

# Children, Youth and Families

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## SERVICES DIRECTORY



### BEHAVIORAL HEALTH SERVICES

3255 CAMINO DEL RIO SOUTH, SAN DIEGO, CA 92108 | 619-563-2700

[Health & Human Services Agency \(sandiegocounty.gov\)](https://www.sandiegocounty.gov) [Behavioral Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

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# Overview

## Access and Eligibility for Services

County of San Diego (County) funded behavioral health services are intended for children and youth who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, or substance use) or who require behavioral health services in order to function in school, at home, or in the community. Generally, services are available for Medi-Cal beneficiaries and low-income children and youth, up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals can directly contact any of the resources listed in this directory. However, it should be noted that, in some cases, access to services is managed through specific procedures and may be designed for certain special populations. Where possible, this information has been included in this directory. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at (888) 724-7240.

## Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However, clients have the option to use a family member or a friend as their interpreter. The client is not expected to provide their own interpreter. All Behavioral Health Services (BHS) programs have access to interpreter services.

## Fees and Funding

Behavioral health services provided through the County are financed through Medi-Cal, the Mental Health Services Act (MHSA), patient fees (when applicable), private insurers, County-general funds, State funds, and specialized grants. In most instances, fees for services are fully covered for full scope Medi-Cal beneficiaries and unfunded individuals. When applicable, fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be considered in determining an individual's monthly payment. *No person who otherwise qualifies for services will be turned away.*

## Organizational Providers & Fee for Service Network

Organizational providers serve children and youth through a network of comprehensive programming and multidisciplinary clinical teams. The Fee-for-Service network is comprised of individual practitioners who primarily offer office-based and/or telehealth services. Both networks can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240.

## Medi-Cal Managed Care Health Plans

Medi-Cal Managed Care Health Plans cover behavioral health services for members who do not qualify for Medi-Cal Specialty Mental Health Services covered by the County. Each Medi-Cal Managed Care Health Plan has its own network of contracted behavioral health providers. Medi-Cal beneficiaries may contact their health plan directly.

Aetna Better Health	AetnaBetterHealth.com	(855) 772-9076
Blue Shield CA Promise Health	Blueshieldca.com/promise	(855) 321-2211
Community Health Group	Chgsd.com	(800) 404-3332
Health Net	Healthnet.com	(888) 426-0030
Kaiser Permanente	KP.org	(877) 496-0450
Molina Healthcare	MolinaHealthcare.com	(888) 665-4621
United Healthcare	Uhccommunityplan.com	(866) 270-5785

## Live Well San Diego

CYF supports the [Live Well San Diego](#) vision of Building Better Health, Living Safely, and Thriving. [Live Well San Diego](#), developed by the County of San Diego, is a comprehensive, innovative regional vision that combines the efforts of internal and external County partners to help all residents be healthy, safe, and thriving. [Building Better Health](#) focuses on improving the health of residents and supporting healthy choices. [Living Safely](#) seeks to ensure residents are protected from crime and abuse, neighborhoods are safe, and communities are resilient to disasters and emergencies. [Thriving](#) focuses on promoting a region in which residents can enjoy the highest quality of life.

# Resources

**County of San Diego**  
858-694-3900

[www.sandiegocounty.gov](http://www.sandiegocounty.gov)

**San Diego Access and Crisis Line (ACL)**  
888-724-7240

<https://optumsandiego.com/content/sandiego/en/access---crisis-line.html>

Confidential and free of charge, the **San Diego Access & Crisis Line (ACL)** offers immediate support and resources from an experienced counselor **24 hours a day, 7 days a week** on all behavioral health topics including: suicide prevention, crisis intervention, community resources, mental health referrals, alcohol, and drug support services, and more. Language interpreter services enable the ACL to assist in 150 languages within seconds.

**Suicide & Crisis Lifeline: Dial “9-8-8”**

[988 Suicide and Crisis Lifeline | Federal Communications Commission \(fcc.gov\)](https://www.fcc.gov/988-suicide-and-crisis-lifeline)

**Drug Medi-Cal Organized Delivery System (DMC-ODS)**

[www.sandiegocounty.gov/dmc](http://www.sandiegocounty.gov/dmc)

Information for DMC-ODS providers.



<https://oscerjr.namisandiego.org/>

<https://alfredu.namisandiego.org/>

Local Mental Health Resource App for Youth hosted by NAMI San Diego

**211 San Diego**  
Dial 2-1-1

[www.211sandiego.org](http://www.211sandiego.org)

Free, confidential phone service and online database for access to community, health, social, and disaster services, **24 hours a day, 7 days a week**.

**Optum San Diego**  
800-798-2254

[www.optumsandiego.com](http://www.optumsandiego.com)

Optum San Diego is the **Administrative Services Organization (ASO)** for the County of San Diego. Optum works to improve the services which are provided to the San Diego behavioral health community.

**Access - Customer Service Call Center**  
866-262-9881

[www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/access.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/access.html)

Serving residents, providers, and other government agencies with questions or needs related to Family Resource Center (FRC) programs and services, including providing case management services for existing FRC customers countywide. Access customer service representatives are experienced eligibility workers who are trained in CalWORKS, CalFresh, and Medi-Cal programs.

**It's Up 2 Us**  
[www.Up2sd.org](http://www.Up2sd.org)

The *It's Up to Us* campaign is designed to empower San Diegans to talk openly about mental illness, recognize symptoms, utilize local resources, and seek help.

# Resources

## **Consumer Center for Health Education and Advocacy (CCEA)**

**877-734-3258 (toll free), 877-735-2929 (TTY)**

[www.lasdsd.org](http://www.lasdsd.org)

The Consumer Center for Health Education and Advocacy helps people access needed health care services from both government health coverage programs and private insurance plans and serve as the Cal MediConnect Service Ombudsman and county-designated Patients' Rights Advocate for outpatient specialty behavioral health services. Advocates can help with understanding: which coverage programs are available to be accessed, how to access needed services, treatments, and medications, and individual rights when a coverage or plan denies care or resolution of receipt of an inappropriate medical bill.

## **Patient Advocacy Program**

**619-282-1134 (local), 800-479-2233 (toll free)**

[www.jfssd.org](http://www.jfssd.org)

Provides patient advocacy and protection of a patient's rights when in a 24-hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected. Parent organization: Jewish Family Service.

## **Youth Sector Resources**

### **Brain XP**

**858-309-2177**

[www.brainxp.org](http://www.brainxp.org)

Brain XP training focuses on the journey of mental health challenges through the eyes of a young person who has experienced and overcome the stigma, especially on school campuses. Brain XP content takes place on-line where teens have access at their fingertips offering a comprehensive Teen Toolbox of Coping Skills.

## ***Live Well San Diego Youth Sector***

[Youth Leadership \(livesd.org\)](http://livesd.org)

The *Live Well San Diego* Youth Sector creates youth-led opportunities for young people in San Diego County to build communities that are healthy, safe, and thriving. Participants in the Youth Sector are young leaders who advise, educate, and organize around youth needs in San Diego County.

# Resources

## **Directing Change**

<https://directingchange.org>

The Directing Change Program & Film Contest is a free and evaluated program that engages youth to learn about mental health, suicide prevention and other critical health and social justice topics through film and art.

## **Provider Directories**

### **Behavioral Health Services Provider Directory**

[County of San Diego Provider Service Directory](#)

Specialty Mental Health Services and Drug Medi-Cal Organized Delivery System (DMC-ODS) are provided through the County of San Diego Mental Health Plan, which are separate from your physical health care. The Mental Health Plan is committed to providing quality mental health and DMC-ODS services to eligible adults, older adults, and children experiencing serious and persistent mental health problems and or substance use disorder issues. The County of San Diego Behavioral Health Services Provider Directory is a comprehensive guide to mental health and Drug Medi-Cal services across the county.

### **County of San Diego Behavioral Health Provider Directory**

[Provider Directory || County of San Diego || Behavioral Health System of Care || Mental Health || Substance Use || \(sdcountybhs.com\)](#)

The County of San Diego Behavioral Health Provider Directory is a searchable website for Mental Health and Substance Use Disorder services by treatment type, location, and provider.

### **Fee-for-Service Network Directory**

[Provider Directory by Provider \(pdf\) optumsandiego.com](#)

Information for County of San Diego behavioral health providers. The County of San Diego Fee-for-Service (FFS) Network is a group of providers licensed independently to provide mental health treatment services in private practice to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The Fee for Service provider directory lists available providers and services offered by the County of San Diego through the network.

# Resources

## **Regional SchoolLink Services Directory**

[Schools \(sandiegocounty.gov\)](https://sandiegocounty.gov)

County of San Diego's Behavioral Health Services (BHS) in the Central and North Central, East, North Coastal, North Inland and South regions, inclusive of school-based supports, as well as regional lists of outpatient clinics and countywide specialty programs.





LIVEWELLSD.ORG

# BEHAVIORAL HEALTH SERVICES CHILDREN, YOUTH & FAMILIES FRAMEWORK

## VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

## PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence

## PRIORITIES

**Ensure a full continuum of care through family-centered and youth-informed services that are compassionate and sensitive to the unique developmental needs of children and youth.**

**Strengthen partnerships with children/youth's circle of influence to create a supportive environment.**

**Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions so they thrive in an ever-changing world.**

Live Well San Diego-Areas of Influence



### Standard of Living

- Economic & Nutrition Security
- Timely Access to Healthcare Inclusive of Behavioral Health Services
- Employment Readiness



### Community

- Access to Parks, Playgrounds and Recreation Centers
- Usable Transportation
- Safe Neighborhoods & Schools
- Affordable Stable Housing
- Access to Extracurricular Activities

## HEALTH FACTORS



### Health

- Daily Physical Activity
- Limited & Supervised Screen Time
- Affordable Healthy Food
- Zero Sugary Beverages, Drink More Water
- No Substance Use
- No Tobacco Use
- Up to Date Immunizations
- Connection to a Health Home



### Social

- Supportive Families
- Nurturing Communities
- Connection to Natural Supports
- Positive Social Interactions



### Knowledge

- Quality Education
- Quality Preschool for All
- Good School Attendance
- School Success
- No Suspensions or Expulsions
- Obtain a High School Diploma
- Access to Higher Education & Vocational Programs

# Acute Care

## Acute Care

Crisis Services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis and are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources.

Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region(s) Served
Access and Crisis Line (ACL)	Optum San Diego Public Sector	Crisis Line Community Resources and Referrals	<a href="http://optumsandiego.com">Home (optumsandiego.com)</a>	(888) 724-7240	Tabatha Lang	Countywide
Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	Rady Children's Hospital of San Diego (Rady)	Inpatient	8001 Frost Street, Nelson Pavilion San Diego, CA 92123	(858) 966-8337	Rebecca Raymond	Countywide
Aurora Behavioral Health Care /Inpatient	Aurora Behavioral Health Care San Diego	Inpatient	11878 Ave of Industry San Diego, Ca 92128	(858) 487-3200	Rebecca Raymond	Countywide
BH Connect Tele-Mental Health	Vista Hill Foundation (VHF)	Outpatient	8825 Aero Drive, Suite 315 San Diego, CA 92123	Access through ACL: (888) 724-7240 (858) 877-0179	Wendy Maramba	Countywide
Crisis Action & Connection (CAC)	New Alternatives Inc (NAI)	Outpatient	730 Medical Center Court Chula Vista, CA. 91911	(619) 591-5740	Rebecca Raymond	Countywide
Emergency Screening Unit (ESU)	New Alternatives Inc (NAI)	Crisis Stabilization	4309 Third Avenue San Diego, CA 92103	(619) 876-4502	Rebecca Raymond	Countywide
Family Urgent Response System (FURS)	Mental Health America	State Hotline Local Mobile Response Placement Stabilization	4069 30th Street San Diego, CA 92104	State Hotline: 1-833-939-3877	Emil Montoya (CWS)	Countywide
Mobile Crisis Response Team (MCRT)	Telecare	Crisis Response	<a href="http://sandiegocounty.gov">BHS MCRT (sandiegocounty.gov)</a>	(888) 724-7240	Alisha Eftekhari	Countywide
Mobile Crisis Response Team (MCRT) North Pilot	Exodus Recovery	Crisis Response	550 West Vista Way, Suite 408 Vista, CA 92083	Access through ACL: (888) 724-7240 (760) 758-1650	Alisha Eftekhari	North

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region(s) Served
Psychiatric Emergency Response Team (PERT)	Community Research Foundation (CRF)	Psychiatric Emergency Resource	1202 Morena Blvd., Suite. 300 San Diego, CA 92110	911	Phoung Quach	Countywide
Sharp Mesa Vista	Sharp Mesa Vista Hospital	Inpatient	Sharp Mesa Vista Hospital 7850 Vista Hill Avenue San Diego, CA 92123	(858) 836-8434	Nilanie Ramos	Countywide

# Residential-Mental Health

## Residential-Mental Health

### Short-Term Residential Therapeutic Programs (STRTP)

STRTPs are licensed by the California Department of Social Services and are provided a Mental Health Program Approval by the California Department of Health Care Services (DHCS). STRTPs are residential facilities that provide an integrated program of specialized and intensive care and supervision, services and supports, specialty mental health services, and 24-hour care and supervision to children. Placing agencies primarily include Child Welfare Services (CWS), Juvenile Probation, and Regional Centers.

### Emergency Shelter (PCC)

A temporary shelter for children who have been placed in protective custody for their safety. Short-term treatment and crisis intervention services as well as support in transitioning to community-based mental health treatment after discharge.

### Community Treatment Facility (CTF) / Psychiatric Health Facility (PHF)

Mental health services are available 24 hours a day, 7 days a week in a secure environment with oversight by DHCS.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Location
Casa de Amparo	Casa de Amparo	STRTP 30 Behavioral Health Beds	4070 Mission Avenue Oceanside, CA 92068	(760) 754-5500	Seth Williams	Countywide	North Coastal
Center for Positive Change (CFPC)	Center for Positive Change (CFPC)	STRTP 30 Behavioral Health Beds	7474 El Cajon Blvd. La Mesa, CA 91942	(619) 660-3886	Eileen Quinn-O'Malley	Countywide	East
Circle of Friends	National Association for the Treatment of Sexual Abuse	STRTP 12 Behavioral Health Beds	105 N. Rose Street, Suite 211 Escondido, CA 92027	(858) 363-6357	Seth Williams	Countywide	North Inland
Fred Finch Dual Diagnosis	Fred Finch Youth Center (FFYC)	STRTP Dual Diagnosis 14 Behavioral Health Beds	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090	Seth Williams	Countywide	East
Kenora	New Alternatives Inc (NAI)	STRTP 9 Behavioral Health Beds	3602 Kenora Drive Spring Valley, CA 91977	(619) 463-8875	Eileen Quinn-O'Malley	Countywide	East
Milestone House	Milestone House	STRTP 6 Behavioral Health Beds	1816 Portofino Drive Oceanside, CA 92054	(760) 433-6361	Seth Williams	Countywide	North Coastal
NA South Campus	New Alternatives Inc (NAI)	STRTP 40 Behavioral Health Beds	730 Medical Center Court Chula Vista, CA. 91911	(619) 863-5819	Eileen Quinn-O'Malley	Countywide	South

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Location
New Haven	New Haven Youth & Family Services, Inc	STRTP 6 Behavioral Health Beds	1126 N. Melrose Drive Vista, CA 92083	(760) 630-4035	Eileen Quinn-O'Malley	Countywide	North Inland
Polinsky Child. Ctr (PCC) Placement Stab. Svcs.	New Alternatives Inc (NAI)	Emergency Shelter	9400 Ruffin Court San Diego, CA 92123	(858) 357-6879	Eileen Quinn-O'Malley	Countywide	Central
San Diego Center for Children (SDCC)	San Diego Center for Children (SDCC)	STRTP 30 Behavioral Health Beds	3002 Armstrong Street San Diego, CA. 92111	(858) 569-2122	Seth Williams	Countywide	Central
San Pasqual Academy	New Alternatives Inc (NAI)	Residential Day Rehabilitation Program	17701 San Pasqual Valley Road Escondido, CA 92025	(760) 741-4300	Eileen Quinn-O'Malley	Countywide	North Inland
Star View Adolescent Center	Star View Adolescent Center Inc	Community Treatment Facility (CTF) Psychiatric Health Facility (PHF)	4025 W. 226th Street Torrance, CA 90505	(310) 373-4556	Eileen Quinn-O'Malley	Out of County	Los Angeles County
Varsity Team	Varsity Team Inc	STRTP 12 Behavioral Health Beds	P.O Box 26633 San Diego, CA 92196	(619) 694-6809	Eileen Quinn-O'Malley	Countywide	Central South

# Residential - Substance Use Disorder (SUD)

## Residential - Substance Use Disorder (SUD)

**SUD Teen Residential:** Provides non-medical, SUD treatment to adolescents ages 12-17 for approximately 90 days. The SUD Programs for Adolescents brochure can be found here at <https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/duallocationdocs/Adolescent%20SUD%20Brochure%20EN.pdf>

**SUD Transitional Housing:** Provides residential transitional housing to parents and their dependent children in an environment free of substance use upon completion of an SUD treatment program. The SUD Programs for Adults and Older Adults brochure can be found here:

[https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/homepage/BHS\\_SUD\\_Brochures/EN%20AOA%20-%20SUD%20Brochure.pdf](https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/homepage/BHS_SUD_Brochures/EN%20AOA%20-%20SUD%20Brochure.pdf)

**SUD Perinatal Residential:** Non-medical residential substance use disorder (SUD) treatment, recovery and ancillary services for women who are pregnant or parenting. The SUD Programs for Women brochure can be found here at

<https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/duallocationdocs/Women%20SUD%20Brochure%20EN.pdf>

Program Name	Parent Organization	Service	Address	Phone Number	County Monitor	Region	Location
Family Recovery Center (FRC)	Mental Health Systems Inc (MHS)	SUD Perinatal Residential 55 Behavioral Health Beds	1100 Sportfisher Drive Oceanside, CA 92054	(760) 439-6702	Shannon Jackson	Countywide	North
Kiva	McAlister Institute (MITE)	SUD Perinatal Residential 86 Behavioral Health Beds	2049 Skyline Drive Lemon Grove, CA 91945	(619) 465-7303	Shannon Jackson	Countywide	East
New Entra Casa (NEC)	New Entra Casa (NEC)	SUD Perinatal Residential 6 Behavioral Health Beds	3575 Pershing Avenue San Diego, CA 92104	(619) 294-4526	Shannon Jackson	Countywide	Central
North County Serenity House (NCSH)	HealthRight 360 (HR360)	SUD Perinatal Residential 111 Behavioral Health Beds	1341 N. Escondido Blvd. Escondido, CA 92026	(760) 317-9114	Shannon Jackson	Countywide	North
Sober and Friendly Environment Housing	McAlister Institute for Treatment and Education (MITE)	SUD Transitional Housing 5 Family Units	1400 N. Johnson Avenue, Suite 101 El Cajon, CA 92020	(619) 442-0277	Wendy Maramba	Countywide	East
Teen Group Homes	McAlister Institute for Treatment and Education (MITE)	SUD Teen Residential 2 Homes/ 6 Beds Each	1400 N. Johnson Avenue, Suite 101 El Cajon, CA 92020	(619) 672-3902 East (619) 337-3830 South	Shannon Jackson	Countywide	East South

# Day School Services

## Day School Services / Intensive Outpatient

Intensive outpatient programs that include a full range of Title 9 specialty mental health services. These services are provided to children and youth identified through an Individualized Education Program (IEP) or school district process as needing a Special Education Classroom setting to be successful in school. Services are intensive and flexible to meet the needs of the client and assist in transitioning to a less restrictive classroom setting. Services are embedded within existing school settings.

Program Name	Parent Organization	Service	School Address	Phone Number	County Monitor	Region
Marcy Day & New Dawn	San Diego Unified School District (SDUSD)	Outpatient Day School Services	4150 Ute Drive San Diego, CA. 92117 5650 Mt. Ackerly Drive San Diego, CA 92111	(858) 302-3320 (858) 302-3340	Wendy Maramba	Central
Merit Academy (East Region)	Vista Hill Foundation (VHF)	Outpatient Day School Services	1600 North Cuyamaca Street El Cajon, CA 92020	(619) 994-7860	Michael Miller	East
Riley Day School Services	San Diego Unified School District (SDUSD)	Outpatient Day School Services	5650 Mt. Ackerly Drive San Diego, CA. 92111	(858) 302-3300	Wendy Maramba	Central
STEPS	Mental Health Systems Inc (MHS)	Structured Outpatient Day School Services	4660 Viewridge Avenue San Diego, CA 92123	(858) 565-2510	Eileen Quinn-O'Malley	Countywide

# Outpatient Clinical Services - Inclusive of SchoolLink

## Outpatient Clinical Services - Inclusive of SchoolLink

The following community-based organizations operate various community-based clinics throughout the county as well as offering services at designated school site(s) which is known as SchoolLink.

SchoolLink is partnership between the County and local school districts to provide behavioral health services at schools. Services can be provided during or outside of school hours, on-campus or in a community setting, and are based on the student's and family's needs.

The Regional School Directory can be found here: [https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_children/Schools.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/Schools.html)

More information on SchoolLink can be found here: <https://theacademy.sdsu.edu/rihs-schoolink>

For SchoolLink Substance Use Disorder (SUD) specific resources, see Outpatient - Teen Recovery Centers (TRC)

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
Central-East-South (CES) School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient	3665 Kearny Villa Road Suite 101 San Diego, CA 92123	(858) 576-1700	Rebecca Raymond	Central East	Grossmont Union High San Diego Unified Santee
Child & Adolescent Mental Health School Based Services	Union of Pan Asian Communities (UPAC)	Outpatient SUD Counselor	1031 25th Street Suite C San Diego, CA 92105	(619) 232-6454	Wendy Maramba	Central North Coastal	Oceanside Unified San Diego Unified Vista Unified
Community Circle Central & East School Based Services	Family Health Center San Diego Inc (FHC)	Outpatient	2130 National Avenue San Diego, CA 92113 3845 Spring Drive Spring Valley, CA 91977	(619) 255-7859 (619) 255-7520	Wendy Maramba	Central East	San Diego Unified La Mesa-Spring Valley
Cornerstone Central School Based Services	Pathways Community Services (PCS)	Outpatient	6244 El Cajon Blvd. Suite 14 San Diego, CA 92115	(619) 640-3266	Wendy Maramba	Central	San Diego Unified
Crossroads School Based Services	Community Research Foundation (CRF)	Outpatient SUD Counselor	700 N. Johnson Avenue Suite P El Cajon, CA 92020	(619) 441-1907	Wendy Maramba	East	Jamul-Dulzura Union Mountain Empire Unified
Douglas Young Youth & Family Services School Based Services	Community Research Foundation (CRF)	Outpatient SUD Counselor	7917 Ostrow Street Suite A San Diego, CA. 92111	(858) 300-8282	Wendy Maramba	Central	San Diego Unified



Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
East County Behavioral Health Clinic (ECBHC) School Based Services	San Diego Youth Services (SDYS)	Outpatient	1870 Cordell Court Suite 101 El Cajon, CA 92020	(619) 448-9700	Michael Miller	East	Grossmont Union High Lakeside Union
Family Wellness Center - East County Outpatient Program (ECOP) School Based Services	San Diego Center for Children (SDCC)	Outpatient	6386 Alvarado Court Suite 310 San Diego, CA 92120	(619) 668-6200	Michael Miller	East	Grossmont Union High Lakeside Union La Mesa-Spring Valley Lemon Grove
Learning Assistance Center (LAC) Escondido & North Inland School Based Services	Vista Hill Foundation (VHF)	Outpatient	1029 N. Broadway Escondido, CA 92026 1012 Main Street Suite 101 Ramona, CA 92065	(760) 489-4126 (760) 788-9724	Michael Miller	North Inland	Escondido Union Ramona Unified Spencer Valley Warner Unified
Mental Health Resource Center School Based Services	San Diego Unified School District (SDUSD)	Outpatient	2351 Cardinal Lane Annex B San Diego, CA 92123	(858) 573-2227	Wendy Maramba	Central	San Diego Unified
Mental Health Resource Center School Based Services	Sweetwater Union High School District (SUHSD)	Outpatient	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372	Rebecca Raymond	South	Sweetwater Unified
Mobile Adolescent Services Team (MAST) School Based Services	Community Research Foundation (CRF)	Outpatient	1260 Morena Blvd. Suite 200 San Diego, CA 92110	(619) 398-3261	Wendy Maramba	Countywide	San Diego Unified SDCOE Momentum Learning
North Central Clinic School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient SUD Counselor	3665 Kearny Villa Road Suite 101 San Diego, CA 92123	(858) 966-5832	Wendy Maramba	Central	San Diego Unified
North Central School Based Services	Mental Health Systems Inc (MHS)	Outpatient	4660 Viewridge Avenue Suite 100 San Diego, CA 92123	(858) 278-3292	Wendy Maramba	Central	San Diego Unified

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
North Coastal Outpatient Psychiatry (NCOP) School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient	3605 Vista Way Suite 258 Oceanside, CA 92056	(760) 758-1480	Michael Miller	North Coastal	Encinitas Union Oceanside Unified San Marcos Unified Vista Unified
North County Outpatient School Based Services (NCOSBS)	New Alternatives Inc (NAI)	Outpatient	1529 Grand Avenue Suite A San Marcos, CA 92078	(760) 798-0299	Michael Miller	North Inland	San Marcos Unified
North Inland Outpatient Psychiatry (NIOP) School Based Services	Rady Children's Hospital of San Diego (Rady)	Outpatient	2125 Citracado Parkway Escondido, CA 92025	(760) 294-9270	Michael Miller	North Inland	San Marcos Unified
North Inland, North Coastal & Fallbrook School Based Services	Palomar Family Counseling Services Inc (PFC)	Outpatient	1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084 120 W. Hawthorne Street Fallbrook, CA 92028	(760) 741-2660	Michael Miller	North Coastal North Inland	Fallbrook Union High Fallbrook Union Elementary Oceanside Unified San Marcos Unified Vista Unified
Nueva Vista Youth & Family Services School Based Services	Community Research Foundation (CRF)	Outpatient SUD Counselor	1161 Bay Blvd. Suite B Chula Vista, CA 91911	(619) 585-7686	Wendy Maramba	South	Chula Vista Elementary National School
VIVA Counseling School Based Services	North County Liferlife Inc (NCL)	Outpatient	707 Oceanside Blvd. Oceanside CA 92054 200 Michigan Avenue Vista, CA 92084	(760) 757-0118 (760) 726-4900	Michael Miller	North Coastal	Oceanside Unified San Diego Unified Vista Unified
South Region School Based Services	South Bay Community Services (SBCS)	Outpatient	430 F Street Chula Vista, CA 91910	(619) 420-3620	Rebecca Raymond	South	Chula Vista Elementary South Bay Union
Therapeutic Interventions Designed to Empower Students (TIDES) School Based Services	YMCA of San Diego County (YMCA)	Outpatient	4394 30th Street San Diego, CA 92104	(619) 281-8313	Wendy Maramba	Central	San Diego Unified

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	School District Served
Youth Enhancement Services (YES) School Based Services	San Ysidro Health (SYH)	Outpatient SUD Counselor	1662 Precision Park San Diego, CA 92173	(619) 428-5533	Rebecca Raymond	South	San Ysidro

# Outpatient - Teen Recovery Centers (TRC)

## Outpatient - Teen Recovery Centers (TRC)

TRCs provide outpatient Substance Use Disorder (SUD) treatment, recovery and ancillary services to adolescents aged 12-17 years old in the community and at identified school-based locations. The SUD Programs for Adolescents brochure can be found here:

<https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/duallocationdocs/Adolescent%20SUD%20Brochure%20EN.pdf>

Refer to the school list which can be found here: [https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_children/Schools.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/Schools.html)

For Mental Health School-Based services, see Outpatient (OP) Clinical Services.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	District Served
Teen Recovery Center (TRC) - Central	Union of Pan Asian Communities (UPAC)	Outpatient School-Based SUD	3288 El Cajon Blvd. Suite 13 San Diego, CA 92104	(619) 521-5720	Shannon Jackson	Central	San Diego Unified
Teen Recovery Center (TRC) - Central Southeast	Vista Hill Foundation (VHF)	Outpatient School-Based SUD	220 S. Euclid Avenue Suite 40 San Diego, CA 92114	(619) 795-7232	Terri Kang	Central Southeast	San Diego Unified
Teen Recovery Center (TRC) - East	McAlister Institute for Treatment and Education (MITE)	Outpatient School-Based SUD	550 Fesler Street Suite G-1 & G-2 El Cajon, CA 92020	(619) 588-5361	Shannon Jackson	East	Grossmont Union
Teen Recovery Center (TRC) - North Central	Mental Health Systems, Inc. dba TURN Behavioral Health Services	Outpatient School-Based SUD	4660 Viewridge Avenue, Suite 100A San Diego, CA 92123	(760) 227-1354	Terri Kang	North Central	San Diego Unified
Teen Recovery Center (TRC) - North Coastal	North County Lifeline, Inc (NCL)	Outpatient School-Based SUD	200 Michigan Avenue Vista, CA 92084	(760) 842-6280	Shannon Jackson	North Coastal	Oceanside Unified
Teen Recovery Center (TRC) - North Inland	Mental Health Systems, Inc. dba TURN Behavioral Health Services	Outpatient School-Based SUD	340 Rancheros Drive Suite 166 San Marcos, CA 92069	(760) 744-3672	Terri Kang	North Inland	Escondido Union Fallbrook Union Poway Unified Ramona Unified
Teen Recovery Center (TRC) - South	McAlister Institute for Treatment and Education (MITE)	Outpatient School-Based SUD	1180 3rd Avenue Suite C-6 Chula Vista, CA 91910	(619) 691-1045	Shannon Jackson	South	Sweetwater Union

# Outpatient - Specialty Programs

## Outpatient - Specialty Programs

Services provided in clinic, community and home-based settings with a specialized service and/or target population.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Accessible Depression & Anxiety Perinatal Treatment (ADAPT)	Vista Hill Foundation (VHF)	Outpatient	6070 Mission Gorge Road San Diego, CA 92120	(858) 530-3200	Terri Kang	Countywide	Public Health Involved
BridgeWays	San Diego Youth Services (SDYS)	Outpatient	7364 El Cajon Blvd. San Diego, CA 92115	(619) 221-8600	Shannon Jackson	Countywide	Justice Involved Youth
CalWORKs Behavioral Health Centers	Community Research Foundation (CRF)	Outpatient	1202 Morena Blvd., Suite 300 San Diego, CA 92110	(619) 275-0822	Shannon Jackson	Countywide	CalWorks Recipients
CalWORKs Connection	Vista Hill Foundation, Inc (VHF)	Outpatient	123 Camino De La Reina, Suite 203 San Diego, CA 92108	(619) 431-2103	Terri Kang	Countywide	CalWorks Recipients
Center for Child and Youth Psychiatry (CCYP)	New Alternatives Inc (NAI)	Outpatient	8755 Aero Drive, Suite 306 San Diego, CA 92123	(858) 634-1100	Eileen Quinn-O'Malley	Countywide	Medication Clinic
Chaldean & Middle Eastern Social Services	San Ysidro Health (SYH)	Outpatient	875 El Cajon Blvd. El Cajon, CA 92020	(619) 631-7400	Michael Miller Claire Riley	East	Chaldean & Middle Eastern
Child, Family Team (CFT) Meeting Facilitation	Fred Finch Youth Center (FFYC)	CFT Meetings	10174 Old Grove Road, Suite 100 San Diego, CA 92131	(858) 682-3818	Amanda Lance-Sexton Jerelyn Bourdage	Countywide	Multi-system involved youth
ChildNET Incredible Years North Coastal & North Inland	Palomar Family Counseling Services Inc (PFC)	Outpatient	1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084	(760) 741-2660	Michael Miller	North Coastal North Inland	Early Childhood (0-5 years)

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Comprehensive Assessment & Stabilization Services (CASS)	New Alternatives Inc (NAI)	Outpatient	3517 Camino del Rio South, Suite 407 San Diego, CA 92108	(619) 955-8905	Eileen Quinn-O'Malley	Countywide	Foster Youth
Connections Community Counseling	North County Lifeline	Outpatient	200 Michigan Avenue Vista CA 92084 707 Oceanside Blvd. Oceanside, CA 92054 333 Via Vera Cruz, Suite 152 San Marcos, CA 92078 4180 Ruffin Road, Suite 295 San Diego, CA 92123	(760) 310-2950	Michael Miller	Countywide	Homeless and Runaway Youth age 12 up to 21
Consumer Advocacy	National Alliance on Mental Illness (NAMI)	Advocacy	5095 Murphy Canyon Road, Suite 320 San Diego, CA 92123	(858) 634-6580	Betsy Knight	Countywide	Advocacy
Deaf & Hard of Hearing	Deaf Community Services of San Diego	Outpatient	1545 Hotel Circle South, Suite 300 San Diego, CA 92108	(619) 550-3436	Stacey Kneeshaw	Countywide	Hearing Impaired
Dependency Drug Court SUD Coordination	Vista Hill Foundation, Inc (VHF)	Outpatient	4990 Williams Avenue, Suite 202 La Mesa, CA 91942	(619) 668-4265	Terri Kang	Countywide	CWS-involved and Perinatal
Developmental Evaluation Clinic (DEC)	Rady Children's Hospital of San Diego (Rady)	Outpatient Evaluation	3665 Kearny Villa Road, Suite 405 San Diego, CA 92123 333 H Street, Suite 301 Chula Vista, CA 91910 3605 Vista Way, Building B Oceanside, CA 92056 11752 El Camino Real, Suite 150 San Diego, CA 92130	(858) 966-8560 x248560	Rebecca Raymond	Central, North Central, East South North Inland North Coastal	Early Childhood Evaluations (0-5 years)

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Family Education	National Alliance on Mental Illness (NAMI)	Advocacy	5095 Murphy Canyon Road, Suite 320 San Diego, CA 92123	(858) 634-6580	Betsy Knight	Countywide	Advocacy
Foster Family Agency Stabilization and Treatment (FFAST)	San Diego Center for Children (SDCC)	Outpatient Therapeutic Foster Care	8225 Aero Drive, Suite 110 San Diego, CA 92123	(858) 633-4115	Kelly Bordman	Countywide	Children/Youth in Foster Family Agencies
Fred Finch Wrap Connections	Fred Finch Youth Center (FFYC)	Wraparound	8787 Complex Drive, Suite 300 San Diego, CA 92123 504 W. Mission Avenue, Suite 106 Escondido, CA 92023 3845 Spring Drive Spring Valley, CA 91977 637 3rd Avenue, Suite I Chula Vista, CA 91910	(619) 797-1090 (619) 281-3706 (619) 797-1090 (619) 873-4075	Kelly Bordman	Countywide	CWS and Probation
I CARE (CSEC)	San Diego Youth Services (SDYS)	Outpatient Confidential Drop-In Center	3660 Fairmount Avenue San Diego, CA, 92105	(619) 521-2250	Shannon Jackson	Central	CSEC
Juvenile Court Clinic	Vista Hill Foundation (VHF)	Outpatient JV 220 Reviews	2851 Meadowlark Drive San Diego, CA 92123	(858) 571-1964	Wendy Maramba	Countywide	Justice Involved Youth
KidSTART	Rady Children's Hospital of San Diego (Rady)	Outpatient	3665 Kearny Villa Road, Suite 500 San Diego, CA 92123 2204 El Camino Real, Suite 102 Oceanside, CA 92054 333 H Street, Suite 3010 Chula Vista, CA 91910	(858) 576-1700 (760) 967-7082 (619) 420-5611	Michael Miller	Central	Early Childhood (0-5 years)

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region	Special Population
Multicultural Community Counseling	Union of Pan Asian Communities (UPAC)	Outpatient	5348 University Avenue, Suite 108 San Diego, CA 92105	(619) 578-2211	Rebecca Raymond	Central	API/ Latinx
Our Safe Place	San Diego Youth Services (SDYS)	Outpatient	3427 4th Avenue, 2nd Floor San Diego, CA 92103	(619) 232-8126	Shannon Jackson	Central	LGBTQ+
Our Safe Place	San Diego Youth Services (SDYS)	Drop-In Centers	2220 Broadway San Diego, CA 92102	(619) 232-8126	Shannon Jackson	Central	LGBTQ+
			746 Ada Street Chula Vista, CA 91911	(619) 871-8342		South	
			1050 N. Broadway Escondido, CA 92026	(619) 628-2444		North Inland	
215 Barnes Street Oceanside, CA 92054	(760) 271-4855	North Coastal					
Para Las Familias	Episcopal Community Services (ECS)	Outpatient	1424 30th Street, Suite A San Diego, CA 92154	(619) 565-2650	Rebecca Raymond	Central	Early Childhood (0-5 years)
Southeast Family Youth Partner Svc	Harmonium	Case Management and Family Partners	5275 Market Street, Suite E San Diego, CA 92114	(619) 541-0426	Amanda Lance-Sexton	Central	Southeast San Diego
STEPS	Mental Health Systems, Inc. dba TURN Behavioral Health Services	Outpatient	4660 Viewridge Avenue San Diego, CA 92123	(858) 565-2510	Michael Miller	Countywide	Sexually Reactive Youth
Survivors of Torture	Survivors of Torture International (SOTI)	Outpatient	P.O. Box 151240 San Diego, CA 92175	(619) 278-2400	Nora David	Countywide	Survivors of Torture
Therapeutic Behavioral Services (TBS)	New Alternatives Inc (NAI)	Behavioral Coaching	8755 Aero Drive, Suite 230 San Diego, CA 92123	(858) 256-2180	Eileen Quinn-O'Malley	Countywide	Ancillary Service
Wrapworks	San Diego Center for Children (SDCC)	Wraparound	3002 Armstrong Street San Diego, CA 92111	(858) 569-2170	Kelly Bordman	Countywide	CWS and Probation



# Outpatient - Perinatal Programs

## Outpatient - Perinatal Programs

Include outpatient perinatal programs that serve women and adolescent females who are pregnant and parenting, women, and children and offer gender responsive substance use and co-occurring disorder treatment and other therapeutic interventions to address such issues as relationships, sexual and physical abuse, and parenting. Additional services at perinatal programs include: parenting classes, childcare, and mental health services for children. The Substance Use Disorder (SUD) Programs for Women brochure can be found here at <https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/duallocationdocs/Women%20SUD%20Brochure%20EN.pdf>

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
North Central Women's Recovery Center (NCWRC)	McAlister Institute (MITE)	Outpatient	8665 Gibbs Drive, Suite 150 San Diego, CA 92123	(858) 384-6284	Terri Kang	North Central
North Coastal Women's Recovery Center (NCOWRC)	McAlister Institute (MITE)	Outpatient	3355 Mission Avenue, Suite 239 Oceanside, CA 92058	(760) 462-5581	Terri Kang	North Coastal
North Inland Women and Adolescent Recovery Center (NIWARC)	McAlister Institute (MITE)	Outpatient	751 Rancheros Road, Suite 4&5 San Marcos, CA 92069	(760) 761-0515	Terri Kang	North Inland
ParentCare Central	Vista Hill Foundation (VHF)	Outpatient	4125 Alpha Street San Diego, CA 92113	(619) 266-0166	Terri Kang	Central
ParentCare East	Vista Hill Foundation (VHF)	Outpatient	4990 Williams Avenue La Mesa, CA 91942	(619) 668-4249	Terri Kang	East
South Bay Women's Recovery Center (SBWRC)	McAlister Institute (MITE)	Outpatient	2414 Hoover Avenue National City, CA 91950	(619) 336-1226	Terri Kang	South

# Juvenile Justice - Specialty Programs

## Juvenile Justice - Specialty Programs

BHS, the Probation Department, the courts, and other justice partners coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children's System of Care. Behavioral health services are available to youth who are in Probation detention facilities as well as to youth upon release from a juvenile facility to assist with their transition back to the community.

See the Teen Recovery Center (TRC) section, as well as the Residential section for mental health and substance use disorder programming.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
BridgeWays	San Diego Youth Services (SDYS)	Outpatient	7364 El Cajon Blvd. San Diego, CA 92115	(619) 221-8600	Shannon Jackson	Countywide
CFT Meeting Facilitation	Fred Finch Youth Center (FFYC)	CFT Meetings	10174 Old Grove Road, Suite 100 San Diego, CA 92131	(858) 682-3818	Amanda Lance-Sexton Jeralyn Bourdage	Countywide
Family Urgent Response System (FURS)	Mental Health America	State Hotline Local Mobile Response Placement stabilization	4069 30th Street San Diego, CA 92104	1-833-939-FURS State Hotline	Emil Montoya	Countywide
Healing Opportunities for Personal Empowerment (HOPE)	County of San Diego	Outpatient	446 Alta Road, Suite 6100 San Diego, CA 92158	(619) 671- 4473	Fran Cooper	Countywide
Juvenile Court Clinic	Vista Hill Foundation (VHF)	Psychiatric Services	2851 Meadowlark Drive San Diego, CA 92123	(858) 571-1964	Wendy Maramba	Countywide
Kearny Mesa Juvenile Hall Urban Camp Juvenile Forensic Services - Stabilization, Treatment, Assessment and Transition Team (STAT)	County of San Diego	Outpatient Competency Screenings	2901 Meadow Lark Drive San Diego, CA 92123	(858) 694-4600	Fran Cooper	Countywide
Wrapworks	San Diego Center for Children (SDCC)	Wraparound	3002 Armstrong Street San Diego, CA 92111	(858) 569-2170	Kelly Bordman	Countywide

# Prevention and Early Intervention (PEI)

## Prevention and Early Intervention (PEI)

Regional county services that provide screening, early identification and early intervention to at-risk children in the identified public elementary schools. It utilizes a culturally appropriate Family Community Partnership (FCP) model that conducts outreach and behavioral health prevention activities utilizing parent-peer partners based on a Promotora model for families of preschool through elementary school age children in designated public school districts.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Come Play Outside	City of San Diego Parks & Rec	PEI	202 C Street San Diego, CA 92101	(619) 525-8211	Amanda Lance-Sexton	Countywide
COPES - Creating Opportunities in Preventing & Eliminating Suicide	San Diego County Office of Education	PEI	6401 Linda Vista Road, Room 409 San Diego, CA 92111	(858) 298-2093	Janette Magsanoc	Countywide
Friday Night Live (High School) Club Live (Middle School)	San Diego County Superintendent of Schools	PEI - Student Leadership Development	6401 Linda Vista Road San Diego, CA 92111	(858) 569-3137	David Lee	Countywide
HERE Now	San Diego Youth Services (SDYS)	PEI - School-based Suicide Prevention	3255 Wing Street San Diego, CA 92110	(619) 221-8600	Danyte Mockus-Valenzuela	Countywide
PEI services to Native Americans	Southern Indian Health Council	PEI - Native American Prevention and Early Intervention	4058 Willow Road Alpine, CA 91901	(619) 445-1188	Danyte Mockus-Valenzuela	Countywide
PEI services to Native Americans	Indian Health Council, Inc.	PEI - Native American Prevention and Early Intervention	50100 Golsh Road Valley Center, CA 92082	(760) 749-1410	Danyte Mockus-Valenzuela	Countywide
PEI services to Native Americans	San Diego American Indian Health Center	PEI - Native American Prevention and Early Intervention	2630 1st Avenue San Diego, CA 92103	(619) 234-2158	Danyte Mockus-Valenzuela	Countywide
Positive Parenting Program (Triple P)	Jewish Family Services	PEI - Parenting Program	8804 Balboa Avenue San Diego, CA 92123	(85) 637-3000 ext. 3006	Danyte Mockus-Valenzuela	Countywide
School Based PEI - Central Southeastern	San Diego Unified School District (SDUSD)	PEI	4487 Oregon Street San Diego, CA 92116	(619) 362-4330	Kelly Bordman	Central
School Based PEI - East	San Diego Youth Services (SDYS)	PEI	3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877	Kelly Bordman	East
School Based PEI - N Coastal	Palomar Family Counseling Services Inc (PFC)	PEI	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660	Kelly Bordman	North
School Based PEI - South	SBCS Corporation (SBCS)	PEI	430 F Street Chula Vista, CA 91910	(619) 420-3620	Kelly Bordman	South
School Based PEI N Inland	Vista Hill Foundation (VHF)	PEI	1029 N. Broadway Escondido, CA 92026	(760) 489-4126	Kelly Bordman	North
School Based PEI Central & N Central	San Diego Unified School District (SDUSD)	PEI	4487 Oregon Street San Diego, CA 92116	(619) 362-4330	Kelly Bordman	Central

# County Operated Programs

## County Operated Programs

These include three programs with licensed clinical behavioral health teams

### Continuum of Care Reform (CCR)

The CCR Team provides oversight and accountability of the BHS components of CCR in San Diego County, including assisting group homes in transitioning into Short-Term Residential Therapeutic Programs (STRTPs), attendance at Interagency Placement Committee (IPC) meetings, and other joint collaboration within the implementation of CCR across BHS, Child Welfare Services (CWS), and the Department of Probation (Probation).

### Pathways to Well-Being (Pathways)

The Pathways Team provides ongoing technical assistance through on-site and virtual program outreach to BHS-contracted mental health treatment providers to ensure that youth who have more intensive needs and/or whose treatment require cross agency collaboration have an identified Child and Family Team (CFT) and receive Intensive Care Coordination (ICC), and if recommended and agreed upon by the CFT, Intensive Home-Based Services (IHBS). BHS, CWS, Probation, and family and youth partners have worked collaboratively to develop a shared vision to meet the Katie A. settlement requirements and expansion of services outlined in the California Medi-Cal Manual for ICC, IHBS, and Therapeutic Foster Care (TFC) Services for Medi-Cal Beneficiaries.

<https://theacademy.sdsu.edu/wp-content/uploads/2018/01/medi-cal-manual-third-edition.pdf>

California Integrated Core Practice Model Guide: [https://www.dhcs.ca.gov/services/MH/Documents/Information%20Notices/IN%2018-022%20Integrated%20Core%20Practice%20Model%20and%20Integrated%20Training%20Guide/Integrated\\_Core\\_Practice\\_Model.pdf](https://www.dhcs.ca.gov/services/MH/Documents/Information%20Notices/IN%2018-022%20Integrated%20Core%20Practice%20Model%20and%20Integrated%20Training%20Guide/Integrated_Core_Practice_Model.pdf)

### Juvenile Forensics Services STAT

Provides psychological and psychiatric services to the youth residing within the juvenile detention facilities. These services may include counseling, assessment, crisis intervention, psychiatric medication management, and transition-to-community related assistance. In addition, Juvenile Forensic Services provides assistance to Juvenile Probation, Juvenile Court and Child Welfare Services by way of expert consultation regarding mental health issues, mental competency screenings, and by providing other mental health evaluations for youth. The Juvenile Forensic Services are provided by the Behavioral Health Services Stabilization, Treatment, Assessment and Transition Team (STAT) at the following Probation detention facilities:

- Kearny Mesa Juvenile Hall
- East Mesa Juvenile Hall
- Urban Camp
- Healing Opportunities for Personal Empowerment (HOPE)

BHS and Probation have collaborated on the design for a new intensive treatment program for in-custody youth that began in July of 2021. The HOPE program supports the juvenile justice system's transition to a positive youth development model while also focusing on the interrelated triad of treatment needs typical of youth who are in custody and provides evidence-based and evidence-informed treatments for mental health, substance abuse and criminogenic behavior.

Program Name	Parent Organization	Service	Address	Phone Number	County Monitor	Region	Special Population
Continuum of Care Reform (CCR)	County of San Diego	Administration STRTP	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Amanda Lance-Sexton	Countywide	CWS Probation

Program Name	Parent Organization	Service	Address	Phone Number	County Monitor	Region	Special Population
East Mesa Juvenile Hall Juvenile Forensic Services - Stabilization, Treatment, Assessment and Transition Team (STAT)	County of San Diego	Outpatient Competency Screenings	446 Alta Road, Suite 6100 San Diego, CA 92158	(619)-671-6530	Fran Cooper	Countywide	Probation Juvenile Detention
Healing Opportunities for Personal Empowerment (HOPE)	County of San Diego	Outpatient	446 Alta Road, Suite 6100 San Diego, CA 92158	(619) 671- 4473	Carlos Nelson	Countywide	Probation Juvenile Detention
Pathways to Well-Being	County of San Diego	Administration Pathways to Well-Being/ Katie A	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Amanda Lance-Sexton	Countywide	CWS

# Child Welfare Services - Specialty Programs

## Child Welfare Services (CWS) - Specialty Programs

Includes programs specializing in the treatment of youth involved in the child welfare system. The entire CYF network of services is available to CWS youth, but these programs were designed with consideration of the complex needs of youth involved in CWS, who may be placed in foster care, seeking reunification with biological family members, or a caregiver working towards case plan goals with a CWS worker. These programs are also found in other corresponding sections. STRTPs see Residential - Mental Health.

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
CFT Meeting Facilitation	Fred Finch Youth Center (FFYC)	CFT Meetings	10174 Old Grove Road, Suite 100 San Diego, CA 92131	(858) 682-3818	Amanda Lance-Sexton Jeralyn Bourdage	Countywide
Comp. Assess. & Stab. Svcs. (CASS)	New Alternatives Inc (NAI)	Outpatient	3517 Camino del Rio South, Suite. 407 San Diego, CA 92108	(619) 955-8905	Eileen Quinn-O'Malley	Countywide
Continuum of Care Reform (CCR)	County of San Diego	Administration STRTP	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Amanda Lance-Sexton	Countywide
Development Eval Clinic (DEC)	Rady Childrens Hospital of San Diego (Rady)	Outpatient Evaluation	3665 Kearny Villa Road, Suite 405 San Diego, CA 92123	(858) 966-1700	Rebecca Raymond	Central
Family Urgent Response System (FURS)	Mental Health America	State Hotline Local Mobile Response Placement stabilization	4069 30th Street San Diego, CA 92104	1-833-939-FURS State Hotline	Emil Montoya	Countywide
Foster Family Agency Stabilization and Treatment (FFAST)	San Diego Center for Children (SDCC)	Outpatient Therapeutic Foster Care	8775 Aero Drive, Suite 132 San Diego, CA 92123	(858) 633-4115	Kelly Bordman	Countywide
Incredible Families	New Alternatives Inc (NAI)	Outpatient	8765 Aero Drive San Diego, CA 92123	(619) 207-0396	Eileen Quinn-O'Malley	Countywide
Juvenile Court Clinic	Vista Hill Foundation, Inc (VHF)	Psychiatric Services	2851 Meadowlark Drive San Diego, CA 92123	(858) 571-1964	Wendy Maramba	Countywide
Pathways to Well-Being	County of San Diego	Administration Pathways to Well-Being/ Katie A	3255 Camino del Rio South San Diego, CA 92108	(619) 563-2723 (619) 584-5041	Amanda Lance-Sexton	Countywide
Dependency Drug Court SUD Coordination	Vista Hill Foundation, Inc (VHF)	Outpatient	4990 Williams Avenue, Suite 202 La Mesa, CA 91942	(619) 668-4265	Terri Kang	Countywide
Polinsky Child. Ctr (PCC) Placement Stab. Svcs.	New Alternatives Inc (NAI)	Emergency Shelter	9400 Ruffin Court San Diego, CA 92123	(858) 357-6879	Eileen Quinn-O'Malley	Countywide

Program Name	Agency	Service	Address	Phone Number	County Monitor	Region
Sober and Friendly Environment (SAFE) Housing [Transitional Sober Housing]	McAlister Institute for Treatment and Education (MITE)	SUD Transitional Housing	1400 N. Johnson Avenue, Ste. 101 El Cajon, CA 92020	(619) 442-0277	Wendy Maramba	Countywide
Wrapworks	San Diego Center for Children (SDCC)	Wraparound	3002 Armstrong Street San Diego, CA 92111	(858) 569-2170	Kelly Bordman	Countywide

# Fee for Service (FFS) Network

## **Fee-for-Service (FFS) Network**

The County of San Diego FFS Network is a group of providers licensed independently to provide mental health treatment services in private practice settings to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The [Fee for Service Provider Directory](#) lists available providers and services offered by the County of San Diego through the FFS Network.