsa/programs/bhs

(No services provided at this location)



LIVE WELL
SAN DIEGO

To learn more about *Live Well San Diego*, visit LiveWellSD.org



SUBSTANCE USE DISORDER PROGRAMS FOR ADOLESCENTS

County of San Diego Health and Human Services Agency
Behavioral Health Services

ADOLESCENT PROGRAMS

The County of San Diego provides developmentally appropriate substance use disorder (SUD) treatment (including Medication Assisted Treatment (MAT)), early intervention, peer support, and recovery services using a harm reduction approach to help youth reach their full potential. These programs serve adolescents and their families, ensure access to care, and promote self-sufficiency through education and/or employment and engagement in prosocial activities. Services are offered throughout the county in urban and rural communities and include school-based early intervention screening and education, outpatient treatment, crisis intervention, and residential treatment services.

Access to Services

Services shall not be refused to clients based on race/ethnicity, disability, culture, religion, gender, sexual orientation, or the inability to pay, if the client meets the County's eligibility population requirements. Clients who are CalWORKs eligible shall not be charged fees. Clients who are DMC eligible shall not be charged fees unless there is Share of Cost (SOC).

COUNTYWIDE RESIDENTIAL SERVICES

McAlister Institute for Treatment & Education

Adolescent Group Homes (short term)

Tel: (619) 442-0277 ext. 1020 (Call for locations)

- Lemon Grove
- Spring Valley

Website: www.mcalisterinc.org/programs

TEEN RECOVERY CENTERS

Teen Recovery Centers provide outpatient SUD early intervention, treatment, recovery, and ancillary services to adolescents ages 12-17 with substance use, including co-occurring mental health needs.

CENTRAL

Union of Pan Asian Communities (UPAC)

3288 El Cajon Blvd. Ste. 13, San Diego, CA 92104

Tel: (619) 521-5720

Fax: (619) 521-5728

Website: www.upacsd.com

Satellite Programs

Hoover High School

4474 El Cajon Blvd., San Diego, CA 92115

Satellite Programs

San Diego High School

1405 Park Ave., San Diego, CA 92101

ALBA Community School

(Middle & High School)

4041 Oregon St., San Diego, CA 92104

King-Chavez Community High School

201 A Street, San Diego, CA 92101

Vista Hill Foundation

220 Euclid Ave. Ste. 40, San Diego, CA 92114

Tel: (619) 795-7232

Fax: (619) 795-7256

Website: www.vistahill.org

Satellite Programs

Morse High School

6905 Skyline Dr., San Diego, CA 92114

Lincoln High School

4777 Imperial Ave., San Diego, CA 92113

Gompers Preparatory Academy

1005 47th St., San Diego CA 92102

EAST

McAlister Institute for Treatment & Education

550 Fesler St. Ste. G1 & G2, El Cajon, CA 92020

Tel: (619) 588-5361

Fax: (619) 588-5421

Website: www.mcalisterinc.org/programs

Satellite Programs

El Cajon Valley High School

1035 E Madison Ave, El Cajon, CA 92021

Monte Vista High School

3230 Sweetwater Springs Blvd, Spring Valley, CA 91977

NORTH CENTRAL

Mental Health Systems/TURN Behavioral Health Services

4660 Viewridge Ave, Ste.100A, San Diego, CA 92123

Tel: (760) 227-1354

Fax: (858) 408-4262

Website: <http://turnbhs.org/programs>

Satellite Programs

James Madison High School

4833 Doliva Dr, San Diego, CA 92117-3299

Kearny Senior High School

1904 Komet Way, San Diego, CA 92111

NORTH COASTAL

North County Lifeline, Inc./Lifeline Community Services

200 Michigan Ave, Vista, CA 92084

Tel: (760) 726-4900

Fax: (760) 529-0421

Website: <https://www.nclifeline.org/>

Satellite Programs

Rancho Buena Vista High School

1601 Longhorn Dr., Vista, CA 92081

Vista High School

1 Panther Way, Vista, CA 92084

NORTH INLAND

Mental Health Systems, Inc./TURN Behavioral Health Services

340 Rancheros Dr. Ste. 166, San Marcos, CA 92069

Tel: (760) 744-3672

Fax: (760) 744-6182

Website: <http://turnbhs.org/programs>

Satellite Programs

Valley High School

410 Hidden Trails Rd., Escondido, CA 92027

Fallbrook High School

2400 S. Stage Coach Ln., Fallbrook, CA 92028

Ramona High School

1401 Hanson Ln., Ramona, CA 92065

Rancho Bernardo High School

13010 Paseo Lucido, San Diego, CA 92128

SOUTH

McAlister Institute for Treatment & Education

371 E Street, Chula Vista, CA 91910

Tel: (619) 691-1045

Fax: (619) 691-1491

Website: www.mcalisterinc.org/programs

Satellite Programs

San Ysidro High School

5353 Airway Rd, San Diego, CA 92154

Southwest High School

1685 Hollister St, San Diego, CA 92154

Mar Vista High School

505 Elm Ave, Imperial Beach, CA 91932

Sweetwater High School

2900 Highland Ave, National City, CA 91950

ANCILLARY SERVICES

Catholic Charities, Inc. (Recovery Drop-in)

Rachel's Women's Center

759 8th Ave., San Diego, CA 92101

Tel: (619) 696-0873

Website: www.ccdsd.org/programs/homeless-womens-services

Vista Hill Foundation (VHF)

CalWORKs Connection

Tel: (619) 431-2103

Website: <https://www.vistahill.org/programs-services/calworks-case-management-services/>

Vista Hill Foundation (VHF)

Dependency Drug Court

SUD Coordination

(DDCSC) Tel: (619) 668-4265

Website: <http://www.vistahill.org/programs-services/dependency-drug-court/>

Public Health Nursing Home Visiting Services

To make a referral, please call one of the following:

North Inland-Escondido (760) 740-4000

North Coastal-Oceanside (760) 967-4401

North Central-Kearny Mesa (858) 573-7300

Central-Mid City (619) 229-5400

East-El Cajon (619) 441-6500

South-Chula Vista (619) 409-3110

SERVICE DETAILS

Programs are organized by region, however services may be sought at any location.

In keeping with Federal and State standards the following groups have priority admission to programs: pregnant or parenting injection drug users (IDU), pregnant or parenting substance users, all other IDU, and those with a County of San Diego Health and Human Services referral.

ADDITIONAL PROGRAMS

For more information on substance use disorder treatment services, please visit the County of San Diego Behavioral Health Services website:
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_ods/dmc_ods_provider.html

CONTACT INFORMATION

San Diego Access & Crisis Line

1-888-724-7240

Immediate support and resources from an experienced counselor

Free assistance 7 days / 24 hours

Assistance available in 150 languages

TDD/TTY Dial 711

2-1-1 San Diego

Community, health, social, and disaster services

Free assistance 7 days / 24 hours

Assistance available in 200 languages

<https://211sandiego.org/>

Behavioral Health Services (BHS)

3255 Camino Del Rio South

San Diego, CA 92108

BHS can be reached Monday to Friday, excluding holidays, 8am - 5pm at (619) 563-2700

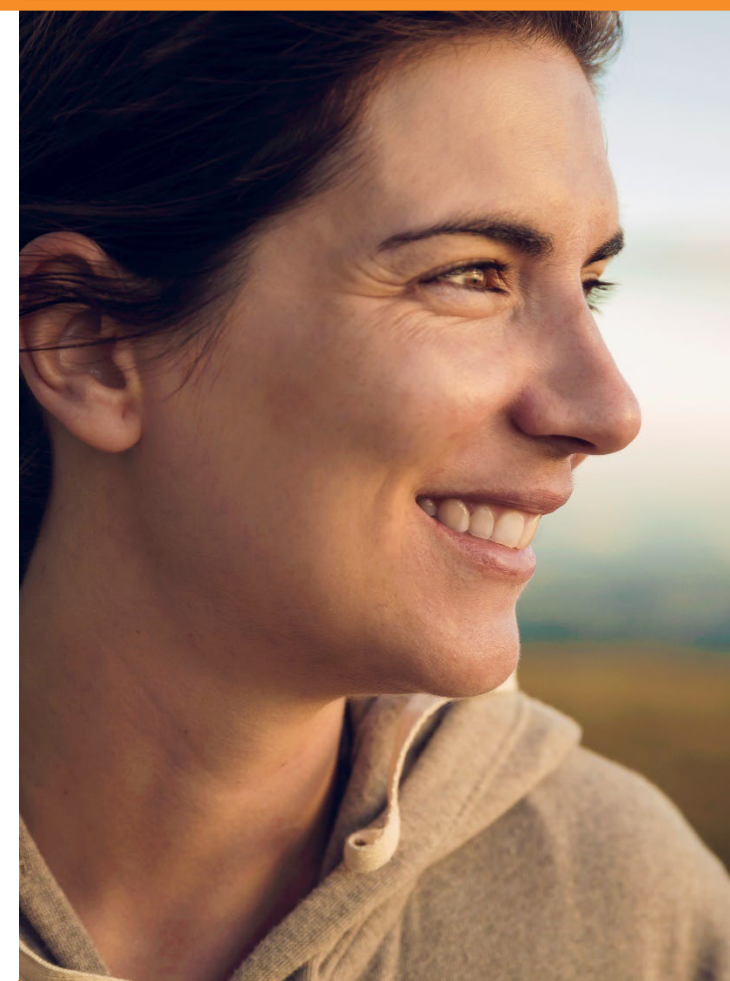
www.sandiegocounty.gov/hhsa/programs/bhs

(No services provided at this location)



LIVE WELL
SAN DIEGO

To learn more about *Live Well San Diego*, visit LiveWellSD.org



SUBSTANCE USE DISORDER PROGRAMS FOR WOMEN

County of San Diego Health and Human Services Agency
Behavioral Health Services

WOMEN'S SUBSTANCE USE DISORDER PROGRAMS

The County of San Diego offers substance use disorder treatment and recovery programs to meet the special needs of women. These programs are for pregnant and parenting women and adolescents (age 15 and up), and women seeking gender-specific services. Treatment programs for women are located throughout the County and services may include:

- Residential and outpatient treatment and recovery programs,
- Medication Assisted Treatment (MAT)
- Harm reduction
- Care coordination and connection to community resources,
- Peer support
- Childcare and children's mental health services,
- Transportation to and from services,
- Education and work preparation activities
- Parenting education, life skills training, and healthy relationship supports.

Access to Services

Services shall not be refused to clients based on race/ethnicity, disability, culture, religion, gender, sexual orientation, or the inability to pay, if the client meets the County's eligibility population requirements. Clients who are CalWORKs eligible shall not be charged fees. Clients who are DMC eligible shall not be charged fees unless there is Share of Cost (SOC). Language interpretation and translation services are available.

OUTPATIENT PERINATAL SERVICES

Outpatient services are available to women, and pregnant or parenting women and adolescent females age 15 and older. Women may utilize the outpatient perinatal programs outlined below or access coed programs outlined in the adult services brochure.

CENTRAL

McAlister Institute for Treatment & Education
North Central Women's Recovery Center
8665 Gibbs Dr. Ste. 150, San Diego, CA 92123
Tel: (858) 384-6284
Website: www.mcalisterinc.org/programs

Vista Hill Foundation (VHF)
ParentCare Central Family Recovery Center
4125 Alpha St., San Diego, CA 92113
Tel: (619) 266-0166
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

EAST

Vista Hill Foundation (VHF)
ParentCare East Family Recovery Center
4990 Williams Ave., La Mesa, CA 91942
Tel: (619) 668-4200
Website: www.vistahill.org/programs-services/don-allen-parentcare-family-recovery-center-east-parentcare-family-recovery-center-central

NORTH COASTAL

McAlister Institute for Treatment & Education
North Coastal Women's Recovery Center
3355 Mission Ave. Ste. 239, Oceanside, CA 92058
Tel: (760) 462-5581
Website: www.mcalisterinc.org/programs

NORTH INLAND

McAlister Institute for Treatment & Education
North Inland Women & Adolescent Recovery Center
751 Rancheros Dr. Ste. 5, San Marcos, CA 92069
Tel: (760) 761-0515
Website: www.mcalisterinc.org/programs

SOUTH

McAlister Institute for Treatment and Education
South Bay Women's Recovery Center
2414 Hoover Ave. Ste. C, National City, CA 91950
Tel: (619) 336-1226
Website: www.mcalisterinc.org/programs

COUNTYWIDE RESIDENTIAL SERVICES

Perinatal Residential Programs

Perinatal programs include services for women and their children.

HealthRight 360 (HR360)
North County Serenity House
1341 North Escondido Blvd., Escondido, CA 92026
Tel: (760) 747-1015
Tel: (760) 741-5098 (bed availability)
Website: <https://www.healthright360.org/agency/north-county-serenity-house>
Accepts women with children age 6 and under

Perinatal Residential Programs Cont'd.

Mental Health Systems (MHS)/TURN Behavioral Health
Family Recovery Center
1100 Sportfisher Dr., Oceanside, CA 92054
Tel: (760) 439-6702
Website: <https://www.turnbhs.org/>
Accepts pregnant and/or parenting women, ability to provide on-site services to children age 10 and under; provides withdrawal management services

McAlister Institute for Treatment & Education – Kiva
2049 Skyline Dr., Lemon Grove, CA 91945
Tel: (619) 465-7303
Website: www.mcalisterinc.org/programs
Accepts pregnant and/or parenting women, ability to provide on-site services to children age 12 and under; provides withdrawal management services

New Entra Casa
3575 Pershing Ave, San Diego, CA 92104
Tel: (619) 294-4526
Website: <https://www.newentracasa.com/>

Women's Residential Programs

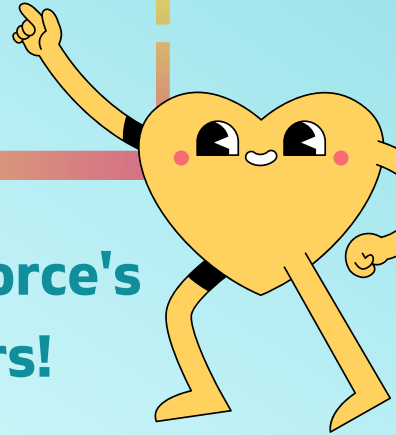
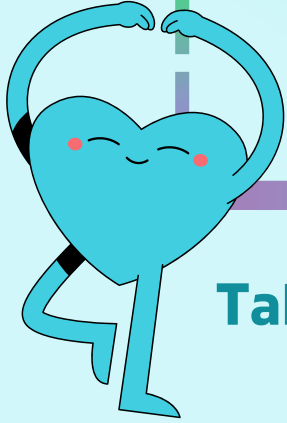
CRASH – Golden Hill House
2410 E St., San Diego, CA 92102
Tel: (619) 234-3346
Website: www.crashinc.org

Crossroads
3594 Fourth Ave., San Diego, CA 92103
Tel: (619) 296-1151
Website: www.crossroads4recovery.org/programs

MAAC Project – Casa de Milagros
1127 South 38th St., San Diego, CA 92113
Tel: (619) 262-4002
Website: <https://maacproject.org/main/impact/healthy-homes-health-services/recovery-homes/>

Turning Point
1315 25th St., San Diego, CA 92102
Tel: (619) 233-0067
Website: www.turningpointhome.org

Want to learn more about how sexual and relationship violence affect LGBTQIA+ Communities?



Take the LGBTQIA+ Survivor Task Force's
NEW training for service providers!

What topics are covered?

- experiences of queer survivors
- barriers to services
- culturally responsive strategies to engage survivors
- safety planning
- and more!

Who should attend?

- mental health providers
- community advocates
- legal providers
- law enforcement
- anyone working with LGBTQIA+ survivors of sexual or relationship violence

How much does it cost?

Free!

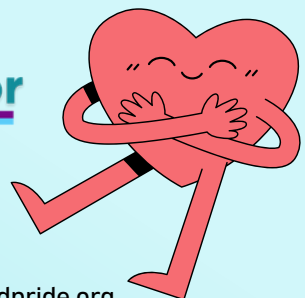
recommended \$25 donation

All proceeds support the Task Force in creating future trainings and community events!

Register to access the virtual training at sdpride.org/survivortaskforce



LGBTQIA+ Survivor Task Force
a program of San Diego Pride



For more information email survivortaskforce@sdpride.org

Behavioral Health Services
Children, Youth and Families
Program Manager Meeting Schedule
FY23-24

| |
|--|
| Meetings to be held virtually 9:30 a.m. - 11:30 a.m. (Breakout Sessions 11:30 a.m. - 12:30 p.m.) * *topic specific as determined |
| July 13, 2023 |
| September 14, 2023 |
| November 9, 2023 |
| January 11, 2024 |
| March 14, 2024 |
| May 9, 2024 |