

Children, Youth, and Families

SERVICES DIRECTORY



LIVE WELL
SAN DIEGO

BEHAVIORAL HEALTH SERVICES

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[Health & Human Services Agency \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/health-human-services) [Behavioral Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/behavioral-health-services)

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Overview

Access and Eligibility for Services

County of San Diego (County) funded behavioral health services are intended for children and youth who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, or substance use) or who require behavioral health services in order to function in school, at home, or in the community. Generally, services are available for Medi-Cal beneficiaries and low-income children and youth, up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals can directly contact any of the resources listed in this directory. However, it should be noted that, in some cases, access to services is managed through specific procedures and may be designed for certain special populations. Where possible, this information has been included in this directory. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at (888) 724-7240.

Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However, clients have the option to use a family member or a friend as their interpreter. The client is not expected to provide their own interpreter. All Behavioral Health Services (BHS) programs have access to interpreter services.

Fees and Funding

Behavioral health services provided through the County are financed through Medi-Cal, the Mental Health Services Act (MHSA), patient fees (when applicable), County-general funds, State funds, and specialized grants. In most instances, fees for services are fully covered for full scope Medi-Cal beneficiaries and unfunded individuals. When applicable, fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be considered in determining an individual's monthly payment. *No person who otherwise qualifies for services will be turned away.*

Organizational Providers & Fee for Service Network

Organizational providers serve children and youth through a network of comprehensive programming and multidisciplinary clinical teams. The Fee-for-Service network is comprised of individual practitioners who primarily offer office-based and/or telehealth services. Both networks can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240.

Medi-Cal Managed Care Health Plans

Medi-Cal Managed Care Health Plans cover behavioral health services for members who do not qualify for Medi-Cal Specialty Mental Health Services covered by the County. Each Medi-Cal Managed Care Health Plan has its own network of contracted behavioral health providers. Medi-Cal beneficiaries may contact their health plan directly.

Blue Shield CA Promise Health
Community Health Group
Kaiser Permanente
Molina Healthcare

[Blueshieldca.com/promise](https://www.blueshieldca.com/promise) (855) 321-2211
[Chgsd.com](https://www.chgsd.com) (800) 404-3332
[KP.org](https://www.kp.org) (877) 496-0450
[MolinaHealthcare.com](https://www.molinahealthcare.com) (888) 665-4621

Live Well San Diego

CYF supports the [Live Well San Diego](#) vision of Building Better Health, Living Safely, and Thriving. *Live Well San Diego*, developed by the County of San Diego, is a comprehensive, innovative regional vision that combines the efforts of internal and external County partners to help all residents be healthy, safe, and thriving. [Building Better Health](#) focuses on improving the health of residents and supporting healthy choices. [Living Safely](#) seeks to ensure residents are protected from crime and abuse, neighborhoods are safe, and communities are resilient to disasters and emergencies. [Thriving](#) focuses on promoting a region in which residents can enjoy the highest quality of life.

Resources

County of San Diego **858-694-3900**

www.sandiegocounty.gov

Suicide & Crisis Lifeline: Dial “9-8-8”

[988 Suicide and Crisis Lifeline | Federal Communications Commission \(fcc.gov\)](https://www.fcc.gov/988)

San Diego Access and Crisis Line (ACL) **888-724-7240**

<https://optumsandiego.com/content/sandiego/en/access---crisis-line.html>

Confidential and free of charge, the San Diego Access & Crisis Line (ACL) offers immediate support and resources from an experienced counselor 24 hours a day, 7 days a week on all behavioral health topics including: suicide prevention, crisis intervention, community resources, mental health referrals, alcohol, and drug support services, and more. Language interpreter services enable the ACL to assist in 150 languages within seconds.

211 San Diego **Dial 2-1-1**

www.211sandiego.org

Free, confidential phone service and online database for access to community, health, social, and disaster services, 24 hours a day, 7 days a week.

Drug Medi-Cal Organized Delivery System (DMC-ODS)

www.sandiegocounty.gov/dmc

Information for DMC-ODS providers.

Access - Customer Service Call Center **866-262-9881**

www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/access.html

Serving residents, providers, and other government agencies with questions or needs related to Family Resource Center (FRC) programs and services, including providing case management services for existing FRC customers countywide. Access customer service representatives are experienced eligibility workers who are trained in CalWORKs, CalFresh, and Medi-Cal programs.

Optum San Diego **800-798-2254**

www.optumsandiego.com

Optum San Diego is the **Administrative Services Organization (ASO)** for the County of San Diego. Optum works to improve the services which are provided to the San Diego behavioral health community.

It's Up 2 Us

www.Up2sd.org

The It's Up to Us campaign is designed to empower San Diegans to talk openly about mental illness, recognize symptoms, utilize local resources, and seek help.

Resources



<https://oscerjr.namisaniego.org/>

<https://alfredu.namisaniego.org/>

Local Mental Health Resource App for Youth hosted by NAMI San Diego

Youth Sector Resources

Brain XP

858-309-2177

www.brainxp.org

Brain XP training focuses on the journey of mental health challenges through the eyes of a young person who has experienced and overcome the stigma, especially on school campuses. Brain XP content takes place on-line where teens have access at their fingertips offering a comprehensive Teen Toolbox of Coping Skills

Patient Advocacy Program

619-282-1134 (local), 800-479-2233 (toll free)

www.jfssd.org

Provides patient advocacy and protection of a patient's rights when in a 24-hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected. Parent organization: Jewish Family Service.

Consumer Center for Health Education and Advocacy (CCHEA)

877-734-3258 (toll free), 877-735-2929 (TTY)

www.lassd.org

The Consumer Center for Health Education and Advocacy helps people access needed health care services from both government health coverage programs and private insurance plans and serve as the Cal MediConnect Service Ombudsman and county-designated Patients' Rights Advocate for outpatient specialty behavioral health services. Advocates can help with understanding: which coverage programs are available to be accessed, how to access needed services, treatments, and medications, and individual rights when a coverage or plan denies care or resolution of receipt of an inappropriate medical bill.

Live Well San Diego Youth Sector

[Youth Leadership \(livewellsd.org\)](http://livewellsd.org)

The *Live Well San Diego* Youth Sector creates youth-led opportunities for young people in San Diego County to build communities that are healthy, safe, and thriving. Participants in the Youth Sector are young leaders who advise, educate, and organize around youth needs in San Diego County.

First 5 San Diego

<https://first5sandiego.org>

1-888-5 FIRST 5 (1-888-534-7785)

First 5 San Diego (F5) supports the health and well-being of young children ages 0-5 during their most critical years of development by providing parents and caregivers with programs to promote children's optimal development and school readiness.

Resources

Human Trafficking and Commercial Sexual Exploitation of Children (CSEC)

[San Diego Human Trafficking and CSEC Advisory Council – Serving Human Trafficking Survivors \(htadvisorycouncil.org\)](https://htadvisorycouncil.org)

Directing Change

<https://directingchange.org>

The Directing Change Program & Film Contest is a free and evaluated program that engages youth to learn about mental health, suicide prevention and other critical health and social justice topics through film and art.

Soluna

[Soluna | California's Mental Health App for 13 - 25 year olds \(solunaapp.com\)](https://solunaapp.com)

BrightLife Kids

[BrightLife Kids - A CalHope Program by Brightline \(hellobrightline.com\)](https://hellobrightline.com)

On January 16, 2024, the California Department of Health Care Services (DHCS) launched two free online behavioral health services platforms that are available to all California families with children, youth, and young adults, and their caregivers, regardless of insurance coverage or immigration status. These web- and app-based platforms offer free one-on-one support with live coaches, a library of multimedia resources, wellness exercises, and peer communities moderated by trained behavioral health professionals. As part of this incredible milestone, this digital toolkit was created to help spread the word about these valuable behavioral health resources.

County of San Diego, HHSA, Child and Family Well-Being (CFWB) Department

[Child and Family Well-Being \(sandiegocounty.gov\)](https://sandiegocounty.gov)

The Child and Family Well-Being (CFWB) Department integrates the [First 5 Commission](#) of San Diego and [Child Welfare Services](#), along with the childcare system and other essential resources for families, to reimagine prevention and protection services to create a partnership that shifts our traditional approach to child protection.

Resources

Pregnant & Early Parenting Family Resources

Pregnancy, childbirth, and caring for an infant bring major life changes. They create great anticipation, joy, and excitement, and can be times of stress and uncertainty. For some new parents, education on parenting skills and support from healthcare professionals and peers can make a meaningful difference in their comfort level and confidence. Some new parents experience mental health challenges such as peripartum depression and anxiety and would benefit from connection to specialized treatment services. San Diego County offers outpatient and residential services for substance use disorder (SUD) treatment (see Perinatal Services section).

Additional services and resources available to pregnant and early parenting families in the county are presented here.

Program Name	Agency	Service	Eligibility	Address	Phone Number
Black Infant Health bih@neighborhoodhouse.org	Neighborhood House	Services to pregnant and postpartum Black or African American women to ensure healthy birth outcomes, 10-week prenatal and 10-week postpartum groups. <ul style="list-style-type: none">• Prevention/education• Support• Screening/referral	<ul style="list-style-type: none">• Self-identify as Black or African American woman.• 16+ years of age or older• Pregnant or up to 6 months postpartum.	286 Euclid Ave. Suite 308 San Diego, CA 92114 Black Infant Health – Neighborhood House Association	619-880-3591
Family Health Centers of San Diego	Prenatal Support Services / Family Health Services San Diego	In addition to providing affordable, culturally competent medical care, the program educates, nurtures, and supports parents from conception to the months after birth through a multidisciplinary team of nutritionists, social workers, childbirth educators, and lactation educators. <ul style="list-style-type: none">• Prevention/education• Support• Screening/referral	<ul style="list-style-type: none">• Medi-Cal, Covered California, other health coverage, or sliding fee scale.	Prenatal Support Services Services and Programs (fhcsd.org)	For in-person visits, call 619-515-2428 or schedule a telehealth appointment at Telehealth Appointments Family Health Centers of San Diego (fhcsd.org)

Program Name	Agency	Service	Eligibility	Address	Phone Number
Father2Child Program	Mental Health America of San Diego	Free, court-approved 12-week program for fathers of all ethnicities that offers new parenting techniques and skills to create stronger bonds with their children. <ul style="list-style-type: none"> Prevention/education 	Men in Central San Diego	4069 30 th Street San Diego, CA 92104 Mondays, 6:00-8:00PM Father 2 Child Mental Health America of San Diego County (mhasd.org)	619-543-0412, option 3 619-942-0309
First 5 First Steps - Home Visiting Program	First 5 San Diego	Family support program that connects parents and parents-to-be with a trained professional to support them through the joys and uncertainties of parenting. Home based services that are customized based on family strengths, needs, and interests. <ul style="list-style-type: none"> Prevention/education Screening/referral 	<ul style="list-style-type: none"> Families who have stressors or vulnerabilities, must meet one or more of the following: <ul style="list-style-type: none"> Low income Pregnant/parenting teen Immigrant/refugee Military family 	First 5 First Steps Home Visiting Program - First 5 San Diego	Central / No Central: 619-283-9624 East: 619-938-3894 North Coastal / North Inland: 760-739-2044 South: 619-420-3620
Kaiser Permanente Medical Center	Kaiser Permanente Medical Center – New Mothers Support Group	Free monthly support group for new mothers to get through the initial postpartum adjustment period. <ul style="list-style-type: none"> Support 	<ul style="list-style-type: none"> Kaiser members and the public New mothers 	3420 Kenyon St., San Diego, CA 92110	619-221-6114 3rd Thursday of the month, 1:00-2:30 PM
Maternal Child Health Program	County of San Diego	Public health home visiting program that begins during any stage of pregnancy or early parenting. The length of service varies. Nurse home visitation services including support, health and parenting education, bonding issues, medical, and mental risks. <ul style="list-style-type: none"> Prevention/education Support Screening/referral 	<ul style="list-style-type: none"> Pregnant, postpartum, or early parenting families 	Home Visiting Program (sandiegocounty.gov)	619-285-6480

Program Name	Agency	Service	Eligibility	Address	Phone Number
Nurse-Family Partnership	Nurse Family Partnership (NFP)	Home visiting services to first-time mothers beginning early in the pregnancy and continuing until the child's second birthday. <ul style="list-style-type: none"> Prevention/education Screening/referral 	<ul style="list-style-type: none"> First-time pregnant women (<28 weeks pregnant) Low income 	http://www.nursefamilypartnership.org/	866-864-5226
Postpartum Health Alliance	Postpartum Health Alliance (PHA)	Raising awareness about Perinatal Mood and Anxiety Disorders (PMADs) and providing resources, support, and treatment referrals to San Diego parents. <ul style="list-style-type: none"> Prevention/education Support Screening/referral 	<ul style="list-style-type: none"> Not limited 	http://www.postpartumhealthalliance.org/ http://www.facebook.com/postpartumhealthalliance	Warm line: 619-254-0023 (Trained volunteers can provide support and referrals.)
Post Partum Support Group Sharp Mary Birch Hospital for Women & Newborns – San Diego	Sharp Healthcare Postpartum Support Group - Sharp Mary Birch Hospital for Women & Newborns - San Diego - Sharp HealthCare	Virtual postpartum support group providing education and support for women having “baby blues” symptoms, postpartum depression, and/or anxiety. <ul style="list-style-type: none"> Support 	<ul style="list-style-type: none"> New parents and their infants 	3075 Health Ctr Dr. San Diego, CA 92123 Tuesdays, 9:30-11AM	858-939-4133

Provider Directories

Behavioral Health Services Provider Directory

[County of San Diego Provider Service Directory](#)

[Provider Directory by Provider \(pdf\) \(optumsandiego.com\)](#)

Specialty Mental Health Services and Drug Medi-Cal Organized Delivery System (DMC-ODS) are provided through the County of San Diego Mental Health Plan, which are separate from your physical health care. The Mental Health Plan is committed to providing quality mental health and DMC-ODS services to eligible adults, older adults, and children experiencing serious and persistent mental health problems and or substance use disorder issues. The County of San Diego Behavioral Health Services Provider Directory is a comprehensive guide to mental health and Drug Medi-Cal services across the county.

Fee-for-Service Network Directory

[Provider Directory by Provider \(pdf\) optumsandiego.com](#)

Information for County of San Diego behavioral health providers. The County of San Diego Fee-for-Service (FFS) Network is a group of providers licensed independently to provide mental health treatment services in private practice to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The Fee for Service provider directory lists available providers and services offered by the County of San Diego through the network.

Regional SchoolLink Services Directory

[Schools \(sandiegocounty.gov\)](#)

County of San Diego's Behavioral Health Services (BHS) in the Central and North Central, East, North Coastal, North Inland and South regions, inclusive of school-based supports, as well as regional lists of outpatient clinics and countywide specialty programs.



BEHAVIORAL HEALTH SERVICES CHILDREN, YOUTH & FAMILIES FRAMEWORK

VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence

PRIORITIES

Ensure a full continuum of care through family-centered and youth-informed services that are compassionate and sensitive to the unique developmental needs of children and youth.

Strengthen partnerships with children/youth's circle of influence to create a supportive environment.

Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions so they thrive in an ever-changing world.

Live Well San Diego-Areas of Influence

HEALTH FACTORS



Standard of Living

- Economic & Nutrition Security
- Timely Access to Healthcare Inclusive of Behavioral Health Services
- Employment Readiness



Community

- Access to Parks, Playgrounds and Recreation Centers
- Usable Transportation
- Safe Neighborhoods & Schools
- Affordable Stable Housing
- Access to Extracurricular Activities



Health

- Daily Physical Activity
- Limited & Supervised Screen Time
- Affordable Healthy Food
- Zero Sugary Beverages, Drink More Water
- No Substance Use
- No Tobacco Use
- Up to Date Immunizations
- Connection to a Health Home



Social

- Supportive Families
- Nurturing Communities
- Connection to Natural Supports
- Positive Social Interactions



Knowledge

- Quality Education
- Quality Preschool for All
- Good School Attendance
- School Success
- No Suspensions or Expulsions
- Obtain a High School Diploma
- Access to Higher Education & Vocational Programs

Acute Care

Acute Care

Crisis Services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis and are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources.

Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region(s) Served
Access and Crisis Line (ACL)	Optum San Diego Public Sector	Crisis Line Community Resources and Referrals	Home (optumsandiego.com)	(888) 724-7240	Tabatha Lang	Countywide
Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	Rady Children's Hospital of San Diego (Rady)	Inpatient	8001 Frost Street, Nelson Pavilion San Diego, CA 92123	(858) 966-8337	Erin Murphy	Countywide
Aurora Behavioral Health Care /Inpatient	Aurora Behavioral Health Care San Diego	Inpatient	11878 Ave of Industry San Diego, CA 92128	(858) 487-3200	Erin Murphy	Countywide
Crisis Action & Connection (CAC)	New Alternatives Inc. (NAI)	Outpatient	730 Medical Center Court Chula Vista, CA. 91911	(619) 591-5740	Kameka Smith	Countywide
Emergency Screening Unit (ESU)	New Alternatives Inc. (NAI)	Crisis Stabilization	4309 Third Avenue San Diego, CA 92103	(619) 876-4502	Irene Dominguez	Countywide
Family Urgent Response System (FURS)	Mental Health America	State Hotline Local Mobile Response Placement Stabilization	4069 30th Street San Diego, CA 92104	State Hotline: 1-833-939-3877	Sukey Cardenas (CFWB)	Countywide
Mobile Crisis Response Team (MCRT)	Telecare	Crisis Response	BHS MCRT (sandiegocounty.gov)	(888) 724-7240	Kameka Smith	Countywide
Mobile Crisis Response Team (MCRT) North Pilot	Exodus Recovery	Crisis Response	550 West Vista Way Suite 408 Vista, CA 92083	Access through ACL: (888) 724-7240 (760) 758-1650	Kameka Smith	North
Psychiatric Emergency Response Team (PERT)	Community Research Foundation (CRF)	Psychiatric Emergency Resource	1202 Morena Blvd. Suite 300 San Diego, CA 92110	911	Irene Dominguez	Countywide
Sharp Mesa Vista	Sharp Mesa Vista Hospital	Inpatient	Sharp Mesa Vista Hospital 7850 Vista Hill Avenue San Diego, CA 92123	(858) 836-8434	Nilanie Ramos	Countywide

Residential-Mental Health

Residential-Mental Health

Short-Term Residential Therapeutic Programs (STRTP)

STRTPs are licensed by the California Department of Social Services and are provided a Mental Health Program Approval by the California Department of Health Care Services (DHCS). STRTPs are residential facilities that provide an integrated program of specialized and intensive care and supervision, services and supports, specialty mental health services, and 24-hour care and supervision to children. Placing agencies primarily include Child and Family Well-Being Services (CFWB), Juvenile Probation, and Regional Centers.

Emergency Shelter (PCC)

A temporary shelter for children who have been placed in protective custody for their safety. Short-term treatment and crisis intervention services as well as support in transitioning to community-based mental health treatment after discharge.

Community Treatment Facility (CTF) / Psychiatric Health Facility (PHF)

Mental health services are available 24 hours a day, 7 days a week in a secure environment with oversight by DHCS.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Location
Casa de Amparo	Casa de Amparo	STRTP 30 Behavioral Health Beds	4070 Mission Avenue Oceanside, CA 92068	(760) 754-5500	Brenda Estrada	Countywide	North Coastal
Center for Positive Changes (CFPC)	Center for Positive Changes (CFPC)	STRTP 30 Behavioral Health Beds	7474 El Cajon Blvd. La Mesa, CA 91942	(619) 660-3886	Brenda Estrada	Countywide	East
Circle of Friends	National Association for the Treatment of Sexual Abuse	STRTP 12 Behavioral Health Beds	105 N. Rose Street, Suite 211 Escondido, CA 92027	(858) 363-6357	Brenda Estrada	Countywide	North Inland
Fred Finch Dual Diagnosis	Fred Finch Youth Center (FFYC)	STRTP Dual Diagnosis 14 Behavioral Health Beds	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090	Brenda Estrada	Countywide	East
Kenora	New Alternatives Inc. (NAI)	STRTP 9 Behavioral Health Beds	3602 Kenora Drive Spring Valley, CA 91977	(619) 463-8875	Brenda Estrada	Countywide	East
Milestone House	Milestone House	STRTP 6 Behavioral Health Beds	1816 Portofino Drive Oceanside, CA 92054	(760) 433-6361	Brenda Estrada	Countywide	North Coastal
NA South Campus	New Alternatives Inc. (NAI)	STRTP 40 Behavioral Health Beds	730 Medical Center Court Chula Vista, CA 91911	(619) 863-5819	Brenda Estrada	Countywide	South

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Location
Polinsky Child. Ctr (PCC) Placement Stab. Svcs.	New Alternatives Inc. (NAI)	Emergency Shelter	9400 Ruffin Court San Diego, CA 92123	(858) 357-6879	Eileen Quinn-O'Malley	Countywide	Central
San Pascual Outpatient Treatment (SPOT) Program	San Diego Center for Children (SDCC)	Outpatient	17701 San Pasqual Valley Road Escondido, CA 92025	(858) 633-4115 (858) 634-8393	Eileen Quinn-O'Malley	Countywide	North Inland
Star View Adolescent Center	Star View Adolescent Center Inc.	Community Treatment Facility (CTF) Psychiatric Health Facility (PHF)	4025 W. 226th Street Torrance, CA 90505	(310) 373-4556	Brenda Estrada	Out of County	Los Angeles County
Varsity Team	Varsity Team Inc.	STRTP 12 Behavioral Health Beds	P.O Box 26633 San Diego, CA 92196	(619) 694-6809	Brenda Estrada	Countywide	Central South

Residential - Substance Use Disorder (SUD)

Residential - Substance Use Disorder (SUD)

SUD Teen Residential: Provides non-medical, SUD treatment to adolescents ages 12-17 for approximately 90 days. The SUD Programs for Adolescents brochure can be found here at: [Adolescents SUD Brochure \(sandiegocounty.gov\)](https://sandiegocounty.gov/adolescents-sud-brochure)

SUD Transitional Housing: Provides residential transitional housing to parents and their dependent children in an environment free of substance use upon completion of an SUD treatment program. The SUD Programs for Adults and Older Adults brochure can be found here at: [AOA SUD Brochure Programs 1.25.23 \(sandiegocounty.gov\)](https://sandiegocounty.gov/aoa-sud-brochure)

SUD Perinatal Residential: Non-medical residential substance use disorder (SUD) treatment, recovery and ancillary services for women who are pregnant or parenting. The SUD Programs for Women brochure can be found here at: [Women SUD Brochure \(sandiegocounty.gov\)](https://sandiegocounty.gov/women-sud-brochure)

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Location
Family Recovery Center (FRC)	Mental Health Systems Inc. (MHS)	SUD Perinatal Residential 55 Behavioral Health Beds	1100 Sportfisher Drive Oceanside, CA 92054	(760) 439-6702	Shannon Jackson	Countywide	North
Kiva	McAlister Institute for Treatment and Education (MITE)	SUD Perinatal Residential 86 Behavioral Health Beds	2049 Skyline Drive Lemon Grove, CA 91945	(619) 465-7303	Shannon Jackson	Countywide	East
New Entra Casa (NEC)	New Entra Casa (NEC)	SUD Perinatal Residential 6 Behavioral Health Beds	3575 Pershing Avenue San Diego, CA 92104	(619) 294-4526	Shannon Jackson	Countywide	Central
North County Serenity House (NCSH)	HealthRIGHT 360 (HR360)	SUD Perinatal Residential 111 Behavioral Health Beds	1341 N. Escondido Blvd. Escondido, CA 92026	(760) 317-9114	Shannon Jackson	Countywide	North
Sober and Friendly Environment Housing	McAlister Institute for Treatment and Education (MITE)	SUD Transitional Housing 5 Family Units	1400 N. Johnson Avenue, Suite 101 El Cajon, CA 92020	(619) 442-0277	Betty Lemos-Arellano	Countywide	East
Teen Group Homes	McAlister Institute for Treatment and Education (MITE)	SUD Teen Residential 2 Homes/ 6 Beds Each	1400 N. Johnson Avenue, Suite 101 El Cajon, CA 92020	(619) 672-3902 East (619) 337-3830 South	Shannon Jackson	Countywide	East South

Day School Services

Day School Services / Intensive Outpatient

Intensive outpatient programs that include a full range of Title 9 specialty mental health services. These services are provided to children and youth identified through an Individualized Education Program (IEP) or school district process as needing a Special Education Classroom setting to be successful in school. Services are intensive and flexible to meet the needs of the client and assist in transitioning to a less restrictive classroom setting. Services are embedded within existing school settings.

Program Name	Agency	Service	School Address	Phone Number	County Monitor	Region
Marcy Day & New Dawn	San Diego Unified School District (SDUSD)	Outpatient Day School Services	4150 Ute Drive San Diego, CA 92117 5650 Mt. Ackerly Drive San Diego, CA 92111	(858) 302-3320 (858) 302-3340	Wendy Maramba	Central
Merit Academy (East Region)	Vista Hill Foundation (VHF)	Outpatient Day School Services	1600 North Cuyamaca Street El Cajon, CA 92020	(619) 994-7860	Emily Gaines	East
Riley Day School Services	San Diego Unified School District (SDUSD)	Outpatient Day School Services	5650 Mt. Ackerly Drive San Diego, CA 92111	(858) 302-3300	Wendy Maramba	Central
STEPS	Mental Health Systems Inc. (MHS)	Structured Outpatient Day School Services	4660 Viewridge Avenue Suite 100 San Diego, CA 92123 311 E Washington Blvd. Suite 103 & 104 Escondido, CA 92025 637 Third Ave. Suite F Chula Vista, CA 91910	(858) 565-2510	Emily Gaines	Countywide

Outpatient Clinical Services - Inclusive of SchoolLink

Outpatient Clinical Services - Inclusive of SchoolLink

The following community-based organizations operate various community-based clinics throughout the county as well as offering services at designated school site(s) which is known as SchoolLink.

SchoolLink is partnership between the County and local school districts to provide behavioral health services at schools. Services can be provided during or outside of school hours, on-campus or in a community setting, and are based on the student's and family's needs.

The Regional School Directory can be found here: [Schools \(sandiegocounty.gov\)](https://schools.sandiegocounty.gov)

More information on SchoolLink can be found here: [SchoolLink San Diego \(sandiegocounty.gov\)](https://schoolink.sandiegocounty.gov)

For SchoolLink Substance Use Disorder (SUD) specific resources, see Outpatient - Teen Recovery Centers (TRC).

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
Central-East-South (CES) School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient	3665 Kearny Villa Road Suite 101 San Diego, CA 92123	(858) 576-1700	Emily Gaines	Central East	Grossmont Union High San Diego Unified Santee
Child & Adolescent Mental Health School Based Services	Union of Pan Asian Communities (UPAC)	Outpatient SUD Counselor	1031 25th Street Suite C San Diego, CA 92105	(619) 232-6454	Wendy Maramba	Central North Coastal	Oceanside Unified San Diego Unified Vista Unified
Community Circle Central & East School Based Services	Family Health Centers of San Diego Inc. (FHC)	Outpatient	2130 National Avenue San Diego, CA 92113 3845 Spring Drive Spring Valley, CA 91977	(619) 255-7859 (619) 255-7520	Wendy Maramba	Central East	San Diego Unified La Mesa-Spring Valley
Cornerstone Central School Based Services	Pathways Community Services (PCS)	Outpatient	6244 El Cajon Blvd. Suite 14 San Diego, CA 92115	(619) 640-3266	Wendy Maramba	Central	San Diego Unified
Crossroads School Based Services	Community Research Foundation (CRF)	Outpatient SUD Counselor	700 N. Johnson Avenue Suite P El Cajon, CA 92020	(619) 441-1907	Wendy Maramba	East	Jamul-Dulzura Union Mountain Empire Unified
Douglas Young Youth & Family Services School Based Services	Community Research Foundation (CRF)	Outpatient SUD Counselor	7917 Ostrow Street Suite A San Diego, CA 92111	(858) 300-8282	Wendy Maramba	Central	San Diego Unified

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
East County Behavioral Health Clinic (ECBHC) School Based Services	San Diego Youth Services (SDYS)	Outpatient	1870 Cordell Court Suite 101 El Cajon, CA 92020	(619) 448-9700	Michael Miller	East	Grossmont Union High Lakeside Union Santee School District
Family Wellness Center - East County Outpatient Program (ECOP) School Based Services	San Diego Center for Children (SDCC)	Outpatient	6386 Alvarado Court Suite 310 San Diego, CA 92120 2655 Camino Del Rio N San Diego, CA 92108	(619) 668-6200	Michael Miller	East	Grossmont Union High Lakeside Union La Mesa-Spring Valley Lemon Grove
Learning Assistance Center (LAC) Escondido & North Inland School Based Services	Vista Hill Foundation (VHF)	Outpatient	1029 N. Broadway Escondido, CA 92026 1012 Main Street Suite 101 Ramona, CA 92065	(760) 489-4126 (760) 788-9724	Michael Miller	North Inland	Escondido Union Ramona Unified Spencer Valley Warner Unified Borrego Springs Unified Julian Union Julian Union High
Mental Health Resource Center School Based Services	San Diego Unified School District (SDUSD)	Outpatient	2351 Cardinal Lane Annex B San Diego, CA 92123	(858) 573-2227	Wendy Maramba	Central	San Diego Unified
Mental Health Resource Center School Based Services	Sweetwater Union High School District (SUHSD)	Outpatient	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372	Emily Gaines	South	Sweetwater Unified
Mobile Adolescent Services Team (MAST) School Based Services	Community Research Foundation (CRF)	Outpatient	1260 Morena Blvd. Suite 200 San Diego, CA 92110	(619) 398-3261	Wendy Maramba	Countywide	San Diego Unified SDCOE Momentum Learning
North Central Clinic School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient SUD Counselor	3665 Kearny Villa Road Suite 101 San Diego, CA 92123	(858) 966-5832	Wendy Maramba	Central	San Diego Unified

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
North Central School Based Services	Mental Health Systems Inc. (MHS)	Outpatient	4660 Viewridge Avenue Suite 100 San Diego, CA 92123	(858) 278-3292	Wendy Maramba	Central	San Diego Unified
North Coastal Outpatient Psychiatry (NCOP) School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient	3605 Vista Way Suite 258 Oceanside, CA 92056	(760) 758-1480	Michael Miller	North Coastal	Encinitas Union Oceanside Unified Vista Unified
North County Outpatient School Based Services (NCOSBS)	New Alternatives Inc. (NAI)	Outpatient	1529 Grand Avenue Suite A San Marcos, CA 92078	(760) 798-0299	Michael Miller	North Inland	San Marcos Unified
North Inland Outpatient Psychiatry (NIOP) School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient	2125 Citracado Parkway Suite 200 Escondido, CA 92025	(760) 294-9270	Michael Miller	North Inland	San Marcos Unified
North Inland, North Coastal & Fallbrook School Based Services	Palomar Family Counseling Services Inc. (PFCS)	Outpatient	1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084 120 W. Hawthorne Street Fallbrook, CA 92028	(760) 741-2660	Michael Miller	North Coastal North Inland	Fallbrook Union High Fallbrook Union Elementary Oceanside Unified San Marcos Unified Vista Unified Escondido Union High Valley Center-Pauma Unified
Nueva Vista Youth & Family Services School Based Services	Community Research Foundation (CRF)	Outpatient SUD Counselor	1161 Bay Blvd. Suite B Chula Vista, CA 91911	(619) 585-7686	Wendy Maramba	South	Chula Vista Elementary National School
VIVA Counseling School Based Services	North County Lifeline Inc. (NCL)	Outpatient	707 Oceanside Blvd. Oceanside CA 92054 200 Michigan Avenue Vista, CA 92084	(760) 757-0118 (760) 726-4900	Michael Miller	North Coastal	Oceanside Unified Vista Unified

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
South Region School Based Services	SBCS Corporation (SBCS)	Outpatient	430 F Street Chula Vista, CA 91910	(619) 420-3620	Emily Gaines	South	Chula Vista Elementary South Bay Union
			915 4 th Ave. Chula Vista, CA 91911				
			2001 Rimbey Ave. San Diego, CA 82154				
Therapeutic Interventions Designed to Empower Students (TIDES) School Based Services	YMCA of San Diego County (YMCA)	Outpatient	4394 30th Street San Diego, CA 92104	(619) 281-8313	Wendy Maramba	Central	San Diego Unified
Youth Enhancement Services (YES) School Based Services	San Ysidro Health (SYH)	Outpatient SUD Counselor	1666 Precision Park Lane San Diego, CA 92173	(619) 428-5533	Emily Gaines	South	San Ysidro

Outpatient - Teen Recovery Centers (TRC)

Outpatient - Teen Recovery Centers (TRC)

TRCs provide outpatient Substance Use Disorder (SUD) treatment, recovery and ancillary services to adolescents aged 12-17 years old in the community and at identified school-based locations. The SUD Programs for Adolescents brochure can be found here: [Adolescents SUD Brochure \(sandiegocounty.gov\)](#)
Refer to the school list which can be found here: [Schools \(sandiegocounty.gov\)](#)
For Mental Health School-Based services, see Outpatient (OP) Clinical Services.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	District Served
Teen Recovery Center (TRC) - Central	Union of Pan Asian Communities (UPAC)	Outpatient School-Based SUD	3288 El Cajon Blvd. Suite 13 San Diego, CA 92104	(619) 521-5720	Terri Kang	Central	San Diego Unified
Teen Recovery Center (TRC) - Central Southeast	Vista Hill Foundation (VHF)	Outpatient School-Based SUD	220 S. Euclid Avenue Suite 40 San Diego, CA 92114	(619) 795-7232	Terri Kang	Central Southeast	San Diego Unified
Teen Recovery Center (TRC) - East	McAlister Institute for Treatment and Education (MITE)	Outpatient School-Based SUD	550 Fesler Street Suite G-1 & G-2 El Cajon, CA 92020	(619) 588-5361	Terri Kang	East	Grossmont Union
Teen Recovery Center (TRC) - North Central	Mental Health Systems Inc. (MHS)	Outpatient School-Based SUD	4660 Viewridge Avenue Suite 100A San Diego, CA 92123	(760) 227-1354	Terri Kang	North Central	San Diego Unified
Teen Recovery Center (TRC) - North Coastal	North County Lifeline Inc. (NCL)	Outpatient School-Based SUD	200 Michigan Avenue Vista, CA 92084	(760) 842-6280	Terri Kang	North Coastal	Oceanside Unified
Teen Recovery Center (TRC) - North Inland	Mental Health Systems Inc. (MHS)	Outpatient School-Based SUD	221 W. Crest St. Suite 100 Escondido, CA 92025	(760) 744-3672	Terri Kang	North Inland	Escondido Union Fallbrook Union Poway Unified Ramona Unified
Teen Recovery Center (TRC) - South	McAlister Institute for Treatment and Education (MITE)	Outpatient School-Based SUD	371 E Street Chula Vista, CA 91910	(619) 691-1045	Terri Kang	South	Sweetwater Union

Outpatient - Specialty Programs

Outpatient - Specialty Programs

Services provided in clinic, community, and home-based settings with a specialized service and/or target population.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Accessible Depression & Anxiety Perinatal Treatment (ADAPT)	Vista Hill Foundation (VHF)	Outpatient	6070 Mission Gorge Road San Diego, CA 92120	(858) 530-3200	Valerie Ramirez-Sicairos	Countywide	Perinatal
BridgeWays	North County Lifeline Inc. (NCL)	Outpatient	4180 Ruffin Rd. Suite 295 San Diego, CA 92123	(760) 726-4900	Kelly Bordman	Countywide	Justice Involved Youth
Center for Child and Youth Psychiatry (CCYP)	Vista Hill Foundation (VHF)	Outpatient	8910 Clairemont Mesa Blvd. San Diego, CA 92123	(858) 571-1964	Eileen Quinn-O'Malley	Countywide	Medication Clinic
Chaldean & Middle Eastern Social Services	San Ysidro Health (SYH)	Outpatient	875 El Cajon Blvd. El Cajon, CA 92020	(619) 631-7400	Alfie Valdes	East	Chaldean & Middle Eastern
Child, Family Team (CFT) Meeting Facilitation	Fred Finch Youth Center (FFYC)	CFT Meetings	10174 Old Grove Road Suite 100 San Diego, CA 92131	(858) 682-3818	Amanda Lance-Sexton Andrew Chang	Countywide	Multi-system involved youth
ChildNET Children with Social & Emotional Difficulties (CSED)	Palomar Family Counseling Services Inc. (PFCS)	Outpatient Preschool Based Incredible Years	1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084	(760) 741-2660	Michael Miller	North Coastal North Inland	Early Childhood (0-5 years)
Comprehensive Assessment & Stabilization Services (CASS)	New Alternatives Inc. (NAI)	Outpatient	3517 Camino del Rio South Suite 407 San Diego, CA 92108	(619) 955-8905	Eileen Quinn-O'Malley	Countywide	Foster Youth

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Connections Community Counseling	North County Lifeline Inc. (NCL)	Outpatient	4180 Ruffin Rd. Suite 295 San Diego, CA 92123	(760) 842-6202	Michael Miller	Countywide	Homeless and Runaway Youth aged 12 up to 21
			200 Michigan Avenue Vista CA 92084				
			707 Oceanside Blvd. Oceanside, CA 92054				
			334 Via Vera Cruz Suite 152 San Marcos, CA 92078				
			John A Davis Family YMCA 8881 Dallas St. La Mesa, CA 91942				
			Copley-Price Family YMCA 4300 El Cajon Blvd. San Diego, CA 92105				
Consumer Advocacy	National Alliance on Mental Illness (NAMI)	Advocacy	5095 Murphy Canyon Road Suite 320 San Diego, CA 92123	(858) 634-6580	Wassam Auef	Countywide	Advocacy
Dependency Drug Court SUD Coordination	Vista Hill Foundation (VHF)	Outpatient	4990 Williams Avenue Suite 202 La Mesa, CA 91942	(619) 668-4265	Emily Gaines	Countywide	CFWB-involved and Perinatal
Developmental Evaluation Clinic (DEC)	Rady Children's Hospital of San Diego (Rady)	Outpatient Evaluation	3665 Kearny Villa Road Suite 405 San Diego, CA 92123	(858) 966-8100	Emily Gaines	Central North Central East South North Inland North Coastal	Early Childhood Evaluations (0-5 years)
			333 H Street Suite 301 Chula Vista, CA 91910	(858) 966-8008			
			3605 Vista Way, Building B Oceanside, CA 92056	(760) 758-1620			
			11752 El Camino Real Suite 150 San Diego, CA 92130	(858) 793-9591			
Family Education	National Alliance on Mental Illness (NAMI)	Advocacy	5095 Murphy Canyon Road Suite 320 San Diego, CA 92123	(858) 634-6580	Wassam Auef	Countywide	Advocacy

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Foster Family Agency Stabilization and Treatment (FFAST)	San Diego Center for Children (SDCC)	Outpatient Therapeutic Foster Care	2655 Camino Del Rio N Suite 450 San Diego, CA 92108	(858) 633-4115	Eileen Quinn-O'Malley	Countywide	Children/Youth in Foster Family Agencies
Fred Finch Wrap Connections	Fred Finch Youth Center (FFYC)	Wraparound	8787 Complex Drive Suite 300 San Diego, CA 92123	(619) 797-1090	Emily Gaines	Countywide	Non-system Involved or Community Clients
			504 W. Mission Avenue Suite 106 Escondido, CA 92023	(619) 281-3706			
			3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090			
			637 3rd Avenue Suite I Chula Vista, CA 91910	(619) 873-4075			
I CARE	San Diego Youth Services (SDYS)	Outpatient Confidential Drop-In Center	3660 Fairmount Avenue San Diego, CA 92105	(619) 521-2250	Eileen Quinn-O'Malley	Central	Commercial Sexual Exploitation of Children (CSEC)
Intensive Outpatient Program (IOP)	San Diego Center for Children (SDCC)	Outpatient	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367	Eileen Quinn-O'Malley	Countywide	Adolescent & TAY
KidSTART	Rady Children's Hospital of San Diego (Rady)	Outpatient	3665 Kearny Villa Road Suite 500 San Diego, CA 92123	(858) 576-1700	Michael Miller	Countywide	Early Childhood (0-5 years)
			2204 El Camino Real Suite 102 Oceanside, CA 92054	(760) 967-7082			
			333 H Street Suite 3010 Chula Vista, CA 91910	(619) 420-5611			
Multicultural Community Counseling	Union of Pan Asian Communities (UPAC)	Outpatient	5348 University Avenue Suite 108 San Diego, CA 92105	(619) 578-2211	Michael Miller	Countywide	API/ Latino
Our Safe Place	San Diego Youth Services (SDYS)	Outpatient	3427 4th Avenue, 2nd Floor San Diego, CA 92103	(619) 525-9903	Eileen Quinn-O'Malley	Central	LGBTQ+

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Our Safe Place	San Diego Youth Services (SDYS)	Drop-In Centers	2220 Broadway San Diego, CA 92102	(619) 972-8983	Eileen Quinn-O'Malley	Central South East North Inland North Coastal	LGBTQ+
			746 Ada Street Chula Vista, CA 91911	(619) 628-2444			
			3845 Spring Dr. Rm 13 Spring Valley, CA 91977	(619) 525-9903			
			1050 N. Broadway Escondido, CA 92026	(760) 271-4855			
			215 Barnes Street Oceanside, CA 92054				
Partial Hospitalization Program (PHP)	San Diego Center for Children (SDCC)	Outpatient	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367	Eileen Quinn-O'Malley	Countywide	Children and adolescents up to age 21
Para Las Familias	Episcopal Community Services (ECS)	Outpatient	1424 30th Street Suite A San Diego, CA 92154	(619) 565-2650	Emily Gaines	Central	Early Childhood (0-5 years)
Southeast Family Youth Partner Svc	Harmonium	Case Management and Family Partners	5275 Market Street Suite E San Diego, CA 92114	(619) 541-0426	Emily Gaines	Central	Southeast San Diego
STEPS	Mental Health Systems Inc. (MHS)	Outpatient	4660 Viewridge Avenue Suite 100 San Diego, CA 92123	(858) 565-2510	Emily Gaines	Countywide	Sexually Reactive Youth
			311 E Washington Blvd. Suite 103 & 104 Escondido, CA 92025				
			637 Third Ave. Suite F Chula Vista, CA 91910				
Survivors of Torture	Survivors of Torture International (SOTI)	Outpatient	P.O. Box 151240 San Diego, CA 92175	(619) 278-2400	Alfie Valdes	Countywide	Survivors of Torture
Therapeutic Behavioral Services (TBS)	New Alternatives Inc. (NAI)	Behavioral Coaching	8755 Aero Drive Suite 230 San Diego, CA 92123	(858) 256-2180	Eileen Quinn-O'Malley	Countywide	Behavioral Coaching
Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population



Wrapworks	San Diego Center for Children (SDCC)	Wraparound	3002 Armstrong Street San Diego, CA 92111	(858) 569-2170	Emily Gaines	Countywide	CFWB and Probation
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Outpatient - Perinatal Programs

Outpatient - Perinatal Programs

Include outpatient perinatal programs that serve women and adolescent females who are pregnant and parenting, women, and children and offer gender responsive substance use and co-occurring disorder treatment and other therapeutic interventions to address such issues as relationships, sexual and physical abuse, and parenting. Additional services at perinatal programs include: parenting classes, childcare, and mental health services for children. The Substance Use Disorder (SUD) Programs for Women brochure can be found here at [Women SUD Brochure Programs](#)

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
North Central Women's Recovery Center (NCWRC)	McAlister Institute (MITE)	Outpatient	8665 Gibbs Drive Suite 150 San Diego, CA 92123	(858) 384-6284	Terri Kang	North Central
North Coastal Women's Recovery Center (NCOWRC)	McAlister Institute (MITE)	Outpatient	3355 Mission Avenue Suite 239 Oceanside, CA 92058	(760) 462-5581	Terri Kang	North Coastal
North Inland Women and Adolescent Recovery Center (NIWARC)	McAlister Institute (MITE)	Outpatient	751 Rancheros Road Suite 4&5 San Marcos, CA 92069	(760) 761-0515	Terri Kang	North Inland
ParentCare Central	Vista Hill Foundation (VHF)	Outpatient	4125 Alpha Street San Diego, CA 92113	(619) 266-0166	Terri Kang	Central
ParentCare East	Vista Hill Foundation (VHF)	Outpatient	4990 Williams Avenue La Mesa, CA 91942	(619) 668-4249	Terri Kang	East
South Bay Women's Recovery Center (SBWRC)	McAlister Institute (MITE)	Outpatient	2414 Hoover Avenue National City, CA 91950	(619) 336-1226	Terri Kang	South

Juvenile Justice - Specialty Programs

Juvenile Justice - Specialty Programs

BHS, the Probation Department, the courts, and other justice partners coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children's System of Care. Behavioral health services are available to youth who are in Probation detention facilities as well as to youth upon release from a juvenile facility to assist with their transition back to the community.

See the Teen Recovery Center (TRC) section, as well as the Residential section for mental health and substance use disorder programming.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
BridgeWays	North County Lifeline Inc. (NCL)	Outpatient	4180 Ruffin Rd. Suite 295 San Diego, CA 92123	(760) 726-4900	Kelly Bordman	Countywide
Center for Child and Youth Psychiatry (CCYP)	Vista Hill Foundation (VHF)	Outpatient	8910 Clairemont Mesa Blvd. San Diego, CA 92123	(858) 571-1964	Eileen Quinn-O'Malley	Countywide
CFT Meeting Facilitation	Fred Finch Youth Center (FFYC)	CFT Meetings	10174 Old Grove Road Suite 100 San Diego, CA 92131	(858) 682-3818	Amanda Lance-Sexton Andrew Chang	Countywide
Family Urgent Response System (FURS)	Mental Health America	State Hotline Local Mobile Response Placement stabilization	4069 30th Street San Diego, CA 92104	1-833-939-FURS State Hotline	Sukey Cardenas	Countywide
Healing Opportunities for Personal Empowerment (HOPE)	County of San Diego	Outpatient	2801 Meadow Lark Drive San Diego, CA 92123	(858) 694-4600	Carlos Nelson	Countywide
Youth Transition – Campus Juvenile Forensic Services - Stabilization, Treatment, Assessment and Transition Team (STAT)	County of San Diego	Outpatient	2801 Meadow Lark Drive San Diego, CA 92123	(858) 694-4600	Fran Cooper	Countywide
Youth Development Academy (YDA)	County of San Diego	Outpatient	446 Alta Road Suite 6100 San Diego, CA 92158	(619) 671- 6558	Elizabeth Dauz	Countywide
Wrapworks	San Diego Center for Children (SDCC)	Wraparound	3002 Armstrong Street San Diego, CA 92111	(858) 569-2170	Emily Gaines	Countywide

Prevention and Early Intervention (PEI)

Prevention and Early Intervention (PEI)

Regional county services that provide screening, early identification, and early intervention to at-risk children and their caregivers in the community and in school settings. PEI services focus on addressing developmental or behavioral needs before they occur, or as they emerge. These services also utilize a culturally appropriate Family Community Partnership (FCP) model utilizing parent-peer partners.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Come Play Outside	City of San Diego Parks & Rec	Parks After Dark	202 C Street San Diego, CA 92101	(619) 525-8211	Eileen Quinn-O'Malley	Countywide
COPES - Creating Opportunities in Preventing & Eliminating Suicide	San Diego County Office of Education	School Support	6401 Linda Vista Road, Room 409 San Diego, CA 92111	(858) 298-2093	Janette Magsanoc	Countywide
Friday Night Live (High School) Club Live (Middle School)	San Diego County Superintendent of Schools	Student Leadership Development	6401 Linda Vista Road San Diego, CA 92111	(858) 569-3137	Annick Vilmenay	Countywide
HERE Now	San Diego Youth Services (SDYS)	School-based Suicide Prevention	3255 Wing Street San Diego, CA 92110	(619) 221-8600	Danyte Mockus-Valenzuela	Countywide
PEI services to Native Americans	Southern Indian Health Council	Native American Prevention and Early Intervention	4058 Willow Road Alpine, CA 91901	(619) 445-1188	Danyte Mockus-Valenzuela	Countywide
PEI services to Native Americans	Indian Health Council, Inc.	Native American Prevention and Early Intervention	50100 Golsh Road Valley Center, CA 92082	(760) 749-1410	Danyte Mockus-Valenzuela	Countywide
PEI services to Native Americans	San Diego American Indian Health Center	Native American Prevention and Early Intervention	2630 1st Avenue San Diego, CA 92103	(619) 234-2158	Danyte Mockus-Valenzuela	Countywide
Positive Parenting Program (Triple P)	Jewish Family Service	Parenting Program	8804 Balboa Avenue San Diego, CA 92123	(85) 637-3000 ext. 3006	Danyte Mockus-Valenzuela	Countywide
School Based Incredible Years (IY) - Central Southeastern	San Diego Unified School District (SDUSD)	Elementary School Support	4487 Oregon Street San Diego, CA 92116	(619) 362-4330	Kelly Bordman	Central
School Based IY - East	San Diego Youth Services (SDYS)	Elementary School Support	3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877	Kelly Bordman	East
School Based IY – N Coastal	Palomar Family Counseling Services Inc. (PFCS)	Elementary School Support	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660	Kelly Bordman	North

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
School Based IY - South	SBCS Corporation (SBCS)	Elementary School Support	430 F Street Chula Vista, CA 91910	(619) 420-3620	Kelly Bordman	South
School Based IY - N Inland	Vista Hill Foundation (VHF)	Elementary School Support	1029 N. Broadway Escondido, CA 92026	(760) 489-4126	Kelly Bordman	North
School Based IY - Central & N Central	San Diego Unified School District (SDUSD)	Elementary School Support	4487 Oregon Street San Diego, CA 92116	(619) 362-4330	Kelly Bordman	Central
Screening to Care - East	Fred Finch Youth Center (FFYC)	School-based Screening & Early Intervention	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090 ext. 1045	Kelly Bordman	East
Screening to Care - N Inland/Poway	Vista Hill Foundation (VHF)	School-based Screening & Early Intervention	1029 N. Broadway Escondido, CA 92026 1012 Main Street Suite 101 Ramona, CA 92065	(760) 214-5207	Kelly Bordman	North Inland
Screening to Care - South	SBCS Corporation (SBCS)	School-based Screening & Early Intervention	430 F Street Chula Vista, CA 91910	(619) 952-6308	Kelly Bordman	South
Screening to Care - SDUSD	San Diego Unified School District (SDUSD)	School-based Screening & Early Intervention	4487 Oregon Street San Diego, CA 92116	(619) 362-4330	Kelly Bordman	Central
Screening to Care – N Coastal	Palomar Family Counseling Services Inc. (PFCS)	School-based Screening & Early Intervention	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660	Kelly Bordman	North

County Operated Programs

County Operated Programs

These include three programs with licensed clinical behavioral health teams

Continuum of Care Reform (CCR)

The CCR Team provides oversight and accountability of the BHS components of CCR in San Diego County, including assisting group homes in transitioning into Short-Term Residential Therapeutic Programs (STRTPs), attendance at Interagency Placement Committee (IPC) meetings, and other joint collaboration within the implementation of CCR across BHS, Child and Family Well-Being (CFWB) Department, and the Department of Probation (Probation).

Pathways to Well-Being (Pathways)

The Pathways Team provides ongoing technical assistance through on-site and virtual program outreach to BHS-contracted mental health treatment providers to ensure that youth who have more intensive needs and/or whose treatment require cross agency collaboration have an identified Child and Family Team (CFT) and receive Intensive Care Coordination (ICC), and if recommended and agreed upon by the CFT, Intensive Home-Based Services (IHBS). BHS, CFWB, Probation, and family and youth partners have worked collaboratively to develop a shared vision to meet the Katie A. settlement requirements and expansion of services outlined in the California Medi-Cal Manual for ICC, IHBS, and Therapeutic Foster Care (TFC) Services for Medi-Cal Beneficiaries. [Medi-Cal Manual Third Edition \(sdsu.edu\)](#)
California Integrated Core Practice Model Guide: [Integrated Core Practice Model ADA \(ca.gov\)](#)

Juvenile Forensics Services

Provides psychological and psychiatric services to the youth residing within the two juvenile detention facilities. Available services include assessment, individual, family and group therapy, crisis intervention, psychiatric assessment and medication management, as well as transition to the community. In addition, Juvenile Forensics Services provides assistance to Juvenile Probation, Juvenile Court and Child and Family Well-Being Department by way of expert consultation regarding mental health issues, and by providing other mental health evaluations for youth. The Juvenile Forensics Services are provided by four (4) behavioral health County teams:

- Stabilization, Treatment, Assessment and Transition Team (STAT) at East Mesa Juvenile Detention Facility (EMJDF)
- Stabilization, Treatment, Assessment and Transition Team (STAT) at Youth Transition Campus (YTC)
- Healing Opportunities for Personal Empowerment (HOPE) at YTC
- Youth Development Academy (YDA) at EMJDF

BHS Juvenile Forensics Services STAT Team serves youth committed to the Youth Development Academy (YDA) by the court and youth formerly committed to the Division of Juvenile Justice who returned to local custody in 2023 to complete their commitment in YDA. Youth reside at East Mesa Juvenile Detention Facility (EMJDF). YDA's service delivery model is designed to be trauma-informed, culturally responsive, and developmentally appropriate. The STAT Team provides assessments to all youth committed to YDA and individual treatment, family engagement and therapy, group therapy, psychotropic medication support and crisis intervention as clinically indicated.

The HOPE program which was initiated in July 2021 is an intensive treatment program that supports the juvenile justice system's transition to a positive youth development model. It focuses on the interrelated triad of treatment needs typical of youth who are in custody and provides evidence-based and evidence-informed treatments for mental health, substance use and criminogenic behavior.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Continuum of Care Reform (CCR)	County of San Diego	Administration STRTP	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Amanda Lance-Sexton	Countywide	CFWB Probation

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Stabilization, Treatment, Assessment and Transition Team (STAT)	County of San Diego - Juvenile Forensic Services -	Outpatient	East Mesa Juvenile Detention Facility 446 Alta Road Suite 6100 San Diego, CA 92158	(619) 671-6530	Fran Cooper	Countywide	Probation Juvenile Detention
Stabilization, Treatment, Assessment and Transition Team (STAT)	County of San Diego – Juvenile Forensic Services	Outpatient	Youth Transition Campus (YTC) 2801 Meadow Lark Drive San Diego, CA 92123	(858) 694-4600	Fran Cooper	Countywide	Probation Juvenile Detention
Youth Development Academy (YDA)	County of San Diego - Juvenile Forensic Services -	Outpatient	East Mesa Juvenile Detention Facility 446 Alta Road Suite 6100 San Diego, CA 92158	(619) 671-6530	Elizabeth Daut	Countywide	Probation Juvenile Detention
Healing Opportunities for Personal Empowerment (HOPE)	County of San Diego – Juvenile Forensic Services	Outpatient	Youth Transition Campus (YTC) 2801 Meadow Lark Drive San Diego, CA 92123	(858) 694-4600	Carlos Nelson	Countywide	Probation Juvenile Detention
Pathways to Well-Being	County of San Diego	Administration Pathways to Well-Being/ Katie A	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Amanda Lance-Sexton	Countywide	CFWB

Child and Family Well-Being - Specialty Programs

Child and Family Well-Being (CFWB) - Specialty Programs

Includes programs specializing in the treatment of youth involved in the child and family well-being system. The entire CYF network of services is available to CFWB youth, but these programs were designed with consideration of the complex needs of youth involved in CFWB, who may be placed in foster care, seeking reunification with biological family members, or a caregiver working towards case plan goals with a CFWB worker. These programs are also found in other corresponding sections. STRTPs see Residential - Mental Health.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
CFT Meeting Facilitation	Fred Finch Youth Center (FFYC)	CFT Meetings	10174 Old Grove Road Suite 100 San Diego, CA 92131	(858) 682-3818	Amanda Lance-Sexton Andrew Chang	Countywide
Comp. Assess. & Stab. Svcs. (CASS)	New Alternatives Inc. (NAI)	Outpatient	3517 Camino del Rio South Suite 407 San Diego, CA 92108	(619) 955-8905	Eileen Quinn-O'Malley	Countywide
Continuum of Care Reform (CCR)	County of San Diego	Administration STRTP	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Amanda Lance-Sexton	Countywide
Development Eval Clinic (DEC)	Rady Childrens Hospital of San Diego (Rady)	Outpatient Evaluation	3665 Kearny Villa Road Suite 405 San Diego, CA 92123	(858) 966-1700	Emily Gaines	Central
Family Urgent Response System (FURS)	Mental Health America	State Hotline Local Mobile Response Placement stabilization	4069 30th Street San Diego, CA 92104	1-833-939-FURS State Hotline	Sukey Cardenas	Countywide
Foster Family Agency Stabilization and Treatment (FFAST)	San Diego Center for Children (SDCC)	Outpatient Therapeutic Foster Care	2655 Camino Del Rio N Suite 450 San Diego, CA 92108	(858) 633-4115	Eileen Quinn-O'Malley	Countywide
Incredible Families	New Alternatives Inc. (NAI)	Outpatient	8765 Aero Drive San Diego, CA 92123	(619) 207-0396	Eileen Quinn-O'Malley	Countywide
Pathways to Well-Being	County of San Diego	Administration Pathways to Well-Being/ Katie A	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Amanda Lance-Sexton	Countywide
Dependency Drug Court SUD Coordination	Vista Hill Foundation, Inc (VHF)	Outpatient	4990 Williams Avenue Suite 202 La Mesa, CA 91942	(619) 668-4265	Emily Gaines	Countywide
Polinsky Child. Ctr (PCC) Placement Stab. Svcs.	New Alternatives Inc. (NAI)	Emergency Shelter	9400 Ruffin Court San Diego, CA 92123	(858) 357-6879	Eileen Quinn-O'Malley	Countywide

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Sober and Friendly Environment (SAFE) Housing [Transitional Sober Housing]	McAlister Institute for Treatment and Education (MITE)	SUD Transitional Housing	1400 N. Johnson Avenue Suite 101 El Cajon, CA 92020	(619) 442-0277	Betty Lemos-Arellano	Countywide
Wrapworks	San Diego Center for Children (SDCC)	Wraparound	3002 Armstrong Street San Diego, CA 92111	(858) 569-2170	Emily Gaines	Countywide

Early Childhood Programs (0-5 years)

Early Childhood Programs (0-5 Years)

The first 5 years of life are crucial to healthy growth and development. The County of San Diego HHSA and communities across San Diego work collaboratively to offer early childhood programming throughout the region. The importance of early childhood programs lies in their ability to address critical developmental needs, provide high quality care and education, and offer comprehensive support for young children and families. These programs lay a solid foundation for children's success in school and life. Additionally, early childhood programs play a vital role in early detection of developmental delays or learning challenges, enabling timely interventions and support to maximize each child's potential.

The following links offer additional resources for early childhood development:

[First 5 San Diego's Healthy Development Services](#)
[Center on the Developing Child - Harvard University](#)
[Maternal, Child and Family Health Services](#)
[The Importance of Touch](#)
[CDC Child Development Basics](#)
[CDC Act Early](#)

The following programs are contracted through the County of San Diego and managed through the Child and Family Well-Being Department (CFWB) which encompasses First 5 San Diego (F5) as well as Behavioral Health Services. This directory pulls forward key County funded programs, offering additional links for specific local programming.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Accessible Depression and Anxiety Peripartum Treatment (ADAPT)	Vista Hill Foundation ADAPT – Vista Hill	Outpatient	6070 Mission Gorge Road San Diego, CA 92120	(858) 530-3200	Valerie Ramirez-Sicairos	Countywide
ChildNET Children with Social & Emotional Difficulties (CSED)	Palomar Family Counseling Services Inc. (PFCS) Youth Counseling Children and Youth Therapy San Diego (palomarfamilycounseling.com)	Preschool Based Incredible Years	1002 E. Grand Ave. Escondido, CA 92025 945 Vale Terrace Dr. Vista, CA 92084	(760) 741-2660	Michael Miller	No. Coastal No. Inland
			3665 Kearny Villa Road Suite 405 San Diego, CA 92123	(858) 966-8100		
Developmental Evaluation Clinic (DEC)	Rady Children's Hospital of San Diego (Rady) Developmental Evaluation Clinic (DEC) Rady Children's Hospital (rchsd.org)	Outpatient Evaluation	333 H St. Suite 3010 Chula Vista, CA 91910 3605 Vista Way, Bldg. B Oceanside, CA 92056 11752 El Camino Real Suite 150 San Diego, CA 92130	(858) 966-8008 (760) 758-1620 (858) 793-9591	Emily Gaines	Central No. Central, East South No. Inland No. Coastal

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Developmental Screening & Enhancement Program (DSEP)	Rady Children's Hospital of San Diego (Rady) Developmental Screening & Enhancement Program (DSEP) Rady Children's Hospital (rchsd.org)	Outpatient Evaluation	3665 Kearny Villa Road San Diego, CA 92123	(858) 966-1700	Irma Bustos (CFWB)	Countywide
Father2Child	Mental Health America of San Diego https://www.mhasd.org/father-2-child	Prevention and Early Intervention	4069 30 th Street San Diego, CA 92104	(619) 543-0412 option 3	Oscar Talaro	Countywide
Healthy Development Services (HDS) first5sandiego.org	Family Health Centers of San Diego Healthy Development Services - Central (fhcsd.org)	Outpatient	446 26 th Street San Diego, CA 92102	(619) 515-2406	Alicia Castro (F5)	Central
	Family Health Centers of San Diego Healthy Development Services - East (fhcsd.org)		1234 Broadway El Cajon, CA 92021	(619) 515-2463	Alicia Castro (F5)	East
	Rady Children's Hospital of San Diego (Rady) Rady Children's Family of San Diego – North Coastal (rchsd.org)		3605 Vista Way Suite 201 Oceanside, CA 92056	(858) 966-8235	Nancy Page (F5)	North Coastal
	Rady Children's Hospital of San Diego (Rady) Healthy Development Services - North Central (rchsd.org)		3665 Kearny Villa Road Suite 400 San Diego, CA 92123	(858) 966-7510	Nancy Page (F5)	North Central
	SBCS Corporation (SBCS) SBCS San Diego (sbcssandiego.org)		430 F Street Chula Vista, CA 91910	(619) 495-8248	Alicia Castro (F5)	South
	Palomar Health Palomar Health - North Inland (palomarhealth.org)		1320 West Valley Parkway Suite 301 Escondido, CA 92029	(877) 504-2299	Alicia Castro (F5)	North Inland

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
KidSTART Clinic	Rady Children's Hospital of San Diego (Rady) KidSTART Rady Children's Hospital (rchsd.org)	Outpatient Behavioral Health	3665 Kearny Villa Road Suite 500 San Diego, CA 92123	(858) 576-1700	Michael Miller	Countywide
			2204 El Camino Real Suite 102 Oceanside, CA 92054	(760) 967-7082		
			333 H Street Suite 3010 Chula Vista, CA 91910	(619) 420-5611		
KidSTART Center	Rady Children's Hospital of San Diego (Rady) KidSTART Rady Children's Hospital (rchsd.org)	Outpatient Developmental Health	3665 Kearny Villa Rd. Suite 410 San Diego, CA 92123	(858) 966-5990	Nancy Page (F5)	Countywide
Mi Escuelita Therapeutic Preschool	SBCS Corporation (SBCS) Mi Escuelita Preschool - SBCS (sbcssandiego.org)	Preschool Based	430 F St. Chula Vista, CA 91910	(619) 420-0116	Alicia Castro (F5)	Countywide
Para Las Familias	Episcopal Community Services (ECS) Para Las Familias — Episcopal Community Services (ecscalifornia.org)	Outpatient	1424 30 th St. Ste A San Diego, CA 92154	(619) 565-2650	Emily Gaines	Central
Positive Parenting Program (Triple P)	Jewish Family Service (JFS) Positive Parenting Program (PPP) - JFSSD	Prevention and Early Intervention (PEI)	8788 Balboa Avenue San Diego, CA 92123	(858) 637-3375	Danyte Mockus-Valenzuela	Countywide
School Based Incredible Years	San Diego Unified School District (SDUSD) 3) MHRC Programs - Staff Portal (sandiegounified.org)	Elementary School Support	4487 Oregon Street San Diego, CA 92116	(619) 362-4330	Kelly Bordman	Central Southeast
	San Diego Youth Services (SDYS) Mental Health San Diego Youth Services (sdyouthservices.org)		3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877		East
	Palomar Family Counseling Services Inc. (PFCS) Prevention and Early Intervention Counseling San Diego (palomarfamilycounseling.com)		1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660		North Coastal

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
School Based Incredible Years	SBCS Corporation (SBCS) Children's Mental Health - SBCS (sbcssandiego.org)	Elementary School Support	430 F Street Chula Vista, CA 91910	(619) 420-3620	Kelly Bordman	South
	Vista Hill Foundation (VHF) Programs and Services for Children – Vista Hill		1029 N. Broadway Escondido, CA 92026	(760) 489-4126		North Inland
	San Diego Unified School District (SDUSD) 3) MHRC Programs - Staff Portal (sandiegounified.org)		4487 Oregon Street San Diego, CA 92116	(619) 362-4330		Central & North Central



Fee for Service (FFS) Network

Fee-for-Service (FFS) Network

The County of San Diego FFS Network is a group of providers licensed independently to provide mental health treatment services in private practice settings to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The [Full Service Partnership](#) (sandiegocounty.gov) lists available providers and services offered by the County of San Diego through the FFS Network.