



LIVE WELL
SAN DIEGO

Children, Youth and Families (CYF)
Behavioral Health Services (BHS)
Providers in Central/N. Central Region Schools

District 3 Supervisor: Terra Lawson-Remer
District 4 Supervisor: Nathan Fletcher

BHS - CYF Primary Contacts in Central/N. Central Region

Wendy Maramba, Chief, Child & Adolescent Services
Wendy.Maramba@sdcounty.ca.gov
(619) 417-0873

Yael Koenig, Deputy Director
Yael.Koenig@sdcounty.ca.gov
(619) 252-0734

Behavioral Health Services Providers in Regional Schools available online at:
[Schools \(sandiegocounty.gov\)](https://schools.sandiegocounty.gov)

Behavioral Health CYF Services Directory available online at:
[Children, Youth and Families \(sandiegocounty.gov\)](https://children.youthandfamilies.sandiegocounty.gov)

Revised: May 2022

San Diego Unified School District

4100 Normal Street
San Diego, CA 92103
(619) 725-8000

<u>SCHOOLS</u>	<u>PROVIDER</u>	<u>COUNTY MONITOR</u>
ALBA Bell Middle Creative Performing Media Arts Middle Kearny High Kearny High Educational Complex Lincoln High Mann Middle Pacific View Leadership Elementary Patrick Henry High Rolando Park Elementary K-5 Rowan Elementary School of Creative Performing Arts University City High Washington Elementary K-5 Wilson Middle	Adriana Loo, LMFT aloo@sandi.net San Diego Unified School District Mental Health Resource Center 2351 Cardinal Lane, Annex B San Diego, CA 92123 (858) 573-2227	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873
Audubon K-8 Carson Elementary Challenger Middle Doyle Elementary Farb Middle Fulton K-8 Jones Elementary Linda Vista Elementary Mission Bay High Montgomery Middle Muirlands Middle Pacific Beach Middle Spreckels Elementary Taft Middle Twain High Whitman Elementary	Kortney Diesel, LMFT kdiesel@mhsinc.org Mental Health Systems Community & School Based Counseling 4660 Viewridge Avenue San Diego, CA 92123 (858) 278-3292	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873

San Diego Unified School District (cont.)

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Carver Elementary Central Elementary Cherokee Point Elementary Clairemont Canyons Elementary Clairemont High Crawford High Field Elementary Ibarra Elementary Innovation Middle Juarez Elementary Kimbrough Elementary La Jolla High Marshall Elementary Marston Middle Mira Mesa High Morse High Pershing Middle Ross Elementary Toler Elementary Twain Mesa Charter (at Mira Mesa HS) Walker Elementary Wangenheim Middle	Elycia Jones, LMFT ejones@mhsinc.org Community Research Foundation Douglas Young Youth & Family Services 7917 Ostrow St. Suite A San Diego, CA 92111 (858) 300-8282 (619) 312-5464 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873
Bell Middle (API only) Boone Elementary Chollas-Mead Elementary Edison Elementary Gompers Preparatory Academy 6-12 Hoover High Horton Elementary Knox Middle Nye Elementary Paradise Hills Elementary Porter Elementary Valencia Park Elementary	Jazmin Wali, LMFT jwali@upacsd.com Union of Pan Asian Communities Child & Adolescent Mental Health 1031 25 th Street, Suite C San Diego, CA 92102 (619) 232-6454 (619) 961-3188 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873

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ALBA 6-12 Hoover High San Diego High	Sunnyo Pak, MFT spak@upacsd.com Union of Pan Asian Communities Central Teen Recovery Center 3288 El Cajon Blvd., Ste. 13 San Diego, CA 92104 (619) 521-5720	Shannon Jackson, LPCC Shannon.Jackson@sdcounty.ca.gov (619) 488-0302
Bethune K-8 (API only) Challenger Middle (API only) Mann Middle (API only) Preuss School (API only)	Carmen Pat, LMFT cpat@upacsd.com Union of Pan Asian Communities Multi-Cultural Community Counseling 5348 University Ave., Ste. 108 San Diego, CA 92105 (619) 578-2211 (619) 972-0712 (alternate phone COVID-19)	Rebecca Raymond, LMFT Rebecca.Raymond@sdcounty.ca.gov (619) 301-4429
Baker Elementary Balboa Elementary Burbank Elementary Caesar Chavez Elementary Emerson-Bandini Elementary Euclid Elementary Logan Memorial Educational Campus Normal Heights Elementary Rodríguez Elementary	Gema Matir, LMFT gemam@fhcsd.org Family Health Centers of San Diego Community Circle Central 2204 National Avenue San Diego, CA 92113 (619) 255-7859	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873

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SCHOOLS	PROVIDER	COUNTY MONITOR
Altus-The Charter School of San Diego 6-12 E3 Civic School Language Academy Madison High Penn Elementary Perry Elementary	Alexis Wimer, LMFT awimer@comresearch.org Community Research Foundation Mobile Adolescent Service Team 1260 Morena Blvd, Suite 200 San Diego, CA 92110 (619) 398-3261 (619) 312-5491 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873
Garfield High Hoover High	Katie Miller, LCSW kcmiller@rchsd.org Rady Children's Outpatient Psychiatry Central, East, South Clinic 3665 Kearny Villa Road, Suite 101 San Diego, CA 92123 (858) 576-1700 x221607 (858) 966-5832 x245774 (alternate phone COVID-19)	Rebecca Raymond, LMFT Rebecca.Raymond@sdcounty.ca.gov (619) 301-4429
Golden Hill K-8 Hamilton Elementary KIPP Adelante Charter 5-8 Lafayette Elementary	Anjelica Ochoa Lewis, LCSW aocchoa@rchsd.org Rady Children's Hospital Outpatient Psychiatry Central Outpatient Clinic 3665 Kearny Villa Road, Suite 101 San Diego, CA 92123 (858) 966-5832 (760) 845-0520 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873
Adams Elementary Albert Einstein Academy America's Finest Charter K-8 Darnall Charter School Encanto Elementary Fay Elementary Franklin Elementary Freese Elementary Garfield Elementary Johnson Elementary K-5 Joyner Elementary Lewis Middle Millennial Tech Middle Monroe Clark Middle O'Farrell Community School Oak Park Elementary Rosa Parks Elementary Tubman Charter K-8 Webster Academy Wegeforth Elementary	Mareeh Marquez, LMFT mareeh.marquez@pathways.com Pathways Community Services Cornerstone 6244 El Cajon Blvd., Suite 14 San Diego, CA 92115 (619) 640-3266 (619) 318-0924 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873

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SCHOOLS	PROVIDER	COUNTY MONITOR
Lincoln High Morse High	Patricia Ulloa, MFTI, CATC IV pulloa@vistahill.org Vista Hill Foundation Teen Recovery Center Bridges Southeast 220 South Euclid Ave., Ste. 40 San Diego, CA 92114 (619) 795-7232 (619) 727-8921 (alternate phone COVID-19)	Teresa Kang, LCSW Teresa.Kang@sdcounty.ca.gov (619) 204-9635
Central Elementary Clay Elementary Florence Elementary Jefferson Elementary Lafayette Elementary Marshall Elementary Rolando Park Elementary K-5 Washington Elementary K-5	Agueda Takeuchi, LMFT atakeuchi@sandi.net San Diego Unified School District North Central Prevention and Early Intervention 4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116 (619) 362-4330	Casie Johnson-Taylor, LMFT Casie.Johnson-Taylor@sdcounty.ca.gov (619) 307-3977
Baker Elementary Chavez Elementary Emerson-Bandini Elementary Johnson Elementary K-5 Kimbrough Elementary Paradise Hills Elementary Penn Elementary Rodriguez Elementary	Jessica Luckey, LMFT jluckey2@sandi.net San Diego Unified School District Southeast Prevention and Early Intervention 4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116 (619) 362-4330	Casie Johnson-Taylor, LMFT Casie.Johnson-Taylor@sdcounty.ca.gov (619) 307-3977
Birney Elementary Clay Elementary East Village High King Chavez Primary K-2 King Chavez Arts & Athletics 3-5 King Chavez Academy of Excellence King Chavez Preparatory Academy King Chavez Community High Ocean Beach Elementary Perkins Elementary K-8 Roosevelt Middle San Diego High Sherman Elementary	Deanna Zamudio, APCC dzamudio@ymcasd.org YMCA TIDES Youth & Family Services 4394 30th St. San Diego, CA 92104 (619) 281-8313 (858) 945-4138 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873

San Diego Unified School District (cont.)

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SCHOOLS	PROVIDER	COUNTY MONITOR
Supporting students from various San Diego Unified Elementary Schools	Marie Saragosa, Ph.D. msaragosa@sandi.net Riley Day School Services 5650 Mt. Ackerly Dr. San Diego, CA 92111 (858) 302-3300 (858) 412-7820 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873
Supporting students from various San Diego Unified Middle Schools	Janice Lapoint, LMFT jlapoint@sandi.net New Dawn Day School Services 5650 Mt. Ackerly Dr. San Diego, CA 92111 (858) 302-3340 (619) 800-8377 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873
Supporting students from various San Diego Unified High Schools	Lesley Johnson, LMFT ljohnson8@sandi.net Marcy Day School Services 4150 Ute. Dr. San Diego, CA 92117 (858) 302-3320 ext. 3063 (619) 259-1077 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873

San Diego County Office of Education

Momentum Learning
6401 Linda Vista Road
San Diego, CA 92111-7399
(858) 292-3500

SCHOOLS	PROVIDER	COUNTY MONITOR
37ECB * Bayside Blended Community Career Technical Education Center E3 Civic School Language Academy Lindsay Blended Community Monarch School *Blue Shield Grant	Alexis Wimer, LMFT awimer@comresearch.org Community Research Foundation Mobile Adolescent Service Team 1260 Morena Blvd, Suite 200 San Diego, CA 92110 (619) 398-3261 (619) 312-5491 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 417-0873

In addition to school-based services, the following programs are available to offer outpatient behavioral health treatment to children and youth who prefer to access services in a clinic setting.

**Community Research Foundation
Douglas Young Youth & Family Services**
7917 Ostrow St. Ste. A
San Diego, CA 92111
(858) 300-8282
(619) 312-5464 (alternate phone COVID-19)

**Family Health Centers of San Diego
Community Circle Central**
2204 National Avenue
San Diego, CA 92113
(619) 255-7859

**Mental Health Systems, Inc.
North Central Teen Recovery Center**
8333 Clairemont Mesa Blvd.
San Diego, CA 92111
(619) 573-2600

**Pathways Community Services
Cornerstone**
6244 El Cajon Blvd., Ste. 14
San Diego, CA 92115
(619) 640-3266
(619) 318-0924 (alternate phone COVID-19)

**Rady Children's Hospital
Outpatient Psychiatry Central Clinic**
3665 Kearny Villa Road, Ste. 101
San Diego, CA 92123
(858) 966-8471
(858) 966-5832 x245774 (alternate phone COVID-19)

**San Diego Youth Services
I CARE (CSEC)**
3600 Fairmont Ave.
San Diego, CA 92105
(619) 521-2250

**San Diego Youth Services
Our Safe Place (LGBTQ)**
3427 4th Ave.
San Diego, CA 92103
(619) 525-9903

Social Advocates for Youth
4275 El Cajon Blvd., Ste. 101
San Diego, CA 92105
(619) 283-9624
(619) 665-4028 (alternate phone COVID-19)

**Union of Pan Asian Communities
Child & Adolescent Mental Health**
1031 25th St., Ste. C
San Diego, CA 92102
(619) 232-6454
(619) 961-3188 (alternate phone COVID-19)

**Union of Pan Asian Communities
Multi-Cultural Community Counseling**
5348 University Ave., Ste. 108
San Diego, CA 92105
(619) 578-2211
(619) 787-5069 (alternate phone COVID-19))

**Union of Pan Asian Communities
Central Teen Recovery Center**
3288 El Cajon Blvd., Ste. 13
San Diego, CA 92104
(619) 521-5720

**Vista Hill Foundation
Teen Recovery Center Bridges Southeast**
220 South Euclid Ave., Ste. 40
San Diego, CA 92114
(619) 795-7232
(619) 727-8921 (alternate phone COVID-19)

**YMCA
Youth and Family Services**
4394 30th St.
San Diego, CA 92104
(619) 281-8313
(858) 945-4138 (alternate phone COVID-19)