Children, Youth and Families (CYF) Behavioral Health Services

Provider Resource Manual

Available on line at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children.html

January 2017
San Diego County Health and Human Services Agency
The Access and Crisis Line

Free, Confidential Support in All Languages
Crisis Intervention
Suicide Prevention, Intervention and Postvention or Post-Intervention?
Behavioral Health Screens and Referrals

We are here for you!

(888) 724-7240
7 Days a Week, 24 Hours a Day via Telephone
TDD/TTY Dial 711

Staffed by Professional Counselors
Crisis Intervention and Suicide Prevention
Referrals for Mental Health and Substance Use Needs

Live Chat Services Available Mon - Fri (4pm-10pm)
www.up2sd.org or www.optumsandiego.com
## Table of Contents

- **Introduction** ................................................................................................................. 4
- **Mission and Vision Statement** .................................................................................. 7
- **Definitions** .................................................................................................................. 8
- **Advocacy and Support Services** ................................................................................ 12
- **Crisis Services** ............................................................................................................ 15
- **Inpatient Psychiatric Hospitals** .................................................................................. 17
- **Residential Program Support** ..................................................................................... 18
- **Day Treatment Programs** ........................................................................................... 21
- **Wraparound/Intensive Case Management** ................................................................. 24
- **Therapeutic Behavioral Services (TBS)** ...................................................................... 25
- **Outpatient Services**
  - Fee for Services Network .......................................................................................... 26
  - Organizational Providers Network ............................................................................... 27
- **Teen Recovery Centers (TRC)** .................................................................................... 40
- **Women’s Perinatal Substance Use Disorder (SUD)**
  - Residential .................................................................................................................. 44
  - Outpatient ................................................................................................................... 46
  - Case Management ........................................................................................................ 48
- **CalWORKS Mental Health and Substance Use Disorder (SUD)** ............................... 49
- **Prevention and Early Intervention Services (PEI)** .................................................... 50
- **Faith Based** .................................................................................................................. 55
- **Outcome Measure Services** ........................................................................................ 56
- **School Listing for Children’s Behavioral Health Services** ........................................... 57
- **Community Information** .............................................................................................. 79
- **Support Groups/Self-Help** .......................................................................................... 80
- **Behavioral Health Web Sites** ..................................................................................... 81
- **CYFBHS Provider Resource Manual Edits/Updates** ................................................... 82
Introduction

Children, Youth and Families Administrative Team

Yael Koenig, Deputy Director (619) 563-2773
Dr. Laura Vleugels, Supervising Psychiatrist (619) 563-2715
Dr. Jeff Rowe, JFS Supervising Psychiatrist (619) 634-4695

County of San Diego Program Monitor

Fran Cooper (619) 584-5030
Ines Dominguez-Barros (619) 584-5035
Shannon Jackson (619) 563-2720
Amanda Lance-Sexton (619) 563-2722
Eileen Quinn-O’Malley (619) 584-5046
Wendy Maramba (619) 584-5076
Mike Miller (619) 563-2787
Rebecca Raymond (619) 584-3011

The County of San Diego, Health and Human Services Agency Behavioral Health Services administers Children, Youth and Families Behavioral Health Services. This provider resource manual describes the services currently funded by the County of San Diego, which include County operated and contracted programs.

P.O. BOX 85524
SAN DIEGO, CA 92186-5524
PHONE (619) 563-2750
FAX (619) 563-2775

Access and Eligibility for Services

County funded Behavioral health services are intended for children and adolescents who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, substance abuse/dependence) or who require behavioral health services in order to function in school, at home or in the community. Generally services are targeted for the Medi-Cal beneficiaries and low income up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals may make direct contact with any of the resources listed in this manual. However, it should be noted that, in some cases, access to services is managed through specific procedures and may be limited to certain special populations. Where possible, this information has been included in this manual. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at (888) 724-7240.

Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However clients have the option to choose or use a family member or a friend as an interpreter. The client/family are not expected to provide their own translator. All Behavioral Health programs have access to translators.
Fees and Funding
Behavioral health services provided through the County of San Diego are financed through Medi-Cal, the Mental Health Services Act (MHSA), patient fees, private insurers, County general funds, State funds, and specialized grants. Fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be taken into account in determining the individual's monthly payment. No person who otherwise qualifies for services will be turned away due to lack of funds.

Organizational Providers
Serve children/youth with complex needs through a multidisciplinary team.

Health Plans
Serve children/youth with mild to moderate needs. CYFBHS has integrated Mental Health Services (MHS) and Alcohol and Drug Services (ADS) for children, youth and families and gender specific Alcohol and Drug Services through the perinatal ADS Women’s programs. CYFBHS embraces the principles of a Comprehensive Continuous Integrated System of Care (CCISC) for co-occurring disorders.

Fee For Service (FFS) Providers
Service children/youth with complex needs through individual providers.

Care 1st Health Plan  (855) 321-2111
Community Health Group  (800) 404-3332
Health Net  (888) 426-0030
Kaiser Permanente  (877) 496-0450
Molina Healthcare  (888) 665-4621

Live Well San Diego
CYFBHS supports the Live Well San Diego vision of Building Better Health, Living Safely, and Thriving. Live Well San Diego, developed by the County of San Diego, is a comprehensive, innovative regional vision that combines the efforts of partners inside and outside County government to help all residents be healthy, safe, and thriving. Building Better Health focuses on improving the health of residents and supporting healthy choices. Living Safely seeks to ensure residents are protected from crime and abuse, neighborhoods are safe, and communities are resilient to disasters and emergencies. Thriving focuses on promoting a region in which residents can enjoy the highest quality of life.

San Diego Network of Care
The Network of Care website is a resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features. Regardless of where you begin your search for assistance with behavioral health issues, the Network of Care helps you find what you need - it helps ensure that there is "No Wrong Door" for those who need services. This website can greatly assist in our efforts to protect our greatest human asset - our beautiful minds. Information is available in Spanish, Cantonese, Russian, Tagalog, Vietnamese, Cambodian, Korean, Arabic, Somali, American Sign Language, French, Italian, and, Portuguese.

http://sandiego.networkofcare.org
2-1-1 San Diego
2-1-1 San Diego is a free, 24 hour, confidential phone service available in 200+ languages and searchable online database. 2-1-1 is a trusted, local, nonprofit organization with connection to more than 6,000 community, health, disaster services, and much more. The Enrollment Services team helps identify, screen, and help people apply over the phone for benefit programs including CalFresh, Medi-Cal, and Covered California. 2-1-1 is partnered with the First 5 Commission of San Diego to support an information and referral system that serves the needs of families with children under 6 years of age as well as pregnant women. 2-1-1 can link families eligible for pregnancy-related Medi-Cal to care and work to assure pregnant women obtain early and continuous prenatal care and other services they need. The goals for this program include: healthy mothers have healthy babies, linking pregnant women to available health care services and assuring pregnant women receive early and continuous prenatal care.

http://www.211sandiego.org
Children, Youth and Families Behavioral Health Services
Mission and Vision Statement

Mission

The purpose of the System of Care Council is to ensure that all agencies serving San Diego county youth from age 0 through age 21 have coordinated services resulting in improved youth and family, and system outcomes consistent with System of Care Values and Principles.

Vision

San Diego youth are healthy, safe, successful in school, and in their transition to adulthood, while being law abiding, while living in a home and community that supports strong family connections.
Definitions

Advocacy and Support Services
Advocacy services are crucial to ensuring that the mandated rights of children, youth, and their families are protected and that complaints and grievances are satisfactorily resolved. Support services offer families and their children the opportunities to share their concerns with other families and behavioral health professionals.

Child Welfare Service (CWS)
Child Welfare Services (CWS) and Behavioral Health Services (BHS) jointly administer the Pathways to Well Being program along with many other shared planning efforts. Behavioral Health Services and CWS coordinate services to ensure that dependent youth who have behavioral health needs receive services from a wide range of services and support within the Children’s System of Care.

Continuum of Care Reform (CCR) AB 403
The Continuum of Care Reform is a series of existing and new reforms to Child Welfare Services (CWS) and Probation. The principles of CCR are built around the right of all children to permanency in a family environment, access to a Child and Family Team that includes all collaborative service providers and natural supports, availability to appropriate mental health services regardless of placement, and the transition of residential group home placements to Short-Term Residential Therapeutic Programs (STRTP), which will provide short-term, intensive treatment interventions and are designed to quickly transition children back to a permanent family. Implementation efforts for CCR will occur in stages between now and 2021.

Crisis Services
24 hour crisis response. Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources.

Day Treatment Programs
Day Treatment Programs provide an intensive treatment program that offers individual, family and group services in a therapeutic milieu. Services include medication management and monitoring, crisis intervention, case management and rehabilitation services. Some Day programs are co-located in a residential treatment program while some are community based. Access to residential day programs is through the Probation, Child Welfare Services or school district.

Family and Youth Partners
Family and Youth Partners is an overarching term for an individual with experience as a child or youth or parent/caregiver of a child/youth who is or has received services from a public agency serving children and families. Youth & Family Partner roles may include, but are not limited to Administration, Advocacy/Community Engagement, Training and Supervision, Support Partners (direct service), Peer to Peer, and Outcomes and Evaluation activities.
Fee for Service (FFS) Network
Services for Medi-Cal beneficiaries access through Optum Health/Access and Crisis Line.

Full Service Partnership (FSP)
Full Service Partnership (FSP) provides an array of services to children and youth and their families beyond the scope of traditional clinic-based outpatient mental health services. FSP services provide additional supports to promote stability and successful functioning within the community. Services and linkages are provided in the home or community, guided by a commitment to do “whatever it takes,” to help children, youth and their families achieve self-defined goals toward resilience and wellness.

Inpatient Psychiatric Hospitals
Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

Intensive Case Management
Intensive Case Management are community-based services that emphasize the strengths of the children, youth and family and includes the delivery of coordinated, individualized services to address needs and achieve positive outcomes. Providers engage in a unique assessment and treatment planning process that is characterized by the formation of a child, family and multi-agency team which includes community and natural supports.

Juvenile, Forensic Assistance for Stabilization and Treatment (JFAST)
JFAST of Juvenile Offenders is a Mental Health Court Calendar, comprised of partners from the Juvenile Forensics STAT Team, Probation, the Juvenile Court, Primary Public Defender, District Attorney, Vista Hill Juvenile Court Clinic, Wraparound providers and other mental health professionals and community representatives. Youth referred to the program are screened by Probation and a behavioral health assessment is completed by the BHS STAT Team. When youth is accepted into the JFAST Program a case plan is developed that is formalized at a hearing that identifies the conditions and terms of probation. Clients receive individualized treatment services which can include individual and family therapy, wraparound services, substance abuse counseling and case management services.

Juvenile Forensic Services
Juvenile Forensic Services provides mental health services to youth in the San Diego County Probation institutions and youth transitioning from detention back into the community. Referrals for services are made by the Juvenile Court, the Probation Department, other juvenile justice system providers, and community providers.

Outpatient Services
Outpatient programs offer psychiatric evaluation, medication management, individual, group, and family therapy, rehabilitative services and case management to children/youth with a high level of need. Outpatient clinics offer limited crisis intervention services during business hours. While it is possible to walk in to some programs and receive timely service most programs schedule an assessment appointment to see a clinician as needed. Outpatient services provide services for Medi-Cal children/youth and indigent youth who meet criteria for specialty mental health services. The Medical Health Plans serve children/youth with mild to moderate level of need.
Prevention and Early Intervention (PEI)
Prevention programs bring mental health awareness into the lives of all members of the community through public education initiatives and dialogue. To facilitate accessing supports at the earliest possible signs of mental health problems and concerns, PEI builds capacity for providing mental health early intervention services at sites where people go for other routine activities (e.g., health provider, education facilities, and community organizations). Mental health becomes part of wellness for individuals and the community, reducing the potential for stigma and discrimination against individuals with mental illness.

Probation
The Probation Department and Behavioral Health Services coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children’s System of Care. These services range from behavioral health services at Juvenile Hall, and the Camps to community based treatment such as Breaking Cycles, Juvenile Court Clinic and Juvenile Drug Court Services.

Residential Day/Outpatient Programs
Residential Level 12 and 14 programs offer day treatment and outpatient services for children and youth who are placed in a residential treatment facility. Access to these programs is through Child Welfare Services or through Probation and the Juvenile Court involvement.

School Based Services
Outpatient and day services provided at over 400 school sites throughout the County.

Teen Recovery Centers (TRC) Day Treatment/Outpatient Program
Adolescent Teen Recovery Center programs provide developmentally appropriate substance abuse treatment for adolescents and their families including those with co-occurring disorders. Regional programs provide outpatient services, day treatment services and crisis intervention. TRC’s have school satellites at selected school grounds to facilitate access to resources.

Therapeutic Behavioral Services (TBS)
Therapeutic Behavioral Services offer specialized short-term one to one behavioral services designed to prevent re-hospitalizations, placements in higher levels of care, and/or assist with transition to lower levels of care. TBS is an ancillary service in the home school or at the child/youth current residential placement. Therapeutic Behavioral Services are provided countywide to eligible Full-Scope Medi-Cal recipients.

Transition Age Youth (TAY)
Youth ages 16 up to 21 years. TAY youth may be served in the Children, Youth and Families System of Care (CYFSOC), TAY specific programs or for those TAY age 18 and older that are seriously mentally ill, may be served in the Adult/Older Adult SOC.
Women’s Perinatal Substance Use Disorder (SUD) Services
The County of San Diego has a Perinatal System of Care that provides a wide array of Substance Use Disorder (SUD) treatment services to all women. Perinatal SUD services are designed specifically to meet the needs of pregnant and/or parenting women and teens. Pregnant women have priority admission to recovery and treatment programs. The perinatal programs provide a welcoming and safe environment, gender specific curriculum, with individualized trauma informed care, that focuses on the needs of mothers working towards recovery.

Perinatal SUD treatment is available throughout the county and includes: long term residential treatment for women and their children, Spanish-speaking staff, perinatal detoxification, outpatient programs for women and teens, and intensive mobile perinatal case management services to high risk pregnant women or teens. The perinatal SUD treatment programs support the needs of mothers through, parenting classes, child therapy, life skills, healthy relationships, recovery groups, classes for improving self-esteem, education, transportation and free onsite childcare. All services are provided on a sliding fee scale. Treatment fees may be waived for Medi-Cal recipients.
Advocacy and Support Services

**Breaking Down Barriers**
(619) 543-0412
4069 30th Street
San Diego, CA 92104

Hours: M-F 9 am - 5 pm
Population: Children and Adults
Service: Mental health education, outreach, community linkage and collaboration
Specialty Populations: Unserved and underserved diverse cultural groups
Parent Organization: Mental Health America of San Diego County
County of San Diego Program Monitor: Adrienne Yancey

**Consumer Center for Health Education and Advocacy (CCHEA)**
(877) 734-3258
1764 San Diego Avenue, Suite 200
San Diego, CA 92110

Hours: M-F 9 am – 5 pm
Population: Children and Adults
Service: Assistance with accessing health services and benefits. Handles outpatient care complaints and grievances to ensure that mandated rights are protected.
Parent Organization: The Legal Aid Society
County of San Diego Program Monitor: Steve Jones

**Deaf Community Services**
(619) 398-2441
1545 Hotel Circle South, Suite 300
San Diego, Ca 92108

Hours: M-F 8:30 am - 5 pm
Population: Children, Youth, Transitional Age Youth, Adults, Older Adults and their families
Service: Sign language interpretation for all behavioral health and case management services
Specialty Populations: Unserved, underserved deaf or hard of hearing individuals of all ages
Parent Organization: Deaf Community Services of San Diego
County of San Diego Program Monitor: Cara Evans-Murray

**Family and Youth Liaison**
(858) 634-6580
Peer & Family Support Helpline (800) 523-5933
5095 Murphy Canyon Road, Suite 320
San Diego, CA 92123

Population: Children, Youth and Families
Service: Coordinates and advances family youth professional partnership in Children, Youth and Families Behavioral Health Services
Parent Organization: National Alliance on Mental Illness (NAMI) San Diego
County of San Diego Program Monitor: Rebecca Raymond
Family/Youth Partner Program
(858) 684-3080
5275 Market Street Suite E
San Diego, CA 92114
Hours: M-F 9 am – 4:30 pm and by appointment
Population: Parents and clients and TAY youth in Southeast San Diego
Service: Full Service Partnership (FSP), parent and peer support, family and peer advocacy, information and referral, support services
Parent Organization: Harmonium, Inc.
County of San Diego Program Monitor: Wendy Maramba

Interpreters Unlimited
(800) 726-9891 or (858) 866-0500
10650 Treena Street, Suite 308
San Diego, CA 92121
Hours: M-F 7 am – 5 pm
Population: Children, Youth, Transitional Age Youth, Adults, Older Adults and their families
Service: Interpretation for all behavioral health and case management services and linkages with families in need of language translation
Specialty Populations: Unserved, underserved individuals who have difficulty in speaking or understanding English
Parent Organization: Interpreters Unlimited
County of San Diego Program Monitor: Stephanie Wells

Patient Advocacy Program
(Inpatient/Residential Setting)
(619) 282-1134
(800) 479-2233
8804 Balboa Avenue
San Diego, CA 92123
Hours: 7 days/24 hours
Population: Children and Adults
Service: Patient advocacy and protection of patient's rights when in a 24 hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected
Parent Organization: Jewish Family Service of San Diego
County of San Diego Program Monitor: Steve Jones
Pathways to Well-Being
Behavioral Health Services (BHS)
3255 Camino del Rio South
San Diego, CA 92108
(619) 563-2723

Hours: M-F 8 am – 5 pm
Population: Children, Youth and Families
Service: Intensive Care Coordination (ICC) and Intensive Home-Based Services (IHBS) are provided to youth who have an identified mental health need, who meet medical necessity and who have full scope Medi-cal. At the State and County levels both the child welfare systems and behavioral health systems are committed to working together to improve the safety, well-being, and permanancy of child welfare children/youth. Pathways to Well-Being (PWB) services are needs driven, strengths-based, child/youth/TAY and family focused, individualized, culturally competent, trauma informed, are to be delivered in a well-coordinated, comprehensive, community-based approach with strong engagement and participation of the child/youth/TAY and family in order to facilitate the reunification of the family if appropriate. BHS PWB provides recommendations to BHS organizational providers to complete full assessments and treatment.

Specialty Populations: Child Welfare Services
Parent Organization: County of San Diego, Health and Human Services Agency
County of San Diego Program Monitor: Amanda Lance-Sexton

SSI Advocacy Services
(844) 774-5463, TTY (877) 734-2929
110 South Euclid
San Diego, CA 92114

Hours: M-F 9 am – 5 pm
Service: Provides SSI Advocacy Services for consumers of the following programs: General Relief, Board and Care Payment Program and for Mental Health Clubhouses
Parent Organization: Legal Aid Society of San Diego
County of San Diego Program Monitor: Vincent Chau
Crisis Services

Access and Crisis Line
1 (888) 724-7240
TDD/TTY for Hearing Impaired: (619) 641-6992

Hours: M-F 4 pm – 10 pm
Live Chat Services: www.up2sd.org or www.optumsandiego.com
Hours: M-F 4pm-10pm
Population: Children, Adolescents, Transition Age Youth, Adults, Older Adults and their families
Service: Behavioral Health Access and Crisis Line (ACL), crisis/suicide/substance abuse intervention, behavioral health information and referrals
Parent Organization: OptumHealth/United Behavioral Health
County of San Diego Program Monitor: Tabatha Lang

Emergency Medication Clinic
(619) 397-6900
730 Medical Center Court
Chula Vista, CA 91911

Hours: M/W/F 9 am – 12 pm (By appointment only)
Population: Children, Youth and Families with emergency/crisis medication refill needs up to age 18.
Service: Emergency/crisis refill service when the primary treating psychiatrist or physician have been contacted and are not available to see the client/family to prevent a medication crisis.
Specialty Populations: Children/youth in emergency/crisis related to psychiatric medication management
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Rebecca Raymond

Emergency Screening Unit (ESU)
(619) 421-6900
730 Medical Center Court
Chula Vista, CA 91911

Hours: 7 days/24 hours
Population: Children and Youth up to age 18
Service: Emergency psychiatric evaluation, including screening for inpatient hospitalization and crisis stabilization
Specialty Populations: Psychiatric emergencies
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Rebecca Raymond
Medication Support for  
Polinsky Children’s Center Residents  
(858) 874-1082  
9400 Ruffin Road  
San Diego, CA 92123

Hours: 7 days/24 hours  
Population: Children and Youth residing at Polinsky Children’s Center who have been prescribed psychotropic medications  
Service: Medication support, crisis intervention, and referral services to children and youth who are currently placed in or being discharged from Polinsky Children’s Center  
Specialty Populations: Children/Youth residing in Polinsky Children’s Center  
Parent Organization: Rady Children’s Hospital  
County of San Diego Program Monitor: Rebecca Raymond

North County Crisis, Intervention and Response Team  
(760) 233-0133  
225 West Valley Parkway, Suite 100  
Escondido, CA 92025  
(760) 305-8225  
1020 S. Santa Fe Ave., Ste. B  
Vista, CA 92084

Hours: M-F 12 pm - 8 pm, Sat. 12 pm - 5 pm  
Population: Children and Youth, up to age 18  
Service: Walk-in and mobile assessment which provide urgent mental health and crisis intervention services including emergency psychiatric evaluations  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Rebecca Raymond

Psychiatric Emergency Response Team (PERT)  
Contact 911 for emergencies

Population: Services are provided to individuals with a behavioral health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment. Services include special attention to special needs of Transitional Age Youth (TAY) and Older Adult populations in the underserved communities, and to the Veteran population.

Service: PERT contributes to the well-being of individuals experiencing a mental health crisis who have come in contact with law enforcement, with the goal of more humane and effective handling of incidents involving law enforcement officers and individuals with mental illness, developmental disabilities and/or substance use disorders.

Specialty Populations: Individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment

Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Betsy Knight
Inpatient Psychiatric Hospitals

Aurora Behavioral Health Care/San Diego  
(858) 487-4200  
11878 Avenue of Industry  
San Diego, CA 92128

Hours: 7 days/24 hours  
Population: Children and Youth up to age 18  
Service: FFS and Acute psychiatric inpatient services- back up beds for indigenous parents. Medi-Cal only.  
Parent Organization: Signature Healthcare  
County of San Diego Program Monitor: Rebecca Raymond/Anna Palid

Child and Adolescent Psychiatry Service (CAPS)  
(858) 576-1700  
8001 Frost Street  
San Diego, CA 92123

Hours: 7 days/24 hours  
Population: Children and Youth up to age 18  
Service: Acute psychiatric inpatient contracts for Medi-Cal and indigenous children/youth  
Parent Organization: Rady Children’s Hospital San Diego  
County of San Diego Program Monitor: Rebecca Raymond

Sharp Mesa Vista Hospital  
(858) 836-8434  
7850 Vista Hill Avenue  
San Diego, CA 92123

Hours: 7 days/24 hours  
Population: Children and Youth age 6 up to age 18  
Parent Organization: Sharp Mesa Vista Hospital
Residential Program Support

Casa de Amparo
(760) 754-5510
4070 Mission Avenue
Oceanside, CA 92057
Hours: M-F 9 am - 7 pm (Outpatient services M-Su as needed)
Population: Children and Youth ages 6 to 18 placed at Casa de Amparo Level 12
Service: Full Day Rehabilitation program
Specialty Populations: Juvenile Court dependents
Parent Organization: Casa de Amparo
County of San Diego Program Monitor: Amanda Lance-Sexton

Children’s Residential Treatment, Level 12 & 14
(858) 277-9550
3004 & 3002 Armstrong Street
San Diego, CA 92111
Hours: M-F 8 am - 6 pm
Population: Children and Youth ages 6 to 13 placed at Level 12 & 14 Residential Treatment Center
Service: Full Day Rehabilitation program
Specialty Populations: Juvenile Court Dependents
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Amanda Lance-Sexton

Clark Adolescent Treatment Center
(858) 277-9550
3003 Armstrong Street
San Diego, CA 92111
Hours: M-F 2:30 pm - 8 pm (Evening and weekend hours available as needed)
Population: Children and Youth ages 13 to 18 who reside in Clark Residential Treatment Center.
Service: Full Day Rehabilitation Program enhanced with a TAY life skills training program; co-occurring disorders service capability
Specialty Populations: Juvenile Court Dependents, TAY youth; Co-occurring
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Amanda Lance-Sexton

Dual Diagnosis Services
(619) 797-1090
3845 Spring Drive
Spring Valley, CA 91977
Hours: M-F 8 am - 4:30 pm
Population: Youth ages 12 to 18 year old referred by Child Welfare Services and San Diego Regional Center and who currently reside in Fred Finch level residential facility
Service: Full Day Rehabilitation and outpatient services
Specialty Populations: Emotionally disturbed youth with developmental disability
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Amanda Lance-Sexton
New Alternatives South Campus
(619) 397-6901
730 Medical Center Court
Chula Vista, CA 91911

Hours: M-F 2:30 - 7:30 pm
Population: Children and Youth ages 12 to 18 who reside in NA South Campus residential facility
Service: Full Day Rehabilitation
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Amanda Lance-Sexton

Phoenix House Academy
(888) 671-9392

Hours: M-F 8 am - 5 pm
Population: Adolescents, age 12 to 17 who have a primary substance use disorder
Service: Substance Use Disorder Residential Services for Adolescents County-Wide
Parent Organization: Phoenix House of San Diego, Inc.
County of San Diego Program Monitor: Mike Miller

Polinsky Outpatient Behavioral Health Program
(858) 514-4625
9400 Ruffin Road
San Diego, CA 92123

Hours: M-F 3 pm - 8 pm
Population: Dependent Children and Youth detained in shelter care at Polinsky Children’s Center
Service: Outpatient Services and transitional services
Specialty Populations: Child Welfare Services dependents residing at Polinsky Children’s Center
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Rebecca Raymond

San Pasqual Academy
(760) 233-6005
17701 San Pasqual Valley Road
Escondido, CA 92025

Hours: M-F 8 am - 5 pm
Population: Children and Youth ages 12-18 referred by Child Welfare Services who reside in San Pasqual Academy (SPA)
Service: Full Day Rehabilitation program and Outpatient Services
Specialty Populations: Transition Age Youth, Juvenile Court Dependents residing at SPA
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Amanda Lance-Sexton
Stabilization Treatment and Transition (STAT) Team
(858) 694-4680
2901 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 7 am -10 pm; Sat 8 am - 7 pm
Population: Children and Youth up to age 21 detained in Kearny Mesa Juvenile Hall (KMJDF), East Mesa (EMJDF), Girls Rehabilitation Facility (GRF) and Camp Barrett
Service: Crisis intervention, counseling, medical evaluations, brief assessment, consultation, transitional mental health services and community stabilization
Specialty Populations: Juvenile Court Wards
Parent Organization: County of San Diego
County of San Diego Program Monitor: Fran Cooper

Substance Use Disorders (SUD) Group Homes
(619) 442-0277 x121
Spring Valley, CA 91978
Lemon Grove, CA 91945
Ramona, CA 92065

Hours: 7 days/24 hours
Population: Adolescents, age 12 to 17 who have a primary alcohol or other drug dependency problem other than tobacco or ordinary caffeine containing beverages
Service: Provide 24-hour adolescent short term residential Substance Use Disorder (SUD) treatment/recovery and ancillary services to the community. SUD residential adolescent services shall be designed to engage the community’s racial, ethnic and economic populations. Mental health services also provided on site.
Parent Organization: McAlister Institute for Treatment and Education.
County of San Diego Program Monitor: Shannon Jackson
Day Treatment Programs

Breaking Cycles
(858) 492-2300
7798 Starling Drive
San Diego, CA 92123

Hours: M-F 8 am – 5 pm
Population: Children and Youth ages 12 to 18 years
Service: Provide trauma informed case management, alcohol and other drug intervention, and recovery services to youth and their families participating in the Breaking Cycles Graduated Sanctions Program. Also provides screening, groups and community referrals for the identification, prevention and intervention of Commercially Sexually Exploited Children (CSEC) at Kearny Mesa Juvenile Hall and Girls Rehabilitative Facility.

Specialty Populations: Juvenile Court Wards, Mental Health Court for Adolescents
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Fran Cooper

Cajon Valley School Project
(619) 588-3653
3845 Avocado School Road
El Cajon, CA 91941

Hours: M-F 8 am – 4 pm (evening appointments available upon request)
Population: Children and Youth in grades K–8 with Medi-Cal for children in the Cajon Valley Union School District
Service: Dull Day Rehabilitation and Outpatient Services
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Eileen Quinn-O’Malley

Dual Diagnosis Services
(858) 492-2340
7798 Starling Drive, Suite 314
San Diego, CA 92123

Hours: M-F 8 am – 5 pm
Population: Children and Youth up to 18 years
Service: The Dual Diagnosis program provides services for youth involved with the San Diego Juvenile Probation Department who are in need of mental health and substance abuse services. The program uses a multi-disciplinary integrated approach. Paraprofessionals provide evidenced based psycho educational groups and rehabilitation supportive services at seven juvenile probation sites. The groups are facilitated based on evidenced based curricula including Aggression Replacement Therapy (ART), Clinical Conduct and Substance Abuse (CCSA), Character Counts, Social Tolerance, Safe Dates and Life Skills.

Specialty Populations: Juvenile Court Wards
Parent Organization: Social Advocates for Youth, Inc.
County of San Diego Program Monitor: Fran Cooper
Marcy Day Program
(619) 525-7372
2716 Marcy Avenue
San Diego, CA 92113
Hours: M-F 7:30 am - 4 pm
Population: Youth in grades 9-12 with Medi-Cal referred by San Diego Unified School District
Service: Full Day Rehabilitation program and transitional services
Specialty Populations: San Diego Unified School District students
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Amanda Lance-Sexton

Merit Academy Adolescent Day Treatment Center
(619) 448-1162
1600 N. Cuyamaca Street
El Cajon, CA 92020
Hours: M-F 7:30 am - 4:30 pm; T and Th until 7:00 p.m.
Population: Youth in grades 9-12 with Medi-Cal referred by Grossmont Union High School District
Service: Full Day Rehabilitation program
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Eileen Quinn-O'Malley

New Dawn Day Program
(858) 496-1655
5650 Mt. Ackerly Drive
San Diego, CA 92111
Hours: M-F 8 am - 4:30 pm; (T and Th late appointments possible)
Population: Youth in grades 9-12 with Medi-Cal referred by San Diego Unified School District
Service: Full Day rehabilitation program and transitional services
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Eileen Quinn-O'Malley

Reflections
(619) 668-0363
8376 Hercules Street
La Mesa, CA 91942
Hours: M-Th 8 am – 4:30 pm; F 8 am – 4 pm
Population: Children and Youth up to 18 years referred by the Juvenile Court for intensive behavioral health day rehabilitation services.
Service: Day Rehabilitation. Provides family-based services to adolescents and their families. Program offers a competency-based school program, youth and family monitoring, in-home treatment services, family support groups, positive peer selection, violence prevention and alcohol and drug services
Specialty Populations: Juvenile Court Wards
Parent Organization: County of San Diego
County of San Diego Program Co-Monitor: Fran Cooper
Sexual Treatment Education Program and Services (STEPS)
(858) 565-2510
4660 Viewridge Avenue
San Diego, CA 92123

Hours: M-F 8 am - 4 pm
Population: Children and Youth with sexually abusive behavior problems
Service: Full Day Treatment Intensive (males), Outpatient aftercare services, and Outpatient (males and females, age 6-18)
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, Medi-Cal
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Shannon Jackson

Unified Day Treatment
(858) 292-9523
5650 Mt. Ackerly Drive
San Diego, CA 92111

Hours: M-F 8 am – 5 pm
Population: Medi-Cal eligible Children and Youth grades K-8 referred through San Diego Unified School District
Service: Full Day Rehabilitation program
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Eileen Quinn-O’Malley
Wraparound/Intensive Case Management
Families Forward Wraparound
(858) 380-4676
9445 Farnham Street, Suite 100
San Diego, CA 92123
Hours: M-F 8 am – 5 pm (office hours / 24 hours availability)
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21
Service: Provides intensive case management and mental health services, utilizing the wraparound approach principles. Mental health services are provided with the goal of preventing the youth from needing a higher level of care. Intensive services include, but are not limited to, crisis intervention, case management, medication management, individual therapy, assessment, and family therapy
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Amanda Lance Sexton

Wraparound
(619) 281-3706
3434 Grove Street
Lemon Grove, CA 91945
Hours: M-F 8 am – 5 pm (office hours/ 24 hour availability)
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Amanda Lance-Sexton

WrapWorks
(858) 633-4100
3002 Armstrong Street
San Diego, CA 92111
Hours: M-F 8:30 am – 5 pm (Evenings by appointment)
Population: Seriously Emotionally Disturbed Children and Youth ages 5 to 21
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Mental health services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Amanda Lance-Sexton

Satellite locations:
235 W. 5th Avenue, Suite 130
San Marcos, CA 92069
123 Worthington Street, Suite 201
Spring Valley, CA 91977
Therapeutic Behavioral Services

Therapeutic Behavioral Services (TBS)
(619) 615-0701
Fax (619) 615-0897
2535 Kettner Blvd. 1A4
San Diego, CA 92110

Hours: M-F 8 am – 5 pm (coaching hours per need)
Population: Medi-Cal Children and Youth up to 21 and families
Service: One on one behavioral, in home coaching services, case management, by referral
Specialty Populations: Transition Age Youth, Preschool aged children
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Mike Miller
Outpatient Services
Fee For Service (FFS) Network

Treatment & Evaluation Resource Management (TERM)
(877) 824-8376
Fax: (619) 641-6779
3111 Camino del Rio North, Suite 500
San Diego, CA 92108

Hours: M-F 8:30 am – 5 pm
Population: Child Welfare Services (CWS), Juvenile Probation
Service: Quality management of the mental health treatment, evaluation and assessment services provided to Child Welfare Services and Juvenile Probation clients. Referrals to a network of community providers
Specialty Populations: Children involved in the CWS and Juvenile Probation systems and their Family/Caretakers
Parent Organization: OptumHealth/United Behavioral Health
County of San Diego Program Monitor: Tabatha Lang/Fran Cooper (CYF Liaison)
Outpatient Services
Organizational Providers Network

Advocating, Listening, and Leading the Youth (ALLY)
(619) 585-4228
330 Moss Street
Chula Vista, CA 91911
Hours: M/W 10 am -7 pm, T & F 8:30 am - 5:30 pm
Population: Children and Youth on Medi-Cal up to age 21
Service: Outpatient clinic services, pediatric referrals and school-based services, individual, group and family therapy. Psychiatric services and medication management.
Parent Organization: Prime Healthcare
County of San Diego Program Monitor: Rebecca Raymond

Catalyst
(858) 300-0460
7986 Dagget Street
San Diego, CA 92111
Hours: M-F 9 am – 6 pm
Population: Transition Age Youth (TAY) ages 16 to 25 Medi-Cal or indigent who have a Serious Emotional Disturbance (SED) or a Serious Mental Illness (SMI) and who may have a co-occurring mental illness and substance abuse disorder and who have been homeless or are at risk of homelessness, have transitioned from foster care, may have been in juvenile institutions or justice system and /or are users of acute inpatient care
Service: Assertive Community Treatment program that includes psychiatric assessment, medication management, individual supportive therapy, substance abuse treatment, co-occurring disorders treatment, supportive housing, basic needs, family psycho-education, supportive employment development, legal assistance and Full Service Partnership (FSP)
Parent Organization: Pathways Community Services
County of San Diego Program Monitor: Cecily Thornton-Stearns

Central School-Based Program
(858) 278-3292
4660 Viewridge Avenue
San Diego, CA 92123
Hours: M-F 7:30 am – 5 pm
Population: Children and Youth up to age 21 - Medi-Cal and uninsured (MHSA eligible) and must be in San Diego Unified School District. Uninsured (MHSA eligible)
Service: School Based, Individual, family, and group therapy. Case management, medication evaluation and monitoring, bilingual services and interpreters available
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Wendy Maramba
Central School-Based Services
(619) 283-9624
4275 El Cajon Blvd., Suite 101
San Diego, CA 92105
Hours: M-F 9 am - 5 pm (weekends/evenings by appointment)
Population: Children and Youth up to age 21
Service: School based outpatient diagnosis and brief treatment services; case management and rehabilitative services with San Diego Unified School District
Parent Organization: Social Advocates for Youth
County of San Diego Program Monitor: Wendy Maramba

Chaldean-Middle Eastern Social Services
(619) 631-7400
436 S. Magnolia Avenue Suite #201
El Cajon, CA 92020
Hours: M-F 9 am – 5pm
Population: Medi-Cal and unfunded Children and Youth up to age 21
Service: School based support groups and Outpatient mental health services
Specialty Population: Middle Eastern Refugees
Parent Organization: San Ysidro Health Clinic
County of San Diego Program Monitor: Charity White-Voth/Mike Miller

Child & Adolescent Mental Health Services
(619) 232-6454
1031 25th Street
San Diego, CA 92102
Hours: M-F 8:30 am – 5 pm
Population: Children and Youth up to age 21
Service: School-based counseling services, individual and group counseling, family counseling, substance abuse counseling, case management, and outreach. Services provided at designated schools within San Diego Unified School District
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Wendy Maramba

Childnet – Incredible Years
(760) 741-2660
1002 East Grand Avenue 945 Vale Terrace Drive
Escondido, CA 92025 Vista, CA 92084
Hours: M-F 8:30 – 5 pm; Sat 9 am – 5 pm
Population: Medi-Cal and MHSA eligible, Children ages 0-5 and their families
Service: Assessment, behavioral intervention, teacher intervention at designated preschools, implementation of Incredible Years Curriculum. Provides behavioral intervention and preschool teacher training to assist young children succeed in preschool and the community
Parent Organization: Palomar Family Counseling Services
County of San Diego Program Monitor: Mike Miller
Community Circle Central/East
(619) 515-2355 (619) 515-2380
2204 National Avenue 3845 Spring Drive
San Diego, CA 92113 Spring Valley, CA 91977

Hours: M-F 8 am – 5 pm M, T, W 8:00-8:00
(home visits by appointment) Th & F 8:00-5:00
Population: School-based Children and Youth with Medi-Cal and MHSA up to age 21
Service: Outpatient mental health clinic services. Individual, group and family therapy. School-based mental health services for children, youth and their families, psychiatric services and medication management.
Parent Organization: Family Health Centers of San Diego
County of San Diego Program Monitor: Mike Miller

Comprehensive Assessment and Stabilization Services (CASS)
(619) 281-3706
3434 Grove Street
Lemon Grove, CA 91945

Hours: M-F 8 am – 5 pm
Population: Seriously Emotionally Disturbed Children and Youth up to age 21, reside at home, foster care, small group home (6 or less) and are at risk of change of placement to a higher level of care
Service: Assessment, evaluation, case management treatment (including Evidence-Based Practices), case consultation and other needed mental health interventions. Referrals are made by CWS Social Workers
Specialty Populations: Children who are CWS involved
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Rebecca Raymond

Cornerstone
(619) 640-3266
6244 El Cajon Blvd., Suite 14
San Diego, CA 92115

Hours: 8:30 am – 5 pm day (evening hours available by appointment)
Population: (MHSA and Medi-Cal) unfunded Children and Youth up to age 21
Service: Outpatient mental health services, Individual group, and skill-building, family therapy services, psychiatric services, and medication management
Specialty Populations: Clinic and school-based, San Diego Unified School District
Parent Organization: Pathways Community Services
County of San Diego Program Monitor: Wendy Maramba
Counseling Cove  
(619) 525-9903  
3427 Fourth Avenue, 4th Floor  
San Diego, CA 92103  
Hours: M-F 9 am – 6 pm (Weekend and evenings by appointment)  
Population: Severely emotionally disturbed, homeless, runaway youth throughout entire county of San Diego ages 12 to 21  
Service: Outreach and engagement, crisis intervention, psychiatric evaluation, counseling, case management, medication monitoring, rehabilitative, support services and Full Service Partnership (FSP)  
Specialty Populations: Homeless and runaway youth, TAY population; youth with co-occurring disorders  
Parent Organization: San Diego Youth Services  
County of San Diego Program Monitor: Wendy Maramba

Crisis Action & Connection (CAC)  
(619) 591-5740  
730 Medical Center Court  
Chula Vista, CA 91911  
Hours: M-F 8 am – 6 pm, program hours vary. (24 hour assistance available)  
Population: Children and Youth ages 5 to 18 who have had a psychiatric hospitalization or a screening at the Emergency Screening Unit (ESU) with full scope Medi-Cal or no insurance Children and Youth up to age 21 who are in out of home placements, in change of placement situations or at risk of removal from home, foster home, or group home setting. Must be receiving services through HHSA, be full scope Medi-Cal, and meet medical necessity.  
Service: In-home comprehensive assessment, mental health services (individual, family, and group therapy), case management, and behavior management strategies  
Specialty Populations: Transition Age Youth, Youth Gay/Lesbian Transgender Juvenile Court Dependents  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Rebecca Raymond

Crossroads Family Center  
(619) 441-1907  
1679 E. Main Street, Suite 102  
El Cajon, CA 92021  
Hours: M, Tu, Fri 9 am - 5 pm, Wed 8 am- 8 pm, Th 10 am – 6 pm  
Population: Children and Youth with Medi-Cal, Healthy Families, uninsured (MHSA eligible) up to age 21  
Service: Provides individual/family/group psychotherapy, psychiatric services, case management, rehabilitative services, intensive care coordination (ICC), Intensive Home Based Services (IHBS), collaterals, substance use/abuse and tobacco services, crisis intervention services, family engagement and school based services to the entire East Region of San Diego. Crossroads is a Full Service Partnership (FSP) program.  
Specialty Populations: Transition Age Youth Outreach to rural East County area  
Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Fran Cooper
Developmental Evaluation Clinic (DEC)
(858) 966-1700
3655 Kearny Villa Road, Suite 405
San Diego, CA 92123

Hours: M-F 8 am – 5 pm
Population: Infants, pre-school and school age children
Service: Children's Developmental Evaluation Clinic provides developmental and psychological evaluation of infants, pre-school and school aged children. Licensed psychologists, neuro-psychologists and post-doctoral psychology interns evaluate children using a variety of psychometric tests. Identification of developmental and social delays, the significance of the delays and behavioral problems assessments, evaluation of the need for further assessment/intervention and recommendation of educational and therapeutic programs
Specialty Populations: Children under the age of 6
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Rebecca Raymond

Douglas Young Youth and Family Services
(858) 300-8282
7907 Ostrow Street, Suite F
San Diego, CA 92111

Hours: M, T, W 9:30 am – 6 pm; Th 12 – 8 pm; F 9 am – 5 pm
Population: Children and Youth, Healthy Families, Medi-Cal, uninsured (MHSA eligible)
Service: Clinic and School-Based outpatient mental services including crisis intervention, individual, family and group counseling, case management, psychiatric services including medication management, Full Service Partnership (FSP) and School-based services within San Diego Unified School District
Specialty Populations: Transition Age Youth and Co-Occurring Disorders
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Wendy Maramba

Early Childhood Mental Health (ECMH) – Incredible Years
(619) 238-0471
3510 Newton Avenue, Building B103
San Diego, CA 92113

Hours: M-F 8 am – 5 pm
Population: SED Children ages birth to five in San Diego Unified School District pre-school(s) who have been assessed and diagnosed with aggressive behavior problems and other emotional disturbance
Service: School-based mental health services that utilizes the Incredible Years curriculum
Specialty Populations: Latino and Asian Pacific Islander SED children and their families
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Wendy Maramba
East Outpatient Counseling Program
(619) 668-6200
7339 El Cajon Blvd. Suite K
La Mesa, CA 91941

Hours: M-F 8 am – 5 pm
Population: Children and Youth who are Medi-Cal eligible and uninsured (MHSA)
Service: School based mental health services in Lemon Grove School District, La Mesa- Spring Valley District and Grossmont School District
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Mike Miller

East School-Based Services
(619) 448-9700
1870 Cordell Court, Suite 101
El Cajon, CA 92020

Hours: M-F 9 am – 5 pm (Evenings by appointment)
Population: Medi-Cal eligible Children and Youth up to 21 years old
Service: School-based outpatient program serving Lakeside Union, Santee, and Grossmont Union School Districts
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Mike Miller

Fallbrook-Family Counseling
(760) 731-3235
120 W Hawthorne Street
Fallbrook, CA 92028

Hours: M-F 8:30 am - 5:30 pm
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible
Service: Individual, group and family therapy, medication management and case management. Provides school based services to Fallbrook High School District, Fallbrook Elementary District
Parent Organization: Palomar Family Counseling Services
County of San Diego Program Monitor: Mike Miller

Family Intensive Treatment-Juvenile Justice
(619) 334-5636
2351 Cardinal Lane, Annex B
San Diego, CA 92123

Hours: M-F 8 am – 5 pm (Evening hours available as needed)
Population: San Diego Unified School district students that are SED and have been detained at the Kearny Mesa Juvenile Detention Facility
Service: Home based Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) which require family participation
Specialty Populations: Adolescent probation wards referred by the Probation Department
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Fran Cooper
Foster Family Agency Stabilization & Treatment (FFAST)
(858) 633-4115
8775 Aero Drive, Suite 132
San Diego, CA 92123

Hours: M, W, F 9 am – 5 pm; T & Th 9 am - 6:30 pm (additional evening & weekend hours as needed)

Population: Full Scope Medi-Cal eligible beneficiaries up to 21 years of age who reside in Foster Family Agency homes and meet medical necessity diagnostic and impairment criteria in accordance with California Code of Regulations Title 9

Service: Provide specialty mental health services: individual therapy, family therapy, group therapy, parent training groups, crisis intervention, family support/rehabilitation, case management, collateral support, and medication evaluation/monitoring

Specialty Populations: Children/youth who are dependents or wards of the Juvenile Court and reside in San Diego County Foster Family Agency homes

Parent Organization: San Diego Center for Children

County of San Diego Program Monitor: Amanda Lance-Sexton

Satellite location
145 Vallecitos de Oro, Suite 210
San Marcos, CA 92069

Green Oak Ranch
(760) 598-2803
1237 Green Oak Road
Vista, CA 92083

Hours: M-F 9 am – 8 pm

Population: Children and Youth up to age 18 diverted from Polinsky Center residing in North County

Service: Assessment, case management services

Specialty Populations: Children under the age of 6, Juvenile Court Dependents

Parent Organization: New Alternatives, Inc.

County of San Diego Program Monitor: Rebecca Raymond

Incredible Families-ParentCare Center
(619) 668-4200
4990 Williams Avenue
La Mesa, CA 91941

Hours: M-F 8 am – 5 pm (Evening/weekend hours available pursuant to the needs of the clients)

Population: Juvenile Court dependent children, ages 0 – 11 referred by CWS

Service: Provides verified increased outcomes to CWS families in reunification by providing brief mental health services to children, Incredible Years Basic Parenting groups for the adults and also visitation with a family style dinner setting. This is provided in the community throughout the county.

Specialty Populations: Juvenile Court Dependent children through age 11

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Jean Avila
Juvenile Court Clinic
(858) 571-1964
2851 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 8:30 am – 5pm
Population: Seriously Emotionally Disturbed Children and Youth that are Wards and Dependents of the Court without funding and/or have exhausted medication resources and are referred by the Probation Department and or Child Welfare Services
Service: Assessment, medication management services, case management, linkage and referral for on-going care including one-to-one therapy and family counseling when required
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Fran Cooper

KidSTART Center EPSDT Clinic
Central-North Central
(858) 576-1700 Ext. 5803
3665 Kearny Villa Road, Suite 501
San Diego, CA 92123

North Coastal South
(760) 967-7082 (619) 420-5611
3605 Vista Way, Suite 101 1261-D Third Avenue
Oceanside, CA 92056 Chula Vista, CA 91911

Hours: M 8 am – 6 pm, T-F 8 am – 5 pm (Evening and weekend hours as needed)
Population: Medi-Cal eligible children ages birth to 5 years
Service: Outpatient mental health services treatment for children and youth experiencing atypical development and behavior and their families and caregivers. Referrals to this program are made primarily by the KidSTART Center
Specialty Populations: Child Welfare Services children ages 0-5
Parent Organization: Rady Children’s Hospital San Diego
County of San Diego Program Monitor: Mike Miller

Learning Assistance Centers
(760) 788-9724 (760) 489-4126
1012 Main Street 1029 N. Broadway
Ramona, CA 92065 Escondido, CA 92026

Hours: M-F 8 am - 5:30 pm (Evenings and weekend hours are available)
Population: School and home based mental health services including individual, group and family therapy, case management, rehabilitation, and medication management (psychiatry). Services provided through Medi-Cal and Mental Health Services Act for uninsured/underinsured children. School-based services provided in Ramona, Borrego Springs, Julian (elementary/middle and high school districts), Warner Springs, Spencer Valley, Escondido Union Elementary School District (elementary and middle school students) and San Pasqual Union
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Mike Miller
Mental Health Resource Center - Central
(858) 573-2227
2351 Cardinal Lane, Annex B
San Diego, CA 92123

Hours: M-F 8 am – 5 pm (Evening hours available by appointment)
Population: San Diego Unified School District students, by referral only. Includes referrals from ALBA, Student Attendance Review Board (SARB), Medi-Cal, MHSA, Probation/MST Program, and selected preschool sites. Also includes referred elementary and middle school Emotionally Disturbed students.
Service: School based Outpatient Mental Health Services
Specialty Populations: Preschool children, Transition Age Youth, Juvenile Court Wards. MHSA serves children and youth 3-18 and their families; outreach to underserved Severely Emotional Disturbed (SED) Asian and Latino children and youth.
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Wendy Maramba

Mental Health Resource Center – South
(619) 662-8370
1051 Picador Blvd.,
San Diego, CA 92154
Chula Vista, CA 91911

Hours: M-F 7:30 am – 4 pm; T, Th 4 – 6:30 pm (Evening appointments)
Service: Medi-Cal eligible or uninsured up to age 21. Assessment, individual group and family therapy and psychiatry services.
Specialty Populations:
Parent Organization: Sweetwater Union High School District
County of San Diego Program Monitor: Rebecca Raymond

Mobile Adolescent Services Team (MAST)
(619) 398-3261
1202 Morena Blvd., Suite 300
San Diego, CA 92110

Hours: M-F 9 am – 5 pm (Evening sessions by appointment only)
Population: Children and Youth up to age 21 enrolled in Momentum Learning (San Diego County Office of Education. Must be Medi-Cal eligible or uninsured (MHSA eligible)
Service: MAST provides school based individual, family, group, case management, rehabilitative services, Intensive care coordination (ICC), Intensive Home Based Services (IHBS), crisis intervention, medication management, & substance use/abuse and tobacco use services. MAST is a Full Service Partnership Program.
Specialty Populations: Children/adolescents at risk of entering into (or going further into) the Juvenile Justice system. Pregnant teens/teen mothers, youth with co-occurring substance abuse disorders
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Fran Cooper
Multi-Cultural Community Counseling (MCC)

(619) 578-2211
5296 University Ave., Ste. F-2
San Diego, CA 92105

Hours: M-F 9 am – 6 pm
Population: Children and Youth 5 years up to age 21 year old Medi-Cal or no insurance
Latino or Asian Pacific Islander population
Service: Full Service Partnership providing outpatient individual, group and family
therapy, crisis and community support, psychiatric evaluation and medication management and intensive case management
Parent Organization: Union of Pan Asian Communities (UPAC)
County of San Diego Program Monitor: Wendy Maramba

Nueva Vista Family Services

(619) 585-7686
1161 Bay Blvd., Suite B
Chula Vista, CA 91911

Hours: M & F 9 am – 5 pm; T, W, Th 9 am – 7 pm
Population: Children and Youth, Medi-Cal, Healthy Families, and uninsured (MHSA eligible) up to 21 years of age in the South Bay area of San Diego County. School based services provided for National and Chula Vista Elementary School Districts.
Service: Individual, family, group, case management, rehabilitative services, Intensive care coordination (ICC), Intensive Home Based Services (IHBS), crisis intervention, medication management, & substance use/abuse and tobacco use services.
Specialty Populations: Spanish speaking
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Fran Cooper

North Inland/North Coastal - Family Counseling

(760) 741-2660
1002 East Grand Avenue 945 Vale Terrace Drive
Escondido, CA 92025 Vista, CA 92084

Hours: M-F 8:30am – 5pm
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible
Service: School based, outpatient mental health services, rehabilitation and case management for Medi-Cal and MHSA eligible
Specialty Populations: Oceanside, Vista, Valley Center and Escondido High School District
Parent Organization: Palomar Family Counseling Services
County of San Diego Program Monitor: Mike Miller
North Coastal - Family Counseling
(760) 726-4900 (760) 757-0118
200 Michigan Avenue 707 Oceanside Blvd.
Vista, CA 92084 Oceanside, CA 92054
Hours: M-Th 8:30am – 8pm; F 8:30am – 5pm
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible
Service: School based, outpatient mental health services, rehabilitation and case management.
Specialty Populations: Oceanside and Vista Unified School District
Parent Organization: North County Lifeline
County of San Diego Program Monitor: Mike Miller

Outpatient Psychiatry
Central Clinic
(858) 966-5832
3665 Kearny Villa Road #101
San Diego, CA 92123
Hours: M-F 8 am – 5 pm, closed 12 pm – 1pm (Evenings by appointment)
Population: Children and Youth up to age 21. Medi-Cal, MHSA, and Healthy Families, uninsured
Service: Clinic based outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Wendy Maramba

Para Las Familias Center
(619) 565-2650
1424 30th Street, Suite A
San Diego, CA 92154
Hours: M-F 8am – 5pm (Evening hours available to families)
Population: Children, ages 0 - 5, on Medi-Cal and uninsured children
Service: Assessment, individual, filial and family therapy. Services provided at clinic, Pre-school sites and in-home services
Specialty Populations: Children under the age of 6; Juvenile Court Dependents
Parent Organization: Episcopal Community Services
County of San Diego Program Monitor: Rebecca Raymond
San Diego Deaf Mental Health Services
(858) 410-1067
707 Broadway, 2nd Floor
San Diego, CA 92101
TDD for Hearing Impaired: (858) 410-1067
Hours: M-F 8:30 am – 5 pm
Population: Unfunded, Serious Emotional Disturbed and Seriously Mentally ill that are deaf or hard of hearing
Service: Assessment, crisis intervention, individual therapy, collateral contact, group therapy services
Specialty Populations: Deaf or hard of hearing, individuals with co-occurring substance abuse disorders
Parent Organization: San Diego Deaf Mental Health Services
County of San Diego Program Monitor: Cara Evans-Murray

School Based Outpatient
Central/East/South
(858) 966-5832
3665 Kearny Villa Road #101
San Diego, CA 92123
Hours: M-F 8 am – 5 pm (Evenings by appointment: 5 pm – 7 pm)
Population: Children and Youth up to age 21 and uninsured
Service: Clinic and school-based mental health services in SDUSD, East Region (Grossmont/Santee) and South Region (San Ysidro District), medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Parent Organization: Rady Children’s Hospital San Diego
County of San Diego Program Monitor: Rebecca Raymond

South Bay Community Services
(619) 420-3620
430 F Street
Chula Vista, CA 91910
Hours: M-Th 8:30 am - 8:30 pm and F 8:30 am – 6 pm
Population: Children and Youth up to age 21 Medi-Cal eligible children and uninsured
Service: Assessment, individual, group and family therapy services, provided at clinic, school sites and community settings.
Parent Organization: South Bay Community Services
County of San Diego Program Monitor: Rebecca Raymond

Survivors of Torture International
(619) 278-2400
P.O. Box 151240
San Diego, CA 92175
Hours: M-F 8:30 am – 5 pm
Population: Uninsured, unserved, Seriously Emotional Disturbed, and Seriously Mentally ill
Service: Mental health assessment, dual diagnosis services, individual and group therapy, case management and referrals
Specialty Populations: Victims of trauma and torture
Parent Organization: Survivors of Torture International
County of San Diego Program Monitor: Betsy Knight
Therapeutic Interventions Designed to Empower Students (TIDES)

(619) 281-8313
4394 30th St
San Diego, CA 92104

Hours: M-F 8:30 am – 5 pm (appointments are also available from 5 pm to 8 pm)
Population: Ages 5 up to age 21; Medi-Cal and MHSA. Referred by school or community
Service: Provides outpatient services at different school sites in San Diego Unified School district as well in the community from the main office-YMCA Youth and Family Services outpatient clinic. Services include individual, family, group therapy, psychiatric evaluation and medication monitoring, case management with home visits
Specialty Populations: Children and adolescents
Parent Organization: YMCA
County of San Diego Program Monitor: Wendy Maramba

Youth Enhancement Services (YES)

(619) 428-5533
3025 Beyer Blvd. E101
San Diego, CA 92154

Hours: M-F 8 am - 8:00 pm; Sat. 8 am – 2 pm
Population: Children and Youth up to age 21
Service: Assessment, individual, family and group therapy services provided at clinic, school sites and community settings
Specialty Populations: Spanish speaking
Parent Organization: San Ysidro Health Center, Inc.
County of San Diego Program Monitor: Rebecca Raymond
**Teen Recovery Centers**

**Central Teen Recovery Center**
(619) 521-5720  
3288 El Cajon Blvd, Suite 13  
San Diego, CA 92104

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: Union of Pan Asian Communities  
County of San Diego Program Monitor: Wendy Maramba

**Satellite Programs**

ALBA Community School  
4041 Oregon St.  
San Diego, CA 92104

Hoover High School  
4474 El Cajon Blvd.  
San Diego, CA 92115

San Diego High School  
1405 Park Ave.  
San Diego, CA 92101

**Central Southeastern Teen Recovery Center**
(619) 795-7232  
220 South Euclid Avenue, Suite 40  
San Diego, CA 92114

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Wendy Maramba

**Satellite Programs**

Morse High School  
6000 Skyline Drive  
San Diego, CA 92114

Lincoln High School  
4777 Imperial Ave.  
San Diego, CA 92113
East County Teen Recovery Center
(619) 588-5361
550 Fesler Street, Suite G-1 & G-2
El Cajon, CA 92020

Population:  Adolescents (age 12 – 17) with substance use and abuse issues
Service:    Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization:   McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Mike Miller

Satellite Programs
Chaparral High School
1600 North Cuyamaca St.
El Cajon, CA 92020

Mount Miguel High School
8585 Blossom Lane
Spring Valley, CA 91977

Dale Avenue
4495 Dale Ave., Ste. 110
La Mesa, CA 91941

New Hope Teen Recovery Center
(619) 263-1790
1212 South 43rd St., Ste. C
San Diego, CA 92113

Hours:        M-F 10 am - 6:30 pm
Population:    Pregnant and Parenting Teen Girls age 12-17 years
Service:      Adolescent perinatal non-residential Substance Use Disorder treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Adolescents also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Specialty Populations: Pregnant, parenting teens and Latina ages 12 to 17
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Jean Avila
North Central Teen Recovery Center
(858) 277-4633
7625 Mesa College Drive
San Diego, CA 92111
Population: Adolescents (age 12-17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Wendy Maramba
Satellite Programs
Madison High School
4833 Doliva Dr.
San Diego, CA 92117
Serra High School
5156 Santo Rd.
San Diego, CA 92124
University City High School
6949 Genesee Ave.
San Diego, CA 92122

North Coastal Teen Recovery Center
(760) 726-4451
3923 Waring Road, Suite D
Oceanside, CA 92056
Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Mike Miller
Satellite Programs
Oceanside High School
1 Pirates Cove
1601 Longhorn Dr.
Oceanside, CA 92054
Vista High School
1 Panther Way
Vista, CA 92084
Rancho Buena Vista High School
1601 Longhorn Dr.
Vista, CA 92081
North Inland Teen Recovery Center

(760) 744-3672
340 Rancheros Drive, Suite 166
San Marcos, CA 92069

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Mike Miller

Satellite Programs
Montecito High School
720 9th St.
Ramona, CA 92065

San Marcos Unified

South Teen Recovery Center

(619) 691-1045
629 3rd Avenue, Suite C
Chula Vista, CA 91910

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: McAllister Institute for Treatment and Education
County of San Diego Program Monitor: Rebecca Raymond

Satellite Programs
Beyer Blvd., TRC
3065 Beyer Blvd., Ste. B-103
San Diego, CA 92154

Palomar High School
480 Palomar St.
Chula Vista, CA 91911
**Women's Perinatal Substance Use Disorder (SUD)**

**Residential**

**KIVA**
(619) 465-7303
2049 Skyline Drive
Lemon Grove, CA 91945

- **Hours:** 24 Hour Residential SUD Detox and Treatment
- **Population:** Women with children up to age 12
- **Service:** Long-term residential program (6 to 12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services
- **Parent Organization:** McAlister Institute for Treatment and Education
- **County of San Diego Program Monitor:** Shannon Jackson

**Family Recovery Center**
(760) 439-6702
1100 Sportfisher Drive
Oceanside, CA 92054

- **Hours:** 24 hr residential open M -Th 8 am – 8 pm and F 8 am - 6:30 pm
- **Population:** Pregnant and Parenting Women with children up to age 10
- **Service:** Women’s non-residential Substance Use Disorder (SUD) treatment services- North Coastal Region. Long–term residential program (6-12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services
- **Parent Organization:** Mental Health Systems, Inc.
- **County of San Diego Program Monitor:** Jean Avila

**North County Serenity House – Serenity Center**
(760) 747-1015
1341 N. Escondido Blvd
Escondido, CA 92026

- **Hours:** 24 hour residential program
- **Population:** Women and Children
- **Service:** Women’s and perinatal residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction. Children under 12 may reside with their mothers.
- **Specialty Populations:** Pregnant and/or Parenting women and their children up to age 12
- **Parent Organization:** healthRIGHT 360
- **County of San Diego Program Monitor:** Shannon Jackson
Safe House
(619) 442-0277

Hours: 5 pm – 1 am
Population: Pregnant and perinatal women. Transitional housing for CWS clients that have completed SUD treatment
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Shannon Jackson
**Outpatient**

**Family Recovery Center**  
(760) 439-6702  
1100 Sportfisher Drive  
Oceanside, CA 92054

Hours: M-Th 8 am – 8 pm; F 8 am - 6:30 pm  
Population: Women and Children  
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling and Incredible Years parenting classes.

Specialty Populations: Pregnant and/or Parenting women and their children up to age 12  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Shannon Jackson

---

**Harmony West**  
(858) 384-6284  
3645 Ruffin Road, Suite 100  
San Diego, CA 92123

Hours: M-F 9 am - 8:30 pm  
Population: Women and Children  
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.

Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Specialty Populations: Pregnant and/or parenting women and their children up to age 12  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Jean Avila

---

**North Inland Women’s & Adolescent Recovery Center**  
(760) 761-0515  
751 Rancheros Road, Suite 5  
San Marcos, CA 92069

Hours: M-F 9 am - 5:30 pm  
Population: Pregnant and Parenting Women and Teen Girls age 15 years and up  
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.

Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Shannon Jackson
ParentCare – East
(619) 668-4205
4990 Williams Avenue
La Mesa, CA 91942

Hours: M-F 8 am – 5 pm
Population: Pregnant and Parenting Women and Teen Girls age 15 years and up
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include perinatal case management, assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site licensed child care in which they are taught parenting and other child care skills.

Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

ParentCare - Central
(619) 266-0166
4125 Alpha Street
San Diego, CA 92113

Hours: M-F 8 am – 5 pm
Population: Pregnant and Parenting Women and Teen Girls age 15 years and up
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

South Bay Women’s Recovery Center
(619) 336-1226
2414 Hoover Avenue
National City, CA 91950

Hours: M-F 9 am - 5:30 pm
Population: Pregnant and Parenting Women and Teen Girls 15 years and up
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Shannon Jackson
Case Management

Perinatal Case Management & Dependency Drug Court Services
(619) 668-4265
4990 Williams Avenue
La Mesa, CA 91942

Hours: M-F 8 am – 5 pm (other hours by appointment)
Population: Pregnant & parenting high risk of substance abuse; referrals from public. As a separate population, Dependency Drug Court parents referrals where substance abuse is a major factor in the children's removal from parent's custody. CWS referrals only.
Service: Mobile case management and dependency drug court services
Specialty Populations: Pregnant and parenting women
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila
## CalWORKs Mental Health Centers

<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central – CRF Step Forward</td>
<td>(858) 384-7035</td>
</tr>
<tr>
<td></td>
<td>8745 Aero Drive, #10750</td>
</tr>
<tr>
<td></td>
<td>San Diego, CA 92123</td>
</tr>
<tr>
<td>East – CalWORKs Multi Service Center</td>
<td>(619) 442-5434</td>
</tr>
<tr>
<td></td>
<td>330 S Magnolia Avenue, Suite #302</td>
</tr>
<tr>
<td></td>
<td>El Cajon, CA 92020</td>
</tr>
<tr>
<td>N. Inland – CalWORKs Multi Service Center</td>
<td>(760) 745-0281</td>
</tr>
<tr>
<td></td>
<td>474 W Vermont Avenue, #103</td>
</tr>
<tr>
<td></td>
<td>Escondido, CA 92025</td>
</tr>
<tr>
<td>North Central – CRF Step Forward</td>
<td>(619) 295-6067</td>
</tr>
<tr>
<td></td>
<td>2772 4th Avenue</td>
</tr>
<tr>
<td></td>
<td>San Diego, CA 92103</td>
</tr>
</tbody>
</table>

**Hours:** M-F 9 am – 4 pm  
**Population:** Adults  
**Service:** Multi-Service Center for CalWORKs Welfare to Work (WTW) participants; mental health and dual disorders counseling services  
**Specialty Populations:** Active adults on CalWORKs in the WTW program  
**Parent Organization:** Mental Health Systems, Inc.  
**County of San Diego Program Monitor:** Jean Avila

## CalWORKs Substance Use Disorder (SUD) Case Management Services

<table>
<thead>
<tr>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>(619) 668-4265</td>
</tr>
<tr>
<td>4990 Williams Avenue</td>
</tr>
<tr>
<td>La Mesa, CA 91942</td>
</tr>
</tbody>
</table>

**Hours:** M-F 8 am – 5 pm  
**Population:** CalWORKs Welfare to Work Adults  
**Service:** CalWORKs SUD case management services and family stabilization  
**Specialty Populations:** Active adults on CalWORKs in the WTW program  
**Parent Organization:** Vista Hill Foundation  
**County of San Diego Program Monitor:** Jean Avila
Prevention and Early Intervention Services (PEI)

Central Region Community Violence Services
Alliance for Community Empowerment (ACE)
(619) 265-2727
1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30 am – 5 pm
Population: Middle school age boys and girls between the ages of 10-14 residing in the HHSA Central region, victims of violence, witnesses, siblings of victims, and other members of the community affected by the violence
Service: Community-Based, family driven and evidence-based Community Violence Response Services program through cultural competent activities, services and staffing. The program components include: Direct Services to Children at Risk and Their Families and Community Violence Response Services
Specialty Populations: Primary focus population is younger siblings of adolescents and young adults who have been identified as gang members or affiliates, or children of incarcerated parents
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Linda Bridgeman-Smith

Kickstart
(619) 481-3790
6160 Mission Gorge Road, Suite 100
San Diego, CA 92120

Hours: M-F 8:30 am – 5 pm (The site will open early and close later as needed to accommodate the schedules of our clients and to allow for group sessions and activities after hours and on weekends) www.kickstartsd.org
Population: Youth 10 to 17 years of age, and Transition Age Youth 18 to 25 years of age
Service: Services for individuals at-risk for developing or experiencing psychosis related to a serious mental illness that includes assessment, family education, mobile outreach, education, early intervention, information, and linkage in the entire region of San Diego County. First Episode Psychosis (FEP) assessment and treatment services available.
Parent Organization: Pathways Community Services
County of San Diego Program Monitor: Cecily Thornton-Stearns
Outreach and Prevention Education
Indian Health Council/ Dreamweaver Consortium
(760) 749-1410
50100 Golsh Road
Valley Center, CA 92082
Hours: M-F 8 am - 4:30 pm (plus flex hours based on need)
Population: At risk and high risk American Indian and Alaska Native Children, TAY, Adults, and Older Adults and their families
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns. Services integrated with Native American Health care clinics
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
Parent Organization: Indian Health Council, Inc.
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

Outreach and Prevention Education
Southern Indian Health Council/ Dreamweaver Consortium
(800) 400-1189
(619) 445-1188
4058 Willows Road
Alpine, CA 91901
Hours: M-F 8 am - 4:30 pm (plus flex hours based on need)
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns. Services integrated with Health care clinic
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
Parent Organization: Indian Health Council, Inc.
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

Outreach and Prevention Education
Sycuan Medical/Dental Center/ Dreamweaver Consortium
(619) 445-0707
5442 Sycuan Road
El Cajon, CA 92019
Hours: M-F 8 am - 4:30 pm (plus flex hours based on need)
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
Parent Organization: Indian Health Council, Inc.
County of San Diego Program Monitor: Danyte Mockus-Valenzuela
Urban Indian Youth Center
(619) 531-1939
2560 First Avenue, Suite 103
San Diego, CA 92103

Hours: M-F 2 pm – 8 pm
Population: At risk and high risk Urban American Indian and Alaska Native Children and Youth ages 10-22 and their families
Service: Prevention and Early Intervention services through screening and assessment. Provides individual counseling by counselors or Spiritual Advisors. Center serves as a central location for local tribal youth to meet, do homework, learn about culture, and how wellness relates to mental, spiritual, emotional, and physical health services integrated with SDAIH Clinic
Specialty Populations: Urban American Indian and Alaska Native children and youth
Parent Organization: San Diego American Indian Health Center
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

Positive Parenting Program
(858) 637-3378
8804 Balboa Avenue
San Diego, CA 92123

Hours: M-Th 8:30 am – 5 pm, F 8:30 am – 4 pm
Population: Children 0-5 and their families
Service: Prevention and Early Intervention services utilizing the Triple P (Positive Parenting Program), an evidence-based model, with the goal of reducing the risk for behavioral/emotional problems in young children. Provides seminars for families and child care providers countywide, and seminars in elementary schools
Parent Organization: Jewish Family Service of San Diego
County of San Diego Program Monitor: Adrienne Yancey
Rural Integrated Behavioral Health
Borrego Community Health Foundation-Julian Medical Clinic
(760) 765-1223
2721 Washington Street
Julian, CA 92036

Neighborhood Healthcare-Pauma Valley
(760) 742-9919
16650 California 76
Pauma Valley, CA 92061

North County Health Services-Ramona
(760) 789-1223
217 Earlham Street
Ramona, CA 92065

Hours: M-F 8 am – 5 pm (After-hour care is available, with a provider on call to assist with patient’s needs)
Population: Children, adolescents, Transition Age Youth (TAY), adults, and older adults attending the North County Health Services-Ramona clinic, Neighborhood Healthcare-Pauma Valley clinic, and Borrego Community Health Foundation-Julian Medical Clinic
Service: Assessment and short-term interventions in rural community clinics for individuals who may be at risk for or in the early stages of mental illness
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Tim Nou

HERE Now
School-Based Suicide Prevention and Early Intervention Program
(619) 258-6877
3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8 am - 4:30 pm
Population: Children and Youth 7 – 12th grade.
Service: School-based prevention and early Intervention services to middle and high schools in the County of San Diego. Services include: education and outreach about the warning signs and risk factors of depression and suicide, as well as protective factors that reduce the likelihood of suicide
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Adrienne Yancey
Father 2 Child  
Mental Health America  
(619) 942-6588  
4069 30th Street  
San Diego, CA 92104

Hours: M-Th 6 pm – 8 pm  
Population: Custodial or non-custodial fathers of children under the age of 18 who reside in the Southeastern San Diego  
Service: Best practice parenting model “24/7 Dad” offering group services to fathers to improve attitudes towards fathering, fathering knowledge, and fathering skills  
Specialty Populations: Children and Youth ages 0-18  
Parent Organization: Mental Health America of San Diego County  
County of San Diego Program Monitor: Adrienne Yancey

School Based Services

Central/N.Central  
San Diego Unified School District  
(858) 573-2227  
North Coastal  
Palomar Family Counseling Services  
(760) 741-2660

Central Southeastern  
San Diego Unified School District  
(858) 573-2227  
North Inland  
Vista Hill Foundation  
(760) 788-9725

East  
San Diego Youth Services  
(619) 258-6877  
South Bay  
South Bay Community Services  
(619) 420-3620

Hours: M-F 8:30 am – 5 pm  
Population: School age children and their families in the designated school districts  
Service: Social-emotional mental health evidenced based prevention and early intervention services for preschool and elementary school age children and their parents based at the public schools they attend. The services provide include screening, early identification and early intervention. These services also include a Family Community Partnership component that provides outreach and behavioral health prevention activities to parents in the identified schools.  
Specialty Populations: The priority populations are at risk children who are underserved and living in high-risk communities often burdened with poverty, illiteracy, limited education, and homelessness. The target population is public elementary schools that have a minimum of 75% of the school population eligible for free and reduced meals in the identified school districts.  
County of San Diego Program Monitor: Fran Cooper
Faith Based
(858) 634-6580
5095 Murphy Canyon Road
San Diego, CA 92123

Community Education – Task Order #2

Population: Latino
Service: Community training on Faith Based and Mental Health Programming
Parent Organization: National Alliance of Mental Illness (NAMI) San Diego
County of San Diego Program Monitor: Jean Avila
(619) 825-3930
7373 University Avenue, Suite 201
La Mesa, Ca 91942

Population: Latino and African American
Service: Community training on Faith Based and Mental Health Programming
Parent Organization: Total Deliverance Worship Center – Stepping Higher Project
County of San Diego Program Monitor: Shannon Jackson

Crisis Response – Task Order #3
(619) 825-3930
7373 University Avenue, Suite 201
La Mesa, Ca 91942

Population: Latino and African American
Service: A mobile community based team focusing in the Central and North Inland regions to respond to individual and family crisis situations.
Parent Organization: Total Deliverance Worship Center – Stepping Higher Project
County of San Diego Program Monitor: Shannon Jackson
Outcome Measures Services

Child and Adolescent Research Services (CASRC)
(858) 966-7703
3665 Kearny Villa Road, Suite 200
San Diego, CA 92123

Population: Children and Youth served by County of San Diego, Children, Youth and Families.
Service: Countywide data and outcomes research services on County of San Diego including Innovation programs for all ages.
Parent Organization: Regents of the University of California, University of California, San Diego
County of San Diego Program Monitor: Liz Miles

Health Services Research Center (HSRC)
(858) 622-1771
5440 Morehouse Drive, Suite 3500
San Diego, CA 92121

Population: Adults and older adults with serious mental illness who are served by County of San Diego Adult/Older Adult
Service: Mental Health Services (including Prevention and Early Intervention (PEI) programs)
Parent Organization: Regents of the University of California, University of California, San Diego
County of San Diego Program Monitor: Liz Miles
School Listing for Children’s Behavioral Health Services  
(School-Based Outpatient programs)

School services are accessed through the schools. School counselors, teachers, and other school personnel can facilitate a referral.

Alpine Union School District

Provider: Community Research Foundation-Crossroads Family Center  
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021  
Phone: (619) 441-1907

Schools: Alpine Community Day School  
Alpine Elementary

Borrego Springs Unified School District

Provider: Vista Hill Foundation-North Inland  
Address: 398 D Street, Ramona, CA 92065  
Phone: (760) 788-9724

Schools: Borrego Springs Elementary  
Borrego Springs Junior High  
Borrego Springs High

Cajon Valley Union School District

Provider: Chaldean-Middle Eastern Social Services  
Address: 436 S. Magnolia Ave. Suite #201, El Cajon, CA 92020  
Phone: (619) 428-5533

Schools: Cajon Valley Middle  
Emerald Middle  
Greenfield Elementary  
Johnson Elementary  
Lexington Elementary
Cajon Valley Union School District (cont.)

Provider: New Alternatives, Inc.- Cajon Valley School Project
Address: 165 Roanoke, Rm. 202El Cajon, CA 92021
Phone: (619) 588-3653

Schools: Anza Elementary
Avocado Elementary
Blossom Valley Elementary
Bostonia Elementary
Cajon Valley Middle
Cajon Valley Home School
Chase Elementary
Crest Elementary
Community Day (DRF)
Emerald STEM Magnet Middle School (DRF)
Flying Hills Elementary
Fuerte Elementary
Greenfield Middle
Hillsdale Middle
Jamacha Elementary
Johnson Elementary
Lexington Elementary
Los Coches Creek Middle
Madison Elementary
Magnolia Elementary
Meridian Elementary
Montgomery Middle
Naranca Elementary
Rancho San Diego Elementary
Rios Elementary (DRF)

Provider: San Diego Youth Services – East Region PEI
Address: 3845 Spring Dr., Spring Valley, CA 91977
Phone: (619) 258-6877

Schools: Lexington Elementary
Meridan Elementary

Chula Vista Elementary School District

Provider: Community Research Foundation-Nueva Vista Family Services
Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911
Phone: (619) 585-7686

Schools: Daly Academy Elementary
Feaster Charter Elementary
Mueller Charter
Chula Vista Elementary School District (cont.)

Provider: South Bay Community Services
Address: 430 F Street Chula Vista, CA 91910
Phone: (619) 420-3620

Schools: Castle Park Elementary
        Harborside Elementary
        Lauderbach Elementary
        Loma Verde Elementary
        Montgomery Elementary
        Otay Elementary
        Rice Elementary
        Silver Wing Elementary
        Vista Square Elementary

Provider: South Bay Community Services - PEI
Address: 430 F Street Chula Vista, CA 91910
Phone: (619) 420-3620

Schools: Montgomery Elementary

Encinitas Union School District

Provider: Rady Children’s Hospital San Diego Outpatient Psychiatry-North County
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Ocean Knoll Elementary
        Paul Ecke Central Elementary
Escondido Union School District

Provider: Vista Hill Foundation Lincoln Annex-Escondido
Address: 1029 N Broadway, Escondido, CA 92026
Phone: (760) 489-4126

Schools: Bear Valley Middle
Bernardo Elementary
Central Elementary
Conway Elementary
Del Dios Middle
Farr Elementary
Felicita Elementary
Glen View Elementary
Hidden Valley Middle
Juniper Elementary
Lincoln Elementary
L. R. Green Elementary
Miller Elementary
Miller One Program (ED)
Mission Middle
North Broadway Elementary
Oak Hill Elementary
Orange Glen Elementary
Pioneer Elementary
Reidy Creek Elementary
Rincon Middle
Rock Springs Elementary
Rose Elementary

Escondido Union High School District

Provider: Palomar Family Counseling Services-North Inland/North Coastal
Address: 1002 East Grand Ave., Escondido, CA 92025
Phone: (760) 741-2660

Schools: Del Lago Academy
Escondido High
Orange Glen High
San Pasqual High
Valley High
Fallbrook Union Elementary School District

Provider: Palomar Family Counseling Services-Fallbrook
Address: 120 West Hawthorne Street, Fallbrook, CA, 92028
Phone: (760) 731-3235

Schools: Fallbrook Street Elementary
La Paloma School
Live Oak Elementary
Maie Ellis Elementary
Potter Junior High
Santa Margarita Academy
William Frazier Elementary

Fallbrook Union High School District

Provider: Palomar Family Counseling Services-Fallbrook
Address: 120 West Hawthorne Street, Fallbrook, CA, 92028
Phone: (760) 731-3235

Schools: Fallbrook High
Ivy High

Grossmont Union High School District

Provider: McAlister Institute – East Teen Recovery Center
Address: 1600 N. Cuyamaca St., El Cajon, CA 92020
Phone: (619) 588-5361

Schools: Chaparral High
Mount Miguel High

Provider: Rady Children’s Outpatient Psychiatry- Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832

Schools: Granite Hills High

Provider: San Diego Center for Children- East County Outpatient
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942
Phone: (619) 465-5006

Schools: Grossmont High
Helix Charter High
Mount Miguel High
Steel Canyon High
Grossmont Union High School District (cont.)

Provider: San Diego Youth Services-East County Behavioral Health  
Address: 1870 Cordell Court #101, El Cajon, CA 92020  
Phone: (619) 448-9700  

Schools: Chaparral High  
          El Cajon Valley High  
          El Capitan High  
          Monte Vista High

Provider: Vista Hill- Merit Academy  
Address: 1600 N. Cuyamaca St., El Cajon, CA 92020  
Phone: (619) 956-0615  
Schools: Chaparral High

Jamul-Dulzura Union School District

Provider: Community Research Foundation-Crossroads Family Services  
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021  
Phone: (619) 441-1907  

Schools: Jamul Intermediate  
          Jamul Primary  
          Oak Grove Middle

Julian Union School District

Provider: Vista Hill Learning Center- Ramona/North Inland  
Address: 1012 Main Street, Suite #101, Ramona, CA 92065  
Phone: (760) 788-9724  

Schools: Julian Elementary  
          Julian Middle

Julian Union High School District

Provider: Vista Hill Learning Center- Ramona/North Inland  
Address: 1012 Main Street, Suite #101, Ramona, CA 92065  
Phone: (760) 788-9724  

School: Julian High
Lakeside Union School District

Provider: San Diego Center for Children- East County Outpatient
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942
Phone: (619) 668-6200

Schools: Lakeside Farms Elementary
         Lakeview Elementary
         Lemon Crest Elementary
         Lindo Park Elementary
         Riverview Elementary
         Winter Gardens Elementary

Provider: San Diego Youth Services-East County Behavioral Health
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 619-448-9700

Schools: Lakeside Middle
         Tierra Del Sol Elementary

La Mesa-Spring Valley School District

Provider: Family Health Centers of San Diego-Community Circle East
Address: 3845 Spring Drive, Spring Valley, CA 91977
Phone: (619) 515-2353

Schools: Avondale Elementary
         Bancroft Elementary
         Casa de Oro Elementary
         Highlands Elementary
         Kempton Elementary
         La Presa Elementary
         La Presa Middle
         Loma Elementary
         Quest Academy
         Rancho Elementary
         Spring Valley Middle
         Sweetwater Springs Elementary
La Mesa-Spring Valley School District (cont.)

Provider: San Diego Center for Children- East County Outpatient  
Address: 7339 El Cajon Blvd., Suite K, La Mesa, CA 91941  
Phone: (619) 668-6200

Schools: Fletcher Hills Elementary  
Glenn Murdock Elementary  
La Mesa Dale Elementary  
La Mesa Middle  
Lemon Avenue Elementary  
Maryland Avenue Elementary  
Murray Manor Elementary  
Northmont Elementary  
Parkway Middle  
Rolando Elementary

Provider: San Diego Youth Services – East Region PEI  
Address: 3845 Spring Dr., Spring Valley, CA 91977  
Phone: (619) 258-6877

Schools: Bancroft Elementary

Lemon Grove School District

Provider: San Diego Center for Children-East County Outpatient  
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942  
Phone: (619) 668-6200

Schools: Lemon Grove Academy Elementary  
Lemon Grove Academy Middle  
Monterey Heights Elementary  
Mount Vernon Elementary  
San Altos Elementary  
San Miguel Elementary  
Vista La Mesa Elementary
Mountain Empire Unified School District

Provider: Community Research Foundation-Crossroads Family Services  
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021  
Phone: (619) 441-1907

Schools: Campo Elementary  
         Campo High  
         Clover Flat Elementary  
         Cottonwood Community Day  
         Descanso Elementary  
         Jacumba Elementary/Middle  
         Mountain Empire High  
         Pine Valley Charter/Julian Academy  
         Pine Valley Elementary  
         Potrero Elementary  
         Redhawk Academy

National School District

Provider: Community Research Foundation-Nueva Vista Family Services  
Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911  
Phone: (619) 585-7686

Schools: Central Elementary  
         Ira Harbinson Elementary  
         John Otis Elementary  
         Kimball Elementary  
         Las Palmas Elementary  
         Lincoln Acres Elementary  
         Olivewood Elementary  
         Palmer Way Elementary

Provider: Paradise Valley ALLY National City Program  
Address: 502 Euclid Ave, Suite 103, National City, CA 91950  
Phone: (619) 267-5115

Schools: El Toyon Elementary  
         Ira Harbison Elementary  
         John Otis Elementary  
         Kimball Elementary  
         Las Palmas Elementary  
         Lincoln Acres Elementary  
         Olivewood Elementary  
         Palmer Way Elementary  
         Rancho De La Nacion

Provider: South Bay Community Services - PEI  
Address: 430 F Street Chula Vista, CA 91910  
Phone: (619) 420-3620

Schools: Central Elementary  
         Lincoln Acres Elementary
Oceanside Unified School District

Provider: North County Lifeline, Inc.
Address: 707 Oceanside Blvd., Oceanside, CA 92054
Phone: (760) 757-0118

Schools: Cesar Chavez Middle
          Christa McAuliffe Elementary
          Ivey Ranch Elementary
          Jefferson Middle
          Martin Luther King Middle
          Ocean Shores High

Provider: McAlister Institute – North Coastal Teen Recovery Center
Address: 3923 Waring Rd., Ste. D, Oceanside, CA 92111
Phone: (760) 726-4451

School: Oceanside High

Provider: Palomar Family Counseling Services- North Coastal
Address: 1002 East Grand Ave., Escondido, CA 92025
Phone: (760) 741-2660

Schools: Laurel Elementary
          Mission Elementary
          Oceanside High
          Palmquist Elementary
          South Oceanside Elementary

Provider: Palomar Family Counseling Services – School Age PEI
Address: 1002 East Grand Ave., Escondido, CA 92025
Phone: (760) 741-2660

Schools: E.G. Garrison Elementary
          Laurel Elementary
          Libby Elementary
          Mission Elementary

Provider: Rady Children’s Outpatient Psychiatry- North Coastal
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Del Rio Elementary
          Foussat Elementary
          Garrison Elementary
          Libby Elementary
          Reynolds Elementary
          San Luis Rey Elementary
Oceanside Unified School District (cont.)

Provider: Union of Pan Asian Communities (UPAC)  
Address: 1031 25th St., San Diego, CA 92102  
Phone:  (619) 232-6454

Schools: El Camino High  
Lincoln Middle

Poway Unified School District

Provider: Rady Children’s Outpatient Psychiatry- North Inland  
Address: 625 W Citracado Parkway, Suite 102, Escondido, CA 92025  
Phone:  (760) 294-9270

Schools: Meadowbrook Middle  
Mt. Carmel High

Ramona Unified School District

Provider: Mental Health Systems – Teen Recovery Center  
Address: 340 Rancheros Dr., Suite 166, San Marcos, CA 92065  
Phone:  (760) 744-3672

Schools: Montecito High

Provider: Vista Hill Learning Center- Ramona/North Inland  
Address: 1012 Main St., Ramona, CA 92065  
Phone:  (760) 788-9724

Schools: Barnett Elementary  
Hanson Elementary  
James Duke Elementary  
Mt. Woodson Elementary  
Olive Peirce Middle  
Ramona Community/Mt. Valley School  
Ramona Elementary  
Ramona High
San Diego County Office of Education
Momentum Learning

Provider: Community Research Foundation Mobile Adolescent Service Team (MAST)
Address: 1202 Morena Blvd., Suite 300, San Diego, CA 92110
Phone: (619) 398-3261

Schools: 37ECB (East)
Bayside Blended Community (Central)
Breaking Cycles A & B (N. Inland)
Career Technical Education Center (Central)
Cuyamaca Prep Blended Community (East)
East County Blended Community (East)
Escondido Blended Community (N. Inland)
Innovation Academy of Empowerment (N. Coastal)
Innovation Blended Academy of Empowerment (N. Coastal)
La Mesa Blended Community (East)
Lindsay Blended Community (Central)
McPhatter Blended Community (Central)
Metro Blended Community (Central)
Metro East Itinerant (Central)
Monarch School (Central)
North County Tech Academy (N.Inland)
North County Technology & Science Blended (N. Inland)
Reflections Central (East)
San Pasqual Academy (N. Inland)
Sara Anthony (Central)
Second Chance Blended Academy (South)
South County Blended Community (South)
Southland Blended Community (Central)
Southland Itinerant (Central)
SouthWest Key2 (Central)
Victoria Blended Community (South)
San Diego Unified School District

Provider: Community Research Foundation-Douglas Young Youth & Family Services
Address: 7907 Ostrow Street, Suite F, San Diego, CA 92111
Phone: (858) 300-8282

Schools: Carver Elementary
         Liz Central Elementary
         Cherokee Point Elementary
         Clairemont High
         Crawford High
         Field Elementary
         Ibarra Elementary
         Innovation Middle
         Juarez Elementary
         Kimbrough Elementary
         Lindbergh/Schwitzer Elementary
         Horace Mann Middle
         Marshall Elementary
         Marston Middle
         Mira Mesa High
         Pershing Middle
         Ross Elementary
         Toler Elementary
         Twain Mesa (at Mira Mesa High)
         Walker Elementary
         Wangenheim Middle

Provider: Community Research Foundation - Mobile Adolescent Service Team (MAST)
Address: 1202 Morena Blvd., Suite 300, San Diego, CA 92110
Phone: (619) 398-3261

         E3 Civic School
         Language Academy
         Madison High
         Penn Elementary
         Perry Elementary

Provider: Family Health Centers of San Diego - Community Circle Central
Address: 2204 National Avenue, San Diego, CA 92113
Phone: (619) 515-2355

Schools: Baker Elementary
         Balboa Elementary
         Burbank Elementary
         Cesar Chavez Elementary
         Emerson/Bandini Elementary
         Florence Elementary
         Rodriguez Elementary
         Logan Elementary
         Memorial Preparatory
         Normal Heights Elementary
San Diego Unified School District (cont.)

Provider: McAlister Institute – North Central Teen Recovery Center
Address: 7625B Mesa College Dr., Suite 115, San Diego, CA 92111
Phone: (858) 277-4633

Schools: Serra High
         Madison High
         University City High

Provider: Mental Health Systems- School Based
Address: 4660 Viewridge Avenue, San Diego, CA 92123
Phone: (858) 278-3292

Schools: Audubon K-8
         Carson Elementary
         Challenger Middle
         Farb Middle
         Kearny High
         Linda Vista Elementary
         Mission Bay High
         Montgomery Middle
         Muirlands Middle
         Pacific Beach Middle
         Taft Middle
         Twain Middle

Provider: Prime Healthcare, Inc. Advocating, Listening, & Leading Youth (ALLY)
Address: 490 Emory Street, Imperial Beach, CA 91932
Phone: (619) 267-5115

Schools: Zamorano Elementary

Provider: Pathways Community Services
Address: 6244 El Cajon Blvd., Suite 14, San Diego, CA 92115
Phone: (619) 640-3266

Schools: Adams Elementary
         Fay Elementary
         Florence Joyner Elementary
         Franklin Elementary
         Garfield Elementary
         Golden Hill K-8
         Hamilton Elementary
         Lewis Middle
         Millennial Tech Middle
         Monroe Clark Middle
         Oak Park Elementary
         Rosa Parks Elementary
         Rowan Elementary
         Webster Academy
San Diego Unified School District (cont.)

Provider: Rady Children’s Outpatient Psychiatry - Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832

Schools: Hoover High
       Morse High

Provider: San Diego Unified School District - Early Childhood Mental Health Services
Incredible Years
Address: 3510 Newton Avenue, Building B103, San Diego, CA 92113
Phone: (619) 344-6229

Schools: Burbank Elementary
       Chavez Elementary
       Chollas/Mead Elementary
       Emerson/Bandini Elementary
       Euclid Elementary
       Sherman Elementary

Provider: San Diego Unified School District - Mental Health Resource Center
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123
Phone: (858) 573-2227

Schools: ALBA
       Barnard Elementary
       Bell Middle
       Bethune Elementary
       CPMA (6-8)
       Johnson Elementary K-5
       Lincoln High
       Mann Middle
       Pacific View Leadership Academy
       Patrick Henry High
       Rolando Park Elementary K-5
       SCPA
       Serra High
       Washington Elementary K-5
       Wilson Middle K-8
San Diego Unified School District (cont.)

Provider: San Diego Unified School District – North Central PEI  
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123  
Phone: (858) 573-2227

Schools: Adams Elementary  
Central Elementary  
Edison Elementary  
Field Elementary  
Florence Joyner Elementary  
Linda Vista Elementary  
Rosa Parks Elementary  
Ross Elementary  
Rowan Elementary  
Washington Elementary K-5

Provider: San Diego Unified School District – Southeast PEI  
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123  
Phone: (858) 573-2227

Schools: Audubon K-8  
Burbank Elementary  
Chollas-Mead Elementary  
Encanto Elementary  
Freese Elementary  
Johnson Elementary K-5  
Kimbrough Elementary  
Nye Elementary  
Perkins Elementary K-8  
Valencia Park Elementary

Provider: Social Advocates for Youth (SAY)  
Address: 4275 El Cajon Blvd., Suite 101, San Diego, CA 92105  
Phone: (619) 283-9624

Schools: America’s Finest Charter  
Encanto Elementary  
Epiphany Charter  
Freese Elementary  
O’Farrell Community

Provider: Union of Pan Asian Communities (UPAC) – Central Teen Recovery Center  
Address: 3288 El Cajon Blvd., Suite 13  
Phone: (619) 521-5720

Schools: ALBA Community  
Hoover High  
San Diego High
San Diego Unified School District (cont.)

Provider: Union of Pan Asian Communities (UPAC) – Child & Adolescent Mental Health
Address: 1031 25th Street, San Diego, CA 92102
Phone: (619) 232-6454

Schools: Bell Middle (API only)
Boone Elementary
Chesteron Elementary
Chollas/Mead Elementary
Edison Elementary
Fulton Elementary K-8
Gompers Preparatory Academy 6-12
Horton Elementary
Hoover High
Knox Elementary
Morse High (API only)
Nye Elementary
Paradise Hills Elementary
Porter Elementary
Valencia Park Elementary

Provider: Vista Hill Foundation - Central Southeastern Teen Recovery Center
Address: 220 S. Euclid Avenue, Suite 40, San Diego, CA 92114
Phone: (619) 795-7232

Schools: Lincoln High
Morse High

Provider: YMCA - Therapeutic Interventions Designed to Empower Students (TIDES)
Address: 4080 Center Street, Suite 103, San Diego, CA 92103
Phone: (619) 543-9850

Schools: Birney Elementary
Clay Elementary
King Chavez Arts Academy/Athletics Academy
King Chavez Academy of Excellence
King Chavez Preparatory Academy
Ocean Beach Elementary
Perkins Elementary
Roosevelt Middle
San Diego High
Sherman Elementary
San Marcos Unified School District

Provider: Rady Children’s Outpatient Psychiatry- North Coastal
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Alvin Dunn Elementary
         San Marcos Elementary
         Woodland Park Middle

Santee School District

Provider: Rady Children’s Outpatient Psychiatry-Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-8471

Schools: Hill Creek Elementary
         Pepper Drive Elementary
         Prospect Avenue Elementary
         Rio Seco Elementary

Provider: San Diego Youth Services-East County Behavioral Health
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 448-9700

Schools: Cajon Park Elementary
         Carlton Hills Elementary
         Carlton Oaks Elementary
         Chett Harritt Elementary
         Santee Success Program

San Ysidro School District

Provider: Rady Children’s Outpatient Psychiatry - Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832

Schools: Sunset Elementary

Provider: San Ysidro Health Center-Youth Enhancement Services (YES)
Address: 3025 Beyer Blvd., Suite E101, San Diego, CA 92154
Phone: (619) 428-5533

Schools: La Mirada Elementary
         San Ysidro Middle
         Smythe Elementary
         Willow Elementary

Provider: South Bay Community Services - PEI
Address: 430 F Street Chula Vista, CA 91910
Phone: (619) 420-3620

Schools: Smythe Elementary
South Bay Union School District

Provider: Paradise Valley Advocating, Listening, & Leading Youth (ALLY) South Bay
Address: 330 Moss St., Chula Vista, CA 91911
Phone: (619) 628-2591

Schools  Bayside Elementary
Berry Elementary
Central Elementary
Emory Elementary
George Nicoloff Elementary
Howard Pence Elementary
Imperial Beach Elementary
Nester Elementary
Oneonta Elementary
Sunnyslope Elementary
Teofilo Mendoza Elementary
Westview Elementary

Provider: South Bay Community Services - PEI
Address: 430 F Street Chula Vista, CA 91910
Phone: (619) 420-3620

School: Berry Elementary

Spencer Valley School District

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main Street, #101, Ramona, CA 92065
Phone: (760) 788-9724

School: Spencer Valley Elementary
Sweetwater Union High School District

Provider: McAlister Institute – South Teen Recovery Center  
Address: 629 Third Avenue, Suite C, Chula Vista, CA 91910  
Phone: (619) 691-1045

School: Palomar High

Provider: SUHSD - Mental Health Resource Center  
Address: 1051 Picador Blvd., San Diego, CA 92154  
Phone: (619) 420-3620

Schools: Bonita Vista Middle  
Bonita Vista High  
Castle Park High  
Castle Park Middle  
Chula Vista High  
Chula Vista Middle  
Eastlake Middle  
Granger Junior High  
Hilltop High  
Hilltop Middle  
Mar Vista Academy *  
Mar Vista High*  
Montgomery High  
Montgomery Middle *  
National City Middle  
Olympian High  
Options Secondary  
Otay Ranch High  
Palomar High  
Rancho del Rey Middle  
SAILS  
San Ysidro High  
Southwest High  
Southwest Middle  
Sweetwater High

*feeds into Community Resource Center
Valley Center-Pauma Union School District

Provider: Palomar Family Counseling Services
Address: 1002 East Grand Ave, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Lilac Elementary
          Oak Glen High
          Pauma Elementary
          Valley Center Elementary
          Valley Center Middle
          Valley Center Primary
          Valley Center High School

Provider: Palomar Family Counseling Services – School Age PEI
Address: 1002 East Grand Ave, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Valley Center Primary
          Valley Center Elementary

Vista Unified School District

Provider: McAlister Institute – North Coastal Teen Recovery Center
Address: 3923 Waring Road, Suite D, Oceanside, CA 92056
Phone: (760) 726-4451

Schools: Rancho Buena Vista High
          Vista High

Provider: North County Lifeline, Inc.
Address: 707 Oceanside Blvd, Oceanside, CA 92054
Phone: (760) 757-0118

Schools: Alamosa Park Elementary
          Empresa Elementary
          Guajome Park Academy
          Major General Murray High
          Mission Meadows Elementary
          Mission Vista High School
          Olive Elementary
          Roosevelt Middle
          Temple Heights Elementary
          Vista Innovation and Design Academy (VIDA)
          Vista High School
Vista Unified School District (cont.)

Provider: Palomar Family Counseling Service
Address: 1002 East Grand Avenue, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Alta Vista High
Beaumont Elementary
Bobier Elementary
Foothill Oak Elementary
Hannalei Elementary
Monte Vista Elementary
Rancho Minerva Middle
Vista Academy of Visual and Performing Arts (VAPA)
Vista Magnet Middle

Provider: Palomar Family Counseling Services – School Age PEI
Address: 1002 East Grand Ave., Escondido, CA 92025
Phone: (760) 741-2660

Schools: Grapevine Elementary
Maryland Elementary

Provider: Rady Children’s Outpatient Psychiatry- North Coastal
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Breeze Hill Elementary
Casita Center Elementary
Grapevine Elementary
Maryland Elementary
Rancho Buena Vista High

Provider: Union of Pan Asian Communities (UPAC)
Address: 1031 25th Street, San Diego, CA 92102
Phone: (619) 232-6454

Schools: Lake Elementary
Madison Middle

Warner Unified School District

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main St, Suite #101, Ramona, CA 92065
Phone: (760) 788-9724

Schools: Warner Springs Elementary
Warner Springs High
Warner Springs Middle
**Community Information**

**ACCESS Customer Service Center**  (866) 262-9881  
Extension of the County of San Diego Family Resource Centers (FRCs). ACCESS serves residents, providers, and/or government agencies with questions or needs related to Family Resource Center programs and services, including providing case management services for existing FRC customers.

**Access and Crisis Line**  (888) 724-7240  
San Diego Access and Crisis Line at 800-479-3339 (24 hours, 7 days a week). The San Diego Access and Crisis Line specialize in assisting callers through mental health challenges, crisis and suicide prevention as well as alcohol, drug and behavioral health information and referral.

**Child Abuse Hotline**  (800) 344-6000  
Toll free within the State of California

**2-1-1 San Diego/Imperial Counties**  211 (Local)  
(800) 227-0997  
Information and referral for all Health and Social Services in San Diego County

**Office of the Primary Public Defender-Juvenile Delinquency**  (858) 974-5757  
County run law offices of the Public Defender

**Polinsky Children’s Center**  (858) 514-4600  
County run shelter for children in need of protective services

**Social Security Administration**  (800) 772-1213  
Main information number to access Social Security benefits and information

**San Diego Network of Care for Behavioral Health**  (619) 563-2700  
http://sandiego.networkofcare.org
Support Groups/Self-Help

Al-Anon San Diego
http://alanonsandiego.org
(619) 296-2666
North/East (800) 690-2666

Alcoholics Anonymous
http://www.aasandiego.org
Central (619) 265-8762
http://nosdco.aa.org
North County (760) 758-2514

Children and Adults with Attention Deficit Disorder (CHADD)
http://chadd.org
(760) 736-1111
National Resource Center (800) 233-4050

Gamblers Anonymous
http://www.sandiegoga.org
(888) 233-8547

Legal Aid Society of San Diego
http://www.lassd.org
(877) 534-2524

Mental Health America
http://www.mhasd.org
(619) 543-0412

Narcotics Anonymous
San Diego/Imperial
http://www.sandiegona.org
(619) 584-1007
North County (866) 331-1958
(800) 479-0062
Spanish (619) 546-0774

Yellow Ribbon
Suicide Prevention Program
http://www.yellowribbonsd.org
San Diego (888) 724-7240
(800) 273-TALK (8255)
Behavioral Health Websites

1. 2-1-1 San Diego/Imperial
   http://www.211sandiego.org

2. American Academy of Pediatrics
   California Chapter 3 - San Diego/Imperial
   http://www.aapca3.org/

3. American Institutes for Research
   http://www.air.org

4. ARC of San Diego
   http://www.arc-sd.com

5. Balanced Mind Parent Network – Mood Disorders
   http://www.thebalancedmind.org

6. Center for School Mental Health
   http://csmh.umaryland.edu/

7. Children and Adults with Attention Deficit/Hyperactivity Disorder
   http://www.chadd.org/

8. Children Mental Health (CMH) Network
   http://www.cmhnetwork.org

9. Department of Managed Health Care
   http://www.dmhc.ca.gov

10. Health and Human Services of San Diego County
    http://www.sandiegocounty.gov

11. Healthy San Diego
    Access Customer Service (888) 724-7240

12. National Alliance on Mental Illness - San Diego
    http://www.namisdiego.org

13. National Federation of Families for Children’s Mental Health
    http://www.ffcmh.org

14. OPTUM San Diego
    https://www.optumsandieog.com

15. Technical Resource Library (TRL)
    http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical_resource_library.html

16. San Diego Network of Care (for Behavioral Health)
    http://sandiego.networkofcare.org/mh

17. Smart Recovery
    http://www.smartrecoverysd.org
CYFBHS Provider Resource Manual Edits/Updates

NAME OF ORGANIZATION/AGENCY: ________________________________

ADDRESS: ______________________________________________________

PHONE NUMBER: _________________________________________________

ELIGIBILITY/POPULATION: _________________________________________

SERVICES: _________________________________________________________

_________________________________________________________________

_________________________________________________________________

CULTURAL/LINGUISTIC SERVICES: _________________________________

_________________________________________________________________

SPECIALTY POPULATIONS: __________________________________________

_________________________________________________________________

PARENT ORGANIZATION: ________________________________

CONTACT/TITLE: _________________________________________________

OTHER: _________________________________________________________

If you have any revisions, edits, and or comments, please complete this form and send to Yvonne Gage:

Children, Youth and Families Behavioral Health Services Administration
P.O. Box 85524 – MS: P-531C
San Diego, CA 92186-5524

619-584-3016 / Fax: 619-563-2775

Or e-mail: Yvonne.Gage@sdcounty.ca.gov